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## Easterner, Vol. 64, No. 27, May 15, 2013

Associated Students of Eastern Washington University

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# BAT BOY FOUND IN THEATER!



CAST HAS GREAT STAGE-PRESENCE, SAY THEATER-GOERS. P. 5

# THE EASTERNER

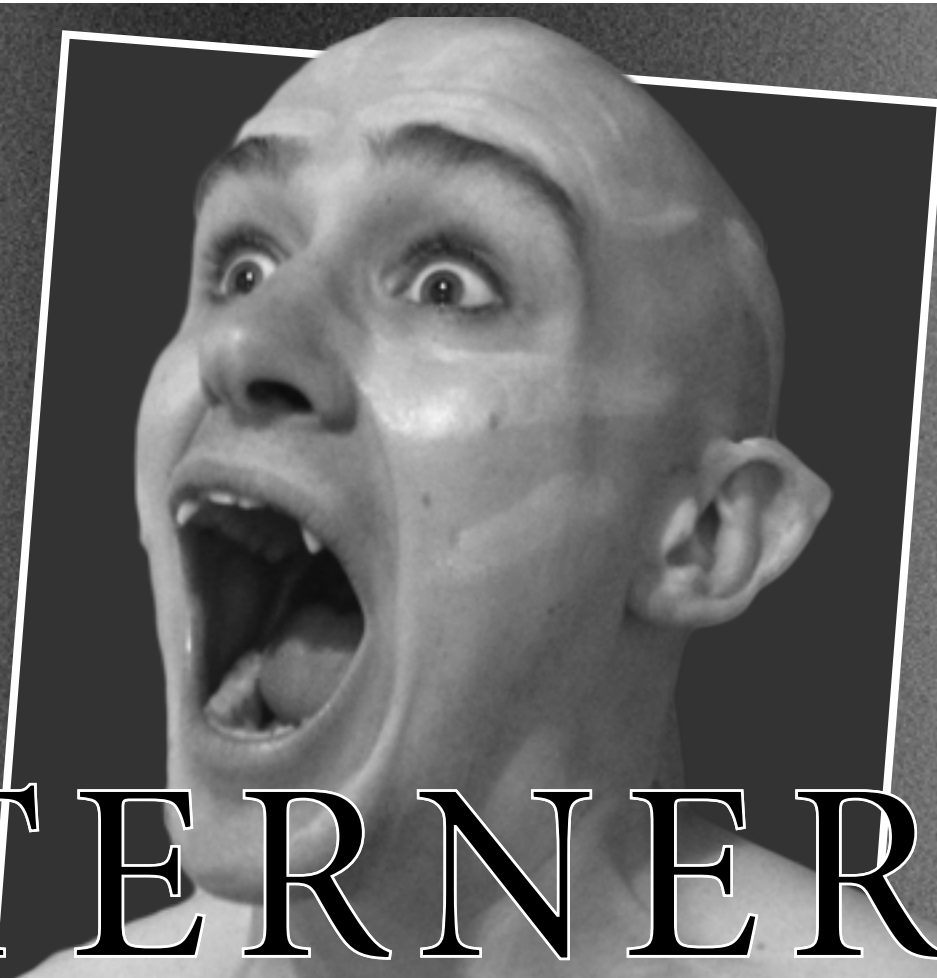
Eastern Washington University

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Volume 64, Issue 27

May 15, 2013

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**Books2Eat** returns to JFK Library on May 22. Voting at 1 p.m. and the event goes until 4 p.m. For more information, call 509-359-2264.

If you want to go to the May 31 **Macklemore and Ryan Lewis** concert and you voted in the 2013 General Election, go to the bookstore during business hours to pick up your free concert ticket until May 17. Remaining tickets will be made available to nonvoting EWU students on May 20.

Caprice Hollins, PhD., will be the keynote speaker for the **2nd Annual Diversity Week** celebration, which runs from May 20 to 23. Hollins will give a workshop on May 20 in the PUB multipurpose room from noon to 1:30 p.m.

The **6th Annual EWU Community Food Drive** will begin on May 20. This year's goal is 3,000 cans of food. Watch for collection boxes in buildings around campus. For more information, contact Molly Ayers with the Office of Community Engagement at 509-359-2792.

EWU and the Daniel and Margaret Carper Foundation are sponsoring a lecture by Bart D. Ehrman, PhD., which will take place May 23 at 6:30 p.m. at the Martin Woldson Theater at the Fox. Ehrman has written more than 20 books, including "Misquoting Jesus," "God's Problem," "Jesus Interrupted" and "Forged." The lecture is free and open to the public.

The 2013 Visual Communication Design BFA Exhibition, **Ad Infinitum**, will begin with a reception on May 24 at 6 p.m. in the EWU Gallery of Art and will be on display until June 6.

The last **ASEWU student council meeting** will be on June 16 from 4:30 to 5 p.m. in the PUB Fireside Lounge.

The last **ASEWU work sessions** are on the following Tuesdays from 4 to 5 p.m. in PUB 307: May 14, June 4.

Send your calendar events to [easterner.editor@gmail.com](mailto:easterner.editor@gmail.com).

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## Old blue lights are sign of bygone era

By Galen Rock  
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The emergency blue light systems, seen scattered around campus, once served a purpose: to give students in immediate danger a way to get in touch with authorities.

It seemed like a great idea at the time, but that was the 1970s. Since then, campuses have seen the rise of cellphones and more modern safety hazards that have largely rendered these machines useless.

EWU Police Detective Quincy Burns, who admits that the blue lights do get more false alarm calls from curious children and visitors

than actual emergencies, believes that there is a place for these systems in the event of an emergency, but it is going to take modern thinking as well as modern resources for these machines to have a practical use.

"Public safety is about layers," said Burns. "You can't rely on one thing or another to give you the full picture. That is why we are looking to do a major upgrade to all of our machines."

The upgrade would quicken the time it takes to get in touch with an actual dispatcher and speed up the response time. The system improvements would also include a video surveillance system that

would allow law enforcement to see what exactly is happening at a specific tower or what happened to get the full scope of an incident.

One of the more notable upgrades Burns mentioned was the addition of a public announcement system to the towers that would send out a mass notification around EWU in the event of a campus-wide emergency.

"We believe this could cover a lot of public-safety bases for us," Burns said. "The current system needs a lot of upgrades and this upgrade is going to serve on many levels. You need the infrastructure."



Photo by Aaron Malmoe

**LIGHTS-PAGE 3** Blue lights stand as monuments to an outdated system.



Photo by Peter Sowards

Cheney fire department assists Laura D. Shumway, who crashed her 1985 Ford Bronco into four other vehicles in the parking lot outside Cadet Hall on May 9.



Photo by Peter Sowards

Saleh Alsudais is consoled by a Cheney Police officer after Alsudais discovered that his car was involved in a collision outside Cadet Hall. His car was one of four cars damaged May 9.

## Car collides in parking lot

By Peter Sowards  
SENIOR REPORTER  
[packerfan4life@gmail.com](mailto:packerfan4life@gmail.com)

A woman sustained possible neck injuries in a car accident on May 9 on Washington Street along the EWU campus.

Cheney resident Laura D. Shumway, 46, was heading north on Washington Street near Cadet Hall at approximately 3:15 p.m. when she began driving erratically, according to a police report. She sideswiped a gold Honda Accord, then careened into the parking lot and damaged three more cars.

Shumway was cited for negligent driving in the sec-

ond degree.

Despite a 16-inch barrier separating the sidewalk and the parking lot, the 1985 Ford Bronco jumped the obstruction, swiped the front of a Pontiac and pushed a Lincoln Continental sedan nearly two parking spaces from its original resting spot and into a Jeep Liberty.

James Scarcello was driving south on Washington Street when he saw the woman's Ford Bronco swerve in and out of his lane. "I pull over. She swerves into my lane where I was, zooms past me, and I'm thinking, 'Oh God, that could have been me,'" Scarcello said. Despite the presence of pe-

destrians on the sidewalk, no bystanders were hurt. Physical therapy student Elaina Straus was walking southbound on the side of the street near the Cadet Hall parking lot when she saw the accident develop about 50 feet in front of her. According to the police report, Straus told police that the driver blew her left rear tire, which caused the accident.

She described the vehicle as "flying down the road." Straus also said that the woman had a small dog on her lap at the time of the accident.

The dog was removed from the vehicle and remained on the scene until someone came to claim it.

# Lavender graduates celebrate

By Linsey Garrison  
STAFF WRITER  
garrisonlinsey@gmail.com

EWU honored soon-to-be college and high school graduates at the fourth annual Lavender Graduation on May 9 in the Showalter Rotunda.

The event is a cultural celebration held every year at colleges and universities across the country to commemorate the academic and personal achievements of lesbian, gay, bisexual, transgender, questioning and ally students graduating in June.

Dean of Students Amy Johnson welcomed students and their families.

"No one breaks ground or affects change without standing on the shoulders of someone who came before and helped pave the way," said Johnson. "As you mark your own significant, personal achievements, I hope you take time to recognize those who have laid a foundation for you, ... and I hope you continue to



Photo by Anna Mills

**Keynote Speaker Kye Allums believes gender is a feeling, and you cannot determine how others will view you.**

blaze and solidify a trail, which others may follow."

Pride Center Coordinator Sandra Williams gave out ally awards to 10 recipients including EWU faculty, parents of gradu-

ates, Pastor Happy Watkins and the women and gender studies department.

"These are some special people that are [being] acknowledged for what they've done in the lives of

these folks that are graduating," Williams said.

Graduate student Deanna Carroll presented an award to her mother as a thank you for her support. Sue Lecoe had frantically called Williams the

day before asking that her daughter be able to participate in the graduation ceremony.

"My daughter is an ally and it's something she's looked forward to all year. ... She earned it," said Lecoe.

Graduate Kurt Hayley Coffey from Lewis and Clark High School and EWU graduates Lucia Vazquez and Darrel Greene spoke and shared their life experiences relating to being a part of the LGBTQ community.

The keynote speaker was Kye Allums, a 2012 graduate of George Washington University who made history as a student by becoming the first openly transgender athlete on a division I women's basketball team.

Allums told his story about his family struggles being raised as a girl in Minnesota, his transition to a gay high school student and then to a transgender male student in college.

"Gender is like music. There is no explanation, I just feel it. When someone says, 'OK Kye, you're a girl, I'm go-

ing to say, 'she and her' that's my bad song. That's my Justin Beiber. I don't want to hear it," said Allums, "When you call me a man, that makes sense. That's my Beyonce."

Now dedicated to empowering and educating the world about transgender issues, Allums has started a project called "IMEnough," where people can record their voices and share stories.

"Your voice matters. If I would have had an experience that I could listen to about stuff that I was going through, it would have made all the difference. That's why I do what I do," said Allums.

The evening's entertainment was provided by Beth Mies' stand up comedy. Eagle pride member Joshua Neil read the poem "I want to know what it's like" by Ryan James Yezak, and two musical performances were given by Douglas Emerson and Hannah Maki.

Fifteen students received lavender stoles, and an honorary stole was given to Allums. Pastor Happy Watkins closed the ceremony.

# Service and Activities Fee Committee proposes budget, distributes nearly \$4.9 million each year

By Lorna Hartman  
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There are questions among Eastern students about how their service and activities fees are used, how the allocating decisions are made and where the money goes.

According to Vice President for Student Affairs Stacey Morgan Foster, who is a Service and Activities Fee Committee member, service and activities fees are part of tuition and are tied to tuition rates.

When tuition rates go up, service and activities fees can also go up, but only in proportion to the rise in tuition. This is optional, however. Fees do not have to go up when tuition goes up.

"Almost \$4.9 million gets distributed each year," said Morgan Foster.

