

3-31-2010

Easterner, Vol. 61, No. 21, March 31, 2010

Associated Students of Eastern Washington University

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Recommended Citation

Associated Students of Eastern Washington University, "Easterner, Vol. 61, No. 21, March 31, 2010" (2010). *Student Newspapers*. 693.
https://dc.ewu.edu/student_newspapers/693

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PAGE 11 **SPRING SPORTS PREVIEW**



A peaceful visit

PAGE 3

EAGLE LIFE
Visiting a "Little House on the Prairie"
PAGE 9

the **EASTERNER**

Volume 61, Issue 21

www.easterneronline.com

March 31, 2010

YOUR CAMPUS VOICE NEWS

“**BANNING TOBACCO USE ON CAMPUS IS NOT GOING TO HALT USAGE BUT INSTEAD CAUSE A STUDENT UPROAR**”

Aaron Abolofia
An Eastern student, who is also a non-smoker

The unfinished proposal would turn Eastern into the fifth Washington university to be entirely tobacco free

BY JASON BANKS
chief copy editor

In the ongoing battle against tobacco use, institutions of higher learning, including EWU, are choosing to ban the use of the product altogether.

According to the American Lung Association of Oregon, approximately 223 colleges and universities nationwide, four of which reside in Washington state, prohibit the use of tobacco in all forms on campus grounds.

Currently, the ASEWU is looking to have EWU join Clark College, Lower Columbia College (LCC), Seattle Pacific University and Walla Walla University as the fifth university to become a 100 percent tobacco-free campus in the state. Although a proposal has been declared and will eventually be put before students, details of its contents have yet to be released at this time.

Kris Byrum, ASEWU Legislative Affairs representative, came up with the idea of turning Eastern into a tobacco-free campus. In the initial tobacco policy proposal, Byrum wrote: "Our university policy must change to reflect a healthier environment that will leave a lasting positive memory in our alumni and create a lasting first impression with future Eastern Eagles."

The effort to promote a healthier environment has been the platform that multiple colleges and universities have used to ensure their tobacco-free policies were passed.

In November 2005, Clark College became the first college in Washington state, and one of the first in the nation to become 100 percent tobacco free. The move came as part of an effort to promote a healthy working and learning environment, as stated under the college's Tobacco Use Policy.

In January 2009, LCC became the second tobacco-free campus in Washington state. The policy was spearheaded by Associated Students of Lower Columbia College President Leahy Duggan, who made it one of the priorities of the organization.

TOBACCO USE | PAGE 4

Frehsmen, senior survey measures campus activities

Annual national survey lets colleges plan for future

BY JAMES EIK
editor-in-chief

Each year, the National Survey of Student Engagement (NSSE) is distributed to freshmen and seniors at Eastern to gauge their college experience.

The survey, which was distributed March 30, collects results on student expectations of the university, the success of advising and the activities offered.

According to the NSSE's Web site, the survey's results "provide valuable information about the extent to which students are engaged in practices known to promote student learning."

This year's survey will be sent out via paper copies and the Internet. An e-mail has been sent about the survey to student university accounts.

Bamby Fields from the office of institutional research is coordinating the survey for

Eastern this year.

The results typically stay the same from year to year, but occasionally there is some change.

"It'll be pretty level unless there's an intervention or something to push improvement," Fields said.

The number of respondents the survey garners varies. It hit its peak in 2006 with 563 students participating. Last year, 27 percent of freshmen and seniors responded.

According to Fields, the survey coordinators tell Eastern how many students they will survey.

Over the past three years, a growing number of first-year students at Eastern have noted that they have spoken with an adviser

SURVEY | PAGE 5

This Week...

Only ONLINE

Podcast
The Easterner Show returns for another glorious quarter

Game Review
"Final Fantasy XIII" gets a full review

Blogs
easternerblog.wordpress.com

Read commentary on the latest headlines and events around campus and the nation

Board of Trustees position open for applications

Student position serves as voice for student body

BY MELISSA CARROLL
staff writer

An open position currently needs to be filled for the student member on the EWU Board of Trustees (BOT).

Whitney Fix currently holds the student trustee position, and her one-year term will be up at the end of June. Applications are being accepted and the deadline is Monday, April 5.

According to Julie Thayer, assistant to the board, BOT members are the policy makers for the university and are essentially the bosses of the university president.

The student trustee participates in the board's meetings and votes on issues. They must also represent the board at various campus events.

"The student trustee serves on the board to be the voice of the student body,"

Thayer said.

To be eligible to apply for the position, a student must have a cumulative GPA of at least 3.0, have been attending Eastern for at least three consecutive quarters, and demonstrate university involvement.

Along with the application, students must present a resumé with cover letter, transcripts, letters of recommendation and a class schedule. Once the deadline passes, the applications are reviewed to make sure all students who have applied meet the requirements. The applications are then narrowed to the three most qualified students, and are sent to the governor for the final hiring decision.

TRUSTEE | PAGE 5



James Eik

WEEKLY WEATHER

April 1 - April 8

weekly weather reports are provided by accuweather.com



48° THURSDAY 30°



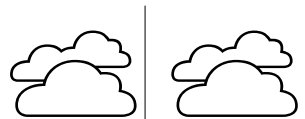
45° FRIDAY 30°



43° SATURDAY 28°



48° SUNDAY 33°



48° MONDAY 33°



47° TUESDAY 35°



45° WEDNESDAY 27°



45° THURSDAY 31°

POLL BEAT

Sept. 20 - Sept. 26

BY JAMES EIK editor-in-chief

3/11 11:02 p.m. - EWU Police responded to a drug violation on the third floor of Morrison Hall. Two people in the room had smoked marijuana at a friend's house and smelled of the substance. They weren't, however, smoking in the building. The case was referred to OSRR.

3/12 3:14 p.m. - Reports of graffiti were called in to the EWU Police Department. Stall walls in a bathroom on the first floor of the Art Building were marked. According to the EWU Police, more than 40 different graffiti calls have been made since the start of the school year.

3/13 7:36 a.m. - EWU catering staff in the PUB found that their setup efforts for the next day had been vandalized. Tables were moved and covered by soda bottles and trash as well as some empty shot glasses. Alcohol was also found in the room.

3/13 1:51 p.m. - A wallet was taken from one of the lockers in the rec center. According to police reports, the suspect pulled the lock from the locker and removed the wallet from a backpack. The case is still under investigation.

3/14 6:42 a.m. - Police responded to a report of disorderly conduct in Dressler Hall. The reports describe an intoxicated male who was yelling and banging on a door in the building at 5:11 a.m. Police arrested the student for disorderly conduct and referred him to the OSRR.

3/14 2:46 p.m. - A student reported malicious mischief regarding their jacket. An unknown subject cut a heart-shaped hole into the back of the jacket.

3/14 3:26 p.m. - According to police reports, property was taken from female hockey players while they were practicing. The belongings taken from the unsecured women's locker room included multiple iPods.

3/15 10:10 a.m. - EWU Police responded to the report of a broken window of a silver Buick parked in Lot 10 between 9 and 10 a.m. There was a 6-inch hole in the rear window, but nothing was found in the car's interior that could have caused the damage. There are no suspects at this time.

3/15 4:00 p.m. - The odor of marijuana spread from a room in Dressler Hall. When EWU Police arrived, no one answered their calls, and they were unable to make contact with the student. The case was forwarded to OSRR.

3/17 12:41 p.m. - A bike was reported stolen from Brewster Hall's bike closet. The owner placed the bike in the closet in October and returned in March to find it missing. The bike is a red and black Trek women's mountain bike.

3/18 7:47 p.m. - EWU Police arrested a minor in possession of alcohol on 4th Street. Sitting in his vehicle, the intoxicated male had beer in the back seat, but it wasn't open. He was later cited and released.

3/21 8:30 a.m. - A chlorine leak in the university pool set off an alarm. The alarm sounded during the Pacific Northwest Qualifier volleyball event. Though the alarm was activated, the leak wasn't large, according to police reports. The pool area was later quarantined as a result.



Comic by Clancy Bundy

3/10 11:56 p.m. - A stink bomb was set off in one of Dressler Hall's elevators. Two male residents were seen laughing as they exited the elevator. The night desk said that a strong, pungent odor of rotten eggs was coming from the elevators, according to police reports. Both students were referred to OSRR.

Accuracy check

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your weekly guide to ending power-based personal violence

(The Green Dot strategy was created by Dorothy J. Edwards, Ph.D., University of Kentucky)

April is the national sexual violence awareness month, and this year's theme is: prevent sexual violence...on our campuses. EWU is committed to ending violence and together we have planned many events for April. Events are free and open to everyone, unless otherwise stated.

We are offering four Heart Art workshops. At these workshops you can express your thoughts and feelings about sexual violence through art. Donated Heart Art will be displayed in the PUB. Men and women are invited:

* April 8th, 7-9 pm, in the LLC lounge of Morrison hall, open to everyone, and ice cream is available.

* April 14th, 3:30-5:30 pm, in Tawanka 215 B-C, this workshop is for members of sororities and fraternities, however all are welcome. Ice cream will be served.

* April 20, 11 am-2 pm, in the Mall area, open to everyone.

* April 22, 11:00-2 pm, PUB 261, sponsored by CAPS as part of their lunch time series. Free Pizza.

Two self defense classes are scheduled during the month.

* April 10th, 12-5 pm, West Plain Karate, 422 First Street, in Cheney. For women only. Free for students, but you will need to contact Carol Vines before noon April 7th, 359-2898. For information about the class call Mary Base 559-5432.

* April 15th, 7-8:30 pm, in the PUB MPR, hosted by the EWU Police. This class is free.

On April 20th we will participate in the national day of prevention by hosting two events:

* Rock Against Rape features local bands performing. It is planned for 11 am-2 pm, in the Mall area. There will be education-

al activities, including Heart Art. These Hands Don't Hurt, as well as a chance for men to "walk a mile in her shoes."

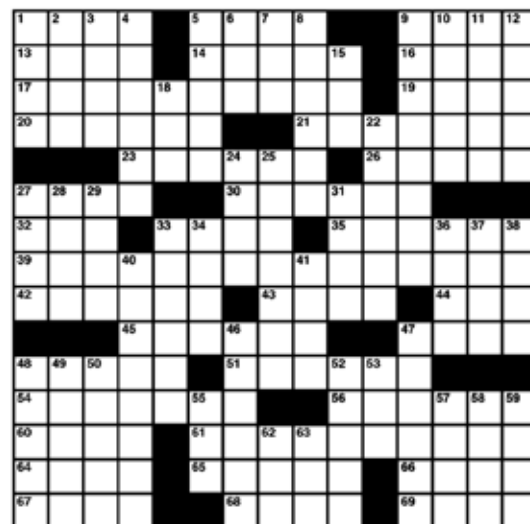
* Take Back the Night will begin in the Mall at 6 pm; the event is an opportunity to reflect on the role bystanders can play in preventing sexual violence. The event is open to men and women and will provide an opportunity to speak out about how sexual violence has impacted you directly or indirectly. The event will end at the REC center with words of hope from our new Vice President of Student Affairs, Dr. Stacey Morgan Foster. A reception follows.

The final event of the month will be a Green Dot bystander training, held April 28th from 2-8 pm. Contact Karen Wanjico at 359-6429 for more information about any event.

