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Associated Students of Eastern Washington University

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How to survive finals  
this winter quarter, p. 7

# THE EASTERNER

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## What is a sequester?

How does it affect students? You can read about it in Lorna Hartman's article on page 3.



## Homage to Keats

You can read Paul Sell's review of Eastern's original play, 'Ode' on page 6.



## Classroom peevs

Jasmine Kemp is mad, mad, mad. Can you blame her? Read her column on page 5.



## Eagles fall from Big Sky

The men's basketball team was unable to make the playoffs. Read more on page 9.

## Upcoming:

The **EWU Choral Concert** is March 15 at 7:30 p.m. in the Music Building Recital Hall.

## Online:

It rained, hailed and the lights went out, but Padron, Kaufman, Edwards, Herd, Post and Ceja weathered it all. See our video and story of pro day at: <http://wp.me/p357f0-6pb>.

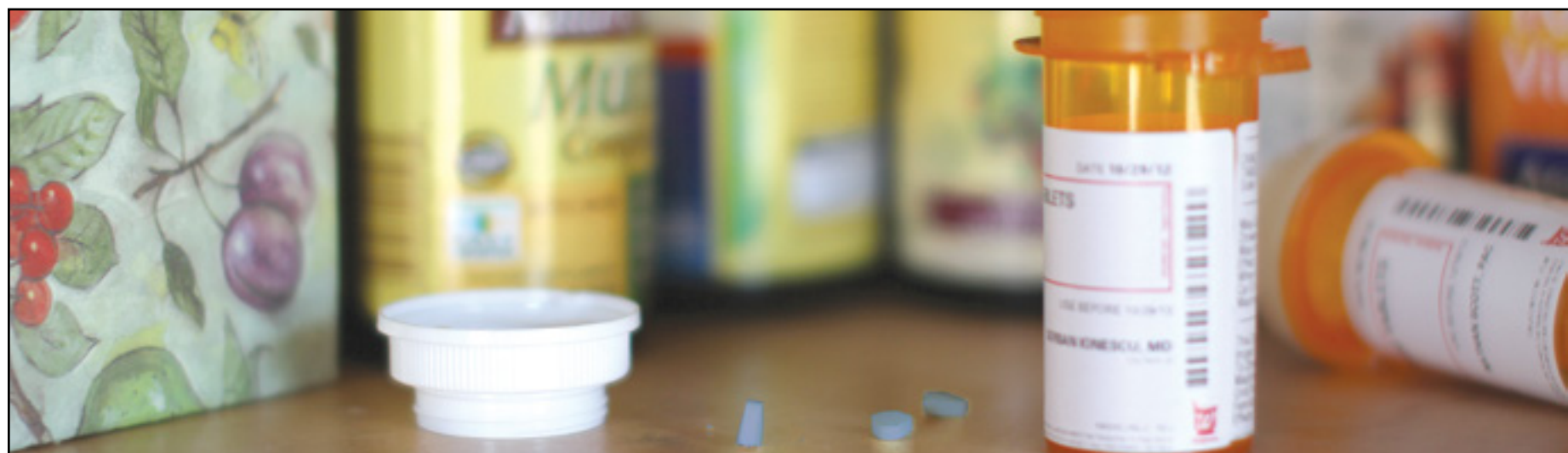


Photo illustration by Aaron Malmoe

The National Institute on Drug Abuse said that stimulants such as Adderall increase alertness, motivation, concentration and energy.

## Students self-medicate Ritalin and Adderall illegally used to increase concentration

By Linsey Garrison  
STAFF WRITER  
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When school and life create too many tasks to accomplish in one day, students across the nation have found that the effects of Adderall can be appealing, and EWU students are no different.

Adderall and Ritalin are stimulants commonly prescribed to children and adults who have been diagnosed with attention-deficit hyperactivity disorder.

In recent years, Adderall has been adopted by college and even some high school students as a means of getting a

mental boost when studying. Just like an athlete who wants to improve his or her game on the field with steroids, a student who wants to get more of an edge in the classroom turns to Adderall. Yet, according to the National Institute on Drug Abuse, abusing stimulants such as Adderall can come with some serious health risks including cardiovascular damage, malnutrition and addiction. Sharing or selling prescription medication is also a felony for anyone involved in the transaction.

In 2009, the National Study on Drug Use and Health said that full-time college students ages 18 to 22 were twice as likely as their peers to have used Ad-

derall for non-medical reasons in the past year.

Last June, The New York Times published multiple articles about the growing popularity of the drug among young students. In "Risky Rise of the Good-Grade Pill" and "In Their Own Words: 'Study Drugs,'" students from around the country told their stories about struggling with and abusing prescription ADHD medication to get better grades.

The National Institute on Drug Abuse says that stimulants such as Adderall increase alertness, motivation, concentration and energy. These are all favorable for a student traditionally un-

der pressure to meet a deadline or stay up all night to study for an exam.

When final exams and projects start piling up at the end of the quarter, one EWU junior said she does not hesitate to use every aid that she can. She asked that her name be withheld.

"The reason I take it is to help me focus and accomplish a whole bunch of work that I need to finish in a certain amount of time. If I'm really crammed I'll take it."

The junior said she does not have a prescription, but instead buys pills for \$5 each from a friend who does.

**ADDERALL-PAGE 3**

## Weather, power outage can't stop pro day

By Peter Sowards  
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Using the square blue lid of a recyclables container, an EWU employee scraped off just enough snow and sleet so that quarterback Kyle Padron could perform his dropbacks without having to worry about sliding on the wet turf in front of 18 professional scouts.

It was that kind of day.

In the face of dreadful weather and an untimely power outage, seven former EWU Eagles football players showed off their skills in front of a record-high number of NFL teams at Eastern's pro day on March 6. Padron, along with receivers Brandon Kaufman, Nicholas Edwards and Greg Herd, offensive tackle Will Post and defensive end Jerry Ceja worked out on Roos Field and in the weight room, trying to make an impression with pro teams.



Photo by Aaron Malmoe

**PRO DAY-PAGE 12** Nicholas Edwards ran the 40-yard dash during EWU's 2013 pro day on March 6 in front of numerous NFL scouts.

## Players set career highs in weekend sweep

By Peter Sowards  
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Senior Carrie Ojeda made sure Senior Night went as planned for the Eagles.

Ojeda scored a career-high 27 points and pulled in 12 rebounds in her final game at Reese Court as Eastern took care of Weber State 70-53 on March 9 in the last game of the regular season. The Wildcats fell to 0-29 on the year.

Leading by seven at halftime, Ojeda sparked a second-half rally with 14 points and seven rebounds

in the first 10 minutes of the second period to give EWU a 16-point lead with 9:44 remaining. She surpassed her previous career-high 21 points, set against North Dakota on March 2.

"She did a great job getting to the line and being aggressive, doing some of the stuff we talked about," head coach Wendy Schuller said. "Besides the fact that she had 27 [points], she had 12 rebounds and I think nine of those might have been in the second half when we really tried to extend it and pull away. I thought we got more aggressive then."

Ojeda complimented her teammates for feeding her the ball on Senior Night. "I had a lot of fun; and I know my teammates gave me the ball when they didn't have to," she said. "It was fun to just know that they wanted me to do well as much as I wanted to do well."

Two other Eagle seniors, Jordan Schoening and Courtney Nolen, were also honored before the game. Schoening started the game and made a 3-pointer in 15 minutes played, while Nolen was out due to injury. "It was awesome that Jordan [Schoening] got a 3-[pointer]," Schul-

ler said. "Jordan [Schoening]'s had a tough year in terms of an injury that limits how much she can practice." Even with the injury, Schoening and Schuller decided that Schoening would get substantial playing time and rest the injury later.

Ojeda's 27 points were the most by an Eagle this season, surpassing previous season-highs of 24 points by Hayley Hodgins and Lexie Nelson. Ojeda also recorded five steals and two blocks. She attempted two 3-pointers but misfired on both. Sophomore Kylie Huerta recorded 11 assists.

**SWEEP-PAGE 11**

MARCH 13, 2013

# Little-known scholarship offers students chance to get non-required reading, tickets for free

Overall interest in the Stewart Book Scholarship has declined due to lack of awareness



By *Kate Daniel*  
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Winners of the winter quarter 2013 Florence and Earl Stewart Book Scholarship were announced Feb. 25; 60 full-time EWU students were awarded the chance to purchase books or a ticket to a cultural event with a value of up to \$250.

According to Dr. Colin Ormsby, interim vice provost for undergraduate affairs and student success, and new chairman of the Stewart Book Scholarship Committee, the objective of the fund is to provide students with a chance to gain personal enrichment.

The average number of students awarded the schol-

arship each quarter is about 60, according to Ormsby.

Ron Dalla, vice provost for graduate education and research and chairman of the committee for the past five years said, "We award about \$11,000 a quarter in scholarships. It used to be more that applied, but then when we ran into the recession and all the endowment funds stopped generating money. We ran into a two year period, I think, when we didn't have any money in the fund to distribute to the scholarships. So then when we started it back up it's been a little hard to get the momentum back, but it's starting to pick back up each quarter this year."

"The endowment dollars were there, but they weren't generating any interest and that's what's awarded, the interest," said Dalla. "It used to be that we'd probably get in excess of 100 applications... So hopefully we get back to that point again where the interest is strong enough that we have more requests than we can honor."

"A unique function of this is that students apply for books that are generally outside of their field of study."

Colin Ormsby

"A unique function of this is that students apply for books that are generally outside of their field of study. So a philosophy student who might want a book on anatomy and physiology to help them understand the human body better would be awarded," Ormsby said. "Preference is given to those students who are pursuing knowledge independent of their studies."

"We're hoping to outreach to student organizations on campus and student award services ... so that we can build an interest that is more general," said Ormsby.

Dalla and Ormsby said that while students' interests are not narrowly defined, there are certain recurring popular requests such as

"The Peanuts," "The Far Side," "Calvin and Hobbes," the Bible, "Harry Potter," Jane Austen, "Sherlock Holmes" and Shakespeare. One of the most unusual requests Dalla and Ormsby had to decline recently was for the Kama Sutra.

Eric Powell, a graduate student in computer science and a recipient of the scholarship, was awarded books both fall quarter 2012 and winter quarter 2013. His choices were "The Hunger Games" trilogy by Suzanne Collins and the "Wheel of Time" series by Robert Jordan.

Powell said he believes the decline in the number of applicants is most likely due to a lack of awareness and lack of advertising.

"One of my bosses told me about it ... when I worked as a tech assistant the year before I graduated with my undergrad," Powell said.

Powell said he was not sure which books to purchase until his sister mentioned "The Hunger Games," which he purchased fall quarter through the scholarship fund. Winter quarter, Powell said he opted for The Wheel of Time series.

"The Wheel of Time is something I've heard about since I was like 10 years old, and I'm 26 now and finally getting around to reading it so I think it's something that I'll go back to later and be like 'Oh I've read that book and it's really awesome,'" Powell said.

Ray Swannack, another recipient of the winter 2013 book scholarship, said he applied after his mother told him about it.

"My mom has been asking me to do this for years, and I finally took her advice and did it. I wish I had listened to her. It was quick and

painless," Swannack said. "I found a cookbook I wanted and I remembered that there was a way to get it for free. I got Morimoto: The New Art of Japanese Cooking, and Art of the Samurai: Japanese Arms and Armor 1156-1868. I am Japanese but know very little about the culture, so I thought that these would be good starters into the history and the food of Japan."

"Knowledge of the scholarship seems really low," Swannack said. "I think it's more of a lack of awareness. Most of the people I've spoken to haven't even heard of the scholarship. When my books arrived this last week, my friends asked why I had bought these books and when I said that the books were free they got very excited to know how to apply for this scholarship as well."

"[We'd] like to encourage both undergraduates and graduate students to apply for the program and to take advantage of this opportunity to supplement their livelihood," Dalla said.

# Home program holds 15th annual tea party fundraiser

By *Libby Campbell*  
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Supporters came in their favorite fancy hats and pearls to a "Breakfast at Tiffany's" themed tea party fundraiser hosted by EWU's Home program March 7.

The proceeds from the fundraiser benefit child care scholarships offered by Home, which stands for Helping Ourselves Means Education. It is a program affiliated with the Women's Studies Center on campus that provides resources and services to student parents.

"I think it really helps student parents a lot because student parents have a very different experience than students that don't have kids that come to campus," said Sally Winkle, director of women and gender studies. "For student parents, even in comparison to perhaps returning students, they have



Photo by Dylan Paulus

The Home Childcare Scholarship tea event welcomed a packed house.

special kinds of experiences and needs that are different than students who live in the dorms or live in an apartment right by campus or whatever."

Proceeds from this event will go toward next year's scholarships.

Current scholarship winner Calysta Noah said the ben-

efits of the Home child care scholarship help her greatly throughout the school year.

"I'm a single mom, and I'm going to school full time. I

don't work, so paying for daycare is really hard. It's really expensive," Noah said. "It's greatly lessened my load for how much I have to pay for daycare each quarter."

The \$900 scholarship is dispersed evenly throughout the year. Noah said she pays about \$300 a month for child care, so the scholarship covers about one month each quarter.

"It's basically like you pay for two months and you get one month free. It actually works pretty well," she said.

Current scholarship winner Melissa Halbrook and her husband are both students. She works at an unpaid internship and her husband works part time while balancing school.

"This has helped out a lot [by paying] for daycare for my youngest child," she said.

Halbrook said applying to the Home child care scholarship was a simple process.

"I think that the application for this scholarship was a lot

easier than some of the other applications that I did. It was really well-explained and easy to follow compared to some of the other ones that I had done before in the past," she said.

In addition to providing scholarships, the Home program serves as a general resource for student parents.

