

5-16-2012

Easterner, Vol. 63, No. 27, May 16, 2012

Associated Students of Eastern Washington University

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Recommended Citation

Associated Students of Eastern Washington University, "Easterner, Vol. 63, No. 27, May 16, 2012" (2012). *Student Newspapers*. 780.
https://dc.ewu.edu/student_newspapers/780

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Upcoming:

Spokane Poetry Slam returns after hiatus May 20 at 8:30 p.m. at Scout, 1001 W. First St., in Spokane. Sign up between 8 and 8:30 p.m. to perform. There will be a \$50 grand prize for the winner of the two-round poetry slam.

The EWU Sustainability Project and the EWU Libraries are showing the documentary "Vanishing of the Bees" on May 21 in Martin Hall 158 from 5:30-8:30 p.m. Also featured that evening will be honey tasting with the West Plains Beekeepers.

Student Activities, Involvement and Leadership sponsor "Motivation-X: Meant for More" May 22 from 6 to 7 p.m. in the JFK Auditorium.

The EWU Wind Ensemble and Symphonic Band will perform May 23 at 7:30 p.m. in the Music Building Recital Hall. EWU students admitted free with student ID. General admission tickets available for \$5.

CAPS and Ryan Kiely will present "Discover a Path to Wellness with Yoga: An Informational Workshop" May 24 from noon to 1 p.m. in PUB 261. There will be free pizza or snacks.

The EWU Department of Music will present "Brass Extravaganza," featuring the EWU Honors Brass Quintet, Trombone Choir, Trumpet Ensemble and more on May 29 at 7:30 p.m. in the Music Building Recital Hall. EWU students admitted free with student ID. General admission tickets available for \$5.

CAPS and Lisa D. Olson, M.S., will present "Relaxation for Stress Management," an experimental workshop introducing methods for managing responses to stress May 31 from noon to 1 p.m. in PUB 261. There will be free pizza or snacks.

In brief:

Do you have an amazing photo that you would like to see in print? Send your submission to our photo editor, Aaron Malmoe, at easterner.photo@gmail.com for a chance to be selected for our photo of the week feature.

Football player cut after gun incident

By Al Stover
SPORTS EDITOR
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Chandler Gayton, a safety on the Eastern football team, was arrested after reportedly brandishing a gun near police May 11.

According to Cheney Police Chief John Hensley, officers Dave Bailey and Chris Oakes were responding to a call from the bouncer at Eagles Pub about a bar fight and a patron with a gun.

When they arrived, they were told the patron had already left. Video footage on the traffic camera on first street looking west showed the officers spotting a man about to urinate on a wall at approximately 1:56 a.m.



Gayton

"The officers told him to stop. He turned and pulled a gun out of his pocket ... both

hands were on the gun in what we call the 'low ready position,'" Hensley said. He added that officers shouted "drop the gun" several times before the man dropped it a few seconds later.

Video footage also showed that when the suspect turned in response to officers' initial shouts to stop what he was doing, he reached into his pocket and pulled out a handgun. He then took three steps forward,

GAYTON-PAGE 2

Community colleges streamline degree path

By Kristie Hsin
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Beginning next fall, students enrolled in a Spokane community college can kick-start their paths to the red inferno while getting their associate degree at the same time.

EWU and the Community Colleges of Spokane have designed a dual admission system. The system—Community Colleges of Spokane Destination Eastern—is Washington state's first collaborative admission system.

With the intention to create an easier transfer

process and increase graduation and retention rates, Community Colleges of Spokane Destination Eastern is open to incoming freshman students with a desired interest in transferring to EWU after receiving their associate degree.

To begin the program, students will be required to take a class taught by faculty of CCS and EWU. The course will cover degree and career planning, college readiness and networking.

According to SFCC Associate Dean of Enrollment Services Steven Bays, the goal of this operation is to

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A kick heard 'round Cheney

By Al Stover
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Caleb Sherman stood across the cage from Charlie Shultz, who had beaten him 71 days ago. Sherman awaited the sound of the bell before the fight began.

In the beginning of the rematch, Sherman and Shultz exchanged some punches before they took the fight to the ground with Sherman grabbing Shultz's heel. After a quick battle on the ground, both fighters stood up and Sherman landed a head kick that stunned the crowd and sent Shultz to the ground with a broken jaw.

Sherman and Schultz were just two of many fighters who competed in the King of Cheney 3 event, presented by the Ironfist Fighting Championship at the Cheney plaza, May 12. The event featured 14 fights.

The first match between Shultz and Sherman had taken place at King of Cheney 2. It had ended after Shultz, who has over 20 fights on his record, busted Sherman open in the first round, then scored a submission on Sherman in the second round.

Several seconds after the referee stopped the fight,



Photo by Evan Sykes

MMA FIGHT-PAGE 12 Caleb Sherman lands a crushing kick to Charlie Shultz's jaw, breaking it, in the King of Cheney 3 mixed martial arts bout.

Turnout doubles in ASEWU election

Despite record numbers, amendment allowing extended election voting fails

By Libby Campbell
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The ASEWU set out at the beginning of the school year to increase voter turnout by at least five percent.

They did that, and then some.

More than 14.3 percent of Eastern's 10,050 eligible voters cast their ballots in the general election May 8, an increase of 7.2 percent from last year.

"I am super, super happy, excited, proud, motivated, inspired. That's how I feel," said current ASEWU President Oscar Ocaña.

The last three years voter turnout has been especially low, never exceeding 7.1 percent. To more than double

that "has a huge impact, but it's not just a number," Ocaña said. "It's showing that students actually got involved this year. Students knew who we are [and] what the purpose of a student government is."

ASEWU Director of Elections Kristin Milton researched EWU's history of voter turnout to determine what needed to be done to increase it.

"I was very aware of last year's disappointing 7 percent voter turnout, and 2010 was even less than that, with 6 percent turnout," she said. "The year to beat for me was 2007, with an impressive 13.6 percent voter turnout. It was

VOTERS-PAGE 2



Photo by Evan Sykes

ASEWU President Oscar Ocaña speaks at Lavender Graduation, wearing the event's signature stole.

LGBTQ and allies celebrated during Lavender ceremony

By Sarah MacDonald
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Courage, pride and honor were the focus of EWU's third annual Lavender Graduation that took place May 10 in the Showalter Rotunda.

In attendance were LGBTQ students, allies, community members, family members and faculty.

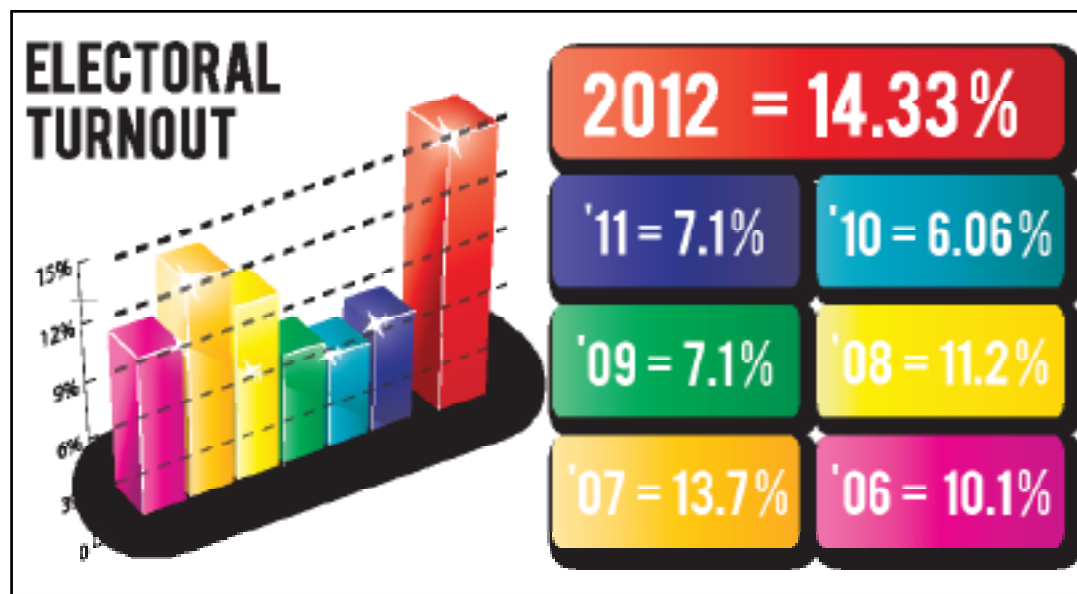
The graduation kicked off with a welcoming speech from the Eagle Pride Vice President Evan Knudson. Knudson spoke about the meaning of the graduation and ended his short introduction by quoting Albus Dumbledore, "Happiness can be found even in the darkest of times,

when one only remembers to turn on the light." After Knudson's speech, marriage equality pledge forms were passed out to audience members.

For senior LGBTQ student Will Stotts, the Lavender Graduation is a time to celebrate their accomplishments in a manner where everyone is accepting. "At a regular graduation, our identities are still concealed. But at the Lavender Graduation, we can be ourselves and celebrate achievements with friends and family," Stotts said.

Following Knudson, Pride Center Coordinator Sandy Williams presented all awards to those who

LAVENDER-PAGE 5



Easterner Graphics

Voters:

continued from front page

the highest turnout we have on record, so I kept my eye on that number throughout the year."

According to Ocaña, the key to increasing voter turnout was collaboration.

ASEWU worked with Dining Services, the bookstore and the library to spread the word about voting. They printed 120 T-shirts with the slogan, "Shape your world or someone else will" that were worn by employees of these departments on election day.

"The library helped us immensely. They reserved the main three computers in the main entry just for elections," Ocaña said. "They made their own promotion, they continued saying, 'Don't forget to vote,' or at the coffee stand, every time someone purchased a coffee, they would say, 'Don't forget to vote.' ... I believe strongly that this year's elections were not just [run by] the students. It was an entire institution running elections. I think that's what

made it successful," he said.

Milton focused on helping the candidates build personal relationships with the student population. "I believed that if we could give the candidates a chance to build genuine relationships with the students, they would be more likely to get involved," she said. "I felt the 'Meet the Candidates' event in the URC was extremely beneficial, and also gave the candidates a fun and comfortable opportunity to bond with students, hear their needs and begin sharing their plans."

ASEWU also turned to multimedia to increase campaign coverage. For the first time ever, candidate debates were posted online. Ocaña admitted that uploading the large video files took longer than anticipated and put them behind schedule, so the final debate video was not posted until 2 a.m., May 7. "I have the feeling that if we would have gotten them done on Friday, the impact would be even bigger," he said.

In addition to new ASEWU officers, students voted on a proposed

amendment to the ASEWU Constitution that would allow polls for both the primary and general elections to be open for three days rather than just one, giving students more time to vote. The amendment did not pass.

"The reason is that the Constitution says that for any amendment to the Constitution, at least ten percent of the student body population must vote. From that ten percent, two-thirds must say yes," Ocaña said.

More than ten percent of the student population voted, but only 60.7 percent voted in favor of the amendment.

"Hopefully next year, they bring it back on the table," Ocaña said.

Ocaña said the right to vote is an important one, and that students should exercise that right.

"It's up to the student body to make that decision, for today on your own campus and in the future for your entire nation," Ocaña said. "If you want your nation to succeed, you need to think about what you just did ... at Eastern. That's when things are going to change."

Gayton:

continued from front page

squared off and held the gun at a downward angle with both hands.

Eight seconds passed from the time officers first got the man's attention to when he dropped the gun and got down on the ground, according to the footage. He was handcuffed and taken into custody.

Gayton is being charged with threatening and intimidating officers with a firearm.

Head coach Beau Baldwin, who had just returned from vacation in Los Angeles, held a press conference at Roos Field at 4 p.m., where he officially announced that Gayton had been dismissed from the EWU football program.

"Every situation is unique,

but this is definitely one that we felt warranted this type of swift action," Baldwin said. "It's one of those things that is unfortunate, but we felt as a university, as a football program, this was the right thing to do."

In the EWU Student Athlete Manual, it says that an athlete is responsible for informing the university about an arrest off-campus. After the Office of Student Rights and Responsibilities is notified of the arrest, the university may send a letter to the student requiring them to make an appointment for an interview with the OSRR. The university also reserves the right to initiate concurrent disciplinary action against the student.

According to Baldwin, Gayton was a good teammate, competitive and did all of the right things in the classroom.

"[I was] just stunned; it's hard to hear that," Baldwin said. "I'm going to be surprised to hear any of this stuff from any of the guys in the locker room. I think so much of them, but when these things happen, you have deal with them and then move on."

Prior to his arrest, Gayton had just finished spring football practice. He had six tackles and one interception during the spring scrimmages.

Baldwin has communicated with Gayton and had a conference call with the police department. He plans on having a meeting with the rest of the team May 14.

According to Director of Media Relations Dave Meaney, Gayton is still enrolled at the university as a student, however that standing with the university will be under review.

Drinking still prevalent

2010 survey reveals trends, new survey in progress

By Jane Martin

STAFF WRITER

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While roughly 75 percent of EWU students drink alcohol, not everyone knows about the basic tools available to help determine healthier drinking habits based on their own physical characteristics and personal background.

One resource is the alcohol e-Checkup To Go page, which Michelle Pingree, director of Health, Wellness and Prevention Services, recommends for anyone who consumes alcohol. This tool can help students calculate personal risk patterns, individual alcohol tolerance levels, family risk factors and harm-reduction strategies. The self-assessment takes about five minutes to complete.

According to Pingree, Health, Wellness and Prevention Services' alcohol programs operate on the harm-reduction model, which focuses on specific ways that an individual's habits are affecting their life and addresses high-risk drinking behaviors.

"We support abstinence as an option, but we also know that the abstinence message isn't going to create effective behavior change," said Pingree. "It has to be an internal choice and we also have conversations about ... what you would need to do to stop using a substance or use less of the substance. It's a strategic approach and it takes a lot of thinking sometimes. To have that conversation ahead of time really helps."

