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Associated Students of Eastern Washington University

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No warrant required:

Turn to page 6 for an inside look of the famous Red Barn, and to discover why the EWU Police Department

THE EASTERNER

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Upcoming:

The 2012 **BFA Senior Exhibition** for studio art majors will begin on May 25 with an opening reception from 6 to 8 p.m. The work will be on display until June 7.

Turban Day: Unwrapping Sikhism will be May 29 and will include the following events:
10 a.m. Sikhism 101 in the Hargreaves Honors Lounge
11 a.m. "The History of the Turban" in Hargreaves 223
12 p.m. Peace pole blessing in the Campus Mall
1 p.m. The Turban: Headcovering Around the World in Hargreaves 223

The **Brass Extraganza**, featuring the EWU Honors Brass Quintet, Trombone Choir and Trumpet Ensemble is May 29 at 7:30 p.m. in the Music Building Recital Hall.

Trombone Solo Night and Drawing is May 30 at 6 p.m. in the MBRH and will be hosted by Rob Tapper.

Counseling and Psychological Services is sponsoring **Relaxation for Stress Management** with Amanda Dreyer on May 31 at 12 p.m. in PUB 261. Exercises and guided imagery will be introduced at this experiential workshop.

Conductors Randel Wagner and Kristina Ploeger will host the **Spring Choral Concert** on May 31 at 7:30 p.m. in the MBRH.

Dearly Departed, the EWU Senior Capstone production, will be June 1 in the University Theatre at 7:30 p.m.

Thrill Me: The Leopold & Loeb Story is another EWU Senior Capstone production and will show on June 8 at 7:30 p.m.

In brief:

Do you have an amazing photo that you would like to see printed? Send submissions to our photo editor at easterner.photo@gmail.com for our photo of the week feature.

Gayton charged with felony

Former football player scheduled to appear in court on May 24

By Jane Martin
STAFF WRITER
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Chandler Gayton, former safety on the EWU football team, is being charged with a felony for second degree assault after drawing a gun near police officers on May 11, according to police. Sgt. Rick Beghtol said that the decision to charge Gayton with a felony was made after Cheney Police reviewed video footage of the incident with the prosecuting attorney. Gayton is also facing secondary charges for weapons prohibited in certain places and unlawful display of a weapon.

According to the police report, officers were called about a fight that had broken out among four females at Eagles Pub at approximately 1:19 a.m.

The report stated that the individual who made the call informed police someone he referred to as "Chandler"

had "lifted his shirt and displayed a firearm inside the bar and warned at least one of the females to 'Back off, b—.' This caused the fight to escalate."

Officer Chris Oakes was told by the bouncer at Eagles Pub that Gayton had been seen with a weapon at the bar on previous occasions, according to the report. Oakes and Officer David Bailey were also told that Gayton had recently obtained a concealed pistol license.

When Oakes and Bailey went outside to talk to witnesses of the fight, they spotted a man across the intersection on the corner of First Street and Cheney Spangle Road undoing his pants as though he were about to urinate on the wall.

The report states that Oakes immediately told Bailey that he "recognized the male subject as Chandler W. Gayton from previous, unrelated contacts with him." Bailey instructed Gayton to



Photo illustration by Evan Sykes
On May 11, Cheney Police officers responded to a call from the bouncer at Eagles Pub about a bar fight and a patron with a gun. When they arrived, they were told that the patron had already left.

show his hands based on the reports that he owned a pistol. When he pulled his right hand from his pocket he was holding a gun.

Gayton was ordered to drop the pistol, but he failed to comply. Officers drew

their service weapons and ordered him to drop the weapon again. The report states that Gayton was holding the gun with both hands in the "low ready position," but as the officers crossed the street he finally put the pistol on

the ground. According to footage from a traffic camera on First Street, the entire incident took place in less than 10 seconds.

GAYTON-PAGE 3

Dining Services no longer using beef additive

Public outcry over 'pink slime' reaches Eastern

By Kristie Hsin
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After a recent review conducted by Food Services of America and EWU Dining Services, the use of lean, finely textured beef has been discontinued.

Officially known as lean,

finely textured beef, the product is also commonly referred to as "pink slime." Lean, finely textured beef is a product blended into ground beef. The product is not labeled as a separate ingredient because it is 100 percent beef, according to Director of Dining Services Dave McKay. The university's ground beef and ground pork purchased through Food Services of America were reviewed by the company.

"It was determined that

product #281805, lean bulk ground beef 81/19, does contain lean, finely textured beef. This product was used in the Main Street Dining operation for approximately four months during the past school year. Dining Services has discontinued the purchase of this product," McKay said in an email.

According to him, the university first purchased the product containing lean, finely textured beef between

late December and early January of this year.

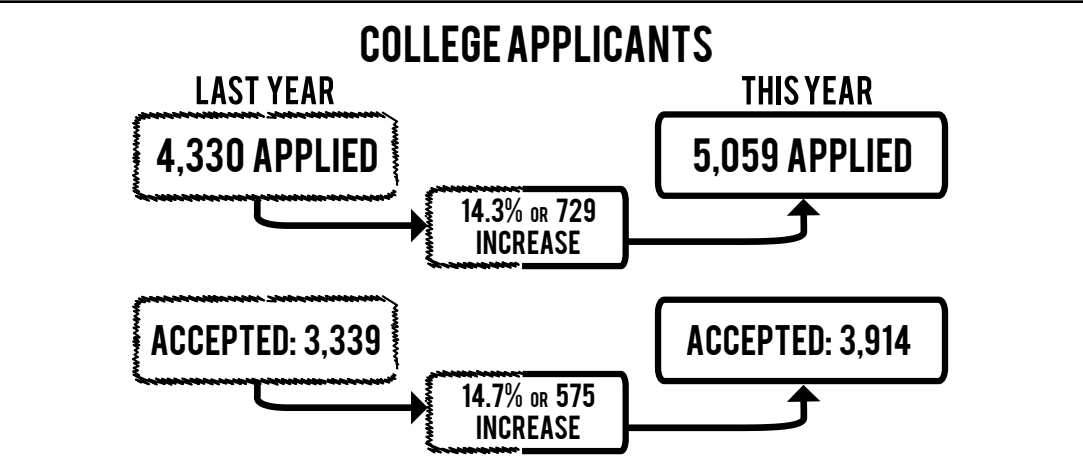
In past years the university used a type of meat called Blue Mesa meat. But due to escalating costs, the university looked for a less expensive, 100 percent ground beef product. Blue Mesa, being an all-natural product, is a high-end type of meat. According to McKay, the product is almost \$2.84 a pound.

"They're not the cheapest products by far to put out there," said McKay. "Price

really wasn't the direct reason for us using the products we were using."

McKay said the university did not realize the new products being used instead of Blue Mesa contained lean, finely textured beef. According to him, most school districts in the K-12 line where nutrition is a focus have chosen to keep the products, even though they contain lean, finely textured beef.

ADDITIVE-PAGE 2



Since last year, freshmen applicants, acceptance rates and returning students have increased.

Picky about freshmen

Admission forces early application deadline for all incoming students

By Libby Campbell
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More than 5,000 incoming freshmen submitted applications to EWU this year, setting a new school record.

For the second consecutive year, Eastern has enforced an application deadline to help manage the increased number of applications. May 15 was the last day for incoming freshmen to submit applications, though transfer and re-

turning students may still apply.

"It doesn't allow in any late applications," said Shannon Carr, director of admissions. "What we've found through our research is that typically students who apply later in the cycle don't persist at the university at the same rates as students who get their applications in earlier. They're not as successful, and that's not helpful to students, it's not helpful to the university to have them come and not be successful," Carr said.

As of May 15, there were 5,059 freshmen applications, a 14.3 percent increase from last year, according to Carr.

"This year, we admitted 3,914, which in terms of percentage is up 14.7 percent from last year, which is almost equivalent to the number of applications that we were up. So we've kept our admit rate about the same," Carr said.

The deadline allows the university to have more time to address what Vice President of Student Affairs Stacey Morgan Foster calls "at-risk students."

ENROLLMENT-PAGE 9

Whooping cough case confirmed

Professionals urge vaccination for those in contact with disease

By Kristie Hsin
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A case of whooping cough was confirmed at the Riverpoint campus, causing alarm for young children and their mothers.

It was confirmed that an Eastern student in the Dental Hygiene Program has pertussis, also known as whooping cough. The student will not be returning to school until given clearance by medical officials. The announcement was made May 11.

Pertussis is a communicable bacterial disease that can be passed on to others through coughing and sneezing. Kissing, sharing water bottles and utensils can also spread the infection. Infants are most at risk due to their feeble immune systems. Women who are pregnant are also at high risk.

"It's so scary to know that what comes off like a

little cold can be whooping cough," said senior SuChin Kim. "When I took my boy to the doctors, they told me babies don't always cough so we might not even know anything is wrong."

Infants can start receiving the five-shot vaccination when they are two months old with the last shot when they are four to six years old.

"This isn't a joke," said junior Malory Bennet, who volunteers for Providence Sacred Heart Medical Center. "People can get seriously ill and pass the disease on to their families and friends."

The Center for Disease Control has advised that anyone exposed to someone with pertussis receive a vaccination, regardless if they have already had the vaccine before. According to them, the vaccination can wear off over time—making those exposed more vulnerable to pertussis.

PERTUSSIS-PAGE 8

Online learning graduates firsts

By Frank McNeilly
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Of the many students enrolled in Eastern's online program, two will be graduating in June and live nowhere near Cheney.

John Neace, the senior director of the interdisciplinary studies program and co-interim of Eagle learning and off-campus programs, said that enrollment in online programs increases steadily every quarter.

"We have ... between 15 and 20 percent growth per quarter," Neace said. "We now have well over 1,000 students taking online courses ranging from stand-alone [classes], to GEGRs, to [involvement] in degree programs."

Neace explained why online learning costs more for students than in-classroom instruction.

"[For] this entire division of self-support we have to generate revenue to pay salaries, ... equipment, ... [and] materials we use to provide [for] online learning," Neace said. "We are not allocated any state dollars, so we have to generate our own [revenue]."

Adam Walker is a children's studies student, while Nancy Stewart is a student in the interdisciplinary studies program.

According to Walker, his college experience has been a love/hate relationship because he started at Eastern, dropped out to work for a few years and decided to finish school and obtain his degree.

Adam Walker majored in children's studies, taking each course online. He lives in Sedro-Woolley, Wash., which is located between Seattle and Bellingham, Wash.

Walker said that online learning was beneficial for him because he experienced classroom anxiety throughout grade school.

"I found it very difficult to be invested in the material because I was always anticipating being randomly called on in class, not knowing the answer and being thought of as dumb," Walker said in an email. "Taking classes online provided me with a sense of comfort ... that I hadn't experienced ... when going to classes in person."

Walker said that his biggest challenge with doing an online program was staying motivated and focusing on school work.

"There are plenty of distractions out there on the internet," Walker said. "You really need to be able to resist the temptation to

get lost listening to music, reading news headlines [or] watching TV [and] videos. If you're able to organize your time in a productive manner and stay on track or even get ahead, you'll be in good shape. Playing catch-up is hard with online classes."

Walker said that he liked how diverse the classes were in the children's studies program.

According to Walker, professor Daniel Bigler's classes got the students more involved in the material rather than just having to read the text and watch video lectures.

"Daniel's classes required that you [get] out of your comfort zone and physically [experience] the material in your community," Walker said in an email.