"We really feel that by having the Home program, we can help them with resources, with figuring out where to go for various things and how to help get different kinds of their financial needs met as well as other needs for their kids," Winkle said.

"We have a lot of things that we offer to parent students so that they can get the kinds of resources they need to succeed in college, which is what we want."

The application for the Home child care scholarship for the 2013-2014 school year is due April 25. Applications can be picked up in Monroe 207.

# EWU accounting students volunteer to prepare taxes

By *Lorna Hartman*  
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Nineteen accounting students from Eastern volunteer at United Way this tax season, preparing tax forms for low-income taxpayers, non-English speakers and AARP members.

Seventeen are current students and two are alumni, according to program student coordinator Carrie Munns. "This is by far the most involvement we've ever had from Eastern," Munns said. According to Munns, Gonzaga University students also volunteer.

The Volunteer Income Tax Assistance program is funded each year by a grant from the IRS to guarantee that the assistance can be offered free of charge, according to the IRS website.

"I've been doing this for three years now with United Way," said Lee Ann VanLengen, who is in her final quarter in the Master of Business Administration program. "We just do this during tax season, Feb. 1 through April 15."

She said that in some cases the people being served do not necessarily have to file, based on income requirements, but many file anyway to receive a return. "In the case of some older clients, they're doing it out of civic pride, civic duty.

It's something they've done their whole lives," VanLengen said.

Brad Dawson, a Volunteer Income Tax Assistance client, heard about the program from Munns. On April 8, Dawson went to the United Way office and met Eastern student Rachel Wenning.

According to Dawson, he just needed a straightforward 1040-EZ form filled out, the basic tax form. "I would use them again," Dawson said. "I'm going back next year."

Wenning, an accounting fifth-year senior, said that she did not join last year because she let herself be scared off by the training requirements.

Now she regrets the missed opportunity.

"I so wish I had done it last year. I've missed the experience. Now I'm looking for a job, and if I had two years of experience on my résumé, I'd feel more comfortable and confident," Wenning said.

According to Munns, volunteers do not have to be accounting majors, but they do have to certify through the IRS. "It's a pretty significant time investment to pass that," Munns said.

Since she took over her position last year, Munns has been trying to build the volunteer base, so she started advertising in EWU's Beta Alpha Psi newsletter, a group that provides opportunities for accounting, finance and man-

agement information systems majors to get experience in professional networking and leadership.

Wanting to remove the barrier of the IRS training so more volunteers could join, Munns said that she began holding certification sessions herself and going through the material.

"She got us together for training sessions and worked with us through the material, and it really wasn't as bad as I thought," said Wenning. "Having her go through everything and explain everything was extremely helpful."

Tara Dowd is the United Way site coordinator for the program in Spokane County. Dowd said, "This year so far we've served about the same number as [we served] last year all year long." The increase was partly due to another site at the YMCA that closed.

According to Dowd, the United Way site increased its capacity after the YMCA closing. The United Way site is supported by additional Gonzaga University and EWU students. "We wouldn't be able to offer this if it weren't for the students," Dowd said.

The income cutoff for this free service is about \$50,000 per household, regardless of the number of people in the household.

# Visiting scholars speak about Chinese culture

By *Sasha Vogele*  
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Visiting scholars Li Wanli and Zhu Lihui shared with Eastern students and faculty some elements of their Chinese culture on March 5.



Li Wanli



Zhu Lihui

According to International Project Manager Nora Merkel, visiting scholars are foreign teachers who come to EWU for several months to observe classes and American culture. The scholars then return home and use what they have learned to prepare students for America so there is less of a culture shock.

Wanli, a lecturer at Hefei University of Technology in China who has been teaching for the past 13 years, talked about several aspects of Chinese culture such as the economy, Chinese New Year and transportation methods.

"One in every five people is Chinese," said Wanli.

"China is the fastest growing economy in the world. ... In 2025, China is predicted to be the same size as America's economy."

Wanli spoke about the Chinese education system and said "The College Entrance Examination is the most important examination in China." According to Wanli, in 2006 there were 9.5 million Chinese who took the test. "[China] places heavy emphasis on passing exams," Wanli said.

Chinese food was also talked about. "Contrary to what you might find in your local Chinatown, Chinese food is generally healthy and often beautifully presented," according to Wanli.

Wanli said she did not like American food because it was not as healthy as food back in China. "The food [here] is too sweet, buttery and rich."

"One thing I don't understand [is] why the people in America are fat. I don't know why. I see a lot of fat people in the street in Spokane," said Wanli. "In China there are fat people, but they are not as fat as people here."

In addition to not liking American food, Wanli also said she does not like the lack of public transportation, especially be-

cause some places are so far away from bus routes.

When asked if Wanli would recommend visiting EWU to potential scholars back home she said, "If I could do it again, I would like to study at a bigger school."

Information on traditional Chinese clothing was also presented by visiting scholar Lihui, an assistant lecturer at Lanzhou University of Finance and Economics in China.

When asked why she chose political science, Lihui said "A lot of people are surprised I like the [political] parties. ... People are confused but I tell them I like it because it's interesting."

"They think a girl or a woman should not like the parties." According to Lihui, she has run into this kind of thinking in China and in the United States.

The clothing traditions that were presented by Lihui covered the styles that were in fashion during the different Chinese dynasties. "In China, the clothing reflects the culture," Lihui said. The style and even the color of the clothing also represent class status in Chinese culture. Lihui said that wedding clothing would often be red because Chinese people really love that color.

## Sequester cuts may cause loss to student resources

By Lorna Hartman  
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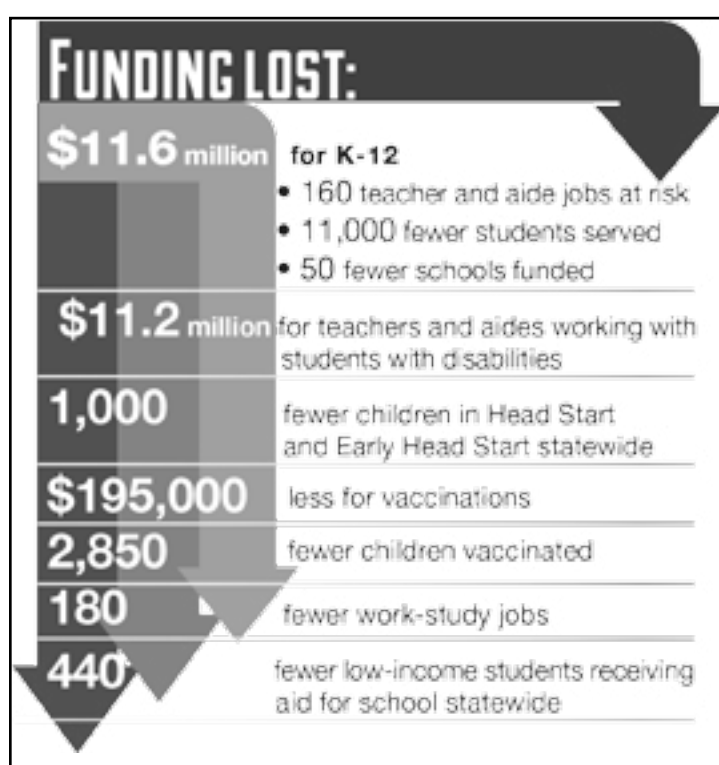
The sequester is a bundle of tax cuts that Congress passed as part of the Budget Control Act, the debt limit deal of August 2011, according to a 2012 National Skills Coalition report.

The sequester may adversely affect student loans, Pell Grants, work-study jobs and early education programs.

The sequester package took effect on March 1, Congress's deadline to approve a different plan. It imposes a separate and additional \$1.2 trillion in cuts during the same time period, according to the National Skills Coalition report.

According to the 2012 federal Office of Management and Budget report on the sequestration act, in August 2011, both the House and Senate voted for the sequestration act. It read: "The [spectrum] of harmful across-the-board cuts to defense and non-defense programs was intended to drive both sides to compromise. The sequestration itself was never intended to be implemented."

David Bunting, EWU professor of economics, said that cuts are slated to be made to a number of government units such as the Department of Defense and the Department of Education. How these cuts



Easterner Graphics

will work out over time is somewhat unknown.

Bunting said that Head Start, grants, research grants and TRiO are likely to see their funding cut, as well as student aid, special needs programs and state grants. Student loan interest is slated to increase as part of the sequester, according to the Office of Management and Budget report.

Kelley Cullen, assistant professor of economics, cited part of the Office of Management and

Budget report that states that \$156 million in education cuts are scheduled to be made in the state of Washington, but pointed out that there are some 4,500 colleges, universities and community colleges in the state.

"If you take the \$156 million and divide it by the 4,500, assuming that all the schools take the same hit for the sake of a general estimate, that would be a hit for EWU of about \$35,000," said Cullen.

**SEQUESTER-PAGE 8**

## Adderall:

continued from front

"I know she does sell it to some other people. ... I probably take it twice per quarter, pretty much around midterms and finals," said the junior.

The junior says she first tried Adderall last spring quarter when her roommate offered her a pill.

That first pill kept her awake for nearly 30 hours. After studying and taking her test, she felt tired and went home to sleep but found it to be nearly impossible.

"I was kind of iffy at first, ... but I took it because [my roommate] had tried it and nothing went wrong," said the junior.

The 30-milligram, extended-release pill allows her to stay focused on many chapters worth of reading without any chance of being distracted by background noises. Other than not being able to sleep when she wants, she has never felt any other negative side effects.

"I can study without it, but sometimes if I feel like it's too much—that no matter how much work I do if I don't feel like it's enough, then I take it. It really does help my grades when I take it. I could pass without it, but I want a better grade," said the junior.

A senior at EWU who asked that his name be withheld also takes Adderall as a study aid. He got his prescription a year ago and is allowed 58 instant-release pills per month at 30 milligrams each. He typically takes a pill every weekday before classes or work with each pill lasting anywhere from four to eight hours before wearing off.

"It helps me focus on what I'm doing instead of sidetracking off and thinking about other stuff," said the senior, "I know it doesn't give me more brain power, but if I want to study the night before a test or the weeks leading up to a test, I'll take it to study."

Occasionally, he shares his prescription with friends.

"I don't share more than I actually take. I have a few buddies that have the same exact prescription that I do, and if they sold theirs or just ran out I give them some. I've shared with maybe 10 people," the senior said.

"People do ask me for it a lot, and I'll just say I don't have any or can't give any away. During finals people ask for it a lot more," the senior said.

The Office of Alcohol and Drug Education at the University of Notre Dame rec-

ommends not mixing alcohol with stimulants like Adderall. "The stimulant effect can cause students to prolong use resulting in consuming unhealthy amounts of alcohol which has led to cases of alcohol poisoning. Stimulants in the system can block the depressant effect shutting off the warning signs to a person's body that they may be drinking too much."

Despite this, the senior has mixed his prescription with alcohol. "If I take it when I drink, I'll drink more. ... For some reason [the alcohol] doesn't affect me as much. It allows you to drink more, which isn't a good thing or a bad thing. ... That's just what happens," said the senior.

According to the National Institute on Drug Abuse, side effects and signs of overdose can include dangerously high body temperature and an irregular heartbeat.

"I have taken too much before. ... It almost does the opposite, you can't focus at all, you're up and awake, and it's like you had a bunch of energy drinks," said the senior, "Right after taking it I've ... worked out and my heart is just racing. It raises your heart rate for sure. I think it gets more blood flow to my brain, so sometimes you get cold on certain parts of your skin, just from a reduction of blood flow."

The FDA Adderall label warns, "Amphetamines have a high potential for abuse. Administration of amphetamines for prolonged periods of time may lead to drug dependence and must be avoided. Particular attention should be paid to the possibility of subjects obtaining amphetamines for other non-therapeutic use or distribution to others. ... Misuse of amphetamine may cause sudden death and serious cardiovascular adverse events."

Sergeant Lorraine Hill of the EWU Police Department

has encountered students abusing the drug while on patrol.

"You know they're on something, but you don't always know what it is. We know it's happening, but typically it's a mix of things," said Hill, "It's hard to catch. The only way we usually get involved is if someone gives us information or we find prescription bottles or pills during a search that don't belong to the person."

Deputy Chief Gary Gassling said that he could only recall about three cases in 2012 that involved Adderall abuse, but he still suspects that there may be more students that choose to abuse the drug.

"The majority of people that are probably abusing it ... are not getting reported. All you have to do is look at the statistical data across the country; it's a drug of choice right now with college students," said Gassling, "They have a firm belief that it does help you stay more alert and can help you study."

Gassling said that sharing or selling your prescription is a felony for both the person giving and receiving the drug. Being caught with someone else's Adderall can potentially mean jail time or a large fine on top of having a record.

"If it's not yours, you can't possess it. If you give it to someone else, two people sharing makes them both felons," said Gassling, "The reality of it is you need sleep. Your body just doesn't function properly when you're doing that to yourself. You're not helping yourself when you're taking it to keep yourself up to study harder."

## STA Plan includes easier access to West Plains

By Libby Campbell  
SENIOR REPORTER  
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Big changes could be on the way for Spokane Transit Authority service between Cheney and Spokane.

The STA is in the process of designing a system that could convert the 66 route into a High Performance Transit corridor that would also serve the West Plains.

High Performance Transit service is defined as "all-day, two-way, reliable and frequent service which offers competitive speeds to the private automobile and features improved amenities for passengers" according to Connect Spokane, the STA's long range plan.

The Cheney to downtown Spokane High Performance Transit corridor would be one of several networked corridors, according to a memo released by the STA.

The development of these different High Performance Transit networks is known as STA Moving Forward. The planning process is identifying investments in public transportation that could be made during the next five to 15 years.

There are two options being considered for the redesign of Cheney to Spokane services.

Both plans call for the construction of a West Plains Transit Center, allowing connections between Cheney, Airway Heights and Medical Lake.

