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EWU President presents personal perspective

BY AARON BOCOOK staff writer

At the top of the polished stone staircase in Eastern's Showalter Hall, tucked back from the long hallways, high ceilings and echoing voices, is the Office of the President.

For the past eight years, the rich wooden walls and earth-toned décor of the office was the workplace of Dr. Rodolfo Arévalo, who announced his retirement earlier this year after 40 years of working in higher education.

The room has a new occupant now: Dr. Mary Cullinan, the 26th president of Eastern Washington University.

After a search that spanned five months, Eastern's Board of Trustees narrowed down the nearly 40 applicants for the position to five final candidates, with Cullinan being announced as the new president in June.

Her term began Aug. 1. After a rocky tenure at Southern Oregon University, where she spent the last eight vears, Cullinan said having the opportunity to step into Arévalo's shoes is a delight.

Cullinan knows very well that the position of the university president comes Fort Mason Foundation as a with a big responsibility. grant writer. The burden the office carries goes beyond just the expanded my skill set and some of your hobbies and education of the students: it extends to the faculty, the staff and the myriad of people who depend on the stimulus provided by a functioning university. But when the running shoes are kicked off and the reading lamp comes on, the person who sits behind the big desk in Showalter Hall is just that. A person.

Tell me about yourself. Where did you was your life like?

It was fascinating growing up; • my father was in the Eisenhower administration, so we lived right in the District of Columbia.

I was really interested in all that was going on, and our conversation around the dinner table was politics, but it also became quite clear in my own mind that I did not want to go into politics at all.

I always loved reading, and particularly 19th century novels. I kind of followed that train all the way through college. In honors English at the University of Pennsylvania, I focused on the 19th century novel. Then I went to the University of Wisconsin for my master's and Ph.D. and focused again on the novel.

I just loved thinking about, and writing about, English literature.

But then when I got out of graduate school, I thought, "My, I have followed a very narrow path."

And so, I came out to California and began working for small businesses and as a consultant. I worked for the

So, I took a few years and actually got hired by University of California Berkeley to to do in your spare time? work in their MBA program to help their MBA students to learn to write, because now I had this business experience as well as the writing experience.

school and teach business communication.

I did that for a number grow up? What of years and then went over to the English department at Hayward and taught literature and writing and ran the composition program.

> Have you ever written a book of your own?

• Oh yes, I have. I wrote articles in graduate school on my dissertation topic and then my first book was a book on a Scottish author named Susan Ferrier, who is a contemporary of Sir Walter Scott in the early 19th century.

Then I began writing books about business communication because I had headed into that field. I did two or three books there.

• Was that a little bit different from your background in literature?

• Yes, but I was interested in writ-• ing all along, so communication and writing were really a main focus of mine.

• So, besides writing and literature, what are What do you like interests



Bomber and Julian, September's scholarathletes

By Elohino Theodore senior reporter

Senior volleyball opposite hitter Kelsey Julian and senior football wide receiver Blair Bomber were named scholar-athletes of the month by the EWU athletics department on Sept. 10.

Julian is thankful that her academic work is getting recognized by EWU. "I was extremely honored," Julian said. "I'm super ex-

cited about it; it's just something that I strive for since I've been [attending Eastern]. Kelsey has made the



Big Sky All-Academic Team during the 2011-2013 seasons. Academics have been a big part of her life since high school. Bomber,

who currently has a 3.94 GPA, is also appreciative of the honor: "It's cool· i



now Cal State, East Bay, to work in their business my door.

I'm a runner, so I get up in the • morning and run as often as I can. I do about an hour of running in the Then I got hired at Cal morning. That's really my State, Hayward, which is favorite thing to do, because I can do it right out

I really just love being outdoors, being in the quiet of the early morning, running around neighborhoods, and sort of freeing my mind.

Have you done a lot of running since you got to Eastern?

Illustration by Lauren Campbell

I have. I've been running • all over campus, and I have explored Cheney as much as I can. I do a lot of that.

CULLINAN-PAGE 7

was kind of Kelsey Julian surprising

I guess, a little bit."

This is not Bomber's first academic honor; he previously made the Big Sky All-Academic Team in 2013.

Student-athletes constantly have responsibilities of staying on top of their schoolwork and making sure that they stay focused on performing at a high level athletically.

It's not as hard as people probably think it is," Bomber said. "Go to class when you're supposed to go to class, take notes, study [and] go to practice every day."

"After a while, once I came to Eastern, you kind of just figure it out," Julian said. "You have to spend your time really wisely." With a 3.87 GPA, Ju-

lian is currently majoring in secondary education with a minor in special education. She plans to follow both of her parents and become a teacher.

Awareness and concern of Ebola ripples across the US

BY KATIE DUNN staff writer

Search 'Ebola' on the Internet and there are images from West Africa of people donning white suits carrying the dead away in body bags.

The largest outbreak of Ebola, with a fatality rate of 90 percent and no licensed vaccine available, claimed more than 2,500 lives during the past six months, and the number is still rising.

The infection occurs mostly on the threshold, with rainforests in Central and West Africa. Guinea, Liberia and Sierra Leone were hit hard because

their medical facilities are short on staff members and personal protective gear for the workers, according to the World Health Organization.

In Africa, they are struggling to use contact tracing.

The Centers for Disease Control and Prevention defines contact tracing as a method of containment - it was used to prevent the spread of severe acute respiratory syndrome (SARS) and smallpox. The trick is finding everyone who came into contact with an infected individual and then monitoring them for 21 days.

EBOLA-PAGE 2



Photo provided by Associated Press

Aid workers transfer Manuel Garcia Viejo, a Spanish priest who contracted Ebola while working in Sierra Leone.

SCHOLARS-PAGE 6

INSIDE: NEWS PAGE 2 • EAGLE LIFE PAGE 4 • COMMUNITY PAGE 6 • OPINION PAGE 8 • SPORTS PAGE 10

Upcoming Events:

September

EWU Spokane Fall Kickoff Wednesday, Sept. 24 from 4 p.m. to 6 p.m. at the EWU Spokane Phase 1 patio

Riverpoint Outdoor Movie "The Lego Movie" - Friday, Sept. 26 at 7 p.m. in the EWU Spokane Phase 1 Building Auditorium

Women's Soccer game against Idaho State - Friday Sept. 26 at 3 p.m. at Davis Field

Spokane Symphony Chamber Soiree: Autumn - Tuesday, Sept. 30 at 7:30 p.m. at the Georgian Room of the Spokane Club

October

Spokane Symphony Chamber Soiree: Autumn - Wednesday, Oct. 1 at 7:30 p.m. at the Georgian Room of the Spokane Club

Ballet Company: Eugene Cinderella - Saturday, Oct. 4 at 2 p.m. and at 7:30 p.m. at Martin Woldson Theater at The Fox

Spokane Symphony Classics: Yang Plays Nights in the Gardens of Spain - Saturday, Oct. 11 at 8 p.m. & Sunday, Oct. 12 at 3 p.m. at Martin Woldson Theater at The Fox

Sports: Volleyball game against Stanford, pg. 9



Photo by Ron Swords for GoEags.com Ashlee Vaoifi spikes the ball in the Sept. 19 game against Stanford.



For news around the Eastern campus and Cheney community, follow @EasternerNews for the latest updates.



Cougar 62 chopper assisting the firefight.

EBOLA: **CONTINUED FROM FRONT**

If a monitered person becomes infected, then the same process should be done for them.

According to the United Nations, only 16 of 44 crisis areas in West Africa have satisfactory contact tracing.

"This is a dreaded virus that is highly contagious, but only under two very specific settings," said Margaret Chan Fung Fu-chun, the director-general for Pandemic Influenza and assistant director-general for communicable diseases at

the WHO. "First, during care of patients at home by family members or in a hospital setting without proper protection against infection. Second, during certain traditional burial practices that involve close contact with a highly infectious corpse."

Èbola is spread through direct contact of body fluids, such as blood, urine, saliva and semen. A person

still have it in their semen for up to seven weeks. The WHO recognizes five strains of the Ebola virus, four of which can produce disease in hu-

CSLPlasma.com

mans. Ebola Zaire is the strain responsible for the current outbreak in Africa. The WHO's records show that the last reported case of Ebola Zaire developed in the Democratic Republic of Congo in 2008. The death toll then was 14.

According to the Mayo Clinic website, Ebola is not contagious until symptoms appear.