Walker said that he wants to use his degree to become a student counselor or another position that works with children in schools.

Walker said that he is thankful for Professor Bigler and interdisciplinary studies adviser Laurie Charles because they were helpful through the duration of his time in the children's studies program.

"[Laurie] Charles ... was a lifesaver," Walker said in an email. "She was personally invested in my success and encouraged me throughout the program. She should get an award or acknowledgement ... because I highly doubt I would have gotten through the newness of taking classes online as smoothly and efficiently as I did without her assistance."

According to Walker, Bigler made class fun by bringing in a refreshing attitude.

Nancy Stewart has lived in Seattle for the past 20 years. She participated in the online interdisciplinary studies program with an emphasis on health.

According to Stewart, she finished the two-year program in 15 months.

"Initially, I thought it was going to be a little bit long to not have the face-to-face with the professor and ... fellow students," Stewart said. "[Online learning] is set up in a way that [there is] quite a bit of interaction with ... students on discussion board and the different projects. ... I ended up really liking it."

Stewart said that while some of the health classes were challenging, taking grant management classes online was difficult because



Photo by Evan Sykes

Derek Ellis presents his findings on emotional regulation and time perception for the psychology-based poster session.

Student work wows the crowd

Presentations and demonstrations shown two days to campus, community

By Libby Campbell
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EWU's 15th annual student research and creative works symposium saw more than 475 student presentations ranging from theater and performance art to analyses of the rhetoric of Stephen Colbert and the phenomenon of zombie popularity.

Held May 15 and 16, the Symposium featured students from a variety of disciplines displaying their findings and accomplishments with fellow students, faculty and the community. Participation was up this year compared to the roughly 400 presentations that occurred in 2011.

Opening night of the Symposium was held in the Fine Arts Complex and featured works from students in the theater, film, art and creative writing disciplines. Wednesday's events included research presentations and poster sessions from students in the liberal arts fields, as well as the sciences, technology, design and engineering.

Tuesday, May 15

For his senior capstone class, theater and philosophy double major Justin Schlachach is directing the musical "Thrill Me: The Leopold & Loeb Story" by Stephen Dolginoff. The play centers around the relationship of the Chicago

"Thrill Killers" of 1924, Nathan Leopold and Richard Loeb. Schlachach chose to present the opening scene at the Symposium to give viewers a "sneak peek" of what is to come.

"I spent fall quarter and winter break reading tons of plays, and asked myself, 'What do I want to direct?'" Schlachach said. He described "Thrill Me" as "a little taboo" because it focuses on the relationship between two men, portrayed by Cody Bray and Blaine Nicholls.

Schlachach said he was sold on directing it after he listened to the soundtrack, which he described as "breathhtaking." "I listened to the CD and was like, 'I have to do this play,'" he said.

Immediately after the performance, Schlachach said that he did not hear much reaction, yet he remains optimistic. "I haven't gotten any feedback. I'm taking it as they're excited to see the rest," Schlachach said. "Thrill Me" will be shown in its entirety June 8 and 9 at 7:30 p.m. in the University Theatre.

Students in the film department collaborated with student composers from the music department to create scores for short films they presented at the Symposium.

Jake Moe's film, "Listen Through Me" centered around an unfaithful relationship in which the boyfriend suspects his girlfriend of cheating on him. It shows him struggling with heavy drinking to deal with his feelings while the girlfriend seems apathetic toward

their fading relationship.

The music composed by Matt Peters reflected the dark tone of the drama, though Moe admitted they did not accomplish exactly what he envisioned.

"I wanted more of a percussive sound, and he suggested jazz," Moe said. "We didn't have enough time to collaborate as much as we'd like to."

Wednesday, May 16

Students from a wide array of disciplines displayed their research on the second day of the Symposium. Some presented posters or presentations while others gave demonstrations. Presentations generally lasted 10 minutes with time reserved for questions at the end, while poster sessions and demonstrations were displayed during windows of about 1 1/2 hours with frequenters stopping by at their leisure.

In a communications studies presentation, Jordan Apfelbaum discussed Walter Fisher's findings on narratives in "Narrative Criticism of Stephen Colbert's Super PAC Satire."

Apfelbaum said that it is possible to look at everything as a narrative, including a satirical news program such as "The Colbert Report."

"[Colbert] is able to inform you, entertain you and let you peek behind the curtain of political finance," Apfelbaum

SYMPOSIUM-PAGE 9

As quarter ends, students find jobs

By Kristie Hsin
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Summer brings to campus sunshine, flowers and student employment opportunities.

According to Administrative Program Specialist Susanna Kang, EagleAxis is the best source for information and job postings, and all departments that are open during the school year are open during the summer.

"It just depends. A lot of time students who work throughout the year stay for the summer and so there are a lot of jobs available," Kang said.

According to Kang, some departments have more job opportunities during the

summer. Jobs such as sport teams and Residential Life that provide students with on-campus work during the summer. Community adviser and camp counselor are positions students can look into.

In addition, students can find work outside of campus that correlates to their fields, of interests.

Senior Adam Andrews, who volunteered with Bellevue's local fire department last summer, said, "I started volunteering when I was a junior and it's been great. It has helped prepare me for what I [want to] do after I graduate and even helped get me a paid job in the [department's] office."

Other work-related opportunities students find outside of campus include

fighting forest fires, commercial fishing and emergency response work.

"EagleAxis is where all of our jobs are posted. There's on-campus jobs, off-campus jobs, there's internships, career opportunities for alumni," Kang said.

Applications for the summer months are usually posted during spring quarter, including work study applications, according to Kang.

Qualifications for work study requires the student to have already had work study the previous school year and students must be enrolled or have an intent to enroll for the following year. Work study is a first come, first serve process.

During the summer, students are allowed to take

anywhere from one to five credits to be eligible for work study. According to Kang, whether a student gets to continue their summer jobs into the new school year depends solely on the department they work for.

"If they're a work study student, it depends on their award because some people might not get work study for the next year and if the position is a work study position, then they wouldn't be able to continue without work study," Kang said.

Sophomore Christian Berg said, "I usually just find work around Cheney, but I'd prefer a job ... on campus. I'm taking summer school this year and I just know it would really help with my work schedule."

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Crossword solution

crossword found on page 8

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Images courtesy of Cheney Police
(Above) Traffic camera screenshot shows suspect being confronted by police. (Right) Image of suspect's pistol taken from police records.



Gayton:

continued from front page

Gayton was handcuffed and taken into custody. The gun, a Hi-Point 9 mm pistol, was unloaded but a loaded magazine was found in his pocket, according to the report.

Because Gayton appeared to be highly intoxicated, Bailey asked Gayton to give a voluntary breath sample, which he agreed to. The result on the breath analyzing device was .250.

Sgt. Beghtol, who works with Cheney's officer training programs, said that when officers are confronted with a situation like this, much is left to quick judgment calls that depend on the situation.

When asked about how officers are trained to respond to armed individuals, he said that firing is always considered a last resort.

He explained that the department uses training programs that are designed to make officers more aware of their options when dealing with armed suspects.

"We try to give them real

life experiences as close as we can," he said.

Regarding this instance, Beghtol said "[Gayton] took a tactical stance. There are a significant number of officers who would have fired."

"I am very grateful it turned out the way it did. No one wants to shoot anybody, contrary to popular belief," said Beghtol. "If people come into this profession with the idea they are going to shoot someone, something went drastically wrong with the selection process."

He added, "There's no bright line. Would they have

been justified from a legal standpoint to fire? Absolutely."

"Officer Oakes is a combat veteran. ... He evaluated the situation. He had it under control and saw that Mr. Gayton was going to comply. Had he raised that weapon any higher, we would have had a different outcome," said Beghtol.

Gayton has been dismissed from the football team and his student status is under review, according to Director of Media Relations Dave Meany.

According to the police report, Gayton will be appearing in court on May 24.

Spring quarter brings more theft to campus

Increased police surveillance protects literature

By Frank McNeilly
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As a result of rising locker thefts, the campus police are assisting the URC staff in warning students about the risk of leaving valuables in unlocked lockers.

URC staff patrol the lockers every 20 minutes.

URC Operations Manager Jamie Gwinn said that spring quarter is a high time for thefts each year.

"I can go back and ... track all of the incident reports dealing with thefts for the last five years," Gwinn said.

Gwinn said that when he was an undergraduate, students who left their belongings unattended in the Phase

and JFK Library had items stolen.

According to Davon Tinker, the University Bookstore operations manager, textbooks are high-target items because thieves can steal a textbook and sell it back at not only the textbook buy-back in the University Bookstore, but any outlet that buys back textbooks in Spokane.

"Don't leave anything unattended," Tinker said. "If you're in the library, carry your books with you. The problem with the URC is students don't want to buy that lock. They need to buy a lock [to] lock everything down."

Tinker said that leaving an identifying mark in a textbook, like a name, is important because there was a case last year where a student's book was stolen and then found again when the thief

tried to sell the book back to the bookstore.

"[Thieves] can sell them online [or] do the book buy-back," Sergeant Lorraine Hill said. "The students are getting down to the end of the quarter and ... are going to be taking finals [then] all of their notes end up being gone. It's devastating."

"Textbooks can convert to cash so quickly," Tinker said. "We got a call from Gonzaga last week [who said] they ex-

pected some stolen books [were] being re-sold."

Tinker said that if students are not comfortable leaving their backpacks in the cubby holes outside of the bookstore, they can leave them with the cashier.

"We just can't have students with backpacks [walking] around in the store because what happens ... is that [students] unzip their [bags]

THEFT-PAGE 9

McNair scholars to discuss achievements at gathering

Event to take place May 24 in Showalter Rotunda

By Trevor Parus
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Ioannis Pikalov came to Eastern from Uzbekistan 15 years ago. Next fall, Pikalov is going to be attending the University of Washington, where he will be pursuing his Ph.D. in chemistry.

Pikalov is a first-generation college student and attributes much of his recent success to the TRio McNair Scholar program. Pikalov said that without the McNair program, his dreams would not have come true.

The 17th annual TRio McNair Scholar Gathering will commence May 24 at 4 p.m. in Showalter Rotunda.

The TRio Ronald E. McNair Scholar Post Baccalaureate Achievement Program prepares students to be competitive by providing them with the tools necessary for graduate school. The program provides opportunities for underrepresented segments of society by providing students with summer research opportunities.

The summer internship program pairs a student with

a faculty lead mentor on campus in whatever discipline he or she may be in.

Each summer, 15 candidates are chosen based on a multitude of qualifications such as GPA, numerous interviews and essays. Each student chosen receives a \$2,800 stipend and the opportunity to receive 12 summer credits with no fee.

The gathering on May 24 is a celebration for students who are going onto graduate school, as well as an acknowledgement of the mentors who worked with the summer interns from last summer.

The 2012-2013 summer interns who were chosen this year will be introduced and their discipline of study will also be discussed at the gathering.

"We're looking at their accomplishments here at Eastern. We will be acknowledging their research projects that they did with their mentors last summer," said Cynthia Dukich, academic coordinator in the Eastern TRio McNair Program.

According to Dukich, students who are McNair Scholars are more likely to attend

graduate schools and go into Ph.D. programs.

Ghyniece Temple, a psychology major, worked with Kayleen Islam-Zwart as a summer intern. Temple was also recently accepted into the University of Washington Ph.D. program in counseling psychology. During her internship, Temple studied the effects of trauma on HIV-risk behavior.