Currently, commuters who want to travel from Cheney to the West Plains must ride all the way into downtown Spokane and catch a connecting bus at the Plaza back out to Airway Heights or Medical Lake. The transit center would eliminate that.

In addition, the transit center would allow easier access between cities on the West Plains, provide transit access to residential and industrial areas adjacent to exit 272 and I-90, provide a park and ride with approximately 110 parking stalls and offer a pedestrian bridge so the 66 route could continue on I-90 with minimal disruption.

### Option A

- Would enhance current 66 route by offering earlier and later trips
- West Plains Transit Center would be constructed
- 62 route would be redirected to serve Airway Heights and Medical lake via transit center
- Would extend service hours to seven days a week
- Cheney terminal would be integrated with EWU's Gateway Plan
- Ridership gain estimated at 110,000 annually
- Additional operating costs: \$115,000-\$145,000 annually
- Capital costs: \$10 million for transit center

### Option B

- Would enhance service on West Plains by improving the frequency, hours of service and passenger amenities
- West Plains Transit Center would be constructed
- 62 route would be modified to service transit center, providing connections between Cheney, Airway Heights and Medical Lake
- Would extend service hours to seven days a week
- Cheney terminal would be integrated with EWU's Gateway Plan
- Jefferson Lot freeway access improvements
- HPT stations with improved amenities for riders
- 165 route and 68 route would be consolidated to better serve southwest Cheney
- Would introduce branded 60' or double-decker buses
- Ridership gain estimated at 320,000 annually
- Additional operating costs: \$850,000-\$1,050,000 annually
- Capital costs: \$14-16 million for transit center and HPT station

"Today we have lots of buses going to Cheney in the morning that carry hundreds of people, and in the other direction they're not carrying as many passengers," said Karl Otterstrom, STA's director of planning. "So providing an access point with a park and ride would allow us to better utilize those trips in the other direction."

A pedestrian overpass would allow riders to get off at the transit center safely without slowing down the bus, which would continue on its route to Cheney.

"There's a lot of examples of this in the Seattle area, where the bus goes into a dedicated lane and has an access where pedestrians can cross over into a park and ride," Otterstrom said.

All of these proposed changes are contingent upon funding.

"These are all projects that could be done in the next five to 10 years if we had additional funding," Otterstrom said. "Our funding levels basically have been the same for the last 30 years. There's been some tax measures, but they've been only to replace or sustain funding levels that had existed before."

Public input would be a factor in which plan is implemented, but ultimately the STA board of directors would have to approve it.

The additional funding would have to be approved by a ballot measure.

"Really the big difference in cost and the ongoing operating costs is a consideration," he said. "The STA Board of Directors would approve which projects get funded, but the public would need to decide whether there's more money to fund projects."

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MARCH 13, 2013

# Special interests attempt to influence state laws

## Drug war profiteers try to stop legalization

By Kyle Harding  
OPINION EDITOR  
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Last November, voters in Washington state, along with those in Colorado, expressed their desire to legalize marijuana.

For many voters, it had nothing to do with a personal desire to be able to buy weed, but a wish to see the state stop imprisoning people for an activity that does not infringe on the rights of others.

On March 4, nine former heads of the Drug Enforcement Agency, along with other former government officials, religious leaders and anti-drug groups, penned an open letter encouraging the federal government to put a stop to this exercise of sovereignty.

The letter was published by Florida-based Save Our Society From Drugs, which claims to be "our nation's premier advocacy organization fighting against permissive drug policy that attempts to negatively impact our society and future."

While they list a number of reasons why they think marijuana is harmful, they provide no compelling reasons for why it should be illegal. Furthermore, they never address the inconvenient fact that banning something does not keep people from getting it.

However, the letter does raise an excellent point: "Sound drug policy must be rooted in evidence-based

science, not driven by special interest groups who are looking to profit at the expense of our nation's public health and safety."

This is precisely why we should reject drug policy proposals from Save Our Society from Drugs. Its founders, Mel and Betty Sembler, made their careers running drug abuse treatment centers. They have also been contracted to run a federally-funded program to help businesses test for drug use. If anybody has a vested interest in maintaining the status quo, it is the Semblers. If marijuana use becomes legal and socially acceptable, they stand to lose a lot.

Other signatories of the letter include the Colorado Drug Investigators Association, an organization of people whose jobs depend on the illegality of drugs, as well as organizations that represent companies that provide drug testing services. So it would seem that the special interests are firmly entrenched on the prohibitionist side of the debate.

The former DEA administrators who have signed onto this letter represent one of the worst sorts of government official: the benevolent paternalist. Only an authoritarian control freak would aspire to be the leader of a law enforcement agency with the explicit purpose of imprisoning people for personal behavior, a profession that is euphemistically referred to as "public service," but is really just a way to lord power over the little people. They believe a government must regulate its citizens' personal behavior in order to protect them from them-

selves. This is the same behavior that is on display in New York City with Mayor Michael Bloomberg's war on soda, and the absurdity of it is obvious in that context. It seems less absurd to most Americans to prohibit marijuana because we've been subjected to decades of propaganda conditioning us to believe that to allow drug use would be inviting societal collapse.

C.S. Lewis said, "Of all tyrannies, a tyranny sincerely exercised for the good of its victims may be the most oppressive." These former law enforcement officials may sincerely believe they are saving civilization. But in doing so, they want the federal government to ruin people's lives. And to accomplish their goals, they have gotten into bed with a band of drug war profiteers.

Washingtonians and Coloradans who voted for I-502 and Amendment 64 should be angered that a group of career government bureaucrats and special interest busybodies who seek laws that help to line their pockets, either through government contracts or court-ordered addiction treatment, are attempting to influence the Department of Justice to nullify state laws.

Neither of our senators in Washington are members of the judiciary committee, but that does not mean it is a waste of time to contact them and tell them how you feel about the prospect of the federal government enforcing anti-marijuana laws here. Sens. Patty Murray and Maria Cantwell can be reached at <http://1.usa.gov/A6UvoZ> and <http://1.usa.gov/RhfWrM>, respectively.

# Video games unfairly blamed for violence

## Multiple factors contribute to societal problems

By Nick Johnson  
CONTRIBUTING WRITER  
easterner.opinion@gmail.com

Whenever there is a teen involved in a shooting, the first thing people seem to point their fingers at are video games.

In the wake of the Sandy Hook shooting, reasons why a young man went on the rampage were flying around, but the one that many seemed to jump on the most were video games. They claim the violence is a bad influence and the cause of shootings, which is an unfair accusation.

When the Columbine High School shooting in Littleton, Colo., happened, the game "Doom" was blamed as the source of the teens' rage with its intense violence for the time. Parents attempted to sue multiple game developers, claiming their products had helped bring about the killing.

When the NRA came forward to talk about the Sandy Hook shooting, Executive Vice President Wayne LaPierre said, "There exists in this country, sadly, a callous, corrupt and corrupting shadow industry that sells and stows violence against its own people." They then went on to name a few games, including "Grand Theft Auto" and "Mortal Kombat," a game devoid of any guns. There were two movies mentioned and not a single book, which can easily have as much violence as games and movies.

President Barack Obama has asked Congress to spend \$10 million for a study by the U.S. Center for Disease Con-

trol and Prevention. There have already been studies done on the effects of video game violence on a person. Instead of spending all that on research for something that isn't even a main cause for the shootings, why don't they give it to a school in need? Is all this attention towards video games really needed?

Video games are still a fairly new source of entertainment, only becoming popular in the '70s and '80s. They have been controversial since the beginning for the violence they depicted, so much so that a rating system was created in 1994. The Entertainment Software Rating Board now rates games from "E for everybody" to "Adults Only 18+," where they go through the game to find all the blood, violence and adult content that may be in the game and rate them appropriately.

The most recent "Call of Duty," one of the most popular games, sold 15 million copies in the U.S. Half of the console gamers in America own this game. If game violence is really that big of an influence, wouldn't you think our crime would be higher, rather than declining since the '90s?

There was a bill proposed in 2012 by former U.S. Rep. Joe Baca that would treat games like tobacco, with labels on them saying, "Warning: Exposure to violent video games has been linked to aggressive behavior." Just like movies and books, video games are under

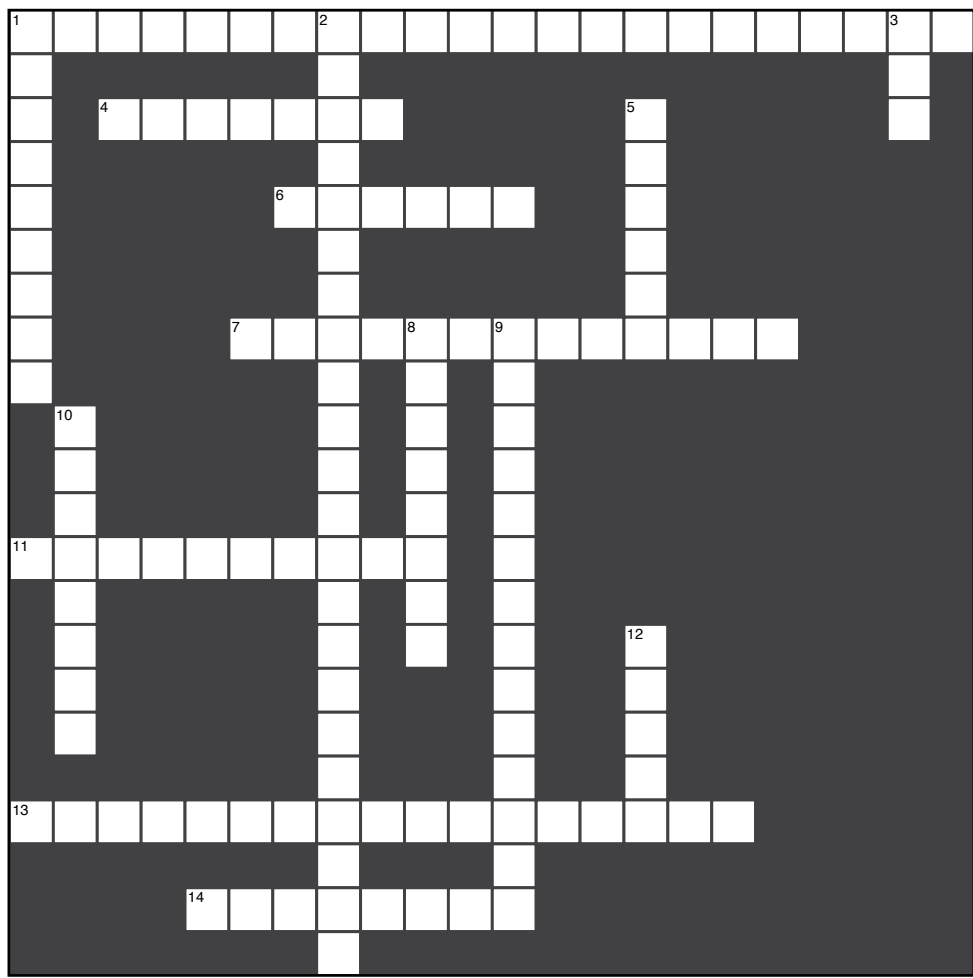
the protection of the First Amendment, so the bill was dropped. Imagine every violent movie having a warning label on every poster or every violent book. Would this change anything? No, because this is why we have the rating system.

This rating system has been around my whole life and my parents followed the rating rules. I was able to play some T for Teens games, but never M for Mature, successfully sheltering me from shooting peoples heads off. If you are under 17, you cannot purchase M-rated titles, so all of the kids playing games like "Gears of War" got it from someone older. The accusations being made towards games showing children violence are not the fault of game developers, but of parents letting their underage children play them.

The studies that have been done have shown slight increases in aggression when someone plays a violent video game compared to a non-violent one. That alone cannot be proven to cause someone to go on shooting spree. It is usually a combination of things, and video games may just be a small part of a larger problem.

Will people still try to blame video games if another school shooting or any shooting involving a teenager happens? My guess is they will until there is hard evidence that convinces people otherwise, or until another form of controversial entertainment becomes mainstream.

## CROSSWORD



### Across

- The STA is in the process of designing a system that could convert the 66 route into a \_\_\_ corridor (3 Words).
- Teachers and schools will see a loss of over \$11.6 \_\_\_ for primary and secondary education, putting about 160 teachers and aide jobs at risk.
- This week-long literary festival seeks to engage the community in a celebration of written word and discussion (2 Words).
- The \_\_\_ event is an event that helps make Get Lit unique and different from other festivals (3 Words).
- Men's basketball needed to win against \_\_\_ and have three other teams lose in order to advance to the Big Sky Conference tournament (2 Words).
- The men's rugby team's last regular season game will be against \_\_\_ University March 16 (2 Words).
- Women's golf took eighth place out of 21 teams at the \_\_\_ Invitational held at Oakcreek Country Club in Sedona, Ariz. (2 Words).

Answer key can be found at [easterneronline.com](http://easterneronline.com)

### Down

- Side effects and signs of a drug overdose can include dangerously high body temperature and an irregular \_\_\_.
- Winners of the winter quarter 2013 \_\_\_ Book Scholarship were awarded the chance to purchase books or ticket to a cultural event with a value of up to \$250 (4 Words).
- The Volunteer Income Tax Assistance program is funded each year by a grant from the \_\_\_ to guarantee that the assistance can be offered free of charge.
- \_\_\_ basketball locked up the No. 3 seed in the upcoming Big Sky Conference tournament with the victory.
- \_\_\_ accounting students from Eastern volunteer at United Way this tax season.
- Helping Ourselves Means Education is a program affiliated with the \_\_\_ Center (2 Words).
- \_\_\_ and Ritalin are stimulants commonly prescribed to children and adults who have been diagnosed with attention-deficit hyperactivity disorder.
- The wrestling club had five members finish in \_\_\_ place in the National Collegiate Wrestling Association Washington State Championships, Feb. 24 in Elma, Wash.