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS
1 Hippo's attire in "Fantasia"
5 Fashionably smart
9 Sun ray
13 Actress Lana
14 "Lion's share" fabulist
16 Hockey great Phil, familiarity
17 John Denver #1 hit
19 Largest of the Near Islands
20 Place for a massage
21 Campaign funders
23 Locale in a 1987 Cheech Marin title
26 "Yay!"
27 Charon's river
30 Rub elbows (with)
32 Western... history class, briefly
33 Industry kingpin
35 Bullies
39 "Guys and Dolls" showstopper
42 Mississippi River explorer
43 Take charge
44 Baby talk word
45 Trial sites
47 Rough file sound
48 Measuring tool
51 Billiards blunder
54 Fork or spoon
56 Longtime buddy
60 "Honey: candy
61 "Dr. Zhivago" melody
64 "Cool" rapper?
65 Polished
66 They're removed via shafts
67 With 68-Across and 69-Across, classic game show, and this puzzle's title
68 See 67-Across
69 See 67-Across
4 Like many salons
5 Andalusia abodes
6 Bulls and boars
7 Prefix with metric informal discussion
9 Shell collector, maybe
10 Cornerstone abbr.
11 Is... likely will
12 Meek
15 Org. for drivers?
18 Eco-friendly fed
22 "Tough luck"
24 Senator Cochran of Mississippi
25 Legendary siren
27 Big batch
28 Mariner's concern
29 Part of YSL
31 "The Lion King" lioness
33 Furnishes food
34 Temple area of Jerusalem
36 "Sonic the Hedgehog" developer



Solution



- 37 Grandson of Eve
38 Train station
40 It includes terms of endearment
41 Meeting of Cong.
46 Diacritical pair of dots
47 On a winning streak
48 Apply before cooking, as spice to meat
49 New York city
50 "Who cares if they do?!"
52 Math subgroup
53 Last. Abbr.
55 They, in Calais
57 Liama land
58 Church approval
59 Suffix with Congo
62 Roosting sound
63 Gardner of "On the Beach"





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Step into the air of wisdom

Tibetan monk clarifies Buddhism beliefs and discusses greater meaning

BY JASON KEEDY
staff writer

Tibetan speaker Geshe Thupten Phelgye spent March 10 at Eastern talking about the Middle East, community service and inter-religious dialogue.

Phelgye, a Buddhist monk, serves as a member of the Dalai Lama's Parliament-in-Exile in Dharamsala, India. As the founder of the Universal Compassion Movement, a charitable trust that works to ease the suffering of animals, Phelgye is a staunch advocate of vegetarianism.

Since being instructed by the Dalai Lama in 2004 to be an emissary for peace, Phelgye has traveled extensively throughout the U.S., and the world. Most recently, he has been serving as the Tibetan representative for the Sulha Peace Project in the Middle East.

During his address in the Hargreaves library, Phelgye spoke of the importance of diversity and the ways in which all sentient beings deserve the right to live. While stating that typically we see the topic of diversity as having respect for all humans, he explained that this reverence should be for all sentient beings.

"You can see it in how a cow swats a fly with his tail or a fish fighting vigorously when it's caught—how much they want to live a good life," he said.

Phelgye noted that a major reason for the discord around the world is that people fail to notice that other beings have their own desires. By not seeing past selfish wants and needs, humans fail to realize that others need help as well, he said. While he explained that belief is important, Phelgye said that every-day practice is the best way to serve others.

"Get out of your belief boxes, and step into the air of wisdom," he said.

As to the issue of interfaith dialogue, he discussed the perceived differences between Christianity and Buddhism. Phelgye said that while both have different theories concerning God, it ultimately didn't matter to him. The main issue, he said, was to focus on the day-to-day practice of "how to be nice and how to be good."

One question raised from the audience was concerned whether

Buddhism was considered a religion like Christianity. Phelgye explained that Buddhism is essentially not a religion, but a way of life. He noted, however, that in terms of ethics, the two had their similarities.

Another point that was brought up was the idea behind meditation. Phelgye noted that while meditation is often associated with Buddhism, many are not aware of what happens during the process that Tibetan monks engage in. "Many believe that meditation is about relaxing," said Phelgye. "However, meditation concerns the analyzing of thought." As thoughts rise up, he explained, the practitioner examines the content.

Phelgye spoke next in the Senior Hall conference room where he covered such issues as the importance of service and community involvement.

In an answer to a question concerning the seemingly overwhelming nature of the world's problems, Phelgye said that by doing little things, such as turning off light switches in unoccupied rooms, each individual can make a contribution.

In terms of effecting a change in the world, Phelgye said that it was a "universal responsibility from each individual" to cultivate inner ethical values before hoping to have a positive influence. Phelgye classified the values into either "genuine" or "pretending" values. With the ego so easily swayed by power and influence, heartfelt altruism is a necessary value to develop, Phelgye said.

"People come up with great ideas and then as the organization gets larger, the politics and corruption come in," he said. "People change with power. Genuine selflessness and commitment are necessary."

Phelgye told a story from his own life to help illustrate the centrality of concentrated effort. He explained how as a child he had the experience of walking into a slaughter house where he witnessed the brutal treatment of animals. On the spot, he made a vow to become an advocate for animals.

After years of being a vegetarian, Phelgye finally approached the abbot of his monastery and convinced the abbot to disallow meat to be prepared in the inner commons. With more than 6,000 monks being housed, he explained that the action ended up saving countless animals.

His perseverance eventually landed him an audience with the Dalai Lama, where he convinced His Holiness to promote vegetarianism as well. In quoting the Dalai Lama, Phelgye said that the moral of the story was to "never give up."

An audience member questioned Phelgye on the issues when it comes to a vegetarian diet. He explained that at first his mother was also very suspicious of not getting the proper nutrition from simple vegetables and grains. Phelgye added that Tibetan culture is centered around eating meat. He said that the cultural resistance to vegetarianism is a formidable obstacle. Years after the switch from meat, however, his mother is perfectly healthy.

Even though a doctor had told Phelgye that to avoid possible health conditions meat is required in a diet, Phelgye said that he would rather die than stop being a vegetarian.

In an answer to a question about public service, he said that above all, one must have a clear intent and must realize a sense of duty for others. In recalling a situation in which he had come to visit a student in Quebec, Phelgye said that a news feature on TV about a little girl in need of an eye transplant caught his attention. Upon his host's return, Phelgye said that he immediately began to ask about how he could help the child. "I felt that I could live with one eye, so why not give her one?" He wasn't able to donate his eye after a talk with the monastery leader, though.

At 4 p.m., Phelgye ended the public festivities with a blessing for the Peace Pole in the campus mall. The pole itself presents messages of peace and unity in Tibetan, Chinese and a local Spokane Tribe's native dialects.

With onlookers meditating and praying, Phelgye voiced a blessing in his native Tibetan tongue.

Afterward, he joined members of the Compassionate Interfaith Society, who coordinated his visit, in Hargreaves Honor's Lounge. He fielded questions from the group, which included queries into the practice of Buddhism and its concept of the order of the universe.

Phelgye will be traveling throughout the Inland Northwest for the next several weeks.

MANY
-believe-
meditation
is about
relaxing
However,
meditation
concerns
the
analyzing
of
THOUGHT...



PEOPLE
change with
POWER
Genuine
selflessness
&
commitment
are
NECESSARY.



Upcoming events:

Coeur d'Alene, Idaho
Tuesday, April 6: North Idaho College
Friday, April 9: Unity Church
4465 North 15th Street
Sunday, April 11: Center for
618 East Wallace Avenue
Saturday, April 17: 1319 N. Government Way

Spokane, Wash.
Wednesday April 14: Unity Church South
2900 S. Bernard
Sunday, April 18: High Bridge Park
2:00pm – 4:00pm: Pet Blessing
High Bridge Park



Nicole Erickson

Standpoint with career specialist Kendra Selle

Career Planning Manager Kendra Selle discusses the value of having a life outside of work and the importance of enjoying the little things

BY JASON KEEDY
staff writer

The *Easterner* talks with Kendra Selle about her inspirations and what she accomplished in school before obtaining her current job at Eastern.

Could you explain your job title and some of the duties you have here at Eastern? Maybe give us a day in the life...

My current title is Career Planning Manager in the Career Services Department. My job is very multi-faceted. A typical day can mean many different things depending on what's going on. In our office, we all work with students, faculty, staff, employers, alumni and prospective students.

Today, I worked out some staffing issues first thing in the morning, had a career advising appointment with a newly graduated teacher, and had a meeting with a coworker to do some curriculum planning for our new course, CRSV 298 career preparation. For lunch, I went to the URC to work out and afterward taught a section of CRSV 210 career development. Now, I need to stock up on our Myers-Briggs Type Indicator inventory and prepare for a career fair preparation workshop for our upcoming College of Science, Health and Engineering Career and Internship Fair.

That's a pretty typical day; although when we have special events like career fairs and networking luncheons, it takes most of the day when you factor in set up and take down. It's a good mix, and it definitely keeps me on my toes.

Could you talk a little about your background and the road that has led you to EWU?

I came to EWU after finishing an associates degree at Columbia Basin College (CBC) in Pasco, Wash. I originally came to EWU because it was cheap, relatively

close to home, and I wanted to continue playing soccer, which I had also done at CBC. After spending an entire summer night scouring the EWU catalog the summer before my junior year, I picked psychology as a major and ran with it. Before I knew it, I had finished my Master's of Science in psychology with a clinical emphasis, here at EWU.

I also completed a graduate certificate in college instruction in hopes that it may be of use some day. I had such a great experience in community college that I originally thought I would like to become a community college professor. As a student, I worked at the pool as a lifeguard and later as a PLUS study group facilitator in the Academic Support Center (ASC). I had mentioned to then-supervisor and now ASC Director Aaron Brown that I would like to get into academic advising if the opportunity presented itself.

That summer, I was managing a small pool in the Spokane Valley when Brown called and asked if I wanted a part-time position doing academic advising in his center. I accepted, and as luck would have it, the Career Center was also in need of a part-time adviser. So I had a full-time position with the university that was split between two departments. I learned a great deal on the job about both career and academic advising those first few years and was fortunate enough to have both of my departments send me to great conferences and professional development opportunities.

About two years ago, I transitioned full time to Career Services as the Career Planning Manager where I supervise the career



Selle

“When I’m having a tough day, I try to focus my attention on all the things that are right with the world.”

-Kendra Selle,
Career Planning Manager

planning staff, provide career counseling, present to classes and conduct workshops, teach career development courses, and help with the planning of our big events.

I think my story is a pretty decent example of having a plan but exploring other options and getting the word out to people about what you are looking for, aka networking. I always tell students that getting your first “real” job is a job in and of itself, and then hopefully from there on out, it makes a little more sense because you have some professional experience, a professional network, and a clearer understanding of where you want to go and realistic expectations. What I do now is related, but not directly related, to what my formal training was. A lot of my former classmates are now therapists in mental health settings. I enjoy this work much more but am still able to use my psychology background.

What are some of the rewards and challenges that you encounter throughout your daily experiences?

I love meeting with students that have interesting stories and career aspirations. I like being a puzzle solver/adviser and learning new things, like figuring out how to teach English in Kuwait, which a married couple of EWU alums are about to

do. Helping people who want to be helped and are motivated to take your advice to the next level and do their own research, is totally rewarding. And of course, we all love hearing where students got hired and how their careers are going. Sometimes, they even come back to our office to recruit for interns or new hires for their company.

The biggest challenge for me is knowing that no matter how much work you do, there is still more to do. My personality type is one that likes to be able to check things off a list before moving onto something else; however, my job is not that way. I really have to prioritize, and if I get all the high priority stuff done, then there's always a laundry list of other things to do that will help build and grow our program and department and thus better serve students. It can feel like I'm just spinning my wheels sometimes, but it's definitely better to be too busy than bored.

What do you like to do away from campus?

Since I pretty much have a desk job, I have to try to counteract all that sitting and using my brain that happens for eight hours plus a day. So I play in a lot of adult sports leagues. I play a lot of soccer, and my husband is a soccer coach for a living. So I tag along with him to a lot of his training sessions. I also play in volleyball and basketball leagues in the winter and swim in the summer.

I also have a pair of 1-year-old orange brother cats that we rescued last year that are still my little babies. I love playing and taking naps with them. I must admit, I am pretty jealous of their lifestyle.

On a personal level, what do you look for to inspire you? What gets you through a tough day?

When I'm having a tough day, I try to focus my attention on all the things that are right with the world. There are more things that are right than wrong. It's just

easy to get fixated on the ones that are wrong. I like lakes, nice weather, Mexican and Thai food, '90s music, cheap YoCream in Baldys, etc. I adhere to rule number 32 from “Zombieland,” which I liked a lot better than I thought I would, “enjoy the little things.”