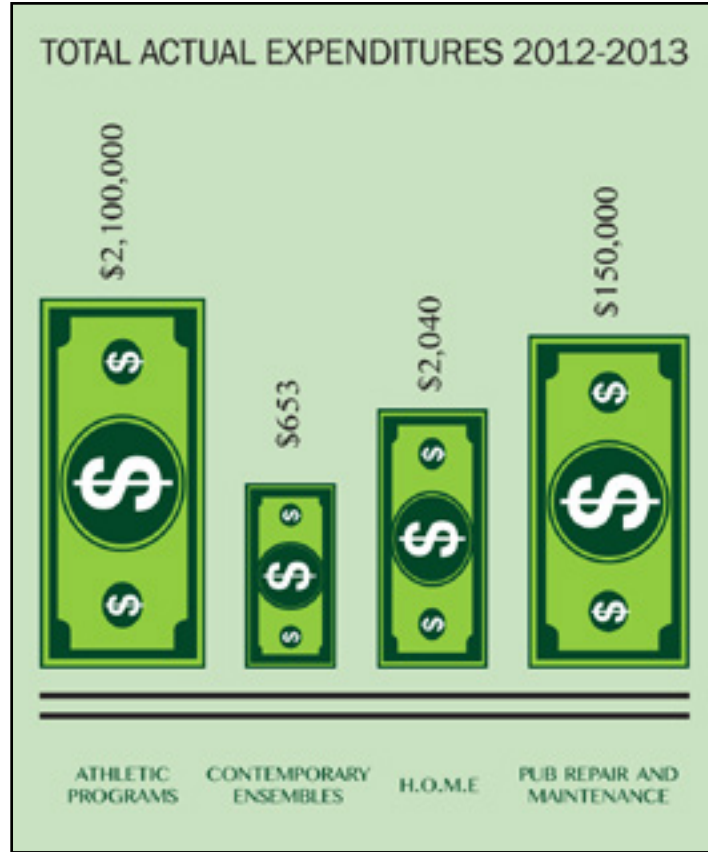
The job of the Service and Activities Fee Committee is to plan and present the service and activities budget for approval by the board of trustees, according to the Service and Activities Fee Committee web

page. This process includes a lot of financial research and reading by committee members, according to LeeAnn Case, associate vice president of auxiliary and business services and a committee member.

"I've been on the committee for the last three years, and the students are always very thoughtful in their decision-making process. ... They think things through at a very mature level," Case said.

The first step in the allocation process is current financial obligations. Morgan Foster said, "Anything that was secured by a loan is paid first." Currently, the PUB has some outstanding debt, and that is accounted for before any other budgeting is done.

Morgan Foster said that until 2011, groups with larger service and activities-funded budgets automatically received set percentages of the service and activities budget. Starting in 2011, however, the Service and Activities Fee Committee worked with the board of trustees to institute a new system



Easterner Graphics

in which departments were required to submit a new budget proposal every year rather than automatically receiving funding.

This means that every group or department that

wants service and activities funding for the coming year fills out a budget spreadsheet form ahead of time and provides a written rationale supporting the budget.

Smaller groups simply submit paperwork, but departments with larger budgets usually attend a service and activities meeting to make their budget proposals in person, according to Case.

Then all of the budget requests are compiled so that the committee can see the big picture.

According to the Service and Activities Fee Committee web page, the committee discusses and considers each proposal based on its committee guidelines and its general criteria for evaluating funding requests.

Criteria include, but are not limited to, the degree to which the funding request would support student programs or provide a direct student service that is useful to most students, and the likelihood of finding funding from another source, according to the Service and Activities Fee Committee guidelines for funding on its web page.

Morgan Foster said that the Service and Activities Fee committee maintains what is called a carry-forward fund. At the end of

each year, all unused service and activities funding from groups that did not spend all of the money that year are put into the carry-forward fund.

During some years, this has allowed the committee to operate with supplemental funding and to allocate more funding for special projects.

"We want groups to operate within the budget, but we also want to provide for supplemental funding in case of unexpected opportunities or expenses," said ASEWU Finance Vice President Markus Hammond, the Service and Activities Fee Committee chairman.

For example, according to Case, the campus recreation group had a large jump in its expenditures this year, compared to its original budget.

This was because after the original budget had been approved by the board of trustees, the group had the opportunity to purchase two new buses to serve students at sporting events, intramurals and other similar events.

S&A FEES-PAGE 8

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## 2013 write-in candidates fail to launch

By Galen Rock  
STAFF WRITER  
galen.rock@gmail.com

It has been nearly two years since ASEWU has seen a successful write-in candidate advance past the primaries and it raises the question: Is there still a place for write-in candidates in the ASEWU? Outgoing ASEWU President Becca Harrell believes there will always be a place for these sorts of grassroots campaigns. She was once a write-in candidate herself. "My freshman year, I wrote in for the position of student health and safety services in the primary," Harrell said. "The campaign definitely sparked my career with ASEWU. When I first wrote in for the position, I didn't know what I was getting myself into. But once I became a part of this organization, my passion continued to grow." There are guidelines that these candidates have to follow, and some they may have already broken without even knowing. According to a by-law in Section 5.E., "Any campaigning done by the write-in candidate prior to submitting all required documentation must follow the ASEWU Constitution and all bylaws." This is not the only roadblock potential candidates run into. Write-in candidates also have to acquire at least 50 votes and receive either the most or second most votes for that specific position during the primary election, according to ASEWU bylaws. This is particularly difficult for candidates when the voter turnout is not as high as it once was.

According to ASEWU public relations specialist Frank McNeilly, ASEWU saw voter turnout swing as low as 7 percent during the 2011 elections. There was, however, a substantial growth in voter turnout last year and this year ASEWU saw 2,136 students vote in the primary election and 3,515 vote in general elections, according to an earlier Easterner article. The lack of voter participation, however, still makes it difficult for write-ins who are in need of every vote they can get. Write-ins also have to deal with something commonly overlooked when dealing with regular candidates: name recognition. "It was harder to campaign as a write-in because you have to get people to not only go into the polling station and vote, but also remember your name and how to spell it," said Harrell. "Being on the ballot last year when I ran for executive vice president made campaigning much easier than trying to teach people how to spell my name." The write-in portion of ballots is also home to students who, according to McNeilly, used the space during primaries to write in obscenities and individuals who, according to Section 5.E. of the bylaws, would have had to state their desire to run and complete the election packet, to ASEWU. Harrell, even after the primary write-in shenanigans, believes in the value of the write-in candidate. "I absolutely believe a write-in candidate can be elected into president. It's happened in years past, and when someone has enough passion, anything is possible."

## Graduates saddled with loan debt have repayment options

### Six-month grace period after graduation standard

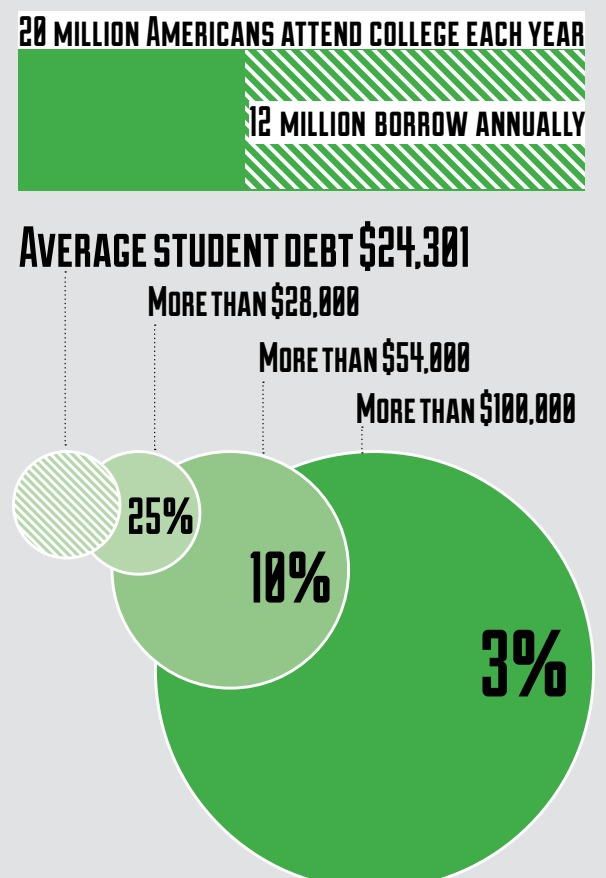
By Libby Campbell  
SENIOR REPORTER  
libbyrcampbell@gmail.com

The average undergraduate college student graduates with an internship under his belt, a diploma in his chosen area of study and debt — lots of student debt. \$24,301 to be exact, according to a 2012 study done by American Student Assistance. More than 37 million Americans have outstanding student loans totaling roughly between \$902 billion and \$1 trillion, according to the study. "You can never start thinking about loan repayment too soon," said Melissa Frank, a program coordinator with Eastern's financial aid office. Bereniz Reyes is only a freshman, but she is already weighing her options now that she has taken out student loans. "I just want to be more educated about loans and stuff like that because sometimes things happen and you don't get scholarships, or you don't get financial aid, and you need to know other options," she said. Federal standards mandate that each undergraduate student has an aggregate loan limit of \$57,500, meaning that is the maximum amount one can borrow over a lifetime for an undergraduate degree.

Frank said it is a good idea to keep abreast of such standards. "That [number] could change next year to a higher amount, or maybe even lower depending on how our economy works," she said. Frank said students getting ready to graduate should get in touch with Direct Loans, which can be done by visiting [www.direct.ed.gov](http://www.direct.ed.gov) or by calling 1-800-848-0979. "They're the ones to call and say, 'I don't even know where to start,'" Frank said. Students need to consider which type of repayment plan will best suit their needs, as generally graduates have a six-month grace period from the time they graduate until they must start repaying student loans. There are a few basic repayment plans. The standard plan has minimum payments of \$50 a month for up to at least 10 years. It covers all loans, including direct subsidized and unsubsidized loans, subsidized and unsubsidized Federal Stafford loans and all Plus loans. Graduates will pay less interest over time on this plan than they would on other plans. Another option for graduates is the graduated repayment plan, which has payments starting lower and increasing every two

years. "Through time, with the philosophy that people get better jobs through time or get raises through time, your payments might start out at \$50, but you may end up at that \$300 or more amount depending on your loan debt," Frank said. This plan covers all loans as well, but graduates will pay more over time than with the standard plan. The income contingent plan is another option that allows graduates to pay off their debt as their income allows.

Payments are calculated based on gross income, family size and total amount of Direct loans. It does not cover federal loans. Graduates will end up paying more over time than the standard 10-year plan, but if the loan is not repaid in full after 25 years of payments, the unpaid portion will be forgiven. Direct Loans offers several other repayment plans. It is important for all students, not just soon-to-be graduates, to plan ahead and research which one will work best for them.



## New international students no longer able to live off campus

By Aascot Holt  
STAFF WRITER  
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Beginning this fall, new international students will not get to choose where they live. Josh Ashcroft, chief housing officer, said that the policy change implements a recommendation made by President Arévalo's international task force. The task force is meant to provide insight on how the university could attract and retain international students. It consists of EWU faculty and staff. Ashcroft said that the new policy aims "to create an environment that helps international students transition to the campus and be [as] successful as students here at Eastern."

regardless of where they come from or what program they are a part of. Atheer Alsabi, an international graduate student from Saudi Arabia who has been at Eastern for over a year chooses to live off campus. Her father came to America with her to ensure her well-being and safety. This lifestyle wouldn't be possible if Alsabi were forced to live in the residence halls. She chooses to live off campus as it provides her with the privacy she desires. "I think [the new housing policy] is not fair because people want privacy." Ahmed Alanazi, a freshman international student from Saudi Arabia has been at EWU for almost two years and also chooses to live off campus. Alanazi said that he does not agree with the new policy as he sees it as a policy

that is good for the school financially, but bad for students as it limits their choices. He said he believes the policy change will create more trouble than the current policy. Alanazi said that he chose to live off campus so that he may live with his sister. He said that they share a sacred relationship in which they can discuss family and other personal topics. He, too, appreciates the privacy an apartment provides. New international students and English Language Institute students can apply for an exemption to this policy. Exemptions will only be given if a student is 26 or older, seeking a post-baccalaureate or graduate degree, coming to EWU from another U.S. institution, married, or a single parent.