# THE EASTERNER

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EWU, Isle Hall 102  
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The Easterner is open for any EWU student or faculty who wish to write or copy edit news stories.

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## Pinkies up, pencils down, time for class etiquette

### Pro tips for punctuality and politeness

By Jasmine Kemp

STAFF WRITER  
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It is two minutes before class starts and for some blasted reason there is still a class working hard like it has only been 10 minutes since class began.

I don't know what it is, but I don't understand why it is so hard to look at the clock and make sure what the time is. I have been ranted at by instructors and professors about time management and they cannot even do it themselves.



Kemp

Yes, okay. I get there are variables that make classes stay late, but my classmates and I should not have to walk into one of our classes five minutes before it starts and watch those from the previous one in our desks incorrectly simplifying polynomials.

We are not in high school anymore. We do not get the pleasure of having instructors with their own rooms. We get to do this thing called sharing. I am pretty sure we started learning what that was in preschool, but who knows, maybe college is where we start learning it.

All I want is for everyone, students included, to be considerate of the classes before and after yours. Your design class is not the only class that will ever, in the history of the planet, be in

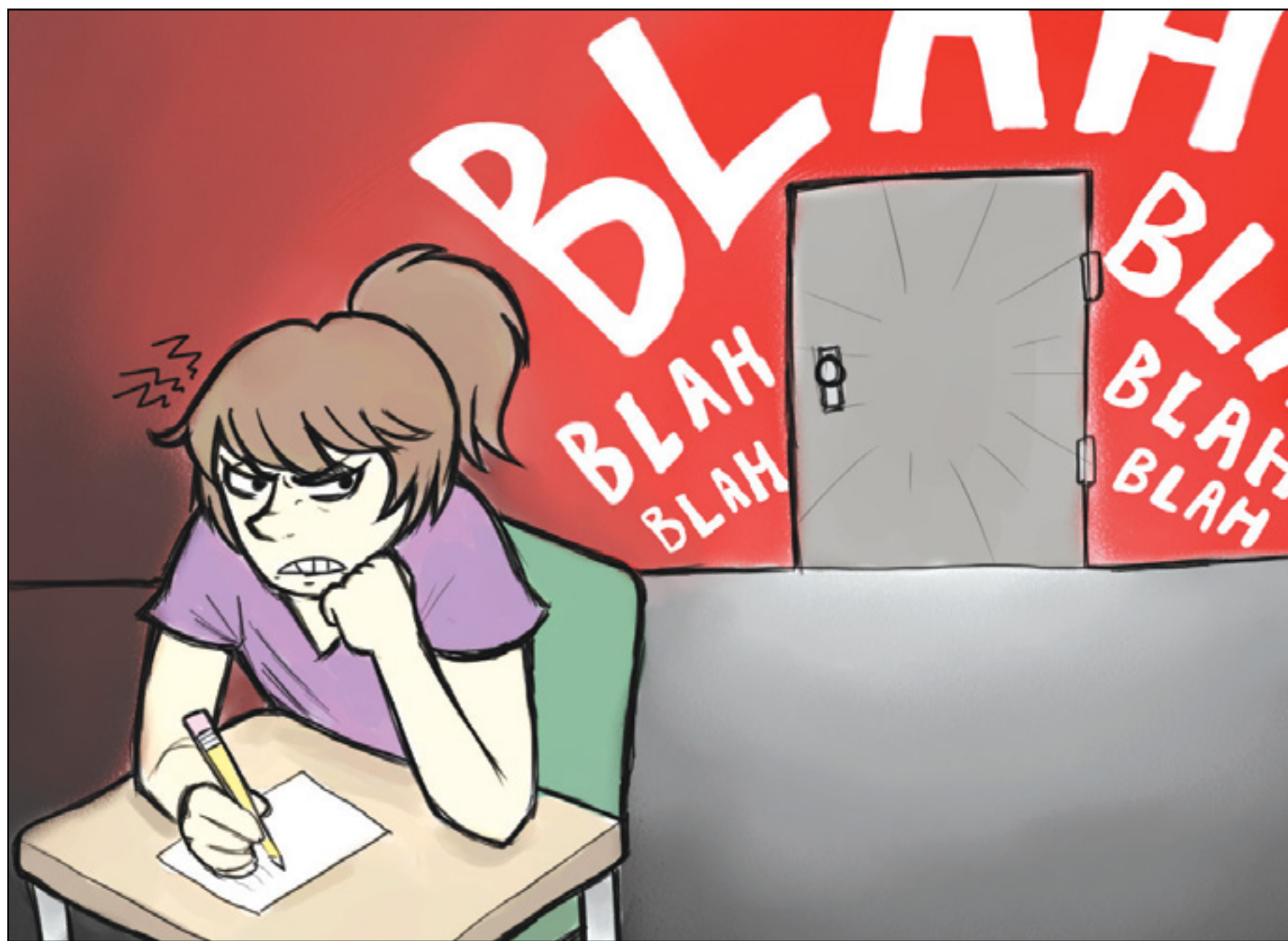


Illustration by Vania Tauvela

Students staying too long, entering a class early or talking loudly in the hall are only a few examples of poor classroom manners in practice at EWU.

that classroom. Your math class is not the only math class that has to cover difficult material.

Being considerate is not that hard. Pro tip: If students are still trying to finish a test five minutes before another class starts, maybe it would be wise to pick up those test materials

and continue the darn thing in an office or library space.

Another thing: 10:47 a.m. does not mean it is OK to start walking into a classroom full of people. It means it is 10:47 a.m., and there are still three minutes of class left. I do not need to be distracted by the door opening and closing and

my own mind trying to turn the noises it makes into the next Skrillex hit.

There is also the noise issue. If I am sitting in my German class I should not be able to hear about someone's pregnancy scare through the closed door. I would rather be learning how to say, "the arsonist

has oddly shaped feet," auf Deutsch.

We do not have hall monitors, we do not have big brother lurking down our backs to tell us to shut up. It is up to everyone, students, instructors and even the construction guys laughing loudly in the hallways, to remember how

much it would be annoying to have to sit in class and be distracted.

So be kind, suck it up and stand out in the hallway quietly, students. Instructors and professors can suck it up, be kind and practice their time management that they oh so love to lecture us about.

### Letters to the Editor

Dear Easterner Editor,

This letter has been drafted to address a few inaccuracies in the article entitled, "No Salvaging 'Savages'" posted on March 7, 2013.

We are a few of the original students involved in the "throwback jersey scandal" of 2004 and upon reading this latest article we were disappointed to learn of the several inaccuracies as none of us were contacted to verify the validity of certain statements.

The following are the inaccuracies in question:

- There were five students who originated the jersey, not two.
- We were never directed by university officials to stop wearing the jerseys (something we did of our own accord) due to copyright infringement.
- They were never sold at games nor were they confiscated. Each jersey currently resides with the member that paid for its creation save the one donated by one of us to the archives.
- At no point in time did any of us ever 'chant,' 'scream' or 'yell' any sort of racially disparaging remarks at anyone during any sporting event.

We hope that these inaccuracies will be properly addressed and that in the future The Easterner will take great care in 'fact-checking' future articles.

This letter was not drafted to dispute the validity of the mascot change or to dispute the offensiveness of the term 'savage' to certain members of the student body. This letter has been drafted to dispute the aforementioned statements and nothing more.

We have been, are and will continue to be proud Eagle Alumni and hope that others in the EWU community never forget our rich heritage when looking towards a brighter future.

Sincerely,

Seth Dryden, Class of '05  
Christian Hartz, Class of '05  
Albert Pjosek, Class of '06  
Nate Weaver, Class of '06

## Through the Eagle's Eye

Do you have any pet peeves when it comes to classroom etiquette?

Interviews by Kyle Harding. Photos by Aaron Malmoe.



"Texting in class, or when students start packing up right before it's time to leave."

Stefannie Collins



"Talking. Other classmates talking to each other while the professor is lecturing."

Timothy Smith



"When the professor's talking and the students are doing their own thing, texting or talking to each other."

Liza Kozhokaru



"I think it's annoying when people raise their hand and say stupid things to the professor."

Diana Vakulich



What are your classroom etiquette pet peeves?

Let us know on Twitter

@easterneronline  
#EWU

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Serving the community since 1916

#### LETTERS

**Kyle Harding**  
OPINION EDITOR  
easterner.opinion@gmail.com

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-Letters must be received no later than Monday at 10 a.m. in order to be considered for publication the following Wednesday.

-If your letter is in response to a specific article, please list the title and date of the article.

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MARCH 13, 2013

## OPINION

# Review: 'Ode' delivers homage to Keats

## EWU Theatre production shows depth and emotion

By Paul Sell  
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John Keats is a poet who has lost most of his family to disease, and the ones that he has not lost are either off in another country or he does not keep in regular contact with leading Keats down a lonely road where he adopts the phrase, "a true poet has no identity."

The story of "Ode," performed by the EWU theatre department, follows Keats as he meets passionate and fiercely independent Fanny Brawne and attempts to find a new source of inspiration for his poems, while possibly filling the gap within himself that his family left behind.

"Ode" was written by EWU professor of fine arts Jonathan Johnson, who has written two books of poems and another nonfiction book. This is also the first time that anyone has attempted to adapt "Ode" into a play, meaning everyone was in entirely new territory with this piece, which led to a superbly acted and breathtaking piece of theater.

While I didn't know what to expect going into "Ode," I came out of the play genuinely pleased at how well put together and thought out this production was. Upon the play's end, the audience reacted with



Blaine Nicholls plays John Keats while Nicki Meyer plays Fanny Brawne in "Ode." Photo by Nic Olson

### For anyone who wants to see "Ode":

The EWU Theatre Department will have three more showings of "Ode." The first will be March 14 at 5 p.m. The remaining two will be on March 15 and 16 at 7:30 p.m. Admission is free for EWU students, and \$10 for everyone else. Persons with special needs or for reservations please contact the theater department at 509-359-2459.

a standing ovation and applause, which I participated in as it felt necessary to applaud a masterful performance.

Though I don't have an eye for plays, I can tell when actors and writers have put much effort and heart into their work to make for an

experience that others won't forget anytime soon. "Ode" is no exception to that either.

What leapt out of the play and begged to be noticed was the character of Keats and how he wants the audience to see him. "Ode" shows that there is more to

a poet than just the poems. His innermost thoughts are throughout the play as poems after every major scene.

At first, I thought these transitional scenes would become tedious and repetitive, but I was proved wrong by the dynamic and ever chang-

ing lighting of Keats, as well as Blaine Nicholls, who plays Keats.

Nicholls is the glue that holds the show together. Never at any point in the play did it feel like an actor was playing a character on stage. It really did feel like Nicholls had been possessed by Keats and that we were watching his real life unfold before our eyes.

"The play felt like we were watching the life of Keats," said Ryan Hartwell, who ushered the performance. "[W]e were getting a peek at his innermost thoughts and that this is not just a poet, but a man."

Nicholls brings emotion and subtlety to someone who believes that he has no identity. When Keats is at a social gathering, the stage is set up with the party in front and Keats' dying brother pushed to the side, showing that he's in a different location. During the party, Nicholls constantly looks towards the brother to show the love and care he has for one of the last members of his family.

"It really felt like we got to see everything that was going on inside of Keats' mind," said Arri Cinocco, who attended the play.

Yet Nicholls was not the only actor to give a standout performance. Paden Vance, as Keats' dying brother Tom, gave a performance that was

both heart warming and tragic, while also giving the audience a smile or two. Dave Logghe, as Charles Brown, a good friend of Keats, was normally the comic relief but also had his fair share of moments where he cared for his friend.

Nicki Meyer, who plays Fanny Brawne, gives off an air of power and strength in her role. Meyer's voice is booming and gives Brawne the character that others will remember.

At times, her voice can be quiet and calming, but then can become loud and powerful to give meaning to her words.

"The way that the actors brought these characters to a whole new reality is what I'll take away from this show," said Kasiy Fowler, who attended the play.

As I walked away from the theater, I couldn't help but look back and admire how this cast and crew had managed to transport the audience back to 1818 and let them see how these interesting and assorted characters lived and behaved.

After the play's end, author Jonathan Johnson stood up on a nearby chair to address the cast and crew and said, "On behalf of these real human beings who lived, that was beautiful."

Views expressed in this review do not necessarily reflect the views of *The Easterner*.

## Literature festival celebrates 15-year anniversary

### Get Lit features events in Cheney and Spokane

By Jasmine Kemp  
STAFF REPORTER  
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Downing a glass of whiskey, warming the throat with a smooth burn, and eating a homemade pie, sugary and gooey, while listening to authors read aloud their work is one of the events continuing at this year's Get Lit festival.

The festival is from April 8 to the 14 and takes place on Eastern's campus and in Spokane.

The festival is an opportunity for students, as well as the general public, to get help with their writing and see authors present their work and interact with the audience, according to Melissa Huggins, programs coordinator of Get Lit.

Huggins said that she attended one of the events where Kurt Vonnegut presented. Living in Spokane for most of her life, she said, made it difficult for her not to know about Get Lit.

The pie and whiskey event is one of the events that help make the festival unique and different from other festivals, according to Huggins.

"When people hear, 'Literary festival,' they think they're just going to sit and listen to the authors read. The audience doesn't want it to always be a straight lecture, we like to mix it up," she said.

In 2012, one of the events included a basketball game, called

HooPalousa, where all of the players were authors, including Sherman Alexie, Heather Bowman and Jess Walter.

"It was a riot," Huggins said. According to the Get Lit website, the event that spawned the festival was a book reading that only garnered the attention of three homeless people who wanted to get out of the rain and two open mic readers that evolved into a weekend book reading event in 1998.