Pingree explained that their programs are more heavily focused on alcohol "because about 75 percent of our students do use alcohol in some capacity. We have secondary programs [focusing on] marijuana and we do a little bit of outreach on the misuse of prescription drugs."

The data that Health, Wellness and Prevention Services refers to, regarding the number of students who drink and engage in

"... about 75 percent of our students do use alcohol in some capacity"

Michelle Pingree

high-risk activity, is derived from a national survey that is generated every two years by the American College Health Association and gathers a current profile of health trends within the campus community.

The last survey was completed in 2010 and the 2012 survey is currently in progress. This year, the survey was emailed to about 8,000 EWU students. According to Pingree, it was only sent to students who are 18 years old or older and from those that fit the criteria, 8,000 were randomly selected. She added that only 1,022 students have responded so far.

"Thousands and thousands of college students participate in this survey, so we get information on Eastern students and what I can do is compare it to a national sample to see how they compare with their peers nationwide," said Pingree.

One thing Pingree said she finds particularly interesting is the part of the survey that compares students' perception of activities their peers engage in with the reported statistics. From the 2010 survey, "The students think that only 6 percent of our students have never used marijuana ... and that 18 percent used [marijuana] in 10 to 19 of the last 30 days. The data tells me 71.5 percent of our students have never used marijuana and 1.2 percent have used in 10 to 19 of the last 30 days."

SURVEY-PAGE 8

Need a little Energy?

When it's time to get hooked up to electricity and natural gas from Avista, save time and open, close or transfer your account at avistautilities.com. It's convenient and takes only a few minutes. Simply sign in to your account anytime, day or night, and we'll walk you through the process.

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Alcohol in a professional setting focus of Career Services event

By Kristie Hsin

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After-work gatherings often present people taking back a drink or two, or three, or four — even if their bosses are watching.

Business After Hours: Etiquette and Alcohol in the Workplace offers students an opportunity to network with local employers and build relationships while remaining professional with alcohol served.

According to Director of Career Services Virginia Hinch, everyone will encounter a networking environment where alcohol is present. Developing skills on how to remain professional now will help students when they graduate and go into the work force.

Presented by Health, Wellness and Prevention Services and Career Services, this is the second annual Business After Hours event. The event will take place May 31 from 4:30-7 p.m. in Tawanka 215.

Understanding the importance of being professional can make or break a student's career path with future employers, according to Hinch.

Students are encouraged to dress to impress and consider this event as if it were

a real interview, questions in hand.

"I think it sets the stage and helps [students] take it more seriously," said Hinch. "There is a limit of 40 students and last year was the first time we did it and so it was a little smaller crowd, but we have a lot of positive responses. I would expect it to fill up this year."

The first half of the event will feature an educational information session that details alcohol consumption and etiquette in work situations.

Employers of the Spokane area will share some of their experiences and recommendations during this first half. The second half will be the actual networking part.

"It's an opportunity for them to get a sense of what alcohol in the workplace looks like," said Director of Health, Wellness and Prevention Services Michelle Pingree. "As the alcohol representative, I can answer questions about what their potential blood alcohol would be, what kind of behavior they might be engaging in at that point or where they would be on our scale of how much alcohol's in your blood."

The list of employers has not been finalized. According to Hinch, the department is in the process of sending out invitations and confirm-

ing appearances. Hinch said employers will be from a wide range of career fields.

"I'd like to see a wide range of student groups come. I think it's really important, especially if students are getting ready to graduate, to have that opportunity to practice networking, because ... it's how so many important connects get made in that networking scene and so I think it's great professional practice."

Doing the homework, knowing who will be in attendance, practicing a good-quality handshake and what Hinch calls an "elevator pitch," are all part of good networking practice tips.

An elevator pitch is a brief introduction of who you are and what your career interests and goals are. According to Hinch, this is an important skill to have because it lays out who you are to employers in a clear, brief and concise manner.

"That transition from being a student into the professional world and how to keep that professional image when you're at an event where there's alcohol. It's a different world and it takes some practice to transition into that," Hinch said.

Two of the biggest don'ts are asking for a job and monopolizing employers.

AFTER HOURS-PAGE 8

Ideas gathered for learning area

By Frank McNeilly
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ASEWU Academic Affairs Representative Eric Palomino and five other students traveled to Seattle on April 27 to find inspiration for a new learning commons at Eastern.

A learning commons is an area that is devoted for students to work; whether it is individually or in a group.

Palomino said that the phase one development of the learning commons would involve getting rid of books that are available electronically, as well as clearing out space in JFK Library where the learning commons will be. Phase one is set to be complete by the beginning of fall 2012 if everything gets approved and goes as planned.

According to Colin Ormsby, the director of office institutional research, funding for the learning commons is coming from presidential reserve funds.

The group of students



Easterner Graphics

visited four different buildings in Seattle: the UW Research Commons, the UW Odegard Undergraduate Library, the Amazon.com headquarters and Seattle University.

Palomino said that Seattle was picked because the group of students could visit several different venues in the same day, gather-

ing ideas from the different buildings to consider.

Students and administrators met to give positive and negative feedback of all four Seattle buildings in JFK Library on May 9.

"Right now, we [are] in the stage of talking to all the participants," Palomino said. "The architect ... is meeting with every single

... department individually to record their needs and ... how they see themselves operating in the learning commons."

Palomino said that the Writers' Center, PLUS groups and the MARS lab, along with Career Services and math tutors from the math lab will all have operations taking place in the learning commons.

Senior Brittany Myers and freshman Mary Ormsby were two of the students that visited Seattle to get an idea of what should be included with the learning commons at Eastern.

"Seattle [University] and UW are ... some of the only examples of the sort of idea that we were going for," Ormsby said. "That's when we found out that Seattle [University] was not the best example."

According to Ormsby, Seattle University had so much technology that a lot of it was not getting used regularly by students.

COMMONS-PAGE 9

Ceremony awards alumni successes

By Jane Martin
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More than 200 people dressed to the nines gathered in the historic Hargreaves Library May 12 for the first annual EWU Alumni Awards.

While 98 alumni awards have been given since 1966, this was the first time awards have been presented at a formal event, according to Associate Director of Alumni Advancement Leah Mow.

A year of firsts, Mow said that 2012 was also a record-breaking year for nominations in every category, which resulted in the addition of new categories for recognizing excellence in Eastern alumni.

This year, six awards were presented. Winning alumni were selected by a committee made up of past winners, campus and community partners and EWU Alumni Association board members.

As the events of the evening unfolded, attendees

were served a four-course dinner. Those 21 and over were given drink tickets for wine and beer provided by Mercer Estates Winery and Horse Heaven Hills Brewery.

A keynote address entitled "The Cause Effect" was given by Joe Estey and touched on principles for successful mobility.

Estey spoke on the importance of living for purpose rather than for profit and defined true success as "doing what you love to help other people get what they need."

During an intermission in the award presentation, an ensemble made up of students in the EWU jazz program performed a jazz vocal set for the audience.

Two of the six alumni recognized received a standing ovation from the audience. The first was Brig. Gen. Gary Volesky, class of 1983, who was given the Exceptional Military Service Award.

ALUMNI-PAGE 8

Senator discusses state spending at on-campus town hall meeting

By Kristie Hsin
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Spokane's 6th District Sen. Michael Baumgartner said he wants to continue protecting higher education funds by implementing a dedicated revenue stream and constitution for universities.

During his town hall meeting held May 10 on campus, Baumgartner addressed several issues surrounding state spending and lack of support legislature provides higher education.

Baumgartner, who represents approximately 135,000 people in the district, said, "Probably the most well-known thing we did this year was pass gay marriage" during the meeting. Education reform and state budgets were also major topics of discussion.



Baumgartner

Baumgartner said, "We spend more money on paying back debt than we do on education. ... Desubsidizing students for other spending is not a good use of state money. Higher education is always eating last when it comes to revenue."

In installing a constitution connection that will protect higher education funds, Baumgartner said putting a bigger emphasis on education in the middle schools will help students prepare for their future when they get to high school and college.

"Legislature will tell you to borrow," Baumgartner said. He said that most students do not have a full understanding of how much they are actually borrowing.

According to Baumgartner, when it comes to tuition grants, legislation has decided that universities should be responsible for distributing tuition grants to their students.

Baumgartner finds this decision to be "very dangerous" because the money and distributions are not set in

stone. Students are not given what they need and legislation no longer needs to worry about making those kinds of decisions.

Senior Russell Jones said, "I think he's reaching too high, too soon. The most prominent thing he's said regarding higher education is that he wants to have a dedicated fund, which is great, really. However, how is he actually going to get it done?"

Baumgartner has openly said he wants to eliminate the undermining of state support for higher education. According to Jones, when it came time to protect higher education from cuts, education was dragged to the bottom of the priority list.

Last January, Baumgartner installed a bill that increased state university fundings by approximately 32 percent.

"I get that he's trying maybe, but when it really comes down to it, him and his band of republicans put other state spending first. His bill in January was great, but what has it accomplished now?"

Fullbright students explore the world through study abroad, scholarships

By Libby Campbell
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Many students dream of studying near the beaches of Spain or amid the bustle of Japan, but are unsure of how to pay for it. Saving money or taking out loans are viable options, and so is applying for study abroad scholarships.

The U.S. Department of States Bureau of Educational and Cultural Affairs offers a number of scholarships, which study abroad adviser Elena Axton believes are worth considering.

The Fulbright U.S. Student Program is for graduating seniors and graduate students. Its two primary focuses are English Teaching Assistantships Abroad and the Research Grant Abroad. Unlike most other study abroad scholarships, students do not have to be in graduate school to be eligible.

"It's one of the few scholarships that are like that, because most of them are specific to either being an [undergraduate] or a graduate student. There aren't a lot of them that leave any room for the gray area if you're falling in between that," Axton said.

"For the Study Research Grant, the fellowships are for one academic year for study and/or research in academic

fields and creative writing and performing arts," she said.

"For the English Teaching Assistantship, it's the same length of time. Basically what they're looking for, in addition to what you're hoping to gain from the Fulbright, is what you're hoping to bring to the community where you would be granting a Fulbright."

Summer Hess, Eastern's first recipient of the U.S. Student Program, returned in March from a year of research in Chile. A graduate student studying non-fiction writing in the creative writing department, Hess spent her time in San Pedro de Atacama, a small town of 1,500 people in the Atacama Desert, the highest desert in the world.

Her research centered around travel and development through the Atacama Desert. "I was really curious about how this tiny town of 1,500 people became one of the most visited destinations within the country," she said. She is currently working on a series of creative non-fiction essays about the Atacama Desert.

Hess spent her days in Chile "going to the museum that hosted my research, and working in their library or in their archives, or talking with their anthropologists and their scholars to help round out my research," she said. "I often

stayed in my little adobe home and worked from there. It was pretty amazing—I had Wi-Fi internet in what used to be a very secluded destination."

This research opportunity would not have happened if Hess had not applied for Fulbright's U.S. Student Program.

"They give you roundtrip airfare, health insurance, a 500-dollar research stipend, a settling-in allowance and then a monthly stipend," Hess said. "You have to establish a research host in the country where you would like to study, and usually you have to have some kind of proof of language proficiency."

In addition to completing a language exam, Hess had to write a one-page personal statement and a two-page research proposal.

Students must plan ahead and apply early, as most scholarships are awarded a year in advance of when the program begins. Students who are graduating next year or who will be graduate students could apply for the program now, which is accepting applications until October 17.

"I would recommend it to students who are willing to take the application process seriously," Hess said. "I worked on my application for months before I submitted it."

FULLBRIGHT-PAGE 9

Transfers:

continued from front page

make advising and support available to new students coming into the community colleges. Students would coregister with Eastern and get the specific mentor help they would need for their decided major.

Bays said the majority of students enrolled in the community colleges have undecided majors. What is decided, however, is the interest to transfer to EWU.

"You start the students out with making accurate decisions about courses and the degree they want when they come into the college," Bays said.

Budget and funding for the system have not been finalized. As of now, funding for the program will be provided by preexisting funds from Academic Affairs.

Students enrolled in the system will start off paying the same amount of tuition they would in a community college and then pay Eastern's tuition when they transfer to the university, according to Bays.

In addition, Spokane Falls Community College plans to implement a college success course that puts together things students need in order to be successful. Bays said the course will point out things such as course selection and course planning for students to investigate in order to get off to the right start.

"I transferred here from SFCC and I wish I would have had this opportunity when I transferred. I had a lot of issues because a lot of my classes weren't compatible with Eastern's and I had to retake

a lot of them again, which delayed my graduation and increased my debt," said senior Melissa Miller. "That, and I didn't feel like I had a strong support from my adviser."

At the end of each quarter, the community colleges will send EWU the student's transcript so that the university can track the student's progress and be sure they are on the right track, according to Bays.

"From our standpoint, a lot of it has to do with advising and helping the students as they progress towards that two-year degree," Bays said.

Senior Russell Jones said, "I had no issues transferring to Eastern, but I also didn't have any help—I had to find everything out on my own. ... I took only general classes so I didn't have the issue of classes not transferring."

Apart from funding, the colleges and EWU also have the issue of a shared database to resolve. Since neither share the same database, transcripts will be sent over to Eastern from the colleges as a way of tracking a student's progress.

Members of the community colleges do not have access to look over Eastern SOAR system to see how a student is doing, just as Eastern cannot access the community college's SMS.

"We're trying to ensure from the very start that they work with us and Eastern towards the major that they want at Eastern," said Bays. "It's a new program, so I'm sure they'll be some few things to iron out. We wanted to start with maybe 100 students and then see what develops from there."

According to Bays, approximately 68 percent of Spokane Falls Community

College students transfer to Eastern.