Temple presented her finding at the McNair conference in Lake Geneva, Wis., and at the research symposium at Eastern May 16.

Temple hopes that in the future, more students take advantage of these types of opportunities.

"I personally don't think a lot of people know and it's an excellent tool, especially for students who are thinking about continuing their education to the next level. I feel like the McNair program should be a bit more publicized than it is," Temple said.

"The McNair program is an excellent program. ... Any students who wants to pursue a post-baccalaureate degree should check out the program," Temple said.

Additive:

continued from front page

"We don't know if there's [lean, finely textured beef] in a product because its 100 percent beef — they don't have to include that on their labeling," said McKay. "All we could do is go out to the point where we were at and ask, 'OK, tell us whether we're using some of this.'"

The university's meat products are handled by Ameristar Meats, a meat cutting and processing company.

"It's one of those tough business decisions to make because quite honestly, because of the public outcry, we don't want to use anything with it, yet we know, scientifically speaking, there's nothing wrong with it and it is 100 percent beef," said McKay. "But if it makes the consumer feel better that we can honestly say we're not using this product, then we'll want to be there."

Nutrition professor Craig Hunt said, "The product is not unhealthy. It's safe to eat, but that's not where the problem resides."

The beef is typically added to ground beef and other beef-based processed meats as inexpensive product. The meat consists of ground beef, fat and connective tissue scraps that have been mechanically removed from fat and sinew.

Recovered material is processed, heated and then treated with ammonia gas or citric acid in order to kill E. coli, salmonella and other bacteria. It is compressed into blocks and frozen for use as a product to beef products.

During the heating process of the product, fat is separated from the meat in beef trimmings and as a result, the product is exposed to ammonia gas or citric acid that is meant to kill off bacteria.

"The bacteria that can contaminate the outside of the product can get ground inside of the meat and that's why they tell you that it's so important that you cook any ground meat thoroughly," Certified Physi-

cian Assistant and Student Health Coordinator for EWU and WSU Carol Gahl said.

According to Gahl, E. coli is a natural bacteria that can be found in the colons of most mammals. The type of bacteria that beef has differs from human E. coli.

"When you grind that meat up and it's contaminated on the outside, it gets ground into it," Gahl said.

Because the bacterium is heat sensitive, it dies when cooked at high temperatures.

"What they do with pink slime in order to prevent that E. coli problem is they add ammonia to it to kill the E. coli. Ammonia is toxic to humans, so that would be my concern about it," Gahl said.

Most lean, finely textured beef products in the U.S. are sold by companies such as Beef Products Inc., Tyson Foods and Cargill Meat Solutions.

"Whether it's unhealthy depends on how you look at it. The beef industry sees it as an acceptable additive, but most people eating it don't consider it a clean source of meat," said Hunt. "Technically, because it's been treated with ammonium hydroxide, it's as safe or safer to eat than pure ground beef."

According to Hunt, part of the problem is that the product is often undisclosed on labels and people want to know what is in their food.

"The fact that it's hidden in the product is part of what repulses people, but it's not going to make you sick to eat it," Hunt said.

Scientifically, the Food and Drug Administration and United States Department of Agriculture have deemed the lean, finely textured beef as safe.

"Those are the kinds of watchdogs that we need to depend on so it starts becoming a personal preference," McKay said.

Hunt does not see this product as an issue or concern for health dangers. He said that it has more to do with companies that use the product and not being more up front about it.

"People shouldn't worry about the safety of this product ... thawing your chicken on the counter over night creates a much greater risk to your health," Hunt said.

Environment friendly learning

Service learning project presents outdoor opportunity

By Trevor Parus
STAFF WRITER
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When Nita Rektor was assigned a service learning project in her environmental ethics class, she decided to incorporate her family.

The idea behind the course was to not only to study the theories of environmental ethics, but also to put those theories into practice. According to Rektor, the class is unlike other classes in the sense that it incorporates multiple disciplines to teaching.

"It's a very interactive class," Rektor said.

When fulfilling her hours for her service learning project, the mother of five thought that bringing her children to the Dishman Hills at Camp Caro would be a good experience for them.

The mother and her children worked within the hills partaking in trail restoration and the removal of invasive species of the area.

Rektor said that her children at first were disgruntled and apprehensive about participating in the project. However by the time the day had ended,

their feelings had changed.

"The most reluctant after-the-fact was my eight year old. ... Later in the day, she said, 'You know, Mom, it really wasn't that bad,'" Rektor said.

"I thoroughly believe that environmental improvements start with the families and the young," Rektor said.

Chris Kirby, philosophy professor at Eastern, said that his fiancée, a teacher at Whitworth University, taught a similar course on environmental ethics and saw the success she had with incorporating a service learning project into the course.

"I think it's important for students who are learning applied ethics courses to not just have the theory, but have the practice as well," Kirby said.

Sandy Rancourt, a supervisory park ranger at Turbull National Wildlife Refuge, said that her experience with the students was pleasant. Rancourt worked directly with the students on a day of planting. "All of the students worked really hard. ... It was one of our more productive days with community planting."

The students involved in this class had four service orga-

nizations they could work with, all of which covered a different field of study pertaining to environmental ethics. The four organizations that were involved included SpokAnimal, Turnbull, The Lands Council and Sustainable Works.

Students involved must complete a minimum of four hours with a particular organization. Their time spent would be a basis for a research paper.

Kirby, whose dissertation centered around the philosophy of education, said there is value in students actually doing things in the field. This class seemed to be an appropriate medium for that style of teaching.

"When it comes to the environment, it's pretty easy to get students outdoors and get them involved," Kirby said "It's a validation of this type of learning — not only do the students get something out of it, but the community also."

Rektor said that she believes that in this day and age, environmental classes should be a requirement.

"I would recommend this class to anybody. This idea of teaching is terrific for learning," Rektor said.

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The Easterner Counterpoint: Changing majors

Miserable majors undermine success in college and careers

Majors do not necessarily define career paths

By Christopher Stuck
MANAGING EDITOR
easterner.me@gmail.com

There is no shame in not knowing what you want to do with your life straight out of high school. There isn't even any shame in not knowing at 25 years old. Sometimes it just takes some time to figure it out.

So even if you're three years into your degree, if you've figured out that what you have been doing isn't for you and you want to do something else? Change your frickin' major.

Three years, in the scheme of your whole life, is a small investment. And if you're reading this, you're likely an Eastern student, which means the money you've spent and borrowed in those three years is likewise a relatively small investment.

It is not worth sacrificing the possible rewards of doing what you actually want to do by defining your career path because 18-year-old you didn't quite know what to do and spent some time and money go-



Stuck

ing down a dead end path. If you're miserable with your major, you're probably going to be miserable with the career it leads you toward. To appropriate an old adage: "Don't throw good time after bad."

EWU Career Services adviser Krista Benson also suggests changing your major if it is leading you toward a career you no longer desire. "If you're not doing something you enjoy, you are not going to be academically successful," Benson said. "You're not going to be as successful as someone who is genuinely passionate for what you want to do."

Employers, Benson said, look for genuine interest and passion for the work.

In a job market where more and more people have degrees and employers have a greater pool from which to draw employees, interest and passion can only become more important.

If you depend on financial aid in order to get through school, Benson said, it makes more sense to put off graduation and change your path. Once you have a bachelor's degree, the financial aid you qualify for is from a separate, smaller pool, meant for graduate students, even if you're returning

for a second bachelor's. Loans are unsubsidized and grants much harder to come by. This means that if you already know you would rather do something else, you should stay and do that something else. You may find it extremely difficult to return.

There is, of course, also a credit cap on undergraduate financial aid, so if you're choosing to change your path late in your program, you will need to do the math and figure out whether staying or coming back will be more difficult.

It's not necessarily a matter of "sticking it out."

You do, however, have to decide whether it is the amount of work or the kind of work that is making you miserable.

If it's the amount of work, stick with it. You'll get through. If it's the kind of work, find something else.

There is no set timeline for getting out of here.

The world will wait. Your life will wait. No sense in declaring yourself miserable or your degree meaningless before you even graduate.

You have the opportunity to change right now. Do what you actually want to do.

By Amy Meyer
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It's late in the year and students are tired. For some, the thought of continuing in a major is overwhelming. The subject has been examined all year — inside and out, backward and forward. The temptation to switch majors is tantalizing.

There's a word for this: senioritis.

Many are wondering, "How could I continue to do this for the rest of my life? No more do I like what I've been studying."

Hold on. Take a moment to think things through.

A college education isn't playtime. It's an intensive study time designed to drill knowledge so deeply into the brain that it can be easily recalled and rattled off on a moment's notice. Much of it is repetition and analysis to drive major precepts home. It's work for all of us.

Changing a major will not make that go away immediately but will merely require the student to study a new subject possibly to the degree of loathing similar to the initial offender.



Meyer

Life after graduation may require some research, exploration and homework on the job, but, for many students, this work will not equal the time and energy commitment that schooling takes.

If you really hate the major, finish anyway. Just because you earn a bachelor's degree in one field of study, doesn't mean that you're limited to only jobs within that study. Use your bachelor's degree to find a job doing something enjoyable.

In fact, according to the Undergraduate Academic Affairs department at the University of Washington, careers are likely to be completely unrelated to college majors. In fact, the University of California, Berkeley career center has an article about the top 10 career myths.

They claim that the typical person entering the workforce these days will have as many as five or six different occupations by the age of retirement and that in many cases, one major can lead to many different careers.

An example of this might be Denzel Washington majored in not only drama, but also journalism. Teri Hatcher majored in mathematics and engineering, and Donald Sutherland also majored in engineering.

This won't be true for every major, obviously. The

design major would not be a qualified nurse. However the point is that education opens doors to opportunities that can be utilized to move forward in even other directions.

Restarting a major puts up one extra roadblock between yourself and that degree. This is your college education. Don't waste the time you've already put into it. There is a cap to the number of credits financial aid will cover.

If you're failing your major, figure it out early. Work harder. Join study groups. Quit the job and take out a loan so you can focus on your investment: your education. I don't advise this lightly; I'm frightened of loans.

In the meantime, how do you regain a tolerance for that major you hate? Find a branch that you love. Talk to professionals in that field. Examine the next step for the profession. Find a blog that's written by someone working in the field and read it for pleasure. Find several blogs and read to put yourself to sleep at night.

And if you want to go in another direction, come back for more after graduation. Apply for graduate school in a different field when you're done. But make decisions today to help the person you will be in ten years.

Make an appointment with EWU's Career Services by visiting <http://www.ewu.edu/EagleAXIS>

Visit the academic advising coaching worksheet on majors at the University of Minnesota, Morris at <http://bit.ly/JORLRRg>

Through the Eagle's Eye

"Have you ever been tempted to change your major?"



"Yes, because my major requires a lot of math classes, and I'm horrible at math, so I thought about changing to something different."

Laura Alvarado



"Before I actually attended college I knew exactly what I wanted to do, but I bounced back and forth between what I wanted to take. While here [at Eastern], I haven't been tempted to change it."

Dean Decuir



"Yes, I've changed my major twice. I changed it from art to psychology and then back to art again."

Kelsey Treichel



"I have, but just because it's all about money. I used to be a theater major, now I'm a government major, and that's just because of money. I'm not going to make money as a theater major."

Courtney Esposo



"I have changed my major. Criminal justice just wasn't really my thing. I wasn't really about helping people."

