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Associated Students of Eastern Washington University

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Draft day for Jones

Fresh off an impressive pro day, running back is ready for the NFL

BY DUSTIN TOMS
managing/sports editor

It has been 2,194 days since an EWU football player was drafted in the NFL. That day, Michael Roos was selected with the 41st overall choice to the Tennessee Titans. This weekend, that number will go back down to one.

Taiwan Jones, the Big Sky Offensive Player of the Year and All-American running back, will be chosen in the 2011 NFL Draft, putting the final exclamation point on the greatest football season in Eastern history.

Originally, Jones was predicted as a fourth- or fifth-round pick after completing his injury-shortened junior season. Despite hurting his foot in a 38-31 overtime quarterfinal win against North Dakota State University, Jones still managed to rush for

1,742 yards and score 17 touchdowns during the season. He averaged more than seven yards per carry.

Jones doesn't regret leaving school early. He says he has committed to his decision since he made it. Nevertheless, there is one thing he will always remember and miss from his days on The Inferno.

"My teammates. I made it a big deal to call them my family. I definitely miss those guys," said Jones. "I watched 'The Road to Glory' DVD, and it almost brought tears to my eyes."

But it was Jones' pro day, held at Los Medanos Community College in Pittsburg, Calif., that helped skyrocket his draft stock. With representatives from 27 of the 32 NFL teams in attendance, Jones wowed scouts with a blazing 40-yard dash time of 4.25 seconds and a 39 1/2 inch vertical leap.

Now the 6-foot-1, 196-pound running back is being predicted to land in as early as the second round of the draft.

"My pro day was my big showing where I had to display what I can do," said Jones. "Now I'm just trying to heal from my foot injury. For the most part, I'm just sitting back and still trying to stay in shape. From this point on, it's up to my agent to sell me, talk to teams and get my name in the media."

Jones has met with several teams the past few weeks, including the Philadelphia Eagles, Cincinnati Bengals, Detroit Lions, Kansas City Chiefs and the Miami Dolphins. Most recently, he met with the San Francisco 49ers last Wednesday.

Each of those teams could use help



Taiwan Jones could be Eastern's highest NFL Draft pick in history.

goeags.com

JONES | PAGE 12

Williams awarded trip to D.C.

Candidates must complete 60 hours of service to qualify

BY DYLAN COIL
senior reporter

Joining eight other students from across the country, Eastern sophomore Dakotta Williams was chosen for the George Nethercutt Foundation's 2011 Fellowship Program.

Founded in 2008 by former 5th District U.S. Congressman George Nethercutt, the fellowship program gives students the opportunity to experience American politics in more depth than what is available in the news or in textbooks.

Each year, the foundation selects students for a one-year academic adventure that includes three months of instruction on the nation's founding documents, economics, history, and leadership, along with an all-expense paid trip to Washington, D.C.

While in Washington, D.C., the students will meet with members of Congress, government officials, the national press, lobbyists and think-tank representatives. Visits to a foreign embassy and national monuments will also be on the agenda.

"I want to be a political speech writer," said Williams, a government and public relations major. "So meeting actual politicians and lobbyists will help me decide if that is what I want to do with my life."

Williams said that she is looking forward to speaking with Sandra Day O'Connor, the first female member of the Supreme Court. Williams is also hoping to get in contact with a political speech writer who works in Washington, D.C.

Each of the nine students chosen for the fellowship must complete 60 hours of volunteering at a government agency to reciprocate the opportunities given them and to apply their education in a practical, real-world setting.

"I just think it's amazing because the 60 hours of service is not nearly going to equal our expenses when we're [in Washington, D.C.]," Williams said.

The application process for the fellowship included submitting an application form, two letters of recommendation, a personal essay, and two examples of writing in addition to completing a phone interview.

According to the George Neth-

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Voting next year's officials into their office



ASEWU electoral debate to extend voting outreach, showcase candidates' viewpoints

BY DYLAN COIL | senior reporter

The Associated Students of EWU (ASEWU) will host a debate among the 20 candidates for student government positions in the URC lobby outside of The Roost today at 6 p.m.

Candidates running for each of the three executive positions and the nine council positions will be given the opportunity to speak to students and answer questions on their goals as a member of the ASEWU.

"What's nice about the debate forum is it offers students a chance to really express their opinions," said ASEWU Director of Elections Parker Hemingway. "It provides students with the opportunity to ask those candidates, 'Hey, what are you going to do about this? Are you aware of this situation?' And it really informs the candidates of more of the issues."

For positions with two candidates, a traditional debate format will take place in which each candidate will speak on the same topic and develop a rebuttal against their opponent. Those running unopposed will give a one-sided speech.

Candidates will be asked four questions and have four minutes to answer each one. That portion of the debate will be followed by

four more questions from the audience and a two-minute opponent rebuttal. Questions will be position specific and speakers will be cut off if they exceed their allotted time.

According to Hemingway, the goal of this debate is to ensure that students have a reason for voting and to possibly spark controversy between candidates, building excitement for those attending and spreading the word about the elections to others.

"The residence halls are a great place to start because it's building that foundation," said Hemingway. "The foundation of, 'Yes, it is important to be involved, and it is important to vote in this election because it really affects me as an individual student at Eastern Washington University.'"

Hemingway recognizes that Eastern is largely a commuter school and it is hard to entice commuter students to vote, but if they build strong voting habits while in the residential halls, students are more likely to continue through their academic career.

Wednesday's debate, hosted by current ASEWU President Justin Terry, gives students the opportunity to make more informed decisions. Refreshments and snacks will also be provided.

PERCENTAGE OF VOTER TURNOUT

2006	2007	2008	2009	2010	2011
10	13.6	11.3	7.1	6	TBD

General Election

May 3

Polling Locations

Cheney, Riverpoint campuses
<http://vote.ewu.edu>



THE POLICE BEAT

JUST THE FACTS

April 19 - April 25

BY LAUREN JOHNSON
 copy editor

Agency Assist

4/19 3:30 a.m. – Cheney Police assisted EWU Police after a call came in about a possible trespassing incident near Wheaton Lane. No one was arrested.

Fight

4/21 3:30 p.m. – Officers responded to a call in Dressler Hall after two female students began fighting. No one involved wanted to press charges, but the case was referred to the OSRR.

Alcohol violation

4/22 12:35 a.m. – Two females were contacted by police after they were found extremely intoxicated on the fourth floor of Pearce Hall. The case was referred to the OSRR and no arrests were made.

Theft

4/22 10:30 a.m. – A campaign banner, worth about \$100, was stolen from the ground near the PUB. There are no suspects at the time.

Agency Assist

4/22 8:35 – Mental health counselors from Spokane Mental Health and EWU Police contacted a student in Dryden Hall.

Agency Assist

4/22 – Cheney Police assisted EWU Police near the Grove after a car rolled over. Police were able to find the driver of the car and later found that he had been drinking. The driver was arrested for a DUI and MIP.

Medical Call

4/24 5:49 p.m. – A female from Dressler Hall was transported to the hospital with unknown issues.

Agency Assist

4/24 8:35 p.m. – Eastern Police and Cheney Police responded to a possible trespassing call. They later learned that the suspect had the wrong address and had stolen a propane tank from the location. A criminal citation was issued.

Harassment

4/25 9:35 p.m. – A harassment incident occurred in LA Hall. The investigation is ongoing.



Comic by Blaine Mueller

Theft

4/20 1:40 a.m. – An iPod was reported stolen from the Phase. No suspect has been identified.

Second annual Día Day welcomes local children to celebrate cultural diversity

Event gives young students free books and an opportunity to experience bilingual culture

BY AZARIA PODPLESKY
 staff writer

Through music, crafts and storytelling, Día Day aims to celebrate the cultural differences of children in today's modern American classroom.

Established 15 years ago by librarian Pat Mora, Día Day also tries to promote the Curriculum Center, which provides student teachers with the materials to incorporate bilingual education into their classes.

Día Day is also known as El Día de los Niños/El Día de los Libros, or Children's Day/Book Day.

"It did have a heavy Spanish influence at first, but now it's meant to be

many cultures, many books, just to honor that children in your community come from a variety of cultures and that libraries, as a rule, have a variety of cultures represented in their resources," Learning Resources Librarian Nadean Meyer said.

This year's event is geared toward children ages 4 to 9. Children will have the opportunity to make paper bag puppets, complete coloring sheets and listen to Spanish music. Volunteers will read stories in both English and Spanish to the children.

"To get to hear it back and forth from English to Spanish, I think that's a treat," Meyer said.

Each child will also get to take a

book home with them thanks to Judy Hamel, co-owner of Children's Corner Bookshop.

"She was cleaning up, and she gave us many of what's called 'advanced reading copies,' which are books sent out for review prior to the book being published," said Meyer. "She said, 'Wouldn't some of your teachers or students want some of these?' And I said, 'Yes, but what if I gave some away at Día Day first?'"

This year's event marks the second Día Day at EWU, the first being in 2008. Though there has been a lot of interest from groups on campus and the community, Meyer is unsure if this year will be as big as the first.

"I'm just missing Robert Reid School because when we did this three years ago, we brought everybody, kindergarten through grade three," said

Meyer. "It was just massive. You know when you have a big success. Sometimes it's harder to do again."

This year, Meyer is working with EWU student group Movimiento Estudiantil Chicano/a de Aztlan. Members of the group will help with set up and will interact with the children during the event.

"When you go to student groups, it's just so fun because they were all so enthusiastic," said Meyer. "To rearrange your schedule for that kind of giving to the community is really fun to see because I know how busy students are. I really appreciate their help. They've given me renewed enthusiasm for the event."

This year's Día Day will take place this Thursday from 1-4 p.m. in the Curriculum Center on the lower level of JFK Library.

WILLIAMS

from front page

ercutt Foundation website, the fellowship program is designed to give young people an appreciation for the American system of government and realize the importance of a free society and the obligations of American citizens to perpetuate the principles of liberty.

Williams emphasized her passion for government and being a knowledgeable citizen who actively participates in American politics.

"I'm from a small town, so I never thought I would get something of this magnitude," said Williams. "It's hard to believe, even now."

Williams' goals after graduation are to be a successful writer in some capacity and remain living in Washington state.

"I would be okay with public relations, I think, but I don't know beyond that," she said.

ACCURACY CHECK

- The Easterner staff would like to apologize for the language used in last week's "Mr. Know-It-All" column. The usage was an oversight and will not happen again.

- The wrong student was mentioned at the end of the candidacy article on the front page of last week's paper.

- If you find any errors in your paper, please contact our news editor at easterner.news@gmail.com.

GREEN DOT SPOT

commentary by victim advocate Karen Wanjico

As the person responsible for making sure green dot is implemented on campus, I was very thankful to hear one young man's words: "People don't want to come to the green dot training because they think it is going to be a bunch of male bashing. But when I went, it wasn't that way."

I was thankful that his experience matched what our Green Dot team has as its goal. In all of our training, we try to give examples of males as victims of power-based personal violence. Men can be abused in relationships. As a team we stand together to

say, violence against anyone is wrong and anyone can be violent.

When teaching, I will often use the example of Amber and Gary from the MTV show Team Mom. I have watched clips in the show, where Amber physically assaults Gary, and emotionally abuses him. It sickens me to see that abuse. It is 100% wrong. Green dot is about ending partner violence regardless of the gender of the victim or the abuser.

I will be the first to say that men have gotten a bad rap. They have been bashed while good hearted people

have tried to provide education about power-based personal violence. When educators say "men do most of the violence" people hear "most men are violent." Green Dot is very careful to stress that "Most men do not do these acts of violence." Green dot also says, "Most men are heart broken when violence happens." and "Most men are invested in seeing violence end." (By most we mean about 97% of men are not violent.)

