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### Easterner, Vol. 64, No. 13, January 23, 2013

Associated Students of Eastern Washington University

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Associated Students of Eastern Washington University, "Easterner, Vol. 64, No. 13, January 23, 2013" (2013). *Student Newspapers*. 794. https://dc.ewu.edu/student\_newspapers/794

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#### **Upcoming:**

**EWU Students: Looking** for a free way to build your personal library or experience a cultural event? Apply for the **Stewart Book Scholar**ship. You could receive \$250 for up to two books other than textbooks or a cultural event plus one book. Details at ewu. edu/bookscholarship. Apply by Feb. 1.

**Eastern Washington University** 

The Women's Center will be presenting the DVD "**Silent Choices**," which illustrates the abortion issue through the lives of African American women. The showing is Jan. 24 from noon to 1:15 p.m. in Monroe 207.

If you are less than excited about giving speeches, Counseling and Psychological Services may have an event for you. Public Speaking Anxiety with presenter Lisa Olson will be held on Jan. 24 at noon to 1 p.m. in PUB 261. Free pizza or snacks provided.

The Band Invitational Concert will be in Showalter Auditorium on Jan 26 at 7:30 p.m.

"Black Womyn Conversations with Lesbians of African **Descent,**" which is a documentary film, will be shown on Jan. 29 from 2 to 4 p.m. in Monroe 207.

If you are curious about wilderness adventure, philosophy and law school or Spanish for native speakers, then come for coffee and chat at the CALE conversation Café on Jan. 30 at 11:30 a.m. in the Hargreaves Honors Lounge, room 215.

Dan Teachman will present about Ableism: The Unseen Prejudice and Discrimination of the Disabled in Monroe 207 on Jan. 30 from noon to 12:50 p.m.

Maureen Nickerson will present Radical Acceptance: a Paradoxical Approach to Personal and Social Change in PUB room 261 on Jan. 31 from noon to 1 p.m.

Contemporary Issues in Feminist Research: Gender Identity and Representation in Chile will be presented by Claudia Bucciferro on Jan. 31 from noon to 12:50 p.m. in Monroe 207.

The ASEWU will meet for work sessions on the following Wednesdays from 7:30 to 9 a.m. in PUB 307: Feb. 6, Feb. 20, Feb. 27 and March 13. Council meetings will be held on the following Fridays from 8 to 9 a.m. in the Fireside Lounge, on the second floor of the PUB, across from Campus Hair Design: Jan. 25, Feb. 8, Feb. 22, March 1 and March 15.

## Chiverton returns to lineup

Volume 64, Issue 13

## Team's support helps forward deal with loss

By Josh Friesen easterner.sports@gmail.com

Sometimes teams are forced to take a step back from sports and examine the broader scope of life,

and for senior forward Collin Chiverton and men's basketball coach Jim Hayford, that perspective drew them closer. Chiverton, who was recently inserted back into the Eagle lineup, spent some

much-needed time at home in San Francisco with his family after being hit with personal tragedies. Chiverton's close friend passed away in late November, just a month after his mother died unexpectedly before the start of the season. said he

Chiverton needed time to himself to reflect.

"I needed to get some stuff off my chest and get some closure on some of the things that have happened in my life that were with not being home," he said. "Coach [Hayford] gave me the opportunity to go home and figure [out] whatever I needed to figure out."

Even though Chiverton was nearly 900 miles away, his team still rallied around him in his time of need.

**January 23, 2013** 

"I got different texts from different players or coaches, and it was just real comforting-knowing I was so far away and they were in the middle of the season and they still had my back," Chiverton said.

The support came from everyone on the team, including Hayford, who gave Chiverton his blessing when the pained basketball player asked to go home. "Basketball takes an

obvious back seat and your love for your player takes over," Hayford said. "One of the things we did is we got someone he could talk to that says, 'Hey here [are] some coping skills,' and I think that helped Collin."

Hayford recalled meeting Chiverton's mother and said he wants his player to enjoy success because that was what made

his mother happy.
"I know that nothpretty hard to get over ing brought her more joy than when she saw Collin having a good time playing basketball," Hayford said. "So that's now our mission; that's our assignment now."







EasternerOnline.com

Photos by Aaron Malmoe

CHIVERTON-PAGE 10 Collin Chiverton is averaging 9.6 points per game since returning, but EWU is 1-5 in those games.



## Influenza infections appear early

### Spokane County numbers eight times higher than previous year

"You cannot get sick from the flu shot.

It is a dead virus."

Melissa Norton, PAC

By Sasha Kline STAFF REPORTER easterner.news@gmail.com

There have been 31 influenza hospitalizations of Spokane County residents so far as opposed to the four hospitalizations during the same period last flu season, according to the respiratory illness report from Spokane Regional Health District.

Six lab-confirmed influenza deaths have occurred in Washington this flu season, the report states. None of the deaths have been in Spokane County.

Melissa Norton, a certified physician assistant, said that the Cheney Rockwood Clinic usually starts seeing the flu in January, but that they started seeing it earlier this season with the first case in the beginning of December.

According to Norton, influenza is often mistaken for the common stomach flu, gastroenteritis, but influenza is actually a respiratory illness with symptoms of a high fever and chills, muscle aches, dry cough and weak-

Information from an ETR Associates brochure says the influenza is not normally

dangerous, but in a small percentage of cases, bacterial infections or serious pneumonia follow the usual influ-

enza symptoms. "There is an effective vaccine for the flu. It reduces the chance of getting the flu by about 75 percent. But you need to get one every year," according to the ETR Associates brochure.

Some people claim they came down with the flu after receiving the vaccination.

According to Norton, "You cannot get sick from the flu shot. It is a dead virus. We don't inject with live virus, but what can happen is you can get influenza in the two weeks that it takes to develop immunity."

There are three types of the influenza virus, with several strains of each type, and according to Norton, the flu vaccination does not protect against all strains. Norton said the Center for Disease Control

and Prevention does its best to predict which virus strain will be prevalent, but it is possible to catch a strain of the virus not protected by the vaccination. This can result in people getting the flu even though they have had a flu shot.

If students do get the flu, Health, Wellness and Prevention Services Program Coordinator Laurie Hays said, "We do ask that [students] do not go to class because that's the best way to spread the flu."

"The best thing to do is to stay home. If you haven't had a flu shot, the best prevention is to wash your hands frequently with soap and water. And only use alcoholbased sanitizer if water is not available," Hays said.

## NEWS

#### **SWOOPING IN LOW FOR A HIGH FIVE**





EWU mascot Swoop interacts with a young fan in the stands at the women's basketball game against Northern Colorado Jan. 19.

Photos by Dylan Paulus

## Phe Dish Winter 2013

#### Winter Events

JANUARY Sushi Road Show at Baldy

Roast Night at Reese Cour Men's Basketball Event 1/31/13

Mardi Gras Progressive Dinne 2/12/13

TOY Valentine Promotion 2/14/13

Men's Basketball Event

MARCH t Patty's at Baldy's

### Nathan Reid

An Innovative Production Chef for Eastern's Dining Services

Eastern Washington University's Dining
Services is very proud to have a production
chef as inspiring and innovative as Nathan
Reid. During the interview regarding his career,
Reid's eyes light up and sparkle when talking
about the dishes that he loves to concoct, dish
up, and devour. You may recognize Reid around
campus as the young man in a white Dining
Services chef ensemble wearing his signature
newspaper-boy cap.
Reid has been employed through Dining

Services since 1999 when he was washing dishes and working the broiler at Baldy's as a student while attending school at Eastern working toward a career in music education. Reid, however, eventually realized that music education was not for him so he put down his saxophone, picked up a sauté pan and began working part time for Dining Services. While working in the kitchen for a few years during the Seahawk's training camp here at Eastern, Reid met his mentor, Chef Tobin; a well known North West Culinary Academy Chef. Reid then attended culinary school at Spokane Community College under the instruction of Tobin and after a series of stints working restaurant jobs in Spokane, he came back home to Eastern to resume working for Dining Services.

In 2008, Reid became a full time Production Chef at Baldy's. After moving around between Tawanka and Baldy's a few times in recent years, Reid has finally settled at the Roost. Reid went on to describe how much he has enjoyed his time at the Roost so far. He expressed immense enjoyment in the freedom and creativity he is able to experience there. Along with the ability to exercise his passion for cooking, Reid also has had the opportunity while working at The Roost to experiment with new and creative dishes alongside his boss, Peter Curry.



When asked about his favorite dish at The Roost, Reid mentioned that the Steak Sandwich (to appear on the seasonal menu) was his current favorite. This sandwich was an inspiration of Reid's that came to him after watching an episode of Man vs. Food on Food Network. I was beginning to form an impression of Reid as a "meat and potatoes" kind of guy: Emphasis on the meat.

However, when asked about his favorite location to work on campus, Reid replied, "I don't have a favorite. I'm fine going wherever I'm needed and I feel comfortable everywhere' Reid continued saying that he actually enjoyed the variety in location and found it refreshing.

On the horizon for Reid: The NACUFS Culinary Competition in March. Reid will fly down to Reno where he will participate in the regional competition against other colleges from around the Northwest and West Coast. This is a very exciting opportunity not only for Nate Reid but for Eastern Washington University: This is the first time one of our own will be participating in the competition!

Written by: Chelsea Twiss



#### Barbara McAfee

Dishes up some tips for Dining Services' Success
Barb McAfee, Baldy's manager, recently served at Baldy's to the public

Barb McAfee, Baldy's manager, recently attended the NACUF's (National Association of College & University Food Services) marketing institute seminar in Atlanta Georgia. The institute is designed to broaden and refresh knowledge surrounding marketing techniques, trends and tricks of the trade. McAfee talked animatedly about the institute and it was clear that it was very inspiring to her.

McAfee plans to implement what she learned at the seminar in Baldy's Winter Quarter 2013. She has already applied some of these marketing strategies for Baldy's glutenfree menu options and plans on expanding these new marketing strategies further with lactose-free menu options in the coming months.

Internal marketing is a tool that McAfee is particularly fond of using. "Internal marketing is basically marketing what you're serving customers to your employees first" McAfee explains, "We try to do that every day". McAfee goes on to stress the importance of getting your employees excited and motivated about a new asset to the menu or a particular seasonal dish so they can then spread that knowledge and enthusiasm to the general public when educating customers about Baldy's menu.

When discussing good will and public relations, other important marketing strategies McAfee has already applied in Baldy's, she articulates, "It's about building a loyalty within the community". McAfee gave an example of goodwill stating that during a recent scheduled power outage a few employees stayed outside Baldy's to hand out fresh coffee and cookies to would-be customers during the two hour-long closure.

McAfee went on to discuss implementation of advertising strategies she acquired in Atlanta by emphasizing, "It's important to focus your advertising through a particular medium...Instagram is huge for us right now [as a means for marketing pictures of food

served at Baldy's to the public on a frequent basis]". McAfee went on to explain that Baldy's is striving to distinguish itself from other locations on campus through use of techniques like branding products and menu options.

McAfee also explained the science behind developing a marketing plan she learned from NACUF's. When asked about the most valuable thing she took away from the marketing seminar, McAfee responded with a smile, "I came away with an enthusiasm for marketing and a whole lot of ideas for dining including different ways of using social media".