The system originated from concerns about the length of time it takes community college transfer students to finish their degrees at EWU, according to Interim Vice Provost of Undergraduate Affairs Student Success and Director of Institutional Research Colin Ormsby. He said many students took courses at the community colleges that did not help them when they transferred to EWU. Two information orientations were open to students who have applied to the Community Colleges of Spokane and indicated an interest to transfer to Eastern. There, students asked department heads and advisers questions regarding the upcoming system and what they would need to do in preparation.

According to Ormsby, students in this system will be advised by Eastern advisers and advisers from the community colleges of Spokane, as part of helping their transition into EWU.

"What we will do along with our community college partners is help them make the most of their course selection while at the community college in order to shorten their time here at Eastern," Ormsby said.

Jones said, "A lot of my friends who are transfer students have said they didn't know what to really do when it came time for them to get their paperwork together and they weren't introduced to our [EagleNet] system so they couldn't sign up for a lot of the classes they need. I think having that strong advising support really makes a difference and I'm sure this program can do just that."

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GUEST EDITORIAL

Interest rates on student loans could rise

By Sen. Patty Murray

GUEST COLUMNIST

Unless Congress acts, interest rates for many students—over 100,000 in Washington state, many at Eastern Washington University—will double in just 53 days.



Murray

On July 1, the law we passed in Congress that held rates on federally-subsidized Stafford loans to 3.4 percent will end, which would launch interest rates to 6.8 percent overnight. This would add \$1,000 to the costs of these loans. It would be one more strain for students and families already fighting to afford college and still struggling in this tough economy.

Since 1985, the cost of a college education has increased by 559 percent as states have cut back their support for higher education and as operating costs have increased.

Student loan debt has spiked, and for the first time in U.S. history, the national student debt burden has surpassed \$1 trillion, which is more than the total amount of credit card debt.

So the last thing our students need right now—the very last

thing—is for interest rates on this critical loan program to double.

That is why I have been working hard in the Senate to pass the Stop the Student Loan Interest Rate Hike Act of 2012. Unfortunately, Republicans filibustered this bill earlier this week, refusing to even allow debate on this important legislation. But I'm going to keep fighting to get this done for Washington state students.

This isn't just some abstract issue for me—it's personal. Pell grants and student loans were what allowed my six siblings and I to go to college after my dad got sick and had to leave his job. They are what made college affordable, and they are what allowed us to each pursue careers and give back to our communities.

Because our government was there to help us through a hard time, those seven kids grew up to be a firefighter, a lawyer, a computer programmer, a sports-writer, a homemaker, a junior high school teacher and a United States Senator. In my book, that was a good investment.

My family's story is far from unique. In fact, last week I criss-crossed Washington state, listening to student after student describe the real-life impact this rate hike would have on their livelihoods.

I heard from single mothers

who balance full class schedules with working full time and taking care of their children, and are worried about being able to build a future for their families while under a mountain of student loan debt. I heard from parents of high school juniors and seniors who are worried about how they will help their children afford increased interest rates on loans on top of already skyrocketing tuition. These parents and students believe Congress should work to make the path for students easier, not harder. And they are not alone.

This is so important because for millions of Americans, affordable college has been the ticket to the middle class. For millions of small business owners, finding local workers with the education and skills they need has been what's allowed them to expand and grow in our communities.

We can't allow that to slip away. We can't allow access to college to become unattainable for so many of our families.

We should be investing in our future and trying to get more high school students to continue their educations. We shouldn't be doubling the interest rates on a critical loan program students count on. That just doesn't make sense.

The Stop the Student Loan Interest Rate Hike Act we tried to pass in the Senate is a com-

mon-sense measure that would prevent a rate hike on more than 7.4 million college students and pay for it by closing a tax loophole that allows certain wealthy Americans to use a loophole to get around paying their fair share of taxes.

I will continue fighting to invest in America's future by stopping this student loan increase and helping middle class families afford to go to college.

But I need your help. Students like you in Washington state and across the country need to continue to make your voices heard. And whether it's in person or in letters, on Twitter or Facebook, I remain committed to bringing your stories to the floor of the U.S. Senate, over and over again until Republicans see that the students of Washington state won't take no for an answer.

Partisan politics should not stand in the way of students and an affordable education. If you'd like to share your thoughts on the student loan debate, and how an increase would impact you, please visit my website at www.murray.senate.gov or on Twitter @PattyMurray.

Patty Murray serves as U.S. Senator for the State of Washington. The Easterner does not necessarily endorse this candidate. Article appears courtesy of Patty Murray.

The Occupy Movement still kicking

Derek Brown

OPINION EDITOR

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Supposedly, the Occupy Movement is losing some of its steam.

However, over the winter, media outlets mercilessly repeated the same sentiment: Occupy Wall Street is losing momentum.

Media outlets, pundits, bloggers and random commentators kept asking, "Where did Occupy go?" Or, "Why isn't Occupy visible anymore?" For them, Occupy's lack of visibility meant only one thing: Occupy had lost all of its momentum. Oddly enough, the media in general, especially Fox News, kept reporting that the Occupy Movement had died completely.



Brown

Where it went, however, was underground.

There were many reasons for this: police, taking orders from people like Bloomberg, a billionaire, broke up camps, arrested thousands of people unconstitutionally, injured them, pepper-sprayed them and more.

Then there was the matter of Old Man Winter.

Almost fatefully, winter came and allowed the movement to simmer in the cold silence of the season, while it unsuspectingly gained a following of academics, students and average American citizens who were tech-savvy enough to follow the movement on alternative and independent media sources. So by the time spring came, it would be able to live up the hype of the "American Spring," which would, on March 21, become almost a pun.

But not really.

This is because it's actually happening. Corporate media is still confused as to whether or not it is a serious thing. Articles are still coming out that repeat the same tired conclusion: Occupy is losing steam. It's not. The success of May Day shows that it is still alive and thriving. Those protests, held nationwide, lead to the arrests of many people, with Seattle erupting into violence. People are now entering the second stage. The media now knows that it's back, even if they try to deny it.

"They have fewer people, and it's not a new story anymore that there were people protesting in the streets or sleeping in parks," said Neera Tanden, president of the Center for American Progress told the Ledger last month. "They need to think of new ways to garner attention and connect with people around the country."

What's great about a statement like this is that it shows that very few people really understand what's happening. The discourse has changed, and people are talking. They're aware, especially the youth of America. There doesn't have to be constant demonstration for there to be something happening.

In some places, like Spokane, the movement has lost steam. But many have fled to Seattle to take part in bigger and more significant demonstrations. Still, the Spokane area is host to many smaller demonstrations. This Saturday, the "Fat Cat" made an appearance at the Bank of America on North Division Street in Spokane. The "Fat Cat" is a parade-float-like inflatable cat in a high-priced suit, squeezing the life out of a construction worker. It represents the current state of America.

Occupy hasn't died. To quote Karen Carpenter, "It has only just begun."

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LETTERS TO THE EDITOR

OPINION EDITOR
Derek Brown
easterner.opinion@gmail.com

Requirements:

-Letters should be 300 words or less, and typed or hand-written legibly.
-Include your full name, signature, telephone number and email address for verification.

-We reserve the right not to publish letters; furthermore, all letters are subject to editing.
-Letters must be received no later than Monday at 10 a.m. in order to be considered for publication the following Wednesday.
-If your letter is in response to a specific article, please list the title and date of the article.

Letters to the editor

We are writing to provide correction to the front page article and editorial in the May 9th edition, "Extra fees deter graduates" and "Graduation fees keep us paying." Commencement is the signature event on campus each year and we strive to provide a highly affordable, memorable ceremony. Inaccuracies in cost could discourage students from participating in this recognition of their achievement.

All undergraduate graduation application fees are posted on the EWU website at <http://>

access.ewu.edu/Records-and-Registration/Graduation.xml and at <http://www.ewu.edu/Grad/Masters-and-Doctoral-Graduation-Information.xml> for graduate students.

There is no late graduation application fee for undergraduates. There is a \$12 late application fee for graduate students. The application fee applies for each degree, not each major. Thus a student earning more than one major of the same degree pays one fee, \$37.17. A student earning multiple

degrees, for example, both a BA and a BS, is charged for each degree, and that student receives two diplomas.

Student costs for graduation at EWU compare favorably to sister four-year universities in the state. At institutions where a separate graduation application and or commencement regalia fee is not charged directly to students participating in commencement, all students are charged a fee that covers commencement costs regardless of participation. This is the case at

North Idaho College, for example.

Commencement involves hundreds of university faculty and staff and months of planning. We apply student fees responsibly to cover commencement costs. We look forward to seeing all eligible graduates participate on June 16 to celebrate earning their degrees.

Sincerely,

Erin Morgan, Registrar
Larry Briggs, Associate Vice
President of Enrollment
Services

Through the Eagle's Eye

"How do you feel about a student loan freeze?"



"Well, I'm not a student who has to pay those back. But I know that Obama's trying to freeze student loans mostly to appease his constituents."

Coby Soss



"I think that it's great because, I mean, not all the kids get to go to school and they need a break. But if you give back for it, it's fine."

Amanda Tinajero



"What does this rate freeze do? It makes money more accessible. It creates more debt for jobs that aren't there. We need to reform education."

Kevin Yeodon



"Increasing student loans to try and reduce the national debt seems counter-productive because you'll have a less educated work force. It enforces stratification and reduces upward mobility."

Sean Bunch



"What if you get laid off? How you going to pay back your loans? You gotta keep the interest lowered. But if it's frozen, it'll stay the same as they are."

Juana Cervantes

Interviews by Derek Brown, photos by Aaron Malmoe



Photos by Evan Sykes

Left: Charlotte Heller celebrates after receiving an award at the Lavender Graduation. Above: Keynote speaker Retired Maj. Margaret Witt talks about her experience with "don't ask, don't tell" saying, "Americans are free to serve their country, no matter who they love."

Lavender: continued from front page

were nominated by the LGTBQ students. A total of 10 awards were given to individuals who have shown outstanding support to the Pride Center and LGTBQ students. Ally awards went to Nancy Bates, Alice Oxford, Heather McKenzie-WaitE, Tammy Walker, Terry Hall, Paul Rodkey, Shelly Wee and three Spokane city council members: Ben Stuckart, Jon Snyder and Amber Waldref.

After the ally awards were given out, Eagle Pride member Akilah Powell recited a poem about equality. Following Powell were three graduate speakers: Evelyn Beard of Lewis and Clark High School, Charlotte Heller of EWU and Danielle Carver of SFCC.

Witt shares her story of struggle and triumph with Eastern students

Last week, Eastern students had the opportunity to hear Margaret Witt speak about her landmark court battle against the U.S. Air Force that spanned half a decade. Witt gave an overview of how she was unlawfully discharged from her position in the Air Force and showed a video that highlighted her career. Witt's court battle is considered to be part of the basis for the repealing of

"don't ask, don't tell." Witt entered the Air Force in 1987 and worked her way to the rank of Major. In an effort to maintain her anonymity and safeguard her life's work, she lived over 200 miles away from the base where she was stationed with her partner. Witt also expressed how she never spoke about her sexual preference the entire time she was in the military. Seventeen years later, the

Air Force began its investigation into Witt's private life. During this time, Witt did not receive a salary and was denied all the benefits she had spent nearly twenty years trying to secure. Witt stood firm in her beliefs and fought for her rights and the rights of her fellow brothers and sisters who identified themselves as homosexuals. She filed her defense with the U.S. District Court

of Western Washington that stated "don't ask; don't tell" ran contrary to her due process rights and the Equal Protection Clause. On September 24, 2010, the presiding judge ruled Witt's constitutional rights had been maliciously violated and she was reinstated to the Air Force. Witt was fully restored to her position in the Air Force and will retain full benefits through her retirement.

Ultimately, Witt's battle led to the dismantling of the policy and now, Witt said, "Americans are free to serve their country, no matter who they love." After Witt's speech, it was time to recognize the graduates. There were a total of 18 graduates. As each graduate received their certificate, a short story about their accomplishments was read out loud. Morgan Howard, a graduating student, said the Lavender Graduation has taught her a lot about the community she has been in for the past five years.

Introducing the keynote speaker was Nathan Lewis, a student at EWU and current member of the U.S. Army. After a year of training, Lewis deployed to Iraq

where he was promoted in less than two years. Shortly after his promotion, Lewis was discharged in October of 2007 under the "don't ask, don't tell" policy. "I never thought I would

be able to serve in the military again," Lewis said. "Until seven months ago, when I officially re-enlisted on November 1." Lewis was chosen to introduce the keynote speaker be-

cause of their similar stories. Margaret Witt, who was also discharged from the military under the "don't ask, don't tell" policy, made history when she fought the government in a five-year court battle and won.