Get Lit was started by an old organization of EWU known as the University Press.

One of its former members, Christopher Howell, was part of the two-person organization that started Get Lit, according to Huggins.

According to Karen Maner, the co-coordinator of programs for Get Lit, the events are created with community input and marketing assistants to make sure that the events appeal to a broad range of people.

Authors that attend the event are suggested by the attendees of the festival, according to Huggins.

"Everyone always suggests Sherman Alexie," she said.

This year, events include a presentation by John Marzluff, who will explain how crows are similar to humans at Mobius Science Center, a first-time venue for the festival, according to Huggins.

"He studies all kinds of birds, but I guess crows are his life's work," she said.

Events happening on the

EWU campus include a special performance of "Ode" by the theater department that includes a question-and-answer session with Sarah Goff, director and assistant professor, and Johnathan Johnson, writer and associate professor at Eastern.

The events that take place on campus, according to Huggins, are due to whether or not the topic is suitable for certain academic departments.

"We go and ask the departments what they want to see. ... We have Kate Zambreno, who is a good fit for the women's studies program here, so she will be presenting during a class, but it's open to the public," she said.

For a literary festival, Huggins said she wants a blending of the academics and the general public making academics appeal to the average Spokaneite.

Maner said she attends the workshops that are offered to the public.

She said it helps her and her own writing.

Maner has also talked to people who attended the workshops, which range from students to those who consider themselves writers and those who are first-timers just starting to get into the craft, she said.

"It's nice because they get to choose an author that does the same thing as them," said Maner. "They can get help and learn not only how to write but how to get resources [for] the type of writing they're involved with."



Contributed by Karli Ingersoll

For more information on the Get Lit festival, visit [ewu.edu/getlit](http://ewu.edu/getlit).

## Drummer uses marketing degree toward music career

By Nick Johnson  
CONTRIBUTING WRITER  
easterner.eaglelife@gmail.com

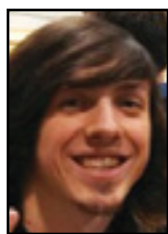
Rocking his way into the music world, Ethan Harrison has juggled two bands alongside finishing his marketing degree at EWU.

Before joining the music scene, Harrison was raised in Spokane by his parents who would not let him listen to secular music. It was not until he was 15 years old that he first discovered rock 'n' roll.

"Everything I listened to was from [the] '60s, '70s

and '80s," said Harrison. "Tommy Lee was one of the first drummers that caught my attention, and after that I started getting into other music. Whether it was punk, pop or metal, I was just taking different inspirations from different areas."

After gaining inspiration, Harrison began teaching himself how to play the drums by listening to music on his iPod.



Harrison

Although he finished his degree, Harrison would have liked to take some classes in music. He has started his own business, Colossus Productions.

"I [wanted] to help promote the music scene in any way that I could," said Harrison. "I just didn't have a lot of time with my marketing degree to take other classes, and you also have to be in the music department to take some of the classes."

Before joining The Nixon Rodeo two and a half years

ago, Harrison was already playing in Fallen Regiment, who performed at EWU in 2011. He decided to join The Nixon Rodeo after he had seen and played alongside them multiple times.

"We played another couple shows together and Fallen Regiment was doing really well in town, but then [The Nixon Rodeo] asked me, 'Hey, we need a new drummer and we thought it [would] be stupid not to ask you.'"

Since Harrison joined The Nixon Rodeo, the band released their first album, "Made

to Bleed," on iTunes in May 2012. That same year, they played at the Uproar Festival.

"It was a lot, having school, work and two bands," Harrison said. "It was a hassle, but it was totally worth it."

According to Brent Forsyth, lead vocals, "It's really nice having two drummers in the band."

Travis Singleton was originally a drummer but now plays bass. Harrison and Singleton have shared ideas on drum parts for their songs on the album.

"When anybody is talking to Ethan [Harrison] about music stuff, he means business," said Josh Crites, the lead guitar player in The Nixon Rodeo.

Harrison and The Nixon Rodeo recently finished their second album. According to Forsyth, the band used different styles for various tracks on the new album.

"There's a lot of sacrifices all of us have to make to be in a band, but when you get to play a big show, that's the payoff," said Harrison.

**Have your own band? Tell us on Twitter @EWU\_Eagle\_Life**

## OPINION

# When it comes to finals, always carry extra notecards

By Davis Hill  
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Although we no longer have to hunt for food or defend ourselves against marauders, these skills still serve us well in the modern academic wilderness of final examinations.

Your finals will require every ounce of ingenuity you possess. They will be grueling and terrible.

In order to help you face this danger, The Easterner has prepared a special brief that summarizes defense strategies and anti-finals tactics. Familiarize yourself with this battle-tested wisdom:

### Emotions will not help you.

The finals will not care about your relationship with your sister or whether you have a fulfilling home life. They will not care that you will be ejected from the university, debt-ridden and degree-less if you do not get at least a 'B.'

Similarly, do not become overconfident. Bravado in combat only serves to increase the danger. Many otherwise well-equipped study teams have swaggered into finals with only a grin and a pencil, never to be seen again.

### Choose your study team well.

You cannot go it alone. In order to stand any chance of success, your team must be competent, connected and well-equipped.

A small, efficient and loyal team is worth hundreds of hours of studying and tutoring.

Who's best at notecards? Outlines? Definitions? Time management? Do your members have double majors, minors, first aid training or other skills?

### Make sure your team is well-equipped.

Every team member should have a default "kit" they carry at all times. It should include:

- Primary writing utensil: ballpoint or fountain pen
- Secondary writing utensil: pencils, no less than five
- Two energy drinks
- Extra energy rations
- Calculator
- Notecards
- Notebooks: no less than three
- Cell phone with text messaging
- Headphones or earplugs
- Personal backpack

In addition, each team should have access to:

- Pencil sharpener
- Copy machine
- Computers: no less than two
- Appropriate textbooks
- Medicine: pain-relievers, vitamin C tablets
- Appropriate building keys for those with project-oriented finals
- Library card

### Know your enemy

Finals come in many shapes: tests, papers, projects, presentations and portfolios, among others.

- Test: Remember, nearly all of the time when you change an answer, you go from right to wrong.
- Paper: Beware — after three hours of reading 12-point Times New Roman, your professor is likely to catch your 12.5-point font.
- Project: Aggression is key here. Come up with an unexpected angle, and push it hard.
- Presentation: Know your team. The English major might be a genius, but if he can't deliver, it's Powerpoint duty.
- Portfolio: Keep it simple, short and to the point—just like your emergency defense plan.

### Your emergency defense plan

What if your pen runs out of ink? What if your last pencil breaks or your calculator runs out of batteries? Do you know the layout of the classroom and the best seat for avoiding prying eyes?

Construct additional backup plans. You may find you wish to add more supplies to your kit or that you need to study the layout of an adjacent room. Unexpected needs will turn up; do not ignore them. You cannot be too prepared.

### Remember the cost of success.

Finals are not always about learning. They are about seeing who is willing to push themselves to the breaking point of sanity and health just to get a good grade.

Professors keep an eye out for the student who is the most haggard and then award them a special prize: a good recommendation to grad school, the only place where their self-destructive tendencies are truly appreciated.

### Living with the 'F'

What about a worst-case scenario? You've prepared, memorized—and then suddenly, on the day of the final, you wake at 2 p.m. and realize you slept through your 10 to 12 a.m. final. What now?

It won't be easy. Sometimes, you can beg your professor into granting you a make-up. Otherwise, you'll have to start from scratch, possibly even retaking the class.

This scenario will require you to change your approach. Just like our ancient ancestors, you must struggle to adapt, study and survive.

*Views expressed in this column do not necessarily reflect the views of The Easterner.*



Photo illustration by Aaron Malmoe  
There are several items students should keep on them during finals week including a first-aid kit, a calculator and a pencil sharpener.

# Ullah's quest for peace begins at EWU

## Pakistani student selected for Global Undergraduate Exchange Program Scholarship

By Kara Hill  
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Najeeb Ullah longs for peace within his country.

Ullah, a Pakistani student who is studying at EWU on scholarship, hopes that, through education, peace will eventually be possible for his people.

Ullah was selected to be one of the 113 recipients of the Global Undergraduate Exchange Program Scholarship, which is highly competitive and merit-based, for winter and spring 2013.

The scholarship, which is funded by the American Bureau of Educational and Cultural Affairs, according to the IREX Organizations website, allows students from underrepresented sections of Pakistan to attend college in the United States for a six-month period, expenses paid.

This program for Ullah has been life-changing. He said that without the program scholarship he would not have been able to visit the United States, let alone attend an international school.

According to Minghua Weng, the international student adviser at EWU, it was Ullah's ambition that got him accepted into the program. Weng said that the program was designed to give international students an inside look at American culture.

Before Ullah arrived in the United States, his under-



Photo by Anna Mills

Najeeb Ullah's future goal is to be a leader in Pakistan.

For more information on the Global Undergraduate Exchange Program in Pakistan, visit: <http://www.irex.org/project/global-undergraduate-exchange-program-pakistan-global-ugrad-pakistan>.

standing of Americans and the culture was very different.

According to Weng, Ullah thought that the government spoke solely for the American people and it was not until he arrived in

Spokane that his opinions changed.

Weng hopes that if Ullah leaves the United States with a clear understanding about Americans, he will be successful in promoting the truth about American cul-

ture and could possibly prevent conflict in the future.

Weng said that the international student advisers try to show positive aspects of American culture to give the students something to look back on.

"Not everything is perfect, but we would like to give them a positive experience," Weng said.

Weng said that Ullah in particular will benefit greatly from this experience because he wants to be a political leader in Pakistan in the future.

"This is going to be a critical experience for him," Weng said.

When Ullah arrived in the United States, Weng provided insight on various topics, even encouraging Ullah to visit the public library to see how history is told differently in the United States than in Pakistan.

Weng said that when historical events are manipulated it is easy for the government to inspire hatred and to cause a conflict between countries. Censorship is a common tool used to do just that.

According to Ullah, Pakistan's government censors the media, causing the Pakistani people to have a modified view of Americans.

Ullah said because of the censorship, Americans have been described as warmongers. However, since he has been in the United States, Ullah has discovered that this stereotype is not true.

"When I came here I saw people. I talked to them, and [now] I love the people. They are so caring, so supportive," Ullah said.

If the people of Pakistan were educated without censorship, the anti-American sentiments would dissipate, according to Ullah, who wrote an in-depth essay about the educational pitfalls in Pakistan for his Global Undergraduate Exchange Program Scholarship application.

Ullah said that education can overpower violence. He wants American troops to try educating the people to help them understand the changing government, instead of using force.

"Educate, even if it's in English," said Ullah, "[because] killing people is not fair to humanity."

Ullah said that when he returns home to Pakistan he will use his experience in the United States to continue the fight for peace through education; even though he knows that it will be very difficult and time-consuming, Ullah said that he cannot give up.

"If I lost my hope, my patience, how will people get rid of stupidity?" Ullah said.

According to Ullah, if he can change the views of his family members, then he has already accomplished a lot.

"I am hopeful. Still, I am hopeful that change will come," Ullah said.



**What are you doing for spring break?**

**Tell us on our Facebook page**





## Police Beat

**By Linsey Garrison**  
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**Mar 4**  
**2:30 p.m.**  
**Agency assist**  
EWU Police assisted the Cheney Police Department with a shoplifter who was running away from Mitchell's Harvest Food grocery store. The suspect was caught, cited and released for third-degree theft.

**11:16 p.m.**  
**Agency assist**  
EWU Police assisted the Cheney Police Department with a domestic violence situation that was in progress. One person was detained, but no one that was involved was a student.

**Mar 6**  
**2:27 p.m.**  
**Theft**  
A student reported that his backpack was stolen but could not recall what building he left it in. The bag contained a laptop and two graphing calculators.

**6 p.m.**  
Two female students were contacted in Louise Anderson Hall for possession of

marijuana. One student was arrested for MIP and possession of marijuana under 40 grams.

**Mar 9**  
Two female students on the 10th floor of Pearce Hall were contacted for drinking under age. One student was a running start student and was unresponsive.

**Mar 10**  
Three male students were seen carrying another unconscious male into Pearce Hall. Medics were called and the student was transported to the hospital and cited for an MIP.

### Tip of the Week:

The university police currently have close to 1,000 unclaimed flash drives. Make sure your flash drive has at least your phone number on it so that it can be returned to you in the event that you lose it. A sticker or a sharpie on the outside of it is easiest but a document with your contact information kept on the drive can also help.



Illustration by Jasmine Kemp

**Mar 10**  
Medics were called after three male students were seen carrying an unconscious person into Pearce Hall. The student was later cited for an MIP.

## EWU Library Award presented to students

EWU MEDIA RELATIONS

Eastern Washington University students Michelle Keller, a biology major from Spokane, Wash., and Anthony Austin-Walker, a history and humanities major from Issaquah, Wash., have been honored as this year's EWU Library Award recipients.

During a ceremony on March 8, they were each presented with a \$250 check by Interim Dean of Libraries, Ted Otto, as well as travel expenses to attend the 2013 NCUR Conference April 11-13, in La Crosse, Wis.

The NCUR Library Award recognizes and encourages student research and creative projects that

incorporate library resources. "The EWU Library is enthusiastic about supporting these outstanding young scholars," said Otto. "We trust that this experience will be the beginning of a long career in productive research."

At the NCUR conference, Michelle Keller will present her paper, "The Effects of Root-Fungi Mutualism on the Development of Trichomes on Tomato Plants." She was mentored by Robin O'Quinn, Ph.D., assistant professor in the College of Science Health and Engineering. Keller hopes to earn a Ph.D., teach, and conduct plant and mycological research.