Mrs. McAfee also applies her cuisine creativity in her personal life. She went on to explain that she and her husband throw a New Years Eve dinner party for 16 close friends every other year. From the extravagant menu she designs and prints herself to be handed out to guests to the many impressive courses of the meal, McAfee spares no detail in making it an elegant evening for all to enjoy.

"We get dressed up, get fancy, and everyone

brings a bottle of wine. In between courses we play games and do things like crossword puzzles" McAfree recalls. The decadent, home-made menu includes succulent dishes like "Crown Roast of pork adorned with garlic mashed potatoes" (McAfee's personal favorite), Panna Cotta (an Italian pudding made from egg whites and gelatin), and spinach and cheese ravioli served with a warm sage butter sauce.

her passion for good food and business sense expands to every part of her life, much to the advantage of Eastern's Dining Services. Next time you're in Baldy's stop by and say hello to Barb. If you're lucky you might even score an invitation to her next fabulous New Year's Eve dinner party.

Written by:
Chelsea Twiss

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TAW 120, Cheney, WA 9900 www.ewu.edu/dining

Internal marketing

employees first "

Call: 509.359.6184 Fax: 509.359.4829 www.facebook.com/EWUDiningServices





### Dining Refreshments

#### Peter Curry



Peter Curry, former Manager of the Roost has accepted a new role with the University of Santa Cruz. We wish him well and he will be missed.

Baldy's will feature new casseroles, heartier soups and new kinds of pizza. The pizza station will feature two new pizzas, one with caramelized onions and gorgonzola cheese and a Greek pizza.

Swoops will continue to feature the flatbread taco with the burrito bar. Look for changes like melt of the day. Swoops will also have extended hours on Sundays, opening at 4 p.m.

The Eagle Express Market is continuing to feature new products. "Probably the biggest castrophe to hit us all is the fact that we cannot get Twinkies anymore," said Dave McKay, Director of Dining Services. With three companies bidding for the Twinkie rights and recipe, Twinkies will hopefully soon be back for patrons to enjoy. Single-serve Slim Fast and other meal replacements are available at the Eagle Express Market.

Tawanka will begin rotating burger bar and taco bar for lunch and dinner on Tuesdays and Thursdays. Keep in mind Tawanka's infamous Sunday Brunch from 9 a.m. to 2:30 p.m. Family and friends welcome!

During the winter, The Brickhouse Deli is going to do a different hot sandwich every week. The hot sandwich will have six week rotation, meaning that each hot sandwich will be featured two separate weeks during winter quarter. Menu will include meatball marinara, chicken bacon, cheddar ranch, chicken teriyaki, and a buffalo chicken sandwich. The Brickhouse will also be offering a punch card purchase of 15 subs the next one on the house.











### Winter Hours of Operation

### EWU Dining Services Winter Hours 2013 Fall Hours Of Operation Beginning Monday, January 7th

| Fall Hours Of Operation Beginning Monday, January 7th         |                      |                      |                      |                      |                      |                      |                     |
|---|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|---------------------|
| Food Service  | MON                  | TUE                  | WED                  | THU                  | FRI                  | SAT                  | SUN                 |
| Baldy's   | 7:00am -<br>5:00pm   | 7:00am -<br>5:00pm   | 7:00am -<br>5:00pm   | 7:00am -<br>5:00pm   | 7:00am -<br>7:00pm   | 7:00am -<br>7:00pm   | 2:00pm -<br>7:00pm  |
| PUB Eagle Espresso &<br>Smoothie Company                      | 7:00am -<br>8:00pm   | 7:00am -<br>8:00pm   | 7:00am -<br>8:00pm   | 7:00am -<br>8:00pm   | 7:00am -<br>5:00pm   | 9:00am -<br>4:00pm   | 9:00am -<br>4:00pm  |
| Eagle Express Market  | 7:30am -<br>11:00pm  | 7:30am -<br>11:00pm  | 7:30am -<br>11:00pm  | 7:30am -<br>11:00pm  | 7:30am -<br>10:00pm  | 10:00am -<br>10:00pm | 12:00pm-<br>10:00pm |
| Tawanka<br>Beverage, Bakery & Bistro                          | 7:30am -<br>3:00pm   | Closed               | Closed              |
| JFK Thirsty Minds Espresso                                    | 8:00am -<br>7:00pm   | 8:00am -<br>7:00pm   | 8:00am -<br>7:00pm   | 8:00am -<br>7:00pm   | 8:00am -<br>5:00pm   | Closed               | Closed              |
| Tawanka Main Street Dining<br>Featuring: Buffet Service Style | 11:00am -<br>2:00pm  | Closed               | 9:00am -<br>2:30pm  |
|   | 4:30pm -<br>7:30pm   | 4:30pm -<br>7:30pm   | 4:30pm -<br>7:30pm   | 4:30pm -<br>7:30pm   | Closed               | Closed               | Sunday<br>Brunch    |
| Swoop's   | 11:00am -<br>2:00pm  | Closed               | Closed              |
|   | 5:00pm -<br>8:00pm   | Closed               | 4:00pm -<br>10:00pm |
| Brickhouse Deli   | 11:00am -<br>8:00pm  | Closed               | Closed              |
| The Roost   | 11:30am -<br>11:00pm | 3:00pm -<br>10:00pm  | Closed              |

Look out for new seasonal menu for winter featuring items like the spicy Jambalaya! The Roost will also be closing earlier during winter quarter because of the amount of patrons before 10:30 p.m.



## Theatre water pump burst causes damage but production continues

### Department plans reorganization effort to minimize future risk of damage



On the morning of Jan. 7, Shana Joslyn, EWU theater technical director and scenic/ lighting designer, observed something eerily remarkable in her department's metal shop: indoor rain.

The metal shop, scene shop, soft goods storage and paint shop were all flooded to some degree by the time Joslyn found the accident.

"I went upstairs to see where the water was coming

from and realized the leak was in our soft goods storage," Jo-

While the metal shop forecasted rain, the soft goods, or curtain, storage was the cloud to provide it. The storage room held almost two inches of water due to a burst seal in a hot water circulation pump.

While nothing was damaged in the scene shop, other rooms saw more damage. Joslyn said, "Many of our

curtains were water-logged and had to get sent out to get cleaned. Some drops had to be thrown away due to color bleeding. There was quite a bit [of] damage in our metal shop. A couple of our larger stationary tools have rust damage and a lot of our rigging hardware is damaged from rust."

Bob Heston, EWU plumbing lead, reassured that the seal burst due to the typical wear and tear of everyday use.

He stated that though it was unpreventable, everything has been repaired with no major pauses in water availability for the building. No structural damage was caused to the building.

Heston mentioned that

while repairs were made as at the lowest point of the quickly and skillfully as possible to prevent further water damage, the repairs could have been completed even faster if the storage rooms would have been more orga-

He described the rooms as absolutely filled and that if boxes and various other things were not stored on the floor, "the water would have made its way to the floor

He advised a reorganization of the goods to be placed off the ground. Heston also warned that sometimes the floor drains in the art buildings are not

room, and it is a fault that is probably the result of poor quality control during construction.

Gum Carlson, EWU heating, ventilation, air conditioning and refrigeration control technician supervisor, adds perspective to the incident by reminding us that there are hundreds of these circulation pumps around campus. He estimates at least one of these pumps busts a seal each week.

On Jan. 7, another pump broke in the Archives Building later that day. Carlson estimates that the incident in the Theatre Building cost the university about \$200 in just parts.

Carlson said this pump was original to the building, so it had been used daily for 41 years before failure, and required a complete replacement.

We have a lot of cleanup to do but we will work through it. In theater we have to be able to adapt to changes very quickly," Joslyn said.

In response, she is planning on constructing new shelves so goods will be off of the floor in case something like this happens again.

The theater department has seen only minor delays due to the incident.

### Eastern offers new race and culture studies major After years of collaborative planning, the new major was inaugurated Jan. 16

By Libby Campbell libbyrcampbell@gmail.com

The College of Social and Behavioral Sciences and Social Work has finally unveiled a new bachelor's degree nine years in the making.

Students can now major in race and culture studies, an 80-credit degree that focuses on integrating literature, history, sociology and cultural studies.

"I think all of us are very excited and hopeful about what this can do, not only as far as an option for students, but for this campus," said Dr. Deirdre Almeida, director of American Indian studies.

Almeida is tentatively taking the lead of the new major while collaborating alongside Interim Director Robert Bartlett and Interim Director of Chicano/Latino Education Dr. Raphael Guillory.

Students are required to take 40 credits in foundation courses such as introduction to race and culture, race, privilege and power,



and liberation and social change. Students are also required to specialize in two of three areas, including Africana education, American Indian studies or Chicano/Latino education. The process of establish-

ing this major was a long one, of Africana Education Dr. according to Almeida. Students in EWU's three racial he called ethnic studies." diversity programs wanted to see degrees offered in their next few years, Almeida particular fields of study. The university president at the time, Dr. Steven Jordan, knew introducing new majors in each of those three areas would be too expensive.



Guillory

"It was not financially feasible to start three individual majors. There's a growth process and everything you have to go through," Almeida said. 'There's a lot of paperwork that has to be done. What [Jordan] proposed in 2004 was a joint major in [what

worked alongside colleagues in the three racial diversity programs to create a major that would complement all three areas of study.



"We decided to take an approach that was more along the lines of critical race theory as opposed to ethnic studies," Almeida said. "And we also designed it so that each of the three programs still maintained their autonomy and their own identity and that wouldn't be jeopardized. We weren't looking to do a merging of all of [them]."

The proposed major was rejected once, and then interest waned until 2010.

"In 2010 they approached us again. So we worked last year again to at the event, emphasizing aware."

get this major through the how any student could [Undergraduate Course and Program Approval Committee] and all of the committees," Almeida said. and really good support from some of the administrators on campus, and it

finally got approved."

An inaugural event for the Race and Culture Studies major was held Jan. 16. Dr. Gary Okihiro, an international and public affairs professor at Columbia University and founding director of Columbia's Center for the Study of Ethnicity and Race, was the guest speaker.

"It's a great symbolic meaning that present here are the students of this university, faculty, a trustee, the dean of the college and the university president," Okihiro said. "It is rare that you will find that at an inauguration of a race and culture major. I think that with an understanding of this university is very seri- how race, privilege and ous about this major.'

Dean of the College of Social and Behavioral Sciences and Social Work Dr. Vickie Shields also spoke have to be more and more

benefit from studying race and culture.

"The major is for anyone, and I want to under-"We had a really good team score anyone, and everyone, who wants to critically study this racial tapestry that defines our culture and our world that is always evolving and changing, but defines us nonetheless," she said.

Race and culture studies graduates can consider careers as foreign affairs officers, legislative aides, community planners, employment counselors, lawvers, human services workers or human resource specialists, amongst many

Almeida said she hoped students who study race and culture leave the major feeling empowered.

"I would hope that they empowered themselves power are linked together," she said. "The reality is our country is becoming more and more diverse, and we

### Fiscal cliff deal delays education-related budget desicions Outgoing Gov. Chris Gregoire proposes statewide freeze to higher education funding in 2013

By Lorna Hartman STAFF WRITER lorna.hartman@ucaa.org

The federal fiscal cliff deal, formally called the American Taxpayer Relief Act of 2012, was passed just before the Jan. 1 midnight deadline.

This deal protects certain higher education interests, but others are still threatened because the deal merely puts off certain education-related budget decisions until March 2013, according to InsideHigherEd.