Green dot was created to engage all people in reducing violence, and one of the reasons it was created was

to end this perception of violence prevention education being anti men.

As the person trying to engage men in using the green dot strategy, I want to give you my word that I will continue to use examples of men as victims and women as perpetrators. I will work to make sure our green dot team welcomes men and continues to present training that refuses to male bash. After all, that approach is just wrong. We need to stand together to end violence. Karen Wanjico, Violence prevention student advocate, 509.359.6429.

Comic Sans by Blaine Mueller



THE EASTERNER

Eastern Washington University's Student Newspaper

WRITERS' MEETINGS:

The Easterner is open for any EWU student or faculty wishing to write stories that could be published in the newspaper.

Writers' meetings are Mondays at 3:30 p.m. in Isle Hall, room 102.

The newspaper is also open for anyone wishing to copy-edit. Editing nights are on Tuesdays.

NEWS LINE:

If you have an idea for a story, or are part of a campus club or organization that is holding an event, please call The Easterner tip line at (509) 359-6270.

Also, if you have a comment about a story or a suggestion for the newspaper, please feel free to voice your opinion on the tip line as well.

ABOUT YOUR PAPER:

All content in The Easterner is either produced or chosen by students from Eastern Washington University. Our goal as employees of The Easterner is to provide interesting and relevant information to the students, faculty, staff and residents of EWU and the surrounding community of Cheney and Spokane.

WEBSITE:

The Easterner publishes a weekly electronic version of the paper at <http://www.easterneronline.com>.

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The Easterner is distributed throughout the Cheney campus, Cheney business district, the Spokane Center, Riverpoint and at various Spokane businesses. If you would like The Easterner to be distributed to your business or if you would like to start a subscription call the Advertising Department at 359-7010.

NEWS:

If you have a news tip, letter to the editor or press release, please call the newsroom at 359-6270 or the Editor-in-Chief at 359-6737. You can also contact The Easterner staff by e-mail or FAX at 359-4319.

ADVERTISING:

If you would like to place an ad or classified ad call 359-7010, FAX 359-4319 or send an e-mail to advertising@theeasterner.info.

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COMMON SENSE



BY NICOLE ERICKSON
news editor

How to handle your slightly crazy girlfriend

As evidenced by my less-than-charming attitude in my writing, my personality is quite bold. I can be, therefore, quite the handful for my sweetheart of a boyfriend. To ease my conscience, I tell myself that I am not the only whiney, irritable grouch at Eastern and that my boyfriend isn't the only poor lost soul out there.

So, I have offered steps for you lost gentlemen that need help when your girlfriend seems to be a little off her rocker.

Nod and smile

Quite frequently, women will say one thing and then contradict themselves within six to 13 minutes. When this happens, avoid the fight by simply nodding and smiling rather than pointing out that we have committed a logical fallacy. Telling us we are wrong when we are already angry will not diffuse the situation but rather infuriate us more.

"You're beautiful"

Something that is likely to be said when a woman sees her boyfriend nodding and smiling with a blank look on his face, "Why are you standing there looking like an idiot? Aren't you listening to a word I'm saying?" Rather than getting caught looking like a moron, simply reply, "Of course I am listening. [Insert a brief summary of her rant here]. I was just admiring you. You're pretty." Winner.

Avoid stupid questions

"Are you mad at me? How long are you going to be mad? Did I do something wrong?" The likely response by a woman to these questions will be, "Nope, not at all." This is a lie. The "It's not you — it's me" line is also a lie. "No, it's my fault. I'm being stupid." Lie.

It is common for women to play these mind games and pretend nothing is wrong. Guys, don't let it fool you. She is simply prompting you to pry harder and play kiss-ass until she feels better. See above for solutions.

Beware of one-word texts

That's right gentlemen, "k" in a text message means something completely different coming from a woman than a man. "K" from a man simply means, "Yes, I understand what you just sent and I really have no response." "K" from a woman, however, means a variety of things, ranging from, "Wow, I can't believe you really just said that," to, "This relationship is over you inconsiderate, worthless jerk." A one word text from a woman does not mean the conversation is over. It means the conversation has transitioned into an argument — one you will lose on principle alone.

Like Hillary Swank said in "P.S. I Love You," women have absolutely no idea what we want. So guys, take notes or use a little common sense to remember one key thing: We women are sensitive, delicate creatures, and we must be treated with care.

The views expressed here do not directly reflect the views of The Easterner. The writer can be contacted at easterner.news@gmail.com.

Specialized camps geared toward youth

BY KYLE HARDING
staff writer

Ranging from athletics to robot building to video game design, summer camps taught by Eastern professors for middle and high school students and will be held on campus starting in June.

One of the 16 camps offered is the Satori Camp, a camp for gifted students of ages 12 to 18.

"We have courses in anything from math to art to acting," said Mike Cantlon, co-founder of Satori, which is held July 24-30.

According to Cantlon, the Satori Camp has attracted middle and high school students from all over the U.S. and Canada for the past 28 years.

There are also several music camps offered along with many athletic camps for soccer, football, basketball, volleyball and tennis, and two computer science camps: Robot Quest Camp and Video Game Creation Camp.

Robb Tapper, professor of trombone and jazz studies at Eastern, runs two different jazz dialogue camps over the summer, one for middle school students and one for high schoolers. Aspiring musicians come from all over the northwest to these camps, which are instructed by 20 faculty members and more than 20 teaching assistants.

"They play in big bands. They play in small groups. And they do some vocal jazz groups," Tapper said.

The Middle School Jazz Dialogue Camp will be held July 23-28 and costs \$445. The high school camp is July 31-Aug. 6 and is \$540. Both camps include accommodations in EWU dormitories and a meal plan.

Another music camp is the EWU Spokane Youth Symphony Summer Camp, taught by EWU music program faculty and members of the Spokane Symphony.

"It is designed for students who are already members of the orchestra," said John Marshall, professor of cello. "As far as I know, it is the only orchestra youth camp in the region."

According to Marshall, the symphony camp, which has been held every summer for 11 years, is a four-day commuter camp that culminates in an outdoor concert in Spokane's Audobon Park. It is held from Aug. 22-25 and costs \$50.

The university puts on two summer football camps, coached by members of the Eastern football coaching staff. One is held from June 15-18, the other from June 22-25. They are open to high school football teams as well as individual players.

The men's basketball team also puts on five team camps and two individual camps. The women's basketball program puts on a position skills camp for high school students, and their Little Eaglets Camp is for boys and girls ages 5 to 12.

The High School Elite Soccer Camp, for high school players with school or club experience, and two goalkeeper camps, one for youth and one for high schoolers, are taught by the EWU women's soccer staff. The women's volleyball program puts on an individual camp for girls ages 12 to 18.

Chris Peters, a lecturer in computer science, coordinates the Robot Quest Camp and Video Game Cre-

EASTERN WASHINGTON UNIVERSITY SUMMER CAMPS 2011 SCHEDULE

JUNE	
6/15 - 6/19	EWU Football Team Camp I
6/20 - 6/23	EWU Drum Major Camp
6/24 - 6/25	Women's Individual Basketball Day Camp
6/25 - 6/29	John Owen's Team & Tech Wrestling Camp
6/26 - 6/30	EWU Football Team Camp II

JULY	
7/12 - 7/14	EWU Volleyball Individual Camp
7/19 - 7/23	EWU Goalkeeper Soccer Day Camp
7/21 - 7/23	EWU Volleyball Team Camp
7/19 - 7/22	Universal Cheer & Dance Association
7/19 - 7/23	Robot Quest Day Camp
7/23 - 7/25	Universal Cheer & Dance Association
7/24 - 7/29	EWU Middle School Jazz Camp
7/26 - 7/30	EWU Youth Soccer Day Camp
7/26 - 7/30	Video Game Creation Day Camp
7/25 - 7/31	Satori Camp
7/26 - 7/30	Women's Basketball - Eaglet Day Camp

AUGUST	
8/1 - 8/7	EWU High School Jazz Camp
8/22 - 8/26	Orchestra Day Camp

Easterner graphics

ation Camp. Both are week long, half-day commuter camps. Robot Quest is for children ages 9 to 14. The campers use Lego Mindstorm kits, purchased by EWU with a grant, to build three assigned robots and one of their own design.

"They just think they're having a good time. They don't realize they're actually learning physics, math and programming," Peters said.

In the Video Game Creation Camp, the students are split into two groups at the beginning of the four-day camp: ages 10 to 13 and ages 14 to 17. The groups create three games decided by the professor and one of their own choosing.

Robot Quest Camp is held July 18-22 while the Video Game Creation Camp is July 25-29. Both cost \$125.

Former candidate files grievance too late for hearing

BY NICOLE ERICKSON
news editor

Kadija Sesay, former Associated Students of EWU (ASEWU) presidential candidate, filed a grievance against four candidates April 21. Sesay claimed that the candidates violated the poster bylaw that says that no posters can be within 50 feet or in viewing distance of the ASEWU polling stations.

"I feel like if I am going to be pursued by the [ASEWU] for breaking certain rules — according to them I did; I still stand by my voice saying I didn't — I thought they should pursue other students with the same protocol," Sesay said.

However, bylaw 208, section 3, subsection A says that all grievances filed

against candidates must be submitted by 5 p.m. the day after the election, which was April 20.

"I withheld the right to hold an election board," said Parker Hemingway, ASEWU director of elections. "Essentially, what it is, is there is no violation that's actually occurring at all. I measured it out three times, and [the posters] are not within line of sight."

The only stipulation Hemingway cited was in bylaw 206, section A, subsection G that states that there are to be no posters where the poll is held on the day of the election. Hemingway said that an exception is the PUB administration poster boards, on which students are not allowed to post or remove.

Since the grievance was not filed before the established deadline, Jared

Couch, ASEWU Superior Court justice, informed Sesay via email that the court would not be able to hear the case.

"The elections board, which right now is the Superior Court, cannot hear the case because [the grievance] was filed late," said Couch. "I informed [Sesay] that the court was not making a ruling by not hearing the case, that we were just informing her that we were unable to hear the case because it was filed after the appropriate deadline."

Due to the late submission of the grievance, the Superior Court will not hear Sesay's claim. Also, the candidates who were mentioned in the grievance will not be punished because Hemingway found no violations.

"Hey, I tried," said Sesay. "If they don't want to look at it and see that it

was an actual grievance that the director of elections should have looked at, but he failed to do that, and that's based on his negligence. It just shows how the ASEWU actually pursues or targets individuals while they're trying to prove cases."

Couch said the Superior Court must hear all cases brought before them and that the court is governed by the ASEWU court. "The court does not get to pick cases but we must follow proper procedures," he said. "In this case, the former candidate failed to submit their grievance by the posted deadline that they were informed of which was in the elections packet which they received. They signed agreements saying they received that information and [Sesay] failed to submit that grievance on time."

MAKE A DIFFERENCE IN THE LIVES OF HIGH SCHOOL STUDENTS

Come join the TRiO Upward Bound team working with high school students during the residential summer school program at Big Bend Community College, Moses Lake, WA from June 25 – August 13, 2011. (Must be available for the entire term of the summer program.) Available positions are (1) Resident Hall Director for \$4,050 (Bachelor's degree & supervisory experience desired), (1) Residence Hall Coordinator for \$3,600 (requires three years of college) and (7) Resident Advisors for \$3,080 (requires 2 years of college after high school). Room & Board and insurance provided. Call 509.793.2008 or e-mail: hroffice@bigbend.edu; www.bigbend.edu. Equal opportunity employer.