One thing I know for sure, though, is that people need to have lives outside of work. Since work is the number one way people spend their time, it gets easy to get wrapped up in your work and not leave it alone when you go home. Having distinctly different hobbies/leisure activities outside of work has definitely kept me sane and prevented some work burnout.

Have you read any good books or have seen any great films lately? If you watch TV, what show can't be missed?

I got hooked on Showtime's “Dexter” this fall while my husband was recovering from knee surgery. We watched all the released DVDs in the span of two weeks. I think it's well done and actually kind of funny. Plus, I like to pretend I'm closer to Miami than I really am. And then this weekend I discovered that we had a free Showtime preview for the weekend. So I crammed the entire season four of “Dexter” into two days. I made it with 48 minutes to spare before the trial ended. It took a lot of dedication and loads of laundry to fold to get me through those 12 hours.

I actually have plans to go to the Magic Lantern Theatre in Spokane tonight and see “The Imaginarium of Dr. Parnassus.” It's a Terry Gilliam film that has Johnny Depp and Heath Ledger to name a few. I'm sure it will be weird and cool.

I have a pretty eclectic taste in music, film and TV. I don't read as much as I should, and I can't believe I'm admitting this, but the last books I read were the Twilight books, which, like “Dexter,” I also ran through in a ridiculously short amount of time. I guess I'm a binge watcher and reader when I find something I like.

Fee pays for new rec center equipment

Extensive usage of exercise machines warrants replacements

BY MELISSA CARROLL
staff writer

Recently, the rec center purchased new state-of-the-art cardio equipment for the facility, which includes spin bikes and treadmills.

The center managed to purchase the new machines despite Eastern's current budget issues.

According to David Early, director of recreational facilities, the continuous use of the equipment in the rec center and the expiration of warranties was enough of a reason to purchase new exercise machines.

Purchases of the equipment are based on how long the devices can last and on how much use they will receive. Aerobic machines typically have a lifespan of three years while strength-training equipment lasts for five years.

The decision to purchase these items was made last summer.

“We want to have the best that is available for the students to help them achieve success,” Early said.

Money that the rec center uses to purchase new equipment comes from multiple sources, according to Early. Each quarter, students are required to pay a fee of \$65 that goes toward the loan that was used to build the facility. The fee was decided upon by the ASEWU when the decision to build the rec center was first made.

There is also a Capital Improvement Budget (CIB) established by

the state Legislature for planned school projects. These projects are submitted to the Legislature to be part of the CIB every two years. If the state approves any projects submitted by the rec center, then money is allocated specifically for that project and is not to be used on anything else.

An operations budget that pays for staff salaries and repairs to the rec center is paid by EWU and approved by the Board of Trustees. The center also receives revenue for renting out the ice rink.

Money left over from the student fee each quarter is reserved for planned purchases and has been used for the specific equipment that the facility received during winter quarter. No money from the state went into purchasing the new equipment.

The university is required to set aside money for the replacement and renewal fund, which goes to replacing equipment, Chief Financial Officer Toni Habegger said.

“You don't want to have a brand new building without money to re-



Curtis Chandler/The Easterner

An EWU senior enjoys a work-out on the URC's new equipment.

place equipment,” Habegger said.

The life of the equipment might end before anticipated due to the extensive use of the rec center by students, Habegger said. Higher-end equipment was needed in the facility to obtain the appropriate lifespan.

“The school is putting their focus in the wrong spot by buying high-end equipment. If the school is all about student life, they should

put more focus into getting us the classes we need,” a junior at Eastern said.

Habegger said the \$65 fee that students pay will remain constant throughout the life of the construction bond.

“Working out is an escape for some people, and we're paying a lot of money for it, so it makes sense to have higher-end equipment in the facility,” junior Ashlee Piper said.

TOBACCO USE from front page

Justin Rossetti, who stated that the purpose of the student proposal is to promote good health among LCC students, employees and the community.

This promotion of good health has already taken hold at Eastern as The Eagle Shop has permanently suspended the sale of tobacco products and has put a sign that calls for healthy living in place where the items were once stocked.

Although restricting tobacco use on college campuses is nothing new, the move to do so has become more serious in recent years.

Multiple organizations, including the American College Health Association and the American Cancer Society, advocate that colleges ban smoking in all campus buildings and residence halls, prohibit the products' sale, restrict smoking away from building entrances and air intake units, and implement tobacco education prevention programs.

Sean Murphy, an EWU student and smoker of almost five years, said, “It gets a little annoying when you are a smoker,” he said, regarding tobacco restrictions. “I sympathize with smokers constantly getting pushed to the margins. You have to walk like a football field just to go have one cigarette. You're a student, too.”

The effectiveness of limiting tobacco use or banning it altogether depends on how well campus policies are enforced.

At Clark College, as with numerous colleges across the nation, the responsibility of enforcing their tobacco-free policy's rules and regulations falls on security and safety personnel, as well as all members of the Clark College

“I sympathize with smokers constantly getting pushed to the margins. You have to walk like a football field just to go have one cigarette. You're a student, too.”

-Sean Murphy,
EWU student

community. Community members are asked to report violators to security officers or to relay information on tobacco use on campus and give verbal warnings to those not following policy guidelines, states the Clark College Tobacco Use Policy.

Students found in violation of Clark College's policy, which includes the improper disposal or use of tobacco products on campus grounds, will be issued a \$20 fine. Violating the policy multiple times results in disciplinary action as the student may be in violation of the Student Conduct Code, and is referred to the Dean of Student Development. Faculty and staff are also expected to follow policy guidelines or else corrective or disciplinary action will be taken in accordance with the applicable bargaining statement, states the Clark College Tobacco Use Policy.

Until Byrum's proposal is released, it is unclear whether or not EWU will take a similar route to Clark College's enforcement of a tobacco-free campus. However, when asked if Eastern would do such a thing, EWU senior Chrystal Silva, a non-smoker, said, “That would be pretty intimidating actually, because I think people are pretty set in their ways.”

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Symposium to teach students professionalism

13th annual event encourages student-faculty collaboration while displaying various talents

BY JASON KEEDY
staff writer

The upcoming annual Creative Works Symposium, which is the largest campus-wide academically-oriented event of the year, is now accepting student abstracts.

With April 13 serving as the deadline for entries, student submissions range from presentations based on service learning contracts, visual art, theatrical performances and musical compositions. While last year's event featured close to 300 students and 90 faculty mentors. Symposium Coordinator Tiffany Fulkerson said that the event, now in its 13th year, continues to grow in participation and attendance. Students choosing to participate will have the chance to gain valuable experience on a variety of levels.

"The Symposium provides students with an excellent opportunity to present their research or creative work in a professional setting to supportive classmates, faculty, administrators and the general public," Fulkerson said.

Students will also benefit from the exploration of the work of their peers and interactions with students and faculty across all academic disciplines, Fulkerson said.

The Symposium offers students the opportunity to present their work in a conference-style setting, an experience that can help prepare many students for their future professions.

In preparation for their presentations, students work closely with a faculty member. This aspect is one of the highlights of the event, which Fulkerson described as "strongly emphasizing student-faculty collaboration as a vital component of higher education."

The event, she said, is a chance for students and attendees to explore the newest cutting-edge research and creative activity.

Last year, vehicles from the Human Powered Paper Vehicle competition were displayed, along with a video of their performances. A theatrical performance titled "Hippies, Housewives and Watering Holes," along with a science presentation titled "Molecular Dynamics of Phospholamban: Effects of Membrane Phosphorylation and Aggression" was also featured.

Fulkerson added that the Symposium is an excellent chance for members of the EWU community, potential students and the general public to experience the high level of academic excellence exhibited by EWU scholars.

With the call for abstracts, she explained that students

who are interested in participating must have a faculty mentor who is willing to advise them and to give final approval of their work prior to the presentation. Departments from the entire university can participate, with presentations covering areas such as chemistry, film, literature and various artistic disciplines.

Fulkerson said that one new addition to the list of presentations will be service-learning presentations, which will provide service-learning students with the opportunity to discuss the connections between their course objectives and student service experience.

The event will take place over the course of two days. Creative presentations will start Tuesday, May 18, with day-long oral and poster research continuing through May 19. All participants will be formally recognized at a closing banquet to be held in the Hargreaves Library. The keynote address titled "Connecting the Circuit: Community as the Source and End of Research" will be given by Dr. Terrance MacMullan from EWU's Department of Philosophy.

Fulkerson emphasized that submissions must be turned in by April 13.

Students are encouraged to submit all entries through the Symposium Web site at www.ewu.edu/groups/research-symp.

Job fair jump starts careers

Local agencies come to EWU in search of prospective employees

BY NICOLE ERICKSON
news editor

The College of Science, Health and Engineering will host an internship fair in the Computer Science and Engineering Building to provide career opportunities for students April 7, from 11 a.m. to 2 p.m.

"We [career services] try to get businesses from all different disciplines to participate in the fair," said Jill Summers, program coordinator for Career Services. This year, the event will host 14 different employers, many coming from the computer science and engineering field.

After the event's success last year, career services decided it should be held again to help students obtain jobs and internships.

"We were able to retain quality employers this year, and students [last year] were able to obtain positions or internships through the companies that came," Summers said.

After the imposed hiring freeze, however, Career Services noticed a decline in state-funded agencies that would be coming to this year's event.

"We could have 30 employers there, but quality of employers is more important," said Summers. "I am very pleased with the employers we are bringing to campus this year.

Agencies like Border Patrol and the Department of Agriculture are among those that are not able to recruit at this year's career fair due to state and federal budget cuts.

Summers noted that this year's fair will have no state agencies and the U.S. Navy will be the only federal agency.

"There is still the demand and the budget for those positions to be filled within state agencies. It's just that their recruitment budgets have been cut if not eliminated completely, so they're having a more difficult time getting on campuses," Summers said.

The internships offered at these career fairs can set students apart from other applicants when submitting their resumés for various jobs, Summers said.

"I just want to remind all students attending to dress professionally and to attend our resumé building workshop," she said.

The resumé workshop will be held April 5 in Showalter 101 from 3:30 to 5 p.m., and is open to all students. For more information about the resumé workshop or the career fair, contact Summers in Career Services at (509) 359-6417.



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TRUSTEE from front page

The laws for the state of Washington require that the governor must appoint all board members.

According to Fix, the student trustee participates in all board discussions. This includes finances, policy changes, tuition and changes in fees but excludes personal issues such as the hiring, discipline and tenure of faculty members and personnel. The student serves a term of one school year, starting in September and ending in June.

Fix was chosen for her current position based on her merits at Eastern. She was an officer in several clubs, served on several ASEWU committees and was named Ms. Eastern 2008-09.

As the student trustee, Fix votes on issues such as changes to fire safety policies, university guidelines for materials for students with disabilities, copyright infringement, changes to housing and dining rates, Service and Activity Fee changes and the tobacco use policy.

"To stand out, you need to be active on campus and be able to express yourself in a professional manner. Just like when applying for a job, mistakes on your resumé or cover letter can hurt you. Taking the time to check over your application for mistakes and editing the cover letter and essay are easy steps to stand out from other students," Fix said.

Fix advises students applying to think critically about the position and their reason for applying. She said that students should be honest in their application and interested in learning how the university functions.

"Don't go in thinking it is the students versus administration. You need to have a teamwork attitude and willingness to listen to what the administration has to say. Be professional. Just because you are a student does not mean you cannot have a meaningful contribution to discussion," Fix said.

SURVEY from front page

about career plans. This differs from other Western U.S. college students, of which 25 percent said they had similar visits. Fields said that advising was one of the strongest areas of improvement throughout the last few years.

On the subject of faculty availability, 31 percent of first-year students said that their teachers were helpful and able to meet with them.

"We have the stance of sharing the results with students," Fields said. The universities participating in the survey have the choice on whether to make their results publicly available, she said.

The survey began in 2000 and has received more than 1.5 million results across the nation. More than 1,300 higher education institutions complete the survey annually.