Ebola's symptoms include a sudden fever, a sense of weakness, muscle pain, sore throat and headaches. These are followed by an escalation of symptoms like diarrhea, vomiting, rashes

internal and exter-

period of Ebola ranges from two to 21 days. If a person has no symptoms after 21 days of coming into contact with the disease, then they are not infected.

"The United States is not in immediate danger," said Dr. Frank Glover, urologist and president of the U.S. non-governmen-

recovered from Ebola can tal organization SHIELD. "This isn't something we should panic about, but it's something we should be concerned about."

the United States is better equipped with medical staff and is prepared with isolation centers nationwide, according to the CDC.

Ebola is an epidemic, though. Many people are affected and continue to pass it from person to person over a wide area.

As a precaution, the CDC posted a level three travel warning, which recommends that people avoid nonessential travel to countries with cases of Ebola-this includes education-related visits.

Student health centers at colleges and universities are on alert for patients who traveled to countries with an outbreak or who had contact with an infected person exhibiting symptoms of Ebola. If there is a chance of infection, the patient will be isolated while tests are done.

Schools have been asked not to quarantine students or faculty members based off their travel history alone.

As reported by Eastern Washington University's director of media relations Dave Meany, there are three enrolled students from West African nations, but none from countries where there is an Ebola outbreak.

The CDC and th

Grant approved to help students affected by wildfires

By NATHAN PETERS managing editor

Washington Eastern state experienced multiple rampant wildfires this summer. Eastern Washington University approved \$250,000 for an EWU Student Hardship Fund to aid current and incoming students planning to attend the university affected by the Carlton Complex Fire.

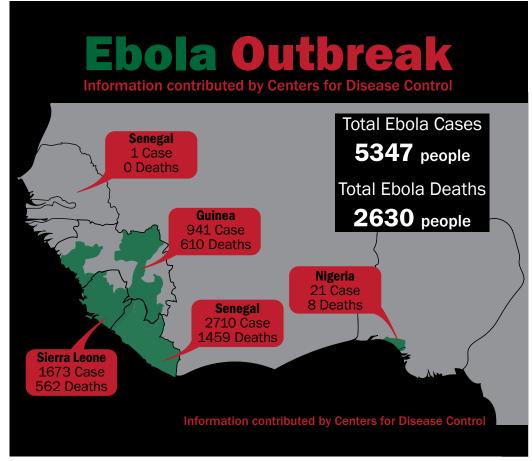
The Carlton Complex

Fire began as four separate wildfires that quickly combined into one, widespread fire across Okanogan County; it is the largest wildfire recorded in Washington state history. Governor Jay Inslee enacted burn bans in 20 eastern counties in response to the over 256,000 acres of dam-

age caused by the fire. Financial aid counselors and outreach staff from the university went to local schools in Okano-

gan county to provide assistance to those students. The EWU Student Hardship Fund will assist with tuition and housing costs of the students affected by the Carlton Complex Fire. There are also hardship grants available for students located outside the Carlton Complex region affected by wildfires.

To donate and learn more about the EWU Student Hardship Fund, visit ewu.edu/hardshipfund.



and how to disinfect the air-

Graphic by Tanner Streicher

plane afterwards. EWU has an Ebola information fact sheet on their website to inform students, faculty and family members about the disease. According to Chief Housing Officer Josh Ashcroft, have situations come up, student housing at EWU educates their residents on disease prevention and reminds them to wash their hands often and to be aware of different symptoms.

"A lot of it is working with Health and Wellness and with our staff to make sure the students are well educated about ways that they can limit the spread of any kind of disease," said Ashcroft. "When we do we work directly with the student to try and figure out how we can help meet their needs but also prevent the spread of the disease to the greater community."

and chances for "This isn't nal bleeding. The incubation something

we should panic about, but it's something we should be concerned about."

Dr. Frank Glover President of SHIELD

> Compared to the affected African countries,

partment of Defense have increased the testing capabilities of laboratories in the United States and begun developing and dis-

irline crew members how to identify Ebola, to report passengers exhibiting symptoms to the CDC, to isolate and transport ill passengers to a medical facility

tributing information and

tools for public health in-

the U.S., there are protocols

set up by the CDC to ensure

it does not spread. Contact

tracing is one of them. Other

protocols require teaching

If Ebola does make it into

vestigations.

Climate change march

Available online only at EasternerOnline.com

On Sept. 22nd the Spokane community marched through downtown in support of climate change. They were joined across the globe by over 300,000 people. Various actions were petitioned during the march to try and combat global warming worldwide. A large focus of this demonstration included the frequency of coal trains in Washington and Idaho. Concerns for march are the delay of emergency service vehicles by the train crossing. Several areas in Spokane may be at risk if Canadian oil trains were to combust en route.



Protesters raise awareness of climate change.



Photo by Laura Lango

Photo by Laura Lango Woman pickets coal trains.

Read the full story and see our slideshow Classified We Welcome Families & Children online at EasternerOnline.com of all Ages Full Service Quality Dentistry Help Wanted- Of- Friendly Caring Atmosphere fice/Clerical **Convenient Hours** PT Clerical Person Donate plasma today and earn up to needed from Prompt Emergency Care Monday-Friday, **\$300 a month! Botox Treatments** \$500.00 weekly. For your comfort, we offer pillows, blankets, iPods with headphones, Computer skills are sunglasses and beverage bar. Nitrous Oxide Available. a must. Need to Who knew I could earn Delta Dental, CIGNA be detail Refer 3 new money, save lives, and get & MetLife Preferred Provider oriented, possess free wi-fi at the same time? adult patients good customer (over 14 years) service skills, some 2126 N. Monroe St, Spokane 509-340-6406 to our practice and get \$50! cash & items **YOUR FIRST BOTOX VISIT** 9621 E Sprague Ave, Spokane Valley 509-926-1881 handling Scan for an insider look at skills,Must be the plasma donation process able to do Lil er-Andrew F. Martinssen, DDS To scan and view content, you must dow rand. Apply @ QR code reader from your App store. Comprehensive dentistry with a gentle and artistic touch Robert Lewis Link 625 B Street Cheney, WA • 509-235-6137 *Applicable for eligible, qualified new donors. Fees vary by weigh ahead, Email: New donors must bring photo ID, proof of address and Socia info@cheneydental.com · martinssendds.com Robertlew22@ Security number. outlook.com CareCredit Like us on VISA CSL Plasma

NEWS

Cheney's new 50 Acre Park looking hopeful

By Ronni Taylor staff writer

The construction of the 50 Acre Park in Cheney appears to be moving right along. Not only do the construction crews feel they will come up under their budget, but they also hope to have the park finished by summer 2015.

"The 50 Acre Park property is one large urban park in the planning area that is not yet developed," according to the Cheney Parks Plan. "It is important to recognize the great potential opportunity this location provides to the community and its surrounding area."

A previous Easterner article explained the project had a rocky start with a delay in 2012 due to extreme weather problems, including intense rainfall, which affected the soils; however, the crews have moved past their first phase set-back and are striding strong this year.

The park is going to include three baseball fields and a restroom. But before the backstops can be erected and the restrooms built, the irrigation systems have to be set in place. This is the next phase of construction, which is scheduled to begin in fall 2014, according to Director of Public Works Todd Ableman.

Ableman said construction crews are "on schedule to finish within their June 2015 goal."

 \mathbf{T}

They are dependent on the irrigation systems to be completed this fall for the next stage to begin. If all goes well this fall, the construction of the fields and restroom can begin in spring 2015.

As far as budgeting goes, Ableman also had optimistic views of finishing well under the \$500,000 grant budget.

The 2014 Cheney Parks Plan details the demands and goals for the park project and outlining the difficulty in creating a new recreation facility. "Identifying recreation demand and needs is a very important part of a park and recreation plan. It is also a difficult task because many different variables influence public recreation participation."

The parks plan states the department hopes to accomplish three goals through their parks department.

"Maintain and improve Cheney's parks and recreational opportunities on-pace with population and economic growth. Sustain and improve Cheney's natural resources through sound planning, operational and implementation practices.

Involve the community of Cheney in all local government planning and decision-making."

The parks department noted the underdeveloped land was a potential area to build a successful recreation facility and is well on their way to accomplishing the task.

CHENEY 50 ACRE PARK

ACROSS THE STREET FROM EAGLE POINT APARTMENTS

3 BASEBALL FIELDS + **RESTROOM AREA**

JUNE

2015

projected to finish well under \$500,000

Graphic by Danielle Matthews

Early 2000s: City purchases land for the park.

2012: Weather conditions delay contruction.