According to an American Council on Education article outlining tax incentives for college students included in the bill, the Senate passed the American Taxpayer Relief Act with a vote of 89 to 8 and the House of Representatives with a vote of 257 to 167.

The InsideHigherEd article goes on to say that the deal saves the American Opportunity Tax Credit, a \$2,500 college tuition credit, from being reduced or discontinued for five years. Federal Pell grants were also saved from budget cuts. Tax breaks for Coverdell education savings accounts and student loan interest deductions were made permanent under the fiscal cliff bill.

The deal that was struck delays the final decision on



Editorial cartoon by Jane Martin

when sequestration cuts will kick in if a new deal is not reached. Sequestration cuts are a previouslyagreed-upon set of budget cuts that will hit nearly every federal department in case the government fails the fiscal cliff until March, to come to a fiscal agree-

ment in March, including the U.S. Department of Education.

At that time, according to InsideHigherEd.com, more higher education programs, which include scientific research funding, federal workstudy programs and the

Supplemental Educational Opportunity Grant program, will be in jeopardy to the tune of an 8.2 percent cut each.

The March fiscal cliff deadline coincides with a new vote to raise the debt

Moody's Investors Service, one of the two major credit-rating agencies in the U.S., said in its January report, "We have expanded our negative outlook to also include market-leading diversified colleges and universities as pressures mount on all key university revenue sources."

According to The Chronicle of Higher Education, Standard & Poor, the other major credit rating agency, pointed out that costs are rising faster than inflation and that public universities' revenue sources are not growing along with costs and are not being met equally with tuition growth. It also mentioned endowment funding that had not recovered to pre-recession levels.

Mary Voves, vice president of business and finance, said, "The state has shifted the cost of education to the student through double-digit tuition increases, and Eastern has managed a \$26 million budget reduction over the past six years. Not only are further budget reductions to higher education perilous, but Washington needs to begin reinvesting in higher education to give our students the opportunity to compete in a world econo-

Outgoing Gov. Chris Gregoire's proposed Washington state budget freezes higher education funding levels this year. When costs are rising, this has the effect of a cut.

"The outgoing governor's budget is only a first view of what the state might be able to do for higher education in Washington," said EWU President Rodolfo Arévalo. "Now it is up to the legislature to design a budget that continues to support the needs of the six public universities in Washing-

Arévalo's open letter in response to Gregoire's proposed state budget said, in part: "Gov. Gregoire released her budget Tuesday, December 18, and although the budget proposal maintains higher education funding at its current level, the budget continues to present some issues for the institution.

"The university continues to grow, therefore, a flat budget continues to degrade services to an increasing number of students. ... Although this budget is a good start, it is predicated on a number of revenue packages to sustain funding. Without additional revenue, higher education could be facing a \$52 [million] reduction."

The University Budget Committee at Eastern held its most recent meeting on Jan. 9. While minutes are not publicly available, the meeting agenda indicated the committee would be discussing, among other things, an update on the state budget, tuition projections and a 2012 year-end financial presentation. These will all play a part in the university's planning and in students' experiences here, along with the new round of fiscal cliff negotiations in March. "Today Washington ranks

last in the nation in per student funding for four-year universities. At the same time, state budgets have been dramatically reduced, enrollments statewide have grown by 33,000 students since 1989, ... " said Voves. "Eastern has strategically managed both budgets and enrollments through this economic crisis, which has allowed us to remain a strong competitive university and we continue to engage the campus community in discussion on how best to plan for a variety of economic scenarios. This will allow us to be prepared to meet any challenges [that] emerge from the state and federal levels."

Arévalo said, "The university will ensure that financial aid provided by the federal government will [be] allocated to students with the greatest need. We will continue to advocate for Pell Grant support and increases to this very important financial aid program."

JANUARY 23, 2013

# Moods dampened by lack of daylight 25 percent of college students are affected by SAD in the United States

By Libby Campbell

libbyrcampbell@gmail.com

The long, dark days of winter are inevitable, but the sinking feeling of depression that can come along with them does not have to be, and symptoms can be combated.

"Winter blues" is a less severe form of Seasonal Affective Disorder. In order to be diagnosed with the disorder, one must experience three consecutive winters of symptoms. Both are associated with seasonal variances in sunlight.

"Sunlight is the number one factor for seasonal changes for all living things, including us," Lisa Olson of Counseling and Psychological Services said.

Sunlight plays a major role in regulating the body's melatonin and serotonin levels as well as vitamin D levels. Melatonin, which affects sleep pattern and mood, is suppressed by sunlight. According to the CAPS website, with shorter winter days melatonin is secreted in higher levels, disturbing the body's natural

rhythms. Serotonin, which is known to improve mood, is decreased as a result of less sunlight. This may trigger symptoms of depres-

"Little, simple tasks that you usually do all the time seem like a huge ordeal," Olson said.

Symptoms also include hopelessness, anxiety, irritability, loss of energy, weight gain, social withdrawal, oversleeping and a lack of enthusiasm.

"There are a lot of times in winter where I am depressed and don't want to get out of bed," said Sada get out or peu, Showell, a secondary English education major. want to know if it was basic laziness or something dif-

Showell is just one of many across the state who experience symptoms of these two disorders. Over 10 percent of Washington state's population report experiencing symptoms of SAD, and 20 percent believe they experience the winter

"It's not uncommon. It's something that happens to a lot of people, especially



Photo by Jade Raymond

Spending time outdoors is one way to keep the winters blues at bay.

where we live, being so far north in the country," Olson said. "We have significant loss of sunlight, whether there's snow or not. But we do have some control over

Artificial light can help alleviate the woes of winter blues and SAD. "Increase the brightness of your indoor environment, espe-

cially in the mornings," Ol- for up to 30 minutes near son said. She recommended turning on more lights, or even replacing some light bulbs with full spectrum bulbs, which mimic full spectrum light.

The counseling center at EWU even has a special SAD lamp that students can use for free. Just doing a quiet activity like reading

one of these lamps can significantly improve mood.

If access to a SAD lamp is unavailable, spending time outdoors can also help.

"You still get a positive effect from being around any kind of daylight, even if it's cloudy or overcast,"

Olson also suggested sorted out."

monitoring one's diet to help ward off symptoms like sluggishness. Balanced diets that focus more on protein and less on carbohydrates are beneficial.

"A diet really high in carbohydrates temporarily raises serotonin, which feels really good but doesn't last very long. We also get a spike in blood sugar," she

This blood sugar spike then leads to a crash, which makes our bodies crave more carbohydrates, and the cycle begins again.
"I've done that," Show-

ell admitted. "There are times where I will crave chips, but I've found that if I go toward something that is more protein laden, I am a little better."Other ways to combat the winter blues are exercising, spending time with others, managing stress factors, meditating and practicing yoga.

When all else fails, Olson encourages seeking help.

"If symptoms get severe, see a professional," she said. "That could be a doctor or a counselor in CAPS. They'll help you get

### EWU to host 2015 National Research Conference Event to draw between 2,000 and 3,000 students and faculty to campus

By Lorna Hartman STAFF WRITER lorna.hartan@ucaa.org

The 2015 National Conference on Undergraduate Research, an annual gathering of collaborative student-faculty research teams, will be held at EWU Apr. 16 to 18, 2015 now that EWU has won a competitive bid process.

Eastern, working hand in hand with Visit Spokane to plan the event, applied to host the 2015 research with several other poten-

cause applications must include detailed plans on how rooms, food, displays, multimedia and all the other details of the conference will be handled.

Visit Spokane is a nonprofit corporation that, according to its website, "leads the Spokane tourism industry" by developing and implementing programs that will bring people and events to Spokane for tourism, specialconference in competition ized destination travel or business.

the application process be- lighted the commitment of the campus faculty, staff and administrators to the culture and practice of undergraduate research and the strong partnership between the university and Spokane business and civic communities," said Executive Officer Elizabeth Ambos of the Council on Undergraduate Research in a press release statement.

"EWU provided detailed and thoughtful plans for conference logistics and infrastructure support to the NCUR oversight com-'Eastern Washington mittee. On behalf of the give our students a chance Extensive planning took University provided an ex- Council of Undergraduate to shine on a national stage place simply to complete cellent proposal that high- Research, allow me to ex- against their peers."

press my pleasure at the prospect of working with EWU to prepare what I know will be an outstanding 2015 conference."

"Eastern is thrilled to be able to host this outstanding research event," said EWU President Dr. Rodolfo Arévalo. "The selection of Eastern as the host of this national conference is indicative of the tremendous progress the university has made in promoting research and the development of high-quality programs.

The conference launched in 1987 by the Council on Undergraduate Research, whose mission statement reads, "The mission of the Council on Undergraduate Research is to support and promote high-quality undergraduate student-faculty collaborative research and scholarship."

A typical National Conference on Undergraduate Research schedule includes plenary speakers, special sessions, a graduate and professional school fair, faculty and admin-vost and vice president for This conference will also istration open houses, excur- academic affairs. "Host-

was University in Utah in 2012, Ithaca College in New York in 2011 and University of Montana in 2010.

> EWU's Student Research and Creative Works Symposium has similar requirements and benefits.

"The opportunity to host this respected national event is evidence of the longstanding tradition at EWU to involve our students in research and scholarly pursuits," said Rex Fuller, EWU pro-Recent conferences have EWU's commitment to aca-

American Chemical Society • American Indian Science and Engineering Society (AISES) • American Society of Mechanical Engineers (ASME) • Anthropological Society ◆ Association for Computing Machinery (A.C.M.)
 ◆ Association of Student Planners (A.S.P.)
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## —EAGLE LIFE

## EWU Theatre's 'Ode' to Keats

#### Professor's play comes to stage

By Davis Hill STAFF REPORTER dhill.easterner@gmail.com

Eastern creative writing professor Jonathan Johnson waited more than 20 years to work on the play that he knew would change his life.

In March, the Eastern Theatre Department will mount the world premiere of Johnson's play, "Ode," which is based upon the life of celebrated English poet John Keats. "Ode" focuses on the romance between Keats and his fiancée Fanny Brawne.

When Sara Goff, Eastern's director of theater, first pitched the idea of performing "Ode" at Eastern, Johnson was astounded.

"I was over the moon. My God, what an opportunity," he said. "I live half a mile from the theater. I loved Sara's work. The chance to be involved like this, in my first ever premier, [is amaz-

Several years ago, Johnson gave Goff a copy of the script to review. Goff, who reads many new plays, was immediately struck by the vivid dialogue and memorable scenes.

"When I read ["Ode"], I was taken by how I could hear the characters speak," she said. "A lot of times when I read plays I never really want to do them, for various reasons. I believed in the potential of this script. I believed in Jonathan [Johnson]. ... I just knew it was the right play."



The cast of "Ode" reads their lines during an afternoon rehearsal. They also practice a character game in preperation for their roles.

"Ode" had been brewing for some time. Johnson's mother was a Keats scholar, so he was surrounded by Keats' poetry throughout his childhood.

When he was 20 years old, he visited Keats' grave and final house during a family trip to Europe. After encountering Keats' letters and artifacts, Johnson decided to write a play honoring and exploring the life of the

"I always had this relationship to Keats. ... He'd been ... this imaginary friend that I had for a long time," Johnson said. "I visited the house in which Keats died. ... I thought, 'I have to tell this story.' I knew that ['Ode'] was one of my life goals."

After attending several years' worth of plays directed by Goff, Johnson decided to give his manuscript to her just in case she liked it. The rest, as they say, is history.