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Sustainability Club to 'start something big'

Group created to help bring awareness of environmental issues to campus, garden would aim for student-grown food

BY HALLIE TWISS
contributing writer

In May 2010, Alex Silgar started the EWU Sustainability Club because he wanted to "start something big," just as Eastern encourages all students to do.

Silgar's inspiration came from his year spent in Georgia as an AmeriCorp participant. After learning about societal issues, he began to connect most of them back to one source: food. This epiphany eventually led him to start the Sustainability Club, though his original goal was to start a campus garden. A year later, the club now has roughly 30 regular participants, plus support from other students and faculty.

Four members of the Sustainability Club recently attended the President's Sustainability Symposium at the University of Idaho, which addressed issues concerning campus sustainability. Eastern's representatives included Silgar, Jesse Taylor, Mohamud Omar and Nastassja Noell. At this symposium, Silgar presented at a food workshop and Taylor gave a speech about campus leadership.

"There's all these universities in the area that have sustainability commitments, and it made us feel like we should step up," Silgar said.

Eastern has a sustainability commitment of its own, the President's Climate Commitment, which pledges such things as future carbon neutrality. However, the Sustainability Club hopes to

push the president to hold higher standards for EWU.

"I understand that there are a lot of issues with budget, but these things are actually money savers," Silgar said.

The Sustainability Club has four major projects at the moment: moving the Cheney Farmer's Market to take place on campus, planning a campus garden, pressing for higher sustainability standards on campus and an educational campaign to raise awareness about pressing environmental issues.

They have successfully moved the farmer's market across the street from Isle Hall to Elm Street. The market will begin May 23 and will run throughout the summer.

They have also submitted a proposal for a \$5,000 grant to build a campus garden behind the URG where the EPIC House used to be. Last quarter, the group got 600 signatures of support from EWU students.

Both projects are the club's efforts to remind people that "every food item has a connection to someone," as Silgar says.

The club is also trying to convince the president of EWU to commit 20 percent of the \$3 million university budget to food that is locally grown as well as grown humanely and through ethically sound practices. They also show documentaries about the food industry and work with the library to provide students with access to documentaries.



The possible future site for the Sustainability Club's garden.

Aaron Malmoe/Easterner

The group is working hard to reach their sustainable campus goals will take a lot of time and support, but its members are optimistic.

"It may be a five year or 10 year process, but if you never start it, it will always be five or 10 years away," Silgar said.

Any students or faculty members who are interested in joining the club or finding out more information can attend their meetings every Monday from 4 until 5 p.m. in PUB 357, or check out the club's website at <http://www.sustainable-ewu.org>.



Film program debuts TV show

BY AARON MARSTELLA
contributing writer

Eastern's film program has taken its leap into public television as they premiered their first showing on CMTV channel 14 The 11th Hour.

The show consists of film projects made by students, bringing to the audience a sense of wonder, talent and experience. Its first showing, which was April 22, is a three-part reality miniseries. The series, Work of Staggering Genius, tells the stories of 10 EWU sculpture students and their professor as they struggle and conquer the challenges of

obtaining their dreams as artists.

This channel 14 project has given film and sculpture students a wider audience than ever before.

"I felt like the students had worked so hard and done such good work that it was just a shame to not have more people see this," Sarah Monroe, assistant professor show coordinator, said.

Currently, channel 14 will air reality miniseries every Friday from 11-11:30 p.m. and re-air at the same time Saturday. The channel also has future plans for bringing creativity to entertainment in the form of

narrative shorts, music videos and other documentaries — a great source entertainment for anyone who enjoys the magic of storytelling and film making. The show will also be available on the film program's webpage, <http://www.ewu.edu/CALE/Programs/Film.xml>.

According to Monroe, "This program in a way is part of my job as a teacher because now I'm not only providing the space for them to make films, but it's important that they are seen." She defined the film program's project as a way to "provide them a space that's going to encourage them and nurture them and support them."

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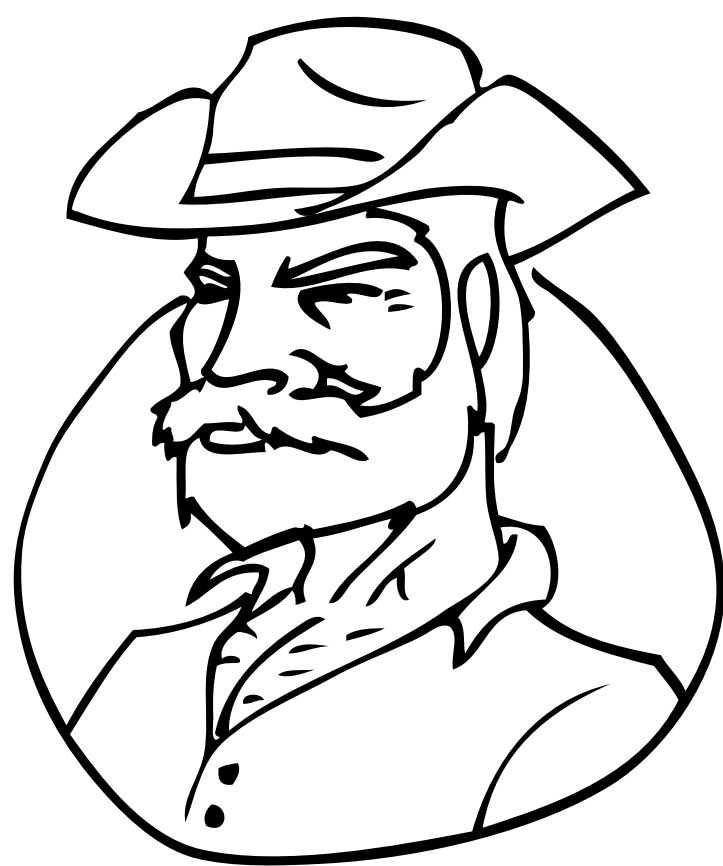
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LETTERS TO THE EDITOR



Responses to 'False advertising leads to power-based relationships'

I found myself deeply frustrated, not to mention disturbed, by Dylan Coil's article in last week's Easterner. He basically states that men cannot be held responsible for sexual aggression after a woman has "led them on" with conflicting signals.

This completely erases a woman's individual agency and condones nonconsensual sex. The last I checked, that means rape, and this article does nothing but help perpetuate ideas that are entrenched in our cultural inability to address rape for what it is.

It doesn't matter if some guy thinks I'm playing games with him — in fact, this has happened to me in the past when I wanted nothing but to be platonic friends with a guy who couldn't get it through his head that my friendliness didn't mean something sexual. I know I'm not alone in this experience. And I'm sorry, but lack of a yes, or a variable answer, does not mean it's OK to have sex with someone.

It also doesn't matter how many times I might say no to sex, if I say no it still means no. Perhaps I don't feel like sex, or I don't feel like having sex with a particular person. Either way, refusing sex is my initiative, and there is no reason any man should be blaming a woman for not being able to keep it in his pants.

I also found myself thinking about my past, separate experiences as a sex worker and how many men assumed that because I performed in a sexual manner onstage that I was available for sex. In many of their minds, I was "leading them on." So according to Dylan Coil, it would have been excusable for them to rape me, because I wasn't taking their sexual attraction seriously. Not only is it not a woman's responsibility to satisfy a male's sexual urges or succumb to his desires simply because he's made them obvious, but it's horrific that this suggestion could be made in such a casual context.

The Easterner, and Dylan Coil, have done a great disservice to the female bodied students of EWU in downgrading their personhood and downplaying the reality and the impact of rape.

Lindsae Williams

As women, victims of rape and partner violence, and allies, we were disgusted and infuriated by the ideas expressed in the Humpday Quickie titled "False advertising leads to power-based relationships" in the April 13, 2011, Easterner.

"Why can some guys get away with what other guys cannot?" Coil's opening question leaves us with a question of our own: Why does Coil seem so eager to condone rape in our school newspaper? This question implies not only that what some guys get away with is nonconsensual sex, but that those who cannot get away with rape wish they could. We should not need to point out how incredibly offensive this presumption is to survivors of rape and sexual assault whose experience is trivialized and to campus men, the majority of whom would never consider assaulting a woman.

Coil continues, "When a man is justified in his decision not to accept no as an answer, he feels a sense of power, which will encourage him to keep pursuing a woman even after he hears the word no." While surely some men do feel a sense of power while they are in the process of dominating and hurting a woman, it is our position that no person is ever justified in any decision that entails raping somebody. Not all men, or even most men, as this article implies.

"Some men, some women" — who are these people? The bottom line is some people want sex while others do not. Women are not here to keep men in line, nor to be the gatekeepers of male sexuality. This mistaken notion that men can't control their sexual urges propagates rape culture. There is no, "Oh, I raped you? Oops."

The author cites an article from the Journal of Sex Research and erroneously interprets the article to support his position that women's behaviors create a "sexually aggressive man." The study does not support the author's viewpoint, but instead states that power-sex associations are implicit and are associated with rape proclivity. Coil's misinterpretation is victim blaming.

How many students have read this column and buy into the wrong-headed logic, rape justification and victim blaming? It is disturbing enough that one man on our campus holds these views but even more so that the editor approved and published the article in a newspaper that represents all of us.

Students in WMST 490: Capstone in Women's & Gender Studies

I'm shocked and appalled at the article "False Advertising Leads to Power-Based Relationships." To me, it was dripping with inaccuracies and victim blaming, and with this month being Sexual Assault Prevention month, I don't understand how this got published. It implied that women will say no due to societal pressures around purity as oppose to a woman just wanting to say no. Either way, no matter why a woman says no, it should always, always mean no. The author was also wildly mistaken about what the definition of rape is. "Women who act uninterested in sex but then ultimately submit to male hounding aren't necessarily being raped?" Um, yes they are. If there's no consent, there's no consent, and it is not the woman's (or the nonaggressor) responsibility to keep their partner in line. This ideology is archaic, and it's frustrating to see a senior reporter perpetuating rape culture in this way. I hope he realizes how many people (and quite possibly, rape victims) felt offended or oppressed by this article, and I hope he issues an apology.

Molly Fitzpatrick

We were quite disturbed by the article that was posted on the 13th entitled "False Advertising Leads to Power-Based Relationships." Though we are sure that the author meant well and was not intending to be offensive, the article came off to us as somewhat victim-blaming. It seemed to us that the author was trying to tell women how to avoid being raped by men, by making sure if they want to have sex they just say yes instead of "playing hard to get" and then "submitting." The author may not be aware that this idea is a perpetuation of rape culture, which is anything in our society that condones, normalizes or makes excuses for rape.

The author implied that women play mind games, which could cause men to make rash decisions and, in some cases, rape them. It's problematic and dangerous to put responsibility on women to not get raped. The responsibility should be put on everyone to make sure they are not raping their partners and that they have consent to have sex.

One especially problematic thing that was said was, "Women who act uninterested in sex but ultimately submit to male hounding are not necessarily being raped, but they are promoting power-based sexual behavior." The situation the author described is in fact rape. If the woman was uninterested and then essentially bullied into having sex, that's rape. Perhaps the author meant to use the word "consent" as oppose to "submit," but once again, the blame should not be put on the victim of the power-based situation. Perhaps in the future the author should think very carefully about the words he uses. In this case, how would a rape victim feel reading this article?

The Scary Feminists

This letter is in response to Dylan Coil's recent column "False advertising leads to power-based relationships." As a former journalist and professional columnist, I am usually not one to condone censorship of the press. However, after reading Coil's poorly written piece, I must question what is being taught these days in the EWU Journalism department.