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Spokane Valley YMCA	Level 3	Spokane, WA	May 22 - 23, 2010
University of Idaho	Level 1	Moscow, ID	Sep. 11 - 12, 2010
Spokane Club	Level 2	Spokane, WA	Sep. 25 - 26, 2010
Central Wa University	Level 1	Ellensburg, WA	Oct. 6 - 7, 2010
University of Idaho	Level 3	Moscow, ID	Nov. 6 - 7, 2010
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Jason Banks



Holter House apartments provide non-traditional students with low-cost living.

James Eik/Easterner

Grad meeting falls short

Open Riverpoint forum allows for discussion of issues viewed as unfair

BY ALLIE FRIESE
staff writer

Before break, a meeting was held for EWU graduate students to address any concerns they had for the upcoming year at the Riverpoint campus.

The meeting focused on the rec center fee and possible bus schedule changes that will take effect.

The meeting didn't attract a large number of attendees. ASEWU Graduate Affairs Representative Charles Zeller said that only a handful of people showed up. He chalked the low attendance up to poor advertisement of the event. Two more meetings will be held this quarter, and Zeller said the advertisement will be handled in a different way so more graduate students will get a chance to voice their opinion.

Overall, the meeting was a success. "Everyone said it was a really interesting and important push to get more people involved," Zeller said.

The meeting created a new committee to replace the Graduate Student Association (GSA), which disappeared a couple of years ago. Zeller said the committee is "like a club, but not really" and gives graduate students more representation in student government.

"This gives them the ability to have an active voice in the student government," he said. Though the group is small now and in the early stages of development, Zeller hopes that more students will join so that graduate students can have their concerns addressed by the ASEWU.

The rec center is new and was voted on and approved in 2005. It opened in spring 2008, and the construction costs are still being paid for by students who attend EWU. Each student is required to pay a \$65 quarterly fee for the building, but many graduate

students attending Riverpoint feel that they are paying for a facility that they don't use, Zeller explained.

He said the fee charged isn't for the workout facility but rather the bond on a building. He compared it to paying a mortgage and noted that if Riverpoint were to get a new building, students in Cheney would have to pay the same fee.

Another concern raised was the proposed changes by the Spokane Transit Authority. Though the changes aren't final, possible rerouting of buses would cut off the Salnave Road area, the Garden Manor apartments and other parts of Cheney from bus service.

Other proposed changes include altering bus times and increasing the number of buses that travel to Cheney from Spokane daily so that a bus would arrive every half an hour. The downside of this, said Zeller, is that the last bus to Cheney would depart from Spokane before most Riverpoint students are done with classes. This would limit students' bus service and force them to find alternative transportation.

Finally, Route 29 may no longer go to Riverpoint Boulevard, which would require students to cross a four-lane road to get to the downtown campus. If these changes are made, safety concerns will be raised by the students who will be affected.

Zeller stated that the road graduate students would be required to cross is "extremely dangerous" and the city of Spokane has ineffectively addressed this problem once before. Pedestrians are supposed to carry and wave flags while crossing the road. "It's just a Band-Aid to a problem that really needs to be addressed," he said.

Anyone interested in discussing these issues or in joining the committee, can contact Charles Zeller at (509) 359-7966.

Complex offers 'family atmosphere'

The Holter House offers more spacious rooms and a short walk to campus

BY JAMES EIK
editor-in-chief

On the corner of 7th and G streets, the Holter House presents itself as an unassuming part of the university but provides a much needed residence opportunity for families and graduate students.

Consisting of 12 units, the building offers a short walk to campus, as well as a quiet location and off-street parking.

There is some mystery surrounding the actual construction of the building, according to Toni Taylor, director of housing. Some records show 1965 as the first year of its existence, however, the Board of Trustees approved its design completion in October 1969.

"The first campus map showing Holter House is in the 1970-1971 catalog," Taylor said in an e-mail.

Apartment housing offered by the university is given to married or unmarried couples with and without children, single parents and graduate students.

One of the residents in the building is apartment manager Wade Neilson. He lives with his wife and 3-month-old daughter.

"I think this is the best [apartment complex]. It's right here in the center of campus. The bedrooms are a lot bigger. Everything is bigger, whereas the townhouses offer more subdivisions of stuff," Neilson said.

Among the numerous differences between living in a residential hall and living in the Holter House is billing. The apartments are not connected to the campus steam heating system and occupants pay the city of Cheney for their utility usage.

The building isn't connected to the campus system because it is neither cost effective nor practical to install a commercial-grade complex into residential-style housing, Taylor said.

Neilson said that he and his wife are one of few couples in Holter House and he enjoys the living ar-

rangements, though some maintenance problems come with the building.

"You don't have to deal with private renters who don't want to fix things because it comes out of their pocket. Here, it's a state facility. They're not going to fight about things. If it needs to be fixed, it needs to be fixed," Neilson said.

Leaky roofs and drains are among the more common issues facing the building.

Prior to being purchased by the university, the land was owned by the Holter family, according to Taylor. Agnes Holter rented rooms in her house to men attending Eastern who were often dubbed "Mrs. Holter's Boys" around campus and Cheney. Following her death, the university acquired the land to build apartments for students.

The Holter House is only one of the campus apartment housing options offered to students by the university. Other buildings include the Anna Maria Apartments and Family Townhouses, both of which are located on Washington Street near the Red Barn.

"The Townhouses are really more of a family atmosphere, I would say," said Neilson. "It seems like every day at 5 o'clock a kid is just crazy outside and having a good time."

Students interested in applying for family housing can visit www.ewu.edu/familyhousing for further information and an application. A \$100 deposit accompanies the application, but can be refunded if no apartment is offered or if the student doesn't accept the offer. There is typically a waitlist for each building.

Having a low-cost, family-friendly residence that is close to campus is a big factor for Neilson.

"For the price, you've got no room to complain; that's my philosophy. I tell people all the time, 'Hey, you're paying half for what you pay at other places,'" he said.

Neilson did, however, jokingly offer one small improvement for the building: new carpet. "I can't stand this stuff," he said.

Eastern Republic may near its end

Despite a promising start, lack of volunteers may leave editor-in-chief position empty in the 2010-11 school year

BY MIKE BRAMBLEY
staff writer

The politically conservative *Eastern Republic* newspaper may be reaching its final days if no Eastern students volunteer to take charge of the paper's editing and production responsibilities once they are vacated at the end of the school year.

Steven Wyble, editor-in-chief of the *Eastern Republic*, will be graduating in the spring and currently has no one to replace his position.

"If I don't find somebody who is totally interested in this and wants to take over, then I'm not sure if the paper will be able to continue on next year," he said.

The *Eastern Republic* was originally planned as a monthly newspaper providing a conservative voice for students on national and local politics.

Unfortunately, with struggles to recruit new writers and reporters, the paper's release has become less frequent.

As the newspaper's recruitment problems continue to rise, the necessary steps to find a new editor-in-chief also looks doubtful, Wyble said.

The publication was intended to focus on conservative politics in the Cheney and Spokane areas while keeping its coverage relevant to EWU students. The newspaper also reports on national issues from a conservative angle to inform stu-

"[Students] don't really ever hear the conservative side of things, or if they do hear about it, it is demonized by faculty and staff."

-Steven Wyble,
editor-in-chief of the
Eastern Republic

the political dialogue and debate that the newspaper offers, Wyble said.

Issues that the newspaper has covered in the past included gay rights, religion, intelligent design and global warming.

"I try to make the paper not about any pet issues of mine or anything but just to explore as many different issues as possible," Wyble said.

The *Eastern Republic* was started in April 2008 by Wyble and EWU student Michael Astle. The newspaper was funded by a Leadership Institute grant offered to university students who would use the money to produce the first issue of a newspaper.

Wyble and Astle succeeded in printing the newspaper's first issue with the initial grant money. The students then chose to follow through with the newspaper on a monthly basis by applying for a membership grant with the Collegiate Network, an organization supporting independent college newspapers.

"I felt like having a paper on campus that dealt specifically with conservative politics that I and the other people on the paper believed in was a good way to promote our viewpoints on campus," Wyble said.

The *Eastern Republic* is distributed throughout the EWU campus and the Cheney community.

The newspaper is a free publication that can be found online at easterneronline.com.

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Health care reform unconstitutional

New plan passes, 219-212, bringing more costs and trouble for US citizens

BY COLLIN SCHULER
contributing writer

Recently, health care narrowly passed in the House of Representatives by a 219-212 vote. Some call it a historic moment; I'd like to call it a constitutional disaster. First off, let me challenge the justification against this bill. Nowhere in the Constitution does it say health care is a federal-given right. Some health care supporters, such as Dean Erwin Chemerinsky of the University of California, Irvine School of Law, use the Commerce Clause (Article I, Section 8, Clause 3) as a battle weapon but misconstrue its entire meaning. Chemerinsky believes that this clause gives federal government the power to gain control or promote business, including health care, but he's wrong.

According to the Founding Fathers, the Commerce Clause was written to promote interstate trade because under the Articles of Confederation, the states were imposing territorial taxes on business conducted outside their own states. But once the Commerce Clause was added to the Constitution, states were allowed to conduct interstate business any way they wanted, and thus promoting capitalism across the country. It was never meant to force actual trade on individuals or give absolute control of business to Congress.

Another argument is the words "general welfare" that appear in the Preamble to the Constitution and in Article I, Section 8. This is where some perceive health care as a right.

However, in 1831, James Madison (the father of the Constitution) wrote, "With respect to the words general welfare, I have always regarded them as qualified by the detail of powers connected with them. To take them in a literal and unlimited sense would be a metamorphosis of the Constitution into a character which there is a host of proofs was not contemplated by its creators."

In other words, Congress has its limits as stated in the Constitution and James Madison specifically re-emphasized this point. The Constitution is not the same living document as some leftists would like it to be.

Let's take a few steps forward. The Ninth Amendment reads: "The enumeration in the Constitution, of certain rights, shall not be construed to deny or disparage others retained by the people." The 10th Amendment

level, they will threaten to wipe out the American economy within four years." In fact, Cahill openly admitted that the federal government has been bailing out the Massachusetts health care program, and the only way it was surviving was through federal aid.

Federal aid? That's our federal taxes at work, paying for Massachusetts health care with or without Obama's new health care bill. The system is already bankrupt to begin with, and who goes

change or wanted to punish the Republican Party back in the 2008 Congressional Elections. Shame on us for those who didn't vote or refused to get involved with politics because it's not "our game." Shame on us for forgetting what our Founding Fathers fought and died for back in 1776.

Justifying health care through the Constitution is impossible; to justify it on a public level is also improbable. In a MSNBC poll following the health care vote, 67 percent of respondents were angry at the health care results, claiming that the "legislation will harm the economy while mandating a government takeover of the health care system."

According to CNN/opinion research, American voters oppose reform by a 20-plus margin while CBS news revealed that a 60 percent majority did not believe this health care bill would benefit them at all. Overall, Real Clear Politics recorded a 10.5-plus average opposition margin.

In Washington state alone, Governor Gregoire blasted the State Attorney General, Republican Rob McKenna, for joining 11 other states in filing lawsuits against Obamacare. Call these actions selfish and uncompassionate to those 32 million uninsured? Absolutely not. These states are merely acting based on their rights as given and written by the Constitution.

Gregoire also claimed that McKenna had disappointed her and was "not representing her." Sorry, Gregoire. Let me kindly remind you that he represents the people who elected him and not you. Besides, a recent poll from King 5 News reveals that "most people in Western Washington think Congress went too far on health care reform and that they believe it will cost individuals more." For such a blue state, only 18 percent supported Congress's health care reform, and this is proof that even liberal media cannot deny the strong opposition toward it.

"We have failed to listen to America. This body moves forward against their will. Shame on us. Shame on each and every one of you who substitutes your will and your desires above those of your countrymen."

- John Boehner (R-OH)
Minority House Leader

is as followed: "The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people."

In short, health care decisions (or any additional rights not stated in the Constitution) belong to the states, not the federal government. If the powers belonged to the federal government, there would be no need for the creation of states' rights at all.