Steven Chartz

French leader shows us the alternative

By Derek Brown
OPINION EDITOR
easterner.opinion@gmail.com

As another year comes to a close and more Eastern students go on to become alumni, ushered down the aisle towards their diplomas and on to the rest of their lives, we're left wondering what will become of them. How will their time as students affect how they will come to view an ever-changing world? And changing it is.

On May 6, François Hollande was elected president of France, winning over Nicolas Sarkozy by a comfortable margin. Hollande, however, is a socialist, a political stance not well-received and highly misunderstood state-side. For many here in the U.S., his win comes as a surprise.

France, though, is no stranger to socialists. From 1981-95, François Mitterrand served as president of France. His presidency is the longest in the history of the Fifth Republic of France. Mitterrand, like Hollande, was a socialist and even invited the Communist Party of France into his cabinet. A move like that would lead to bloodshed in the U.S.

Already, American media is filling the waves with fear of a French socialist and for good reason. More of that later.

Merrill Matthews, writing for Forbes Magazine, penned an article titled, "Comparing Obama's Policies with French Socialist Hollande." One can guess at what the article is about.

And Fox News ran an article titled "France's new Socialist [government] cuts members' salaries," in which it paints Hollande's policies as negative.

For those in the know, Europe is struggling financially to get its economy back on track. Greece has been in a constant state of bankruptcy, even after being bailed out, while Spain, Ireland and Portugal have all had their share of economic turmoil and bailouts.

Angela Merkel, the chancellor of Germany, leader of the European Union, has been one of the key architects behind the "austerity measures," which, in essence, destroy social programs and safety nets instead of raising taxes. While the conservative side of the argument believes that this is the only way, the other side believes it will only serve to split the classes even further, leading to a class war. However, the class war has already begun.

It comes as no surprise then that any socialist leader would be against austerity measures as a means to get their economy back on track. Hollande, as a socialist, has no intention of allowing tough austerity measures to be enacted. This is what puts him in stark contrast to the rest of Europe, especially Germany.

Here in America we see the same trend occurring: cut spending where it's needed most, and nobody budge. It's gotten to the point where groups like Occupy Wall Street have protested non-stop in defiance to the political stalemate which has led to an ever divided America.

As future leaders of America, we will go on to be the ones who make a difference, to find answers to today's most difficult problems. But if we continue on the same path, we're invariably leading ourselves to defeat. We need to stop living in fear of leaders of different political stances and start understanding how it all works together.

THE EASTERNER

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LETTERS TO THE EDITOR
OPINION EDITOR
Derek Brown
easterner.opinion@gmail.com

Requirements:
-Letters should be 300 words or less, and typed or hand-written legibly.
-Include your full name, signature, telephone number and email address for verification.

-We reserve the right not to publish letters; furthermore, all letters are subject to editing.
-Letters must be received no later than Monday at 10 a.m. in order to be considered for publication the following Wednesday.
-If your letter is in response to a specific article, please list the title and date of the article.

Hazing leads to student tragedy

By Desireé Hood
STAFF WRITER
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Hazing happens everywhere. It happens at work. It happens in the military. And it happens to students of all ages. Tragically, hazing has led to the deaths of at least 96 students, but how many more will have to die before it is addressed?

HazingPrevention.org is an online organization that studies the trends hazing has adopted over the past several years. They report that 90 males and six females have died in hazing-related deaths, and 82 percent of those deaths involved alcohol.

Florida A&M drum major Robert Champion was the victim of hazing last fall and played his last note inside a charter bus after being pummeled by his fellow bandmates.

The Florida State Attorney's Office has charged 13 band members with various crimes, all having to do with them allegedly hazing Champion, resulting in his death.

"His death is not linked to one sole strike, but it is attributed to multiple blows," said State Attorney Lawson Lamar at a news conference, where he announced the charges against the band members.

Champion's family attorney Christopher Chestnut disagrees and said at a news conference in Atlanta, "We have learned that there was a calculated conspiracy to cover up Robert Champion's murder. We have heard that alumni were communicating with students on that bus, telling them how to respond, what to say, what not to say in order to ensure that no one would be arrested and charged for murder. That is simply inexcusable."

Champion's death is just one of many that resulted from hazing in this country. Death is the most severe consequence of hazing, but thousands of others have physical and mental scars they walk around with every day.

According to Washington state laws, hazing is any method of initiation into a group that will likely

cause bodily danger or mental and emotional harm, to any students attending a public or private educational institution.

According to Inside Hazing, an organization that focuses on hazing to provide methods of prevention and intervention, over 250,000 students experienced a form of hazing when joining a college athletic team.

Inside Hazing and HazingPrevention.org also report these statistics on hazing:

- 55 percent of college students experience hazing when joining a club or organization.
- 95 percent did not report the incident.
- 46 percent believe that the most important thing is to keep the code of silence.
- 40 percent report that a coach or club adviser was aware of the hazing and 22 percent report that the coach or adviser was involved in the hazing.

These astounding numbers show that hazing is a growing trend and little has been done to protect future students.

One Eastern senior, who asked to be called "Xavier" for this article, has been on both sides of hazing in the military before coming to EWU. He went through the "orientation office" hazing during basic training of running with logs over his head and getting screamed at for six hours.

Xavier also went through "baracks beat-downs" where he was cornered in the barracks and beat on for ten minutes. He also participated in the beatings of fellow soldiers. They were awakened at odd hours by getting their doors kicked in and water thrown on them.

"I wouldn't say it was violence against us, but it was straight-up, 'We're going to beat you to pulps and let you know where you stand here,'" Xavier said. "I was in the back of the barracks room, and a couple of guys grabbed me and they held my arms behind my back and punched me in the stomach a bunch of times just to see how tough I was and how much I could take it. There are a lot of those incidents, like physical violence."

Physical beatings are just one



form of hazing, but it has made an entrance into headlines around the world because of Champion's death in Florida.

"Essentially it just builds camaraderie. I know it sounds like it would be anti-productive and it can be to a degree," Xavier said. "But you have to understand, you do these things to grow closer to each other. It's kind of fun. It kind of lets you know where people stand, because you don't wear your emotions on your sleeve. It builds unity."

"I feel like hazing that is done with a purpose is OK, but that purpose needs to be, 'We are doing this to build you up as camaraderie.' I think a lot of college hazing is about humiliation," Xavier said. "Hazing in the military, for example. It's not really humiliating because everybody that is in there has already been through it."

Beating on each other does not build camaraderie or unity. Almost every American wants to feel accepted, but that acceptance should not have to come at the cost of 96 lives and counting.

Green Dot Spot: violence prevention advocate

By Alyssa Montgomery
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To perform a green dot you must first overcome any barriers to taking action.

Barriers will be different for each person, and everybody has barriers to taking action.

Many people have heard that one is more likely to take action if there is only one or two other people around because the burden of responsibility falls solely on the person witnessing, and it cannot be thought that "another person will take action."

The same thing happens

when at a bar or a party when there is a large group around and someone notices a red dot.

There are so many people around that somebody else must be taking action, right?

We need to overcome the barriers that it is someone else's responsibility and that somebody else has probably taken action.

Large groups can trigger other barriers as well, especially in a social situation.

In situations like at a bar with a group of friends or at a house party there are social barriers that need to be overcome for someone to take action.

Everybody wants to be accepted, and nobody wants to be a "cock block."

To be able to take action one needs to overcome the social stigmas and barriers that we have.

These are very real barriers that everybody needs to overcome to take action.

You may be in a situation in which you do not know whether a certain behavior is an indicator of a red dot or not, and you do not want to step in just in case it is not; you may be unfamiliar with the group you are with, you do not want to look dumb or seem paranoid or be a buzz-kill.

You may be with a close friend and do not want to seem like you are questioning their judgment or that you do not trust them enough to make good decisions. Everyone faces barriers like these at one point or another.

If you have been in a situation where something has gone wrong and you did not take action, even though you should have, you have probably wondered why you did not take action.

Only you can find the answer, but once you do, if you work with your barriers, maybe next time you will take action when it really counts.

Letters to the editor

The cost of parking should worry Eastern leadership

There is an increasing problem affecting Eastern students in Cheney concerning the cost of parking meters. Students are paying outrageous amounts daily on the parking meters. Students who have to use the parking meters also have the inconvenience of paying either too little or too much. This addresses the issue of the cost of parking to be reduced.

Cheney has unsuccessfully offered any other suitable option for the parking meters due to a lack of awareness of this problem. In a recent informal study, 15 out of 20 students would appreciate the cost of parking meters to be reduced. Students now pay fifty cents per hour which adds up

throughout the year.

What I recommend is to decrease the costs of parking meters to ten cents an hour. This will provide students with less stress and more money in their pockets. Additionally, more students would be willing to use the parking meters more often.

I understand this may be difficult for budgeting costs, but it would help benefit the students. Eastern might raise other parking passes and permits to accommodate for the decreasing price of parking meters. Overall, this will certainly impact students as a result of saving money.

Sincerely,

Danae E. Lentz

Perjorative use on campus offends

Why is it ok for people to carelessly use the word "retarded" or "special," especially as a synonym for the word stupid? I thought that by attending higher education I would be surrounded by individuals that embraced differences and knew better.

However, I have been exposed to unabashed prejudice and disparaging remarks while attending EWU; even some, not all, of my peers and professors use the word "retarded" pejoratively.

Most of the time people say these words hurtfully, without realizing their actions. I have had professors say the word "retarded" derogatorily while lecturing.

At least once a week I hear one of my peers use the word "retarded" or "special" derogatorily in casual conversation or while contributing to a class discussion.

People with disabilities are 20

percent of the U.S. population. They are our friends, they are our family and they are us. As a university, whose standards are high, "retarded" should not be a tolerated word used without care or as a weapon to hurt. It's just not OK.

We will not make many friends from standing up for the individuals stigmatized by these words, but think about all the people we hurt by not saying anything at all.

If we must use the word, let's educate ourselves with knowing its medical meaning and use it in proper context.

No longer can we allow societies ambivalent attitudes towards these conditions rule how we know and understand our community. Please, let's take a stand to understand and to know better.

Yours sincerely,

Ashley E. Waggoner

Letters to the editor do not necessarily represent the official opinion of the Easterner or its staff. Please, send all letters to easterner.opinion@gmail.com





Photo by Evan Sykes

Alpha Phi performed to original songs from "The Lion King" musical and current songs that fit the "Lion King" theme. Other themes included pirates, nerds, "Scooby Doo," "Step Brothers" and "Wizard of Oz."

Alpha Phi, men of National Pan-Hellenic Council win lip-sync

By Sarah MacDonald
STAFF WRITER
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EWU sororities and fraternities gathered on May 17 in the Showalter auditorium to showcase their lip-sync talents. Each chapter danced and lip-synced to an average of nine songs. Each performance was at least five minutes long. The performances were judged in four different categories: lip-sync ability, creativity, stage presence and crowd response. Beta Theta Pi fraternity kicked off the performances with a pirate-themed piece. They lip-synced to a variety of artists including

Nicki Minaj, Styx and Lil' John. Elliott McDonald, a member of the Beta fraternity, said they have been practicing for the last two weeks for at least two hours each night. McDonald's favorite part of the event was the competition and seeing what everyone else has prepared. The next to perform were the sorority women of Alpha Phi. Dressed in colorful tutus and sparkly face paint, Alpha Phi's theme was "Lion King." Tori Stephenson, an Alpha Phi member, said many of their songs were originals from "The Lion King" musical, as well as modern day songs that related to their theme.