"New, original work is one of my favorite things," said Justin Schlabach, who plays John's brother George Keats. "It's something that nobody else has done. ... [Future performers] are going to be looking back at our production, [asking], 'What did they do originally?' That's just a cool thought."

Kyle Kahklen, who plays Joseph Saverne, a painter friend of Keats, agreed and emphasized the work that troubled, he was also fun-

goes into portraying historical events.

"[We did] a lot of research to develop who [our characters] are," he said. "They were real people. It's something that actually happened. That's partially the challenge of it."

Part of Keats' appeal, according to Johnson, is that he was not a stereotypical poet. Although Keats was sensitive, inward, detached and "Ode" showtimes

March 8,9, 15 and 16 at 7:30 p.m.

March 10 at 2 p.m.

March 14 at 5 p.m.

loving, charismatic and wellconnected within a vibrant social circle.

Johnson explained that "Ode" is particularly relevant for young adults. "The two things that you become aware of as a young adult ... is that death and love both actually apply to you," he said. "You have this problem: How will you love and how will you live in a way that you know you have to die?"

"Keats was very conflicted because he loved Fanny, but he also saw his love for Fanny getting in the way of his work,' said Blaine Nichols, who was cast as Keats. He explained that Keats was excited about the romance, but was struggling to reconcile it with his ambitions as a poet. Keats saw his relationship with poetry and his relationship with Fanny as mutually exclusive.

"['Ode'] is a passionate play about young people falling in love, ... realizing their mortality and ... how they come to handle that," said Johnson. "It's a play about searching for grace artistically through poetry. [It's] about love and dying.

'Keats is the one who taught me how to love and how to be alive, knowing that we all have to die."

Are you a club that would like to be a part of our club issue in the spring?

Contact us by email at easterner.eaglelife@gmail.com or on Twitter @EWU\_Eagle\_Life

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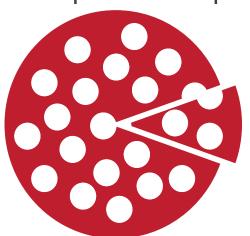
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## —EAGLE LIFE

## **EagleFlex stretches throughout Cheney**



Eagle Card for the first time, that student is also handed a brochure filled with locations on and off campus that take EagleFlex.

EagleFlex is the monetary system Eastern uses for items such as supplies for class, books and food. It is the closest thing to having a debit card minus a pin number and the ability to load money from an online account.

The Flex system is accepted campuswide, aside from Thomas Hammer, and off campus at certain locations in downtown Cheney. The program was originally started to help promote support for Cheney businesses, according to LeeAnn Case, associate vice president of Auxiliary & Business Services.

"What we do when someone comes to us is we refer them to a merchant who already uses EagleFlex," Kirst-

When a student gets an en Bettcher, assistant Dining Services director, said. "That way they can discuss with each other what it's like."

The purpose of the Eagle-Flex program, Bettcher said, is to get merchants talking with each other to make sure their businesses are successful.

Businesses like The Mason Jar, a bistro which is a relatively new addition to Cheney, has started accepting EagleFlex.

Danielle LaBar, who works at The Mason Jar, was used to the idea of the Eagle Card and EagleFlex as a student at Eastern. She said that because of her experience with EagleFlex, it took little consulting to decide to use the system for the bistro.

"It lets us be more accessible to students primarily living on campus, so it gives them a chance to be able to come in and enjoy our food," she said.



Carl's Jr. Zip's Drive-In Domino's Pizza Rosa's Pizza Corona Village El Rodeo Mexican Restaurant Loco Dogz Palenque Mexican Restaurant Hajjer's Kitchen Rokko's Teriyaki

Red Rooster Coffee, Inc. The Mason Jar Perry St. Cafe

Self-Care Locations:

Great Clips Imperial Styling Twisted Hair and Tanning University Cutz

Food Drug Locations:

Cheney Chevron

Owl Pharmacy Mitchell's Harvest Foods

venues accept EagleFlex. are on campus. are off campus.

of off-campus venues are food/drug businesses.

of off-campus venues are cafés.

of off-campus venues are health/self-care businesses.

are restaurants.

of off-campus venues

**Easterner Graphics** 



Photo by Dylan Paulus

EWU student Ashley Johnson works at Goofy's during the afternoons and evenings. She makes custom drinks by request.

### Goofy's small space brings quiet atmosphere

By Al Stover EAGLE LIFE EDITOR easterner.eaglelife@gmail.com

For students who are looking for an alternative to Eagles Pub and Wild Bill's, there is Goofy's.

Goofy's is a bar located next to Wild Bill's and across the street from Eagles Pub. Like most bars, it has two shelves filled with a variety of liquor. In addition to the mixed drinks, like a Jack and Coke or a Long Island Iced Tea, some bartenders will also make a surprise drink at the customer's request.

For those who are more of the beer type, there are the typical domestic brews on tap, like Coors Light and Bud Light, as well as craft beers, like Black Butte Porter and Mac & Jack's African Amber ale. Domestic beer costs \$3.75 a pint while microbrews are \$4.75 a pint.

Goofy's also has a seasonal beer on tap, which is currently New Belgium's Snow Day, a winter ale that is dark brown with a taupe-colored foam on top. Fans of winter ales made by Samuel Adams and Alaskan Amber may be put off by the dark color and the slightly chalky taste.

For customers who are strapped for cash, Goofy's has daily specials Monday through Saturday on mixed drinks as well as a daily special of tequila shots and Fireball for \$3.50. Power Hour is from 3-4 p.m., which has domestic pitchers for \$4.50, while Happy Hour happens

from 3-6 p.m. While customers have a wide selection of alcohol, Goofy's does not have a wide range of food options. Choices are limited to popcorn, sandwiches, pizza and nachos.

The decor of the place will catch patrons' eyes. The walls in the billiards area are covered in vintage music and movie posters. Above the bar are decorations, like a large Pez dispenser of the Disney character Goofy that sits above a sign that reads, "There will be a \$5 charge for whining."

There is also a mirror on the wall that spans from the lounging area to the back of

the billards area. Customers may feel space is limited as the lounging space across from the bar area only has five two-person tables and two booths.

Past the bar there is an open space that has two billiard tables, three arcade games and "The Simpsons" Pinball Party next to the juke box. There is also an isolated area past the bathrooms where patrons have some privacy and play billiards. However, this area is not in good view of the bar and bartenders may



not be able to see if a customer is finished with their

Although the small space in Goofy's may not be able

**GOOFY'S-PAGE 7** 

### **OPINION**

## College transition has ups and downs

By Davis Hill STAFF REPORTER dhill.easterner@gmail.com

What happened? You used to be a normal, well-adjusted teenager, happily pursuing photography, gymnastics and

self-denigration. Now you're a pale, exhausted college student who subsists on instant rice and M&M's

you find between the couch cushions. It's strange looking back; your perspective changes. Some of the things that seemed stupid or worthless in high school would be a godsend in college. Think about it. Your tuition was free, you didn't have to pay for textbooks and the food often wasn't that bad, actually. Most of your teachers knew your name, even if they only used it to yell at you. When you skipped class, you would get busted—you would be sent to the principal's office, a note would get sent home, and you'd get dirty looks next time you showed up. Now when you skip class, all that you get is the sinking realization that you're wasting upwards of \$100 per hour, paid in advance.

You planned to move to Los Angeles, study art design and become a famous rock musician. Instead, you're attending college less than two hours from home. Of course, lots of things are better now that you're in college. I spent most of my freshman and sophomore years in high school playing a computer game called Starcraft. In this game, the players take control of alien races and then pit them against one another in terrifying battles to the death. Starcraft was filled with unnecessary aggression and subtle imperialist rhetoric. It was probably a huge waste of time, although to be fair, the game really helped my grade in United States history.

In college, you know your teachers as real people. You have drinks with them, go to their houses, discuss politics with them and converse with them while using language you could never have gotten away with at home. They have families, friends and interests outside of their jobs, and only rarely do they sleep in their offices. You've moved out. Your parents aren't here to nag you. You can live in a house with your best friends, a broken-down cabin or even a ball pit, and they can't do

anything about it. Everyone had one high school teacher that was tough on them. Maybe it was your basketball coach, your marching band director or your studio art teacher or math teacher. But you've prevailed, and you can look forward to the day when, doctoral certificate in hand, you encounter them begging for alms in the alley behind the middle school, the writhing jerks.

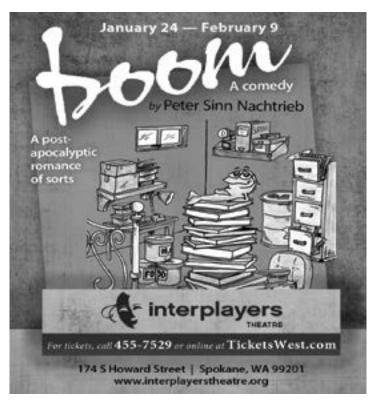
The transition to college can also be disillusioning when, for example, you realize that anything can be made to sound boring by an underprepared graduate teacher assistant whose focus is "research."

Some of the changes from high school to college are just weird. I used to hope that I was the smartest person in class, so that I could look really cool. Now I hope that I'm the dumbest, so that I'll learn something. I used to do all my homework as quickly as possible in order to have time left over for video games. Now I play video games as quickly as possible in order to leave time for homework. Maybe you were afraid of being called on, fearing embarrassment in front of the whole class. In college, however, professors teaching lower-division classes often have to see hundreds of new students every quarter, many of whom would rather be doing anything other than attending class, and, in order to satisfy their misguided thirst for justice, will take any opportunity to disrupt class or embarrass the professor. Your professors have it much worse than you ever did.

I wish someone had told me that high school grades don't matter after high school. I would have spent a lot more time playing Starcraft. And remember those stuffy honors kids? They took every AP course, had a 4.0 GPA, did sports, were cheerleaders and student body presidents and homecoming royalty and had tons of friends. Everyone thought they were going to be successful entrepreneurs and world travelers. Well, some of them are. Others are working at McDonald's. You just never know sometimes.

For most of us, college is a time of great change, of great self-discovery. Embrace that to its fullest. Explore yourself. Connect with friends. Pursue new passions. Expound upon anything and everything, But don't do it around me, for goodness' sake.

Views expressed in this column do not necessarily reflect the views of The Easterner.





## EAGLE LIFE



**Easterner Graphics** 

## Students weigh in on transportation

Paul Sell STAFF WRITER easterner.eaglelife@gmail.com

For EWU students that live in Spokane, the winter quarter began with a perilous journey to campus.

Some were forced to brave the weather and drive to the Cheney campus on icy roads.

Others chose to wait in bus lines at Jefferson Park & Ride that makes those at Six Flags look miniscule by comparison.

With the Spokane Transit Authority adding four more outbound bus trips to the Cheney bus line on Jan. 20, as well as some minor timepoint changes, the questions is raised of which travel method is a more efficient way of getting to campus: car or bus? When the weather is nasty outside, it is important to have options as well as know the advantages and disadvantages of both driving and using the bus. The immediate advantage to using the bus is that, with the STA, all EWU students with their student ID card ride for free.

"I usually take the bus every single day," said Amy Sillingsad. "It becomes routine and it saves money."

On top of that, students no longer have to worry about the stresses of driving. The problems of traffic fade away for the student, and this even gives students time to relax, study

"You don't have to worry about the weather. You don't have to worry about parking and it saves on gas," said Josie

and converse with others.