Austin-Walker's faculty research mentor for

his paper, "Baptism, Divine Healing, and Demonic Expulsion in Pre-Nicene Christianity: A Defense for the Invocation of the Holy Name 'Jesus,'" is Dr. Garrett Kenney, associate professor of English/religious studies. Austin-Walker, a senior at EWU, hopes to enroll in graduate school during fall of 2013 to pursue a doctorate in ancient Near Eastern studies.

Only EWU students selected to present at the NCUR conference are eligible to apply for the Library Award. The award recipients were selected by a panel of librarians who assessed overall merit of the applications based on incorporation of library resources into the research or creative project.



Photo courtesy of media relations

**Michelle Keller was honored as this year's EWU Library Award recipients. Both were presented with a \$250 check by Interim Dean of Libraries Ted Otto.**

## Easterner Horoscopes

**By Kristie Hsin and Linsey Garrison**

**Pisces Feb 19-Mar 20:**  
Lay off the alcohol for a while. Blacking out every night isn't working for you academically. Keep in mind that you can still have fun without alcohol in your bloodstream. Be the designated driver this weekend. Your friends will appreciate it.

**Aries Mar 21-Apr 19:**  
The deadline for symposium entries are coming up soon. Do you know what you will be presenting? If not, don't stress too much. It will come to you soon enough. This is your senior year and you want to showcase all that you've worked hard for. If you still don't know by Friday, know that you've failed.

**Taurus Apr 20-May 20:**  
Keep reading the paper for your weekly horoscopes. It's the only truth. Do not read anything else. If you do, something bad will happen the next time you go to the bank. You must abide by this rule.

**Gemini May 21-Jun 20:**  
Give a stranger a hug today. Don't worry, they won't punch you. They

want to be hugged just as much as anyone else. Besides, it's good karma.

**Cancer Jun 21-Jul 22:**  
That homeless man really is friendly. He won't hurt you if you let him into your home. Better yet, just give him your wallet. He needs it more than you do. Pay it forward, remember?

**Leo Jul 23-Aug 22:**  
Floss more. That's your horoscope for the week, nothing else.

**Virgo Aug 23-Sep 22:**  
Sticks and stones, baby — don't let harsh words get to you. Let your haters be your motivators. Rain or shine, you can get through anything as long as you stay positive. Drinking more milk wouldn't hurt.

**Libra Sep 23-Oct 22:**  
You say you're on a tight budget and you don't have a lot to spend, but yet you keep leaving your food in the microwave. See the problem? Don't let the little shiny things in life distract you from your food.

**Scorpio Oct 23-Nov 21:**  
You're quickly running out of shampoo. Why? It's because you're so stressed out that you forget that

you've already shampooed your hair. Keep calm and listen to Imagine Dragons.

**Sagittarius Nov 22-Dec 21:**  
Graduation is nearing and you have no idea what you're going to do after June 15. Guess what? Half your class probably doesn't know either. You're not alone, so take a chill pill and consider making an appointment with your adviser or calling your mom.

**Capricorn Dec 22-Jan 19:**  
You've been late to class every-day this week and you can't figure out why. Here's a tip: Change your clocks.

**Aquarius Jan 20-Feb 18:**  
If you don't drink this weekend you won't have any good stories to tell and your night will end with you saying, "I'm way too sober right now." Is that how you want to spend one of your last weekends as a college student? Didn't think so. Grab your buddies and hit the town. But beware. Stay away from the poison disguised as Four Loko. This drink is not your friend.

*Easterner horoscopes are for entertainment purposes only.*

## Veterans smiling after clinic opens

EWU MEDIA RELATIONS

Eastern Washington University's Dental Hygiene program donated services totaling more than \$32,600 on its annual Smile for Veterans Day in early March. Overall, EWU's dental hygiene students treated 62 veterans at the Riverpoint Dental Hygiene Clinic.

For a \$10 fee, veterans enrolled at area colleges who have no other dental coverage were allowed to make appointments.

"This is a great way to give back and thank our veterans for serving our country" said Rebecca Stolberg, director of the EWU Dental Hygiene Program. "Eastern students took the lead in this project, and offered as much dental treatment as they could with the help of faculty, staff and volunteer Spokane dentists."

Smiles for Veterans is part of an annual community service project for EWU dental hygiene students, who help with cleanings, x-rays and complete dental exams.

## Sequester:

*continued from page 2*

"In terms of the whole budget of EWU, that is one administrative assistant position. We don't know when the cuts will occur, but they probably won't be as bad as we think."

The report estimated the effects of the sequestration for Washington state in specific budget areas.

Effects will be felt by teachers and schools, especially primary and secondary schools and educational services for disabled students. It will affect work-study jobs for college students. Finally, it will affect Head Start, child care and children's vaccines, which will affect the approximately 20 per-

cent of EWU students who are parents.

Mary Voves, vice president for business and finance, said, "Because Eastern does not rely heavily on federal research dollars, the sequester will not have a significant impact on research, hiring or construction. What we are watching carefully, however, is the trickle-down effect if it impacts the state significantly."

Student grants and loans could be affected, according to Bruce DeFrates, director of financial aid and scholarships. "The impact to EWU financial aid for 2012-2013 and 2013-2014 is negligible. However, the cuts in years two to 10 could be more significant, especially to the Pell Grant program."

## Classifieds:

Spring quarter parking permits will go on sale Friday March 15, 2013. All permits are sold first come first serve. To purchase a permit please come to 131 Tawanka, office hours are 8 a.m. to 4:45 p.m. Monday thru Friday. Please remember to make sure all parking infractions are satis-

fied or you will not be able to purchase a permit. Only ONE campus permit per person is allowed. Please call Parking Services at 359-7275 for further information.

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## 5 NORTH

## JULKA LAWRENCE



## Sports in brief:



Nelson

The awards were abundant for Eagle basketball players. Sophomore Lexie Nelson was one of six players in the conference to be selected to the All-Big Sky First Team. Freshmen Venky Jois and Hayley Hodgins were both named Big Sky Freshman of the Year for their respective performances in the 2012-2013 season. Senior Carrie Ojeda earned an All-Big Sky team honorable mention. Nelson averaged 13.7 points per game and shot 41.9 percent from the floor. Jois was 15th in the conference in scoring with 12.3 points per game. He averaged nine rebounds per game and had a total of 66 blocks. Hodgins was the fourth Eastern player to be named Big Sky Freshman of the Year. Hodgins scored 7.3 points per game off of 38.9 percent shooting. Ojeda scored 11 points per game to go along with 6.7 rebounds per game. Nelson was also named Scholar Athlete of the Month for the month of March along with men's basketball player Jeffrey Forbes. Forbes, a communications major, has a 3.06 cumulative GPA. Nelson, a major in exercise science, has a 3.65 cumulative GPA.

The golf team placed second out of 13 teams at the Jackrabbit Invitational in Primm, Nev., on March 12. The team was led by performances by freshman Marissa Borja and senior Morgan Lee. The Eagles had an overall team score of 932, only six points behind first place Houston Baptist University with 926.

The men's tennis team enjoyed a win over North Dakota, 7-0, on March 12. Sophomore and No. 1 singles player Joseph Cohen continued his dominant play, improving his record to 7-3 overall, and a perfect 3-0 in the conference.

The women's tennis team dropped their match against Boise State, 7-0, on March 8. On March 10, they lost another match against New Mexico State, 6-1. They dropped to 4-10 overall and remain 2-2 in the conference.

## Upcoming:

The women's basketball team captured the No. 3 seed in the Big Sky Tournament in Missoula, Mont. The tournament is scheduled for March 14-16. The Eagles will play Montana State in the first round of the tournament on March 13 at 4:30 p.m. The games can be watched live on big-skytv.com.

The Eastern track and field team will compete in the Dusty Lane Open in Spokane on March 16. It is the first meet of the outdoor season.

The men's tennis team have a three-day road trip on March 26, 27 and 28 where they will play Seattle, Southern and Northern Arizona, respectfully. They return home to play New Mexico State on March 31 in the Jim Thorpe Fieldhouse.

The women's tennis team is also on the road, traveling to play Southern Utah, Northern Arizona and Texas-Pan American on March 27, 29 and 30, respectfully. They return home to take on Montana on April 2 in the Jim Thorpe Fieldhouse.



Photo by Aaron Malmoe

Freshman forward Venky Jois drives to the basket against North Dakota's Jordan Allart on March 2. Jois was recently named Big Sky Freshman of the Year.

## Eagles plummet from the 'Sky'

Stars refuse to align for Eastern, lose to Weber State, finish ninth in Big Sky

By Josh Friesen

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The Eagles just could not muster up enough luck to get into the postseason.

It was a week that required both wins by the Eagle men and luck to get into the Big Sky tournament. Things fell into place for the Eagles when they soundly beat Idaho State on March 7, followed by two key losses by other Big Sky teams on the same day.

On March 9, Eastern needed to win against Weber State and have three other teams lose in order to advance to the Big Sky Conference tournament. Heading into the game on March 9 against the Wildcats, the Eagles' chances of making the playoffs were

	1	2	Final
Eastern Washington	30	27	57
Weber State	35	30	65

already gone due to a Montana State win and a Southern Utah loss earlier in the day.

That did not stop Eastern from battling to try to win their final game of the season, ultimately falling to Weber State 65-57.

The Eagles drew first blood on a layup by sophomore Martin Seiferth, but that was the only lead they held. Weber State charged back and twice led by 11 points in the first half. Things seemed bleak as Seiferth went down early in the game with a hip pointer. However, the Eagles refused to give up. Led by

freshman Tyler Harvey's 11 first half points, the Eagles got to within a point during the 4:06 mark before heading into halftime with only a five-point deficit.

The Eagles and Wildcats traded punches in the second half where the Eagles held them to only 43.5 percent from the field. Weber State came into the game leading the nation in 3-point field goal percentage and overall field goal percentage. The Eagles never trailed by more than eight points, but they were only able to come within one point of tying.

"Credit Weber State's

defense," said men's head basketball coach Jim Hayford. "We did everything we could to try to manufacture baskets. I thought we executed a really, really good game plan. To hold the nation's top shooting team to 40 percent showed how far we've grown defensively."

At the 6:05 mark, a dunk by Eastern freshman Venky Jois got the Eagles to within one, but Weber State's Scott Bamforth scored five consecutive points to give the Wildcats a six-point edge until there was 2:55 remaining.

Bamforth scored another five points in the waning minutes to effectively shut down any hopes of an Eagle comeback.

"That's what great players do. He came up big

down the stretch," said Hayford. "They were all contested shots, so give Bamforth credit. That's why he deserves all the honors and recognition he gets. He was the difference maker down the stretch."

Harvey led all Eagles with 17 points, and Jois had 10. Harvey added eight rebounds, second on the team only to Jois' nine. The Eagles fielded their 14th different starting lineup, mostly due to injuries. Many of the players who started included several freshmen and sophomores.

"It just shows how far we've grown," said Hayford. "I felt like we got better every week, and we played one of our best games of the season against Weber State. ... I'm really, really proud of our team."



Craig Ehlo played for four teams during his NBA career. He was drafted by the Houston Rockets before spending most of his time with the Cleveland Cavaliers. He also played for the Atlanta Hawks and Seattle SuperSonics.

## Playing with the greatest

Current Eastern men's assistant coach Ehlo was tasked with defending Michael Jordan

By Jake Kershinar

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Hall of fame basketball player "His Airness" Michael Jordan turned 50 last month and was the main individual focus in the sports world during his birthday week.

While Jordan is widely considered the greatest basketball player of all time, few actually know about the intangibles and intensity he brought to the game that made him the greatest.

It just so happens that there is one man on EWU's campus who knows about that intensity better than most and saw day in and day out what really made Jordan great.

Craig Ehlo, 51, who now holds the title of assistant men's basketball coach at EWU, played 14 seasons in the NBA between 1983 and 1997. Ehlo spent the prime of his career playing for the Cleveland Cavaliers from 1986 to 1993, and he played in the same division as Jordan's Chicago Bulls, setting up many battles between him and Jordan.

"Everybody always talks about him scoring points," said Ehlo. "But there was more to his game than just scoring points. He was a great psychological warrior. He could wear you out mentally just by running the offense or, when he wanted to, he could isolate you and put you on an island with him. The ultimate respect in the NBA is [earned] when the best player has [the ball] and we would try to get it out of his hands and we couldn't. He was just so good and made others around him better, and he will always be the standard for the up-and-coming guys."

Ehlo called Jordan instinctive and had no doubt in his mind that out of the nearly a decade and a half he spent in the NBA, Jordan was the toughest to guard one-on-one.

"Sometimes, I would be in the right spot, take away everything he had and he would still make a shot," said Ehlo. "And we would run down the court together, and I would be like, 'How did you do that?' and he'd be like, 'I don't know. It just happens.'"

MARCH 13, 2013

# Kellerman tackles two varsity sports

Written by Elohino Theodore

Photos by Josh Friesen

FOR THE EASTERNER  
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Cora Kellerman's victory against the battle of her former heart condition shows her strength.

She can add this victory to an already impressive athletic résumé.

Kellerman competed for La Conner High School in both track and volleyball. After high school, she had the honor of receiving a volleyball scholarship from Eastern. Kellerman has played volleyball for Eastern for five years.

Since high school, Kellerman has been quite successful athletically. In her sophomore year, Kellerman placed second in the 1A championships for javelin throwing. During her junior year, she placed third in javelin at the 2B championships.

In her senior year of high school, her personal best in javelin throwing was 137-3. This would be the last time Kellerman would throw the javelin competitively

until this upcoming track season for Eastern. At the start of November, Kellerman decided to give track and field another try after walking into the track coach's office.

Being new to EWU track and field, Kellerman does not know what to expect from this upcoming season. However, she is looking forward to throwing the javelin competitively. "I don't really know necessarily the specifics on what to expect, but I'm just excited to get out there and compete and see how it goes," Kellerman said.