Stephenson's favorite part of the lip-sync event was being allowed the opportunity to show off talents people normally do not see. Alpha Phi practiced almost every night for three hours for the last month and a half. "We would practice around campus, our house, just anywhere we could find," Stephenson said. Following the women of Alpha Phi, Delta Chi fraternity performed next with a nerd themed performance. Dressed in slacks, suspenders, glasses and buttoned-up tees, senior member Tim McDowell said, "We just want to get our geek on." McDowell said their

chapter's "sweet heart," Katelyn Potter, who also helped choreograph their dance, motivated them to perform their best. Next were the sorority women of Alpha Omicron Pi who had a "Scooby Doo" theme and were also recognized for recently raising over \$2,000 in their teeter-totter fundraiser. Between Alpha Omicron Pi and Sigma Nu performances, 2012 Miss Spokane Mckenzi Novell gave a small speech and a tap-dance performance. Novell was also a judge of the lip-sync contest. Miss Inland Empire Brittany Cozza was also in attendance and sang Adele's "Rolling in the Deep."

Followed by Novell and Cozza were the men of Sigma Nu who reenacted the movie "Step Brothers," lip-syncing to songs like "Sweet Child O' Mine," by Guns N' Roses. Next to go were the women of Gamma Phi, who had a circus-themed performance. Their lip-sync performance included a human trapeze. Unlike the others, fraternity Pi Lambda Phi reenacted several different movies, including "Ghost Busters," "Zoolander," "Crazy, Stupid, Love" and a reenactment of Napoleon Dynamite's dance. Next, the wicked witch of the west, Dorothy, and the Tin Man hit the stage with Alpha Xi Delta's per-

formance, "Wizard of Oz." Alpha Xi Delta was also recognized for recently raising \$1,000 at their spaghetti feed last month. Next, the men and women of the National Pan-Hellenic Council performed to songs by Aretha Franklin and Nicki Minaj. The last performance was the Phi Delta Theta fraternity. They performed to Afroman and hit songs from "Space Jam" to end the lip-sync event. This year, the women of Alpha Phi and the men of NPHC won the lip-sync contest. All participants and viewers were required to pay a \$5 fee. All proceeds benefited a local philanthropy.

Lilac Parade 2012

Photos by Amy Meyer

Above: Mr. and Ms. Eastern, Larren Wright and Maria Elena Calderon, wave at the crowd. Below: (From left to right) Porsche Johson, Sydnee Chappell and Jasmine Willis enjoy the parade.

Need a little Energy?

When it's time to get hooked up to electricity and natural gas from Avista, save time and open, close or transfer your account at avistautilities.com. It's convenient and takes only a few minutes. Simply sign in to your account anytime, day or night, and we'll walk you through the process.

Then you'll have the energy to power your computer, television, refrigerator—all the important things in life.

AVISTA

Team USA:

continued from page 12

“I think that the experience they got was pretty rare,” said Jeff Kawaguchi, director of Eastern Washington’s athletic training education program. “They had pretty much unprecedented access to everything. They were in the hotel rooms, they were in the athletic training rooms, they could have

pretty much gone wherever they wanted to. One of the practices they attended was actually closed to the public and they were more than welcome to attend. “It was pretty unique.” Kawaguchi said the trip was not something that would be lost on the students anytime soon. “That’s going to be something they remember,” he said. “How open the players were and how willing

they were to take them in and find out about them.”

For more information on entering the EWU athletic training program, contact program director Jeff Kawaguchi at (509) 359-7967 or via email at jkawaguchi@ewu.edu.

HISTORY OF EASTERN IN PICTURES



Photo courtesy of EWU Libraries, Archives and Special Collections

Front of Rowles Hall. This was the start of a proposed fine arts complex which was not completed. The fine arts complex was moved to the west side of campus. Rowles Hall was razed to make way for the new expansion of the Pence Union Building to house the book store.



Photo by Aaron Malmoe

The fine arts complex was built in 1971 and includes the art, communications, radio-TV and music departments. The music building contains one of two recital halls on campus, with Showalter Hall being the other.

EAGLE LIFE

Pertussis:

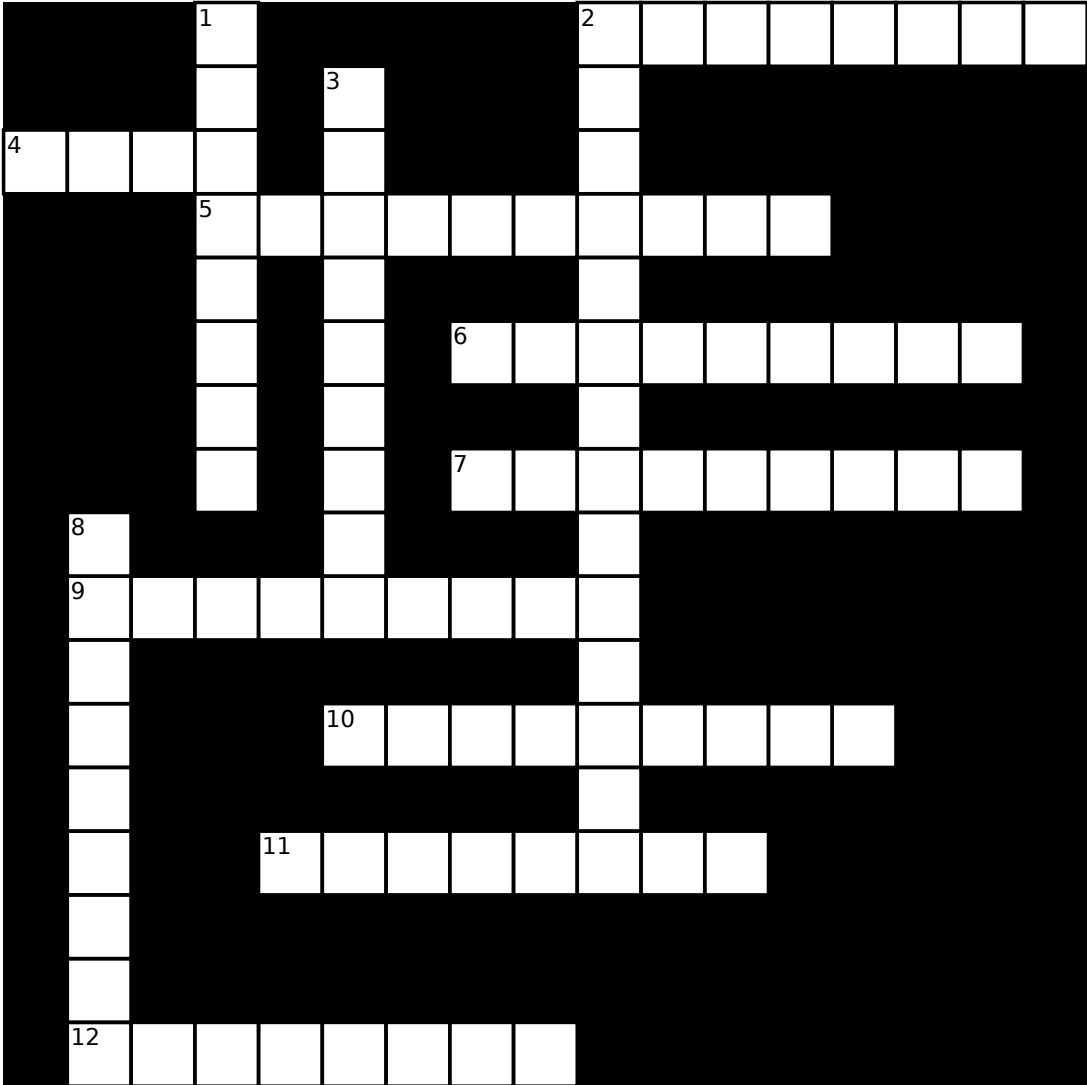
continued from front

According to county records, Spokane County has confirmed 18 cases of whooping cough as of this month. Skagit County, Kootenai County, Bonner County and areas in North Idaho have all witnessed cases. According to Spokane Health Officials, the increase in people who have been infected with pertussis is higher than it has been in previous years. Symptoms include what appears to be a cold that usually lasts between one to two weeks. This is stage one of the

epidemic. The second stage consists of ongoing coughing that may or may not lead to vomiting. This stage lasts from one to six weeks. Stage three is a lingering cough that can last for months. Pertussis-infected individuals can be given a five-day antibiotic that will contain their infections—this antibiotic cannot treat the illness. Patients admitted to the hospital once the infection worsens are put on droplet precautions and oxygen machines. On May 3, Gov. Chris Gregoire released an emergency state action in order to slow or eliminate the spread of pertussis. In addition to making emergency funds avail-

able to the state Department of Health in helping restrain the epidemic in the state, the governor has also urged health care professionals to get the vaccine and vaccinate all patients. Gregoire, who has made efforts in promoting the importance of getting vaccinated, will keep funds that add up to about \$90,000 open for when the state needs to purchase additional vaccines. “This is probably just going to blow over like swine flu,” said freshman Mandy Wheller. “I mean, it’s not like people can’t get vaccinated. I think as long as people stay away from people, we’re going to be OK.”

EASTERNER CROSSWORD



Across

- 2. The security company that assists bookstore staff.
- 4. Of the 55 percent who experience hazing, only _____ percent report it.
- 5. _____ leads to students changing their majors.
- 6. Another name for whooping cough.
- 7. The baseball club lost to _____ twice in the playoffs.
- 9. _____ is a source for information and job posting opportunities.
- 10. Research and Creative Works _____
- 11. In past years, EWU used a type of meat called _____
- 12. The bookstore provides extra _____ the first week of each quarter.

Down

- 1. More than 5,000 _____ applied to Eastern this year.
- 2. Graduating art and design majors final research project.
- 3. Another name for lean, finely textured beef.
- 8. _____ are a key target of theft during spring quarter.

Classifieds

Job opening: Staff writer for The Easterner 2012-13

Writing for The Easterner is an opportunity to practice many skills and techniques learned in journalism and other classes taught at EWU.

- Writers must:
- seek campus-pegged stories and submit two ideas per week to supervising editor
 - write two articles a week in Associated Press Style with a minimum word count of 600
 - think critically and be comfortable with researching and interviewing
 - collaborate with his or her section editor and copy desk to edit articles for grammar, content and style
- Writers’ meetings are Mondays at 3:30 p.m. Please submit no more than three writing samples and résumé to easterner.editor@gmail.com.

Job opening: Cartoonist and Illustrator for The Easterner 2012-13

Artists will be needed to work on a rotating basis to either produce comic strips, illustrations or editorial cartoons. These illustrators must be able to communicate effectively with editors and staff and be familiar with basic design principles. Please submit your portfolio and cover letter to easterner.editor@gmail.com. This position closes May 31.

Job opening: Copy Editor for The Easterner 2012-13

The copy editors must edit writers’ stories for Associated Press Style, grammar and legal issues. Copy editors must be willing to suggest edits to writers in a helpful, nonthreatening way. Copy editors hours vary, but do not exceed 10 hours per week. Please submit your résumé and no more than three writing samples to easterner.editor@gmail.com. This position closes May 31.

Job openings: Photographers and Videographers for The Easterner 2012-13

Photographers are asked to cover three events per week within 7.5 hours. Videographers are asked to cover one and edit media into a story in cooperation with the writer. Photographers: Students who have taken photojournalism or digital photography preferred. Videographers: Final Cut Pro experience preferred, knowledge of journalistic values preferred. Please submit your résumé and portfolio to easterner.editor@gmail.com. This position closes May 31.