## Lights:

continued from front

That is where the EWU Police Department hits a bump in the road. These upgrades can only happen if the department has the funding. According to Burns, upgrades hinge on the money available and there should be some at

the end of the budget cycle on June 30, but nothing is guaranteed. What is guaranteed, though, is the addition of these upgraded towers to the newly renovated Patterson Hall, still under construction, and the new residence halls being constructed behind the URC. For the rest of the campus, innovation will have to wait

on politics. Until that time, students are not completely on their own. These original systems are checked thoroughly once a month. This ensures that any emergency towers are still up to standard and still offer students some sort of help. The EWU Police Department, however, would not disagree that there is still a lot of work to be done.

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# Potential tuition increase of up to 10 percent in next two years, even more for international students

By Linsey Garrison  
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Washington state colleges and universities are objecting to budget proposals put forward by the state legislature that could potentially increase tuition by up to 10 percent in the next two years.

Sen. Michael Baumgartner, R-Spokane, also expressed disappointment with House Democrats plans to increase tuition.

"The House Democrat plan is yet another budget proposal [making] it more expensive to go to college," Baumgartner said. "Stacking more tuition increases on top of a decade of tuition increases is a dangerous

game to play, and the losers, again, are college students."

The legislature did not come to an agreement on the state budget by the time the 2013 regular legislative session adjourned on April 28. A special session was scheduled to begin on May 13.

In a petition addressed to Gov. Jay Inslee and members of the Washington state Legislature, the Washington Student Association and a coalition of other community groups asked that a budget be adopted that increases access, affordability and promotes diversity at Washington universities.

"We're deeply concerned that the revenue sources assumed in the Senate Budget, which unfairly target a sig-

nificant portion of our student population, will harm rather than help these objectives," the petition read. "We are disappointed to see that the House has allowed for a 10 percent tuition increase over the next two years, with no restrictions to stop our universities and colleges from enacting even greater tuition hikes on the backs of students and families in Washington state."

On April 25, the petition was delivered to Sen. Ed Murray and other legislators throughout the day.

"Every budget proposal we have seen put students between a rock and a hard place. Our state can do far better than cuts and tuition hikes on our backs. This petition proves

that over 2,000 people agree," said Angie Weiss, University of Washington Liaison for the Washington Student Association and the Associated Students of the University of Washington Director of Government Relations.

The petition gained over 2,300 signatures in just over a week, with over 900 of the signatures coming from EWU.

"I think it's pretty clear that Eastern students do not agree with funding our higher education system on the backs of students, and low tuition costs for all students should be a priority," said E.B. Vodde, EWU legislative liaison.

Tuition could also potentially increase by another 20 percent for international stu-

dents at Washington universities if the Senate decides to move forward with a bill proposed by Sen. Rodney Tom.

The bill would require university governing boards to include a 20 percent surcharge on all tuition fees for nonresident students who hold lawful nonimmigrant status. Some of the revenue would be used to fund Washington's Guaranteed Education Tuition program.

Out-of-state and international students pay the same tuition at Washington colleges and universities, which, at EWU, is \$10,000 more than what in-state students pay.

University of Washington lobbyist Margaret Shepherd testified before the Senate

Ways and Means committee in April that the added fee could lead to a substantial decrease in international students choosing to enroll at colleges in Washington.

"The reality of this is, is international students paying for and not receiving any benefit off of their direct tuition," said Shepherd. "Secondly, it is at a rate that we believe will price these students out of the market, which means that the revenue [assumed] in this budget will not be there because these students will not be able to attend [University of Washington] and perhaps our other [Washington] institutions."

# Carefully crafted LinkedIn profile opportunity to showcase ambition

By Lorna Hartman  
STAFF WRITER  
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There is more to attracting the attention of potential employers through a LinkedIn profile than simply filling it out with résumé information and posting a photo.

According to Employer Relations Manager Dena Ogden, creating a profile that will catch employers' attention begins with doing research into the careers and profiles of people who are already doing the job a student wants to do.

Equally important, according to a May 8 article on NewGradLife.com, is that students can use profile searches to find companies where they might want to work so they can research those companies further.

"I want them to look at profiles of people in similar positions, look at companies, look at what alumni have done, ... so that you're creating a professional online presence," says Ogden. "Another [goal] is contact development, getting in touch with ... professionals. People tend to be more forgiving with their time when you identify as a student, and more willing to help."

Ogden said that professionals take an interest in what a student does if the student approaches them ready to learn, saying, "Could I ask you a few questions?" or "Can we connect on LinkedIn?" or "Could I do an informational interview with you?"

Berto Cerrillo, adviser for campus programs, said that a good way to approach LinkedIn is to treat it as an opportunity to build a profile of the professional the student wants to be. "If they want to be an engineer, they can show projects they've worked on or skills they have. A graphic designer is a great one: imaging, designing, flyers, they're able to really showcase those skillsets on LinkedIn," said Cerrillo.

When starting a new profile, a student should go into the "settings" menu, choose the "communications" tab, and click "Select the types of messages you're willing to receive," according to LinkedIn.com. The NewGradLife.com article goes on to say that LinkedIn users should connect with friends, family and colleagues and then ask for recommendations on LinkedIn.



Photo illustration by Aaron Malmoe

Ogden recommends that students participate in LinkedIn groups and discussions. "Groups are a big help for students who are looking to explore a certain area. You're seeing what professionals in that area are talking about, the language and trends. ... It's a huge advantage for students. You can mention it when you're interviewing or having conversations," Ogden said.

"I can say this," said Cerrillo. "If you're looking for an employer who's more cutting-edge and looking at the whole person, they're definitely going to be just as interested in your LinkedIn profile as in your résumé."

He said that when he looks at LinkedIn profiles, he is not merely looking for a skillset that matches his hiring needs; he is looking to see how their story fits into his. According to Cerrillo, students should think about what they want to become and find examples of that ambition that they can add to their LinkedIn profile, such as work samples and blogs.

Cerrillo said, "LinkedIn is a great way for students to show that story, that journey of trying to become a person who's at the front of that career, and to show the work they have done up to that point. Be upfront about the big dreams and the big goals, and talk about how you're getting there."

## Ten tips for setting up and maintaining a solid LinkedIn profile:

- Use a professional email address, or at least one that is neutral.
- Post a polished, professional-looking headshot of yourself wearing professional attire.
- When entering your skills, remember that these will also be keywords for your profile. When people search for these keywords, they will see your profile. (Later you will ask the people you are connected to to recommend you for whichever skills each one can vouch for.)
- Set your headline by going to your profile page and choosing "edit profile." The headline is directly under your name on your profile page. Make sure its style appeals to the types of employers and companies you want to attract.
- Fill out the basics first, such as past positions, current position and professional memberships.
- Then, add extras such as blog links, work samples or your Twitter account.
- Compare your profile to profiles of people doing the job you want. Do you need more skills or more experience?
- Start working on needed areas of professional growth. Post regular LinkedIn status updates on your continuing professional activities.
- Join LinkedIn groups in your professional areas. Read the discussion board frequently.
- Post up-to-date professional news and educational items at least once a week.

# Secretary of State speaks to young voters at EWU

By Jake Kershinar  
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Secretary of State Kim Wyman made a stop at Eastern this past week on her civics college tour across Washington state and promoted the importance of voting and being involved in the community for young voters in Hargreaves Hall.

Wyman is the first female secretary of state in the state of Washington since 1912. As the Secretary of State, Wyman is responsible for supervising elections in the state and also acts as state historian.

Wyman, however, did not know the job even existed until about 20 years ago.

"I decided to go to [graduate] school and found a passion for public services," Wyman said. "I went to a college of about 6,000 to 7,000 students and wasn't involved in campus affairs at all. I really didn't know what I wanted to do for awhile."

Even though it took her some time to figure her life out, Wyman encouraged the students in attendance to find a passion early so that way they could enjoy their line of work.

"If you don't love your job, then you need a new one," she said.

Wyman said that what got her to where she is now was focusing on the issue of raising awareness for young people to vote.

"When you do not vote, you are giving all the power to the people that do vote," she said. "It's what motivated me to pursue the profession. It stems from missing an election when me and my husband were stationed in Germany and Los Angeles County didn't get us an absentee ballot in time and I didn't get to vote. I was in my mid 20s, and it was one of those pivotal defining moments where you realize, 'That really matters to me.'"

Wyman also addressed the issue on why the age group 18 to 24-year-olds make the lowest percent of voters.

"I think that there is a lot going on at that point in people's lives," she said. "Unless [that age group] have had someone in their lives to influence them to help them see the importance of voting, it's not necessarily a high priority. Then it becomes an issue of, 'Well, officials don't listen to me because I'm young.' Well, then it becomes an issue of officials don't listen to you because you don't vote."

A huge voting incentive for young voters, Wyman claimed, is when there is something on the ballot that does affect daily lives directly and used Washington state's issues on gay marriage and legalization of marijuana as an example.

"A lot of times, it's buying their first house and seeing their property taxes go way up," Wyman said. "But it's usually some event or election that inspires them."

ASEWU Legislative Affairs Representative Shelby Pelon moderated the event and interviewed Wyman at the start of the event for about five minutes on her political career and personal life.

"I was a little nervous at first," Pelon said. "I've never done anything like this before. I found myself really admiring her and wanting to be like her one day."

Pelon is a government major and is the former president of the Washington Student Association.

"The fact that [Wyman] was able to come out to Eastern really means a lot to us," said Pelon. "Every time we have a secretary in office who's passionate about the youth vote, [it] makes our work so much easier. It really does help a lot to know that she's in office and that she's doing whatever she can to make sure that we're successful."

"I think she had a lot of good advice to give," said ASEWU President Rebecca Harrell. "I think a lot of the time we get wrapped up in trying to figure out life right now, and it's nice and refreshing to see someone who's been so successful and to see that when she was our age she didn't have life figured out."

Harrell said she did not know if politics would be in her future, but did admit her passion is with advocating for students.

"As long as you know what you're doing is right and you're advocating for the students, then I think that is something you can feel good about," Harrell said.

Wyman visited 16 campuses from April 17 to May 8 and found that Eastern had a unique quality over other campuses she visited.

"You can tell there is a real sense of community and connection here," Wyman said. "There is a great deal of respect and camaraderie. It's a feeling that doesn't happen everywhere, you can tell there is something special about this campus."



# Bat Boy takes over theater

Eastern's spring production captures drama and comedy

By Paul Sell  
STAFF REPORTER  
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When I first heard about "Bat Boy: The Musical" my thoughts were of a baseball play followed by something to do with everyone's favorite caped crusader getting a new sidekick.

Both were far from what the newest EWU theatre production was about. Ultimately, I'm thrilled with how the theater department handled and created this play.

"The play was so intense," said Kristin Duprie, who was in attendance. "It had a mix of different emotions. It was comedic, it was a little awkward at times, but it was also intense."

In the city of Hope Falls, W.Va., a group of spelunkers find a boy with pointed ears and sharp teeth deep within the cave, dubbing him "Bat Boy" and bringing him back to town after he bites one of them. Once there, he is taken to the town's local veterinarian, Doctor Parker, who is all for killing the "abomination" until his wife, Meredith, steps in, wishing to tame the wild beast and raise him as if he were their son.

What immediately threw me for a loop is that, from looking at the basic plot summary, this play sounded eerily similar to the 1990 Tim Burton film, "Edward Scissorhands."

The good news is that the style and present-

ation of the play is drastically different from Burton's film, and it never once feels like the two are similar. While watching the first half, if the production felt like anything, it was similar to the mood and childlike wonder of a Disney movie, like "Beauty and the Beast" or "The Lion King."

This was achieved with comedy being sprinkled throughout all the dramatic scenes and the wide range of musical numbers that enhance the story and characters.

There is a range of humor here, from the physical comedy such as the town's sheriff always pointing his gun at anything that spooks him, to verbal humor like Bat Boy being taught how to speak through BBC language tapes and having a slight English accent.

"The comedy was very creative," said Justin Laddusaw, who attended the play. "It really felt like something I hadn't seen before."