"There are people who accept everyone," Howard said. Witt concluded her speech, "Make it happen, never give up. Live with courage, pride and honor." *Additional reporting by Gavin Lee*

Office of Student Involvement adviser brings a fresh set of eyes to Eastern's Greek Week

By Desiree Hood
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Samantha Armstrong, the new adviser for leadership education in the Office of Student Involvement and Leadership, came to Eastern because the student dynamics could challenge her as a leader. From leadership training to formal recruitment periods, Armstrong is suggesting changes across the fraternity and sorority community. Armstrong has also helped restructure "Greek Week," increase the enforcement of policies and procedures and increase the focus on each

fraternity or sorority's philanthropy or charity work. Armstrong spent four years at WSU as the assistant director for fraternity and sorority life and another year as a full-time graduate student before coming to EWU. "I think it's important as an educator to really expand and challenge yourself and I was looking for a new challenge," Armstrong said. According to the Office of Student Involvement and Leadership, the fraternity and sorority community has over 550 members spread out over four different areas: African-American fraternities and sororities, Latino/Latina fraternities and sororities, and

Panhellenic sororities and the Inter-Fraternity Council, which are considered part of Greek Row. "There are different levels of engagement among those students. We try as much as possible to have our student leaders push back on changes or engage in how they want to see the changes happen," Armstrong said. "But there is going to be different perspectives among students. ... Do they feel like they have been heard? And sometimes, they're heard and it doesn't go their way and they assume it's because they haven't been heard." **ARMSTRONG-PAGE 7**

EWU Community Food Drive prepares for season of giving

By Desiree Hood
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EWU's Community Food Drive is kicking off their summer of competitions with a bake sale at the PUB on May 24, from 10 a.m. to 2 p.m. "Everyone has to save room for a dessert that day," Nadine Arévalo, the wife of EWU President Rodolfo Arévalo and co-chair to the food drive, said. The EWU Community Food Drive started six years ago in Sutton Hall. Wanting to extend the drive outside of Sutton, the committee asked Arévalo to co-chair in 2008. With the help of the faculty and employees on campus,

that was the first campus-wide food drive. They collected two tons of food and over \$3,500 in 2008. Last year, the food drive collected three tons of food and \$14,000. In the last four years, they have donated over \$38,800 to various charities, including the Cheney Food Bank, Second Harvest Food Bank, Cheney Outreach and Community in Schools for their "Backpacks for Kids" program. "We keep thinking it's going to go down and we have increased every year," Arévalo said. "We do more than just food for our food drive." The Community in Schools program "Backpacks for Kids" gives middle school

students one bag of food every Friday for the school year. The students who qualify for this program are often on free or reduced lunch programs. According to Arévalo, some of the students get their best meals at school and this program helps them have food at home. "I was told that some of the children would get on the bus to go home and they would start eating their food because they didn't know once they got home if they would still have it," Arévalo said. The cost to give a student a backpack full of food for one year is \$162. **FOOD DRIVE-PAGE 7**

Diversity Week 2012

Monday, May 21:

Diverse Desserts
Location: PUB
Time: 11:30 a.m.

Office of Global Initiatives Open House
Location: Hargreaves 103
Time: 12-2 p.m.

Opening Event featuring Dr. Arévalo and keynote speaker, Dr. Reyes
Location: Showalter 109
Time: 2-3 p.m.

Diversity Contest: Five Minutes on Disabilities*
Location: PUB MPR
Time: 4-5:30 p.m.

Movie Nite: *Crash*
Location: Showalter 109
Time: 6-8 p.m.

Diversity Lessons: Religion and Race

Diversity Lessons: International Cultures and American World Perspectives
Location: Hargreaves 103
Time: 2-3:30 p.m.

Diversity Contest: *Jeopardy!***
Location: PUB MPR
Time: 4-5:30 p.m.

Open Mic Nite
Location: Showalter 109
Time: 6-8 p.m.

Wednesday, May 23:

Diversity Lessons: Socio-Economic and Age/Ageism
Location: Hargreaves 103
Time: 9-10:30 a.m.

Diversity Lessons: International Cultures and American World Perspectives

Diversity Contest: *Jeopardy!***
Location: PUB MPR
Time: 4-5:30 p.m.

Open Mic Nite
Location: Showalter 109
Time: 6-8 p.m.

Thursday, May 24:

Diversity Festival
Location: Campus Mall
Time: 12-3 p.m.

*First prize is \$300.
**Contestants have the chance to win a Kindle Fire.

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Photos by Mikayla Napier

Above: Sharron A. Davis performs as Elizabeth, the Givings' wet nurse.

Right: Chailee Friant performs as Mrs. Givings, a woman whose inability to breastfeed her daughter is causing a strain in her marriage.

Left: In this scene, Friant talks about an exciting and mysterious new invention — electricity.



Shocks and sly humor stimulate receptive audience

By Nicole Livingston

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Lights dim and piano music plays, followed by the sound of a lamp chain being pulled. Silhouetted against the stained glass lamp is Mrs. Givings, played by Chailee Friant. In her arms, she cradles a small bundle of blankets — presumably a baby — and she begins speaking of the wonders and horrors of the new fan-dangled invention of electricity.

From the opening scene of "In the Next Room, or the vibrator play" to the final snow-covered ending, audience members were riveted.

The play takes place outside of New York City during the Victorian period. Dr. Givings and Mrs. Givings, a well-to-do couple, appear as normal as can be.

However, their marriage is stressed due to a lack of romance and Mrs. Givings's inability to breastfeed their daughter, Latisha.

When a young Mr. Daldry brings his wife in to see if Dr. Givings can treat her "hysteria," the couples find themselves, and a few extra characters, entwined in one another's lives in ways they never dreamed of.

These characters are forced to learn what love really means and how romance is connected with it. In addition, some unex-

pected interpersonal developments take place.

The audience laughed at the characters' wonder at electricity and the subtle hints at sex and poor sexual performance.

Nicole Stearman, a sophomore, said she was not sure what to expect from the play.

"I didn't expect it to be ... hilarious," she said.

She said her favorite part was when Mrs. Daldry was being treated with a vibrator and cried out an unexpected name.

D'yetta Brank, a freshman, said she had heard that it was a play about people getting cured with vibrators and was unsure what that meant or what

was wrong with them to begin with.

"I think I like that it took risks. It didn't play it safe with the scenes; you actually felt like you were there experiencing it. It was really real and you felt like you were in the moment."

Sara Goff, the director, was nearly speechless when she was asked about her feelings about opening night.

"I feel ... a sense of relief, but a deep sense of joy that we got to share this beautiful story with such a receptive audience," she said.

Paden Vance, a junior, had read the play from cover to cover and picked up new things when he saw the play that he did not catch.

"There were a lot of moments of humor that I never got from just reading it," he said.

Chris Hansen, a freshman, said he expected it to be funny, but was surprised at how deep some of the subject matter was.

"The seriousness behind it was actually pretty heavy," he said.

Chelsey Miles played the part of Dr. Givings's assistant, Annie, and said she felt accomplished. Her favorite part was the audience's reactions.

"Just standing backstage and just hearing how much they enjoyed it. ... It just clicked for everybody, I think. It was great."

Michael Elledge, the ac-

tor who played Dr. Givings, said he felt a sense of accomplishment as well.

"I did something that was actually really good and probably really hard for most people to do ... especially in this type of play with a lot of the material and stuff like that," he said.

"In the Next Room, or the vibrator play" will have three more showings: May 17 at 5 p.m. and May 18 and 19 at 7:30 p.m. Students get in free with their student IDs and general admission is \$10.

MEChA works with community to fight for freedom, equality for all

By Davis Hill

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On the third floor of the PUB is the office for Movimiento Estudiantil Chicano de Aztlán. Decorated with colorful fliers and posters of leaders such as Che Guavara, it bustles with activity.

Students are constantly coming and going and conversations are struck up at nearby tables; something is always being planned.

The club has a long history. MEChA is the result of Mexican-American student activism during the late 1960s, according to Jackie Vaghun, co-chair of MEChA.

The Chicano movement came on the heels of the African-American freedom movement, work-

ers' strikes in California and other revolts during that time.

The student activist groups collaborated to create a draft for promoting higher education called "El Plan de Santa Barbara."

This plan, Vaghun explained, is the basis for MEChA and was a major step in creating Chicano studies courses at regional universities.

Vaghun also mentioned that a large part of the movement was the reclaiming of the word Chicano.

"Chicanismo ... is no longer just Mexican-American," she said. "It has morphed into a philosophy and way of life ... politically and culturally aware, and promoting self determination and higher education."

MEChA Co-Chair Francisco Navarro agreed.

"MEChA has individuals from many different backgrounds and cultures," said Navarro.

He added that students from all backgrounds are welcome.

"We are not exclusive," said Vaghun. "If you want to help out and be part of the struggle, then you can consider yourself Chicano."

"We are a very proactive organization," said Navarro. "We check all of the issues in our communities; ... we try to give a very well-rounded ... perspective on these issues."

One of the club's recent activities was participating in a Yakima protest for International Workers' Day, celebrated internationally on May 1.

Over 500 people attended the march, including members of MEChA, Occupy Wall Street and other protest movements.

"The point was to reinstate the importance of supporting our families and creating unification within all society in the United States, and to stop discrimination [in general]," said Navarro. "We make sure that our presence is known."

When asked whether it was difficult to balance student life with the demands of MEChA, Navarro grinned.

"Being in MEChA is my life right now. I'm a student, but I'm a MEChista. ... It fuses together," he said. "It's great to be with people who think the same way you do and are so passionate about doing this."

"It definitely is a lot, but you love doing it," said Vaghun. "We do ask a lot, but you get so much in return. Just knowing how many lives we're impacting and

helping, that makes it all worth it."

Navarro ended with a message for students.

"When you are a MEChista, you have this ideal of equality with every single human being, peacefully respecting all cultures and heritages," he said.

"If [you] want to make a difference in the world, if [you] want to make a difference in our communities, please feel free to stop by our office."

To learn more about MEChA, visit them in PUB 315, email mecha@eagles.ewu.edu, or visit them at <http://www.facebook.com/ewu.mecha>.

Honors students to recall time in China

Office of Global Initiatives employees hope more students will study abroad in the future

By Katie Simpson

STAFF WRITER
kmsimpson@eagles.ewu.edu

For most Eastern students, a break from school does not involve traveling halfway around the world for ten days.

But this year, a group of Honors Program students and faculty packed their bags and headed out for Eastern's first study abroad program in China.

Dr. Christopher Kirby, an expert in comparative philosophy, was one of the faculty members who attended the trip.

"I hope to spend some time there whenever I have

an opportunity for a sabbatical," he said of returning to China.

Olga Baron of the Office of Global Initiatives has helped to plan the Honors Program trip since March 2011. She encouraged more Eastern students to study in China.

"It's a fascinating country that is developing in front of our eyes with rich history and traditions," said Baron.

For Christina Stucki, a freshman and first year Honors Program student at EWU, seeing the Great Wall of China for the first time was her favorite part of the trip.

"We all just stood there and stared for a moment, like it finally hit us that we were re-

ally there," she said about the group as they stepped off the bus to see the world wonder.

She described walking down the street market in Suzhou, China, as another favorite memory.

"There were tons of lanterns everywhere," she said. "When it started to get dark, all of them lit up and it was so beautiful. I'd never seen anything like it."

Stucki said she could see herself visiting the country again, but not for a long period of time due to the poor air quality.

If first year student Shawna Warehime visits China again, she said her first stop will be Hangzhou and the tea gardens.

"It was absolutely beautiful. ... I would love to spend more time in the gardens around that area."

Olga Baron will be opening introductions and facilitating the discussion during the Honors Program presentation.

"Traveling with Eastern students was one of the most rewarding professional experiences for me," said Baron.

The May 17 presentation will be hosted by the Honors Program and the Office of Global Initiatives.

Held in the Honors Lounge, Hargreaves Hall room 215 at 2 p.m. EWU faculty, students, and staff are invited to meet the participants of the program and hear their stories.

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Asia University students shed shyness

By **Rei Inoue**

CONTRIBUTING WRITER
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Shyness and timidity were not allowed at AUAP night, held by Japanese students from the Asian University, May 9.

The show thrilled its audience with energetic performances that erased the image of the “shy Japanese.”

AUAP night let the students unharness their spark and energies in a way that is rarely seen in their daily lives where they struggle to express their thoughts and feelings in English.

The event kicked off with their promotional movie in which each student gave their five-second introduction: A ninja-looking guy gave a fierce glance to the audience as he crept along a wall to ninja music; a guitarist swung around his red guitar and collapsed on green grass; a third guy came sliding down a hill riding a cardboard box marked “BMW.”

Following the movie, the students showed their talents in various kinds of entertainments.

Matt Olsen, an international peer adviser majoring in journalism, sang a song of AKB48, a girl band that has achieved enormous popularity in Japan.

“Everybody, stand up!” one of the students shouted to get the audience to participate in a hip-hop dance. The audience gathered around the stage and joined the AUAP cast in shouting in Japanese “Kakkoi” and “Sugoi”—which mean “cool” and “awesome.”

“Everything is original,” said Megan Hopp, an adviser majoring in studio art.



Photo courtesy Shogo Harada

Members of the Asia University America Program organized the event that drew everything from musicians to ballet dancers.

She expected the event was going to be just original Japanese band music. However, there was ballet, dancing and many other sorts of entertainments.

According to Michael Reid, student service coordinator, there was no single leader setting up this event.

“I just reserved the auditorium and organized rehearsal,” said Reid.

He let students determine what to perform, how long they were going to play,

how to advertise and when to practice. As a result, he said, the students became more independent and more cooperative in their passion to get across their thoughts through entertainment.

The Asia University America Program is an innovative study-abroad program for freshmen and sophomores of Asia University in Tokyo. They come to Eastern Washington University for five months to learn English, American culture, global issues, strategies

for taking the TOEIC test back in Japan and career exploration, which includes Japanese-teaching volunteer work at elementary schools.

Keisuke Otsuka, a student of the program, said, “I feel anxious of my future when I seriously imagine my life after graduation.”

Otsuka said that the biggest reason why he decided to come to EWU is to invigorate his life by exploring a new country and learning English, which can help re-

cruits get a job in a globalized society.

Some Japanese universities have a less highly-structured education system than American universities.

The curriculum is usually fragmented into courses that meet for 90 minutes once a week for 15 weeks, and students usually take 12 to 20 courses per semester.

This means students who take just one class must commute a few hours by public transportation.

They tend to think it is nonsense to attend classes in which a professor just teaches what she comes up with at that moment and does not apply any well-planned syllabus.

Otsuka spoke highly of well-organized study at EWU.

He said students here “study hard and play hard,” as Americans put it and people concentrate on study and family even better than Japanese students.