Want to place a classified ad? The Easterner now has a classifieds section. Contact The Easterner’s advertising department at 509-359-7010 or advertising@theeasterner.info for rates and more information.



Check out The Easterner on Tumblr at casualpress.tumblr.com





Thousands of patients depend on the Be The Match Registry to find a donor who can give them the chance for a cure. Join us. Save lives.



Take the first step > Join the registry

You have the power to save a life. Join. Give. Volunteer.

<p>Join the registry.</p> <p>Date: May 31, 2012</p> <p>Time: 10a.m.—3p.m.</p> <p>Location: EWU Pence Union Building Multipurpose Room</p> <p>To join, you only need to be between the ages of 18-60, be willing to donate to any patient in need and meet the health guidelines.</p>	<p>Please give what you can.</p> <p>Every \$100 raised helps us add another member to the registry.</p> <p>Give a donation if you can, donations are not required to register.</p>
	<p>To join, give or volunteer with Be The Match, contact:</p> <p>Magda Silva, Be The Match: e-msilva@nmdp.org or m 503-310-9349</p> <p>Erica Rodarte, EWU organizer: panphilanthropy@eagles.ewu.edu</p>

It takes about 15 minutes to register:

- Fill out a consent form and
- Swab your inner cheek

No blood draw needed to register to become a donor.

Persons with special needs or for reservations please contact Erica Rodarte at panphilanthropy@eagles.ewu.edu

BeTheMatch.org

Symposium:

continued from page 2

said. “I learned that we tell stories on many levels and these stories have to be coherent and believable.”

Jordan Lemmon’s presentation “The Growing Dead: How Zombies Went Viral” saw a receptive audience eager to hear the speaker dissect a subject with such prevalence in popular culture.

Lemmon attributed the popularity of zombie media to the idea that “[Zombies] are us in our worst form.” He added, “We could be zombies if we gave up all humanity.”

Celeste Wilson and Amanda DeBleeker, both psychology majors, presented their findings on research they did for a project titled “Attitudes and Perceptions of Baby Mommas and Baby Daddys.”

“Our mentor, Dr. Martin, is really into social psychology. We kind of do a lot of research on friends with benefits and that sort of thing, and from that we kind of stemmed off because she was really interested in doing baby mamas and baby daddies because that’s a more recent kind of thing,” Wilson said.

Wilson and DeBleeker did a survey via the internet to discover how baby mamas and baby daddies are perceived by others.

“Baby daddies get judged really harshly when it comes to perceived characteristics



Photo by Evan Sykes

Nicole Smith is trying out one of the many interactive music displays at the symposium. Exhibits ranged from electroacoustic instruments to algorithmic composition in the music section.

and perceived activities with the child and with the baby mama,” Wilson said. “In comparison to the baby mamas, who aren’t judged nearly as harshly as the baby daddies. So we found that perceptions are pretty negative toward baby daddies.”

DeBleeker said preparing for the Symposium was time consuming, especially with all the research and data collecting, but seeing other students’

research and creative works made it worth it.

“I think seeing the new ideas people come up with [is interesting.] It’s really very diverse,” she said. “You’ve got people who are doing psychology, people doing music and every little bit varies. It’s neat to see how students come up with all of this and spend a quarter or even longer working on something.”

Enrollment:

continued from front

“We look at who these applicants are, and we know the profile of people who don’t do well in their first year at Eastern,” Morgan Foster said. “It’s usually based on a combination of SATs and GPAs. If they’re still admissible, even if they’re in that lower quartile group and we know who they are early enough we can then say, ‘You might want to improve these skills over the summer, or you might want to be in our summer bridge program this summer.’”

Most universities enforce application deadlines, but it is something that was not done at Eastern until 2011.

“I think it’s actually good to do the deadline because you’re doing students a disservice when you’re taking their applications up until the very last minute, because they’re

applying at the last minute, they’re not mentally prepared to start college,” Morgan Foster said. “They haven’t done all the things early enough to really get ready to be here. So then they sort of just show up on the doorstep essentially, and they’re not really emotionally or mentally prepared,” she said.

Morgan Foster said admission standards have been adjusted as well. “We also have changed, or tightened our admission standards,” she said. “We have a certain number of exceptions we can give to individuals who didn’t meet the basic admissions criteria. ...Our deny rate is up as well. The number of students who we’re denying admission to is increasing, because of increasing and tightening up those admissions criteria,” she said.

Associate Vice President of Enrollment Services Larry Briggs believes more students are turning to Eastern because

they experience “a good value in their education.”

“We are very straightforward in saying that we are the best value in four-year education in the state of Washington. I think that that does matter, especially with the economic situation and with students being very conscious about their costs and very conscious about debt,” Briggs said.

“I also think that we offer a range of programs that is attractive to students. I think that the combination of us having a campus here that has a residential component, proximity to Spokane and the number of Spokane-based programs that we have, is a pretty strong combination that’s attractive to a lot of students,” he said.

Carr said the university has seen an increase in the number of students who return year after year, which is the end goal.

“We’re looking to emit alumni,” she said. “Our goal is to have students graduate.”

Creative Corner

Fight or Flight

By Travis Laurence Naught

Snap
Make your judgment now
It might be the difference
In matters regarding
Whether or not
You even have a future!

That evil grin threatening future
Making your mind snap
To the reality that running will not
Save you now
Regarding
His speedy gait difference

Knowing any difference
Only prolongs shortening future
In his taste regarding
The way your bones snap
Now
Unless he catches you not

But the only way he could not
Is found in the decision difference
Between running now
Or fighting for your future
Snap
Out of ponderance regarding

Time spent regarding
Matters not
Better to let your actions snap
Casting aside difference
In hopes for a future
Now

Because now
There is no more regarding
Only fighting for future
Not
Willing to give up difference
By making his neck snap

Really regarding was not
Possible now, since the difference
Was between future or making his
bones snap!

Creative Corner was started to provide a means for creative work to be published in The Easterner. One piece of poetry or flash fiction will be printed each issue. Poetry is limited to a maximum of 55 lines, including blank lines, and flash fiction is limited to a maximum of 600 words. If you are a student or alumni of Eastern, send submissions to easterner.me@gmail.com. In your email, make sure to write “Creative Corner Submission” in the subject line and limit submissions to five poems and/or two pieces of fiction. We do not accept previously published work and encourage those who have never been published to submit. The Easterner is willing to help writers to polish their work if the writer so wishes. We will not censor or edit anyone’s work, yet will be publishing these pieces for a newspaper audience, rather than a literary one, so some restrictions on subject matter and language apply. The pieces will be published in print as well as online. Two-time Get Lit! college slam champion Kurt Olson will read all published poetry for audio files for The Easterner’s website, easterneronline.com and professional audiobook narrator Christopher Stuck will read all published fiction. All writers may substitute their own recorded audio performances if they wish.

Online:

continued from page 2

learning how to write grants, as well as the processing of grants, was very technical.

Stewart said that her focus on health opened up career opportunities in the medical field from her ethics and medical technology classes. However, she is planning to go into coaching and medical advocacy.

According to Stewart, working as an addiction coach and a relationship coach will be credentials for

becoming a patient advocate.

“I plan on going into business for myself, but what you can also do with [my] degree ... is work for community education in a hospital or [a wellness advocate] for an insurance company,” Stewart said. “All of the insurance companies are [developing] a whole new career field as the health industry changes. Patient advocacy is becoming ... a career that wasn’t even around five years ago.”

Stewart is looking at doing another online program to get her master’s in public health.

“After working through the [online] process with

Eastern, I think it’s really great to be able to complete your courses at a time in your day when you have the opportunity to do it.”

Stewart said that Director John Neace and adviser Laurie Charles are the reasons that the interdisciplinary studies program was successful for her.

Neace said that between 3,000 and 4,000 online studenth is what the ideal amount would be for the online program.

“To get to that point, we are going to have to have more degree offerings,” Neace said. “[We] have to be strategic and take it from face-to-face to online.”

Theft:

continued from page 3

and they steal from us,” Tinker said.

Tinker said that the bookstore provides security from an independent firm called Starplex for the first week of each quarter to watch the front of the bookstore. The extra security costs \$2,000, which comes from the bookstore’s auxiliary fund.

“[Starplex] can’t prohibit [anyone] from stealing somebody else’s bag, but it’s a deterrent,” Tinker said.

According to Tinker,

the extra security at the bookstore for the first week of each quarter has been around for about five years.

Tinker said that the extra security has been worth it because thieves have been caught.

On May 16, the URC sent out an alert that there was a lone thief taking students’ belongings that were left in unlocked lockers. The video surveillance of the suspect is available at the Easterner Online website.

The URC staff patrols the lockers every 20 minutes, which are also monitored by surveillance cameras. Campus police are also monitoring the lockers when they are not on call.

Hill was monitoring the lockers in the URC on May 19. She opened unlocked lockers with belongings inside of them and placed fliers about the risk of losing everything to a thief.

“We’ll be stepping up our patrols as much as we can here,” Hill said.

Gwinn said that the staff patrols include checking unlocked lockers for belongings and placing a campus police flier stating that they could have had their possessions stolen.

“We’re assisting campus police in getting the word out that ... you should lock your stuff up. ... It helps deter people from [stealing],” Gwinn said.

PHOTO OF THE WEEK



Photo by Nicolette Stanfill

Here is a photograph from this last week on the EWU challenge course. Students went face-to-face to see who could get across the tires faster. Each student started at their respective side, but when the students met in the center, Dustin Schmidt decided to avoid the traffic in the center of the element and climb up and over his competitor. Needless to say, he crossed the tires the fastest and the entire class stood in awe of his upper body strength.

Business After Hours

Etiquette and Alcohol in the Workplace

Presented by Career Services and Health, Wellness, and Prevention Services

Drinking at a job interview? Cocktails at a conference? Beverages at a retreat?

All professionals will encounter networking in situations where alcohol is present. Get advice and information from experts! Join local employers and educators for an evening of etiquette, information, and networking.

May 31, 2012, 4:30-7 pm, 2nd Floor Tawanka

Register by May 25 at www.ewu.edu/etiquette

\$10 ticket includes heavy hors d'oeuvres & up to 2 drinks

Registration limited to students 21 years and over

Questions? Contact Krista Benson at kbenson@ewu.edu
Sponsored by the Office of Student Rights & Responsibilities



Persons with special needs may make arrangements for accommodations by calling Career Services three business days before the event at 369-6364.



Police Beat

By Linsey Garrison
STAFF WRITER
linseygarrison@eagles.ewu.edu

May 14-16

Thefts

Five lockers in the URC had items taken from them at various times. Backpacks, wallets, debit cards, clothing and textbooks were among the items taken from lockers that were left unlocked by students. These incidents are under investigation.

Thefts

Two lockers at the Phase were broken into and items

stolen. One was pried open despite being locked and the other was unlocked. The incidents are under investigation.

May 16

3 p.m. Hit and run

A vehicle in the upper lot by the stadium was damaged. The owner parked it for several hours and returned to find that the right rear of the car had been damaged. There are no suspects.

11 p.m. Domestic dispute

Two students on the sixth floor in Dressler Hall were

reported after an argument was overheard. It was found that the incident was verbal only and no arrests were made.

Assault

A group of Sigma Nu fraternity members traveled to Penticton, British Columbia, for an activity. While there a male EWU student sexually assaulted a female student. Alcohol was involved, and the student has been referred to OSRR. The victim does not plan to press charges.