Sept. 2014: Start of construction of the irrigation systems.

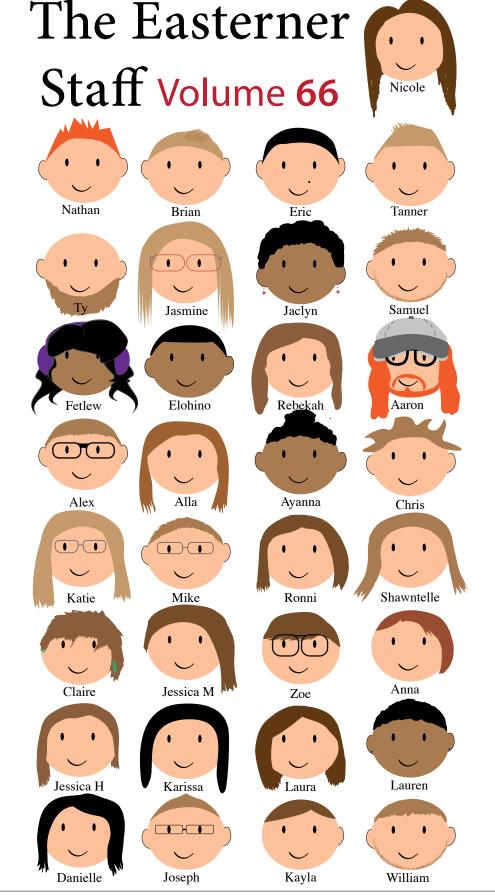
BUDGET

Spring 2014: Construction of restrooms and fields.

June 2015: Park to be complete.



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PAGE 4

EAGLE LIFE

SEPTEMBER 24, 2014

Thursday	Friday	Saturday	Sunday
• Girl Code/Guy Code comedy show 7 p.m. at Pence Union Building MPR	 •Neighbor Festival 10 p.m. to 2 p.m. at the University Campus Mall •Inland Northwest Craft Beer festival Day 1 4 p.m. to 8 p.m. at Avista Stadium in Spokane 	•Inland Northwest Craft Beer festival Day 2 12 p.m. to 8 p.m. at Avista Stadium in Spokane	•Gone With The Wind 75th Anniversary Screening 2 p.m. and 7 p.m. at Regal Cinemas Riverstone Stadium 14 in Coeur d'Alene, Idaho Tickets can be bought at fathomevents.com

Z Nation full of uncomfortable one-liners



Excitement turned quickly to skepticism when I learned more about the television show being produced locally in the

Spokane area starting in June. The Syfy channel wanted to take a bite of the proverbial zombie pie - a premise which on its own is alarming.

Despite the obvious connotations of another zombie show releasing a month prior to the popular - while admittedly lackluster in itself - Walking Dead, there is technically no problem with another zombie show. Yet I believe it's important to consider the production company placed in charge of the project - The Asylum, who brought us such popular rip-offs as Transmorphers, and more recently Sharknado and its sequel.

With that in mind, I had my assumptions about how the show was going to turn out. I fully expected a campy, so-badit's-good kind of show. Yet I gave it the benefit of the doubt upon viewing.

"Z Nation" is nothing more than an uncomfortably bad coalescence of poorly written one-liners in a pitifully formulaic mockery of everything that makes a decent television show.

Maybe the show was going for a more humorous vibe and just using the zombie formula as a way to display The Asylum's usual bad B-movie form. But that's the problem, as the show seems to take itself seriously in one moment, only to have a zombaby eating a man in the next. It can't make up its mind on what it wants to be.

Every single scene of the show serves no purpose but to yell exposition at the viewer through awful dialogue exchanges. I get it, this is a pilot episode and you need to establish the world the characters live in, but even we at Eastern's film program have the filmic rule of "show, don't tell" pounded into our heads from day one.

The story follows a group of survivors as they journey across the country to a bring a man who is immune to the zombie virus to a facility where he can be used to synthesize a cure.

Dialogue quips are delivered in such a way that really makes me feel for the actors. How do you believably call the infected "Z's" like some Twitter-obsessed teenager? No actor could perform with this script. Seriously, how do you deliver, "I give you mercy" to the infected you kill? It's insane.

It's not easy to see, but the makeup work and creature effects are reasonably solid, considering the low budget. However, the crew knows well enough not to have shots linger on the zombies for long or you'll start to see the frayed edges.

One executive producer of the show, Karl Schaefer, told Collider.com that, "When I first came to this project with The Asylum, one of the things we all agreed on, right up front,



was that this would not be a campy mockbuster like Sharknado, or some of the other projects that they do."

Well, guess what. That's exactly what "Z Nation" is.

There are a lot of talented people I know personally who worked on this show, and the final product is no fault of any of them in particular. Yet let's not confuse being proud of them personally with being proud of what the show ended up being.

While my review may be considered overly critical and cynical by some, I argue that it comes from a place of a genuinely concerned friend. And being a good friend means sometimes telling your buddy that they've made a mistake and have a Photo contributed by Asylum

drinking problem whether or not they want to hear it.

We are better than this. Let's not let this happen again. While Schaefer said, "We

While Schaefer said, "We have a five-year story arc. That's just how cocky we are about this show." I would genuinely be surprised if the show survived more than one season. That's the best "mercy" any viewer could ask for.

New EWU faculty shares experiences

Summer heat affects market production

By KATIE DUNN

By REBEKAH FRANK staff writer

EWU Master of Public Health Program Director Frank Houghton, Ph.D, is excited to begin his new journey in the United States.

Born in Singapore while his father served in the Air

he moved a lot as a child

before settling in Ireland

diverse educational back-

ground, according to the

EWU website. Frank Hough-

ton has a doctorate in health

geography, a master's in

population health evidence,

a master's of science in com-

puter science and applica-

tions, a master's of art in

peace studies, and a master's

of art in teachers of English

of the main reasons for his

education is he loves learn-

Houghton, sometimes it

does not always make sense,

referring to his master's in

ing and being challenged.

Frank Houghton said one

to

Frank

of other languages.

According

Frank Houghton has a

Force, Frank Houghton is no stranger to relocation. Frank Houghton said due to his father's

career choice.

for school.



his father served in the Air Force, but anything that furthers his knowledge is more than welcome. In Ireland, Frank Hough-

Peace Studies, even though

ton started at the bottom, the same as most. "I spent a lot of years in

lowly paid research positions," Frank Houghton said.

Despite this, Frank Houghton had worked his way up the ladder and held a tenured position at Limerick Institute of Technology, according to the EWU website. During his time there, Frank Houghton established two research groups dealing with social studies and research.

Frank Houghton's passion for public health caused him to be open to positions in that field even though he already had a career. He found an advertisement for a position at EWU as the new Master of Public Health program director and applied.

Frank Houghton said that during his campus visit he loved the Spokane area, especially all of the parks, and heard nothing but good remarks about the Cheney schools. Frank Houghton said the main things that attracted him to Spokane were the parks and and how easy it is to

FACULTY-PAGE 5

staff writer

"It hasn't been a very big market," said Jeanie Wolen, Cheney Farmers Market manager.

Cheney Farmers Market concluded its season with five vendors. Their season began in June and ends with the start of Eastern Washington University's fall quarter.

During the summer, the market is located in the Cheney City Hall parking lot on Tuesdays from 2-6 p.m. When fall quarter starts and car-owning students occupy the street parking, the public employees are forced to use the city hall's parking lot for their vehicles. The public employees end up occupying the majority of the market vendors' space.

"In a year like this where it looks like it's going to stay warm for awhile, it would be nice if we could go into October," said Jeanie Wolen.

Wolen sells wax candles and soaps alongside her husband Ben Wolen, who sells watercolor prints.

The high temperatures and minimal rain this summer was a blessing for some and trouble for others.

Not as many customers were out when the temperature hovered around 100 degrees. On those days, Jeanie Wolen had trouble with her wax melts.

Richard Green, a vendor selling honey, soaps, aprons and bags, has three personal beehives near his house and a collaboration of 200 hives nestled between Mount Spokane and Rosalia, Washington.

"In some places the honey crop wasn't good because of the drought in July," said Green.

"The thing about honey when it's and vegetables.



Photo contributed by Katie Dunn

Lori Musgrave, in black, checking out customers in her booth at the farmers market.

hot is that it doesn't wilt," said Green. "With honey, the sun just enhances it."

Local author Reade Brown and his niece Shelley said their spinach was wiped out pretty quickly by the heat.