For students who do not have a good winter-ready car, or do not have any car at all, the bus is there to get students to campus in a fast and efficient way.

"It's just about as efficient and free," said Gabe Nemoff on taking the bus to campus over driving.

However, because of the unpredictable winter weather, the bus system can run late or not be fully prepared for the influx of students who refuse to drive to campus in such conditions.

"The last time I rode the bus, it got delayed because of the snow, so I was late to my class," said Amanda Hum-

phrey. "It was also late to pick me up. It's faster and more reliable for me to drive myself."

When traveling to campus by bus, students are going by the STA's schedule. If you are a minute late, you have to wait for the next bus, meaning you are going to be late to class.

Ammi Brady said, "It's not guaranteed that you'll be on time [with the bus]. I feel more in control when I drive.'

When driving to campus, you are allowed to set your own schedule instead of relying on others to help you get to class on time.

"I'm on my own schedule," said Eric Jaderquist. "I don't have to wait for the bus. I can come whenever I want, leave when I want and no bus stop to wait for."

Some EWU students must drive to campus because either the bus does not come out to where these students live, or riding the bus to campus would take up more time than it would to drive.

Alicia Stark said, "The bus route takes an hour and a half just to get to school, and I have an 8 a.m. class."

On the other hand, the immediate downside to driving is the cost of gas and car maintenance, such as winterizing. The distance between the Park &

Here are a few tips to make for more effective travel to the Eastern campus:

Carpool: If you know some EWU students that live close to you, pile in the same car and drive to campus. Every day, switch to a different car. If someone will not drive, offer to pay for a portion of the gas. This works especially well if the people you are driving with are in the same major or classes.

Know your schedule and route: Make sure you know what time you have to be on campus, how long you will be on campus and how you will get to campus.

Plan ahead of time: If you take the bus, look at the STA website the night before your classes to see when would be the best time to head down to your stop, as well as figure out how long it will take to drive to that location.

Give yourself some extra time/check weather reports: If there is a big snowstorm coming in, odds are the buses will be running late, and the freeway will be backed up and icy. Leave about five to 10 minutes earlier than usual, you will probably make it to campus at your usual time.

Have a planned parking spot: If you are driving to campus, make sure you have a few parking spots planned out ahead of time, and make sure it is a spot that gives you enough time to walk to your class. Know what kind of parking it is, free or paid.

If you want to take a later bus, be confident in your walking ability: If you have a class at 10 a.m., and you are on the last bus before your class starts, odds are it will get to the PUB at about 9:57 a.m. Now you need to run like a bat out of hell to your class. In that case, either get on an earlier bus or make sure you get off at the right stop.

Check to see if there are any bus delays/detours: Check the STA website to find out if your bus is going to be late or if it will go a different route than usual, which can mess up your timing if you are unprepared.

If you have a class between 9 a.m. and noon, do not expect to get a parking spot at Jefferson Park & Ride: Most, if not all, of the parking spots at Jefferson Park & Ride are taken by 8:30 a.m., and usually will not free up until noon. If you still want to get on the bus, find a different area to park. The good news is there are two freeway entrances next to the Park & Ride, providing easy access to Cheney if the Park & Ride is full.

is 15.96 miles, meaning a car goes at least 31 miles on a typi-

cal day's travel to EWU.

Ride and the Eastern campus care arrangements for my son, vantages and disadvantages, I would take the bus everyday," said Camille McNelley.

"If it weren't for my day- taking the bus have their ad-

it ultimately comes down to what works for each student While both driving and and how they respond to snowstorms.

### Goofy's:

continued from page 6

to handle the crowds who show up and want to jump on the dance floor after two or three mixed drinks, it is a great place to watch sports on TV, do homework or relax with friends.

For EWU student Ana Lendeza, the atmosphere is more relaxing than at places like Eagles Pub or The Base-

"It's a bar just to hang out and not have distractions of everything else," Leneza said. "The music is not too loud. It's just a chill bar."

The small area and relaxed atmosphere also allows bartenders to be more

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### Have a favorite place to dine in Cheney? Let us know on The Easterner's

who enter the bar.

in and get them to try different drinks," said Ashley Johnson, bartender. "I can do my homework if it's really

Although the clientele of Goofy's is the same at other bars, there is no fighting or rowdy behavior from cus-

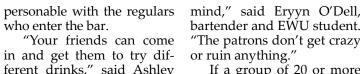
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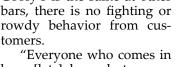
bartender and EWU student. "The patrons don't get crazy

If a group of 20 or more friends want to find a bar to have their bachelor party or celebrate the Eagles latest victory, they might want to go to a bigger place.

However, if two friends want to just grab a beer and watch the game without having to wait 10 minutes to get service, then Goofy's is a good spot.

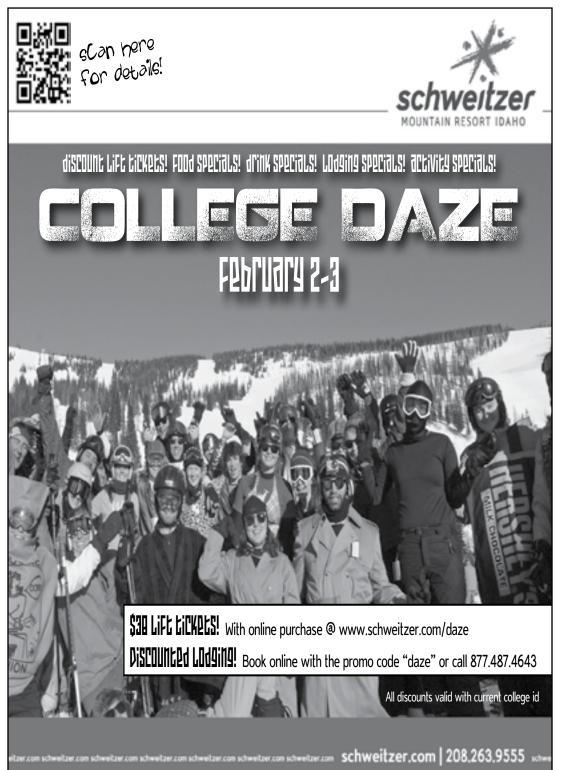
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## OPINION

### **Benedict Arnold bus breaks** down and betrays riders

By Jasmine Kemp sfcc.jasmine.kemp@gmail.com

On Jan. 14 the worst possible thing that could happen to a student forced to commute on the bus happened.

The bus broke down, and that's why I am demanding my transportation fee of \$6.50 be refunded.

The bus that I depend on to get home and to get to campus every day ground to a halt. It was actually grinding to the point where the bus driver, Aaron Hanky, had to pull over to the side of State Route 904 near the Cheney Rodeo grounds.

"I wasn't sure if there was metal on metal or metal on ice," he said.

Hanky said he could feel something was wrong when he turned onto State Route

The part of the bus in question was the accordion junction just where I happened to be sitting. The grinding was prevalent. It caused me alarm because I wasn't sure if the bus was rolling over the rumble strip on the road or if the bus was dragging on the ground. There was also an odd compression feeling between the front and the back of the bus.

Once the bus ground to a stop, the engine cut off and the lights flickered out. Thankfully every person with a blasted cell phone lit up the bus. Imagine a large stadium



Illustration by Sarah Wurtz

late. I hate being on campus in

the dark. I hate being on cam-

pus when it keeps me from

my nightly routine making

fun of television commercials

and Pat Sajak on my Twitter

feed. Apparently, a woman

sitting in front of me hated the

idea of being out late as well.

She picked up her cellphone,

the person on the other end of

Well wasn't she lucky.

So Hanky asked those

who weren't in a hurry to stay

needed to get places urgently,

or who were more likely just

selfish to get on the next bus

that drove up onto the shoul-

her way home, took the liberty

Fiona Pitman, who was on

on the bus, and those who

dialed a number and asked

the line to pick her up.

filled up for a Journey concert and everyone is swaying back and forth while "Don't Stop Believin" is playing and everyone is using their phones instead of lighters.

The lights stayed out and the bus filled with nervous laughter. The bus started once more, the lights turned back on and then the vehicle lurched forward only to stop and darken again with another message from the bus

"So apparently the bus is broken. I'm sorry," Hanky

In 20-degree weather, there we sat or, in half of the passengers' cases, stood. I was expecting to get home around 6 p.m. that evening.

I hate being on campus

to study while she waited for another bus to arrive.

"I was not surprised," she said about the bus break-

These buses do, after all, travel on two highways and carry loads over sitting capacity daily. According to Spokane Transit Authority's website, there are only 10 61foot buses. A normal sized bus is 40 feet, according to Hanky. Therefore, I can't be surprised this happened either, despite that there are sensors all over the bus monitoring conditions and despite the fact that when the bus was in a complete straight line, the junction sensor on the bus's dashboard was glowing a bright red saying the accordion

was at its maximum bend. I cannot depend on sensors. I cannot depend on stateregulated bus inspections and repairs, and I definitely cannot depend on the bus drivers themselves even if they are certified coach operators who should rightfully know every inch of the bus they drive. No, I think the only way we can stop these horrific events is if we have repair crews following our precious route 66 bus, taking up every lane on the highway, tracking and monitoring every millimeter, ready to pounce at the slightest bit of

Or, you know, we could all learn to expect that a heavily trafficked bus route has its problems.

### **EDITORIAL** Internships and classes should not cost the same

easterner.opinion@gmail.com

In an increasingly competitive job market, it is important for students to gain professional experience along with their academic credentials while they are at college.

An unpaid internship is a great way to do this. It can be a mutually beneficial arrangement for the student and the organization providing the internship. Because an intern who is earning academic credit does not have to be paid, a company can afford to bring them on even if they cannot afford to bring on an employee.

The university facilitates this by granting the intern academic credit. Through career services and an adviser, students can arrange to take an internship class. In fact, some degree programs have an internship as a graduation requirement.

These credits cost an EWU student the exact same, \$245.73 per credit or \$224.73 for overload credits, as regular class credits. However, no instruction is provided by Eastern employees.

The student learns by gaining work experience at the internship placement. The professor is not spending time instructing in a classroom, developing coursework and grading assignments. While the internship adviser and the advisers in the career services office do have a function in the process, it is not believable that the time they put into a student's internship has the same value as instruction in a traditional class.

Since the university charges you the same for credits whether they actually did any of the instructing or not, it would seem that what you are buying by paying your tuition is a slip of paper that says you are qualified to get a job. If this is the case, schools should drop the veneer of being a place to go to learn and just become diploma mills.

However, if what you pay for is the privilege of being instructed in a classroom by professors, the university should recognize that it is unfair for them to charge the same for an internship credit as for a regular credit.

## Through the Eagle's Eye

der of highway 904.

Do you think it is a big deal that Lance Armstrong admitted to using performance-enhancing drugs?

Interviews by Kyle Harding. Photos by Aaron Malmoe.



"I think it is a big deal...He sued people who said that he was lying."

Jacob Zier

"It's sort of disappointing that somebody so many people look up to was doing drugs and was lying about it."

Alice Miller





"I think it is newsworthy, it is a big deal. He was a celebitrity and a big name in the sports world."

Sharon Danner

"It's not really news, it's an untold secret. People are blowing it up more than it really is because the whole sport is dirty."

Blake Holloway





"Why wouldn't he come out with it earlier. [...] Now he's getting money from all this publicity."