As for the musical portions of the play, there are plenty of different styles and types of music, including jazz, rap and even a Michael Jackson-esque number, complete with everybody wearing white gloves.

What I will remember the most about "Bat Boy: The Musical" are the performances of the main cast and how each member was able to deliver several moments of humor and drama. Cody Bray, who plays Bat Boy, always kept me fascinated by what weird noise he would make after hearing it from others. Yet, at the same time, his singing voice had much power and strength behind it.

Then we have Martin Sanks, who plays Doctor Parker. Sanks does a fantastic job at making Parker look absolutely pathetic and weak in his own household, which is hysterical.

Mandy Gray, who plays Meredith, did a wonderful job at being the strong, yet supportive, mother-figure while also having great comedic banter with Sanks. Finally, Lexie Hoffpauir, who plays Shelley, the Parker's daughter, has some very strange, yet unique, scenes with Bat Boy to break away from the typical teenage girl character.

"The acting all around was good and funny," said Andrew Logan, who attended the play. "Everyone had really strong voices and great stage-presence."

Views expressed in this review do not necessarily reflect the views of The Easterner.



Photo illustration by Jane Martin  
EWU student Cody Bray transforms into Bat Boy.

# Muslim students have different views on hijab



By Haley Lewis  
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Many students may have noticed the large population of students on campus, especially women, wearing scarves covering their head.

Robert Sauders, professor of anthropology, said this scarf is called a hijab, which is a general term describing body coverings. Hijabs range from simple coverings of the hair to cloak-like dresses that cover the entire body from shoulder to ankle or foot.

Student Nadia Ahmed Hethail, who is half Saudi and half American, came to the U.S. in 2006 when she turned 18 and said these cloak-like dresses are called abayas.

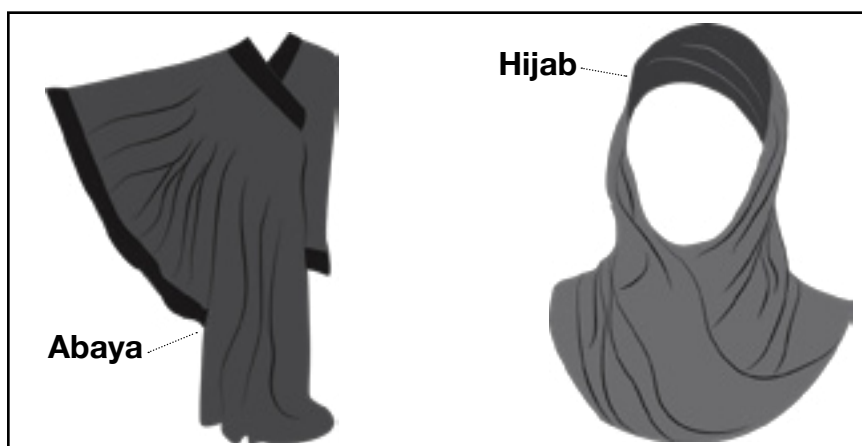
Back in Saudi Arabia, Hethail said, schools enforce a dress code requiring girls to wear the hijab and abayas around puberty age.

"It is a part of Islam religion to be modest, and religion is the law over there," Hethail said.

When entering public spaces where unfamiliar men are present, according to Hethail, women are required to wear the abaya and hijab.

Women do not have to wear the abaya and hijab in front of other women or male family members.

Most students on campus do not wear the abaya and just wear regular clothes with the hijab.



Easterner Graphics  
In Islamic tradition, women wear abaya and the hijab when they are in public.

"Some perceive it as a religious obligation [as well]," said Sauders. "And will not don the hijab until they are at a point of spirituality when they can do it." He also said covering the head

occurs in other religions and cultures including some Christian communities, Sikh, Hindu and Jewish communities, and in certain parts of Asia and Africa. "Why women and how wom-

en veil varies greatly," said Sauders. "In some place, it's obligatory, and other places, it's a choice. Then there is everywhere in between."

Hethail chooses not to wear the hijab and said she took it off as soon as she reached a safe airport on her way over to the U.S.

"It wasn't for me," said Hethail. "Wearing it doesn't prove I am any more Muslim, and doesn't make me any less of a Muslim because I don't cover."

Student Hawa Hussein is from Somalia and is also a Muslim.

After she came to the United States in 1998, Hussein's parents slowly introduced her to wearing the hijab as a way to remember to practice Islam since they now lived in a country where their

HIJAB-PAGE 7



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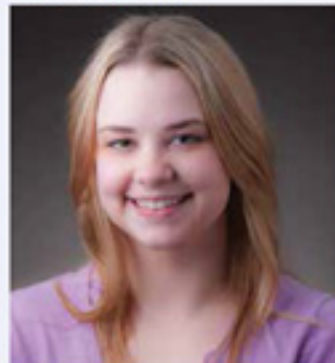
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# THE DISH

SPRING 2013

Lexi Schmitt



Dining Services is welcoming Lexi Schmitt to their team of full time staff as of March 25th. Schmitt has been working in the Tawanka Business Office since Fall Quarter 2012 as a part time employee and jumped at the opportunity to become a full time staff member, filling the Business Office's vacant Program Assistant position, this spring. Schmitt, a recent graduate of Eastern Washington University with Bachelor's degrees in both History and Philosophy and a Minor in English, has already held three different positions in Dining Services throughout her years as a student and is eager to begin her career at her Alma Mater as well.

When people think of Dining Services here at Eastern Washington University, it's sometimes hard to imagine all that goes on behind the food production. Lexi Schmitt has held three different office aid positions for all the productions that serve as a foundation for Dining's various operations on campus.

When referring to her current supervisor, Kirsten Bettcher, Schmitt says, "She is awesome!" Schmitt goes on to say that she has immensely enjoyed all her supervisors during her experience with Dining Services thus far. "They have all been really fun and flexible".

As well as enjoying her coworkers and supervisors, Schmitt says that she has learned a lot during her time working for Dining Services. "I have always been a really hard worker and I love to work" she admits, "But I have also learned [while working for Dining] how to adapt to things that come up and to be prepared for anything. You get this overall awareness". Schmitt goes on to say that working in Dining Services is exciting because you do something different every day. With all the new events and functions happening all the time on campus, as well as helping students with their meal plans and EagleCards every day, there is never a dull moment in the Business Office.

You get this overall awareness". Schmitt goes on to say that working in Dining Services is exciting because you do something different every day. With all the new events and functions happening all the time on campus, as well as helping students with their meal plans and EagleCards every day, there is never a dull moment in the Business Office.

Schmitt says that her favorite part about her job aside from the variety of responsibilities she undertakes every day is the opportunities that come along to be creative and to interact with the student population. Whether it's putting together a gift basket or balloon bouquet for the Thinking of You program or whipping up a new coupon for The Brickhouse, Schmitt fully enjoys every opportunity to apply her creativity at work.

When asked how she applies her degree at work, Schmitt responded, "They taught me to be aware of ideas that are different from mine and to appreciate critical and abstract ways of thinking. They have definitely been beneficial to my life as a whole". Schmitt adds that having been a student recently really helps her to identify with the customers she sees every day at work as well.

by: Chelsea Twiss

Aaron Ambute



Tawanka Main Street Dining's new production chef has been working in the restaurant and food service business for eight years now after serving in the military. Ambute's passion has always been with cooking. He graduated from the Art Institute of San Diego with an Associate's degree in the science of culinary art as well as a Bachelor's degree in culinary management.

Ambute's particular expertise in his culinary experience is the art of using seasonal products and developing dishes around the usage of fresh, local ingredients that don't contain genetically modified organisms (or GMO's). His most current venture in EWU's Dining Services is to meet the special dietary needs of students on campus including lactose free and gluten free menu options. Ambute is expanding Main Street Dining's menu with dishes like vegetarian savory bread pudding and assorted quinoa dishes.

When discussing his interests, Ambute says, "I read a lot and like to experiment in my own kitchen with both old fashioned and modern cooking". Ambute has also been getting into gardening lately. His motto in cooking is, "If you do what you love, people will come in and eat. Don't do something that's not within your personality". Ambute is bringing his passion for cooking to Main Street Dining and shaking the menu up a bit. Doing what he loves best has been a treat for Ambute "It's like I don't even have to work" he says.

by: Chelsea Twiss

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www.ewu.edu/dining

Call: 509.359.6184 Fax: 509.359.4829  
www.facebook.com/EWUDiningServices



# Students find sanctuary amid college life

Groups hold regular prayer meetings

By Kate Daniel  
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Some students use prayer for religious or spiritual guidance while others employ it as a method of relieving the pressure brought on by spring quarter classes, job searches, the approach of graduation and 21st century life in general.

"Prayer, even when undertaken by atheists, can be understood as a mental exercise for focusing upon the good, one's blessings, one's hopes, one's moral responsibilities in the face of a crisis or challenge; hence, prayer, broadly defined, can be viewed as beneficial by people of all worldviews," said Kenney Garrett, religious studies professor at EWU.

While Gonzaga and Whitworth have chapels in which students can pray, EWU does not currently have a designated spot for students to go. Many students have formed faith-based groups such as Chi Alpha and the Compassionate Interfaith Society. Some of these groups and organizations hold regular prayer meetings open for students to attend.

Muhammed Omar, a premed sophomore who spent his childhood growing up in Ethiopia, said that in Ethiopia the call to prayer can be heard for miles around,

whereas in the United States, people are generally more reserved. A practicing Muslim, Omar said he often uses empty classrooms in which to pray.

Zieb Alqahtani, a Muslim student from Saudi Arabia, said that he too uses empty classrooms in which to pray. He and Omar both said their lives on campus would be greatly benefited by the designation of a prayer room. Alqahtani said that the necessity of using empty classrooms means the possibility of being interrupted by incoming classes or wandering students.

Alqahtani said Saudi Club members have been asking EWU administration to supply such a room for well over a year. He said he would like the room to be open to students of all faiths—a sanctuary in which to practice religion freely and peacefully.

According to the 2012-2013 ASEWU President Becca Harrell's reports to the EWU Board of Trustees, Caleb Morgan, ASEWU diversity outreach representative, has been working with the campus faith groups to progress the plans for an interfaith space within the PUB upon its remodel.

Ayesha Malik, an officer in the Compassionate Interfaith Society, confirmed that the group is working to plan a space for students of all faiths to pray in the PUB.

Benjamin Bouwman, a junior at EWU, is a member



Easterner Graphics

Several students have formed faith groups, which include Chi Alpha, the Saudi club and the Compassionate Interfaith Society.

of the Christian prayer and bible study group Chi Alpha. The group holds weekly group prayer meetings in or outside of the PUB.

Bouwman said that he supposes anywhere quiet is a good place to pray, but could not think of anywhere specific that students preferred to go.

He said that prayer is a good way for students to stay connected with God

and avoid the temptations to stray from their faith that college life may present.

Allison Schmalli Stillmaker, a senior at EWU and member of Chi Alpha, said she attends weekly prayer group meetings and also prays on her own while walking through campus.

She said that as a community adviser in Morrison, she has observed many students

who live in the residence halls praying in their rooms or in the study rooms.

Schmalli Stillmaker said that she thinks of prayer as an opportunity to relax and meditate, a chance to release some of the worries associated with busy, complex collegiate life.

"The act of giving up what you're worrying about is a big part of prayer, and also just being able to sit and

be for a little bit," she said. "Being able to take that time to relax is really important, not just spiritually, but physiologically."

Students' beliefs and practices may vary, but according to Kenney, one thing holds true.

"I do recall the old maxim that, 'As long as there are tests on a campus, there will be prayer,'" Kenney said.



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The {SEX}tion

When it comes to sex, always be prepared

By Aascot Holt  
STAFF WRITER  
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The effectiveness of your contraception could be affected by what you choose to drink with breakfast.

#### Start the Discussion

Let's be honest: In heterosexual relationships, women are consistently saddled with the choice, expense and proper use of contraception, not to mention the consequences of the use of contraception or lack thereof.

However, all genders should know how to protect themselves and their partners regardless of their relationship status.