It is true that journalists have power over the written word, but with that power also comes responsibility. Coil has apparently forgotten that while he may have the right to write whatever he wishes, he also faces consequences for his actions. His column contained no facts that I could see. His only source was questionable at best (The Journal of Sex Research), and he interviewed exactly zero students or staff members about the issue. Sounds like high school journalism to me.

That being said, as an EWU alum and now a sexual assault victims' advocate, I urge the editor of The Easterner to consider removing Coil from his current position. Instead of a thought-provoking opinion piece, his column reads like one written by a pissed off little man who's been rejected by women all his life. He condones rape and is an embarrassment to the journalism profession. Is that the sort of people you want representing your publication? Because if so, I'm sure there's plenty of inmates at Walla Walla State Penitentiary who would love to be guest columnists for your next issue.

Landon Johnston

GENIUS OF THE WEEK



Ron Paul

Ron Paul announced his third run for the U.S. presidency after running in 1988 and 2008. Ron Paul is known for his staunch libertarian views and strict adherence to the Constitution.

LETTER FROM THE EDITOR

A response to concerned readers

The Easterner has served the student body as a forum for public debate and as a medium for informational articles and viewpoints on life. Most articles are published and read without any commentary online by readers. As a popular newsroom saying goes, "no news is good news" when it comes to online comments.

Of responses made to the April 13 article, "False advertising leads to power-based relationships," very few contained constructive criticism related to the article itself. Many instead leaned heavily on derogatory arguments pointed at the reporter and inflammatory language which only escalated the situation. The newspaper's website and Facebook page are open for readers to comment and partake in constructive debate, not to smear or besmirch a writer. I ask that further comments follow this ideal.

The article, with its sensitive subject matter, however, wasn't without flaw. Within every criticism, there is at least some truth, and hindsight is crystal clear. The article's wording could have been improved in key areas; although, if faced with the decision again the newspaper would still print the article. That being said, the intent of the article was not to slander victims of rape.

The subject of the article began from a textbook offered in PSYC 331, which focused on power-based relationships. From there, it was developed based on an article from the Journal of Sex Research. The article comes from the stance that repeatedly saying no to sex and then changing to yes, without explanation or developing a relationship over time, can potentially lead to a power-based relationship. The best solution to many relationship difficulties, as the article states, lies in communication.

It is imperative to reiterate that the newspaper in no way promotes rape, nor believes that victims are to blame. Any such promotion or accusation reveals a fracture in our attempt to become a more civilized and cultured society.

Just like other articles printed in the newspaper, it went through the regular editorial processing. Copy editors read it, editors scrutinized the content and, as often happens on layout nights, the topic was discussed for an extended period of time. In stark contrast to the online discussion, in-person comments have been positive toward the article. Many stated that the article addressed an issue that was fully-rounded by the time they finished the article. Women, both in the office and outside of it, have noted their approval for the article.

Rumors spread quickly in an enclosed community, and Eastern is no exception to the situation. One group may read only part of an article, and then spread it through campus. Being such a highly-networked and close community, word travels fast. It is easy for an article to be misconstrued and an article's subject matter somewhat distorted.

Instead of picking out one or two paragraphs, I ask readers to focus on the article's entirety. Look beyond the gossip and seek the real truth.

MASTHEAD

The Easterner strives to provide EWU students and staff with the opportunity to comment or express their opinions and/or views on any topic relevant to our readers. We encourage the campus community to submit letters and opinion pieces that conform to the requirements listed below. Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.

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REQUIREMENTS

- Letters should be 300 words or less, and typed or hand-written legibly.
- Include your full name, signature, telephone number and e-mail address for verification.
- We reserve the right not to publish letters; furthermore, all letters are subject to editing.
- Letters must be received by no later than Monday at 3 p.m. in order to be considered for publication the following Wednesday.
- If your letter is in response to a specific article, please list the title and date of the article.

EDITORIAL CARTOON



Mooching has finally gone too far

BY KRISTIE HSIN
staff writer

By definition, a “mooch” as a noun is a beggar or scrounger. As a verb, it’s obtaining without asking or paying. By my definition, it’s the people I live with.

After exerting a certain amount of patience and food loss, I’m drawing the line. Just as there’s a difference between common sense and plain stupidity, there’s a fine difference between those who borrow once or twice and those who are ignorant and mooch.

If a roommate or friend asked to use my body wash because they ran out and didn’t have time to buy more, I’d be more than willing to share. If that same person continued to borrow my body wash because they didn’t want to or hadn’t “made time” to get their own, then it becomes a problem. In most cases, being a college student typically means that you’re on the edge of being dirt poor. And even if money wasn’t the case, no one likes carrying the weight of feeding another mouth, especially when they don’t have to.

If I want a case of water from Safeway, I have to buy it and drag it back to my place myself. Not anyone else. Just me. I don’t appreciate others drinking all my water or eating all my food like it’s nothing — especially if we’re not all that close. Just because it’s there, doesn’t mean it’s there for you. In our society, gender equality isn’t always fair, but in the world of bumming and taking what isn’t yours, both sexes are graced with the equal titles of being moochers and dependents. People didn’t work hard to get into college only to become dependent upon someone else. College is said to be the place for expanding educational horizons and becoming a successful individual, not a hobo.

Many feel the costly pressure of buying textbooks, and who would want to buy a textbook when they can just use someone else’s? No. Textbooks in certain classes can be shared when they’re not used as often, but given certain classes like English and math, textbooks cannot be shared. In my experience, it’s extremely annoying and frustrating when I’m trying to do my pop quiz that happened to allow open book, absent my book.

Let me be careful in saying that I’m not calling out those who eat other people’s fries or candy here and there. I’m addressing those who take willingly and consistently without the conscience or brains to realize what they’re doing. I’m also addressing those who use people for what they have.

A mooch is a fly: attracted to what’s not theirs, irritating and hard to get rid of.

Humpday Quickie article clarified

Understanding the social phenomena of power-based behavior leads to healthier relationships

BY DYLAN COIL AND SARA JO BARRETT
the easterner

A healthy relationship requires good communication. Being forthcoming with emotional, intellectual and sexual desires is the best way for intimate partners to avoid misrepresenting and misinterpreting intentions.

Individuals are responsible for their own actions, but those actions are shaped by their environment. When an environment condones particular behaviors, an individual may learn to repeat those behaviors.

Two weeks ago, in issue 23 of The Easterner, I wrote the weekly sex column, the Humpday Quickie. The article, entitled “False advertising leads to power-based relationships,” addresses the important issue of power-based relationships that result from miscommunication on behalf of both partners in a sexual context.

Through personal experience, I have encountered both men and women who admit that during sexual encounters, initial reluctance to consent is a facade, one based on the role-playing fantasy of male (and sometimes female) domination. Some people have misinterpreted this point in my original article. They thought I was not only condoning rape, but also excusing it as well as blaming the victims of rape.

I do not now, nor have I ever, nor will I ever, condone rape. Furthermore,

victims are never to blame. When a potential partner says “no” and he or she means no, then the other party should respect their feelings.

However, when a potential partner says “no,” he or she does not always mean “no.” Instead, he or she sometimes wants “no” to mean initial reluctance that will play into a consensual sexual fantasy of role-playing submission.

According to “Abusive Relationships,” a pamphlet published by the Office of Student Rights and Responsibilities (OSRR), “Partner violence is a pattern of behavior used by one person in a relationship to control, intimidate and isolate the other person. It is about power, control and entitlement.”

My argument is that if a person participates in consensual sexual fantasies involving role-playing submission without prior explicit verbal discussion between partners, then they are inadvertently learning power-based behavior that could then turn into a negative form of partner violence in future relationships.

Saying “no” one time is a statement that should not be ignored. Nevertheless, situations where “no” doesn’t actually mean “no” do arise. My intent was to have a conversation on the future implications of such social conditioning where submission is not only tolerated by consenting parties, but wanted by both partners.

“I am revealing this social phenomenon to reveal how closely power-based sexual fantasies toe the line with rape.”

- Dylan Coil

According to “Healthy Relationships,” another pamphlet published by OSRR, healthy relationships can only prosper when “you can share your real thoughts.”

The term “real thoughts” furthers my point that open communication is the best solution to avoid verbal discrepancies in relationships.

In my column, I was introducing the social phenomenon that individuals do not always express real thoughts, and when this happens, aggressors may develop dysfunctional habits — such as not taking “no” for an answer because they think that is what their partner wants. This dysfunctional thinking is wrong and leads to power-based relationships, which are dangerous.

My original column stated, “Pretending to not be interested in sex and then give it up regardless teaches men dysfunctional behavior.” The key word here is “pretending.” When women pretend not to be interested in sex, they are not expressing their real thoughts.

Therefore, some individuals learn that their sexual partners tend not to express real thoughts and certain actions could be interpreted as consenting to sex.

If rape does occur, the victim is not to blame. I am revealing this social phenomenon to reveal how closely power-based sexual fantasies toe the line with rape. I want to discourage this danger of power-based relationships.

I discourage nonverbal mind-games that put one partner in submission to another partner’s will when the two partners do not explicitly discuss this role-playing sexual fantasy beforehand. I encourage better communication in relationships. So long as the two adults discuss this fantasy beforehand and consent to enacting the role-playing game, the act of submission in fantasy can be healthy.

I admit that I failed in my original column to mention that sexually active people have the capability of taking complete responsibility for their actions, but the reality is that many do not take responsibility. My solution to these issues is better communication, which will lead to individuals taking complete accountability for their actions.

Holding an individual accountable for their actions through explicit communication will ensure inappropriately aggressive behavior does not continue in future sexual interactions nor with different partners in the future. This social phenomenon I am addressing affects both men and women, and the responsibility to change it falls on both sexes.

Marriage for life is a dying breed of romantic lifestyle

BY WOO KIM
contributing writer

On Jan. 1, I made a New Year’s resolution that I would not fall in love until I graduated from EWU. I made this vow to myself because first and foremost, I want to graduate from university and because secondly, I have been disenchanted with the idea of love.

I say the idea of love because I have noticed a pattern with acquaintances and friends recently. People are getting into relationships for fun and amusement more than having a deep emotional connection with someone. Before I go any further, I must say that yes, it is true that love is different for everyone and relationships are different for everyone.

On the other hand, over the last year, three of my friends, who are younger than me, have become engaged, and several of my friends over the last five years have gotten married and, sometime later, have had children.

What surprises me more than this is that a lot of my friends tell me more often than not that the reason they are in love is because they have fun with their significant other and being around them is always exciting.

Maybe I am just a traditionalist, but when I was growing up, I thought the reason people got married was more personal than today’s reason. I thought it was because the person they were marrying understood them more than anyone else, made them feel loved, made them stronger and a better person.

Honestly, I still believe that and feel the main reason to get married is because the person you’re marrying makes this difficult and confusing world less confusing and easier to deal with.

With that said, it seems that my generation, which is a very “generation me” instead of “generation we,” puts a greater emphasis on the need to have fun and have memories that last forever rather than falling in love. This is evident even in the 2009 Pixar film “Up” in which the wife of the main character wrote, “Thanks for the Adventure, now go find another one” to her husband in her journal.

There are many reasons for the change. One reason is because technology is so embedded into people’s lives, and there are so many other activities other than going out on dates.

A lot of people in my generation don’t see the point of getting into relationships because emotional connections take a lot of work and a lot of time.