May 18

Welfare check

Neighbors at the townhouse apartments over-

heard yelling. Officers opted to check on the children in one of the apartments. The children were OK and no evidence of neglect was found.

Minor in possession

Three individuals were contacted in Dressler Hall for drinking alcohol underage. One was given an alcohol blood test and recorded a .131. The student was cited and the other two were referred to OSRR.

11:20 DUI

A student was driving her car near the visitor center and ran into the posts that block cars from entering the sidewalk and the car became stuck.

Police arrived and administered a blood alcohol test, on which she recorded a .20. She was arrested, cited and released to a sober person.

May 19

Domestic dispute

Officers assisted with a domestic dispute on First Street. It was found that the incident was verbal only and no arrests were made.

11:45 p.m. Noise complaint

EWU officers assisted Cheney police with a noise complaint about a party on Sixth Street. The owners of the house were issued a noise violation.

May 20

Theft

Items were stolen from an unlocked locker at the pool area in the Phase. The incident is under investigation.

Tip of the Week:

Don't take valuables to the gym. If you aren't going to take your iPod or your debit card with you as you work out, leave it in your room.

PERSONS OF INTEREST



Video capture courtesy of EWU Campus Police

Person of interest regarding a recent theft that took place in the URC. Police are looking for this individual for questioning. If you have information contact the EWU police at 509-359-6924.



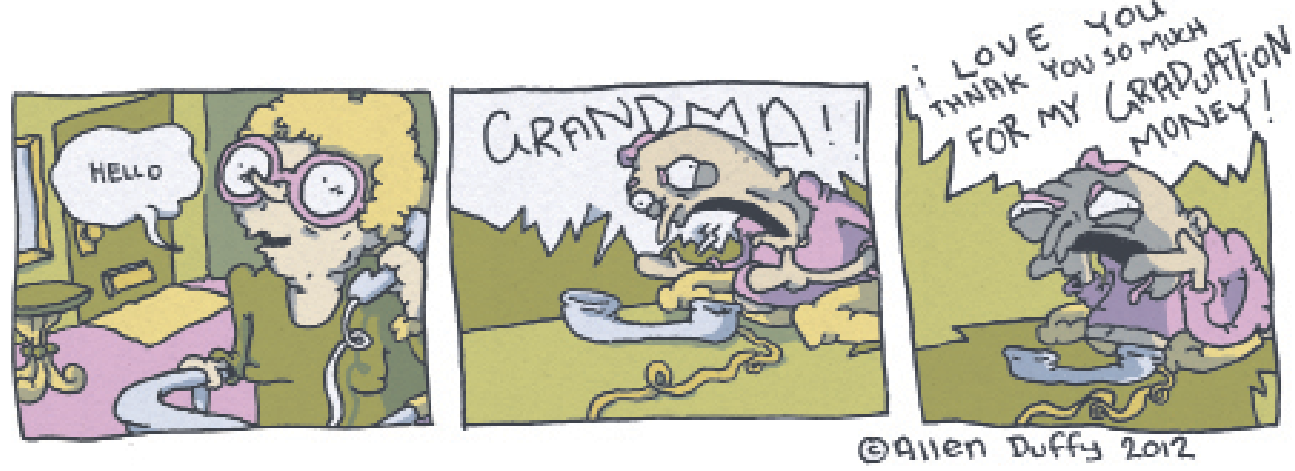
Video capture courtesy of EWU Campus Police

Another person of interest regarding a recent theft in the URC. Police are looking for this individual for questioning. If you have information contact the EWU police at 509-359-6924.

COMICS

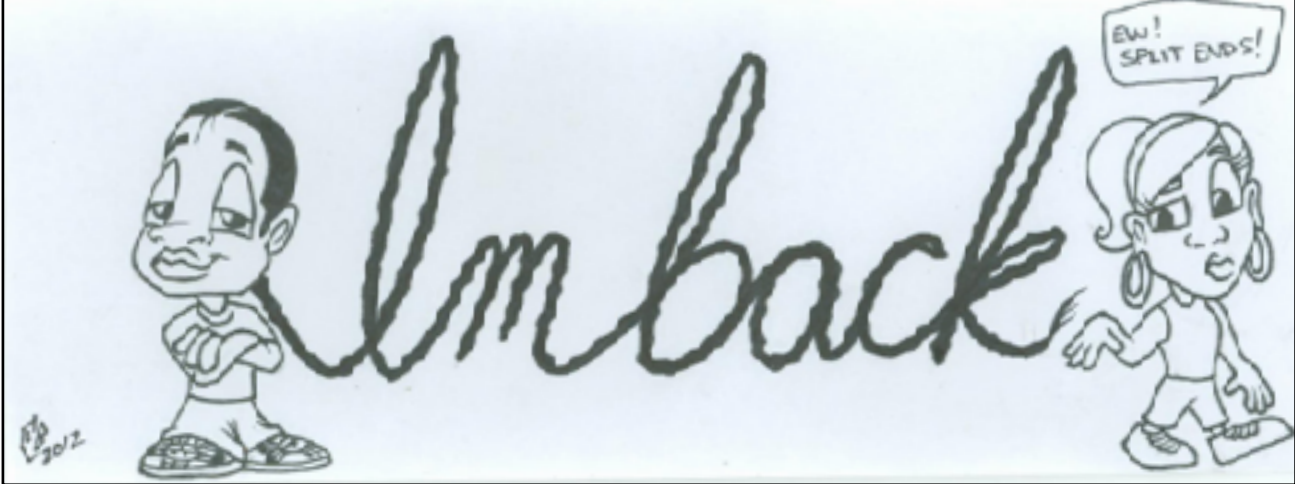
Grad-itude

By Allen Duffy



I'm Back

By Chad BrownEagle



5 North

By Julka Lawrence



COMMENTARY
It's never too early to look ahead to fall

By Kyle Franko
STAFF WRITER
kyle.franko3@gmail.com

Close your eyes, breathe slowly through your nose. It's almost here. College football is almost here. Well, OK, not really, but today on the treadmill, it sure felt like it. As my feet hummed along, repeatedly pounding on the track, images of Michigan and Brady Hoke, Notre Dame and Brian Kelly flashed across the TV screen.

For an instant, it felt like football was tantalizingly close. Don't become distracted by the NBA and NHL play-offs, the upcoming summer Olympics or the 2012 UEFA European Football Championships. Rest assured, in a few weeks, Eastern students will drift away as the spring quarter ends and after the summer quickly passes by, college football will be in full swing. It's the greatest sporting event in America. Heck, fans grilling meats in tube form while enjoying cold beverages, students painting their faces with school colors and thousands of devoted denizens congregating at a football field is America.

Is May too early to start the hype-machine? I say nay. Besides, there's a lot to think about before opening kickoff in Moscow. Who is going to replace first-team All-American, Walter Payton award winning quarterback Bo Levi Mitchell? Chances are nobody will repeat his Herculean performance, statistically. But maybe the next guy could manage to win more than six games. Anthony Vitto, a redshirt junior, and Vernon Adams, a redshirt freshman, took all the snaps during spring football. If the quarterback battle came down to these two, it would be a classic age vs. youth, pocket passer vs. scrambling threat.

In four spring scrimmages, Vitto completed 57 percent of his passes for 506 yards with a 2-1 touchdown to interception ratio.

Adams had half as many touchdowns passes, but no interceptions, and he completed 68 percent of his attempts.

Plus, the quick-footed 2011 scout team player of the year led the team in rushing with 73 yards and one touchdown.

But, really, none of that matters. Southern Methodist University product – er, transfer – Kyle Padron didn't pick Eastern to wear a baseball cap and hold a clipboard.

The junior-to-be started 21 games for SMU and accumulated more than 5,700 passing yards and 41 touchdowns, fourth all-time for passing yardage in the school's history.

After throwing two picks in SMU's first two possessions of 2011, Padron was benched for backup senior J.J. McDermott. The Southlake, Texas native never threw another meaningful pass for the Mustangs that season.

And following the announced transfer of Texas QB Garrett Gilbert to SMU, it became clear Padron's career at SMU – at least as a starter – was over.

So what do we have here? At SMU, Mitchell loses starting job to Kyle Padron in 2009. Mitchell transfers to Cheney, wins a national championship. Padron loses starting job in 2011, transfers to Eastern and wins ... alright, now I am getting ahead of myself.

Activate the hype-machine.



Franko

Baseball finishes second in playoffs

EWU ranked 29th in league

By Fedor Gaponenko
STAFF WRITER
fgaponenko76@gmail.com

Not having reached the playoffs in over 10 years, felt a little bit like being blown out in the bottom of the ninth with two outs for the Eagles' baseball club. Because the baseball club is not a varsity sport at Eastern, getting talent and keeping the team competitive can sometimes be a struggle.

There are a lot of people that join once they are at Eastern, according to baseball club president Cash Ulrich, but very few people come to Eastern for the baseball club.

According to club vice president and assistant coach Logan Goulet, there are a lot of guys that could be playing, but they played at a competitive level before and now want to stay focused on school and classes.

"Sometimes it can be tough," Goulet said. "But the guys that come out and do it are the guys that want to come and do it and that's what we want."

Paying an annual fee of \$1,600 to be part of the National Club Baseball Association at times almost seemed like a waste when, according to Goulet, they could just as easily play a few scrimmage games for free.

"We wanted to prove that we actually belong," Goulet said. "If you're not playing more games than you're given, or we're getting our butts kicked every time, why are we doing this? So we wanted to make it seem like it mattered."

Last year, the team finished 3-9, but according to Goulet, most of the losses were beat-downs.

When Ulrich was elected as club president and Goulet elected as vice president and assistant



Photo by Mikayla Napier

Logan Goulet is the assistant coach and the vice president of the EWU baseball club who made it to the playoffs after a season record of 9-3.

coach, they came with one goal in mind: to make it to regionals.

"Before tryouts, we didn't know what would happen," Goulet said. "All of a sudden, in the fall, we got a few guys who were serious about playing all year."

"After the fall scrimmages with Montana and Idaho and seeing what they can do, we realized our goal of playoffs is very possible."

They ended earning a playoff berth by going 9-3 and winning the Northern Pacific conference with a tie-breaker over Boise State, who also had a 9-3 record.

"There were a lot of teams that thought we shouldn't be in [the playoffs] because we had three games that were given to

us by Montana State for forfeiting," said club adviser Rick Scott.

"First off, they were 1-7," Goulet said in defense of his team. "They weren't good; they only won one game all year. Most of their guys were out of school already. It wasn't us. We were ready to go. That being said, I can see why other teams would be frustrated. We didn't have to earn it."

All that controversy was forgotten when the Eagles showed they belonged by winning their first playoff game with a gutsy comeback over Seattle University.

Down 5-1 in the bottom of the second, they scored a run to pull it within three.

"Bottom of the fifth, it was still at 5-2," Ulrich

said. "Then, Jordan Carr [second baseman] got drilled in the face while trying to take a bunt. Knocked out a tooth and got 11 stitches. Our team fed off of that, off of his toughness, and scored 8 runs that inning to go up 10-5, and never looked back from there."

"Our regional director said after we beat Seattle [University], that we belonged. We showed everyone that we deserved to be there," Scott said. "That also shows by us getting votes at the end of the year and being ranked in the top thirty."

They lost in game two to Utah State and then had to rematch Seattle University in game three. They beat Seattle University in the second game too.

"That put us in the

Championship [against Utah State]," Ulrich said. "We had to beat them twice, but they beat us 14-4. We just kind of ran out of pitching that day."