Lori Musgrave had her produce and baked goods set up on the cooler end of the parking lot.

"It has been the most amazing growing season in years," said Musgrave. She sells a variety of honey, baked goods and fruits and vegetables. According to the United States Department of Agriculture, grocery store prices increased over two percent from a year ago.

Musgrave said she charges less for her produce than stores like Safeway, and her's is freshly picked the morning of the market.

She plahhns to offer Friday deliveries during the winter for students and community members to continue

MARKET-PAGE 7



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EAGLE LIFE



New faculty revamps public health program

Zombies promote preparedness

By Alla Drokina staff writer

Any kind of safe zone humanity had was now completely obliterated. Late into the night, they could hear the zombies, decaying yet moving, dead yet fully alive. A ghastly sight ensued. They were slowly sauntering in the distance beckoning any last survivors to surrender to a cruel fate. All it took was one bite. One bite from the decomposing brain-dead monster and the infection took over.

If the above scenario sounds familiar, it's not surprising. It probably resembles a scene in many zombie-themed literature, movies or comics. But now, zombies are serving a purpose that goes beyond mere entertainment.

Since Dr. Frank Houghton, the new director of the Master's of Public Health Program at EWU, does not think that zombies will be an obsolete



PREPAREDNESS 101:

EWU welcomes incoming faculty to new master of public health program

BY REBEKAH FRANK staff writer

Eastern hired new faculty from from around the world to help direct the path of the new Master of Public Health (MPH) program.

Frank Houghton, Ph.D, who is originally from Ireland, is one of the new faculty members. Houghton will be the program director of the MPH.

"What we are looking to do is actually build on the success of the health services admin program and build a master of pub-Houghton leadership

unjust and unfair," said McCullough. "Tackling health inequity requires widening our lens to bring into view

the ways in which early childhood development, jobs, working conditions, education, housing, social inclusion, and even political power, influences population health."

Houghton said he is very interested in this topic and hopes to one day map out the locations of inequalities in Spokane. He was inspired by a study conducted in Lonlic health public health don that discovered if one travelled along branch lines one would lose years of life based on the inequalities. "You can go two or three stops and lose **MASTER OF** seven years. **PUBLIC HEALTH** People have PROGRAM done it in New York on the 'A' train where they've actually looked at the stops and looked Office of public health at the average age of death in those communities. I'd love to do it on a couple of the buses on the Spo-Martina Hernandez kane Tran-Program coordinator sit," said 509.828.1204 Houghton. mhernandez@ewu.edu However, the main priority of the MPH right now are the students and the investthey ment are for the community. "To mv mind, the whole appeal of public health is it goes beyond health. It isn't just about medicine; it's been found that medical and health treatments only seem to determine about 20 percent of the variation in health and life expectancy. A lot of the other issues are socioeconomic," said Houghton. "One of the things I'd love to see is the city and our students and future graduates starting to make changes to try and combat some of those health inequalities."

topic soon, he will be using zombies to emphasize public health awareness.

Using a trending topic to garner interest for something more relevant is not a novel practice. As a culture, we are easily infatuated with certain things. Sometimes this infatuation is ephemeral and then becomes revived.

"The theme will be used as a way of engaging diverse audiences in preparedness, an element of health protection and maintenance (as well as good old fashioned fun)," said Houghton in an email interview. "The resources used will be from the CDC site, comic, poster, etc."

Although he is an enthusiastic proponent of this idea, Houghton admits he is not the instigator.

The credit goes to the Centers for Disease Control and Prevention for coming up with this plan. This action sparked many other institutions and centers to emulate this move just like EWU will be doing now.

The CDC website houses their own downloadable comic book titled, "Zombie Pandemic." It's 36 colorful pages about a couple whose town is overrun with zombies. In the end, the comic book provides an actual emergency kit supply check-off list. In addition, the CDC website has e-greeting cards on its site promoting healthy behavior, and a link to its Public Health Matters blog which includes a steady stream of more information.

Martina Hernandez, coordinator of the MPH, says that sometimes using pop culture references from media, whether it's zombies or something else, is a good way to extend information to people

"The way we can bring in students or teach them about health and how to take care of themselves and other people around them is by us reaching out to them," Hernandez said.

One of Hernandez's goals in regards to the MPH is to extend the knowledge to a diverse group of students, not only in ethnicity, but also in career paths.

She believes that using a trending topic is a move that can achieve that.

"If something is popular and people are going gaga over certain things, then veah, using a zombie theme is a great way to play on that trend and and get



Illustration contributed by the Center for Disease Control

people to actually turn their head," said EWU student, Olga Ryakhovskaya.

The use of zombie interest in the new Master's of Public Health program is not just connecting an arbitrary trend with a relevant issue though.

Zombies and viruses actually draw a myriad of parallels. Both are feared, fast-spreading and affect the safety of the general public. Since most of the younger generation is well-versed on zombies, the connection serves as a clever platform for understanding what our nation is up against in terms of various illnesses, such as Ebola.

"The current events happening in West Africa in terms of the Ebola epidemic emphasize the destructive power of infectious diseases, even though Ebola is not 100 percent lethal," said Krisztian Magori, assistant professor of Biostatistics and a lecturer for the MPH program, in an email interview.

Magori stresses that zombies are useful as analogs to study the transmission dynamics of infectious diseases.

Zombies analogous to infected people, are infecting others, and turning them into zombies, similarly to a person carrying influenza infecting another person with the flu. The difference is that becoming a zombie (at least in most works) is incurable, therefore it's analogous to an untreatable disease, with a 100 percent mortality rate," Magori said. "I believe we as humans are fascinated and horrified by zombie stories because major infections of the past (think of the plague or the 1918 Spanish flu) were indeed incurable, and therefore we have an innate instinct to be afraid of obviously infected people."

For Houghton, now is an ideal time to explore this topic with Halloween rapidly approaching and Spokane's ever increasing interest in the theme made apparent through various media, such as "Z Nation" a new Syfy Network series filmed in Spokane last spring, and other zombiethemed events, such as Spokane's 5K Zombie Run.

"Public health is often about looking for opportunities. I think that in Spokane a constellation of factors have occurred which present an opportunity to engage a wider and younger public in emergency planning," Houghton said. 'We know the interest is there."

Houghton stresses that fighting off a virus is not entirely akin to fighting off zombies, but that the principles of preparedness are. He specifies having a plan with resources such as food and water for three days minimum, including necessary supplies.

An acute response if hearing zombies approaching is to run, however, when in the face of an emergency situation, running away is not always the best solution. In terms of a crisis, preparation and mindfulness are key.

According to Houghton, emergency preparedness textbooks frequently suggest that people often react without analyzing the situation properly.

"There is a history of gut off the cuff responses which have been misdirected. For example, water sent to people who needed food and vise versa," Houghton said. "There is a great quote I love which goes 'don't just do something, stand there and think!"

Obviously our nation doesn't have to worry about a zombie apocalypse. However, that does not lessen any of our other concerns. It's unclear what the future will bring. However, one thing is for certain: being prepared and knowledgeable is key to braving any kind of emergency we might face.

r,		
said. "Public	health is	about
moving up	stream,	about
trying to pre	event issu	ies be-
fore they em	erge. It's	about

preventing disease, promoting health, prolonging life. To me it is about inequalities and combating those inequalities."

Houghton said he took the job at Eastern because 509.828.1369 he is excited mph@ewu.edu to give input in this new program and help to see it be successful.

The inequalities that Houghton refers to are the differences in income, education, living situations and geographic locations that can have an impact on the well-being of one's life.

In the Spokane Regional Health Dis-

trict article "Odds against tomorrow," Dr. Joel Mc-Cullough writes a letter titled, "Life isn't just better at the top, it's longer and healthier." In this letter Mc-Cullough explains the difference in equities and how to overcome them.

"Health equity refers to differences in a population's health that can be traced to unequal economic and social conditions that are systemic and avoidable and thus inherently

PAGE 6

COMMUNITY

SCHOLARS: **CONTINUED FROM FRONT**

"Spending some time in the classroom doing lesson plans has just really showed me that that's where I want to be," Julian said. "I want to impact kids' lives and be a positive influence on them and make a difference." Julian is also in a health and fitness program so that she will be able to teach physical education and health.

Bomber recently has been accepted into the Eastern Washington School of film, he is currently an interdisciplinary studies major. He would like to find a job in television once he is finished with school: "After college would be, finding a job writing, directing for television would be ideal."

According to Julian, she was not the kind of student to get rewarded for her grades but she has always been a competitor in the classroom as well as in sports.