This is why Massachusetts can justify their mandatory health care program because the citizens chose it. But from an economic standpoint, their decision marked a fiscal state meltdown. On March 17, 2010, Massachusetts State Treasurer Tim Cahill stated: "If President Obama and the Democrats repeat the mistake of the health insurance reform here in Massachusetts on a national

to bail the federal government out when their well runs dry from having to support 49 other states? China? According to the *Washington Times*, we already owe them almost \$800 billion dollars.

During the final health care debate, Minority House Leader John Boehner (R-OH) condemned the bill, saying, "We have failed to listen to America. This body moves forward against their will. Shame on us. Shame on each and every one of you who substitutes your will and your desires above those of your countrymen."

Boehner is right. Shame on our congressmen for not upholding the Constitution. Shame on them for not letting the states handle their own health care. Shame on those pro-life Democrats who believed that Obama wouldn't use federal money to aid abortions. Nevertheless, shame on us, the voters, who demanded

No need for high school rules

Poor attendance in higher education facilities has parents calling for change and colleges considering adolescent-like regulations, such as failure of quarter for frequent absences

BY ALINA SHANIN
managing editor

With spring break over and a new quarter in full swing, more and more professors and state universities are becoming concerned with student attendance.

Apparently, parental distress and complaints about their offspring flunking out of classes has the colleges and universities of Washington considering implementing a high school-like approach to attendance: taking attendance and allowing a limited number of absences, after which the student fails the quarter.

Parents of frosh probably see it as a great idea, but I think it's a way to stay too involved in their children's lives. Unless the parents are paying for the education or attending the facility themselves, they shouldn't have much say in what goes on at the universities (outside of regular state-wide voting).

Many students rely on financial aid or themselves for covering schooling costs. If students are

responsible enough to keep jobs and receive financial aid, they can decide rather or not to skip classes and deal with possible consequences.

"Students who work to put themselves through school have to choose between classes and jobs more than realized."

universities have a better grasp of what responsibilities are tied to acquiring a higher education than high school-aged students do; they don't need a baby sitter.

All that is required to pass a class is to get all the work done and in on time, along with passing

exams. Some students can do that without attending every session they're registered for.

The number of allowed absences would be kept minimal, obviously, limiting students to miss about four days per quarter. Come on, now. Even high school students are allowed to miss about 30 days of school per year before getting brought before the truancy board (which can result in anything from a slap on the hand to expulsion).

Of course there are some irresponsible students who come to college just to waste time, but the majority come here for an education. And if they are unable to attend class, it's probably for a good reason.

Students who work to put themselves through school have to choose between classes and jobs more often than realized. If missing one class provides them with the opportunity to continue their education the following month or quarter, I think the choice is pretty clear.

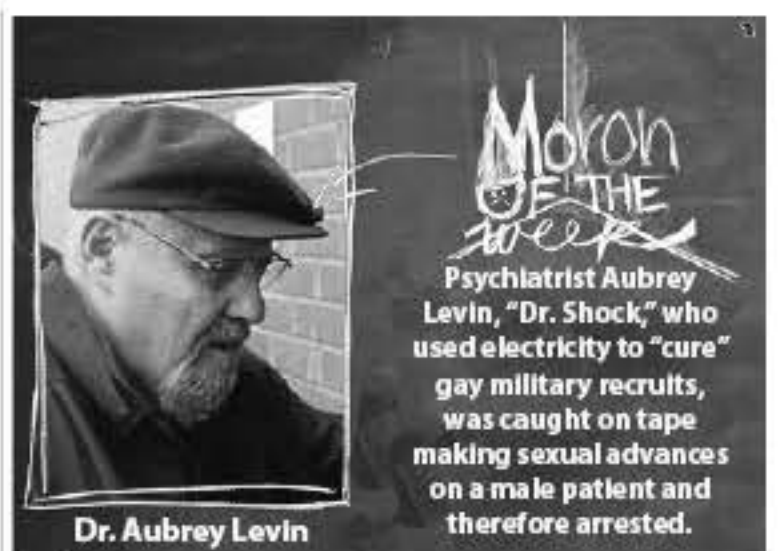
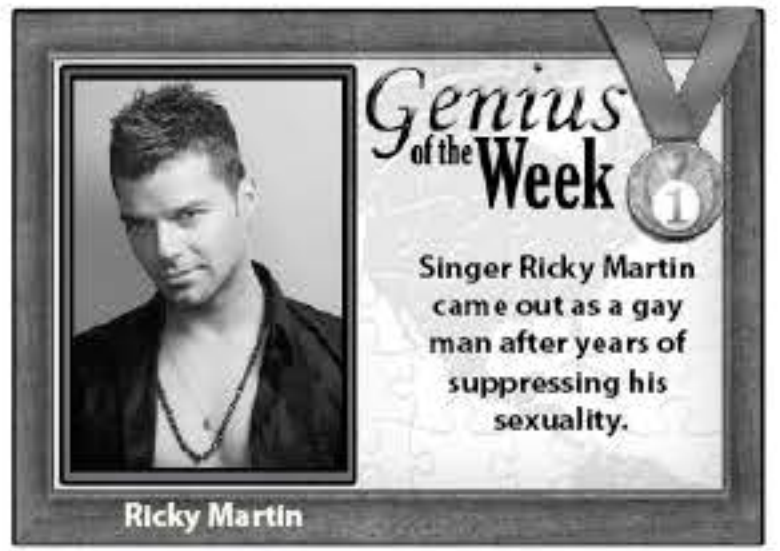
Many professors are under-

standing when it comes to emergencies, children and illnesses. However, students shouldn't need to go back to the days of doctors' notes and excuses in order to convince their teachers to trust that the student had a good reason to leave.

It seems childish. Everyone is an adult here and can take care of their business, which includes dealing with crabby parents, if that is the case.

All that aside, students pay to come to college and have to learn the responsibility of life outside of their parents' homes and high schools. I understand that repetitive failures can reflect poorly on universities but doubt it's been a terrible problem for Eastern. The tuition isn't getting any cheaper, but is in fact rising, so obviously the passing rates are high enough to make that happen.

Since the education facilities get paid regardless of attendance, let's not get ridiculous and try to implement more rules that won't work and are mostly inconsiderate to attendees.



Hanging up on drivers distracted by phones

Non-headset cell phone use in cars now a primary offense, while kids, music, movies OK

BY JAMES EIK
editor-in-chief

There are countless distractions that can cause morbid events to unfold for those on the road.

Whether it's screaming children in the backseat, a vehicle making an unexpected stop, a Ferris wheel in South Dakota or an out-of-place tree on the highway, distractions are a part of driving.

March 26 marked the signing of a bill by Governor Gregoire to make non-headset cell phone use and texting a primary driving offense. The law will slap a \$124 ticket on violators starting June 10 but exempts hearing aid users and tow truck operators.

Credited as a "safety issue," the law doesn't add anything new to accident prevention in the road. Aside from the rare occurrence of mechanical failure, accidents occur because of a violation of one of the numerous laws already on the books, no matter how innocent the accident is.

This new law follows in the footsteps of the current one, where texting or cell phone use is a secondary offense. But this time around, it's little more than a money-making effort by an already bulging state government.

There are ways to remove distractions, and increasing the number of state laws while driving isn't a positive factor in that area.

In many ways, a child in the backseat can be more of a distraction than a cell phone. Yet for some reason the state hasn't considered banning children in vehicles.

Unfortunately, playing music also falls under a distraction. The same goes for sipping soda while driving through the middle of the state. Heck, if the state Legislature wants to push things even further, they could classify any passenger as a distraction.

Personally, I would be most appreciative if the state considered making backseat driving a primary offense. Thank you ahead of time.

Instead of applying more laws, drivers' education classes should focus more on tuning out distractions. Another potential solution is to be stricter when issuing licenses and enforce further testing down the road. Although, granted, that solution presents hassles and fees of its own.

But when things boil down, driving smartly just relies on common sense. Although it's in short supply, it looks like state legislators could use some.

the EASTERNER

The Easterner strives to provide EWU students and staff with the opportunity to comment or express their opinions and/or views on any topic relevant to our readers. We encourage the campus community to submit letters and opinion pieces that conform to the requirements listed below. Opinion articles and letters to the editor do not necessarily reflect the views and opinions of The Easterner, its staff members or Eastern Washington University.

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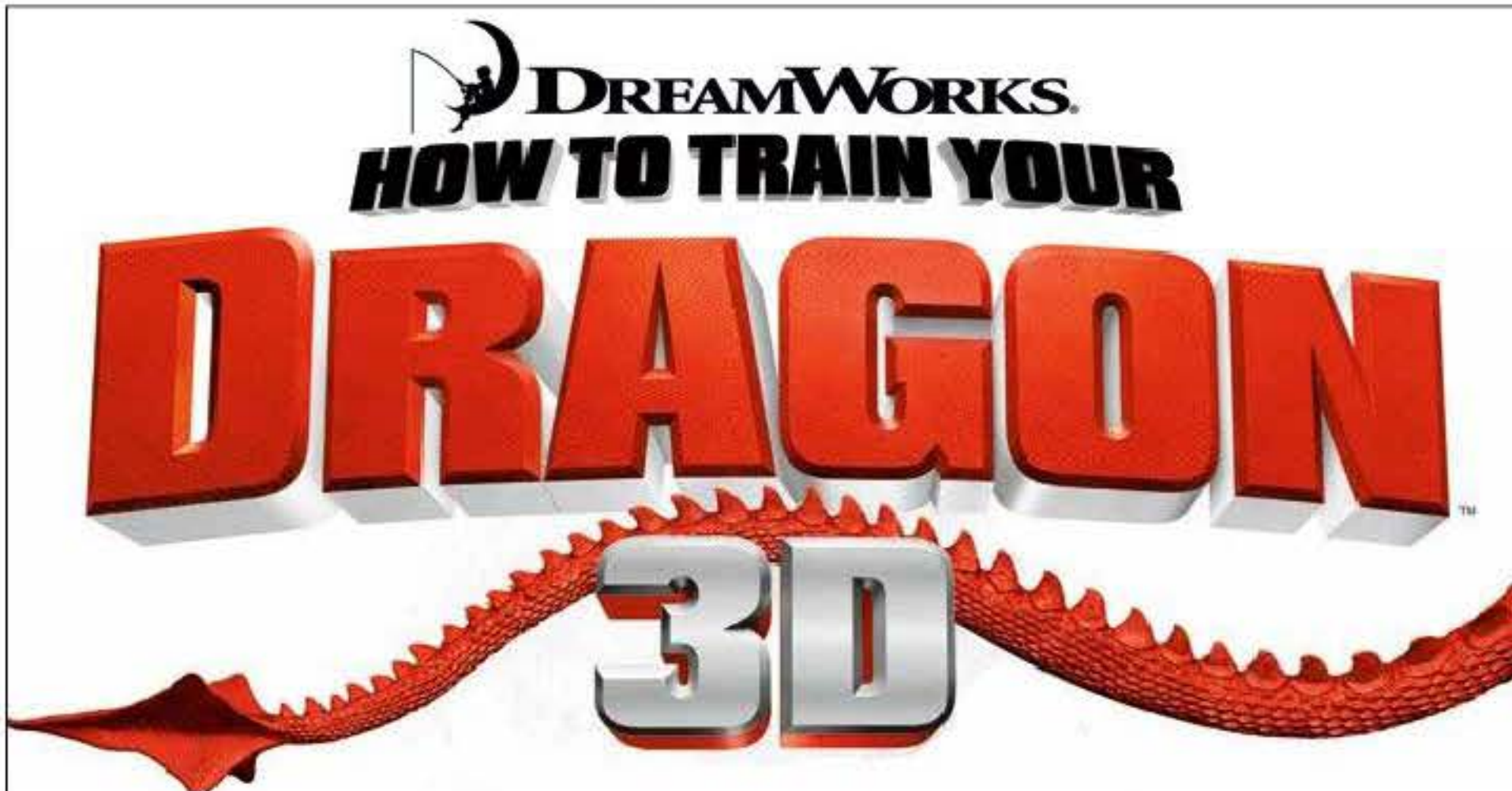
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- Include your full name, signature, telephone number and e-mail address for verification.
- We reserve the right not to publish letters; furthermore, all letters are subject to editing.
- Letters must be received by no later than Monday at 3 p.m. in order to be considered for publication the following Wednesday.
- If your letter is in response to a specific article, please list the title and date of the article.