For the club, this is just a step into what they hope becomes the standard for the future.

"That should reach some of our students who are good players [thinking], 'should I play, shouldn't I play,'" Scott said. "That just reaches out to those students and lets them know we are a competitive team playing for something."

"Our guys saw the Utah State players celebrating, yelling, 'We're going to Georgia.' We want to reach that point," Ulrich said. "Now that you've been there, you don't want to step backwards."

Coach inspires and encourages athletes

Hammer makes impact at Eastern

By Brad Pederson
CONTRIBUTING WRITER
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In the song "Champion" by Chris Brown, the chorus repeats itself over and over again with the lyrics, "I'm always pushing myself to the limit, making sure I stay ahead, and I was born a champion."

Friends say that this is the feeling someone might have after spending some time with Chris Hammer.

Hammer grew up just outside Detroit in Troy, Mich., where he fell in love with athletics and never thought about only having one arm.

"I never really think about it because I was born this way and it's all I've known," Hammer said.

All through high school, Hammer was a three-sport athlete and eventually focused solely on running, which he found was his true calling.

"Growing up, I obviously played hockey, being from Michigan, and basketball, and then found that running was my true passion," said Hammer. "I love being able to push myself and see how I do."

Hammer would not venture far from home to continue his academic and collegiate running career at Grand Valley State University in Allendale, Mich. As a Laker, Hammer pursued an education degree with an emphasis in mathematics.



Contributed by Carina leon

Coach Chris Zeller and Stephanie Dye have worked with coach Chris Hammer.

"I had the opportunity to teach a little bit when I was there, but knew I wasn't going to do it for a living," Hammer said.

Hammer achieved All-American status five times, once in cross country and another four in the obstacle race known as Steeplechase.

As a senior, he was awarded the Great Lakes Athletic Conference honor for athletic achievements as well as his accomplishments in the classroom.

After completing his undergraduate degree in 2009, Hammer arrived in Cheney to enroll in graduate school.

"My fiancée was up here at the time studying to be a physical therapist and athletics is my passion," said Hammer. "It was a great opportunity."

Hammer joined the Eagles as a volunteer assistant coach, and he has made an impact on head cross country coach Chris Zeller.

"He has meant a lot to this

program and when our kids see him running at an elite level, it motivates and inspires them even more," Zeller said.

Zeller is not alone. Senior distance runner Bowe Ebbing is thankful for the opportunity he has had to be around Hammer.

"He is really passionate and he continues to push himself to be the best," Ebbing said.

Senior Kyle King is thankful for not only Hammer's coaching advice, but his friendship as well.

"Hammer has been a great addition here. He's always willing to give a hand even though he only has one," said King. "He has brought extra energy and passion for the sport. Most importantly though, he has been my friend. He is pretty much the bee's knees."

Last November, Hammer was a member of Team USA that competed in the International Paralympic Committee Athletics World Championships.

He flew home from Guadalajara, Mexico with a gold medal in the 1,500-meter run.

Hammer plans on graduating from Eastern with a master's in sports administration and will be traveling to London for the 2012 Paralympic Games with one goal: to win.

"I think he's gonna win," said Zeller, whose face lights up when he thinks about all that Hammer has accomplished.

Chris Hammer has never stopped competing and strives to be the best.

According to King, "One day, he will go on to be a great head coach, and I'll be able to tell my kids, 'Yeah, he coached me.'"

Views expressed in this column do not necessarily reflect the views of The Easterner.



Follow us on Twitter @EasternerSports

Track traveling to Texas for regionals

Pole vaulters and jumpers to compete

By Josh Friesen
STAFF WRITER
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Four members of the Eastern women's track team are headed to Austin, Texas, to compete in the NCAA Division I Men's and Women's Outdoor Track and Field Preliminary Championship.

Sophomore Robin Taylor, juniors Keisa Monterola and Michelle Coombs and senior Shene Davis will be representing Eastern May 24-26. They will be competing to get to the NCAA Outdoor Track and Field Championship held in Des Moines, Iowa, in early June.

While each individual athlete has a specific skill set, they are all preparing in the same way. Their coaches are making sure they maintain their physical aptitude. Practices include light lifting and refining techniques. Head women's coach Marcia Mecklenburg said her athletes are sticking mainly to training lightly.

"Right now, it's kind of still more of taper training," Mecklenburg said. "We're lifting a little bit and doing a little bit of conditioning, but it's more to maintain right now."

Taylor, a pole vaulter who recently increased her personal best by over a foot, is working on making sure her top end performance stays consistent.

Although Taylor has not reached this level of competition before, she feels

confident she will be a tough competitor.

"I tend to jump better in bigger competitions," Taylor said. "My coach says I have a lot more in me, and so hopefully things will click and work out."

While this is Taylor's first time competing in regionals, fellow pole vaulter Monterola has been through this before.

In March 2012, Monterola placed fifth in the NCAA Indoor Track and Field Championship. She said seeing other competitors motivates her to succeed.

"I try to compete against myself so I can get better," Monterola said. "But having other competitors that are better than me motivates me also."

Aside from trying to qualify for nationals, the Venezuelan native has aspirations of becoming an Olympian. After the national championship, Monterola plans on competing in Venezuela to gauge her performance and see if she can launch herself into the Olympics.

"Right now, the biggest motivation I have is trying to make it to the Olympics, which feels like it's just getting farther and farther," Monterola said. "But, I feel like we can make it there."

Eastern's pole vault coach Eric Allison is doing what he can to make sure Taylor and Monterola succeed in Austin. He thinks the pole vaulters have what it takes to qualify for nationals.

"They both have a really good chance to get there," Allison said. "They just have to jump well on that



Photo by Dylan Paulus

Pole vaulter Robin Taylor finished second at the Big Sky Conference Outdoor Track and Field Championships.

day, which is really what it comes down to."

Javelin thrower Michelle Coombs is nursing a sore shoulder on her throwing side.

Her and her coaches

believe it to be tendonitis, but Coombs said she will be ready to throw on the day she competes. There were some instances where she was not able to throw this year. Coombs has just re-

cently started using her throwing hand again, but she said it felt good to finally be able to practice with it.

"I've been not using my right hand for quite a

while, so it was really nice," Coombs said.

Shene Davis is the only athlete competing in two events. She qualified for both the long jump and triple jump. She said that she is trying to prepare mentally as well as physically. According to Davis, the competition will be stiff and she needs to make sure she is ready for it.

"I'm trying to prepare myself by being aware of the girls that are going to jump far," Davis said. "I'm trying to get excited for it and ... [go] into knowing that I'm going to have to jump big."

Davis wants to be sure she leaves an impact and does well in Austin. Not only does she want to do well, but she wants her last year to be her best.

"I always want to do my best and I push myself to do my best," Davis said.

Davis's jump coach, Jonathan Hill, said that he does not necessarily need to motivate the senior. According to Hill, the athletes are all self-motivated and require little inspiration from their coaches.

"If you're not motivated at this stage in the game, you can't get to this point," Hill said. "She's a perfectionist."

According to Hill, Davis has the ability to jump with anybody. He and Davis are taking a scientific approach and trying to put as much energy into Davis's jumps as possible.

"She knows what she needs to put together," Hill said. "She's been saying it all week. 'Whoever does it on the day' and that's what it's all about."

Women's soccer gives back to community

EWU hosts jamboree with TOPSoccer

By Al Stover
SPORTS EDITOR
easterner.sports@gmail.com

Katie Cashman runs down the field and passes the ball to Chris Croft, who runs it the rest of the way, then kicks the ball past goalie Jamie Walker into the small red goal.

Several minutes prior to the game, Cashman, Chris and Walker were playing Duck, Duck, Goose with the other teams on their field before the start of the game.

The EWU women's soccer team, Washington Youth Soccer and Spokane TOPSoccer hosted a spring jamboree soccer tournament at the EWU Sports and Recreation Varsity Soccer Field May 19.

Teams were comprised of athletes and members of the soccer team who practiced drills and gave encouragement to the athletes.

The field was divided into three parts based on age, size and skill level.

Spokane TOPSoccer is an outreach program that gives young athletes with developmental and physical disabilities the opportunity to play and learn the fundamentals of soccer.

The soccer team has volunteered with Spokane TOPSoccer since the program began in 2006, and they recently finished volunteering at TOPSoccer's six-week youth soccer camp.

"We are so blessed to have Eastern as community supporters who do our program every spring," Spo-

kane TOPSoccer coordinator Monaca Duff said. "They are fantastic to have."

According to Duff, prior to having the tournament in Cheney, TOPSoccer would work with one of the local tournaments who would provide them a field for two hours.

Duff, along with EWU assistant coach Tamara Hageage and two other committee members, brainstormed the idea of having the jamboree at Eastern.

"Some of our players are qualified with Special Olympics, but they only work with children who are cognitively challenged," Duff said. "Some of our players who are not cognitively challenged wouldn't be able to play. So this gives them the same tournament feel."

In addition to playing, the athletes and the soccer team signed each others' shirts and posed in pictures with Swoop.

When the games were finished, the athletes ate pizza while Swoop returned to help give out awards.

According to Christopher's mother Ronda Croft, Christopher was excited to have a chance to play in the outdoors for the tournament and to meet Swoop.

"I just can't tell you how much I appreciate the program," Ronda Croft said. "Coach [Hageage] and the Eastern soccer girls, he looks forward to every Wednesday because of them. He loves it."

Walker, who has worked with TOPSoccer for three years and is minorning in special education, thought the event was fun.

"Everyone seemed to enjoy themselves, both family and the kids," Walker said.



Contributed by Tamara Hageage

Jessica Wallace high-fives Kellen Christophersen while Alisha Stott watches Elliot Clemens run past the goal.

Duff hopes to make the spring jamboree tournament an annual event with more teams and athletes from the pacific northwest in the coming years.

"This is a way to end off our season and hopefully more and more of our players decide to come and maybe Sandpoint and some of the local areas," Duff said. "Having

something local is the way to go right now."

After the event was finished, the athletes and the soccer team came together and gave an Eagle cheer.

Students gain knowledge and appreciation at Team USA victory

Athletic training interacts with players and training staff

By Peter Sowards
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With the 2012 Summer Olympics in London just a few months away, Team USA Women's Basketball held their first exhibition game on May 12 in Seattle vs. China. Three EWU students majoring in

athletic training travelled to the 100-62 Team USA victory at Key Arena and spoke of a deeper appreciation for the athletes and the training staff.

"It was great," said Liz Reinstein, a senior in the EWU athletic training program who, along with the other students, was allowed access to the team and to Team USA's Head Athletic Trainer Ed Ryan. "I got a lot out of it. I watched, I asked questions, like, 'Why did he tape a certain way? Why did it work better? How did he get into working with Olympic teams?' That

was kind of interesting and something that I might want to pursue later on in my career."

Reinstein has previous experience working with football and women's basketball and says that athletes are mostly grateful for the hard work done by the training staff.

"For the most part, you get a lot of athletes that really appreciate the work we put in," Reinstein said. "We're there before the athletes arrive and we're there after they all leave. A lot appreciate us. You

do get a few once in a while [who are not appreciative], but we kind of just deal with it and for the most part, everyone appreciates what we do."

Sophomore Andrew Downing said the best advice he received while speaking with Team USA Head Athletic Trainer Ed Ryan was "to be available and to be open to new things, not to be close minded." Andrew aspires to be a trainer on a professional team of some sort in the future.