Growing up, Bomber was not always one of the top students in school.

"It wasn't really a big deal in high school, and then my early couple of years of college it wasn't really a huge priority for me," Bomber said. "Only

just last year and a half though is when I started buckling down on trying, making the extra effort."

Bomber's goals this school year are to continue to work hard as a student and help his team win a national championship in football.

Julian's goals include helping her team be at the top of the Big Sky conference as well as winning the Big Sky tournament. She wants to be the best leader she can be for her team.

Julian also wants to strive this year to earn 4.0 grades in her classes and use her free time to become a better teacher.

Both Bomber and Julian have advice for other student-athletes with similar responsibilities.

"One of the hardest things about being a student and a college athlete is just going to class," Bomber said. He said this point because most student-athletes often get worn out due to practice, playing and traveling. "Anytime you get a chance to go to class you should go because it's going to be better for you in the long run."

"I think it's just time management, and I still struggle with it," Julian said. "It's knowing your priorities; school has always been first for me."

MARKET:



FACULTY: **CONTINUED FROM PAGE 4**

Houghton said the main things that attracted him to Spokane were the parks and and how easy it is to be involved in the public health programs.

"One of the things I love about public health in the states is how multidisciplinary it is. Public health in Ireland is extremely medically dominated. It is actually quite hard to get on a training course if you are not medically qualified. They pretty much have it sewn up," said Frank Houghton.

According to Explore Health Careers, there are over 20 major fields of study within public health in America. The top five disciplines are, behavioral science/health education, biostatistics, environmental health, epidemiology

fresh warm-weather produce grown outside Pasco, **CONTINUED FROM PAGE 4** Washington.

buying local produce. Some day she would like to open a store in Cheney that would offer organic and gluten free foods.

There are several veteran vendors who have been attending the market for more than a couple of years, but this summer only had one new face.

joined Meyer Fred Cheney's farmers market for the promotion of his Mama Torres Salsa, which uses authentic Mexican recipes and

Eric Long

A trend with new vendors has been giving up before they

have gotten started. "They come one or two days, don't make a lot, and then leave. It takes time to become established," said Green. "It's hard for us to keep people coming back as vendors. Their expectations are too high."

"None of us would have a market if we didn't work together," said Green.

Tanner Streicher

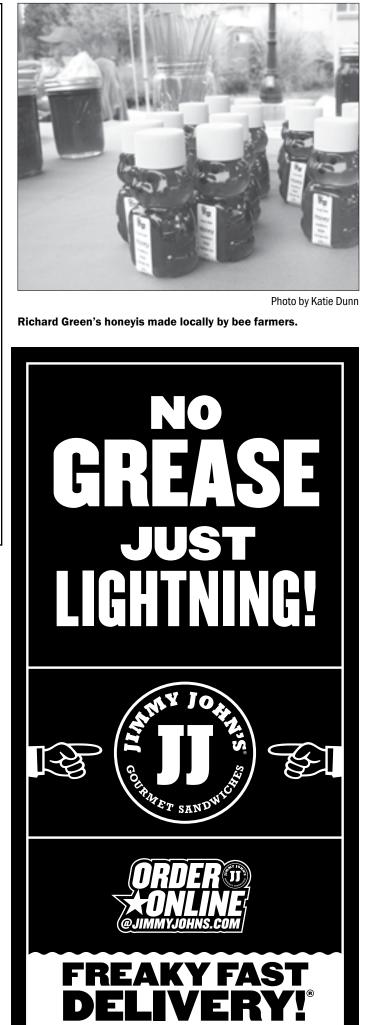


Lori's apples on display at the Cheney Farmers Market on Sept. 23.

Photo by Katie Dunn

Easterner Rates: Z Nation

Rebekah Frank





and health services administration.

This option for specialization, according to Frank Houghton, is what was most attractive to him when deciding to move. So Frank Houghton, his wife Sharon Houghton and their three children, ranging from age two to fifteen, moved to Spokane within 10 weeks of his acceptance of the position at EWU.

According to Sharon Houghton, moving to Spokane was exciting and a bit of a whirlwind.

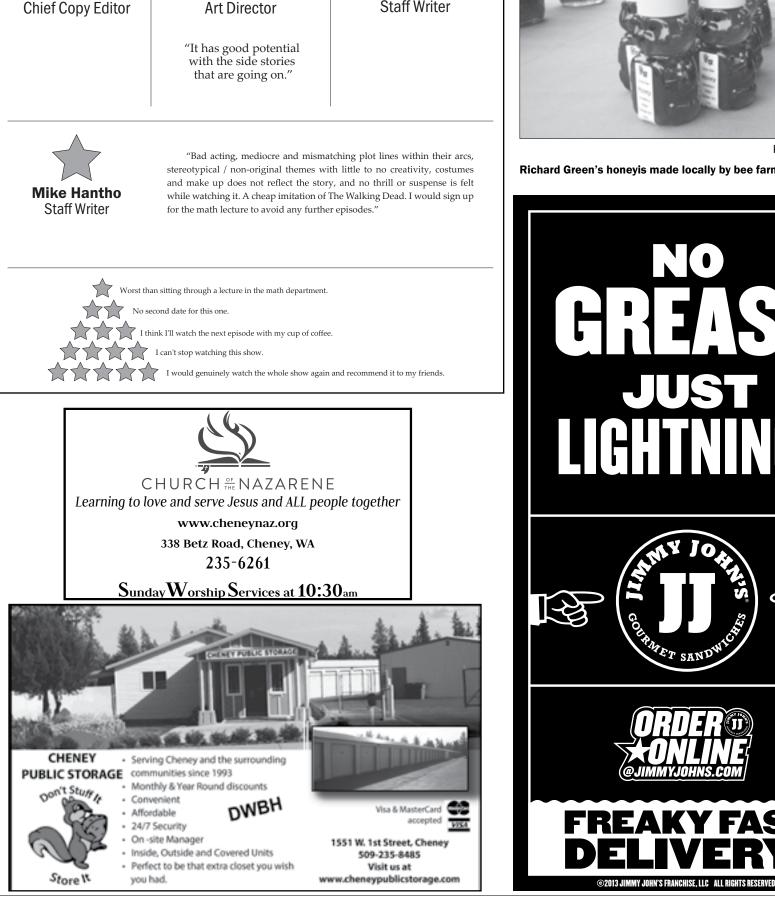
"Spokane was beautiful, and it was on the river. When we arrived, that was the first thing [Frank Houghton] showed me. We have a two-year-old, and so having access to the park has been wonderful," said Sharon Houghton.

Frank Houghton said he is excited to have input in the new Master of Public Health program and hopes to use this to combat the inequality of public health in the future.

"I would say he is very passionate about that, and he is very outspoken," said Sharon Houghton. "As long as there is an inequality there, he comes right out and says stuff about it. I suppose that is something I like about him as well."

For now, both husband and wife said they are happy to be settled in their new home and starting this new chapter of life.

"The kids are settling into school and we are slowly settling into the community and getting to know people," said Sharon Houghton.



COMMUNITY

CULLINAN: CONTINUED FROM FRONT

I love to go hiking, but that takes a time commitment I don't always have. So, the running is something I can do very regularly.

What got you into education? Why is it important, especially higher education?

A • My parents were very committed to education, and I always saw the importance in my own mind. When I was an undergraduate, I thought that I might be an education minor and teach English. But I did some volunteering in the schools, and I thought, "You know, I really want to teach at the college level." It just made a lot more sense to me. So, I began to realize that teaching at a university was really what I wanted to do.

Do you plan to do any teaching while you are at Eastern?

I would love to. It's • really hard for a • president to teach on a regular basis because I have to travel so much, and I have a lot of external commitments. Even these first six or seven weeks I'm driving to Spokane, sometimes twice a day, and I've been over on the west side, so it's really hard. I would welcome being a guest lecturer for classes. I would love to talk with students in any way, but I don't think it's fair to them to try to commit to a term's worth of teaching.

Your term as the new EWU president started Aug. 1. What was going through your mind when you received the news that you had been selected for the job?

I was so happy. I was • really delighted. It was • very exciting. I had known President Arévalo for a number of years, and we were both provosts in Texas, and he had actually been at my university in California before my time, but I knew about him. And then we both became presidents the same year in the Pacific Northwest back in 2006. So, I knew what a great job he had done to move this university forward. It's much larger than the University I was president of in Oregon, and I had been there eight years, and this was a great opportunity to step into his shoes and help to move this university forward.