It can be really tough to bring up the topic of contraception and sexual history, especially for new couples and those who are sexually inexperienced.

"If you're embarrassed to talk about something like contraception, maybe you're not comfortable enough to have a sexual relationship with this person," said Elizabeth Kissling, an EWU women's and gender studies professor.

"I think most men are more sensitive than we give them credit for. But they often don't know how to express [sexual health concerns]. At the same time, they [may not] feel the need to express their concerns because they already have it settled in their mind," said Carol Gahl, student health coordinator at Cheney's Rockwood Clinic for the last 15 years and certified physician's assistant.

If your partner, regardless of gender, is not opening up to you, open up to them first. Sharing some of your innermost thoughts will help your partner feel more comfortable sharing their opinions.

"Sometimes you do just have to say, 'If you're not willing to talk to me about this, then I'm not willing to go to that next level. This is important to me,'" said Gahl.

#### More Than One

Using more than one contraceptive method can significantly reduce the likelihood of pregnancy and spread of sexually transmitted diseases and infections. Gahl said, "There is no contraceptive method that is 100 percent. Nothing is fail-safe."

To bring effectiveness statistics closer to home, think of 100 women who don't want to get pregnant standing in a room together. The estimated percentage of failure is the number of those 100 women who accidentally get pregnant.

Three types of contraceptive methods are recommended as most reliable: physical, spermicidal and hormonal. If you combine two of these methods, the likelihood of pregnancy drops dramatically. If one of the methods chosen is a physical one, the likelihood of getting a sexually transmitted infection or disease drops drastically as well.

#### How to Choose the Method for Your Madness

Planned Parenthood's "My Method" contraceptive quiz helps suggest methods that are right for your lifestyle at <http://bit.ly/103kaT>. Straight males should answer the questions from the perspective of their partner.

Keep potential side effects in mind. Gahl recommends getting all of your prescriptions, including birth control if applicable, from the exact same pharmacy to ensure that none

## THE DISH

SPRING 2013

Estevan Ruiz



The student body, faculty and staff will be seeing some new dishes served up at Dining Services' Baldy's this quarter conceived and whipped up by production chef Estevan Ruiz. Ruiz has a vast wealth of experience and knowledge with cuisine which is almost as great as his pure passion for creative cooking. Estevan is no novice when it comes to supplying high volume food production without sacrificing quality. "You can take nicer food and make a high volume of it with great quality as if [the dish] was being made for just two people," Ruiz explains.

Ruiz has also worked for Gonzaga's Dining Services, but his experience cooking for Spokane's Country Club is where he really applied and expanded his cuisine creativity. At the Country Club, Ruiz had the opportunity to create dishes for fine evening dining as well as obtaining a wealth of knowledge surrounding ethnic variety in his chef repertoire. He even had the opportunity to work alongside a renowned chef from Thailand creating native Thai dishes which was very exciting for Ruiz, considering Thai food is his personal favorite ethnic food. Red curried cod and Thai steak salad are among some of Ruiz's favorite Thai dishes to whip up.

As far as his experience in Baldy's so far goes, Ruiz has many new ideas and menu options to offer Eastern.

He is already working with Sue Meverden, a supervisor at Baldy's, on creating "Street Food" dishes from around the world for students to enjoy. "I think it will be nice for the students to have that variety of culture, especially the exchange students on campus. I think they would appreciate that," Ruiz commented. Ruiz's vision for Baldy's offerings involve keeping up with the upcoming trends in food, utilizing feedback from students and keeping ethnically diverse dishes as authentic as possible.

Ruiz emphasized that he wants to be visual and available to students who have ideas or suggestions of their own. "Feedback is helpful for me and for them" he said. Ultimately, Ruiz wants to get his consumer audience as involved as possible in keeping it fresh and fun at Baldy's. He gave an example of how a red pepper polenta he served up last week was well received by those who tried it. "Your food reflects you" Ruiz explained. It is very important to him that students enjoy what Baldy's has to serve. So next time you're up at Baldy's be sure to let Ruiz know what's on your mind. You can also reach Estevan Ruiz by messaging Baldy's Facebook page at: <https://www.facebook.com/EWUBaldys>

#### Food from World Nations Make a Grand Entrance at EWU

Part of the excitement and joy of diversity week at Eastern is the food. Tuesday, Wednesday and Thursday of diversity week will feature recipes from Dining Services that originated in different parts of the world. Paul Kile, the manager of Tawanka Main Street Dining, said that the same four areas of the world as last year will be represented by Dining Services' locations: the Middle East/Mediterranean, Africa, Asia and Europe/America. Kile said that fried sesame balls and rice cakes with coconut and haupia were added as new bakery samples.

Four Dining Services locations are contributing food because there are 26 recipes that will be featured. Kile said that dining services started from scratch with the food last year and had to do months of testing in order to perfect the food for sampling.

This year, the three new bakery recipes have to be tested, and the other recipes from last year will have to be tested once or twice to ensure that food preparations go smoothly.

On May 21, students will be able to sample koeksisters, Kuwait Honeycaker, baklava and stuffed dates. On May 22, students will be able to sample fried sesame balls, pfeffermasse cookies, rice cakes with coconut, haupia, Iraqi date and sesame balls and milk tarts.

On May 23, Tawanka, Baldy's, The Roost and Swoops will be set up in stations of the four corners of the PUB MPR. Each will have food representing different parts of the world.

The cost will be free and students will be able to sample food from all four stations.

Tawanka: Middle East/Mediterranean

- Kabsa
- Baba Ganoush
- Falafel

• Caprese Salad

Baldy's: Africa

- South African sambai
- African Chop
- Joll of Rice

• African Stew

The Roost: Asia

- Bul Gogi Skewers
- Yakisoba Noodles
- Tandoori Chicken

• Gujarati Style Green Beans

Swoops: America/Europe

- Quiche Lorraine
- Bratwurst/roll
- BBQ Pork Spareribs
- Fried Bread
- Mexican beans and rice

by: Frank McNeilly

# Around the campus in 90 minutes

Tour guides lead visitors across EWU

By Jasmine Kemp  
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Lauren Brewington is trying to explain the details of the JFK Library when a student on his bike flies through the tour group singing "Baby, baby, baby, oh."

Brewington is a tour guide for Eastern, and students singing Justin Bieber lyrics are just some of the things she encounters on her tours.

Every weekday at 11 a.m. and 2 p.m., tour guides like Brewington welcome parents and prospective students to the Eastern campus for a walk-through tour, giving the basic explanations about some of the buildings on campus like the PUB and the residential halls.

Visitors are encouraged to ask questions.

"I like to make the tours open and friendly," Brewington said. "I like making them a bit personal so students can relate."

The Rouse family took the tour, and before it, Scott Rouse said he would not be surprised if anything out of the ordinary happened with current students on the tour.

"I was that age once," Scott Rouse said. "I sometimes still think I am."

Scott Rouse's father attended Eastern and his son, Javin Rouse, and daughter, Delaney Rouse, are both prospective students.

Javin Rouse is a Running Start student who said he was looking



Lauren Brewington answers questions for the visitors she is leading on the tour around campus.

Photo by Cori Olson

at Eastern because it was close to home. He said he was planning to live off campus.

The most common happenstance on visitor tours that occurs, according to Katelyn Johnston, a peer adviser, is students showing off their school spirit.

"Although, one time I had this one guy and you could totally see he was having a bad day," she said. "He came up to us and yelled, 'EWU sucks. Don't ever come here.'

He went on about how he hated a teacher."

Johnston and Brewington said they hated it as well when professors think it is necessary to teach the tour group.

"We have a set time limit [of 90 minutes], and we can't go off track too much," Brewington said.

During one of the tours, one professor in the Computer Engineering Building decided to show the group what two students were

working on for their senior project.

"I let it slide that time because there were people [interested] in the computer science major in the group," she said.

However, as Brewington said, professors taking control of the tour group has hardly happened to her.

"During the elections, we had a tour, and all the candidates were out cheering us on," she said. "It's nice that they're not only candi-

dates but they're showing their school spirit."

The tours give an important perspective to upperclassmen in high school, but they also give tours to underclassmen and middle school students. Sometimes the students are younger, according to Brewington, who said the youngest group she has given a tour to was in sixth grade.

"I had some ninth graders ask me what [time] curfew was," she said. "It wasn't so far off, but it was weird. I mean, it's college, you don't have curfew. And I get questions like, 'How do you get to class?'"

Brewington has experience with children because she volunteers with the Domino Project at Eastern. A requirement to become a tour guide is training before the start of fall quarter, which Brewington took part in during the summer.

Training includes a two-hour tour where all the trainees and experienced tour guides walk around campus and go into detail about the history of the school and the basic services certain buildings provide, according to Brewington.

"We have to take a test and then we have to give a tour to our boss," she said.

Eastern tour guides used to be required to join the Eastern Ambassadors Club. This year, according to Johnston, that requirement was scrapped due to the urgent need for tour guides but will be back in place next school year.

"Eastern is a big community, but it's still small enough where I can still see people I know," Brewington said.

## OPINION

### Senioritis: a swelling of the apathy glands

By Davis Hill  
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Graduating students have many challenges yet ahead: final tests, job applications and last-minute GEGR crises. But none of these compare to the true end-of-the-year crucible: the dreaded senioritis.

What is senioritis? It's an affliction whereby you simply don't feel like doing anything productive anymore. Speaking of which, you want to go grab a smoothie?

No, no, I can do this. OK. Senioritis is actually a totally normal re-alignment

of priorities—after years of late nights, hurried microwaveable dinners and emotional isolation, you're ready to start living a little. You want to be healthier, have more time for friends and just generally enjoy life. You're burned out.

This is actually a good thing. Burning out gives you an opportunity to extinguish old, unhealthy habits and form new ones. It yanks you out of autopilot and forces you to look critically at your life.

The peculiar danger of senioritis is not that you make bad decisions, just that you're making them several months before you should—you're re-calibrating for post-college before you've actually finished school.

Also, you get way behind on things. For example, I didn't even start writing this piece until yesterday. It isn't even finished yet, and it's already in the paper.

Anyway, senioritis is something you need to avoid if you wish to retain any hope of graduating. Below is a checklist with some common senioritis symptoms. For every situation that pertains to you, give yourself five points. Then, forget about them, because that's stupid.

#### Your schedule changes without warning

Most seniors have figured out that sticking to your schedule is key to succeeding in class. So when you suddenly realize that for the past week you've spent more time scheduling Firefly

episodes than study sessions, you know something's wrong.

#### You can't sleep

You just don't feel tired. Spring is here and you're feeling itchy. You want to play frisbee or you're looking at a new house; if you're single, maybe you're reconsidering maintaining this status. You feel like inviting friends over on a weekday.

#### Skipping class

Talk to your doctor if you are graduating this spring but still find yourself attending class. This is often a sign of a severe life deficiency—as in, you need to get one.

#### You regret your own success

We put so much emphasis on academic success: grades, awards and excellent papers. But your GPA comes at a price: that success creates pressure to succeed more.

Everyone wants to know what you're working on or what's next or what your plans are. Ironically, it seems the more academically successful you are, the more likely you are to suffer from senioritis. If you'd just stayed under the radar, your last quarter wouldn't be so bad because no one would expect you to do anything.

#### You forget what you were talking about

You probably weren't paying attention in the first place. It's hard, because you just don't care anymore. Anyway, one of the symptoms of senioritis is that you forget what you were talking about. You probably weren't paying attention in the first place.

#### You say things you don't want to

Keeping criticisms and opinions to yourself is a large part of getting along with others and functioning in society. When senioritis hits, though, everything starts coming loose—especially your lips.

You must hold fast. One more month and then you can trash your professors and school co-workers to your heart's content. For example, all year I've been wanting to tell my piano teacher that he's a real—see? It even almost happened to me, and I'm a professional.

## Hijab:

continued from page 5

religion was not pre-dominate.

Hussein stopped wearing the hijab once she got older because it did not fit her personality.

"When I came to college, I felt like an individual when I took it off," said Hussein.