Kellerman joined the track team right after the Thanksgiving holiday. She also started practicing with them during that time. Her track teammate, senior thrower and hurdler Michelle Coombs, admires Kellerman's skill set. "As far as practice goes, [in the] weight room she's definitely strong and fit," Coombs said.

So far, the team has not actually practiced up to their full potential. How-

ever, Coombs is still impressed with Kellerman's throwing ability. "We haven't thrown much, but I can tell she's very explosive [and] very fast. She's [going to] do well," Coombs said.

So far Kellerman's personality has made an impression with the track team. "She's great, she's quirky. She's funny, [and] she's always positive and upbeat," said javelin coach Aaron Mettler.

Coombs likes Kellerman's positive attitude and her work ethic. "She's awesome. She's super outgoing and bubbly. She never complains about her workouts. She's a really awesome person to be around [and] a great contributor to the team," Coombs said.

Kellerman's volleyball career has been an impressive journey. In 2008 she was a member of the Big Sky All-Academic Team for the first time for volleyball. The team was also Big Sky champions. Kellerman played a large amount of minutes on the court as a rookie.

During her second year, she helped

Eastern advance to the Big Sky tournament with 11 kills and 12 digs in the final regular season game against Sacramento State. During Kellerman's third year, she red-shirted while battling a rare heart condition and went through three heart surgeries to correct the problem. After the surgeries, she was cleared to start training again.

In her fourth year, she came back on the court and was honored with the Big Sky All-Academic Team for the third time. She also was recognized by the league coaches as one of the six best players in the Big Sky Conference.

Kellerman looks at her volleyball achievements as a team effort and not an individual effort. "I always feel like any award that's given whether it [is] individual or not, it's kind of a reflection of our team," Kellerman said.

Some things that Kellerman appreciated during her time at Eastern were the relationships she developed with her teammates. "With volleyball I feel like I've made some really great lifelong friends and that is something I hope carries on [after college]," Kellerman said. She feels the same way for her new track team as well.



Photo by Dylan Paulus

Eric Populus goes up for the ball during a lineout against Western Oregon.

## Men's rugby playoff bound

By Kelly Manalo

STAFF WRITER  
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The Eastern rugby team took on the University of Oregon Ducks March 9 in Eugene, Ore., for placement in the playoffs.

The Ducks and Eagles tied with a score of 19-19, and the team now stands at 3-1-1 with 17 points. On March 2, they defeated Western Oregon 26-7 at Roos Field.

Against Western Oregon, the team scored a push-over try, which is rare, according to coach David Ratcliff. "It's just a stunning display of dominance. The best thing about it is that Eric [Populus] and the rest of the team told the opposite team what they were going to do before they did it."

Populus is the top individual point scorer in the Northwest Collegiate Rugby Conference with 93 points; the second scorer has 57 points. He also placed with the top individual try scorers, according to the Northwest Collegiate Rugby Conference statistics.

Populus scored 44 points in one game against Boise State University on Feb. 2. "I've been coaching for ten years and played for 20 years, and I don't think I've ever seen one player score that many points [in one game]," said Ratcliff.

"He's the captain and the leader. He's a good leader. He doesn't shout at players, he encourages them. He brings a tremendous amount of leadership to the team."

The team's last regular season game will be against Western Washington University, the number one seed in the Western Division, March 16.

"We're trying to get first place seeding so we can host [the playoffs]," said forward captain Cameron Bowers.

"Unlike football, you have 30 players on the field at any one time. There's not a lot of space. A traditional rugby field is 75 yards wide, so [Roos Field] was a much more narrower field than you would normally play, so it's much harder to score," said Ratcliff.

Ratcliff became the new coach five days before the start of the season. He replaced Ian Martin, who coaches part-time now, according to Bowers. "I feel like that's why

we lost our first game we were completely changing our team, but then after that we've been really focused in games and we've been really calm and collected the whole time."

Since that first loss, the team's mentality has been, "We need to win if we want to be first," said senior forward Brian Adams. "We are definitely feeling that this is our chance."

The team has a very strong shot of winning the Eastern Division, according to Ratcliff.

The quarterfinals and semifinals are on the same day, April 6. If they win the semifinals, which they would host if they were the number one seed, they would then go to Seattle for the conference final, according to Ratcliff.

"We want to focus on the league championship. We've never had one of those," said Bowers. "Like coach says, 'One inch at a time,'" added backs captain Justin Dreyer.

"We're going to go out and try to win. There's no resting," said Ratcliff.

As a new coach, Ratcliff has upped the intensity of the team's practices, according to Adams. "He's put more of a drive in us. He's made us work harder at practices and he's given us a lot more confidence."

"I always tell the players that they have to practice harder than the other teams, so they've embraced that. They work out very hard. Our practices are very physical, much more physical than any other team that you'll see," said Ratcliff.

The team practices three times a week, two hours a day. "It's a hard practice and that's made us a very hard team. We're not tapering that at all when it comes to playoffs. We want to embrace that. We keep practicing hard because that's how we play: hard," said Ratcliff.

The team is very competitive and their ambition is to make it to the finals. And they have a good shot, according to Ratcliff.

"If they win [conference] they go to the national's sweet 16. These guys have had their eyes on that right from the very beginning. They're very ambitious. They're very committed and they're aiming high," said Ratcliff.

## Athletes' pregame rituals prepare them for games

By Amye Ellsworth

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In order to prepare for competition, some athletes turn to rituals or superstitions that they believe will bring them good luck and keep their minds focused.

Both women's basketball center Laura Hughes and volleyball player Talia Fermantez must listen to music before every game. The music they choose to listen to is always the same, and they feel they must go through their playlist in order to have a good game.

"I have a specific list of songs, and I never change them," Hughes said. "I have mostly Michael Jackson, Jay-Z and Beyonce."

Fermantez only needs to listen to one song before a game.

"What I have to do before every game is I have to play 'Teach me how to Dougie' all the way through. Otherwise I won't be ready," she said. "Something about the song gets me in the rhythm and gets me relaxed."

Hughes said that she has been performing this pregame ritual since she was a junior in high school. She selected these songs because she thought they would bring her the most good luck due to the fact that they pump her up before a game.

"They help me get a little angry, so they can help me play hard," Hughes said.

While she is listening to the song, she also goes



Illustrated by Vania Tauvela

through a visualization process. She pictures herself being aggressive on the court and dominating the opposing team.

"I close my eyes and get lost in the music," she said. "I think it definitely calms my nerves."

If Hughes has a bad game or does not play her best, she will listen to the songs again after the game to help her relax and take her mind off the loss.

There have been games when Hughes was unable to go through her pregame ritual, and she said she ended up playing poorly as a result.

"There was once that I got rushed out of the locker room. I was nervous, and I thought I wasn't going to have a good game," she said. "I was superstitious."

During high school, Hughes would always eat a Subway sandwich for lunch on game day. But, she said she had to give that superstition up upon coming to Eastern.

Sophomore soccer player Kayla Sutter has a ritual of

her own that does not involve music. Sutter has the initials of her grandpa and her cousin on her cleats. While the players are lined up on the field before a game, Sutter will kiss her hand and touch each of the initials.

"I have my cousin's initials because my cousin has been battling brain cancer this past year and recently passed away," Sutter said.

She explained that performing this routine helps develop her mentality for the game.

"I just want to play for something bigger than me," she said. "I want to make my grandpa proud. I definitely want to keep playing for my cousin."

Both Sutter and Fermantez anticipate continuing their individual routines during the fall soccer and volleyball season.

Hughes will need to be sure and complete her pregame ritual as the women's basketball team compete in the Big Sky Conference Tournament, starting March 14.

## Wrestling club places third

### Members show off their skills on the mat

By Bryan King

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The Eastern wrestling club had five members finish in first place in the National Collegiate Wrestling Association Washington State Championships, Feb. 24 in Elma, Wash.

The tournament participants included teams from Central Washington University, Washington State University, Western Washington University and Douglas College.

Eastern's team finished in third place overall with 21 points behind Washington State University, 22 points, and winner Central Washington University, 23 points. President and coach of the club Brandon Stewart was impressed with the results.

"To have five guys win their weight class is huge," Stewart said. "They all had the passion and drive to finish strong, and in the end they finished on top."

Joe Cordes, winner of his weight class at 125 pounds, seemed to be very impressed with his win after finishing fifth last year and not making it past regionals.

"I have been at regionals for two years, and it just seemed that I was a lot stronger and more focused this time around," Cordes said.

Freshman Boyce Johnson only had two weeks to prepare for this tournament as he joined late in the season. He used this short time as a member of the team as motivation to go out and get the win. He won his weight class at 141 pounds.

"I felt good and overall tough enough to perform at a high level," Johnson said.

Mason Macfarlane, a senior, did not let his busy school schedule this past quarter slow him, allowing him to win his weight class at 149 pounds.

"Even with a full load of homework and labs and feeling like I didn't have enough time to prepare, I used that as a motivation to keep going stronger and I am happy with the way it turned out."

Freshmen Brady Mast, 184 pounds, and Evan Earnest, 285 pounds, were the other wrestlers that won their weight class.

The next step for the club is to advance to the 2013 NCWA National Championships, which are taking place March 14 through the 16 in Allen, Texas.

"We just all have to lay it all out at the mat in order for the team to compete with the best," Earnest said.



Photo by Anna Mills

Danny Pham performs a hip throw on his opponent, Bogdan Bozhinov, during a club practice.

## Judo club takes down the competition in tournament

By Bryan King  
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The Judo Club recently entered the biggest regional tournament before nationals, the Continental Crown Tournament, held in Seattle on Jan. 19, and a few of the members placed second in their weight class.

The club sent three people to the tournament, but hopes to add more to upcoming tournaments.

"Currently, we only have six to eight members showing up for practices this year," club president and senior Michael Boyd said.

Competitors in tournaments are classified first by weight class and then by experience, so there is no advantage for one person.

The classes are based on kilograms instead of pounds. The men's classes are divided into 66kg, 81kg, 90kg and 100+ kg, and the women's classes are divided into 57kg, 63kg and 70+ kg.

Club Vice President Ezekiel Loseke participated in the 100+ kg class and finished second in the tournament, while club member Bogdan Bozhinov finished second in the 66kg class. They both said that this makes them proud with all the hard work they have been doing. This encourages them to work harder for

the next tournament, The Inland Empire Tournament at Spokane Convention Center happening March 16 through the 17.

"I'm just going to watch some tape from that tournament and get myself ready and better prepared for the next tournament," Bozhinov said.

Students can come into this club with little to no experience. The sport is based on throwing or taking down an opponent to the ground and pinning them.

"There is no kicking or punching involved, and you have a lot of self control in matches to prevent injuries in this sport," Loseke said.

A philosophy of this sport is "mutual welfare and benefit." These club members believe that if you are willing to work hard and keep motivated, you will benefit in the end.

"I have a tough schedule in school as a biology major, but this helps me relax more," Bozhinov said.

One story on the team is that of Loseke's. He was in the Navy for four years before coming to Eastern. Being one of the oldest competitors has given him valuable experience and knowledge that he can pass on to younger athletes like Michael Smith, a freshman here at Eastern.

Loseke tried to juggle both judo and his commit-

ments in the Navy, but was unable to. After enrolling at Eastern, he was determined to help the judo club be successful. "I wanted to stay competitive and help others with the sport as well," Loseke said.

As a freshman, Smith came into Eastern not really knowing anyone and decided to visit the Judo Club's booth at Eastern's club fair this past fall. He has a history of sparring and boxing with his family growing up. Even though Smith suffered a dislocated shoulder in the eighth grade, he did not want that to stop him from being active.

"At first, it was painful [but I] didn't really know if it was really going to have an effect [on me]," Smith said.

One issue for this club is the fact they have no girls in it.

"I wish we had girls come out and try this sport," Loseke said.

Family is a huge reason for the club members to continue being in the club. It helps them build something special, and they hope to continue their friendship past college.

"We just seem to get closer and closer with each other during the season," Boyd said. "Whenever we travel to tournaments, we go to a member's house and just act like we're all family."

man, we got to stop them," said Ehlo. "We let them come out, and we saw the way they were set up and then we called timeout to set up our defensive plan and put a double team on Michael [Jordan]. Then Michael [Jordan] went right, and Larry [Nance] tried to go with him and tripped over his own feet."

Because Nance made a costly error, Ehlo was left all alone to guard Jordan and stop him from hitting the game winner. The attempt to stop Jordan failed, and the Bulls won the series on Jordan's buzzer beater by a score of 101-100.

"I got my hand up in his face basically," said Ehlo. "And he's just so gifted that all he had to do was wait until I flew by and go up with a shot that broke a lot of Cleveland sports fans' hearts and ours."

That shot in the 1989 playoffs was only one of many of Jordan's amazing buzzer beaters in his hall of fame career, but Ehlo insists that this particular shot that Jordan had scored over him was Jordan's favorite.

"I've been to his charity golf tournaments and his camps and have had conversations with him, and he always said that that shot helped his team get over the edge."

The Bulls did not win it all in 1989, but Ehlo says that Jordan thinks the 1989 playoff run was what propelled the Bulls to three straight championships in the 1990s.

While Ehlo is best known for

being the one scored on in that game, he recalled many games in which Jordan gave him and his teammates fits. So much so that Ehlo said there was always a different mindset whenever playing the Bulls.

"We tried different things," Ehlo said. "We tried double teaming him. We tried putting one man on him, forcing him different ways. Nothing seemed to work. He just always had an answer or a counter to whatever was thrown at him. That's why players who think they are the best will always be compared to him. I always looked at the matchups as a challenge and a thrill. My dad said that to be the best, you have to play the best. Now I won't lie, the first couple of times [playing Jordan] I was nervous because he was quick and fast and hard to guard."