President Mary Cullinan speaks to new students at the Passing Through The Pillars event on Sept. 22 in front of Showalter Hall.

Photo by Tanner Streicher

I was just overwhelmed by the beauty of the campus. It's a gorgeous campus. Then, when I saw the campus in Spokane, I thought it was a remarkable place. I was really impressed that the people of the state had invested in higher education in a significant way in this more rural part of the state.

People have been very warm, friendly and welcoming. I have felt a lot of community spirit and fellowship since I've been here. I started meeting with faculty and met with a number of groups; I met with a couple of departments, but I've been more external since I've come here.

Since school hadn't started yet, a lot of faculty weren't here and the students are just arriving, it was delightful to meet the mayor of Cheney and the Mayor of Spokane, legislators, superintendents and the university presidents of the various universities here. They've all been very welcoming. vice presidents received a worse evaluation, I guess, but it came out of a very difficult union bargaining situation. We have a faculty union at that university, and my two vice presidents were on the bargaining team. As I'm sure you know, union negotiations can get very hot. And it got very hot.

Oregon has been through some very difficult financial times, and we simply could not give people raises. People really were angry about that; it was a very unfortunate situation. We were having severe financial issues.

The whole state was in a difficult situation. Portland State, I think the faculty almost went on strike, Eastern Oregon, maybe they have resolved the contract by now, but they hadn't when I left Oregon a few months ago.

All across the state, the universities were feeling tremendous stress, and the state simply stepped away from higher education I know we have felt it here in Washington, but Oregon has a long history of just stepping away. So, at this point, students are paying about 85 percent of the cost of going to school in Oregon. And every time you increase salaries you have to raise tuition, and that was just becoming a terrible equation that I feel I couldn't do to students. It also put the faculty in a bad situation because their salaries weren't increasing. It was a very unpleasant, sad situation, and I'm very sad that the state of Oregon is unable to support its very fine universities.

retire. I knew he was going to go, and that he was probably the person that faculty was most unhappy with. I didn't share with them that he was planning to retire because that is a personnel decision.

And so everything that happened as a result of that is really not disclosable to the general public, they are personnel decisions, and all of the discussions about personnel issues are confidential.

How does it make you feel that you got hired so quickly at Eastern after all of that?

I was actually thinking about what other • possibilities there were starting earlier last year. I really didn't see anything that caught my eye that I was really excited about. So, as I said, it really wasn't until April that I was at the board meeting with president disconnected from the campus.

When you have students that live off campus, and drive in and take courses, or they have a family of their own, and they're only coming in a couple days a week, they're not engaged, and often they drop out.

So I'd like to have a mentor program that would really enable students to have a connection. If a student is saying, "I need to make my car payment, I don't think I can make the tuition for winter term, I think I'll take a term out," that student should call his or her mentor and say "This is what I'm thinking," and get some advice. Those are two things I'd like to see.

• What are your long-term • goals for Eastern?

Well, we're launching • the third year of our • strategic plan. I met

• What led to your pursuit of the EWU presidency?

I was actually at a meeting with president Arévalo, and he told me he was going to retire. That was just back in April. And I looked at him, and I said, "I would love your job." Which was amazing, because everything moved really quickly after that. It was kind of fortuitous; we were just there at a board meeting, and I thought, "Wow that would be grand."

When you first visited EWU, what did you think of the campus itself? What kind of people did you meet? What was your impression of the community we have here? very wereoning.

Do have a specific example of any person or group that was especially kind to you when you arrived?

I walked into the Department of Licensing to get my car registered, and a young man behind the desk said, "President Cullinan, we'll get your car registered." He was an alum[ni], and he recognized my face. It was just nice to be there as a stranger in Spokane and have someone reach out like that.

• Not just you, but two others in your administration at Southern Oregon University were given votes of no confidence during a [March 6] senate meeting. You were given the chance to explain your side of the story to the EWU board of trustees. What were the circumstances? What is your side of the story that was taken into account?

I will say first, that for my particular situation, they did a vote, but there were not a significant number of votes against me. I had quite a bit of support.My After you and the other members of your administration received these votes, what happened next?

Well, I explained to the faculty senate that they simply make recommendations to me. That is all that they can do. They don't participate in personnel decisions. They can make recommendations to me, they can make recommendations to the chancellor and the board about me, which they did not do, but they recommended to me that I fire two vice presidents. I said I appreciate their input.

But I already knew that one of those individuals was planning to

Arévalo that I thought, "That's a place that would really be won-derful."

• What can we expect from you in the 2014/2015 school year?

This year I really want to see a few things ratcheted up, and one of them is student advising.

No university that I know of really does a fantastic job of providing students with advising across the board in the way that they need. Whether they are on a distant site, whether they are transfer students, changing majors, coming in as freshmen, I don't think we have cracked that code for helping students see the pathway as well as they should. So that's a big piece.

I would also love for every new student to have a mentor. A faculty or a staff person who is not in their department, just someone they can talk to frankly and connect with. That would be a huge initiative.

Maybe we would start with a pilot, maybe just with students in the residence halls, or some sort of manageable group. But I think one of the ways we can help students be successful is making sure that they are not with a large group of faculty and staff, the student body president was the only student there, this morning. The goal that I have is that Eastern Washington University really crack the code for student success.

That we figure out how, not to mold every student to be successful in the way that we envision, but that we create pathways to success for all the different kinds of students that we have here. And that we reach out to a whole array of people.

For instance, working people who never got a degree. Or, people who have families, and could come back to college if we could provide some pathways for them. That we reach out to schools, to really enable underrepresented students, first generation students, diverse students of all kinds, to come here. That this should be the place that not only reaches out to students of all kinds, but that does everything possible to make those students successful. And not just to graduate, but also to make sure that they have the skills to be successful after they graduate. And I would like this university to be the university that everybody knows does that.

So, that's what I laid out for people this morning, and I think we're well on our way.



PAGE 8



OPINION

Do you have an opinion you want to share? Contact us via Twitter @EasternerOnline. We might publish it in next week's issue.

Welcome Home: How EWU altered my concept of 'home'

EDITORIAL

Renewed language class being offered

"Hello," "hola," "hallo" and "konnichiwa" represent the degrees the Department of Modern Languages and Literatures currently offers, but there is a language being reborn this fall at Eastern.

Dr. Florian Preisig, Ph.D., chair of the Department of Modern Languages and Literatures, is hopeful about the Chinese class starting this fall. He said that a previous program was available briefly, but was discontinued because of low enrollment and budget cuts.

Without funding from EWU, Preisig said the department, "is funding this class using money generated by our concurrent enrollment program with the high schools from the Spokane region.'

There are 24 students enrolled out of a 25-student limit, meaning there is an open chair available for the taking. Professor Chiu-Hsin Lin will teach the class from noon to 12:50 p.m., Monday through Friday. She was the professor who taught this class previously and helps with the Chinese Conversation Club.

Because of the increasing number of exchange students enrolling at EWU, I would like to see a strong student interest and muchneeded invigoration of this program. This will give students pursuing Chinese language for future career goals a leg-up as they continue their academics or venturing into the world after Eastern.

Olga Baron from the Office of Global Initiatives estimated Eastern will host

By Nicole Ruse editor-in-chief

When I first came to Eastern Washington University, without

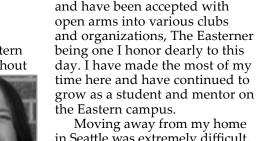
a clue about what I wanted to pursue, I remembered

into and attend, the only things that matter are what you make of it and what the university represents to you.

At that moment, I didn't truly understand what my adviser meant. All I knew as a freshman was that I wanted to make friends and be accepted.

Coming to Eastern opened my eyes to possibilities I didn't even know I had.

In my last three years at EWU, I've made great friends



in Seattle was extremely difficult, however. Homesickness would wrap around my shoulders like a wet blanket, and there were days I would call my father just to have someone to talk to if I felt alone. I knew, and still know, that I will always have a home in Seattle where my family and close friends live.

Yet, I also made Eastern my home.

To me, a home is defined as a location, a place of residency with immense significance in regards to growth, love and acceptance. The symbolism of a home is surrounded by the idea of nostalgia with past memories and younger times that have shaped you into

the person you are today.

I can say, without a doubt, that Eastern has definitely done that for me in more ways than one. I started my first job, ever, here at The Easterner as a copy editor, not knowing what to expect or what I would be able to gain from this job. I questioned whether college was the right fit for me as a first-generation student and contemplated whether a college path was even what I wanted.