Saudi student Tahani Alsaed said she wears the hijab to protect her from physical attention from others and also because

her religion emphasizes modesty.

"To [show] I am a Muslim, to respect me [is why I wear the hijab]," said Alsaed.

Saudi student Daren Atih said she likes to wear the hijab because of her religious pride.

"We are proud of [the] hijab," said Atih. "It is kind of fashion for us. It makes me more beautiful."

Some non-Muslims may have some misconceptions about the hijab.

Sauders said some women find the hijab lib-

erating because it takes the pressure off their looks.

"[The reasons are] sexualization, objectification and exotification gets stripped away when wearing a hijab because then you are being dealt with as a person rather than an object," said Sauders.

One misconception about women who wear the hijab is they do not have hair, according to Atih.

Hussein said some people think wearing the hijab is oppressive to women. This idea is not true because many choose

to wear the hijab of "their own free will," as some of Hussein's friends have chosen to do.

"Wearing the hijab doesn't oppress them just like being naked doesn't liberate anyone," said Hussein.

Hussein said she does not need to wear the hijab to show off her faith because Allah knows that inside her heart she is following him.

"If the hijab is the only declaration of faith, then I don't know what any of us are," said Hussein.



# THE DISH

## SPRING 2013

### EWU Offers Healthy Campus Dining Options

Eating healthy is a battle that the Eastern community fights during the winter. Dining Services is testing offering healthy options for Eastern for planned spring quarter events. Tawanka Main Street Dining served a Mediterranean style dinner on March 6. "The Mediterranean diet in general ... using olive oils ... has a lower heart disease rate and lower obesity problems," Dave McKay, director of EWU Dining Services, said. "I think it is a great thing for people to be exposed to and incorporate into their diet." The Mediterranean dinner at Tawanka was a test run for EWU's diversity week in May to see what kind of recipes would be used, according to McKay. "During this time of year we find that students get in a little bit of a rut," he said. "It is really easy to start to go to the pastas and the comfort foods." March 7 was a trial for selling fresh produce, called Fruit and Produce Buy the Piece and Pound Market Day, in front of the Eagle Express Market. "It is a test run for what we will do every Thursday during spring quarter," McKay said. "We are going to do a little feature on fresh fruit produce." Recipe cards will be available for students to take and will have the option of purchasing the ingredients at market day to make the recipe on their own. "A salsa recipe card is simple and straightforward; we will have the ingredients there if they want to buy them, take them home, and make them," McKay said. Don's Greenhouse in Cheney is providing Roma tomatoes, cilantro, onions, baby carrots and more, according to the list of market day providers. Millers Homestead in Cheney is providing fresh honey, according to the list of market day providers. The FruitGuys, based out of San Francisco, are providing sustainable fresh fruit along with some standards including bananas, oranges, apples, pears and more, according to the list of market day providers. The produce will sell by the piece and the pound, but the pricing is based on how much the providers sell it to Dining Services.

### Eagle Express Fresh Market

Every Thursday 11 am - 3 pm





TAW 120, Cheney, WA 99004  
www.ewu.edu/dining

Call: 509.359.6184 Fax: 509.359.4829  
www.facebook.com/EWUDiningServices





## Police Beat

**By Linsey Garrison**  
STAFF WRITER  
garrisonlinsey@gmail.com

**May 6  
8 a.m. - Vandalism**  
Graffiti, mainly two large graphics, were found on the challenge course and dugouts. A signature on the images was not discernable. There are no suspects at this time.

**2 p.m. - Domestic Dispute**  
Officers responded to a call about a married couple fighting in the campus mall area. The incident was verbal only.

**6:30 p.m. - Vandalism**  
Graffiti was found in an area behind the Phase. Black and blue paint was used on a concrete railing. There are no suspects at this time.

**May 7  
2:30 p.m. - Theft**  
An external hard drive was stolen from a computer lab in the RTV building. There are no suspects at this time.

**May 8  
6:56 p.m. - Fire**  
Five fire alarms were activated on the 10th floor of Pearce Hall. A student was cooking and accidentally caught something on fire, and then threw it in the garbage. A community adviser was able to put the garbage can out with a fire extinguisher. Damage was minimal.

**May 9  
4:20 p.m. - Marijuana violation**  
An officer on bike patrol responded to a call regarding four students smoking marijuana near Ninth Street and Oakland Street. One student admitted to having drugs and was cited and released.

**May 12  
9:30 p.m. - Police Timely Warning**  
A female student was grabbed while jogging through the alley behind Brewster Hall between 9:10 p.m. and 9:30 p.m. The suspect is described as a male of unknown race, 5 foot 7 to 8 inches tall and wearing a black hooded sweatshirt,



Illustration by Vania Tauvela

**May 8 - Fire**  
Fire alarms were activated in Pearce Hall. A student was cooking and accidentally caught something on fire. The fire was put out with a fire extinguisher. Damage was minimal.

possibly red shorts or shoes and carrying a white grocery bag. Anyone with information is asked to contact the Cheney Police Department at 509-535-9233.

### Tip of the Week:

The police department would like to remind everyone to be aware of their surroundings and travel in groups after dark.

## S&A Fees:

continued from page 2

Other special projects funded this school year, according to Hammond and Service and Activities Fee Committee meeting minutes, include club sports teams that had an unexpected opportunity to participate in a national championship; the Macklemore concert; and a new digital mixing board for the PUB multipurpose room.

These out-of-budget requests were made using the supplemental request form, which, according to Case, is a form that groups can use to make special budget requests that fall outside of their usual annual proposal.

"Over the last two years, the [committee] has become very transparent. They put ev-

erything on the Internet. Anyone can come to a service and activities meeting," said Morgan Foster. "The service and activities committee is an independent committee that is not controlled by student government. The purpose [of that] is to avoid any entanglement because the service and activities gets money themselves, and there needs to be a purposeful intention to have the group be as independent as possible."

"The committee is heavily weighted toward students," said Case. "It's student money, so we want students to have a large say in how the money is spent."

Students with concerns, ideas or questions about the Service and Activities Fee Committee or its budgeting process can contact the ASEWU financial vice president.

## Senioritis:

continued from page 7

OK, we know the symptoms, but how do you cure senioritis? The best cure I've come up with is to pull out your schedule planner, count backwards to ten, drink two beers in a row

and then meet your friends outside for softball.

I guess that isn't really much of a cure, but that's OK by me. I just don't really feel like thinking about it right now, you know?

*The views expressed in this column do not necessarily reflect the views of The Easterner.*

## Sex:

continued from page 6

of the chemicals interfere with one another. She also wants to remind students to tell your provider your complete medical family history, or as complete as possible, to minimize the likelihood of negative side effects of hormonal contraception.

**Dealing with Embarrassment**  
Purchasing contraceptives can be embarrassing — at least the first few times around. To keep things private, there are a few ways to purchase contraception incognito.

If you are on a prescription method of contraception and are nervous about picking it up in Cheney for fear of running into someone you know, you can either transfer your

prescription to a pharmacy in Spokane or get your prescription mailed to you. Switching to a pharmacy in a bigger community means you're less likely to be found by someone you know. Gahl said that birth control pills could be less expensive via a mail order program through your insurance company. She said it arrives in an inconspicuous brown box.

If you are nervous about buying condoms or any other non-prescription contraception, Amazon is your friend. If you are into supporting local businesses and immediate access, Lovers, a regional adult store in Spokane located on Division Street, carries dozens of varieties of condoms, including nitrate condoms for those allergic to latex. Lovers is a particularly good place to go because their staff is extremely knowledgeable. They often

run specials on single condoms for maximum experimentation. Keep an eye out for coupons in the Inlander, too.

### Chicken or egg for breakfast?

"Grapefruit juice [and grapefruits] can interfere with many medications [including birth control]. The chemicals in the grapefruit juice and the high acidic content can cause something to dissolve and metabolize so quickly that you'll get this spike and it will drop off quickly, so you may not get that 24 hour coverage," said Gahl.

Gahl said that soy has estrogen-like effects and could also interfere with hormonal birth control. Keep that in mind, health-food fans.

Gahl said that there are some medications that can inhibit the effectiveness of hormonal contraceptives as well.

Antibiotics in the penicillin family and migraine medications are the most common inhibitors. St. John's Wort, a natural supplement; Topamax, a migraine and anti-seizure medication; Nesazodone, an antidepressant; tuberculosis medications; meningitis medications; and diabetes medications in the glitazone family can also inhibit the effectiveness of hormonal birth control.

### New to the Nest?

Gahl recommends these contraceptives for those who are new to sex in this order:

1. Birth control pill
2. Depo Provera shot
3. "Extremely consistent use" of condoms and spermicide

*The views expressed in this column do not necessarily reflect the views of The Easterner.*

## THE EASTERNER

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The Easterner is open to any EWU student or faculty member who wishes to write or copy edit news stories.  
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# THE DISH

SPRING 2013

## The Mediterranean Diet

During Spring Quarter, Baldy's is featuring a variety of foods based on the popular Mediterranean Diet. This diet holds an emphasis over healthy eating and exercise along with eating mainly plant based foods including fruits, vegetables, whole grains and legumes. Fish and poultry serve as the primary protein sources. The chefs also use healthy olive oil to cook most dishes. Look for their featured items each day!



## Classifieds:

AAA Self Storage - offering a summer storage special for new tenants! Pay for 2 months of storage and get the third month free! Just take this advertisement to Walkers Property Management at 1407 First Street, Cheney or call 235-8260.

## Graduation brings new challenges

By Kyle Harding  
OPINION EDITOR  
easterner.opinion@gmail.com

While graduating college is a cause for celebration, it is tough to celebrate when the future is so uncertain.

As I near the end, I feel accomplished. I should also feel relieved. However, the sense of relief has been replaced with full-blown anxiety.



Harding

Every day I worry about having a job after I leave. I have sent in more job applications in the last few months than I care to count. Every week, I update my portfolio of writing samples and search for jobs. Some job, any job, I am not picky. I just want it to relate to my journalism degree so that I feel like the last four years have not been a complete waste of time and money.

This is the reality of graduating from college in post-2008 America. I have known many long-term unemployed people over the past few years. I also know some "discouraged workers" and underemployed folks who are not counted amongst the ranks of the unemployed. I do not want to be one of those people. I do not want to be unsure every month about whether or not I will be able to pay my rent or utilities or buy groceries. I would like to have some leftover money to put away for the future.

To put things in perspective, I am not the 22-year-old that comes to mind when you think of someone graduating college. I recently turned 28 years old. I know that is not ancient, but I have a sense that I should already be on track with my life.

I feel like my life is beginning late. I want to have the foundations of a career already, instead I am just starting. The whole point of going to college was to better my station in life. At this time, I am unsure of whether or not I am better off than I would have been had I forgone higher education.

On a less pessimistic note, not everything is doom and gloom. Indeed, when I do get a job in journalism, it will be because of experience gained at The Easterner. Without it, I would have no published writing samples to show to prospective employers, no practical knowledge of journalistic writing. Having a college newspaper to work at has given me two years of relevant experience, which has been more important than any class I could have taken. I have also largely escaped the student loan debt scourge.

Maybe it won't be so bad after all. Maybe I need to be more patient. Maybe I need to take a more active approach to my job search. Maybe I need to be grateful that, in the interim, I at least have some money saved up and a place to stay.

College may be ending, but life is just beginning. And I have a feeling that it will be a bigger challenge than any final I have taken.

## Through the Eagle's Eye

### What are your plans for the summer?

Interviews by Kyle Harding. Photos by Aaron Malmoe.



"Working ... at JFK Library."

Asha Rathod



"No job so I think I'm just going to relax."

Kelsea Morris



"I'm hoping to have a job later this summer but I'm making a trip to Arizona."

Connie Stafford



"I'm volunteering at [a Young Life] camp in Minnesota."

Blake Bailey



"[I am] either going back home to Tacoma or I'm going to do summer classes."

Cinnamen Davis



"I plan on continuing my job at home coaching gymnastics."

Katie Steckler



"This summer I'm going back home to the west side ... maybe try to get a job."