Shun Yamamoto, a master of the ceremonies for the show, thought of Asia University America Program night as a milestone of their studying at EWU since they could achieve real communication with the audience. “I was glad to have this event. ... We were all together.”

Reid finds mental achievement in the American program students after their time living here. “They seem to have more confidence because they have to deal with not only good things, but also bad ones all by their own, being away from their parents for five months. Some of them got a wider world view,” he added. Living in an unfamiliar circumstance gives the international students lessons to be less selfish, and also happiness to become a help to their society.

It was a big challenge for the Asia University America Program students to express themselves in the variety show since they are still having difficulty speaking English. However, “Everybody is a human being” as Michael Reid puts it. AUAP students have been trying to achieve a mutual understanding with people here by overcoming their shyness and by being more individual.



Photo by Dylan Paulus

As the leadership education adviser, Samantha Armstrong hopes to restructure Greek Week.

Armstrong:

continued from page 5

Abbie Poirier, a student intern in the Office of Student Involvement and Leadership and a counseling and psychology major, said, “I think the students that are upset about decisions being made are ones that are not willing to be flexible and compromise. You have to compromise from both ends, you can’t just have it your way. And those chapters want it a certain way, and they haven’t learned they need to compromise as well.”

Armstrong feels that communication is a key factor in making any changes, and she states her door is always open. “Even if you do the best communication job ever, ... chances are you are not going to please everyone or have everyone be 100 percent onboard,” she said.

“I would rather have a student upset and in my office trying to convince me that I am different than upset and not saying anything to me or not coming here. The reality

is we have no opportunities to change each other’s minds if we never meet,” Armstrong said.

New leadership often means changes to the current system and Armstrong is no different. Armstrong knows that change is hard, regardless of age or organization, but that does not mean that changes should not happen. They are just hard.

“I think that Eastern has some really good bones within its fraternity and sorority community and students and organizations that are just doing some amazing things,” said Armstrong. “Most of the changes and or improvements that I am trying to help the students make, they really need to take charge of. I can kind of suggest things and say, ‘This is where I am going to invest some of the money and time,’ but ultimately, they are kind of responsible for taking it to the next level.”

Traditions run deep in the fraternity and sorority community, and Armstrong knows that traditions are hard to break.

“Any programmatic changes, ... any policy changes that might be more at the university end really are about centering the community on being values-based organizations and living the values of leadership, sisterhood, brotherhood, academic success and service and philanthropy,” Armstrong said.

According to the Office of Student Involvement and Leadership, being part of the fraternity and sorority community leads to a good support system and leadership opportunities.

“I think there are a lot of perceptions, good or bad, deserved or undeserved out there about fraternities and sororities and it’s kind of trying to paint the full picture of what it means. Fraternities and sororities are not necessarily for everyone,” Armstrong said.

Poirier said, “It’s not necessarily an easy path, I don’t think, but it’s like a family where you have ups and downs. But if you are committed, they will be committed to you.”

Food drive:

continued from page 5

The EWU Food Drive has participated in donating to this program for two years and sponsored 18 students in 2010 and 28 students last year.

Each year, the EWU faculty and staff come together for the friendly competition. The teams can have up to 30 members, and this year there are eight teams competing. The teams solicit at local grocery stores to collect food and hold other fundraisers throughout the spring and summer to achieve the highest donation.

The team that donates the most food and money wins a traveling trophy that is passed on from the previous winners and other various prizes. This year, it is a 25 percent discount card for the University Bookstore.

“It is so much fun. Some people have a phobia of [so-

liciting food] and some team members don’t do it, but I love it,” Arévalo said of past years.

“One year, we bought roses ... and told the women that if they give a donation, they could get a long stem rose,” Arévalo said. “It’s a blast. If nobody’s ever done it, it is so much fun because we have so many people come up and say, ‘I want to thank you for doing this.’”

John Matthews, director of the Cheney Food Bank for the past 15 years, expresses gratitude for the EWU Community Food Drive.

“It’s the largest food drive we get every year. In addition to the food that is collected, the money that is collected goes even further,” Matthews said. “It allows us to fill in the voids from the food drive because you can’t always count on what you are getting.”

The Cheney Food Bank serves Cheney, Four Lakes, Wash., Tyler, Wash., and Marshall, Wash. Just over 400 families are currently enrolled in the program,

which gives out 105,000 pounds of food a year. Items the Cheney Food Bank currently need are money, applesauce, soup and tuna fish.

Upcoming events for the EWU Community Food Drive include a garage sale at the EWU Surplus Sales store, where students can donate items they do not want or do not want to take home with them for summer break. According to Arévalo, the items that get left usually get thrown out.

“Some of the items just get thrown in the dumpster, so unless they actually donate it, we can’t sell it,” Arévalo said.

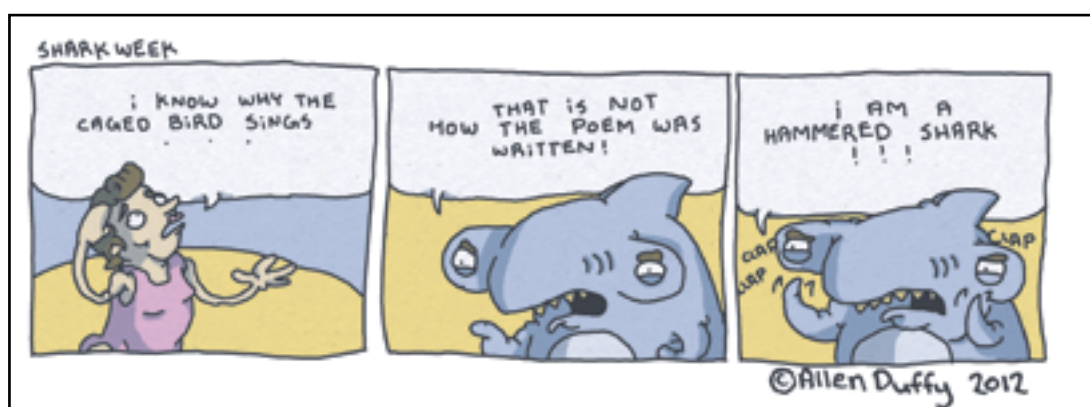
With all the combined efforts of the bake sale in May, the garage sale in June and soliciting for food in July, the teams rally for one more outing to supply students with backpacks of school supplies.

The EWU Community Food Drive impacts more than just the Eastern community. “The Eastern Food Drive is so important to us,” Matthews said.

Thank you to the 1276 EWU students who participated in the 2012 National College Health Assessment! Your information will give us valuable insight into the health behaviors of Eastern students.

We wish we could give you ALL a special prize. The winners for the Kindle Fire and EWU Bookstore gift cards have been notified by email, and MUST present their student IDs to the fine folks at Health & Wellness URC 201 to receive their prizes. Any item not claimed by Tuesday, May 29th will be put back in the raffle.

Thanks to the EWU community for your support of this project – you are ALL winners to us!



The who's who of the Alumni awards

Photos courtesy of EWU Marketing & Communications



Lance Kissler

Inspirational Young Alumnus



Brig. Gen.
Gary Volesky

Exceptional Military Service



Gordon Budke

Lifetime Achievement



Dr. Travis Denton

Distinguished Faculty



Tom Johnson,
representing STCU

Organization of Excellence



Libby Hein

Alumnus of Service

Alumni:

continued from page 3

Before Volesky took the stage, a short video clip put together by BBC News highlighted points in his military career and congratulated him for earning the award.

The second alumni to receive a standing ovation was Gordon Budke, class of 1963, who was given the Lifetime Achievement Award. Budke is on the board of directors for the EWU Foundation and President of Budke Consulting.

At the conclusion of the event, Mow said that the evening had gone better than she expected. "This was the first year we have had an event specifically for the awards, so that was a challenge. ... It's always a team effort," said Mow. "I would love to grow this event and there are other areas we want to take time to recognize. It's been an honor to meet the winners and to see what they have accomplished."

Lance Kissler, recipient of the Inspirational Young Alumnus Award, said, "I think this was amazing. ... They did an excellent job." He added that the idea of becoming a role model is beginning to sink in and said, "I have a lot to live up to with the people who were recognized tonight."

Kissler, a 2012 graduate with a master's degree in communications, said that he intends to go back to school for his doctorate and that he could see himself eventually becoming a professor. He is currently the new media and marketing officer at STCU.

Survey:

continued from page 2

In addition, she said the survey showed that "Eastern students think that only 2.3 percent [of students] have never used alcohol ... and think that 18 percent of students, of their peers, are using alcohol every day when in reality, it is 1.1 percent who use daily."

While Health, Wellness and

Prevention Services offers a large variety of educational resources that address alcohol and drug use, less than 100 students per year seek out these resources without being made to go, according to Pingree.

Pingree said that a majority of the students she sees are there because they have been formally sanctioned to receive counseling, often because they were caught drinking under the age of 21.

"In an ideal world, students would be coming to these classes and would be getting this information all on their own, so I don't have to see them later because they were made to come," said Pingree.

"Interestingly enough, when I talk to these students they tell me that every student should have this information. ... It's difficult for us to make it known that you don't have to be in trouble to get this information."

After hours:

continued from page 2

"That should be really importantly understood. Networking is not about asking for jobs," Hinch said.

Junior Amber Lynn said, "I always wondered about social situations like this where there's alcohol involved. I think the best thing to do in situations like these would be to avoid the alcohol and ask lots of questions, especially when you're

trying to create relationships with your employers."

Students are encouraged to ask employers how they got into their fields, what they recommend for students to do interested in the same fields and if they can recommend someone students can talk to regarding their interested fields.

"Krista Benson tells students this and I think it's a great quote: 'Be interested and be interesting,'" said Hinch. "It's important to be engaged in what the employers are saying."

Classifieds

News Editor 2012-13

The news editor must keep up with campus news and events, including the student government, board of trustees and faculty senate meetings and local news from Cheney and Spokane. Using this ongoing information, this editor must develop news stories and assignments to delegate to writers, photographers and graphics personnel each week. Once this content has been compiled, the news editor reviews and edits stories, assisting writers with article development.

Mondays and Tuesdays, the news editor is responsible for laying out up to three news pages and handling any late breaking stories with coverage or delegation.

The news editor needs to make himself or herself available as a useful resource to each of their writers as well as photographers, graphics personnel, copy editors and contributing writers.

Apply via EagleAxis or email easterner.editor@gmail.com for an application until May 17, 2012.

Eagle Life Editor 2012-13

The Eagle Life editor must keep up with campus news and events, including fun events, students and club profiles. Using this ongoing information, this editor must develop stories and assignments to delegate to writers, photographers and graphics personnel each week. Once this content has been compiled, the Eagle Life editor reviews and edits stories, assisting writers with article development.

Mondays and Tuesdays, the Eagle Life editor is responsible for laying out up to three news pages and handling any late breaking stories with coverage or delegation.

The Eagle Life editor needs to make himself or herself available as a useful resource to each of their writers as well as photographers, graphics personnel, copy editors and contributing writers.

Apply via EagleAxis or email easterner.editor@gmail.com for an application until May 17, 2012.

Sports Editor 2012-13

The sports editor must keep up with campus news and events, including games, athletes, club profiles and developing news. Using this ongoing information, this editor must develop stories and assignments to delegate to writers, photographers and graphics personnel each week. Once this content has been compiled, the editor reviews and edits stories, assisting writers with article development.

Mondays and Tuesdays, the sports editor is responsible for laying out up to three news pages and handling any late breaking stories with coverage or delegation.

The sports editor needs to make himself or herself available as a useful resource to each of their writers as well as photographers, graphics personnel, copy editors and contributing writers.

Apply via EagleAxis or email easterner.editor@gmail.com for an application until May 17, 2012.

Opinion Editor for The Easterner 2012-13

The opinion editor is in charge of the editorial board, which includes the opinion page and its editorial. He or she meets once per week with the other section editors and considers all relevant news topics from the week and decides on which one ultimately needs the most attention. This includes controversial topics and positions. He or she must possess critical thinking skills in order to make the fairest judgment possible, and must be able to bring together the ideas and positions of every other section editor.

This position includes compiling ideas weekly for editorials, opinion articles, and assigning stories to writers. In many instances, the opinion editor will write the editorial himself or herself and contribute opinion columns if so desired.

Mondays and Tuesdays, the opinion editor is responsible for laying out up to two news pages.

Apply via EagleAxis or email easterner.editor@gmail.com for an application until May 17, 2012.

Chief Copy Editor 2012-13

The chief copy editor is responsible for managing a team of copy editors through the stages of newspaper editing. The position requires a strong proficiency in English grammar and spelling as well as a thorough knowledge of Associated Press style. The chief copy editor must be able to work with section editors on story angles and writers on improving style. The chief copy editor must also be capable of facilitating communication between the writer and the copy staff, settling disputes in an amicable fashion as they arise.

The chief copy editor must also make herself or himself available on production nights, assisting the editor-in-chief with the final version of stories and layout.

Apply via EagleAxis or email easterner.editor@gmail.com for an application until May 17, 2012.

Multimedia Editor 2012-13

The multimedia editor is responsible for video supplements to print stories as well as online exclusives. The position requires at least one high quality 2-3 minute video per week, plus the management of videographers. The multimedia editor is responsible for producing video stories from the conceptualization through shooting, editing and posting to the web. Desirable skills include the ability to come up with stories, to work well with others, and to have experience with digital video cameras and Final Cut Pro editing software.

The multimedia editor should also have a clear understanding of news values and ethics in journalism.

Apply via EagleAxis or email easterner.editor@gmail.com for an application until May 17, 2012.

Want to place a classified ad?

The Easterner now has a classifieds section. Contact The Easterner's advertising department at 509-359-7010 or advertising@theeasterner.info for rates and more information.

Graphics Editor 2012-13

The graphics editor must participate with section editors, selecting stories for graphics and discovering ways to make stories more interactive with the readers through alternative story formats. The graphics editor may work with the advertising manager to develop ads for the print and web.