I took a lot of risks while at EWU, from my first job to which degree I wanted to obtain.

I call Eastern Washington University my second home because I can look back at my time as a young college student and see how much I have grown here, including at The Easterner. Through all the ups and downs of being a student and being away from my family in Seattle, I found acceptance and love here on the EWŪ campus.

Remembering my adviser's words of wisdom has made me

understand what a "home" means after all these years of being at EWU. My home is here on the brick pathways through the campus mall, walking the streets of Cheney and seeing how far I've come on my journey through college.

By making the most of my time here, regardless of location, I made Eastern my second home. Eastern represents all my growth, lessons learned and has shaped me into the woman I am today.

Whether you're a freshman moving from the west side of Washington, just like I did three years ago, or a transfer student from another state - or even another country - EWU can be an accepting place if you are willing to make the most of your time here.

And to you, readers: I hope vou find comfort on Eastern's campus and make it your home away from home, too. Be open to change and always grasp opportunities of growth as they arise.

Welcome home, Eagles. Cheers to another year!

ObamaCare provides, gives access to students in need

By Aaron Bocook staff writer

I woke up this morning to my ringing telephone.

lector, though. It was Kara Holden, DPT, my physical therapist. It was 9:20 a.m. and I had missed my 9:00 a.m. appointment.

"Don't worry," she said, "We have a cancellation at 2:30 p.m."

The reason I missed it is simple. This is a new game for me.

Next Wednesday, Oct. 1, is not only my 32nd birthday; the date marks 13 years since the last time I had health insurance in 2001.

Another ringing in my ears.

My mother's voice about 13 years ago: "If you're going to get sick, do it now because the day you turn 19, you're off my insurance." Bummer.

I am a non-traditional college student for the same reason I have not had health insurance for the past 13 years. I have never lived above the poverty line, I was born into it. Luckily for my mom, she inherited some stock when her father died that allowed her to buy a house, and pay for health insurance for herself. Unlucky for me, because with the interest from the stock, this put her just at the income line that would have given me only about \$250 per quarter in financial aid, right when I was set to start college. So, I waited. I waited until I was old enough to be eligible for financial aid based on my own income.



I went back to school when I was 26, and have had a great experience. Besides an education, the other thing that college gave me was the most basic of free health care coverage. Basic meaning trips to Rockwood Clinic for examination and treatment of cold, flu and minor injury. Still not real insurance, but better than what I had had in years. Until now.

People can call President Obama a socialist, a communist, a non-American, a muslim (I'm still trying to figure out why that would matter), or even the dreaded N-word. But guess what? I embrace everything he is, because I only associate one word with him: access.

I have worked as a line cook for the past eight years, and recently had to quit my job due to crippling pain in my lower back. Three times in a six month period I woke up unable to walk, and it was terrifying.

Earlier this year, I applied for Washington State Apple Care, part of Obama's Affordable Healthcare Act, and qualified.

All of the literally back-breaking work I had done, all of the 10 to 12 hour shifts I had given up having fun on Saturdays for, and I had earned barely over \$13,000 for 2013.

So I went to Rockwood Clinic, a familiar name to me from being an Eastern student. I presented my shiny new health insuran

riencing was diagnosed as a bulging disc in my lumbar vertebrae, and I signed up for my first four physical therapy sessions.

Sure, the system is far from perfect; like most new things, it needs time to be streamlined. But for so many Americans like me, it is a chance to have something that we have never had, or have not had in a long time: basic health care.

When the next round of "Obamacare" signups comes around, I encourage everyone to sign up.

It's time for something new.

THE EASTERNER

Serving the EWU community since 1916

LETTERS TO THE EDITOR

LARRY TY HOLMES **Opinion Editor**

easterner.opinion@gmail.com

Requirements:

Bocook

something my adviser in high school told me: No matter what university you Ruse get accepted

70 Chinese foreign exchange students this year.

She made it clear that learning Chinese is a profitable language for those who wish to study abroad. There are scholarships available for those who already know the language; with China being a country that many people don't study, finding scholarships should be easy.

Making this more enticing, Eastern has partnerships with colleges in China making a starting point for students studying abroad.

With China's status as a major global competitor, people who are fluent in Mandarin will have a legup as they look for employment opportunities.

So let's start saying "Nĭ hăo."

All editorials are read and approved by the Easterner editorial staff. Contact easterner.opinion@gmail.com for more information.

card with my fingers crossed behind my back, hoping it would work, feeling guilty for being poor, feeling guilty for quitting my job, but most of all, feeling pain.

Then, a sweet wave of relief and pure joy came over me when they swiped my card, and handed me a brown wooden clipboard and pen with a flower taped to it.

I was in. Within three weeks, the pain I had been expe-

LETTERS TO THE EDITOR

Cathy McMorris Rodgers should help hard-working students

Dear Editor,

As the parent of an Easterner and a visitor to Cheney this week, I have seen that there are many students who work hard to put themselves through college and yet, they struggle. Your federal representative Cathy McMorris Rodgers should help hard-working students and the economy by co-sponsoring Bill # H.R. 2116. This bill would expand and protect the Earned Income Tax Credit. Currently, only people over 25 can take the credit on their taxes

and receive an economy-boosting refund at tax time. H.R. 2116 would expand the credit to young adult workers, 21 and older. The Earned Income Tax Credit has lifted many people out of poverty. Ronald Reagan said it was his favorite tax credit because it encouraged work and boosted the local economy.

Readers should call Rep. McMorris Rodger's office and urge her to cosponsor H.R. 2116.

Phone: 202-225-2006/509-353-2374

By Diana Tyree-Eddy Kitsap, Washington -Letters should be 300 words or less and typed, or legibly handwritten.

-Include your full name, signature, telephone number and email address for verification.

-We reserve the right not to publish letters; furthermore, all letters are subject to editing. -Letters must be received no later than Monday at 10 a.m. in order to be considered

Editorial policy

We encourage the EWU community to submit letters and opinion pieces that conform to the requirements listed above. Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.

Easterner Asks: If you could learn a language, which one would it be and why?



"Russian. *My girlfriend is Russian* and I want to understand her family better."

Dexter Calkins



"Finnish. I am going into education and they have a good education system."

Nikky Littleton



"German. Because they sound super tough."

Lily Mundell

START LEADING OTHERS.

START ABOVE THE REST

START BEING EMPOWERED.

START DEFINING YOURSELF.

START MAKING A DIFFERENCE.

START ACCOMPLISHING MORE.

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<u>SPORTS</u>

Sept. 27, 2014

Eastern @ UC Davis at 6:05 p.m.

Oct. 4, 2014

Eastern @ Home against Idaho State at 1:35 p.m.

Volleyball

Sept. 25, 2014 Eastern @ North Dakota Conference at 5:00 p.m.

Sept. 27, 2014 Eastern @ Northern Colorado Conference at 6:00 p.m.

Golf

Sept. 29 - 30, 2014 Eastern @ Rose City Collegiate at Aurora, Oregon

Oct. 13 - 14, 2014 Eastern @ Pat Lesser Harbottle Invitational at Tacoma Country & Golf Club

Eagles edge Bobcats in instant classic, 52-51

By SAM DEAL sports editor

For the second game in a row, the Eastern football team found themselves in a shootout ending with each team putting up over 50 points.

Unlike their loss to the University of Washington, EWU head coach Beau Baldwin's team was able to come out on top as the Eagles slipped past Big Sky rival Montana State University Bobcats, 52-51.

The game was the first time since 1986 that MSU and EWU played each other in a non-conference game.

Even without Big Sky ramifications, the game still had the feel of late season in conference football.

"Any time you play a great Montana State team, if anything I expect them to move forward and do great things. I expected this type of feel in a strange way," said Baldwin.

The team played well, but with a margin of victory so close it is easy to isolate a pair of plays where the Eagles showed slightly better execution, eventually helping to secure the victory.

After the Bobcats' second touchdown, the team attempted a two-point conversion and failed as quarterback Dakota Prukop's pass sailed out of the back of the end zone.

In a similar situation, with 27 seconds remaining in the game, Baldwin made the bold decision of sending his offense onto the field to attempt a two-point conversion after a late touchdown by running back Mario Brown, which would put the Eagles up by a point.

With the ball in his hands at the most crucial moment, quarterback Vernon Adams Jr. did what he has done so many times in his career as an Eagle: after failing to find an open receiver, Adams scrambled into the end zone, putting Eastern ahead for the win.