And to compound that with the fact that more men and women see a better future in a career than in a relationship, we understand why more people are marrying friends within their own social circle and marrying them because they are fun to be around. Maybe I am too much of a traditional

and too focused on finding the Lois Lane to my Clark Kent. But that’s the kind of love I want for myself, to have a deep emotional connection with someone for a long time. Perhaps I’m a dying breed.

MORON OF THE WEEK



Nicolas Cage

Nicolas Cage has had multiple run-ins with the authorities in the past weeks after a charge for public drunkenness and recent accusations of child abuse on his five-year-old son. As a side note, Cage has appeared in many Hollywood productions, but if you failed to catch these on the silver screen, they can be found in a trash can near you.

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Austen Julka-Lawrence



Lavender Graduation honors LGBTQ community

Ceremony celebrates achievements of lesbian, gay, bisexual, transgender and questioning students in Spokane area

BY KRISTIE HSIN
 staff writer

Last Thursday, Eastern's second annual Lavender Graduation ceremony honored more than 20 students for their academic achievements through a collection of speeches from guest speakers. For the first time, Spokane and Cheney High School students were also part of the graduation ceremony, which took place in Showalter Hall from 6 until 8 p.m.

Sponsored by the EWU Pride Center, the event supported and recognized lesbian, gay, bisexual, transgender and questioning people of all ethnicities.

"I love that we're honored for our sexuality," said Lewis and Clark High School graduate Jessica Hettich. "I think it's really awesome."

The ceremony kicked off with junior Charlotte Heller, treasurer of EWU Pride, as the event's emcee and Steven Barrios, Long Time Holy Rain, presenting a blessing. After, Alan Fonseca from EWU Pride gave a welcome speech and introduced Nathan Lewis.

"I'll try and keep all my clothes on this time," Lewis joked in reference to last month's Lady Luck Drag Show.

Following Lewis was Sara Toce, editor-in-chief of the Seattle Lesbian. Toce briefly gave audience members her background and the struggles she overcame with coming out.

"I wish I had something like [Pride] when I was going to school," Toce said.

According to Toce, "The turnout was incredible."

Senior Skylar Oberst from the Associated Students of EWU (ASEWU) and recipient of the Lavender Ally Award



Nathan Lewis, Sandy Williams, Alan Fonseca and Charlotte Heller present at the ceremony.

Casey Picha/Easterner

said, "I think that this ceremony [was] a wonderful way to represent EWU students. I was glad to be a part of it," he said.

After addressing special thanks to supporters and contributors, Pride Center Coordinator Sandy Williams presented the evening's Lavender Ally Awards to ASEWU, Steve Bertram, Kelly Coogan-Gehr, Joel Diaz and Dr. Mimi Marinucci, assistant professor of philosophy. Awards were granted to those whosupport and contribute to

Pride as an ally. Following, Ferris High School graduate Molly Fitzpatrick and EWU graduate Angel Cervantes each presented their own heart-filled speeches, moving people in the audience.

With each new speaker came new tears as high school and college graduates were honored with their very own lavender stoles and rainbow tassels.

"I've never really been out in the open before this," said high school graduate Rekikia Heather Noonan. "Everyone needs to feel like they belong some-

where." Senior Lilly Cunningham from the audience said, "I think it was great. I think it really promotes diversity."

Of the graduates were six high school students and nine college and university students. After the ceremony, guests and graduates were treated to snacks and refreshments.

"All I can say is I'm so excited that we [had] high school students this year," said Williams. "For the high school students to see the college students do this, [they] see that they can do it too."



Men and women's procreation habits are instinctual

BY DOUG AULT
 staff writer

A federal study conducted in 2007 found that women reported a median of four sexual partners, while men had a median of seven.

While scientists agree that false reporting can skew the numbers — we know how men exaggerate — the law of large numbers assumes that this figure is fairly accurate. Then what causes this discrepancy between the numbers of sexual partners men and women have?

The answer may be rooted in science. As a man taking Psychology of Women my sophomore year, my eyes were opened by Dr. Gail Hicks, especially regarding the theory of reproduction. This hypothesis breaks down the incongruity among the sexes to purely instinctual values.

There are, on average, between 20 and 100 million sperm in each milliliter of semen a man produces. The theory that follows postulates that a man's instincts are, at the most visceral level, to "spread his seed" far and wide. As he is always able to generate more, the selectivity of a man can be diminished as he searches for simply more partners to aid in the reproduction and continuance of his genes.

Females, on the other hand, possess a greater selectivity at the most primal level, according to the theory. Unlike men, women are born with a set number of reproductive eggs and do not have the option of replacing them. As a result, the instinct of the woman is to be more prudent of her choice, to not "waste" the set number of eggs and reproducing years on a less than suitable mate.

The theory is rather primal in nature, almost reducing the complexities of the human race to that of animals. For both men and women, the theory presents the best method of sustaining a population of the species while producing the strongest, healthiest possible offspring.

Can that really be the answer to this imbalance? Are we, as a human species, no different than rams butting heads to prove dominance to a potential mate? Are we operating on the same instincts that compel a lady peacock (otherwise known as a shecock) to choose a mate based on the most colorful, vibrant plumage?

While it can be argued that humans are more advanced, evolved, etc., the theory provides an interesting biological approach to looking at the numbers. Whether it is purely instinct that fuels this discrepancy between sexes or if the truth is rooted in something else yet unknown, I believe it boils down to what I learned taking Dr. Hicks' — class women and men are wired on completely different circuit boards.

Open mic finds new venue

Event location moved to PUB atrium to accommodate larger audiences

BY AMY MEYER
 staff writer

Lovers of the performing arts and avid participants of Eagle Entertainment events can enjoy this quarter's Open Mic Night April 28 from 7 until 9 p.m. in the PUB.

Rachel Wilder, a sophomore working for Eagle Entertainment, explained that the event has outgrown its previous location.

"Every quarter, we usually have it in the PUB lounge. It's just gotten too big so it's really crowded, and for fire code reasons, we decided to move it to that much cooler location," Wilder said.

That "much cooler location" is at the PUB Atrium, halfway up the main stairs of the PUB.

Wilder added that Open Mic Night is for any sort of performance.

"It's whatever people want. They can play music. They can play their guitar and just sit

there and play. They can sing with it. They can do just a little skit skat 'n bee boppin. They can do poetry reading. They can do comedy. Basically, it's open mic," Wilder said.

Wilder said that the audience varies from passers-by to friends of the performers to those who come because they like it.

Senior Rainee Palmer plans to attend to support her roommate, Megan Brown, who was invited to make an appearance at Open Mic Night after she played a session for Rock Against Rape.

"I like to go and watch and support those things," said Palmer. "If not for [my roommate], I think I would just go for fun."

Those interested in participating in Open Mic Night can reserve a performance spot up to the day of the event by leaving their information on a sign up sheet outside the Eagle Entertainment office in PUB 225.

Sleep deprivation strikes Eastern: Tips to get a necessary night's rest

BY CHELSEA TWISS
 columnist

There seems to be one big problem plaguing students even in the early weeks of spring quarter: sleep deprivation. For whatever reason, students are already strung out, staying up too late to finish assignments due the next day or studying for looming midterms.

At my job at an on campus coffee shop, I have already seen a multitude of semiconscious, red-eyed patrons barely able to cohesively order their morning brew — temporary salvation from exhaustion for at least a few hours, and it's only week five of the quarter!

I have personally never experienced so many close calls of nearly drifting off to sleep in the middle of class. My sleep deprivation is not only severely affecting my attention in class, but also my ability to function in general.

I find myself laughing at things that aren't funny, unable to hold a decent conversation in social settings and feeling what seems to be a perpetual state of being stoned.

If these are the consequences of not getting a full night's rest, then something has to change. There has to be some way to work, go to class, exercise, eat, party, do homework, relax and still have time to squeeze in enough shut eye to do it all again the next day.

Seeing that this problem is prevalent with Eastern students, I figure it's worth investigating. The first piece of advice regarding healthy sleeping habits that I stumbled across wasn't exactly what I was expecting.

Regarding the quality of sleep, <http://www.sleepbetter.org> suggests washing your pillow cases regularly to avoid things like allergens and mold that can cause breathing issues, which can then lead to a restless night of sleep.

Another helpful tip from the same website

"I have already seen a multitude of semiconscious red-eyed patrons."

- Chelsea Twiss

is something all college students should probably avoid: procrastination. This is a very difficult task for many, myself included, considering that I always wait until Sunday night to get my homework done.

Harvard University's website on sleep, <http://www.healthysleep.med.harvard.edu>, also offers guidelines to develop regular sleeping habits. Some include keeping your sleeping schedule consistent (I guess Ivy League kids don't celebrate Thirsty Thursdays) and avoiding caffeine consumption late in the day.

The website <http://www.sleepfoundation.org> said that the amount of sleep we should be getting as college students not only varies with age, but also depends on individual needs. According to the website, a cross-cultural study in 2005 verified that the amount of sleep needed is an individualistically determined entity. [Sleepfoundation.org](http://www.sleepfoundation.org) provides a table that shows a window of typical healthy sleeping time based on age. For us "adults" over the age of 17, seven to nine hours is the suggested amount.

Hopefully some of these suggestions with regard to healthy sleeping habits will be beneficial to all those out there grappling with the same dilemma over the issue of running on insufficient amounts sleep while in college. If nothing else, at least you know you're not alone.

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Anime convention and fashion show showcases cultural individuality through decorative costumes.

Photos courtesy of Yauka Huff

BY KRISTIE HSIN | staff writer

Japan Week Spokane embraced Japanese culture and traditions through a week long celebration of cultural events.

Hosted by a committee of citizens, some attached to the colleges and others from the community, Japan Week Spokane held more than 100 events with a surplus of 300 people per event. The 19th annual celebration took place April 16-24.

Japan Week kicked off with an opening celebration at the River Park Square Mall when young women from the Mukogawa Fort Wright Institute performed bon-odori dancing and the Mukogawa choir sang Japanese and American songs. There were also drumming and martial arts demonstrations during the opening celebration.

The evening ended at Spokane Falls Community College with the KuroNeko Con Cosplay Fashion Show. Sponsored by Spokane Fall's anime club, students arrived garbed in customary anime and manga costumes.

"Some parents brought their children to the fashion show. They just wanted to have fun," said Yasuka Huff, a Japanese instructor from Spokane Falls. "The committee did a really good job organizing. It was excellent."

Huff was very impressed with the effort and contributions put forth by the committees and students.

Tuesday's Japan and American High School Leadership Conference was open to attendants by invitation only. In attendance were 191 American students and 216 Japanese students from Spokane and Coeur d'Alene high schools.

"We opened with taiko drumming by Spokane Taiko. Then we had 20 presentations by students from Japan about differences between Japanese and American culture," said Doug Griffith, director of academic programs from Mukogawa Fort Wright Institute.

"Everything from schools, schools days, school rules, to table manners."

Students learned about universities and college programs in Japanese language and how to make miso soup. The event also included a Japanese story telling section and a demonstration of two Japanese toys — a bowl and cup, or "Kendema" — and Koma spinning tops.

Later, students enjoyed a brief lunch of sushi and Yakisoba (noodles) at Spokane Falls Community College.

"The turnout was excellent, and the students had a great time. This was probably the best one we've ever

had, and this is number 19," Griffith said. Wednesday showcased the Japanese Paper Doll and Origami Presentation along with the Family Festival where people learned how to make paper cranes and do calligraphy. Friday started the afternoon with Nuido: The Way of Embroidery at the Spokane Buddhist Temple.

"People can come and actually see a class taken place," said Lee McLeron, who was in charge of the events. "We're working on our own pieces, and we use all the traditional frames."