Even though Jordan made life tough for Ehlo and the Cavaliers, Ehlo did manage to get on Jordan's nerves.

"He came out and said 'I really hate to play against you,'" said Ehlo. "I respect him for that. When you get those words coming out of his mouth, people believe that. But I was never a self-proclaimed 'Jordan stopper' or anything like that. I'm just counting my lucky stars that I got to play against him."

Even though Ehlo and many other former players who were either Jordan's opponents or teammates say that playing with him made them better, there is also testament that Jordan was not always the easiest to get along with.

## Eagles sinking eagles

Golf team finishes eighth in Red Rocks Invitational

By Bryan King  
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The Eastern women's golf team used two top 10 finishes by freshman Marissa Borja and senior Morgan Lee to help them have their best finish of the 2012-2013 season.

Eastern took eighth place out of 21 teams with a total team score of 622 (312-310) at the Red Rocks Invitational held at Oakcreek Country Club in Sedona, Ariz., March 2 and 3.

"I'm very happy with our performance at this tournament and thought this was the springboard from the last three tournaments," head coach Brenda Howe said.

Eastern now moves up 24 spots to 189th place in the NCAA Women's College Golf Ranking.

Northern Arizona, the team picked to win this year's Big Sky Conference Championship, only finished one stroke ahead of Eastern while newcomer in the Big Sky, Southern Utah, finished third overall with a 609 total team score.

"We are moving in the right direction, and this shows that we can compete with them and possibly take home the title," Borja said.

Borja shot a five-over-par 149 (74-75) to finish fifth out of 126 total competitors. She also shot a hole-in-one during a practice round, which gave her confidence.

"I was not expecting it, but my teammates were all cheering for me in my surprise," Borja said.



Lee



Borja

Lee finished sixth overall with an overall score of 150 (76-74) to finish six over par.

This was Lee's first tournament in almost a year, and coach Howe was impressed by how Lee performed.

"I had no clue what to expect from her today, but now that she views everything different from school, she seemed more relaxed and wanted to just have fun out there," Howe said.

This was the third year Eastern has competed at the Red Rocks Invitational, and the total score was Eastern's best by more than 50 strokes.

Both Borja and Howe said that this tournament was a huge confidence builder heading into the upcoming tournaments. Howe said that consistency from the other players is one thing that is hurting them in their placement in tournaments.

"Our No. 1 and 2 players are good, but it's the [No. 3, 4 and 5] players that are hurting us," Howe said. "Having some of the girls shoot in the 78-80 range, rather than going over 80s, makes a huge difference in where we place," Howe said.

Besides the winning team from Toledo University, Eastern was the only squad to have two individuals in the top 10.

Senior Jamie Carbon had an eagle on a par 4 in the second round, being only one of just four players in the tournament to record an eagle. She finished with the tournament with a score of 161, tying for 50th overall individually.

Sophomore Caitlin Rice was one stroke behind Carbon at 162, while junior Sara Callagy finished the tournament with a total score of 175.

Eastern travels to Primm, Nev., to play in the Jackrabbit Invitational at Primm Valley Golf Club March 11 and 12, hosted by South Dakota State.

## Sweep:

*continued from front*

The matchup against Idaho State on March 7 saw 58 combined free throws, 44 personal fouls, six ties, seven lead changes and an overtime victory for the Eagles with playoff seeding on the line.

"It was a battle for the ages," head coach Wendy Schuller said.

Nelson scored a career-high 24 points — seven in overtime — as the Eagles defeated Idaho State 67-61 in a battle for third place in the Big Sky Conference. Both teams came in with equal 12-6 conference records.

Hodgins hit a contested mid-range jumper with nine seconds left in regulation to tie the game up at 53. Idaho State had a chance to take the lead, but fumbled the ball out of bounds with 5.4 seconds left. Huerta attempted a running right-handed layup as time expired but it came up just short, and the game went to overtime.

Nelson went into closer-mode in the extra period, scoring the Eagles' first five points on a contested jumper and 3-pointer to give EWU a 58-57 lead with 3:38 to play.

Another huge shot from Nelson, this time a high-arching, mid-range baseline jumper, put the Eagles back on top by three with 1:45 to go. Again, the Bengals came down and narrowed it to one, this time by a layup from Ashleigh Vella, two of her team-leading 19 points.

After a missed layup attempt from Huerta, ISU had a chance to take the lead. Kaela Oakes, who scored 15 for the Bengals, misfired on a 3-point attempt and Hodgins came down with the rebound. Hodgins was fouled immediately and went to the free-throw line.

Hodgins made the first free throw with 0:30 left to give EWU 63-61 lead. Her second free throw bounced off the front iron and into the awaiting arms of junior Aubrey Ashenfelter, whose impact was felt far beyond the stat sheet. "She was huge," Schuller said. "I've been saying that about Aubrey [Ashenfelter] all year. She's a kid that doesn't get nearly the amount of credit that she deserves. I don't know if Aubrey [Ashenfelter] knows that she's as good as she is. She's just such a cerebral basketball player and keeps us together on the floor. She just knows how to make plays when they need to be made."

Ashenfelter, who finished with 10 points, nine rebounds, three assists, two blocks and a steal, dished the ball outside before ISU had a chance to foul her. Huerta ended up with it and made four free throws in the closing seconds to put the game away.

EWU locked up the No. 3 seed in the upcoming Big Sky Conference tournament with the victory and will take on 6 seed Montana State. The tournament will be held in Missoula, Mont., thanks to the University of Montana earning the No. 1 Seed. The Eagles' first-round game will take place at 4:30 PST on March 13.

## Ehlo:

*continued from page 9*

Ehlo certainly knows all about having been in the perfect position to stop Jordan only to have seen him score a jump shot.

Ehlo was the victim of what soon became known as "The Shot." The play was later made famous by having its TV footage put into a Gatorade commercial.

The date was May 7, 1989. It was game five of the first round in the Eastern Conference Playoffs, and the winner of the game would advance to the second round.

"It was such a great game," Ehlo said. "The thing was [the series] shouldn't have gone to game five. Michael [Jordan] missed two free throws at home in Chicago in game four that allowed us to go into overtime and beat them. In game [five] no one ever got up by more than seven points. It was nip and tuck the whole way."

As the game approached its end, Jordan hit a jump shot with six seconds left and gave the Bulls a 99-98 lead. The Cavaliers then called timeout to set up their offense.

Following the timeout, Ehlo passed the ball in from about mid-court to teammate Larry Nance and Nance then passed it back to Ehlo to allow him to drive to the hoop and score the go-ahead basket that gave the Cavaliers a 100-99 lead.

"Chicago called a timeout after we scored, and it was like, 'Oh

Steve Kerr, a personal friend of Ehlo's, was a teammate of Jordan's in Chicago during the mid 1990s. Kerr was a part of a team scrimmage during practice and found out how competitive Jordan could really get.

"There was an incident where [Jordan] and Kerr were arguing in practice about what the score was in the scrimmage," said Ehlo. "And he punched Steve. I mean that's how competitive this guy was. He would be playing cards and didn't want to lose. Guys could hate him for it."

Even though Jordan sometimes displayed a darker side, Ehlo never found it hard to respect him or appreciate how much better players became for being around him.

"No question I respect him," Ehlo said. "Scottie Pippen isn't a hall of famer if he doesn't play with Jordan. He wouldn't have had much of a different career than I had had he not have been with him."

Now as a full-time coach, Ehlo has come to appreciate what good coaching and leadership can do for a player. Ehlo spoke directly of Phil Jackson. Jackson coached in the NBA for 22 seasons and achieved legendary status by winning 11 NBA championships including six with Chicago. Jackson mentored Jordan in the 1990s and played just as big a role as any in helping him succeed on the court.

"[Jackson] had a real care for his players, and making sure they were in harmony together," Ehlo said. "Managing egos is hard. I

think Phil [Jackson] should get just as much credit as his players do."

Ehlo also added that Jackson's innovative triangle offense, which focused on moving the ball around, helped Jordan ultimately become great.

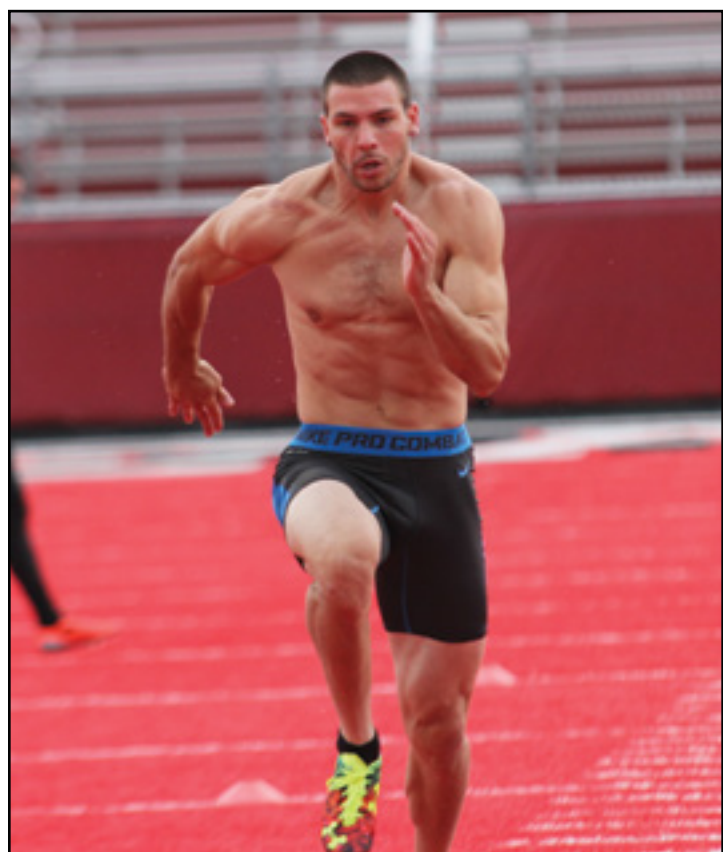
Even though Jordan and Ehlo's playing days are over, the fiery competitiveness still resonates through both players. Ehlo said that his competitive spirit is the reason that he now coaches and other staff members have taken notice of Ehlo's competitiveness.

"Craig [Ehlo] brings a player's perspective and an intense competitive spirit," said EWU head coach Jim Hayford. "He shares his stories frequently and the players have tremendous respect for him. He's a great example to show what it takes to play in the NBA."

Kevin Winford, a senior guard for the Eagles, thinks that having a former professional coach him every day is nothing to take lightly. "It's really cool actually," said Winford. "We knew about 'The Shot', so we always are asking him what was it like and about all his other experiences."

Winford added that his favorite moment regarding Jordan was the shot he had over Ehlo back in 1989.

It has been 10 years since Jordan played his last game. However, having his stories retold day in and day out by former players and seeing today's collegiate athletes still marvel at just the name, prove that, indeed, "MJ" has left his mark on the game forever.



Several former Eagles showed up to work out in front of various NFL scouts. Kyle Padron (top), Brandon Kaufman (left) and Greg Herd (right) performed various drills in hopes of catching the attention of a professional football team.

Photos by Aaron Malmoe

## Pro Day:

*continued from front*

Linebacker Zach Johnson measured for height and weight but sat out of the workouts due to an offseason shoulder surgery.

After performing two drills inside — the bench press and the vertical jump — a throng of scouts and football players made their way out to a soggy red football field to run the all-important 40-yard dash. Many athletes not performing at the pro day skipped afternoon classes to root on their fellow Eagles.

Kaufman improved his 40-yard dash time from the NFL combine, shaving a tenth of a second off, from 4.67 to 4.57. "With those numbers being the last thing that people see rather than the 4.67 official, I think that bodes well," Kaufman said.

After the six players who worked out completed the 40-yard dash, the rain picked up to the point where it became counterproductive. A collective decision was made by the scouts and players to move back inside to the weight room for movement and agility drills, such as the 20-yard shuttle and the three-cone drill.

With the movement drills performed, scouts had still yet to see Padron throw to the talented wide receiver trio of Kaufman, Edwards and Herd. The growing congregation of student athletes, scouts, media and fans moved to the Jim Thorpe Fieldhouse, where it was assumed that there would actually be some semblance of football going on.

Then the power went out. From 2:27 until 2:33 p.m., the only lights in the EWU field house came from cell phones and TV cameras. After the brief outage, a scout from the Seattle Seahawks huddled with Padron, the three receivers and wide receivers coach

and pro football liaison Junior Adams, and they decided to head back outside rather than work out in the field house.

Instead of a red field, the players were greeted with a white, sloppy mixture of snow, hail and sleet at least one half inch thick. The receivers ran far less than originally anticipated, opting to remain mostly stationary when receiving the football as opposed to lining up on the line of scrimmage and performing the entire route.

The ball only touched the ground three times — twice on high throws from Padron and once when Herd was throwing to ball-boy and current EWU quarterback Vernon Adams and Adams could not come up with it.

"Herd threw a bad ball," Adams joked.

Padron was satisfied with his pro day performance. "I'm happy with what I did," he said. "There's always room for improvement, and I'm going to go back and start training again on Friday and just looking forward to the journey."

Not known as the most fleet-of-foot quarterback, Padron ran a 4.78 second 40-yard dash after testing in the 4.9 range while training for this day in Frisco, Texas. "I think the adrenaline, the people here, my old teammates encouraging me — I think that all helped," he said. "It was good to see all my friends and my old teammates."

Former EWU quarterback Bo Levi Mitchell was one of a handful of past Eagles in attendance at the pro day and described the event as "something that would happen to Eastern."

"You [got] a record-high [number of] scouts, you got camera crews, you got great recruits, and all of a sudden, here comes some hail, some snow," he said. "You can't do anything."

# LEAD

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