"That last drive, I'm just so happy we executed, and we got that win," said Adams.

The win moves the Eagles to 3-1 on the season, priming them for next weekend's conference opener against University of California, Davis.

Eastern has looked strong up to this point with one loss occurring against UW in a game where the Eagles showed that this team can play with anyone in the country, no matter the division.

This was the third high profile game of the season and the Eagles' second consecutive road game.

Next weekend's opponent, UC Davis, will be the third straight road game for



EWU and SHSU prepare for the snap of the ball on Aug. 23.

Photo by Laura Lango

the Eagles, who do not return home until the Hall of Fame game on Oct. 4 against Idaho State.

According to Adams, the team is not worn down from playing consecutive road games.

"No, not at all. We just have to start fast and finish strong," said Adams.

While the Eagles have played strong in each of their

road games, a return to Roos Field will be a nice refresher for the team, which cruised to victory in each of its first two home games this season.

Before Eastern travelled to face rivals UW and MSU, they faced off against Sam Houston State University and University of Montana Western.

Against SHSU the Eagles were able to avenge three

straight losses against an opponent who clearly had Eastern's number up to that point. The game was the first of the college football season.

The second game at Roos Field brought UMW, who played a tough game, forcing Eastern to take the team seriously and play starters the majority of the game.

This weekend's win keeps the Eagles rolling into

the next part of their schedule, looking to maintain their recent dominance of the Big Sky Conference.

After the first game of the season, senior safety Tevin McDonald made a statement that has been backed up by his teammates to this point in the season.

"I don't think there is team that can play with us in the country."

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SPORTS

NFL criticized for inaction of players

BY SAM DEAL sports editor

The NFL season has been underway for three weeks, but football is far from the topic many fans are concerned with.

The videos of Ray Rice and his then-fiancee, now wife, Janay Palmer grabbed the attention of NFL fans not only because of how shocking they are, but how the NFL has failed to appropriately respond.

Unfortunately, Rice isn't the only player to have domestic violence altercations recently.

Superstar Adrian Peterson, running back of the Minnesota Vikings, was indicted on charges of negligent injury of a child on Sept. 11. Jonathan Dwyer, running back for the Arizona Cardinals, was arrested for aggravated assault after headbutting his wife on Sept. 17. Ray McDonald of the San Francisco 49ers was arrested for domestic violence against his pregnant fiancee on Aug. 30, according to USA Today NFL player arrest database.

This is not a random spike in violence, but a pattern that the NFL has long ignored.

A year ago the NFL was in the middle of a concussion lawsuit filed former players, many of whom are now disabled after years of failure to take notice of the lasting effects of concussions.

The focus of many will not be on the game of football, but the effect it has on the men who play.

Each of these issues have their differences, but there is one clear correlation: Behavioral issues resulting from violence in football

situation The has been a black mark on the league, which will remain for a long time unless the NFL takes action to change the culture.

Many young kids in this country idolize football players and hope to be just like them when they're older; this keeps many of the best young U.S. athletes playing football.

What if mothers of young boys see the professionals, beloved by their sons, either disabled by the effects of concussions or abusing women and children because it is the only way they've ever known how to handle challenging situations?

The answer is simple: the children will not be allowed to play.

The NFL has spent the last two seasons trying to reduce concussion injuries with rule changes that limit the amount of contact to players' heads.

Now the league must be proactive, showing its players that domestic abuse is unacceptable and will not be tolerated.

The one "Because you know thing all athwhat? As a man, letes are about is the game; that is the only taking it away thing we really is the best way respect. We don't to show that respect women, we this is serious and cannot condon't respect kids. tinue to happen. Take them off the Sept. On by over 4,500 field because they'd 14 ESPN analyst and NFL respect that"

> Cris Carter ESPN Analyst

the mindsets of many players. "We are in

Hall of Fame

inductee Cris

Carter revealed

a climate right now, I don't care what it is, take them off the field. Because you know what? As a man, that is the only thing we really respect. We don't respect women, we don't respect kids. Take them off the field because they'd respect that," said Carter Rice has been suspended, Peterson's team has held him out of games, Dwyer's season was ended by his team; only the San Francisco 49ers have allowed McDonald to continue playing. The removal of players from the game is certain to get the attention of everyone connected to the NFL, but it is not enough to change the culture. The league needs to be more proactive in prevention of these situations to avoid a repeat of what has happened during this season. Domestic violence needs to have a larger role in the annual rookie symposium, and there need to be more outlets for current players to go to off the field. With strict discipline and early education, the NFL can move on from this black spot on its record, protecting their players and families. Protecting the integrity of the NFL has been a major goal of NFL commissioner Roger Goodell. He has an opportunity do that here by showing millions of NFL fans, men in particular, that striking a woman or child has no place in American society.

Volleyball Eags look to end losing streak



Photo by Ron Swords for GoEags.com

Allie Schumacher cheers with teammates after a score.

Eagles achieved first winning streak since 2010

By Elohino Theodore senior reporter

At a current record of 4-9, five games under .500, the EWU volleyball team look to find answers in the Big Sky Conference.

Associate head coach Michael King said the team has played highly during the season, so far. "I think we really played well at times," King said.

"I'm really proud of the fact that we've been down games 0-2 and we have really fought back in games three, four and five really well," King said.

Senior opposite hitter Kelsey Julian is optimistic about this season.

"We started off really strong down in South Carolina and North Carolina," Julian said. "We have had some great times, we've also had some low moments. We're still figuring things out." The EWU volleyball team started off their season in Wilmington, North Carolina. The Eagles would begin competing against multiple teams on the road in the Hilton Garden Inn Wilmington Mayfaire Classic. Their first test was on Aug. 29 against Fairfield where they defeated the Stags, 3-1. Julian was among the top performers with 12 kills, two blocks and two digs while hitting .333 for the game.



While concussions have shown to alter moods and affect a person's decisionmaking, as well as their ability to handle emotions, they are not the only explanation as to why domestic abuse is a prevalent problem in the NFL.

Professional athlete culture doesn't follow societal norms that most people in this country have come to understand. Many of these athletes have been conditioned through their entire life to care about only one thing.

Football in particular is in a constant state of conflict, and the players are taught that the appropriate response is violence to achieve their goal.

Under no circumstances is this an excuse for athletes to abuse people off of the football field.

The NFL, until this season, has shown little concern for the safety of the people who are with their players outside the game. This was clearly evident after Rice was suspended for just two games after the first video was released.

He has since been cut by his team and suspended indefinitely.

Another notable perforhmer was junior outside hitter Allie Schumacher. She helped out with six digs and two blocks while putting away nine kills.

On the same day, the Eagles won their second match, 3-2 against the high-level North Carolina State University team.

"They're normally a top 50 team in the country," King said. "I thought we played really, really well against them. We might be their only loss of the year."

Eastern won in a dramatic fashion by forcing a fifth and final set and winning in the last moments of the game. Senior outside hitter Melissa Waelter earned a double-double with 13 kills and 10 digs. As a team, the Eagles recorded 11 blocks for the game.

The team would go on to lose their next two matches against Coastal Carolina, 3-1 and the University of North Carolina Wilmington, 3-0.

Ana Jakovljevic spikes ball during match.

Photo by Ron Swords for GoEags.com

The Eagles went on another winning streak. On Sept. 2, Eastern defeated the College of Charleston, 3-2. Julian recorded a career high of 21 kills, Schumacher chipped in with 20 kills, while Waelter put up her second double-double of the season with 19 kills and 15 digs.

Julian views the non-conference games as a positive challenge for the team.

'It's just a great test to see where we lack, where we're doing great at, where we need to strive to," Julian said.

Eastern's next win would be on Sept. 5 against High Point University where they defeated the Panthers, 3-2. Julian and Schumacher had 14 kills each, while freshman setter Nicole Rigoni added 28 assists with seven digs.

After the wins in September, the Eagles lost their next four games

against the University of Portland, the University of Missouri, Boise State University and Seattle University. They lost to Portland, 3-1, Missouri, 3-1, Boise State, 3-0 and Seattle, 3-2.

The Eagles traveled to San Diego, California where they faced California State University Northridge, University of San Diego and Stanford University.

On Sept. 18, EWU fell to California State University Northridge, 3-0 in their first game at the University of San Diego Invitational. The Eagles would go on to lose against San Diego and Stanford, 3-0.

"All these teams are very physical," King said. "They have a lot of offensive weapons in a multitude of different areas.'

Eastern will play on the road against the University of North Dakota on Sept. 25.