In relation to last year's celebration, Japan Week kept most of the same events and activities, including dancing and drumming performances and the art show, in the Kress Gallery in River Park Square Mall.

"We bring together all the different kinds of activities that have to do with Japanese culture," McLeron said.

Japan Week ended Sunday with the Hanamatsuri Service, or Flower Service, with Rev. Joshin Dennis Fujimoto at the Spokane Buddhist Temple and the Tsutakawa Garden Festival at Manito Park.

Sponsors of Spokane's annual Japan Week included The Spokesman-Review, Community Colleges of Spokane, Corbin Senior Activity Center, Japanese-American Citizens League and River Park Square.

A MODEST PROPOSAL



Earn the respect you deserve by listening to others

Respect is a lost value today. Often we forget how the little "please" and "thank you" can affect a person's day or their perception of us. Just because rudeness has run rampant over the years doesn't mean that we should forget our manners or that they don't matter at all. To earn respect, we must first give it.

It's important to remember to thank those with whom we interact. These people are not just our friends and colleagues, but also the helpful barista at the coffee shop and the courtesy clerk at the grocery store who carries out our bags.

Because respect for our fellow man is so rare, the need for respect is more important than ever. With that in mind, the following are key elements for earning the respect you deserve.

1. Listen to others

Deep down, people just want to be valued and acknowledged. By taking the time to listen to all the intricate little details, you send a clear message that you are making the choice to actively listen and empathize with their situation — a key element in giving and earning respect.

Remember to listen to strangers and acquaintances alike. Often we don't take the time to listen to anyone but those closest to us. Through common courtesy or by asking a new acquaintance a question that requires their thoughtful input, you convey interest in their point of view, which often leads to a wonderful cycle of mutual respect.

After all, they say what goes around comes around, so you might as well make sure what is coming your way is something good.

2. See the best in others

Listening to others opens up opportunities for others to show you their best qualities. People love to chat about themselves; by letting others have the time to shine, you can see others in a new and favorable light you wouldn't have otherwise.

All in all, giving and earning respect comes back to listening and opening yourself up to new opportunities to show others you care about opinions and values other than your own.

Acquaintances, however, are not the only people in our lives who deserve the opportunity to feel appreciated, wanted and honored. Too often we forget about the good qualities of those closest to us by dwelling on their negative behaviors.

Don't let negativity overtake your ability to appreciate the good. Next time a friend surprises you with your favorite candy or a significant other remembers something important to you, compliment and thank them. This sends a message that you respect their efforts and reinforces the behaviors you appreciate.

The views expressed here do not directly reflect the views of The Easterner. The writer can be contacted at easterner.eaglelife@gmail.com.

EWU starts something 'green' with first Earth Day celebration

Recycling department raises student and faculty awareness on environmental issues through campus fair

BY KRISTIE HSIN
staff writer

Reduce, reuse and recycle was the topic of the Start Something Green Earth Day Fair, sponsored by Eastern's recycling department, that raised environmental awareness to passing students and faculty.

Held Friday in the campus mall from 10 a.m. to 2 p.m., the fair kept its festive vibe with a live band, mini exhibits that displayed Eastern's recycling efforts and a tree planting ceremony near the end of the event.

"I think it's good to be aware of the environment and environmental issues," Riley Connor from the audience said.

At the event were 25 tables that promoted different methods of recycling and reducing. Organizations hosting tables included Office Depot, Turnbull National Wildlife Refuge, Let's Move Cheney, EPIC Adventures, EWU Sustainability Project and EWU Environmental Health and Safety Department.

"I think it's got a nice representation," said Barbara McFee, manager of Dining Services. "I just wish there were more students."

The Inland ReTech table helped promote how students can recycle items like computers, monitors and TVs, which helps keep hazardous material out of landfills.

Other tables like the AmSan Custodial Supplies had a table filled with safe cleaning products like brooms, brushes and odor control products that reduce harm to the environment through production and disposal.

Acting recycling coordinator Jeff Hubbard said, "The main point is to let everybody know

what we do here in the community and here especially at Eastern."

Though Earth Day promoted a healthy environmental lifestyle, a few thought the event would have been better if they could hear over the band's playing.

"It's a great start. Just mixing the people that are exhibiting and the music in a small space makes it hard to hear," Cary Butler, a volunteer from Inland ReTech, said.

Senior Tanya Aho added, "I just wish the music was more reggae." Aho thought reggae music would better suit the atmosphere of Earth Day.

After being introduced by Hubbard, EWU President Rodolfo Arévalo gave a welcoming and thank you speech to a small audience outside of the JFK Library. Next, Linda Mead from Tree City USA presented the Tree City USA Arbor Day Foundation award to Cheney Mayor and EWU professor Tom Trulove.

The award required that EWU met four different criteria — Eastern must have a tree department, a tree card ordinance, a community forestry program with an annual budget and an Arbor Day observation and proclamation.

"We, today, are celebrating Arbor Day and Earth Day by planting a tree," Mead said during her speech.

After a brief thank you to the Cheney community, EWU and Tree City USA, Arévalo, Mead and Trulove planted a tree near JFK Library, solidifying Earth Day and its promise of continuous environmental efforts.

This year's event was the first Earth Day in which Eastern has participated. According to Transportation Supervisor Dennis Hayes, it was a great success.



President Rodolfo Arévalo participates in the tree planting ceremony outside the JFK Library. Casey Picha/Easterner



From left to right: A WSU student, Josette Rader, Mike Wilhelm and fellow cadet congregate to determine their next task in the mission.

Linsey Garrison/Easterner

ROTC pairs with Washington State University in training exercises

Land navigation and battle drills teach cadets combat skills at annual spring training located at Camp Seven Mile in Spokane



A cadet secures the area during a mission. Linsey Garrison/Easterner

BY LINSEY GARRISON
contributing writer

Last weekend, EWU's ROTC teamed up with Washington State University (WSU) for field training exercises at Camp Seven Mile. This year's spring exercises included day and night land navigation, as well as battle drills, to teach cadets how to lead troops in combat.

"We are trying to train leaders, so instead of us jumping in to do it for them, we give them an opportunity to figure it out on their own. That's what ROTC is all about," Lt. Col. Michael Kirkland said.

For the land navigation exercises, cadets were given a map sheet, a compass and their starting location.

The goal was for the cadets to plot out the routes they needed to take to get to the five required points scattered throughout the surrounding forest.

Cadets were only allowed to use a red light to find their way through the dark, and getting lost could mean failing the exercise. Freshmen and sophomore cadets were allowed to go in groups, but juniors had to go alone. If cadets couldn't make it to all five points, it meant more training exercises.

On the second day of training, cadets ran a series of five battle drills, each with a different objective set up at different stations. The unit was split into smaller groups consisting of cadets from both EWU and WSU.

"We teach them leadership and how to lead a basic army tactical mission. We take our junior cadets, [put one of them in charge], and I give them a mission. [They've] got 45 minutes to plan this mission and [leave]," said Maj. Robert Riedel. At the end of each two hour drill, the squad leader would rotate out to allow another junior cadet to lead a mission.

The spring training exercises are particularly important for cadets in their junior year.

During the summer, these cadets go to Fort Lewis to do an assessment course called L-DAC to see if they have what it takes to be an army officer.

"This [field training exercise] is to bring them out here and make sure they're trained and ready to go ... and come back successfully and then finish their senior year," Kirkland said.

Freshman cadet and nursing major Josette Rader was looking forward to getting a little more practice on the trip.

"I wanted to run one of these lanes, or at least [try a] leadership position because I'm getting bumped up to a [level] 3 next year," Rader said.

Rader planned to do her L-DAC assessment a year early to avoid having a tough ROTC and school year at the same time.

"I love it here; I'd cry if I ever had to leave," she said. "I mean, how many nurses get to say they do this? It's pretty sick."

Freshman and sophomore students are allowed to participate in ROTC's field training exercise trips without being contracted in the military. This gives those who want to try it out an opportunity to see what the military program is really like before making a decision to sign up. However, juniors and seniors are required to be contracted.

"We like to be as informal as we can so we can make sure we have a good time," said cadet Kaileb Monk. "We crack jokes, we make sure we're having fun because training is better when it's fun because you pay more attention, you want to be here, you want to learn more."

Part two of the ROTC's annual spring training exercises is scheduled to take place next month and will include more land navigation exercises for cadets to further their training.

Philosophy club open to all

Students of all majors are welcome to attend weekly discussions and learn life skills through critical thinking

BY LINSEY GARRISON
contributing writer

Being the only female in the room could be a little tough for some girls, but for sophomore and philosophy club President Hannah Heilman, the feeling is empowering.

Heilman is not only the sole female member of the EWU philosophy club, also known as the Transcendental Apathetic, but also the club's recently elected president. A double major in philosophy and creative writing, Heilman became interested in philosophy after taking an honors class focused on ancient philosophy.

"I guess I just always had questions, and philosophy is good at answering those questions," Heilman said.

"I thought about other majors, like theater or film along with creative writing, but philosophy just seemed to fit better," continued Heilman. "It's not for everyone, but if you're a little interested, I'd say go for it."

What can a person do with a philosophy degree? Teaching is one option, but many other industries require the important skills philosophy majors learn.

Philosophy teaches people how to make ethical decisions, construct a thorough argument, communicate well and think critically, all of which are very important to professional fields

like law or politics. Heilman became president of the club after most of the founding members graduated last spring and after the last few graduated during winter quarter. She hopes to revamp the club with the new generation of students.

"Anyone can join. Right now, there are around eight to 12 members, most of which are also philosophy majors, though not all," Heilman said.

"The environment is pretty casual. We have open discussions about philosophy. It's what you would imagine a lively Starbucks would be, except full of teachers," Heilman also said. Meetings are held Thursdays at 2:30 p.m. in the Reid conference hall.

The philosophy department is also making plans for a summer trip to Greece during the last two weeks of July.

"That's like the holy land for philosophy majors, all of western philosophy," Heilman said.

The trip will include six nights in Athens, four nights in Olympia, and is open to all students, not just philosophy majors. After receiving her degree, Heilman plans to attend graduate school and would like to eventually teach at a university.

For those interested in obtaining more information on Eastern's philosophy club, email philosophy@eagles.evu.edu.

Eastern's honorary grandmother

Baldy's own Paulette Dickson loved by campus community

BY CHELSEA TWISS
columnist

When asked whether they knew Paulette Dickson, beloved cashier at Eastern's own Baldy's, students and coworkers immediately referred to her as a grandmother figure. It seems that just the mention of Dickson evokes smiles and kind thoughts from those who have had the pleasure of encountering her while she is working at Baldy's.

"She reminds you of family and gives you hugs, and it feels sincere, which isn't something you see often anymore," said Amber Teichroeb, an EWU student.

Dickson's coworkers Megan Butler and Kari Tillman also have nothing but kind things to say about Eastern's honorary grandmother.

"She is fun to work with and always tells you how it is," said Butler. "She can relate to anyone on any level."

Even speaking to Dickson it's easy to see why she is a favorite among students.

When she revealed her knack for sewing and her love for gardening in our interview, I mentioned that I had a few pairs of jeans that need mending but that I was not blessed with such talents. In response, Dickson said, "Hun, wash them, pin them up and I'll hem them for you." By the end of our conversation, I



Dickson in her usual lane at Baldy's.

File photo

was inclined to refer to her as Grandma.

When asked about her favorite part of her job, Dickson immediately responded, "The kids."