Branden Wong



"I actually won't get a job. I'm just going to hang out for the summer. It's going to be pretty awesome."

Aaron Melton

### Letter to the Editor

## Charging for two parking passes unfair to students

Paying for two parking passes presents an issue for Eastern Washington University students commuting between Riverpoint and Cheney.

We are tired of paying for two parking passes when we are enrolled in both campuses. The students who end up paying for both parking passes have a greater financial burden than those just attending the Cheney campus. Because many students commute between both campuses due to the lack of courses offered in Cheney, there should be a way to lighten the financial burden of paying for two parking passes.

Researching the issue we have come in contact with ASEWU officials. The issue is

Washington State University owns the parking lot, and while Eastern students have incentives to go to both campuses, WSU students do not. We believe it would be beneficial to the Eastern students and to EWU as a whole to invest in a parking lot owned by EWU at the Riverpoint campus. This will allow EWU to regulate parking and potentially create a joint parking pass.

This will create a more balanced approach to the parking services and be more beneficial to EWU students.

Kathlyn Barbero  
Zach Chapman  
Connor Gregg  
Jennie Griffin

## THE EASTERNER

Serving the community since 1916

### LETTERS

Kyle Harding  
OPINION EDITOR  
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### Requirements:

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-Include your full name, signature, telephone number and email address for verification.

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We encourage the campus community to submit letters and opinion pieces that conform to the requirements listed above. Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.

-We reserve the right not to publish letters; furthermore, all letters are subject to editing.  
-Letters must be received no later than Monday at 10 a.m. in order to be considered for publication the following Wednesday.  
-If your letter is in response to a specific article, please list the title and date of the article.

# YOUR OPINION BELONGS HERE

CONGRESS SHALL MAKE NO LAW RESPECTING AN ESTABLISHMENT OF RELIGION, OR PROHIBITING THE FREE EXERCISE THEREOF; OR ABRIDGING THE FREEDOM OF SPEECH, OR OF THE PRESS; OR THE RIGHT OF THE PEOPLE PEACEABLY TO ASSEMBLE, AND TO PETITION THE GOVERNMENT FOR A REDRESS OF GRIEVANCES.

*The Easterner*

# Students grow bored of walking

By Kelly Manalo  
STAFF WRITER  
manalo.kelly@gmail.com

With the increase in sunshine, there has been an increase in longboarders all around campus.

Longboarding is growing in popularity, according to freshman Hanna Fleming.

"I've seen more people out than I have ever [seen before]," she said.

Fleming describes longboarding as an off-season alternative to snowboarding. "I prefer longboarding to skateboarding. It reminds me more of snowboarding."

Walking from the PUB to the Communications Building takes four to five minutes, while riding on a longboard takes Fleming a 1 1/2 to two minutes.

Freshman Nathaniel Koch commented on how it bothers him that there are bricks everywhere, and that it makes it harder to board. "People can hear you from 100 feet away."

"People are mean. They jump in front of you on purpose," said freshman Helena Mazzola.

Another hazard to riding a longboard on campus is that there are squirrels everywhere.

"They just stand there, and you kind of play chicken with them," said Fleming.

"There's a lot of people [on campus], and it's fun to weave in between them," said Fleming. But, some people on campus do not like it when longboarders weave in between them, according to Koch.

"Longboarders don't bother me if they are respectful of the walkways and pedestrians," junior and communication studies major Madalyn Chau said. "Honestly, I wish I longboarded because I'd get to class faster with the wind blowing in my hair."

Concerning tips for beginning boarders, Fleming suggests to not start off with a super long board because they turn a lot slower and it's a lot harder to control.

"Just be in a comfortable spot where you have things to grab onto for balance. Even standing on it in the grass [helps]. Move your feet to feel the flex and get used to the bearings of the trucks. Know how far you need to lean in order to turn before you actually go," said Fleming.

"Don't try and stop because you'll fall. The only way to stop is to drag your foot and if you drag your

foot you'll probably fall," said Koch.

Also, beginners should avoid huge groups of people, according to Mazzola.

The difference between skateboarding and longboarding is that skateboarding is more for tricks, while longboarding is more for cruising around, according to Fleming.

"I've met a lot of people through longboarding. It's started a lot of conversations around boarding," said Fleming.

Fleming would like to own her own board shop and have her own line of boards in Australia or Hawaii.

Both Fleming and Koch agree that there should be a longboarding club on campus. "We should bomb hills every Wednesday," said Koch.

"I want there to be a longboarding club because when you have a huge group of six or seven of you guys all going together it's so much fun because you own the street for a second. It's a cool feeling. If you were to fall you [also] have all these people [there] for you," said Fleming.

Koch prefers longboarding down hills to cruising around. "I like longboarding because you can get an adrenaline rush."



Photo by Kelly Manalo

Freshmen Nathaniel Koch and Helena Mazzola use their longboards to get to class faster.

## Volleyball stacks roster with international athletes

German-born Melissa Waelter will join Eastern's team in the coming season

By Peter Sowards  
SENIOR REPORTER  
packerfan4life@gmail.com

Staying true to a philosophy of acquiring international talent, Wade Benson and the EWU volleyball program have landed another international recruit.

German-born Melissa Waelter, a 49-match starter in two seasons at South Alabama, will transfer to Eastern and join a recruiting class that includes three players of Serbian descent.

Benson described the thinking behind acquiring players with international backgrounds.

"Years ago we were very highly regarded as a volleyball program, and we were able to begin

to start getting the high level U.S. players," Benson said. "It's kind of taken just a small step down in the last couple years, so we've kind of gone international because we've had some contacts, and we're hoping that they bring a little more experience until we can get the highest level U.S. recruits again."

One of the contacts to which Benson refers is Nicole Keyshock, South Alabama's volleyball coach during the 2011-12 season, Waelter's freshman year. After South Alabama opted not to renew Keyshock's contract, Amy Hendrichovsky was named head coach.

"A lot of times when there's coaching changes, sometimes it

"She is a really steady, mature kind of player and will add to our mix real nice."

Wade Benson

doesn't match," Benson said. "Before I left Florida ... I told [Keyshock], 'Hey, if any of your foreigners want out, let me know.' [Keyshock] gave me a call and said, 'Hey, this gal's a potential fit for you.'"

Hendrichovsky said she enjoyed Waelter off the court but that the two had personality con-

flicts. "Maybe over there she can have a better relationship with the new staff," Hendrichovsky said.

Benson lauded Waelter, listed as an outside hitter, as a player with no weaknesses.

"She's a five-tool player," Benson said. "She plays with the all-around game, she doesn't have to come out in the back row and she handles the ball real well. She attacks well. She is a really steady, mature kind of player and will add to our mix real nice as far as we're going to have a lot of depth."

Waelter visited the EWU campus in April and made her commitment two days later.

"I thought everybody was very welcoming, very nice and

polite," Walter said of her experience in Cheney. "Everything's pretty new and very green, natural. I liked that everybody's outside. I thought it looked like a good community."

Benson said Waelter traveled back to Germany on May 10. She will head back to the U.S. mid-July and arrive on campus approximately the last weekend in July to get acclimated. The 2013-14 volleyball season commences with its first practice on Aug. 9.

Born in Arnsberg, Germany, Waelter graduated from Franz Stock Gymnasium in Arnsberg in 2011. She ranked eighth in the Sun Belt Conference in kills per game as a sophomore with 3.08 per contest.

## Players build muscle during offseason conditioning

Athletes spend time in the gym, go for runs and eat healthy

By Amy Ellsworth  
SENIOR REPORTER  
amyellsworth@gmail.com

Athletes at Eastern work hard to keep themselves physically fit during the offseason by lifting weights, doing cardiovascular work and building a nutrition plan.

Freshman basketball guard Tyler Harvey tries to take 400 shots a day in the gym, which usually takes him an hour and a half. He admitted that he sometimes skips out on some of his shooting practice during the offseason if he has too much homework to do.

Harvey lifts weights both with his team and individually. When he is with the team, their trainer helps them focus on one muscle set per day.

The team generally lifts weights four times a week for an hour and a half.

When this is not enough for Harvey, he will also incorporate cardiovascular work into his workout rou-

tine. He estimated that he usually does a cardiovascular workout twice a week and that this most often includes jumping rope or running stairs.

According to Harvey, his current workout schedule is much different from his normal routine.

"In season, you're always tired and practice is already hard. Offseason is where you really try to build up for practice," he said.

With this much working out, Harvey makes sure to keep a balanced diet. He said his favorite healthy meal includes whole wheat pasta with beef.

"I try to eat whole wheats and fruits," he said. "I try to eat healthy for the most part, but some days I feel like eating a burger."

The women's basketball team spends a similar amount of time in the gym, according to sophomore forward Melissa Williams.

She said their gym process is very long and a lot harder because

they are currently not in season.

"Weights will take an hour and a half just because you want to be completely warmed up before you lift," she said. "It's great, but sometimes we get kind of bored. But when you're with your team, you have a lot more fun with it."

Williams said the process will begin with a weigh-in to make sure the team is healthy. Then the team will stretch together and go through corrective exercises.

"We go through these corrective exercises to either help with mobility or different areas that [we're] weak in. Some people are really tight, and they can't do certain movements and some of us aren't as strong in our core," she said.

The next step is to do warm-up exercises to make sure everyone is ready for lifting.

Williams said these warm-up routines are never the same, but they always include circuits that are fast and repetitive.

"Then we'll go to the platform and do big lifts. We'll do probably three big lifts, and that takes up most of your time because you'll do your set and then rest," she said. "Our trainer is big on resting and then going as hard as you can when you're actually doing the exercises."

After the lifting, the team does core exercises together, which Williams admitted she was not particularly fond of.

"It sucks. Our abs are on fire afterward," she said. "We've been finishing with core a lot. I guess we're going to have abs this year."

Like Harvey, Williams also tries to take a couple of days out of the week to dedicate to cardiovascular workouts.

She said she likes to go for a run outside because basketball often leaves her stuck indoors. Williams is making sure to take extra care of her body right now because she is coming back from a few injuries.

"I'm trying to get back to being completely healthy," she said.



Photo by Nic Olson

Freshman Tyler Harvey spends some of his free time taking practice shots in the gym to stay in shape before the start of the coming season.



Photo by Peter Sowards

Junior receiver Daniel Johnson works out by pulling a weighted sled. Football players also squat, power lift and bench press to pack on the muscle.

## Eagle football works hard over summer

### Offseason workouts ensure greater bulk before gametime in the fall

By Peter Sowards  
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While the vast majority of EWU students will be enjoying the dog days of summer break in their entirety, returning football players earn only a short reprieve before heading to Cheney.

The Eagles' summer weightlifting program requires players to report on June 24. While the program is technically optional, those that participate have a better chance of seeing playing time. "You want to be here to get better," wide receiver Cooper Kupp said. "If you want to play on this team, you got to be getting better."

Just 10 days after the last scheduled date of final examinations, Kupp and his teammates will leave their hometowns and train under the supervision of head strength and conditioning coach Nate Brookreson. Kupp is eager to see his family in Yakima, Wash., over the break. "I just want to see my little sister, actually," Kupp said. "I haven't seen her in a while. I'm looking forward to that."

Quarterback Vernon Adams, who played at 175 pounds during the 2012 season, set strength and weight goals for the summer. "I'm definitely looking forward to getting stronger," Adams said. "I've been taking protein a lot,

and I want to get my weight up to a solid 193-195 so I can take hits. I might be running the ball a lot more this year, so I want to be able to take hits." Adams is close to his goal, currently weighing in at 188 pounds. Adams added, "I'm trying to get my weight up, but also keep my speed up at the same time, if not get faster."

A sizeable contingent of the players — 20 to 25, approximately — will take on a summer job refereeing basketball games at the Camp Classic Basketball Tournaments, held every weekend in July in Spokane. Each game worked, either as a scorekeeper or referee, earns a \$10 check.

"They do a great job representing the university," tournament director Arnold Brown said of his summer workers.

"Like I always tell them, I take a little pride in their championships because I feel like we're building their character here throughout the summer, getting them all together and building that camaraderie amongst the team," Brown said.