Apply via EagleAxis or email easterner.editor@gmail.com for an application until May 17, 2012.

Photo editor 2012-13

The photo editor must participate with section editors, selecting stories for photographers to shoot and giving guidance and help to those photographers as needed. The photo editor may pick up photo assignments each week as needed. This position requires an understanding of Photoshop, lighting and composition. The photo editor must also select photos from those taken and edit them for print and web production.

Apply via EagleAxis or email easterner.editor@gmail.com for an application until May 17, 2012.

Staff writer:

Writing for The Easterner is an opportunity to practice many skills and techniques learned in journalism and other classes.

Students who have taken Journalism 100 or newswriting preferred.

Writers must:

- seek campus-pegged stories, and submit two ideas per week to supervising editor
- write two articles a week in Associated Press Style, min. 600 words
- think critically and be comfortable with researching and interviewing
- collaborate with section editors and copy desk to edit articles for grammar, content and style

Please submit no more than three writing samples and résumé to easterner.editor@gmail.com. This position closes May 31.

Copy Editor 2012-13

The copy editors must edit writers' stories for Associated Press Style, grammar and legal issues.

Copy editors must be willing to suggest edits to writers in a helpful, non-threatening way.

Copy editors hours vary, but do not exceed 10 hours per week.

Please submit your résumé and no more than three writing samples to easterner.editor@gmail.com. This position closes May 31.

Photographer 2012-13

Photographers must partner with staff writers to cover news, features and sports in an unslanted, unbiased way.

Photographers are asked to cover three events per week within 7.5 hours.

Students who have taken photojournalism or digital photography preferred. Please submit your résumé and portfolio to easterner.editor@gmail.com. This position closes May 31.

Cartoonist and Illustrator 2012-13

Artists will be needed to work on a rotating basis to either produce comic strips, illustrations or editorial cartoons.

These illustrators must be able to communicate effectively with editors and staff and be familiar with basic design principles.

Please submit your portfolio and cover letter to easterner.editor@gmail.com. This position closes May 31.

Depressors pressed for bridge contest

By Kristie Hsin
and Al Stover

FOR THE EASTERNER
easterner.news@gmail.com

The sound of wood splitting could be heard from the lower floor of the CEB as students came together for the Bridge Bash competition.

Hosted by Tech Club, May 11, the eighth annual competition several competitors who were all required to build a bridge model out of tongue depressors and glue.

In contrast to this year's competition, previous years hosted 15 participants on average, according to club adviser and mechanical engineer professor Jason Durfee. The individual competition took place May 11 in the Computer Engineering Building. Each participant was given a bridge bash kit, provided by Tech Club. The competition was not limited to engineering and design students.

"It utilizes some of the skills they learn in their engineering classes and then it's just kind of fun," said Durfee. "The students get excited about them. They're willing to put in the time and work it takes to make a good design."

Participants were limited to 40 tongue depressors and yellow wood glue. Any use of superglue, fiberglass, resins, epoxy and screws would have disqualified the participant. The use of wire, plastic, brads and tape would also result in disqualification.

"Every piece of wood in there needs to be doing something. You don't want to put in anything you don't need," Durfee said.

According to Durfee, rules and guidelines have been altered over the years because the students were getting smarter with their model designs, making them better and lighter. Students were previously allowed up to 50 tongue depressors.

Guidelines for the bridge stated that the bridge could not exceed 175 grams in weight and no more than 50 percent lamination per tongue depressor was allowed. Bridge models could not exceed 13.5 inches in length and eight inches in height.

With each bridge model was a uniformed platform, or deck, with a minimum of three inches wide. As part of testing the bridge models, Hot Wheels toy cars were

used to test the stability and load bearing capabilities.

According to Bryan Woodbury, the altered rules have not really changed how students build their bridges.

"We always see a variety of designs and nothing particularly new this year," Woodbury said.

Bridge models were inspected Durfee and Woodbury, and tested with a tensile tester. A tensile tester is a piece of equipment engineers use for material testing. According to Woodbury, the tester has a load sensor that gives an electrical input to the computer that can calculate the load on the bridge.

According to Durfee, in order to test the model's strength, they pull on it until it breaks and analyze the way the material behaves. In addition, Durfee also turns it around and uses the tensile tester to crush materials. The tool has an accurate digital force measurement as part of the equipment.

"The competition's graded on efficiency," said Durfee. "So we take the total weight that the bridge held when we crush it, but then we divide that by the weight of the bridge itself. So if you can

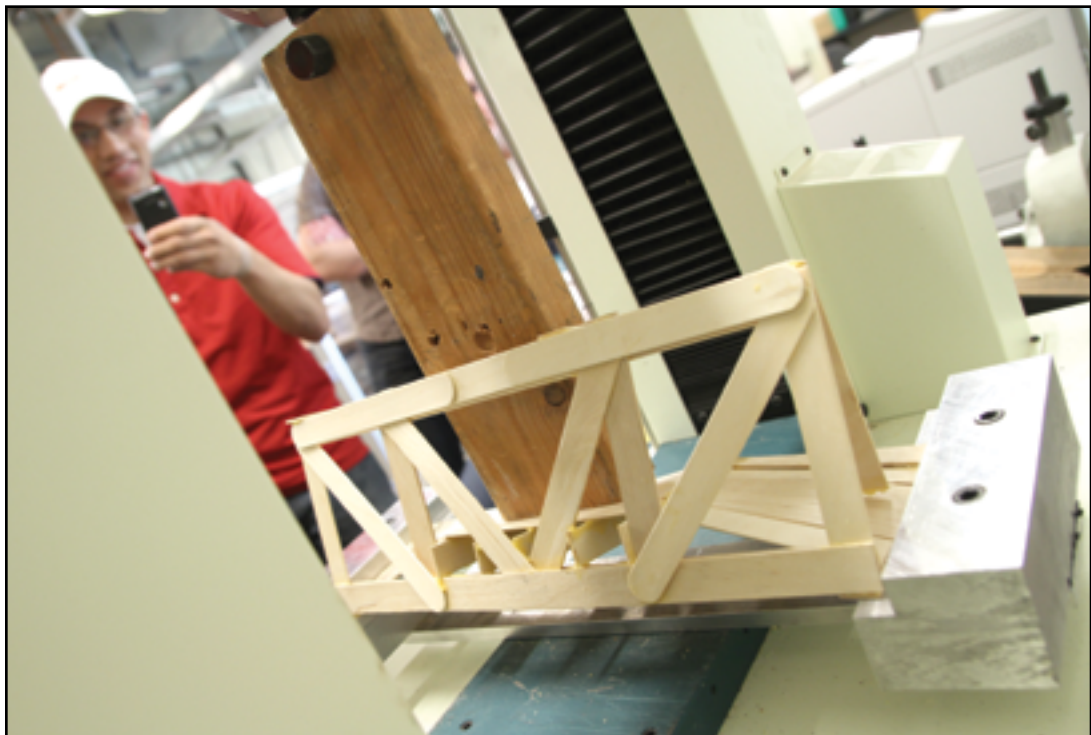


Photo by Aaron Malmoe

Students test the strength of bridges built out of tongue depressors.

make a very light bridge—so that you're bridge is a better design and it's more efficient—you can win."

Ben Judd's bridge withstood a weight of 459 pounds. He had competed in the Bridge Bash in 2011. For this year's competition, he went with a new design where he compensated for some of the

weaknesses in his previous design, such as the the disintegration of his bridge after one of the joints failed.

"The focus this year was to really enhance the main pivot points," Judd said. "Also through the bending moment diagram, through the strength material diagrams that we've had, I have

wanted to reinforce the weak beams."

Durfee said, "Last year, the bridge that held the most weight took second place because there was another bridge that held a little less weight than the other one, but it was a much more lighter, much more efficient design."

Commons:

continued from page 3

According to Palomino, the students visited Amazon.com headquarters because the design and furniture was a similar kind that was being considered for Eastern's learning commons.

"The design ... [and] the furniture was kind of along the same lines as a learning commons as far as being a comfortable environment," Palomino said. "It allows workers to collaborate with each other, but not in a very intense way with people telling you what to do."

Ultimately, Palomino said that the visit to Amazon.com headquarters was not as beneficial as UW or Seattle University because it was not

an academic environment.

According to Ormsby, vibrant colors and whiteboards stood out at the UW Research Commons.

"I liked that there was color all around," Ormsby said. "There was usually one wall in an area that was colored and the rest were bright white. We liked that it was only one wall ... that had that bright burst of color and the whitewash around it."

Ormsby said that the colors made the research commons feel more open and less formal, while they were not so obnoxious that they were painful to look at.

In the lower level of JFK Library, there are stations that allow a computer screen to be projected in a larger image on the wall.

According to Myers, students cannot use their own laptops for the workstations at JFK Library to project a larger image on the wall.

Myers said that the students' ability to project work from their laptops at the UW learning commons is something she would like to see at the EWU learning commons.

"You could write on the [whiteboard] walls," Myers said. "That was awesome in the sense that [there are] white walls, but they are useful, ... then you have the colored walls to lighten the mood and make it more inviting."

"Being able to take your own technology and ... check out a whiteboard marker, and start writing everywhere ... [is something] I want to see," Myers said.

Fullbright:

continued from page 3

Hess said Fulbright looks for applicants who would be good ambassadors of the United States, and Axton agreed.

"Cultural exchange is a big piece of what it is they want to see in your application," she said.

Axton added, "It's not the kind of application you want to start a week before it's due, and think that you'll be able to put together

a competitive application."

Hess advises applicants to build relationships with their professors. "No matter what stage of your college career you're in, build relationships with your professors because ultimately they're the ones who are going to write your letters of recommendation," she said.

"They're going to administer your language exams. And they're going to—for free, not because they get paid to—give you

advice on your application process," she said.

Though competitive, study abroad scholarships can open doors for students.

"They can gain a global perspective of the world, to help them both as individuals, and going forward in the job market," Axton said.

"As the world gets smaller, it's more important to have a cultural balance of who you are and how you see the world around you," she said.

Creative Corner

Creative Corner was started to provide a means for creative work to be published in The Easterner. One piece of poetry or flash fiction will be printed each issue. Poetry is limited to a maximum of 55 lines, including blank lines, and flash fiction is limited to a maximum of 600 words. If you are a student or alumni of Eastern, send submissions to easterner.me@gmail.com. In your email, make sure to write "Creative Corner Submission" in the subject line and limit submissions to five poems and/or two pieces of fiction. We do not accept previously published work and encourage those who have never been published to submit. The Easterner is willing to help writers to polish their work if the writer so wishes. We will not censor or edit anyone's work, yet will be publishing these pieces for a newspaper audience, rather than a literary one, so some restrictions on subject matter and language apply. The pieces will be published in print as well as online. Two-time Get Lit! college slam champion Kurt Olson will read all published poetry for audio files for The Easterner's website, easterneronline.com and professional audiobook narrator Christopher Stuck will read all published fiction. All writers may substitute their own recorded audio performances if they wish.

The Mountain

By D.C. Staal

Painted faces masking silhouettes,
Clothes of woodland and shade
Pine boughs and fir,
Axes and knives.
What thoughts did incur
Need for shelter? Cold,
Blistered feet, bruised
and boot-leather twisted.
Sunlight, warmth, yet faded
And fading still. Staggered
Inn, what vile deceits offered?
Killed our hope, our chance of respite
You didn't deliver, so we made our own light

Pine boughs and fir,
Your mountain valleys
From your streams we drank water
and built fires from your wood
wet as it was, we survived
you as our host. Your servants,
The wolves, did not trouble us
Grinning our white teeth, we
Grip our guns and howl
The moon a celestial bowl

Pine boughs and fir,
The moon's white glow
Spilling light on the snow
Your harsh beauty becoming,
The lull of your green forests,
beckoning, you kill your suitors
Without partiality. Fair,
You have not loved
The sun in Heaven,
As I have loved
Her cold stare.

Correction for Issue 26, May 9:

Extra fees deter graduates, front page;
and Graduation fees keep us paying, page 5:

There are no late graduation fees for undergraduates. Graduate students could pay a late fee of \$12, not \$137.

The \$37.17 graduation fee covers all degrees.

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Police Beat

May 8

10:30 p.m. Domestic Violence

Officers responded to a call regarding a female EWU student fighting with her younger sister at the townhouse apartments. She was arrested and booked into Spokane county jail.

May 11

2:18 a.m. Agency Assist

A student reportedly walked out of a bar in downtown Cheney and pulled a hand gun from his pocket. He was arrested and booked into Spokane county jail.

11:45 a.m. Theft

A sweater and an ID card were stolen from a locker at the Phase. The items were taken while a student attended her Zumba class.

May 12

Theft

Cash and a debit card were taken from an unlocked locker in the Phase pool area.

Tip of the week:

Lock your locker. There have been an increased number of thefts recently, and many have been crimes of opportunity. Make sure your items are secure while you work out by buying and using a padlock. It only costs a few dollars, whereas replacing your iPod or wallet can be a bit more costly.