She confessed that she treats students like her own five grandkids. She proudly shared that one of her biological grandchildren is currently going into law school in Virginia and that three still reside in Cheney. Dickson has been working at Baldy's for eight years. She and her husband have lived in Cheney for 31 years after moving here so their children could attend Cheney schools. Dickson is from California and confesses to missing the sun.


I asked Dickson how she felt things have changed since she started working with Eastern's Dining Services eight

years ago. "They listen to the students more," she stated. "They care about the quality of the food and student comment."

She also mentioned Dining Service's flexibility in catering to the needs of special diets, like vegetarians.


Dickson loves Baldy's salad bar, especially its fajita salads, and the frozen yogurt selection for dessert. She eats at Baldy's five days a week and enjoys every minute of it.

If you don't already know Paulette Dickson, next time you go to Baldy's to pick up a meal or midday snack, be sure to get in her line at the check-out station and see for yourself what an amazing, heartwarming person she is. After all, not every university is lucky enough to have its own grandmother.



Check out the Humpday Quickie every Wednesday.

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A GOOD OBSESSION



DUSTIN TOMS
managing/sports editor

Selby brings out NBA age limit system flaws

I have never been an advocate of the NBA age limit. The fact that all players must go to college for one year or be at least 19 years of age and a year removed from high school is ridiculous.

However, there is one major flaw in the system: Josh Selby.

Selby, a freshman guard for the Kansas University Jayhawks and one of the top high school recruits last season, has opted to leave school after his lone college year to head to the NBA. But the kicker is that he barely played at all. Due to recruiting violations, Selby had to miss the first nine games of the season, holding back his anticipated debut until December.

When he was finally allowed to play, he lit up the scorecard with 21 points, five 3-pointers and five rebounds. Little did Jayhawk fans know that would be his career-high in points. He didn't play in three of his final 16 games of the season and only scored in single digits if he scored at all.

He missed 32 percent of his team's games. That isn't even factoring the amount of practices he missed as well.

So what does this mean about the age limit? It means that it is flawed, and Selby proved it. But I have a solution that could make both college and professional basketball happy.

Either get rid of the limit all together or tack on another year, creating a two-year college basketball plan. Of course you might think that the players would be getting the short end of the stick, but if they really want to skip school for a paycheck, play overseas like Milwaukee point guard Brandon Jennings.

The NBA gets an even better deal than what they used to have. Originally,

they wanted players to go to college so they could develop their games and be mentally prepared for the NBA.



Selby

With an extra year added on, those players would get drafted into the association with two extra developing years under their belts.

College basketball fans would be ecstatic. Instead of seeing stud players like Kyrie Irving and Kevin Durant stick around for one year, they would be graced with another nine months of great basketball. Not only will the fans be handed a treat, so would college coaches.

As of now, the University of Kentucky's basketball program works on a one year plan. That plan consists of getting the top recruits every year, then watching them bolt to the NBA and start over. If teams had their players for two years, imagine the damage they could do.

So please NBA, when you form the new collective bargaining agreement this summer, fix this stupid rule. We know it needs a facelift.

Views expressed in this column do not reflect the views of The Easterner to contact the writer e-mail easterner.sports@gmail.com.

Track team improves sprints, throwing

Mettler leads conference in javelin, named Big Sky Athlete of the Week

BY AZARIA PODPLESKY
staff writer

During their weekend meet in Eugene, Ore., the EWU track team has picked up a couple more qualifiers in the Big Sky Conference Championship to take place in Sacramento, Calif.

Women's Head Coach Marcia Mecklenburg said, "We continue to have improvements. Kids are getting better. Our sprinters' times are coming down. We had a couple distance runners qualify for conference steeplechase runner and 5,000 runner."

Senior Danielle Slaughter finished the 3,000-meter steeplechase in 11 minutes 29.61 seconds, finishing eighth.

Junior Bowe Ebding placed eighth in the 5,000-meter with a time of 14:38.41.

"Given the spring weather we've had, the training's been altered a bit ... so we finally got two consecutive warm days, and I think that was reflected in across-the-board performances," men's Head Coach Stan Kerr said.

Senior Aaron Mettler threw the javelin 225-3 feet and now leads the Big Sky Conference.

Freshman Jordan Arakawa placed fifth in the hammer throw, hurling it 192 inches. Since high schools don't typically compete in this event, Kerr is impressed.

"I love consistent performers regardless of the event. To me, it's one of those indicators that your breakthrough to a higher level of performance is coming. And [Arakawa] is a freshman adapting to the ... collegiate level, especially to division one level and be as consistent as he is, is a great tribute to him and [Mecklenburg,] who is coaching him," Kerr said.

Erica Chaney won her third big meet of the year in the shot put. She won the Stanford Invitational, the Long Beach Invitational and the Oregon Relays.

"I don't think I've ever had an athlete do that before. ... It's the second week in a row she's been over 50 [feet], so I think she's getting ready to throw the big one," Mecklenburg said.

They had a good weekend for throwers, but Mecklenburg said, "You can't win a conference championship with throwers. You've got to have the whole team, the whole picture. So the exciting thing for me was the continued improvement with the sprinters."

According to Mecklenburg, the sprinters accumulated the most points last year out of any track and field group. In addition, he puts more weight on their performance than others' because "they cover a lot of ground."

The men's 4x100 relay team that consists of Alex Flores, Micheal Okoro, Kurt Williams and Brad Wall, achieved their second best time of the track season, placing third with a time of 41.84 seconds.

The men's 4x400-meter of Colin Green, Kramer Green, Okoro and Wall improved their time at the Oregon Relays, shaving off four seconds. They went from a 3:22 to 3:18, placing fourth.

"My hat's off to that group this week because they had just about a 60 minute turnaround time from running the open 400-meter to coming back and running the [4x400]. That's a very short rest interval to come back and try to piece together two high-quality 400-meter performances," said Kerr.

In addition to the other conference qualifiers, freshman Emma Morillo threw the discus 140-10, placing behind Chaney, who placed fourth with 152-4, and Vania Tauvela, who placed sixth with 142-3.

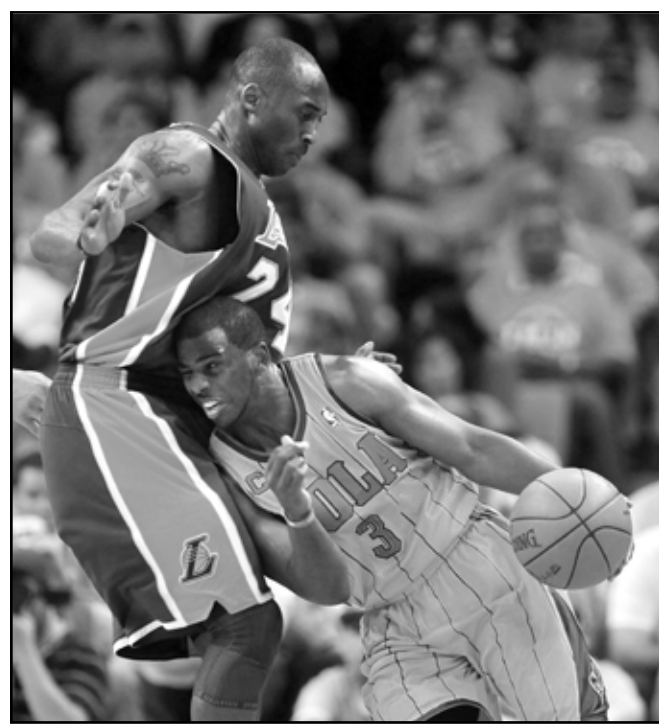
The action for the 40th annual Pel-luer Invitation Track and Field Meet will be at home Friday. Field events start at 12 p.m. and track at 4 p.m.

"If you're a javelin fan, Pueller's your place this weekend because we have the top three throwers in conference coming in. We have Aaron and then the two guys from Montana," Kerr said.

"Knowing the quality and the competitiveness of everybody in the throwing events, it's one of those you can't help but get excited about it. ... We have this gorgeous state-of-the-art throwing facility, and this is its debut for a competition. So we'll get to see how it really works. ... We love being underdogs on our yet-to-be-named track."

Guests will include University of Montana, Montana State, Gonzaga, Spokane Community College and Whitworth.

This Saturday, the team will go to Spokane Falls Community College for the Duane Hartman Invitational at 9 a.m.



Chris Paul (3) has his team in a tight series with LA. MCT Campus

Hornets, Grizz nearing upsets over top teams

BY FEDOR GAPONENKO
contributing writer

The first round of the NBA playoffs never ceases to surprise, but this year probably more so than ever. If the playoffs were one and done, two-time defending champion Los Angeles Lakers and the veteran San Antonio Spurs would both be on vacation.

Led by Chris Paul, the New Orleans Hornets are putting up a valiant fight and are currently losing just 2-3 in their series with the Lakers. No one outside of the Hornets' locker room expected them to win a game, but after getting one steal, they did it again. The Lakers are known for putting a scare into their fans and then pulling out a victory in a dramatic fashion, but if the Hornets keep playing this hard and Chris Paul keeps posting triple doubles, they have a chance.

Unlike the Hornets, who are still trying to convert non-believers, the Memphis Grizzlies have become the post season bandwagon. After getting a win in game one, they shocked the San Antonio Spurs; however, few people looked into it as anything more than a lucky fluke. In game two, Manu Ginobili returned and so did the Spurs' swagger.

In their return to Memphis, the Grizzlies got another win and took a 2-1 lead. Even after that victory, they were still the underdogs and just a fluky eighth-seed team, but all that changed in game four.

Game four started out with the Spurs playing like a more desperate team as they took a 2-point lead into the half. In the second half, instead of responding like the young inexperienced playoff team that they are and cracking under pressure, the Grizzlies blitzed the Spurs and led by double figures, including a lead of 22 points which ultimately led to another Memphis victory and a 3-1 lead in the series.

In the East, the No. 1 Chicago Bulls had to fight to the wire in the first four games versus the Indiana Pacers. If a couple plays had gone differently, the Bulls could have easily found themselves in a hole, but knocked the Pacers out, 116-89 Tuesday night.

Everyone expected a hard-fought series between the Boston Celtics and New York Knicks, but key injuries and tough Celtics defense led to a surprising sweep.

In spite of almost everyone outside of Miami rooting against them, LeBron and D-Wade of the Heat are getting the job done with a commanding 3-1 lead over the Philadelphia 76ers. However, not everyone in Florida is happy. Dwight Howard, the Orlando Magic's star player, is doing everything in his power to keep his team afloat, but he is in a hole versus the Atlanta Hawks, down 2-3.

In the West, the Denver Nuggets barely escaped an embarrassing sweep by the Oklahoma City Thunder. The Thunder are going back home, up 3-1, hoping to close out the series Wednesday.

After being down by two games, the Portland Trailblazers, led by Brandon Roy, tied up the series on their home court. The Dallas Mavericks, up 3-2, recaptured the lead and are trying to prove doubters wrong by avoiding an upset.

Bible study helps athletes

Elfers offers religious relief for students under pressure

BY AZARIA PODPLESKY
staff writer

Student athletes have to deal not only with academic pressure, but also with the pressure put on them by coaches, teammates, fans and themselves. One of the aims of the Eagle Athletes Bible Study is to help students handle such pressures, then that would be acceptable.

The Bible study was created roughly 20 years ago after an Eastern football player committed suicide. Following the incident, Bob Elfers, a pastor for the last 30 years, began to talk with the football team as well as other athletes.

"After talking with the students, I saw the need for a Bible study geared toward the athletic community," said Elfers. "From that, the Eagle Athletes Bible Study came to be."