Clancy Bundy



Finding the history behind the holiday

Easter not just a holiday for celebrating Jesus's resurrection or hunting for eggs

BY MIKE BRAMBLEY
staff writer

Easter represents the Christian faith's highest devotion to Jesus Christ, his miracles and his resurrection, but the celebration itself combines elements from many cultures using various historical symbols.

For example, the most iconic symbols of the holiday are Easter bunnies and colored eggs. These well-known images are definitely not mentioned in the Bible but may have other historical roots that have been included in the celebration over time.

Many scholars have suggested that the Christian version of Easter may be a collection of different religious symbols from history: a convergence of pagan, Hebrew and Christian cultural artifacts, according to theholidayspot.com.

The Easter celebration coordinates with the vernal equinox, which occurs March 21. It is celebrated the first Sunday following the full moon after the vernal equinox, on a timeline anywhere between March 22 and April 25 every year, according to history.com.

Easter's celebration of the resurrection of Jesus Christ corresponds perfectly with nature's reawakening after winter. Scholars have suggested that some remnants of ancient festivities of spring renewal may linger in current celebrations of Easter, according to the Holiday Spot.

Although the exact origins of the name Easter are unknown, many scholars claim that the word is derived from Eostre, a Teutonic goddess of spring and fertility.

This mythological goddess Eostre, whom ancients celebrated with the coming of spring, may have provided the name for the Christian holiday, suggesting that ancient pagan might have played a part in the cultural foundations for many of the seasonal and religious celebrations and customs.

Christian religious beliefs connect the Easter celebration directly to the Jewish Passover, a festival in remembrance of the ancient Israelites' exodus from slavery in Egypt.

Jesus had journeyed to Jerusalem to celebrate Passover when he faced the ordeals of his crucifixion and his. For this reason, many Christians relate Passover to Easter celebrations of Jesus's resurrection, according to history.com.

While many Christians only celebrate Jesus's resurrection on Easter Sunday, it is actually an entire season of worship and ceremony rather than a single-day event.

The 40-day period before Easter is called Lent, a time of penance and prayer that represents the 40 days Jesus spent alone in the wilderness before starting his ministry. Christians who observe Lent are expected to fast and pray for Jesus's trials in connection to their own faith.

The last Sunday of Lent is known as Palm Sunday, which also marks the start of the week before Easter, when Jesus was welcomed into Jerusalem, according to the Holiday Spot. Palm Sunday is followed by Holy Monday and Holy Tuesday. Spy Wednesday is recognized as the time when the disciple Judas Iscariot betrayed Jesus.

Maundy Thursday is remembered as the day of the Last Supper and Good Friday recalls on Jesus's crucifixion. On Easter Sunday, he was resurrected from his grave.

According to Holiday Spot, "The celebration of Easter is the celebration of the triumph of life over death. Dedicated to the honor of Christ who gave his life for the sins of His loved ones, it is a great festival to the Christians all over the world. It is joyous because it was on Easter He had shown himself."

Writer shares about her time at the premiere



The Easterner's Melissa Carroll meets with the cast and crew of "How to Train Your Dragon" at the Gibson Amphitheatre in Hollywood, during its premiere set aside to celebrate the dedicated, behind-the-scenes workers. From left to right: Vana Dabney, Matt Schiavone, Matt Campbell, Gerard Butler, Melissa Carroll, Curtis Thompson and Breanna Keeter.

BY MELISSA CARROLL
staff writer

The adventurous world of burly Vikings and fire-breathing dragons debuted in DreamWorks' new animated film "How to Train Your Dragon," which I watched with the stars and creators at the premier at the Gibson Amphitheatre in Universal City, Hollywood.

A loose adaptation of Cressida Cowell's children's book "How to Train Your Dragon," the movie follows the young Viking Hiccup as he struggles between becoming the Viking his father wants him to be and discovering a new world of befriending and training vicious dragons. After discovering his inability to be a dragon killer like his father hopes he will be, Hiccup trains Toothless, the mysterious Night Fury dragon who quickly introduces him to a new world of the dragons that live around his home on the island of Berk. The story creates an intense experi-

ence for all ages as Hiccup and Toothless battle to save both dragons and Vikings to create a new relationship between both.

Even with the approaching deadline, directors Chris Sanders and Dean DeBois managed to create an extraordinary 3-D experience that raises the bar for animated films to follow. Working through two previous failed directors, Sanders and DeBois were given only 16 months to create a new storyline and finish the movie before the March deadline. After many ups and downs during the film-making process, "How to Train Your Dragon" reached the No. 1 spot its opening weekend, bringing in \$43.7 million.

"Working on dragons was a rollercoaster. When I started on the movie, everyone loved the potential of the film. Then we hit a rough patch where doubt really started creeping in, but at the end of the day, with Sanders and DeBois's brilliant leadership, the end product far

exceeded even the most optimistic of expectations," said Scott Sakamoto, story production coordinator for the film.

The dedication from the cast and crew was evident in the quality of the movie. After an introduction to the film by DreamWorks, CEO Jeffrey Katzenberg, producer Bonnie Arnold, and the directors, as well as a special appearance by a very grateful Gerard Butler (voice of Stoick the Vast), the movie began with an erupting applause from the tired crew sitting in the audience.

"As great as the movie turned out, my favorite thing about it was the people I worked with. You dream about having your name attached to something amazing and timeless. It is an incredible honor, and I'm spent," Sakamoto said.

The level of the 3-D animation reached new heights as the action kept me on the edge of my seat and had me cheering for each crew member by the end. The

crew present at the premiere were extremely proud of their accomplishments.

"Working on 'How to Train Your Dragon' was an amazing experience from start to finish. So many people put so much of their time, energy and passion into creating a lasting and memorable story that will surely endure the test of time," said Jabari Phillips, script coordinator for the film.

"How to Train Your Dragon" is a definite must see for a new animated movie experience and is worth the price of 3-D.

"This film is one of those films that only comes around every so often. We all got along, understood what needed to be done, and found a way to have fun and grow together in the process. These aren't easy films to make, but when you have a great story like Dragons does, it makes the late nights and weekends much easier to take," said Matt Campbell, lighting coordinator for the film.

Creating clean, immature pranks for April Fools' Day fun

While some dip into the classic pranks, a few EWU students give ideas for others to try

BY RACHEL PANTHER
contributing writer

April Fools' Day is here. It is time to pull out the Whoopee cushions and fake dog poop to partake in antics.

There's no better way to start off spring quarter than with a good, classic prank. Whether it's tying your roommate's shoes together or hiding their booze stash, this April Fools' is certain to be full of clean, immature fun.

Pranksters around the world

have been celebrating this "holiday," which originated in Europe in the 1500s, though no one really knows the year of the first April Fools' Day. Today it's celebrated in the Western part of the world via pranks, convincing people of outlandish things and sending people on wild goose chases.

No need to troll the Internet looking for pranks to play. Your fellow EWU peeps are not short on prank ideas.

"I woke up really early and burnt bread in the oven and pur-

posely set off the smoke alarm trying to get my family to believe the house was on fire," Junior Dan Hooper said of a prank he pulled on his family while living at home.

Senior Frederick Rollins also played a prank on a family member. "I told my mom I got my girlfriend (at the time) pregnant," Rollins said. "I got a verbal beat-down, but it was really funny to hear her reaction."

Senior Lydel Montenegro pranked her sorority sister when she lived in the house her sopho-

more year. She and two of her sisters went to TAJ to buy supplies.

"We decided to Saran wrap Kathryn's room. We knew she wouldn't be back until morning, so we had enough time to wrap everything," Montenegro said.

"That roll had just enough to wrap her desk, everything on her desk, her whole bed and pillows, her closet and clothes, and all her shoes," Montenegro said. "Her room smelled like plastic for days."

Grad student Jake Kelly suggested unscrewing the shower head

and putting Smarties (or your candy of choice) in it.

"The first person to use the shower will be all sticky," Kelly said.

Senior Cam Miyashiro said, "You can put Jell-O in the toilet so that no one can flush it ... but that's pretty mean."

So don't be fooled this Thursday. Be prepared with plenty of prank ammunition because someone just might be planning to fool you.



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photo courtesy of Carol Rosegg

The Ingalls family sings together in the musical performance of "Little House on the Prairie." From left to right: Laura (Kara Lindsay), Pa (Steve Blanchard), Ma (Melissa Gilbert), Mary (Alessa Neeck) and Carrie (Carly Rose).

'Little House' actress attains big dream

The Easterner interviews the lead actress of the Broadway musical, Kara Lindsay, who admires her character's courage

BY ELISE AXEL
eagle life editor

After years of being a popular childhood book and TV show, "Little House on the Prairie" makes its way to Spokane as a Broadway musical. The play shows pioneer life through the eyes of Laura Ingalls Wilder (Kara Lindsay) as she grows up on the prairie. The lead actress, Lindsay, discussed her role as Laura.

What is your favorite and/or least favorite aspect about the character you play?

My favorite aspect about Laura is her perseverance. She is an inspiration to me. Not only to me, but to so many who have read her stories. She never gave up through even the most trying times. In fact, she would push even harder. The Ingalls family suffered through illness, poverty, extreme winters, starvation and so much more that we could never understand with our current luxuries of the 21st century. Her courage and conviction is incredible. And she never felt defeated, which is a true testament to her character.

I don't think there is anything about Laura that is "my least favorite." If I were to pick anything, it would have to be her poor self-image as she started to grow up into a young lady. This is true of any adolescent girl who gets put down by the "popular girl" (Nellie Oleson). It's hard to remember where your true beauty lies, but she eventually learns.

Did you try to do research into the character before or after you were cast?

I started researching the character as soon as I heard I had an appointment to

audition. At this point, I knew nothing about "Little House on the Prairie." I had never read the children's books series as a child. I watched only a few episodes of the TV show and really couldn't remember much about the 19th century pioneers that we learned about in history.

I had to start from square one. But I had so much research material to pull from, which is an actor's dream. Since the musical is based entirely on the Little House book series, that's where I started. Before the audition, I really didn't have much time to read all the books, so I did the best I could.

Once I found out that I got the part, I read them three times. Of course, these are children's books, so it wasn't like reading nine Ayn Rand books. I learned so much from reading the books alone. The book writer, Rachel Sheinken, took direct quotes from the books and put them into the script. These were Laura's actual thoughts and words, so why not. I also ended up being cast in the Denver Center Performing Arts production of "Quilters" just before we started rehearsals for the show, which is all about American pioneers of the 18th and 19th centuries. It was a crazy coincidence. I was so very grateful for it, though. I was able to get my hands even deeper into that time period.

What do you try to bring out in your character?

Every night before the show, I sort of "meditate," I guess. That sounds silly, but it's true. I try to focus on who Laura is. It's so easy to get side tracked and to "try too hard" and feel like you aren't do-

ing enough, then you end up getting all in your head. It just gets frustrating. I try to remember how true and honest Laura was. That is what I want the audience to see. Also, I try to bring a lot of myself to the role because, ultimately, it is you under those costumes and wigs.

It's so important to find something in the character that relates to you so that you can truly step into the role. For instance, I was sort of a tomboy growing up and the "ugly duckling." I know what it's like to feel left out and to prefer my soccer cleats over high heels any day, which I still do. I have always been a little quirky and weird, so I let it shine. I try to bring truth, honesty and a little bit of myself to the character of Laura.

What do you believe helped you get the role?

Honestly, I think that by ... believing that I was good enough to get the role got me the role. Everyone around me was saying that they weren't sure if I had enough experience to take on a role like this and I guess I really didn't. I was a year out of college with one professional leading role, on my resumé.