Queshawna Anderson

"No, I don't think so. It's kind of old hat."



Sam Kintschi

#### THE EASTERNER

Serving the community since 1916

#### **LETTERS**

**Kyle Harding** OPINION EDITOR easterner.opinion@gmail.com

#### Requirements:

-Letters should be 300 words or less, and typed or handwritten legibly.

-Include your full name, signature, telephone number and email address for verification.

#### -We reserve the right not more, all letters are subject to editing.

-Letters must be recieved no later than Monday at 10 a.m. in order to be considered for publication the following Wednesday.

-If your letter is in response to a specific article, please list the title and date of the article.

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to publish letters; further- **Kyle Harding**, opinion editor **Amy Meyer,** *editor-in-chief* Christopher Stuck, managing editor

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#### **EDITORIAL POLICY**

We encourage the campus community to submit letters and opinion pieces that conform to the requirements listed above. Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.

### Letters to the Editor

#### Thank you from a departing Eagle

I want to thank my Eastern Washington coaches, trainers, teammates, fellow students, teachers and fans for their support over the past four years.

The last four years have been the best of my life and I am so thankful to Eastern Washington for giving me this opportu-

Before my senior year of high school, I tore my anterior cruciate ligament in a summer football camp at the University of Colorado. At that point, I was being recruited by several BCS teams, but everyone stopped calling after I got hurt. Eastern Washington was one of the only schools to offer me a scholarship, and I am so thankful they did. I truly believe that my knee injury happened for a reason, and that reason was so I could go to Eastern Washington.

Deciding to leave school early was not an easy decision and not one that I took lightly. It was an extremely long process, and I spent several weeks talking it over with my close friends and family. In the end, I decided that I was ready for the challenge of competing against the best athletes in the world in the NFL.

Regardless of where I end up, I will always be an Eastern Washington Eagle and Cheney will always have a special place in my heart. Eastern Washington

To my Eastern Washington has given me so much over the last four years: some of my best friends, an education, a national championship and most importantly, a fiancée. Because of this, I am eternally grateful to Eastern Washington for taking a chance on me.

I also want to thank the training staff, and specifically Kacey Hoob, Brian Norton, and Nate Brookerson for helping me with all of my rehabilitation and helping me get to where I am today. A special thanks to Coach Baldwin, Coach Adams and Coach Sawyer for their mentoring and guidance over the past four years. I appreciate you three going above and beyond your duties as coaches to help me through some of my most difficult times. Your advice has been invaluable and has helped mold me into the player and man I am today.

Finally, I want to thank all of my teammates over the past four years. You guys are my best friends and we have gone through so many highs and lows together. We ran out of time in our last game against Sam Houston State, but I fully expect you guys to repeat as Big Sky Conference champions and to finish the job we started by winning a national championship.

Go Eagles!

Sincerely,

Brandon Kaufman, #1

## COMMUNITY

### Police Beat

#### By Linsey Garrison

STAFF WRITER garrisonlinsey@gmail.com

#### Jan. 13 Harassment

A female student on the first floor in Louise Anderson Hall reported a laxative prank that had gone too far. Two male students were arrested and the victim is planning to pursue charges.

#### Jan. 15 10:12 a.m.

#### Suspicious circumstances

More than 30 bullets were found on the ground near the 800 block of Fifth Street on the EWU cam-

pus. A student saw and reported the items which were then taken into evidence lockup.

#### Jan. 16 10:35 a.m.

#### Theft

A student reported that his or her backpack was stolen from the shelves at the entrance of the EWU bookstore.

#### Jan. 17 11:15 a.m.

#### Drug violation

The smell of burning marijuana was reported on the third floor in Louise Anderson Hall. Officers made contact with a student who was then arrested and cited for being underage.

#### Alcohol violation

Officers responded to Streeter Hall A student on the third floor in Lou-

olation. One student was arrested for furnishing alcohol to a minor.

#### Jan. 19 12:44 a.m.

#### Alcohol violation

An intoxicated female student was found vomiting in the seventh floor women's restroom in Pearce Hall. She was referred to OSRR.

#### 1:24 a.m.

#### Alcohol violation

Two intoxicated male students were found vomiting on the sixth floor in Dressler Hall. Both were referred to OSRR.

#### 1:57 a.m.

#### Alcohol violation

An intoxicated male student was reported in a lobby area in Louise Anderson Hall. He was cited for minor in possession and released.

#### 2:05 a.m.

#### Alcohol violation

Three underage intoxicated female students were found vomiting on the eighth floor in Pearce Hall. They were referred to OSRR.

#### 2:37 a.m.

#### Alcohol violation

Two underage intoxicated female students were found vomiting on the eighth floor in Pearce Hall. Both were referred to OSRR.

#### 12:55 p.m.

#### **Burglary**

for a report of a possible liquor viise Anderson Hall reported that released by medics.

someone had broken into their room and stolen a laptop. The thief's way of entry is unknown.

#### 7:20 p.m.

#### Drug violation

The smell of burning marijuana was reported on the third floor in Louise Anderson Hall. The students were contacted and found to be of legal age and were only referred to OSRR.

#### Accident

A car accident was reported in parking lot 10 near Pearce Hall. A bystander called for assistance and one person needed to be transported to the hospital.

#### Agency assist

EWU police assisted the Cheney officers with an ongoing investigation involving the rape of a student that took place in Cheney. The incident was reported to the Cheney police department.

#### Jan. 20

#### 2:30 a.m. Alcohol violation

An intoxicated male student was reported on the fourth floor in Dressler Hall. He was referred to OSRR.

#### 2:50 a.m.

#### **Alcohol Violation** Community advisers in Dressler

Hall found an intoxicated and vomiting female student in a second floor restroom. The student was cited for minor in possession after being assessed and

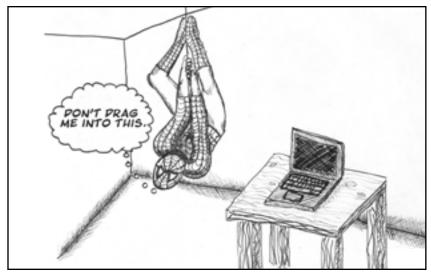


Illustration by Amy Meyer

#### Jan. 19 - Burglary 12:55 p.m.

A student in Louise Anderson Hall reported that someone had broken into their room and stolen a laptop. The thief's way of entry is unknown.

#### 2:55 a.m.

#### **Alcohol Violation**

Three underage female students were reported on the third floor in Louise Anderson Hall. They were referred to OSRR.

#### 5:25 p.m. Burglary

Two rooms in Pearce Hall and two rooms in Dressler Hall on multiple floors were burglarized. Two of the rooms were left unlocked by students as they left to take showers. Electronics, including three laptops and two cellphones, were reported missing. Two suspicious males were seen in the area just prior to the thefts. Anyone with information

regarding these incidents who may have been in the area around 5 p.m. is asked to contact university police.

#### Agency assist

#### 2:10 p.m.

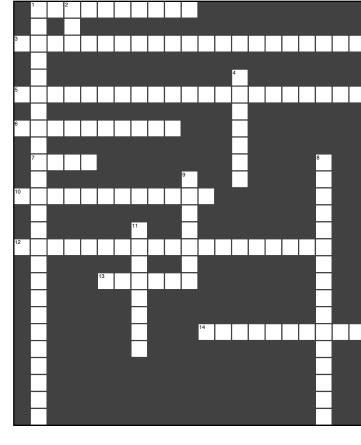
EWU police assisted Cheney officers with a domestic violence call near the 1000 block of Salnave. One person was arrested.

#### Jan. 21 3:50 p.m.

#### **Domestic Dispute**

EWU police responded to a domestic dispute in progress at the Townhouse apartments. They found an unruly juvenile. No crime was committed.

### **CROSSWORD**



#### Across

1. Influenza is often mistaken for the com-

mon \_\_\_ (2 Words).

3. An inaugural event was held for this new bachelor's degree Jan. 16 (4 Words). 5. EWU will host the 2015 National Conference on \_\_\_ in competition with several other potential hosts (2 Words). 6. \_\_\_ involves more than just attending

games and cheering. With membership, students are able to reap the rewards of the point system the club has developed (2 Words). 7. The \_\_\_ system was originally started to

help promote support for Cheney businesses. 10. A car accident resulted in minor injuries for EWU starting guards \_\_\_ and Jeffrey Forbes (2 Words).

12. Of the 345 Division I men's basketball teams, EWU ranks No. 309 in \_\_\_\_, making just 39.9 percent of their attempts (3 Words).

13. This bar currently serves New Belgium's Snow Day, their seasonal beer on tap. 14. The toughest opponent coming up for this women's team is the University of Montana (2 Words).

#### Down

1. "Winter blues" is a less severe form of (3 Words).

2. This play focuses on the romance between Keats and his fiancée Fanny Brawne 4. Outgoing Gov. Chris Gregoire's proposed Washington state budget \_\_\_ higher education funding levels this year.

dropped to 7-9 total and 4-3 in Big Sky Conference (2 Words).

9. The main challenge that \_\_\_ go through is learning the technique of the bow and arrow. 11. This bistro, though relatively new to Cheney, has started accepting Eagle Flex (2 Words).

Answer key can be found at easterneronline.wordpress.com

### THE EASTERNER

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The Easterner is open for any EWU student or faculty who wish to write or copy edit news stories.

• Writers' meetings are Mondays at 3:30 p.m.

• Copy editing meetings are Saturdays at 9 a.m.

#### News Line:

If you have a tip, letter to the edistory please call The Easterner tip line at 509-359-6270 or the general office line at 509-359-4318.

#### About your paper: All content in The Easterner is ei-

ther produced or chosen by EWU students. Our goal is to provide relevant information to the students, faculty, staff and residents of the communities surrounding EWU.

#### Circulation:

publishes The Easterner a weekly print version as well as web content during the week http://www. easterneronline.com. The East- send an email to advertising@ erner is distributed throughout theeasterner.info. the Cheney campus and busitor, press release or an idea for a ness district as well as Riverpoint and various Spokane businesses. If you would like The Easterner to be distributed at

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The first copy of The Easterner is free. Aditional copies may be purchased at Isle Hall 102 during staff hours.

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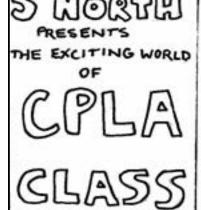
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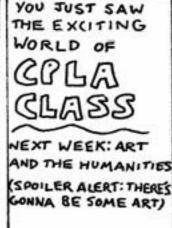
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JANUARY 23, 2013

## SPORTS

## Women's hockey club gets aggressive

### Team prepares for season's final stretch

By Elohino Theodore STAFF WRITER theodoreelohino@gmail.com

women's team.

Coming off of a 7-1 victory on Dec. 8, women's hockey looks to improve and stay positive. The EWU women's hockey club started out very well with wins over the Spokane women's team and the Seattle

The three-game winning streak consisted of one victory over Spokane and two over Seattle. The team then ended up losing their next three games. "I would say that my main goal is to get the girls to understand the system that I'm trying to teach," coach John Connor said.

Connor wants the players to implement high pressure forecheck, an aggressive approach targeting the opposing puck carrier to create more turnovers. Connor stresses that the team must support each other after the turnover is created, which creates more opportunities for a better defense.