About 18 students, five of whom are consistent members, attend the weekly Bible study meetings. Elfers understands the busy schedules of student athletes and will make time for a meeting if an athlete is not able to attend the regularly scheduled meetings.

"Sometimes sports will change their conditioning schedule, so I'll meet with someone one-on-one," said Elfers. "On Sundays, some of us will meet at my place and have meals together. [Student athletes] might not be able to come to a meeting, but I'll go to where they're at."

Senior Erica Chaney, a member of the track team, has attended the Bible study since 2010.

"Each time I saw [Elfers], he invited me to come to the study," Chaney said in an email. "I took advantage of his invitation and the opportunity to share my faith with others and to learn their faith as well."

By attending the Bible study, Chaney has learned how other people understand God's word and apply it to their lives.

"For some, it is more difficult than others. But like with life, school and sports, it's the effort that counts," she said. "This is what I have learned from the Bible study, and with this knowledge, I have been able to use it with track and being able to give my best effort instead of my best excuse at meetings and to always remember to have fun while still being competitive."

One of the main themes of the Bible study is Romans 8, which states, "No, in all things we are more than a conqueror in Christ." Elfers said that God created us to win in life.

"Jesus spoke in parables in everyday situations," said Elfers. "I look at athletics as a source of parables. Each member of a team has a responsibility and a gift. If they do their part, the team is going to be strong."

"The quarterback can be good, but if you don't have good receivers, then the quarterback can't be successful," he said. "We all have to use the skills that God gave us."

From Director of Athletics Bill Chaves' point of view, the Bible study has the potential to benefit any athlete who attends on a regular week-to-week basis.

"I think that the opportunity for individuals to grow intellectually, physically and spiritually is a tremendous opportunity that a college campus can provide," Chaves said in an email.

Though at times finding a consistent meeting time for the Bible study is frustrating, Elfers sees every meeting as a success.

"I just want to be there for the group or individual," he said. "The goal is to see some growth in their lives."

The Eagle Athletes Bible Study meets every Monday in PUB 357 from 6-7 p.m. Interested student athletes can contact Bob Elfers at (509) 869-3578 or at bwelfers@juno.com.

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Where will he go?

The Easterner staff members predict Taiwan Jones' NFL landing spot



Miami Dolphins, 3rd Round, 79th overall

DUSTIN TOMS | MANAGING/SPORTS EDITOR

With Ronnie Brown constantly facing injury problems and Ricky Williams facing old age problems, the Miami Dolphins could be in the market for their next running back. Taiwan met with the team last Wednesday, and I believe the Dolphins will take the plunge for the former Eagle in the third round.

San Francisco 49ers, 2nd Round, 45th overall

JAMES EIK | EDITOR-IN-CHIEF

He's fast, like a marsupial, striking fear into the heart of any opponent, not to mention the fact that Jones has reportedly met with the team's representatives. Many of the other running backs for the team are also young, creating a competitive environment in which Jones' skills will thrive. Additionally, any appearance of the 49ers against their rival, the Seahawks, will be televised locally. It could be one of the few opportunities to see Jones on the big screen.

Raiders, 2nd Round, 48th overall

BRIAN BEAUDRY | MULTIMEDIA EDITOR

Fact: Al Davis loves workout specimens. Jones performed phenomenally in the 40-yard dash on his pro day. **Fact:** Current running backs Darren McFadden and Michael Bush seem to get injured every year. Between those two and Jones, the Raiders might be able to get a full, healthy season out of a running back. **Fact:** Al Davis does not give a damn about common sense or conventional wisdom, or even what is best for his team. They take Jones with their first draft pick at 48th overall.

Seattle Seahawks, 2nd Round, 57th overall

AARON MALMOE | PHOTO EDITOR

Taiwan Jones in my mind is good enough to go in the first round in the NFL Draft. But since he was seriously injured at Eastern and played on a Football Championship Subdivision team, he will get drafted in the second or third round. I think the Seattle Seahawks will take a chance on him in the second round.

Philadelphia Eagles, 3rd Round, 85th overall

SHANE MOSES | CONTRIBUTING WRITER

Last year Philadelphia's running back LeSean McCoy wasn't always healthy and was often injured. I think they might be able to sneak by and get Taiwan Jones in the third round. When healthy, Jones has great speed and instincts, and just like that, he can be gone in the blink of an eye.

Green Bay Packers, 2nd Round, 64th overall

FEDOR GAPONENKO | CONTRIBUTING WRITER

The defending Super Bowl champion Green Bay Packers were able to win it all with a mediocre running game, but with Ryan Grant coming off a season-ending injury and no real threat at the second option, Taiwan is a perfect fit. He is much too talented for them not to take a chance on him with the final pick of the second round.

JONES

from front page

at the running back position since injuries and old age have plagued some of their veterans. In a recent mock draft by Rob Rang, senior analyst for *NFLDraftScout.com*, Jones went 56th overall to the New Orleans Saints. When asked how he would feel about playing for a team two-years removed from a Super Bowl title, all Jones could do was appreciate the opportunity of playing in the NFL, let alone one team.

"I'd be happy if the [Saints] drafted me, but [playing in the NFL] is definitely a dream come true, and honestly it hasn't hit me yet. I'm honored to be here," Jones said.

But despite the swirling rumors that move as fast as he does on the grid iron, Jones knows one thing about the coming draft and where he wants to be selected as he watches the event from his home in Antioch, Calif., with his family and closest friends.

"The higher, the better," he said.

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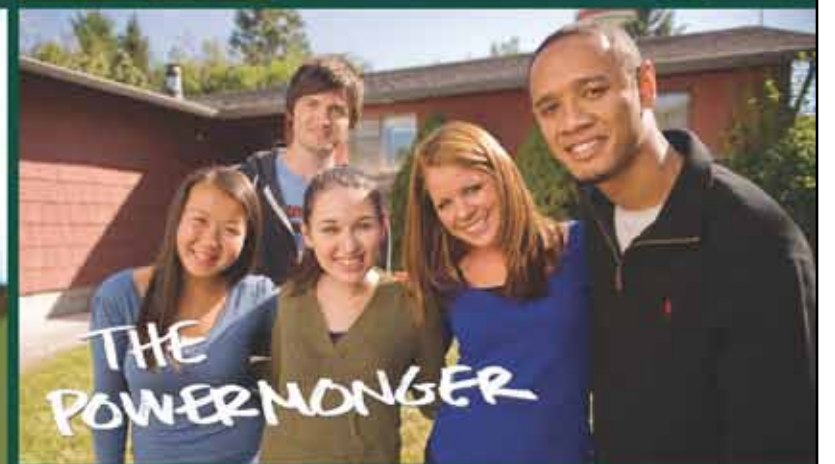
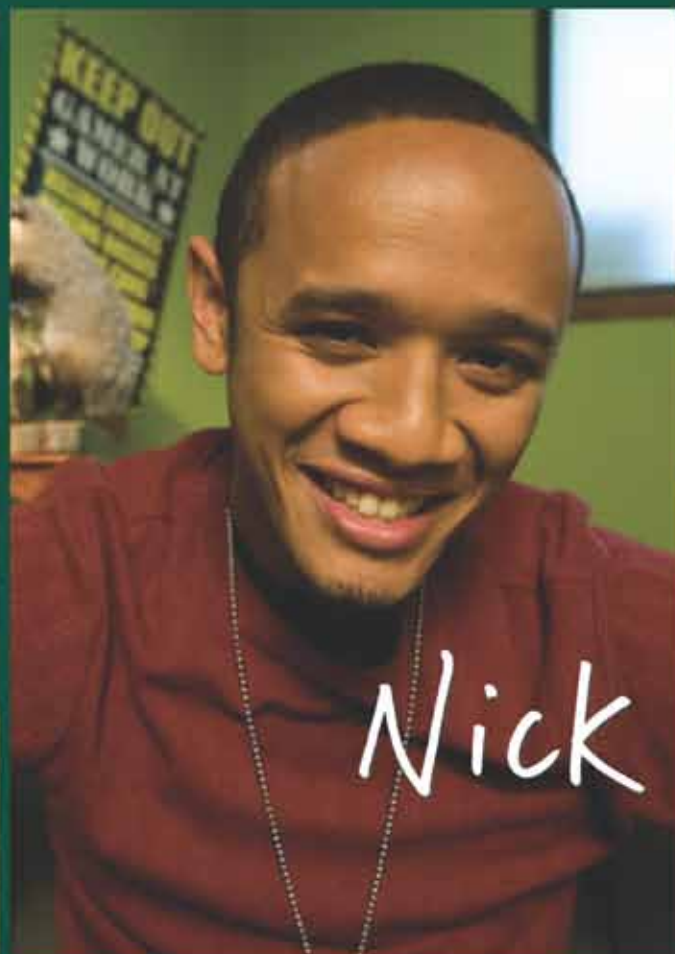
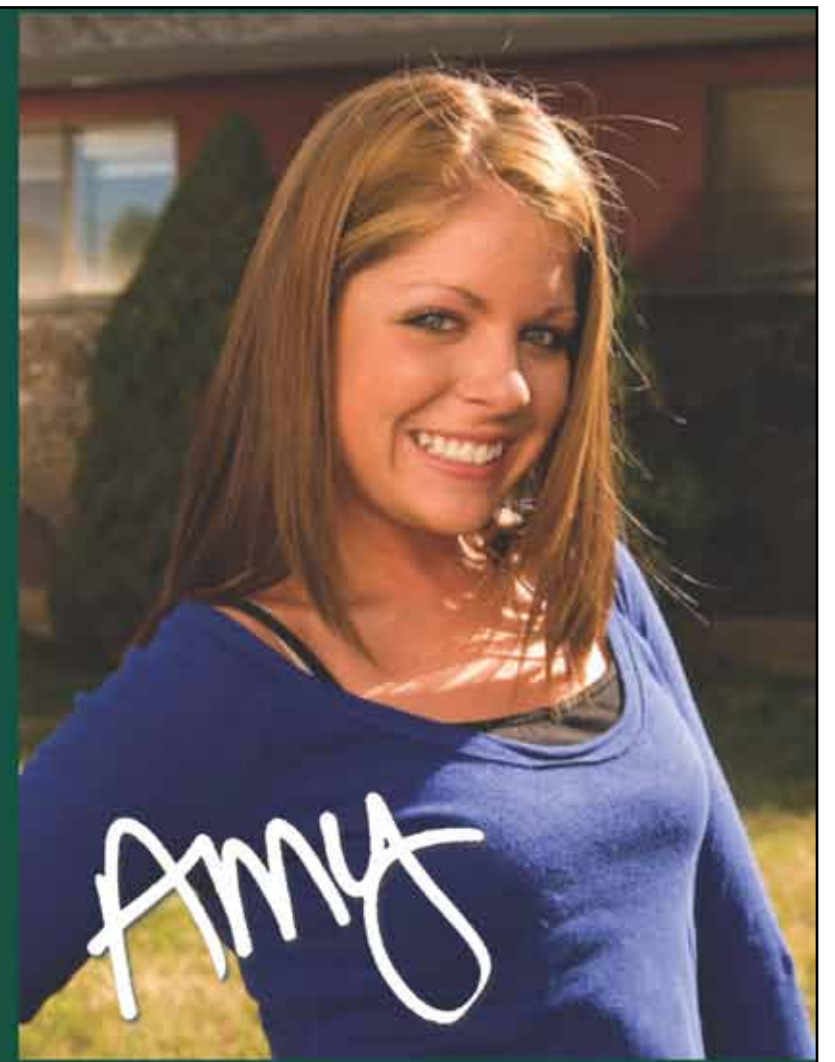
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