The casting panel kept calling me back to audition for them again and again, continuing to say they "weren't sure." This happened 11 times. It was not easy on my self-confidence, but I continued to push through because I knew that I could do it. Eventually, I ended up getting the role. This was one of the biggest learning and growing experiences for me. It taught me a lot about this business and about myself. Bottom line: believe in yourself.

How do you feel now that you are in the play?

Now that I am in the show, I feel so blessed. I am incredibly grateful for this opportunity and take full advantage of every moment on stage. I love what I do. We have such fun, which makes every show a blast. I'm having a great time.

How does this play compare to other plays you have been in?

This is certainly the most difficult role I have taken on. I have never played a character that went from a child to an adult within the two-and-a-half hours of a show. It took a lot of research and conversations with the book writer to feel like I understood Laura's growth throughout the play. Also, the demand of the role is quite outstanding. The part of Laura requires so much endurance both physically and vocally. In comparison to others I have done, this show has been the biggest learning experience and more importantly, the most rewarding.

How does it feel to be in a play with Melissa Gilbert? Has she helped you in your performance?

It's awesome. At first, I think I left rehearsals with pools of sweat because I was so nervous. But Melissa could not be more lovely. From day one, she has been welcoming, encouraging and completely humble. I know I have very big shoes to fill. She has supported me in finding my own Laura. She has never told me what to do with the role or how to play Laura, she has simply given me the freedom to discover her for myself.

Melissa is always your biggest cheer-

leader, too. It was easy to explore this role with her by my side, rooting me on. We have grown very close throughout this process. Whenever we talk on the phone, I call her "Ma," and she calls me "Little." I'm truly grateful for this experience with her.

Many people have grown up with the story of "Little House on the Prairie." Has that knowledge changed the way you perform? If so, how?

Knowing the significance of these iconic stories in these audiences' lives makes the show all the more exciting. You can feel when an audience is enjoying the performance, the energy that they bring with their response and laughter resonates to all of us on stage. It's an amazing feeling. These stories have touched the lives of many people and it makes our job that much more important. We only hope we are doing it justice.

Do you have any favorite/funny memories of this tour?

There are just too many funny stories; I would take up five pages. Many of us have fallen when we were clearly supposed to be standing; slipped whilst singing or speaking; broken props in the middle of a dramatic song; spat in one another's face while singing a love song; forgetting a line and making it up on the spot and it doesn't make any sense; singing wrong lyrics; set pieces that somehow don't make it on stage which are essential to the scene; costume pieces falling off leaving you partly naked; people bringing cell phones on stage, by accident and dropping them (this is the 19th century mind you); flatulence (sorry but we're human); and so much more.

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EWU students find frisbee golf to be a fun and cheap activity

BY RACHEL PANTHER
contributing writer

What do you get when you combine hiking, golf and flying discs? You get frof.

Frof, shorthand for Frisbee golf and also known as disc golf, is similar to traditional golf, only players use specially made flying discs instead of balls and golf clubs. "You have a tee, and you tee off by throwing your disc, and you try to get it into the basket, which is like the hole in golf," said sophomore Chris Wilson, who has been playing disc golf on campus and around Spokane for about one year.

"We all just started throwing the Frisbee around out in a field and my friend thought we should try disc golfing one time," said junior Danny Linnane, who has been frofing for just under one year, said. "It was a blast. I got my discs shortly after that, and I've been doing it every chance I can [get]."

Wilson explained that each disc is played as it lies. "It's almost ex-

actly the same as golf," he said. One difference is that every hole is a par 3, Linnane explained. The fundamentals of the sport, however, are the same.

Golf discs are different from Frisbees; they are harder and more compact. "I've been nailed by them before, and they hurt," said Wilson. There are several different brands of discs used by frofers. Both Wilson and Linnane prefer the brands Discraft and Innova. "You have different discs for different shots," Linnane said.

While golf courses are groomed, disc golf courses sometimes go through the woods at times. "All the disc golf courses are unique in their own way," Wilson said. "Golf is awesome. Don't get me wrong, but golf courses are all kind of the same."

Just like golf, there are professional disc golfers with a Professional Disc Golf Association (PDGA). The PDGA also creates the rules and regulations for disc golfing. "Discraft and Innova have

professional teams - people who just Frisbee golf; it's what they do," Wilson said.

Wilson and Linnane play frof at High Bridge and Down River, two public golf courses in Spokane. High Bridge is underneath the Sunset Bridge by Sunset Hill in Spokane and has an 18-hole disc golf course. "High Bridge is good for beginners," said Linnane. "Down River is more for advanced players. You're right next to a river on about four or five holes, and it's easy to lose your disc."

Along with tying together Frisbee and golf, the sport also includes hiking. "It's a hike without having to drive 15 miles to the middle of nowhere," said Linnane. "Plus you have something to do other than just walking."

Luckily for broke students, most disc golf course admissions are free. Discs cost between \$10 and \$20. "You can even play on the Showalter lawn," Linnane said.

For more information about disc golf, visit pdga.com.

SPRING SPORTS PREVIEW

TRACK

DATE

April 2-3
 April 9
 April 10
 April 14-17
 April 17
 April 24
 April 30- May 1
 May 1
 May 7-8
 May 12-15
 May 27-29
 June 9-12

MEET

Al Manuel Invitational
 39th Annual Pelluer Invite
 WOAR Meet
 Mt. Sac Relays/Combined Events
 Long Beach Invitational
 Cougar Team Meet
 Oregon Relays
 Duane Hartman Invitational
 Vandal Jamboree
 Big Sky Conference Championships
 NCAA West Regionals
 NCAA Division I Outdoor Championships

LOCATION

University of Montana, Missoula, Mont.
 EWU, Cheney
 Spokane Community College, Spokane
 Walnut, Calif.
 Long Beach, Calif.
 WSU, Pullman
 University of Oregon, Eugene, Ore.
 Spokane, Wash.
 Moscow, Idaho
 Weber State, Ogden, Utah
 Austin, Texas
 University of Oregon, Eugene, Ore.

GOLF

April 5-6 Wyoming Cowgirl Classic
 @ Chandler, Ariz.
 April 19-21 Big Sky Championships
 @ Chandler, Ariz.

WOMEN'S TENNIS

April 2 vs. Montana @ Cheney, Wash., 6 p.m.
 April 4 vs. Seattle @ Cheney, Wash., 9 a.m.
 April 10 vs. Northern Arizona @ Cheney Wash., 10 a.m.
 April 12 vs. Gonzaga @ Cheney, Wash., 3 p.m.
 April 13 vs. Idaho @ Pocatello, Idaho 3 p.m.
 April 17 vs. Montana State @ Montana State 9 a.m.
 April 23-25 Big Sky Conference Championships @ Sacramento, Calif., TBA

MEN'S TENNIS

April 9 vs. Weber State @ Cheney, Wash., 3 p.m.
 April 10 vs. Northern Arizona @ Cheney Wash., 2 p.m.
 April 11 vs. Seattle @ Cheney, Wash., 1 p.m.
 April 16 vs. Montana @ Montana 1p.m.
 April 17 vs. Montana State @ Montana State 2 p.m.
 April 22-25 Big Sky Conference Championships @ Sacramento, Calif., TBA



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Near-perfect Eagles sit second in Big Sky

BY DUSTIN TOMS
senior reporter

Spring quarter brings the conclusion of the EWU women's tennis team.

Currently, the tennis team is sitting in second place in the Big Sky Conference (BSC) with a league record of 4-1. Their total record is 9-7, already improving on last season's 8-15 mark.

The women started the season strong, sweeping their first three matches, but they hit a bump in the road, dropping six of the next seven matches. The Eagles have since won three of their four conference matches, losing to nationally ranked Sacramento State.

"We've had a lot of different people step up at different times. We had different players win all season," said Associate Women's Head Coach Dave Silha. "Everyone on the team is important. We don't rely on one person to do it. The whole team has to do it."

The team is young this season, having six freshmen suit up along with one sophomore, two juniors and a senior. The sophomore, Caitlin Bampton, is finding success as the No. 1 singles player.

"[Bampton] has really stepped up her game," said



Lady Eags take a break from practice to pose for a picture.

Silha. "She has won six matches already, compared to eight last year."

During break, the team traveled to California for three matches. They defeated San Jose State and California State Bakersfield before falling to Sacramento

State. After the loss, the Eagles have three conference matches left to play and need to win at least one to guarantee a trip to the conference championships.

"Our goal is to get to conference. We need to win one more match, and it's about a 98-percent guaran-

tee we make it," Silha said.

Last year, the Eagles tied for fourth in conference and made the tournament, but that was when six teams were invited. With the budget cuts that colleges are incurring across the nation, the tournament has been reduced to only four teams, which makes each match more important.

"We've done a good job getting better through the season," said Silha. "They've been working a lot harder, better fitness, better conditioning. It has translated onto the court [with] more intensity."

With conference championships the last week of April, there is not much time left for the Eagles to grasp a spot in the tournament, but they are working harder every day to make sure that happens.

"They push themselves to get better every match," said Silha. "I think the girls have really been working on their mental toughness a lot, and I think it has really been a big stepping point for this team. We're still not where we want to be, but we're getting there."

The University of Montana (UM) and Northern Arizona University (NAU) will visit April 2 and 10, respectively, for two of the three remaining BSC matches for the Eagles. The UM match will start at 6 p.m., and the NAU match will begin at 10 a.m.

Eags swing toward BSCC

The countdown to the BSCC is nearing for the young team and rookie coach

BY KRISTAL DEYO
sports editor

With a new coach and a team of fresh faces, the EWU women's golf team has taken advantage of the mild winter and are looking strong as they swing for the Big Sky Conference Championships (BSCC).

"We've been practicing outdoors for almost two months now. We've used the warm winter to get in some extra practice. We have a few conference schools on our radar that probably weren't so fortunate," Head Coach Brenda Howe said.

Though the team is young and not quite experienced, junior Kelly Holmstedt, who is leading the team, has a 79.6 average this season. She was Eastern's top finisher in the Fresno State Lexus Classic March 1-2, helping the Eagles place 14th.

"She's an experienced player who has stepped into the leadership role nicely," said Howe. "She sets a good example for the freshmen, and I see her competitive spirit rubbing off onto the younger players."

Following close behind Holmstedt is freshman Dana Stapleton from Arizona, whom Howe says had a tremendous junior golf career and is transitioning well. She has an 83.6 average and has played all rounds in the 2009-10 season along Holmstedt.

"She is starting to find her confidence and use her past experience



Kelly Holmstedt studies the course to form an action plan.

to her advantage at the NCAA level," Howe said.

Aside from having a young team that is transitioning from high school to college golf, the team has had another hurdle to work through as an injury removed one of their two veteran players from the season. Kylie Ray suffered a wrist injury and will be having surgery this month, she is expected to be fully recovered by the fall season.

Though the BSC coaches ranked the Eagles eighth, the ladies are determined to surpass expectations once the championships approach.

"Right now, we have our sights set on a particular team score. I think it's a mental barrier that needs to be broken before the girls realize that they are able to do it every time out," said Howe. "We'd like to prove them wrong and feel that a fifth or sixth place finish

is within our reach. With such a young and inexperienced team, this would be a finish we would all be proud of."

Last weekend, the team defeated Cal State Bakersfield and lost to Cal Poly and Portland at the Cal Poly/Lamkin Grip Women's Match Play Championship in Arroyo Grande, Calif. They play at the Cowgirl Classic April 5-6 in Chandler, Ariz., the same course where the conference championships will be held.

The BSCC will be held April 19-21 in Chandler.

As for rookie coach Howe, she said she loves the position as the golf coach and is looking forward to many years in the program.

"As a former Eagle golfer, this is my dream job. I hope my love for EWU and the Cheney/Spokane area can benefit recruiting and build upon what Marc [Hughes] has created out here," Howe said.



Decathletes Kersee Lind and Tim Armstrong run over hurdles in a synchronized fashion.

Outdoor season kicks off

The EWU track team will compete in its first duel meet this weekend

BY ALLIE FRIESE
staff writer

Spring quarter marks the beginning of the outdoor season for the EWU track and field team, eliciting high hopes from the coaches.