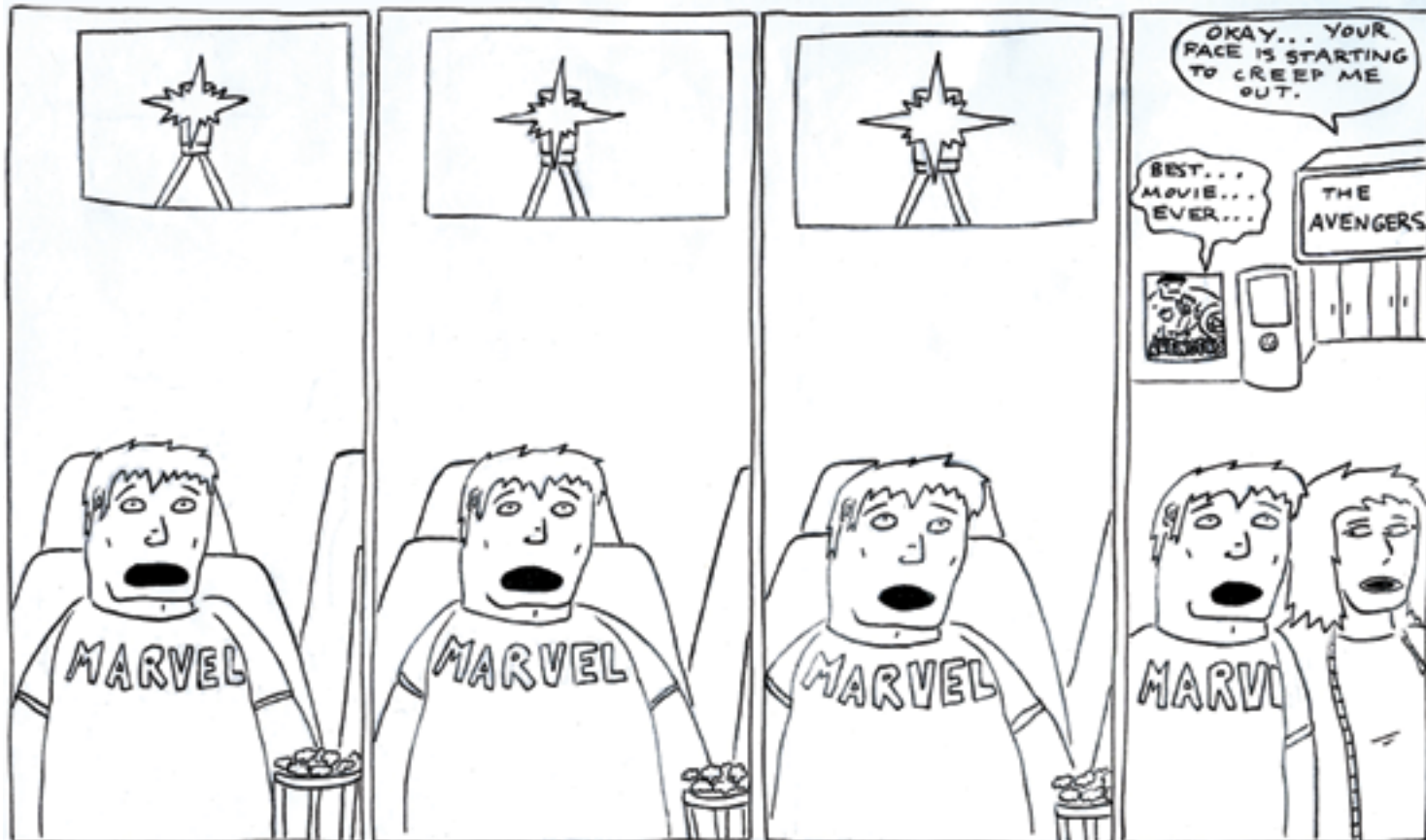



Illustration by Colleen Bowerman


May 11. A sweater and an ID card were stolen from a locker at the Phase. The items were taken while a student attended her Zumba class.

5 NORTH

By Austen Julka-Lawrence

Check out
The Easterner
on Tumblr at



casualpress.tumblr.com

HISTORY OF EASTERN IN PICTURES



Photo courtesy of EWU Libraries, Archives and Special Collections

A view of the new Woodward Field (now Roos Field) under construction. The view is from the top of the hill north of the stadium, about where the access drive to the parking lot is now.



Photo by Aaron Malmoe

Current view of Roos Field, which is now well-known because of the red turf installed in 2010. The only other Division I college football program to have a non-green playing surface is Boise State.

THE EASTERNER

Address:

The Easterner
EWU, Isle Hall 102
Cheney, WA 99004

Writers' Meetings:

The Easterner is open for any EWU student or faculty who wish to write or copy edit news stories.
• Writers' meetings are Mondays at 3:30 p.m.
• Copy editing meetings are Saturdays at 8 a.m.

News Line:

If you have a tip, letter to the editor, press release or an idea for a story please call The Easterner tip line

at 509-359-6270 or the general office line at 509-359-4318.

About your paper:

All content in The Easterner is either produced or chosen by EWU students. Our goal is to provide relevant information to the students, faculty, staff and residents of the communities surrounding EWU.

Circulation:

The Easterner publishes a weekly print version as well as web content during the week at <http://sites.ewu.edu/easterneronline> and <http://www.easterneronline.com>

The Easterner is distributed throughout the Cheney campus and business district as well as Riverpoint and various Spokane businesses. If you would like The Easterner to be distributed at your business call the Advertising Department at 509-359-7010.

Purchasing:

The first copy of The Easterner is free. Additional copies may be purchased at Isle Hall 102 during staff hours.

Advertising:

If you would like to place an ad or classified ad, call 509-359-7010, FAX 509-359-4319 or send an email to advertising@theeasterner.info.

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COMMENTARY

Exercise is not easy, however anyone can do it

By Josh Friesen

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I'll be the first to admit it. I'm not a big exercise guy. I've enrolled in fast fitness a few times but have found myself struggling to get the right amount of visits. It seems like every few months, I tell myself I'm going to buckle down and get in killer shape. At the beginning of 2012, I managed to work out pretty consistently for about a month, but ended up stopping.

I consider myself an active guy, but I just can't seem to spend an extended amount of time working out in the gym.

Don't follow my example. According to Melissa Elferring, director of the URC Fitness Center, one of the best ways to maintain a consistent workout regimen is to set goals.

"It's one of those that you have to do your homework to make sure it's done," Elferring said.

Maybe it is just me, but I can't to commit to going to the gym everyday. It is something that nags at me constantly because I want to be a healthy guy, and I have got a bit of a gut that I would love to shed.

I have tried to do the thing where I pick on one aspect of my body that really grinds my gears. For example, I remember doing hundreds of crunches a day, thinking that I would get rock-hard abs in no time.

That does not work. In fact, that is a terrible way to get that tight midsection you want for beach season. Elferring said this is a big myth that a lot of people think will get them quick results.

"[The myth is] 'If I do 5,000 crunches, then I'm going to have this little tiny waist,'" Elferring said. "It's a combination of eating right, cardio, strength and so forth that's going to get you that body that you want."

So I thought maybe I would just eat way less. I love food, but if I have to cut my diet by 75 percent to get rid of my chub, than it will be worth it. It sure as hell beats the drudgery of exercise right?

Not so fast. According to Elferring, simply decreasing your calories won't get you where you want to be. You will start losing weight, but it won't stay off because your body will eventually need those calories. It is important to maintain a high calorie count, eat healthy foods and work those calories off.

So that didn't end up working out for me either, which I guess is a good thing. I love food. It feels good to eat, and it feels even better to eat healthy. So what do I need to do?

"The big thing is you want to get started," Elferring said. "Until you as a person make that commitment, ... nobody can make you do it."

I just need to find something I like to do, and that's what you need to do too. Not only is summer right around the corner, but it's such a good feeling to just work out. I don't know what the heck my deal is. I just can't do it. I find it to be boring, but that's just me. I know for a fact there are people out there who would love working out. You just have to know how to get there.

Views expressed in this column do not reflect the views of *The Easterner*.



Friesen

Challenge inspires entrants to push their limits

Top competitors get their names on 'Wall of Fame'

By Peter Sowards

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Nelson Thai gasped, exasperated, and collapsed onto the gym floor. He had just finished his 63rd pushup—an impressive feat, but by no means his most successful effort to date.

"That little beeper thing really takes away a lot of energy," said Thai, referring to the electronic timing device implemented during the pushup competition. "I think I could do way more if I was at my own pace."

Thai is just one of hundreds of students who participated in the annual Fitness Center Challenge at Eastern's URC May 7-11. The facility stages 15 competitions available to all students that test strength, flexibility, endurance and even 3-point shooting. Thai ended up falling just short in the pushup competition, placing fourth behind victor Eddy Russell.

However, Thai excelled in a number of other events, taking home the proverbial gold medal in Fastest One Mile Bike and placing second in the squat event.

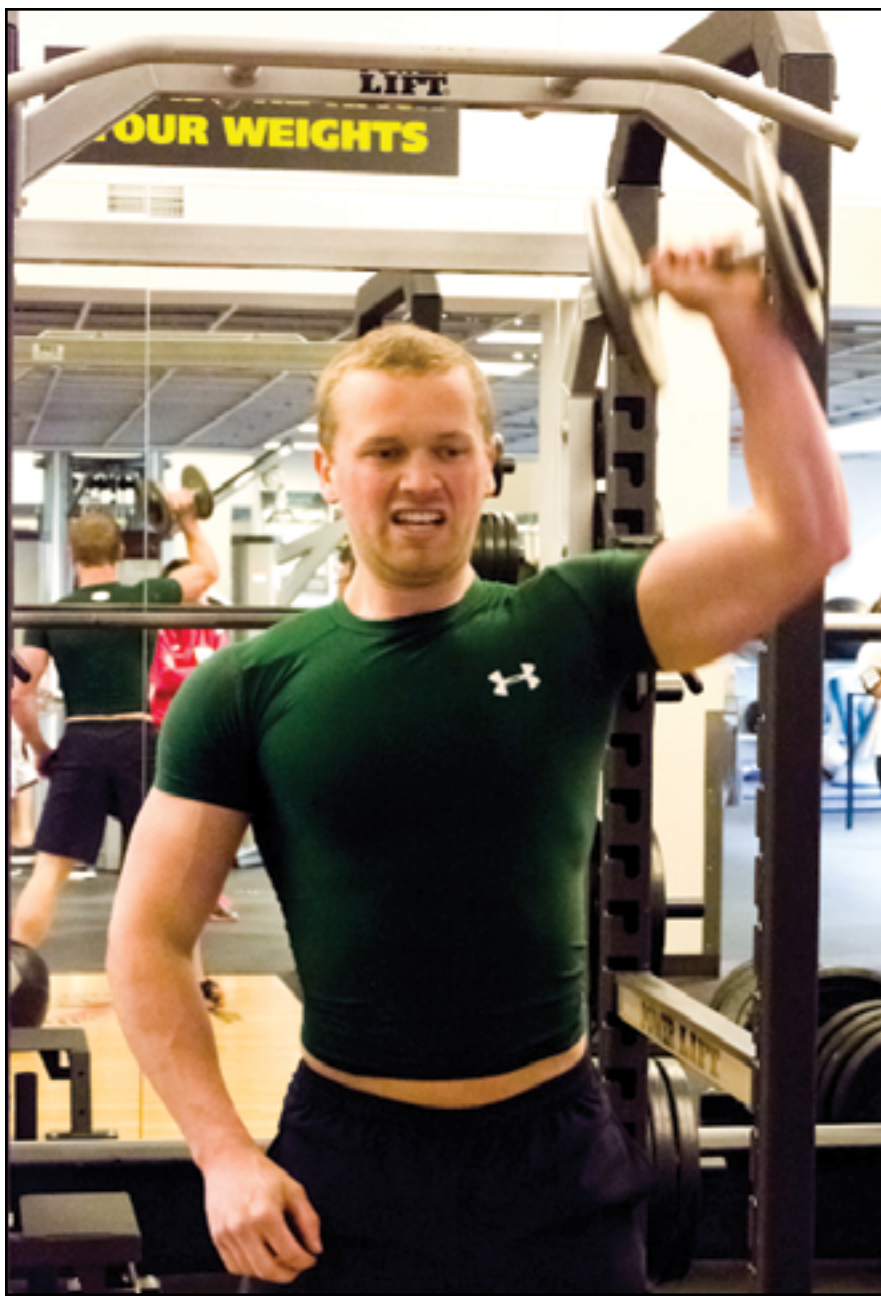
For Thai, though, it is not about the swag handed out for doing well in these events. He is in it for the glory.

"I want to show my name and be recognized. I'm still a freshman. I want to have big goals so if I have my name recognizable, that'd probably help."

The same can be said for Celeise Sewell, a senior psychology major who participated in nearly every competition. "I don't care about the prizes," Sewell said.

Sewell had never participated in the yearly fitness center challenge, but was compelled to compete by her trainer and other staff recruiters. "Everyone started coming up to me and asking me if I wanted to do it, to push myself. I thought it'd be cool to get my name on the board if I can."

The board of which Celeise speaks refers to a "wall of fame" that broadcasts the top five performers in each event. The board is wiped clean every year. If a student wants to make it onto that wall of fame back-to-back years, they cannot sit back and rely on the previous year's scores.



Sean Everett was one of several students who competed in the URC Fitness Challenge.

They have to get in the gym and prove that they are still the best.

An event like this takes coordination and logistics—that is where Nicolette Stanfill comes in. 2012 is Stanfill's second year overseeing the event for the URC, and she is in it for the prizes.

Her joy comes not from receiving the prizes; rather, she takes delight in the faces of those who have earned the hardware.

"They [entrants] want to get their names on the wall of fame board, so that's kind of their favorite part. I like giving out the prizes," Stanfill said.

This year's prizes consisted of an assortment of bags, T-shirts and water bottles for the first and second place finishers in each event.

There were also daily raffle prizes for any and all participants.

Thanks to the charity of local businesses such as Cheney Spinal Care and Rockwood Physical Therapy and vigorous efforts by the URC staff, all the prizes for the fitness center challenge were donations.

"Our goal is to not have to purchase anything," Stanfill said. "This year we've actually done more fundraising than we have in past years so we have the ability to supplement if we need to. But we've had more prizes donated than we even know what to do with."