During the final stretch of this season, Connor also wants his team to get better at what they are doing as far as skating and keeping a hockev-sense mentality. As a coach, Connor wants to improve the team by

using tips he learned from watching the Spokane Chiefs play.

Alex Gellhaus, the captain of the team, wants to provide more leadership during the final six games on their schedule. She wants the team to improve as much as possible. "We want to bring back the momentum we had in the beginning of the season," Gellhaus said.

Gellhaus loved the way the team played their first game. "We started out really strong as a team. Our first game was pretty exciting. It was a fresh start," Gellhaus said. Judging by the wins and losses on the schedule, the team has experienced an even balance of both victory and

loss to the Wenatchee Banshees on Dec. 1, followed by a 6-3 loss to the same team on Dec. 2. The team was able to bounce back after the two game losing streak with the Dec. 8 win over Spokane. "We played against high caliber teams [during the] last few games," Connor said.

The toughest opponent coming up for the team is the University of Montana, according to Gellhaus.

Players and coaches often get involved with sports because of the love of the game. Coach Connor has been coaching for seven years now. This is his first year with the EWU women's ice hockey club. "I did it for the challenge [of being a coach].

Their last two losses were a 7-3 I like defense, the fast pace. I do like to be a defensive style coach," Connor said.

> When looking back on the Gellhaus remembers season, the progress of the team. "It's been a big improvement. We've improved a lot. We have a new coach, [the season] has been positive," Gellhaus said.

> As far as next year, the plan remains the same, and there is a good chance that most of the players will return. "I'm assuming we're getting everybody back next year. I would love to improve the team up to where we can play anyone competitively," Connor said.

## Archery club aims high and shoots true

By Elohino Theodore

STAFF WRITER theodoreelohino@gmail.com

Eastern has many sports clubs on campus, and the archery club is one of them.

Archery is a sport that builds upper body strength, focus and accuracy. According to topendsports.com, the Egyptians used archers on the back of chariots who were highly skilled and could easily damage an enemy army with great effect.

According to Robert Cimball, vice president of the archery club, the sport is harder than it looks. First time members of the EWU Archery Club will have to learn how to use a bow and arrow properly. Students learn how to focus and hit targets. Other challenges of the club include keeping the arrow steady and firm.

Cimball explained how members go through the challenges of training exercises for accuracy. The club members pull back their arrows for 10 seconds and then release to hit a specific target. For each arrow that fails to hit the target, members have to do pullups. Club members shoot arrows as far as 80 yards when doing outside activities on days with good weather.

The main challenge that archers go through is learning the technique of the bow and arrow. Brandon Chea, a current member of the archery club, said, "I'm mediocre. [I had] the usual be-



Photo by Teri Simpson

Robert Cimball practices shooting at targets. According to club members, learning the correct technique for using a bow is the first step in archery.

ginning challenges. I had no idea what I was doing when I was learning how to first use the bow."

Members often work on the technique of shooting arrows first.

practice to get better [and] to hang out and meet new people," Cimball said. "We have a diverse group of students with different types of majors." He also said that students learn the proper-"The main purpose is to ties of the bow by practic-

ing with it. Safety is also an also provides bows called important part of the club's

Each quarter the Archery Club starts up again and students are allowed to bring their own equipment with them. The club called Yumi bows that Japanese students brought to the club.

around for a long period recurve bows. The bows of time, and it is still bethat are also available are ing practiced today. Many archers use archery to improve upper body strength and accuracy. There are The unique aspect about many aspects about archery archery is that it has been to learn about.

### Fastpitch Club reloading, inspired for spring season

#### Team ready after a shortened fall season

By Bryan King

CONTRIBUTING WRITER bryan.king1004@gmail.com

Eastern's Fastpitch Club is ready for the spring season to start Club President and senior Breann Booher plays as a catcher and a utility player.

"This is my family away from home," she said.

The team is made up mostly of juniors and seniors, giving this team a lot of experience playing the game they enjoy.

"I have been playing since I was

4 years old and pitching since I was with a lot of them ever since." Char-8," junior and pitcher Leah Cram ron said.

Senior Amanda Charron, a multi-position player on the team, said "I have been playing ever since I could hold a mitt or throw a ball." She went to Montana last year, but returned to EWU because she missed her softball fam-

Booher, Cram and Charron have all played softball since joining EWU as freshmen. All three of them have become the best of friends and they feel as a team they have become a family.

"When I got to Eastern, I really didn't have many friends. But then I joined softball and became friends

Booher, Cram and Charron are looking for a better season than last year. One thing that hurt them the most was injuries. They had to cut their fall season short because of a shortage of players and several in-

The club will be doing some traveling this season, going to tournaments in Oregon and Seattle to get some exposure. They are also fortunate this season to finally get some home games here in Cheney.

They will be hosting their own tournament here in Cheney in April. The First Annual Lady Eags Classic will be happening from April 12 to 14.

Being on the softball team has definitely helped these softball players off the field as well.

"We have grown as people through community service and leadership on this team and it definitely has been helpful." Booher

The goal of the club is to maintain their status as one of the most competitive club softball teams in the Pacific Northwest and play about 25-30 games during the sea-

According to the three girls, they all believe, with hard work and the drive for excellence, they can compete with the schools around this

Breann, who has been president

of the club since she was a sophomore, has become the leader of the group and has helped the other teammates get to where they are at

"She keeps us going." Charron said.

The team is looking for more girls for the upcoming season.

"We need girls that are dedicated, positive and driven," Booher

The club currently practices at Jim Thorpe Field House on Sundays from 5-7 p.m. and has conditioning twice a week.

Dues for the teams are \$100 for the quarter depending on travel.e team currently has 13 players on the team.

### **Chiverton:**

continued from front page

This team is no stranger to handling adversity. Former Eagle guard Justin Crosgile, who had been leading Eastern and was third in the conference in points per game, quit the team earlier in the season citing his desire to focus on his family and education. On Jan. 16, senior guards Kevin Winford and Jeffrey Forbes were involved in an auto accident in Grand Forks, N.D., involving one of the team's minivans. Winford suffered a concussion and Forbes sustained a knee injury. No one else was injured.

According to Hayford, he is trying to keep things in perspective and focusing on maintaining the team's goals.

"What is under our control, let's focus on that," Hayford said. "The things that aren't under our control, you got to push it away and not let it rob you of your focus."

While Chiverton acknowledged the team's character, he maintained it is their responsibility to get the ship righted.

"[Hayford] said, 'It's not like some kind of magic pixie dust is going to come and we're just going to turn our season around," said Chiverton. "It has to be on us. We have to put in the work and put in the hours and do what we need to do"

Now that he is back, Chiverton is doing his best to keep his mind on basketball. His presence was immediately felt by the team. In his first game back on Jan. 3, Chiverton scored 14 points against

defending Big Sky champion Montana. Perhaps Chiverton's best game since being back was a win against Northern Arizona on Jan. 10 where he scored 22 points, including a key 3-pointer that ignited a 16-1 run by the Eagles.

"It feels great. I'm four games back and I'm just trying to make everyone successful,' Chiverton said.

Despite Chiverton's success on the court so far, the team has struggled this season, posting a 2-6 league record and going 4-14 overall. Hayford hopes, as Chiverton sees more time, the Eagles will begin to turn things around.

We're not that far away," Hayford said. "We just need to keep grinding it out and concentrate on getting better and finding wins in the Big Sky this year."



Photo by Aaron Malmoe

Collin Chiverton was named Big Sky Newcomer of the Year last season.

## ---SPORTS

#### News in brief:



Women's basketball player Hayley **Hodgins** was named Big Sky Player of the Week after leading the Eagles to three consecutive wins. In her first career start against Northern Colorado on Jan. 17, Hodgins, a redshirt freshman, had a perfect shooting night. She was 7-7 from the field, including 3-3 from behind the 3-point line. Against North Dakota on Jan. 19, Hodgins scored 16 points in an Eagle victory, including a layup with 1:30 left in the game to give Eastern a lead they never gave up. In the Jan. 21 win against Portland State, Hodgins scored 22 points and was 7-16 from the floor and was a perfect 4-4 from the free-throw

Quarterback Vernon Adams, safety Jordan Tonani and return specialist Shaquille Hill have been selected to the College Sports Journal NCAA Football Championship Subdivision All-Freshman Team. All three players were key contributors to a 11-3 season that included a Big Sky Conference Championship and a playoff run that ended with a semifinal loss to Sam Houston State. Adams, who was recently named FCS Freshman of the Year by College Sporting News, was 8-1 in his nine starts this season and ranked fourth in the FCS in passing efficiency. Hill averaged 26.8 yards per kickoff return, best for 17th in the FCS. On Oct. 6, Hill burned the North Dakota special teams unit on a 99-yard kickoff return for a touchdown. Tonani ranked sixth on the team in total tackles with 68 despite starting only seven games. He also had a team-leading three interceptions.

#### **Upcoming:**

The men's basketball team will travel to take on Southern Utah. The Eagles will return home on Jan. 28 to host Portland State in Cheney on Reese Court. Tipoff for both games is scheduled for 6:05

The women's basketball team will host Southern Utah in Cheney on Reese Court. Tipoff is at 2:05 p.m.

The men's and women's track and field **teams** have two different locations for competition this week. Hurdlers, jumpers and sprinters will go to Bozeman, Mont., to compete in the Montana State Open on Jan. 25. The distance runners and throwers will travel to Seattle for the UW Invitational on Jan. 25 and 26.

The men's and women's tennis teams travel to take on Oregon on Jan. 25 followed by Portland on Jan. 26.

## Eastern Flight Club promotes school spirit



known as Team Red, Flight Club is looking to get students excited about and involved in to 1,200 members. Eastern basketball.

basketball season, and graduate student Josh Grubich is overseeing its development. The goal for the club is simple: to get more students attending basketball games and cheering loudly for the Eagles.

The momentum of Flight Club is still building, current students," Grubich however. Grubich said it said. "So last basketball

currently has only 13 members. When Team Red was at its peak, it boasted close

Team Red was started Flight Club is new this by a group of students who enjoyed attending basketball games together, according to Grubich. These students made their own shirts and got others involved.

"Once these students graduated, the leadership was not passed down to season there was no official student fan club."

That changed this year with the creation of Flight Club. "With the Flight Club, we are hoping to bring back the student support and create an atmosphere in Reese Court that will be equivalent to football games at Roos Field," Grubich said.

Flight Club involves more than just attending games and cheering. With a membership, students are able to reap the rewards of the point system the club has developed. Points are earned by attending men's or women's games.

explained Grubich that bonus points can also be earned for displaying school spirit at games. This can be done through face painting, making signs and leading cheers.

"As the points are accumulated, the Flight Club members will reach various rewards levels and receive Flight Club exclusive rewards," Grubich said. These rewards range from

sunglasses to gift cards.
Grubich hopes that
Flight Club will not only benefit the students who become members but also the basketball players as well.

"The teams really feed off of the crowd noise and want Reese Court to be an intimidating place to play," Grubich said. "For example, Gonzaga and WSU have large student fan groups that make each place a tough atmosphere for opposing teams to play.

The students stand and are loud the entire game."

Although Grubich said that attendance has increased at the games, the noise level has not. Ultimately, the goal of Flight Club is to generate a tradition of school spirit and enthusiasm at Eastern.

"Our goal is to grow the Flight Club so that we can get back to having those dedicated students that will be the leaders of the Flight Club," Grubich said. "As the leaders graduate, there will be a hierarchy of younger students ready to step up and organize the cheers, rallies and get the students loud."