Men's Head Coach Sean Kerr said they're shooting for top three in the conference championships for this outdoor season. The team has two previous high jump champions returning this year, Stephen Praast and Adam Stewart, along with various other athletes who are looking to make their mark this season.

Kerr also noted Armand Hopkins as a top contender in the long jump, along with Ben Cogdill in the pole vault. "Ben has had a great indoor season and start to his outdoor in the pole vault," Kerr said.

Aaron Metzer, a two-time javelin conference champion, is also returning this season. Seniors who will be finishing their college track careers this season include Dave Howard, Throws Captain Brody Faire and Sprint Captain Chad Butorac. "These seniors are ready to finish on a solid note," Kerr said.

Distance runner Paul Limpf will also be completing his eligibility. He, Alex Smyth, and Kyle King, were referred to as the "nucleus of the distance crew" by Kerr.

Decathlete Tim Armstrong and Kersee Lind are expected to bring a solid season, along with 400-meter runners Brad Wall and Kyle Uley.

Women's Head Coach Marcia Mecklenberg noted that the 4-by-1 relay is a crew to watch out for as defending outdoor champs. Sarah Frey is cited as a top contender in the 400-hurdles and Shene Davis for the long jump. Davis took second in the indoor conference this year. Both lived up to their coaches' expectations at the meet at Stanford during the weekend.

This year's defending conference champions include Nicole Luckenbach in the hammer and Michelle Coombs in the javelin. "They will be defending their titles and improving on their marks," Mecklenberg said.

For this outdoor season, Mecklenberg's goal for the wom-

en's team is 80 points and to place in the top five.

Jumps coach Jon Hill also has high hopes this year. "All our jumpers like to make a name for themselves, and everybody has the potential to go out and win their event," he said.

Hill noted that the high jump crew, comprised of Praast, Stewart and Cody Fischell, is "a trio that's going to be tough to beat." Stewart took first in the 2008-09 indoor conference, Praast was the outdoor conference champion and Fischell took second in this year's indoor conference.

"The women's team needs to start moving up and be top five, and our guys are looking to get back to where we were last year," Hill said. He also noted that the men's team looks much stronger in outdoor, and they're looking to finish in the top three.

The Eagles will compete April 2 and 3 at the Al Manuel Invitational in Missoula, Mont., followed by the Pelluer Invitational in Cheney, April 9.

Eagles begin BSC play

The men's tennis team looks to have a refreshing spring season after struggling indoors

BY TOM LINNAME
staff writer

After coming off a 5-11 winter season with wins against Gonzaga and Idaho State universities, the EWU men's tennis team is looking to win all four upcoming conference matches in order to qualify for the Big Sky Conference (BSC) Tournament.

The teams to beat include Arizona State University, Weber State University, Montana University and Montana State University. The first two matches will be played on the EWU tennis courts.

The Eagles will host the Weber State Wildcats for their first conference match of the season April 9, at 3 p.m. Head Coach Darren Haworth said his team is ready, especially some of the freshmen players who have been performing well all year.

"The conference race is pretty tight right now," said Haworth. "I think if the guys come out and play as hard as they have been, we should do really well in our last four conference matches."

Despite their losing record during winter season, the Eagles still managed to defeat BSC contenders Idaho State University 6-1 at home. The following week, EWU pulled off a stunning victory against regional rival Gonzaga, winning 6-1.

"Winter went about as expected. We had a couple of good wins and a couple of close matches where the guys played tough," Haworth said.

Freshman Fernando Mussolini and sophomore Stefan Simikic have both had an impressive season so far. Haworth believes that their best is yet to come.

"Mussolini has had some really good wins this season," said Haworth. "He's competing at a much higher level than I expected."

Mussolini had an 8-8 overall season with some impressive victories against Northern Colorado University and Whitworth. Simikic went 6-10 overall and had one of his best performances of the season against Gonzaga, winning his match, 6-7, 6-4 and 5-7.

"Simikic has had kind of an outstanding season," said Haworth. "He's really been stepping up, and I look forward to having him on the team for the next two years."

Overall, Haworth believes his young team has been making huge strides this year. Despite individual success, the team still needs to work on their doubles play. According to Haworth, it will be a big part of the BSC spring schedule.

"The first hour of all our matches is doubles, and if we could get a big crowd of Eastern fans out there, it could really make a difference in our match," Haworth said.

EWU will play their only non-conference match against Seattle University in Cheney April 11 at 1 p.m.

New intramurals available

BY DUSTIN TOMS
senior reporter

With every quarter comes new classes, new professors and best of all, a new season of intramurals.

Spring intramurals will start April 14, and the deadline to sign up is April 9.

Basketball and volleyball continue to be year-round sports, with flag football, outdoor soccer and softball welcomed in the spring.

Sports are still available in Open, White and Red levels. Open is for competitive play, White for moderate and Red for recreational.

Basketball and softball are available in men's and coed divisions. Volleyball is coed only, and flag football is men only. Outdoor soccer is also coed and is available in Open competition exclusively.

Intramurals have a lot more to offer in the springtime, but participants tend to stay away from sports.

"All of our sports tend to drop off a bit in the springtime with students graduating or catching up with their grades," Director of Campus Recreation Mike Campitelli said.

Events that will be held during spring include the seventh annual EWU Spring Shootout, a Texas Hold 'em tournament, an outdoor volleyball tournament, the Iron Eagle Triathlon and the Blitz. The Shootout and triathlon are open to everyone, while the other three are for EWU students only.

The Spring Shootout is the largest indoor 3-on-3 basketball tournament in the nation. Each year, around 200 teams sign up to participate. It costs \$92 per team, but for each EWU student on a roster, the team gets a \$10 discount. All of the funds go back into Intramurals.

"A mini Hoopfest is what it is. We get teams from all over the region, from Tri-Cities and even a couple from Seattle," Campitelli said.

The tournament uses real referees on each court, which prevents potential problems.

"Some tournaments are 'call your own foul,' and that's a disaster," Campitelli said.

Youth divisions are also included in the tournament.

Winners will receive a hoodie sweatshirt, and second place will get a long-sleeve T-shirt.

The Iron Eagle Triathlon, Campitelli's favorite spring event, is a sprint triathlon, which is a shorter version of a full triathlon.

"The distances are short enough for people who don't train year-round but are in good enough shape. [They] can come and try it to see if they like [triathlons]," said Campitelli. "It's really our last physical activity of the year, and you get a lot of people doing the triathlon for the first time."

The final event of the year, which Campitelli refers to as a

"campus recreation appreciation day," is the Blitz.

The Blitz is an end-of-the-year gathering of all the club sport teams in Woodward field. They each set up a booth with an activity focused on their sport. Last year, the Baseball Club held a home run derby, and EPIC adventures set up a swimming pool to teach students how to kayak.

The event is free for students and faculty, and there is a free barbecue for those who have successfully completed a Blitz passport. The passport is a list of all of the available activities, and once you've completed six of them, you get your free lunch.

During the Blitz, the cheerleaders set up a jail in the center of Woodward Field where anyone can be "incarcerated" for \$1. All the proceeds go toward the Special Olympics.

One final ongoing event from Intramurals is the recent addition of laser tag. It is open on the weekends, and the price has been cut down to \$1 for everyone.

"Spring quarter is about getting outside and having some fun, and the basketball and volleyball junkies can still play," said Campitelli. "We're ready for this. It's going to be a lot of fun, and it's going to be a big quarter."

It's going to be a lot of fun, and it's going to be a big quarter."



Sara Frey
Senior



Frey is the women's sprint team captain and is currently second in the 400-meter hurdles in the Big Sky Conference after winning the event at the Stanford Invite.

Stefan Simikic
Sophomore



Simikic went 6-10 overall and had one of his best performances of the season against Gonzaga, winning his match, 6-7, 6-4 and 5-7.

Caitlin Bampton
Sophomore



Bampton is Eastern's No. 1 singles player this season and has already won six games. Last season, she won eight games total.

EAGLE ATHLETES TO WATCH

Kellie Holmstedt
Junior

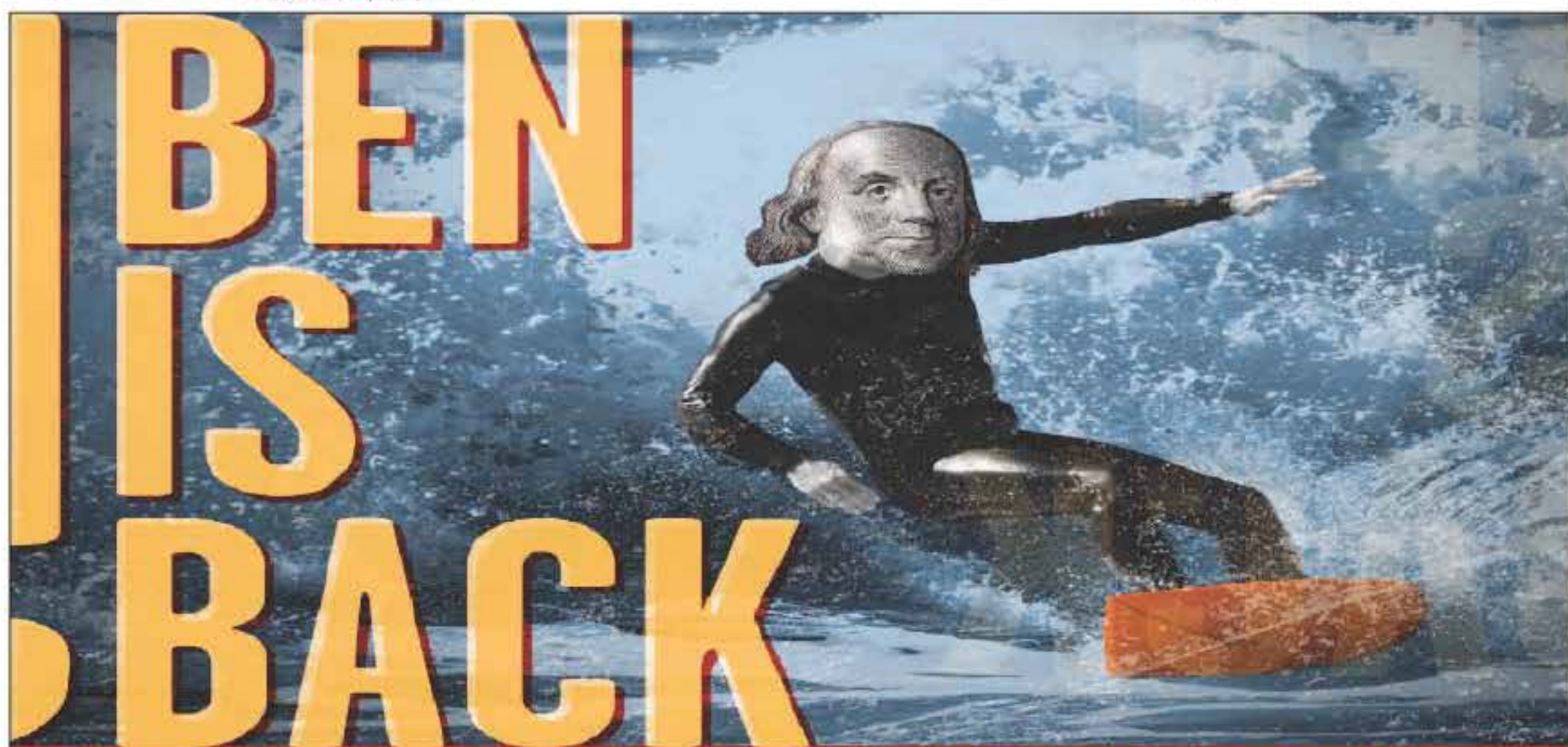


Holmstedt is leading the Eagles team and is the lone veteran this season. She has also been honored with BSC All-Academic honors.

Cody Fishell
Freshman



Fishell is one of the "triple threat" EWU high jumpers this season. He placed second in the indoor high jump.



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