The competitors enjoyed their prizes. Discovering what lies in the gift bags is an exercise unto itself. But there are few substitutes

Students who will be on the URC 'Wall of Fame' for 2012

Strides	
Danny Nuttman	3410
Rachel Gilmore	2572

Fitness Center Circuit	
Josh Izaguirre	5:48:03
Rachel Gilmore	6:34:22

3-point	
Samson Hatton	15
Carla Taulai	10

1K row	
Koby Binks	3:13:01
Kari Wirtz	4:20:10

Sit and reach	
Josh Izaguirre	55
Jeni McNeal	60

Fastest one mile on the bike	
Nelson Thai	1:38:19
Kelly Zimmer	1:43:00

Fastest mile	
Carl Combs	5:01:53
Janette Rodriguez	6:45:07

Pushups	
Eddy Russell	72
Jeni McNeal	78

Situps	
Adel Alhaidan	135
Jeni McNeal	119

Pull-ups	
Rick Nunez	35
Celeise Sewell	8

Shuttle run	
Andrew Perez	8:85
Lindsey Elder	8:50

Power clean (in body weight)	
Jaron Jenkins	1.611 percent
Rachel Gilmore	.9774 percent

Dead Lift (in body weight)	
Bryon Combs	2.6994 percent
Celeise Sewell	1.2595 percent

Squat (in body weight)	
Thomas Simon	2.4167 percent
Mana Ocampo	1.6816 percent

Bench Press (in body weight)	
Jeremy Burke	1.9935 percent
Celeise Sewell	.8673 percent

for the high that comes with knowing you are physically superior to your peers, and having your name on the wall to prove it.

Former Eagles safety makes Dallas dream a reality

Johnson reflects on NFL Draft

By Fedor Gaponenko

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Gathered together at the Holiday Inn, Matt Johnson along with his family, fiancé and a couple of close friends were caught off guard when the phone flashed the Dallas area code on the caller ID.

"It was pretty crazy," said twin brother and former teammate Zach Johnson. "We were expecting to be there quite a bit longer. We were expecting sixth round, not fourth, so we were just kind of just hanging out watching and talking."

Matt Johnson said that he did not even have time to get nervous since he was not expecting to get the call so soon.

"When I got the call I saw the Dallas area code and I kind of jumped up," Matt Johnson said. "I remember Jerry Jones, the owner, saying, 'we want you to be a Cowboy,' and it was kind of crazy in the background."

So unexpected was his jump to the fourth round that his father, Shawn Johnson, was not even in the room when his son was drafted.

"Actually my daughter and I, we went over to watch the volleyball scrimmage. I didn't want to sit around all day and watch [the draft]." Shawn Johnson said. "It could've been all day, I didn't know so I

wasn't actually in the room when it happened, but Zach called me and said, 'Get back to the room, Jerry Jones is on the phone.'"

On April 28, Matt Johnson fulfilled more than just his dream to play in the National Football League. He also happened to get drafted by his and his father's favorite childhood team, the Cowboys.

"They [his family] are all really excited; my dad grew up a huge Cowboys fan so he's really pumped and proud of me. They're all really supportive."

"It's amazing, I mean it would have been great no matter the team," Shawn Johnson said. "But the team you followed as a kid really close, it's truly a neat feeling."

Matt Johnson just got back from a rookie minicamp, where he was able to practice and start learning the playbook with some of the other draftees.

"Everyone's really cool down there [at the training camp]," Matt Johnson said. "Even though we're all fighting to make the roster, everyone's helping each other out. I mean all of us are working hard and trying to make a career so we have a common ground to get along."

Matt Johnson's parents are extremely proud of their son, but his father said that he is even more proud of the man he has become, not only his athletic accomplishments.

"I just always told him, 'Work as hard as you can, be a humble person and do the little things.'" Shawn



Photo by Aaron Malmoe

Former safety Matt Johnson (5) finished his career with 341 tackles and 17 interceptions.

Johnson said. "Most of all it's about being a good person. If you work hard and do the right things good things will come to you."

Zach Johnson was there for his brother, supporting him throughout the whole draft process and workouts.

At times it was tough. Zach Johnson said that he wishes he could have been out training with his brother, but coming off an injury, he had to take it easy.

"It was really cool hearing all the stories," Zach Johnson said. "He went out to Dallas, Philadelphia, Chicago and he would call me while he was there and tell me all the cool stuff he was able to do."

"Now that I'm ready to go it's a big motivation [seeing Matt get drafted]," Zach Johnson said. "Especially when people are asking, 'Hey are you in the draft? Will you be able to do that next year?' So yeah, I definitely want to be where he's at next year."

Both brothers are working to achieve their dreams and still have a lot of football left to play in their lives.

"I always grew up wanting to be a Cowboy and to get that call and get that opportunity to work hard and be a part of the greatest organization in all of sports it's definitely exciting and going to be a lot of work," Matt Johnson said.

Recent NFL draft picks from EWU

Wide receiver and kick returner Lamont Brightful was drafted in the 6th round by the Baltimore Ravens in the 2002 NFL Draft.

Offensive tackle Michael Roos was drafted by the Tennessee Titans in the 2005 NFL Draft.

Running back Taiwan Jones was drafted by the Oakland Raiders in the 2011 NFL Draft.

Safety Matt Johnson was drafted by the Dallas Cowboys in the 2012 NFL Draft.

EWU Sports in Brief



Schumacher

Volleyball recruits Schumacher

Outside hitter Allie Schumacher from Puyallup, Wash., has been added to the 2012 roster of the women's volleyball team. Schumacher helped lead the Puyallup Vikings to the Washington 4A State tournament and was named a part of the 2011-All Tournament team. She is also a two-time South Puget Sound League First-Team selection and was named the South Puget Sound League 2011 Most Valuable Player. In addition to her high school career, Schumacher also has experience as a junior beach volleyball player.

Phillips signed by Eastern

Tisha Phillips, a native of Lapwai, Idaho, signed a National Letter of Intent to play on the EWU women's basketball team. Phillips helped lead the Lewiston Bengals to the Idaho 5A state championship and was named the 2012 All-5A Inland Empire League Player of the Year and the 2012 Idaho Gatorade Girls Basketball Player of the Year, the first player to receive that honor at Lewiston High School. Prior to playing at Lewiston, Phillips had played at Lapwai High School where she helped the team win the Idaho 1A state championship in 2009.

Women's golf roster growing in 2012

Marrisa Borja and Maddie Dodge were announced as the latest athletes to sign National Letters of Intent to play for the EWU women's golf team, May 8. Hailing from Spring Valley, Calif., Borja ranks in the top 75 in the American Junior Golf Association. She had tied for eighth at the 2011 CIF/CGA State Championships and the Emerson Junior Golf Classic and the Southern California Regional Championships in 2010. Some of Borja's accolades include being named the Gossomont Hills League Player of the Year for three straight seasons and being selected for the San Diego Union Tribune All-Academic First-Team. Dodge, a native of Post Falls, Idaho, was the runner up in the 2011 Idaho 5A State tournament. Shooting rounds of 77 and 82, Dodge had become the highest finisher at the state championships in the history of Post Falls girls' golf. Prior to signing Borja and Dodge, EWU had signed Taylor Anderson of Moscow High School in Moscow, Idaho, in the fall of 2011.

Men finish sixth and women eighth at Big Sky

Teams getting ready for regionals

By Kyle Franko

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EWU track and field wrapped up conference action May 11-12 in the 2012 Big Sky Conference Outdoor Track and Field Championships. The men finished in sixth place with 70 points, and with 62 points the women placed eighth.

Kyle King led the way for the men, winning the 10,000-meter and taking third in the 5,000.

While outrunning his nearest opponent by nearly 16 seconds in the 10,000, King became Eastern's first outdoor champion in a race longer than 800 meters since EWU joined the Big Sky Conference.

"Going up to altitude, it's almost 5,000 feet there," said head men's coach Stan Kerr. "We don't train at elevation so it's really kind of a great undercurrent to that performance. It speaks well of his talent."

A day later, King – who will transfer to Oklahoma next season – finished seconds behind Northern Arizona's Caleb Hoover and Jordan Chipangama during a dramatic finish in the 5,000.

Other all-conference performers on the men's side include Steven Warner, third place in the 110 hurdles, and Brad Michael, third in the 400.

In the men's team race, Northern Arizona surpassed Montana State's previous conference record with a total team score of 221.

This is the fourth time in conference history that



Steven Warner placed third in the men's 110 meter hurdles with a time of 14.52 seconds, earning six points for Eastern. Warner had come into the finals with a preliminary time of 14.29.

Photo by Mikayla Napier

a team has swept all three championships.

Northern Arizona also won cross country last fall and the indoor title in Flagstaff, Ariz.

Host Montana State placed second with 164 points. Following MSU was Weber State (100), Sacramento State (94), Idaho State (93.50), Eastern Washington (70), Montana (56), Portland State (15) and Northern Colorado (4.50).

The men's squad – following a third place finish in the 2012 indoor championships this past February

– had hoped to duplicate or exceed that effort outdoors in Bozeman, Mont.

"If you look at third through sixth, the separation is only 30 points," said Kerr. "It's a lot of point swings from event to event. I thought we obviously had the potential to get there but it didn't work out for us in this case."

"Individually, we had some great performances, and we're really proud of those kids. ... I think we're in a healthy and a good situation. Injuries are part of what we have to deal with."

For the Eastern women,

six Eagles snatched all-conference honors.

Senior Shene Davis set a school record in the triple jump with a 40 foot 6 and 1/4 inch mark.

The jump was good enough for second place. Davis also scored in the long jump, placing fourth after clearing 18-08.

Keisa Monterola and teammate Robin Taylor took first and second in the pole vault after both cleared 13-07 1/4. Monterola finished ahead of Taylor because she had fewer misses throughout the competition.

In the high jump, Elise Jeppen entered the championships with a season best mark of 5-05. After clearing 5-06, tying a career-best height, the junior recorded a third place finish.

Battling an ailing shoulder, Michelle Coombs placed second in the javelin, throwing a season best 151-06.

In her last conference championships, senior Mari Bingham finished third in the discus with a 148-07 toss. Entering the championships tenth place in the shot, Bingham finished in fifth with a 45-09 1/4 mark.

"She's never been Big Sky all-conference and to pull that off – you always want more – but what she accomplished was really, really amazing considering [where] she went in ranked," said head women's coach Marcia Mecklenburg.

In the women's team standings, Sacramento State won its fifth straight outdoor championship with 173 points. Montana State was second with 121.50 points. After MSU was NAU (107), WSU (97), ISU (85.50), UM (80), PSU (71), EWU (62) and UNC (18).

"We went in knowing we weren't going to do well as a team and we didn't," said Mecklenburg. "But the kids who performed, they did really well. I couldn't ask for more from the athletes that competed. They did a great job. We just need more depth."

Only two meets remain for the Eagles in the 2012 outdoor campaign, the first being the NCAA West Preliminary Round, May 24-26 in Austin, Texas.

The NCAA Championships are June 6-9 in Des Moines, Iowa.



Photo by Evan Sykes

Charlie Shultz gives a thumbs up to the crowd after being taken away on a stretcher. Shultz and his opponent Caleb Sherman both received an ovation for their efforts.

MMA fight:

continued from front page

Sherman waited across the cage and talked with his corner and watched the medical personnel check on Shultz. Although he was excited for his victory, Sherman also felt guilty for injuring Shultz.

"I just want to get out of here," Sherman said. "I feel trapped with my guilt."

As Shultz was carried out of the plaza on a stretcher, the crowd applauded, which Shultz responded to by giving them a thumbs up. Moments later, Sherman was officially declared the winner, which also received an applause from the crowd. While Sherman was concerned for Shultz, he was also glad to have avenged his loss.

"I'm basically a ground-game guy and [Shultz] bested me there, so I worked on that kick just in case with my buddy [Josh] Strickland and my corner [Mack Zavala]," Sherman said.

Alissa McCoy, another one of Sherman's training partners, had fought Ar-

I just want to get out of here. I feel trapped with my guilt.

Caleb Sherman

iel Jones earlier on the card. Although McCoy was able to exchange punches with Jones and land more kicks. She also attempted several single-leg takedowns. However Jones, who was over six feet in height, was able to control the fight and get a technical knockout in the first round. Despite being 0-2, McCoy plans on continuing to fight.

"I think I am going to cut down to 140 [pounds] because I don't think there are many girls who are six feet tall and 140 pounds. That's my game plan. I'm gonna fight a couple of more times and I want to get a win."

Several fighters made their debut at the event. Nalo Leal, a boxer who had never had any MMA training, had taken a fight against Brant Raftis on three hours notice. In the opening seconds of the fight, Raftis went for the takedown.

Although he was on his back, Leal was able to secure a guillotine choke to get the submission win.

"I saw a neck and I put my arm around it," Leal said. "From playing video games that's the only thing I knew how to do."

The fight of the night was a heavy-weight bout between Tyler Dammerman and Curtis Flett. In both the first and second round, Dammerman and Flett had back-and-forth exchanges of punches before Flett was able to get Dammerman on the ground to delivered several more punches to the body before the referee stopped the fight.

The event ended with the undefeated Christian Nibarger defeating Justen Billing for the King of Cheney 135-pound championship.

For Nickerson, the event went well

Donations to Shultz and his family can be sent to: 2326 Hwy 25 N. Evans, Wash. 99126

overall, despite having to turn some people away because of the limited capacity in the plaza.

"There was one injury and I really hate seeing that," Nickerson said. "I'm not here to see anyone get hurt."

Nickerson and his staff donated \$200 to help Shultz and his family with medical bills from the surgery.

Nickerson plans on holding the next King of Cheney event in June or July.

While the events will continue in Cheney, his fight with Shultz may be the last time Sherman walks into the cage.

"It was going to be this fight, or [a fight] next month was going to be it because I was just in it for fun," Sherman said. "Now that I reconciled my loss and maybe did a little bit more damage than I wanted, I think it's time to call it. I'll end with an exclamation point."