Wide receiver Ashton Clark will coordinate the player involvement for the 2013 Camp Classic. "We have a good relationship with [Brown], and he knows that guys are going to be here throughout the summer," Clark said. "It's a

chance for guys to get jobs since we don't get any financial aid over the summer."

Per NCAA rules, the football team cannot hold organized practices with coach's involvement. This does not stop them from holding a few heated games of 7-on-7 every week. "Those get pretty competitive," Kupp said. "With all the guys, there's always competition."

Kupp singled out defensive back Allen Brown as the leading trash talker amongst the players. "He just stays talking. If it's a sideline catch, it's automatic that we're going to argue about it for about five minutes before we figure out if it was actually in bounds or not."

Rather than refuting the trash-talking allegations, Allen Brown takes pride in them. "It's just a part of the game," Allen Brown said. "I'm always giving them a hard time. It's all competition."

Another activity for the players to enjoy is a game known simply as "Candy Bar." Players take turns throwing tennis balls into a garbage can, and the last one to make it has to buy everyone else a candy bar. Kupp said running back Jordan Talley was on the hook for 17 or 18 candy bars a few weeks ago after losing the latest round. "You just text him what you want," Kupp said. "His phone was all candy bars, all the way down."

## New cheer squad full of spirit

### Eastern's team showcases a handful of veterans and newcomers

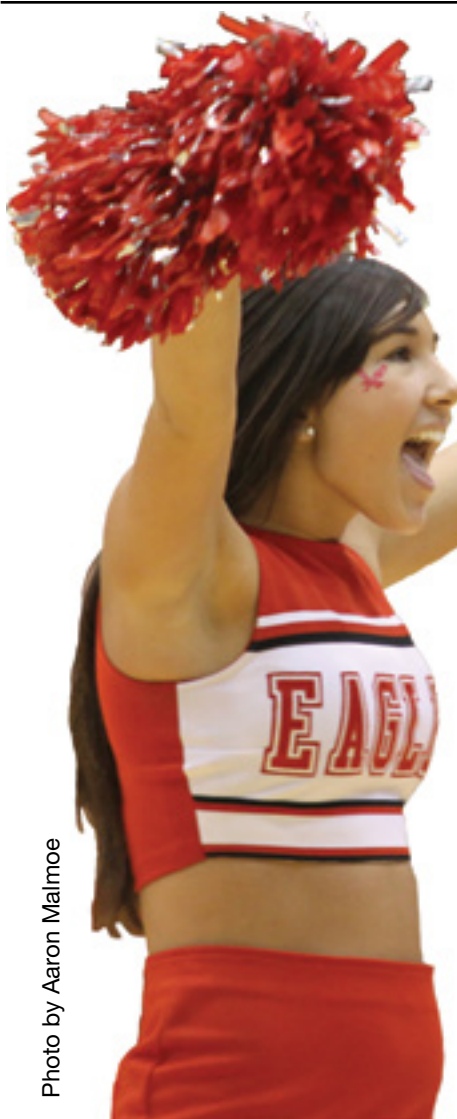


Photo by Aaron Malmoe

By Josh Friesen  
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Had it not been for Roy Rojo's poor rock-paper-scissors ability, he might have never started cheerleading.

During his junior year of high school, Rojo lost in the no-holds-barred game of chance and, as a consequence, had to cheer for the Clover Park High School basketball team in Lakewood, Wash., for his final two years. When he came to Eastern as a freshman, cheerleading coach Hailey Hansen asked if he had any experience as a cheerleader.

Now, Rojo is on the brink of his senior year at Eastern, his last year on the cheerleading team.

"It's kind of surreal," he said. "You never thought the day would come when you're coming up on your last year, but I just want it to be fun."

While Rojo, who has established himself as one of the captains of the male cheerleaders, prepares to wind down his college cheer career, Tucson, Ariz., native Yesenia Nicole has just started hers.

Nicole has just finished community college in Arizona and looks forward to cheering for Eastern next fall. She made the journey to Cheney from May 1 to the 5 to try out for the team.

"It was amazing," Nicole said. "[Making the team] was the best feeling ever after being so anxious for three exhausting, hard-working days."

According to Nicole, who will be a junior at Eastern starting fall quarter, participants engaged in a fitness test to gauge their conditioning and strength. They were then required to learn a cheer and show off their tum-

bling skills. After she learned she made the team, Nicole traveled back to Arizona, where she is eagerly awaiting practice when it starts in July.

"I literally have a countdown going on in my phone waiting until practice starts," Nicole said. "I'm pretty much just excited to bond with my team."

According to Hansen, the mental capacity and spirited personality are just as important as the physical talent and strength it takes to be a cheerleader.

"Outside of talent and skill, you're looking for an all-around great cheerleader—a great person—somebody that's going to represent our school well," Hansen said.

Even further beyond physical characteristics and personality traits, a cheerleader must know upwards of 50 dances and which beat they fit into.

Captain and game-caller Madison Hilpert is in charge of deciphering the tempo of a song. At the song's start, she signals

to the team which dance they are going to do. The signal travels down either side of Hilpert to each cheerleader, who then steals glances at Hilpert to see her count down to the choreographed routine.

This all takes place within a few seconds.

According to Hansen, the process takes from July to the start of football season to perfect. Furthermore, the cheerleaders do not know which song will be playing. While they do pick out songs to perform to, the tracks do not have any sort of order, and some of them are not necessarily picked by the team. Theoretically, there could be songs played that some cheerleaders do not even know. It all comes down to the beat.

"[Hilpert] has a pretty challenging job," Hansen said. "We don't know [every song]. It's whatever comes on, and we have to figure it out in two seconds."

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## Track and field steps up in Big Sky championships

### Senior sprinter takes home fourth title

By Amye Ellsworth  
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The women ended the Big Sky Championships in fifth and the men in fourth out of 11 competing teams, and Eastern also ended the meet with 13 all-conference athletes.

Over the course of four days, the men and women of Eastern's track and field team competed in Forest Grove, Ore. The events started on May 8 and continued through May 11.

As the teams entered the final day of competition, the EWU women sat in first place. The men were not far behind, with a third place ranking.

"Our coaching staff was very proud by the effort put forth by the group," said men's head coach Stan Kerr. "A lot of great athletes rose to the occasion at this meet."

One athlete in particular rose above the rest to tie a school record. Senior Brad Wall garnered his fourth league title in the 400 meter dash. "Only three other guys have won four titles at Eastern, so it's an honor," Wall said.

Despite winning this title, Wall still wished he could have run fast-

er. "My time wasn't as fast as I'd like it to be. There was a headwind on the backstretch, which made the 400 guys expend a little more energy than we wanted to. We had to make up some time at the end," he said.

Overall, Wall said he enjoyed being able to race and win with his family in the crowd cheering for him and supporting him. The 400-meter race was a close finish between Wall, sophomore Brad Michael and Matt White of Weber State. White finished the rest just four tenths of a second behind Wall.

"It was a really close race, but I just kind of grinded out. I know that I have that will to win and that

determination. I think that's my take-away from it," Wall said.

Senior Elise Jepsen, who competed in high jump and triple jump, also had a successful meet. She achieved close to her season best in the high jump and set a new personal record in the triple jump, resulting in a fifth place finish for both events. "I'm glad it ended on a good note. I was proud of what I accomplished," Jepsen said.

Although this is Jepsen's last season of track and field, she said she has plenty to take away from her four years of competition.

"I met some of the most kind and awesome people to get to be around for multiple hours every-

day," she said. "When you work so hard with a group of people for so long, it's great to see everyone do so well."

According to Jepsen, the team and coaches did a great job of pushing each other to the highest levels of competition. This is something she has seen throughout her college career in track and field, and she said she was glad to end the year in such a positive way.

Kerr was also very proud of the way his team competed. "I'm really proud of the team," he said. "The efforts that were put out individually—I couldn't be prouder. The physical and mental approach people brought in worked excellent."

# Bicyclists tear through Cheney

## Cycling club actively zips around town

By Elohino Theodore  
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The EWU cycling club started their spring season off on March 16 at Willamette University in Salem, Ore.

The men's cycling club finished the race in 13th place out of 16 with a total of eight points. The team finished behind University of Seattle. The club also participated in the Willamette Omnium Criterium and finished in 12th place with a score of nine points.

During week four of the spring season, the club participated in the Missionary Omnium Road Race. The team finished in 14th place out of 16 with seven total points. In the Missionary Omnium Team Time Trial, the club finished in 11th place with 11 total points. Also, during the Missionary Omnium Criterium, the team placed 14th out of 16.

As the season went on, the Eagles faced some impressive opponents. "Some of the better teams were [teams like] Portland State and University of Washington. The bigger schools have more riders and club members," junior cyclist Matt Hanson said.

Coming into week five of the season, the club participated in the Western Washington University Road Race. The Eagles finished in 12th place in the race as a team and earned nine points. In the Western Washington Team Time Trial, the club finished in 10th place with 13 points. For the Criterium of Western Washington, the club earned eight points and finished with 13th place.

During the season, for practice, the club usually goes on group rides every Thursday. During practice, the club rides for 30 to 40 miles. As a team, the Eagles take practice seriously.

"You're not just riding 30 miles.



Matt Hanson, Ryan Burks, Bryan Brown and Drew Schlieder ride down Cedar Street in Cheney.

Photo by Anna Mills

You're racing, and you have to be ready to [work] really hard at certain points," cycling club adviser Nigel Davies said.

For fundraising, the team went through different ways to put the club together. "Some of [the fundraising] was through jersey sales, and the rest of it was through [university donations]. We didn't do quite as much fundraising as we probably should have, but that's definitely something that's on the horizon for times to come," Davies said.

During week six of the season, the club finished in 13th place out of 16 in the University of Washington road race. The team also competed in the time trial for the University of Washington and placed last out of 16 teams. In the

last event of week six, the club placed 13th in front of Gonzaga University and Pacific Lutheran University.

In week seven, the Eagles went to Montana State University and participated in the time trial race and finished in 10th place. The club also finished in 13th place in the road race for Montana State University.

Over the span of the two months that made up the season, the Eagles had goals set for themselves. "Throughout the season, I developed an individual goal, and it was for the last race: stay with the main group," junior cyclist Drew Schlieder said. Schlieder managed to fulfill his goal and he finished in eighth place as a result of that.

As a club, one of the goals for the Eagles was to go and have a presence at the races they competed in. "As a club that's just starting out, I think that was an important consideration," Davies said.

In the final week of the season, the team competed in the Washington State University conference championship road race where they placed in 10th. The team also placed ninth, their best result of the season, in the University of Idaho time trial. For the final race of the season, the team finished in 11th place at the University of Idaho Conference Championship Criterium.

As a club, the Eagles are proud of being cyclists, "It's just a good way to stay active, and it's a good way to get the school's name out there," Hanson said.

## Cheer:

continued from page 11

While cheerleading has its share of work, the team has had some memorable moments of fun. In his first year at Eastern, Rojo travelled to Frisco, Texas, to cheer for Eastern's national championship football game against Delaware. Even though Rojo was suffering from sickness at the time, it was a moment he will never forget.

"We went there and back in 23 hours. I had bronchitis. It was terrible. ... I didn't feel good the entire time," Rojo said. "I threw up three times before the game, but as soon as that last touchdown was scored and we stopped them on defense, there [was] no other feeling than knowing that your team just won a national championship."

Equally important to game-time cheer is the chemistry and team-building away from the competition. Corey Jensen, who just finished her first year on the team, believes establishing relationships and trust is essential.

"We're together all the time. It's kind of hard not to see them as family," Jensen said. "No matter what, we're always there for each other. I know that sounds clichéd, but it's so true."

While Hansen acknowledged that some people may not think what the team does is challenging, she believes her team works tirelessly and proudly in every event throughout the year.

"They don't have offense versus defense. They don't get to sit on the bench," Hansen said. "All I can do is inspire my team to work harder and to prove those people wrong with their talent, ... skill and performance."



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A book signing in the lobby of the theater will follow the event.

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