A Flight Club membership costs \$15 and comes with a T-shirt and rewards card for students to earn points.

## U men tumble to last in Big

#### Road woes for Eastern continue

**By Peter Sowards** 

SENIOR REPORTER packerfan4life@gmail.com

A car accident between a van full of EWU men's basketball players and coaches and an oncoming car on Jan. 16 epitomized what the 2012-2013 season has become—a wreck.

The Eagles' losing streak swelled to three as they lost consecutive road contests to North Dakota and Northern Colorado, dropping their record to 4-14 overall and 2-6 in the Big Sky Conference. EWU has lost all of their nine road games and owns the worst league record.

The accident resulted in minor injuries for EWU starting guards Kevin Winford and Jeffrey Forbes, who suffered a concussion and a knee injury, respectively. Forbes missed one game and was able to return vs. Northern Colorado while Winford remains out, although he said he is "feeling a lot better." The Grand Forks ued his efficient play, making at Northern Colorado as they five points, notching career just 39.9 percent of their Herald reported that associate head coach Craig Fortier was driving the van and received a citation for failure to yield while turning.

The short-handed Eagles led 29-27 at the break vs. North Dakota on Jan. 17 in their first trip to Grand Forks, N.D., since 1982 but sputtered in the second half on their way to a 65-47 defeat. Freshman Venky Jois recorded his eighth double-double of the season with 12 points and 14 rebounds, and Oregon transfer Martin Seiferth contin-



Photo by Aaron Malmoe

Although several Eagle players have tied or broken records this season, the team has yet to win away from Reese Court.

and grabbing nine rebounds with three blocks.

Despite the lopsided loss, Eagles' head coach Jim Hayford did not get down on his team. "With the adversity we were going through, I thought our guys did really well," Hayford said. We had control of the game in the first half and made it a game that was winnable. In the second half, North Dakota was fired up and we didn't match their intensity."

The Eagles' woes continued

again, EWU was in the thick of it at halftime, trailing just 33-30 at intermission before a 13-3 second-half run by Northern Colorado put the game out the reach. Both teams came into the contest with just four wins on their résumés.

Jois blocked seven shots, tying a school record set earlier this season by teammate Seiferth. He added 15 points, eight rebounds and four assists. Forbes returned to action and scored

him with former Eagle Justin Paola for the third most 3-pointers in school history.

Once more, Hayford remained positive. "I'm proud of our guys and their effort," he said. "Northern Colorado is coming around-they are a good team. They paid these pains last year."

Of the 345 Division I men's basketball teams, EWU ranks No. 309 in field goal percentage, making

6-of-7 shots to score 14 points fell to the Bears, 72-56. Once 3-pointer No. 164, tying attempts. During the 2011-2012 season the Eagles were slightly better, converting on 41.2 percent. EWU stays on the road

for one more game before returning to Cheney, traveling to Southern Utah on Jan. 26 to take on the Thunderbirds, one of the nine Big Sky teams at or below .500 on the season. Southern Utah has lost four straight, dropping to 5-11 overall and 3-4 in confer-

## Eagle tennis looks to make a racket this season

By Amye Ellsworth

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Senior Ryann Warner plans to take a break from the tennis courts at the end of the spring

"I'll probably hang up the racket for a while," she said.

Because Warner is a senior, this year is her last chance to showcase her tennis abilities at the college level. However, Warner does not think this puts any extra pressure on her

Head coach Dustin Hinson views Warner as one of the key leaders on the team.

"We've got four seniors, so we get a lot more leadership on the team," he said. The other three seniors are Chelsea Patton, Rocio Norena and Kelsey

While Hinson said having these seniors leading the younger players is an advantage, it is also a disadvantage to the team.

'[It] makes us look toward the future too, because we're going to be losing a few," Hinson said.

Until that moment happens, Hinson is focusing on the current season, which he thinks will be as easy as "PIE."

"I kind of like acronyms, and this one is PIE," said Hinson. "That's being positive on and off the court, having high intensity and being encouraging to one another. Those are three things that are easy to remember to help them with their attitude and not get down on themselves."

Hinson said three players in particular will be crucial to the success of the team this season: senior Patton, sophomore Moira Hedberg and sophomore Chrissy Uriarte.

"Patton is really a strong leader. She's very vocal on the court and encouraging during conditioning," said Hinson.
"Hedberg is great as well. I
think her skills on the court really speak for themselves. A third would be Chrissy [Uriarte]. She's going to be vital for the success of our season."

During her freshman year, Hedberg played 18 of the 19 matches in the number one singles spot. Last year, Uriarte had the second most wins on the team, playing in the No. 4 position. Patton played at the No. 2 spot last year and has earned Big Sky All-Academic honors each year.

Head coach of the men's team Darren Haworth also noted three key players: sophomore Joseph Cohen, sophomore Eduardo Martinez and freshman Tomas Aranquiz.

"I think that we actually have a really good young team," Haworth said. "I wouldn't call it a building year. We have some experienced freshmen and sophomores.'

The men's tennis team has six freshmen, four sophomores and one senior. Kyle Koetje is the team's sole senior.

'[Koetje's] done a good job over the last four years of always being on time to practice and always being on time to weights," Haworth said. "He always works hard, and it reflects on how he competes on the court. He's been a real staple for this program over the years."

Koetje attributes his work ethic to his unorthodox tennis

"The situation I'm in is different than most college tennis players because I didn't start playing tennis until high school," Koetje said. "I knew if I was going to have a chance to play at this level, I was going to need to improve a lot and quickly."

Even during his final season of play, Koetje is still looking to improve.

"I just want to win a lot of my matches and get better," he

Both Haworth and Koetje have other goals for the team



Photo by Aaron Malmoe Senior Kyle Koetje seeks to end his career as a Big Sky champion.

as well. They would like to see the team qualify for the conference championship.

"We've got tons of potential. As a team, we're never out of the picture to win the conference championship," Haworth said. "I think our goal for sure is to qualify for the conference tournament."

Koetje agreed. "A goal for us, primarily, is to make it to the conference tournament. Just getting there would be a great experience," he said. "I think winning the conference would definitely be the ultimate goal. Even though we're young, I think we need to go into the tournament believing we can win."

The Big Sky Conference Tournament will be held on April 26 in Sacramento, Calif. The next matches of the spring season for the men and women will be Jan. 26 in Eugene, Ore. The men will take on S.C Upstate, and the women will compete against Portland.

## -SPORTS

## Eagle women charge forward in Big Sky

Women ranked third in conference

By Peter Sowards SENIOR REPORTER packerfan4life@gmail.com

Redshirt freshman Hayley Hodgins notched a career-high in points scored for the third time in as many games as the Eagles beat Portland State 68-56 on Jan. 21, improving their record to 10-8 overall and 6-3 in the Big Sky Conference.

Hodgins was recently named Big Sky Player of the Week, averaging 16.5 points per game and shooting 71 percent from the field in wins on Jan. 17 and 19.

The 5-foot-10 forward led all scorers with 22 points in her second career start after totaling 17 and 16 in her previous two games. Senior center Carrie Ojeda recorded her fifth double-double performance of the year with 14 points and 11 rebounds.

After the basketball reached its apex and was tipped off to start the EWU women's game vs. Northern Colorado on Jan. 19 at Reese Court two days prior, UNC guard D'Shara Strange grabbed it and streaked toward the basket. There she converted an uncontested layup and put the Bears up 2-0 just four seconds into the contest.

It was the only lead UNC held the entire game.

A torrent of made baskets by the Eagles followed for the rest of the first half, with EWU shooting 15-23 in the first 20 minutes to take an insurmountable 42-17 halftime lead, their biggest lead at the half this year.

The EWU women were led by the cannot-miss shooting of Hodgins, who topped all scorers with a career-high 17 points in her first start as an Eagle.



Photo by Dylan Paulus

Laura Hughes fights for a rebound in a 75-72 victory against Northern Colorado. Hughes is second on the team in rebounds with an average of 3.5 per game.

She shot a perfect 7-7 from the field including 3-3 from the 3-point line, scoring in double figures for the fourth consecutive game.

"The last four games I've just been sticking to what I do well, which is shooting," Hodgins said. "Coach [Schuller] has been saying, 'Don't hesitate, that's your shot.' I just shot it and it went in—that's always good." Hodgins began the season scoring just 3.2 points per contest in her first 12 games, but has averaged 16.2 per game in her recent fivegame hot streak.

Defensively, EWU did not allow a made 3-point field

goal. The Bears were a staggering 0-22 from behind the arc, while the Eagles shot a season-best 56.3 percent from 3-point land, converting on nine of their 16 3-pointers. "That's just them having a rough night," Schuller said. "Believe me, I get that, because Northern Colorado's a really good basketball team, and this doesn't change my opinion of that at all."

Schuller added, "They had a rough night, we had a good night, and that happens sometimes in the game. I'm happy that we were on that end of it for once it feels like."

Eagles' point guard Kylie Huerta led all players with seven assists while committing zero turnovers, and of the 23 made field goals by EWU, 15 were assisted. Schuller liked the way her team distributed the basketball in the first half. "[It] kind of felt like everything was working. I thought our team did a great job of moving the ball [and] making the extra pass. We've talked about valuing possessions and getting great shots every time we've got the ball, and I thought in the first half especially that we did that

"Kylie did a nice job for us and ran the show and got us organized," Schuller said. "She does a nice job of getting into the seams of whatever they're doing defensively and finding open players and capitalizing on people's strengths."

The Eagles came off a closely-fought victory two days earlier, winning 75-72 over North Dakota on Jan. 17 and snapping a three-game losing streak to get back to .500. The win marked Schuller's 150th victory as a head coach.

EWU shot just 10-30 in the first half of their win over North Dakota en route to a 34-29 halftime deficit. However, they converted on 15 of 26 second-half field goals and earned their first lead of the game with under three minutes remaining. North Dakota's Emily Evers' layup with 1:30 remaining gave UND a one-point advantage, but Ojeda found Hodgins in stride for a layup and a onepoint lead of their own, a lead the Eagles' never relinquished.

"It was not always pretty tonight," Schuller said. "I don't think we played great in terms of offensive execution, and we still had breakdowns defensively, but in terms of a gusty-warrior-like performance, I could not be prouder of this team."

# CALS PROPOSALS

for services and activities fee to fund the 2013-2014 academic year

THE SERVICES & ACTIVITY FEE committee is accepting proposals for the 2013-2014 academic year. THE deadline to submit a proposal is FEBRUARY 5 2013 AT 5:00PM. Please visit the S&A web page for forms and instructions on how to submit a proposal.

Proposals submitted for consideration should be for programs and activities that benefit current students of EWU.

Examples of programs funded by Services and Activities Fees include: Eagle Entertainment, Student Activities Involvement and Leadership, Intramural Sports, PRIDE, the Easterner, EWU Athletics, Epic Adventures, and many others. For a complete list of the programs and activities that were funded for the current academic year please see the S&A Committees webpage. Before submitting a proposal, please review the S&A Committees Guidelines for Funding.

The Services and Activities Fee is a quarterly fee that all students pay that is used to support programs and activities that directly benefit students. The S&A Committee recommends the allocation of funds to the Board of Trustees on an annual basis and expects to distribute approximately \$5 million for the 2013-2014 academic year.

Please direct any and all questions to:

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