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Associated Students of Eastern Washington University

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NEWS

Kevin Decker discusses therapeutic recreation

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EAGLE LIFE

Students face their weirdest fears

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SPORTS

Men's basketball takes a loss

PAGE 9



the EASTERNER

January 20, 2010

Volume 61, Issue 13

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YOUR CAMPUS VOICE NEWS



A man, right, bursts into tears after being arrested by police in Port-au-Prince, Haiti.

Carl Juste/Miami Herald/MCT

Experiencing Haiti's suffering

A student perspective of the Haitian earthquake

BY MELISSA CARROLL
contributing writer

Students of EWU felt the aftershock of the devastating 7.0 earthquake that hit Haiti Tuesday, Jan. 12. Sarah Lantimo and Fabiola Lubin are two EWU Haitian students who were personally affected by the horrific earthquake, that struck their homeland along with their family and friends. Lantimo and Lubin started raising money Friday, Jan. 15, to help their home country and the distressed people of Haiti.

Lantimo moved to the U.S. from Haiti when she was 17; however, her parents and mother's family still reside there. While her father was safely in Miami, Lantimo's family was caught up in the disaster along with the rest of Port-au-Prince.

Lantimo's mother was trapped on the fourth floor in a collapsing five-story building after the earthquake hit. Lantimo went an entire day with the terror of not knowing if her mother had made it out safely from the destroyed building.

"Til we heard her voice, we didn't know if

A truckload filled with Haitians with their belongings drives out of Port-au-Prince, Haiti. The group is part of an exodus of tens of thousands leaving the city for the countryside in the aftermath of the earthquake.



A large pile of bodies lies outside the main cemetery in Port-au-Prince, Haiti.

Patric Farrell/Miami Herald/MCT

she was OK. The waiting and not being able to contact my mother was the hardest part to live through," Lantimo said.

Fighting back the tears, Lantimo recalls remaining on her knees for hours at a time praying against all odds that her family would make it out alive. From the pictures being relayed by

the news of the devastation, the hope of saving Lantimo's mother seemed slim.

Fortunately, a miracle occurred for one lucky Haitian; Lantimo's mother escaped the collapsing building without a bruise or scratch.

HAITI | PAGE 5

Dept. of Corrections chooses a new logo

Eastern students take part in a state-wide design project for senior capstone class

BY DUSTIN TOMS
senior reporter

When the Washington State Department of Corrections (DOC) was in need of a new logo and Web site design, Eastern students accepted the challenge.

"The partnership with the DOC has been a rewarding experience for the university and the visual communication design program," said Mindy Breen, associate professor of visual communication and design at Eastern. "It was a valuable learning process for



Eastern students design the new logo for Washington's Department of Corrections.

the students, and now they have an excellent project to put in their portfolios."

Jamie Bosanko, Scott Mulhern, Jamison Crivello and Theresa Langevin designed the logo for the DOC as a project in their senior capstone class. Their logo was chosen among other students'.

LOGO | PAGE 5

SLAC unifies voices

Headed by the ASEWU, the group organizes rallies to inform lawmakers in Olympia about Eastern's situation

BY NIKOLE BRICKSON
news editor

The Student Legislative Action Committee (SLAC) is used to tie Eastern students to Washington state legislators.

"Our main purpose is to get students involved in local and state decisions," said Kris Byrum, ASEWU legislative affairs.

The committee plans and executes rallies year round to influence lawmakers to listen to students' opinions about their education.

"We want to show legislators that we do care about our education at EWU," Byrum said.

The committee held a rally last year in the PUB where President Arévalo spoke to 400 attending stu-

dents to bring attention to the concerns of the students.

"The purpose of our group is to unify the voice of the students so legislators hear what we are asking for," Byrum said.

Prior to the development of the group, campus had no unified voice.

This committee, headed by the ASEWU, has two major events planned for the 2010 year, including an at-school rally and a trip to Olympia. SLAC will be recognizing Higher Education Day Feb. 1, which is when the committee will be sending it's members to Olympia.

SLAC | PAGE 5

This Week...

Only ONLINE

Drink review
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Game review
Looking at
"Darksiders"

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the anthropology
competition

\$13,322,000

budget reduction
taken by the university

Say
WHAT!?

SEE THE WHOLE
STORY ON PAGE 5

"IN MY OPINION COLLEGE STUDENTS ARE NOT REPRESENTATIVE OF OTHER INDIVIDUALS IN THEIR AGE GROUP WHEN IT COMES TO BEING ACTIVE."

Kevin Decker
ON THERAPEUTIC
RECREATION



WEEKLY WEATHER

Jan. 21 - Jan. 28

weekly weather reports are provided by accuweather.com



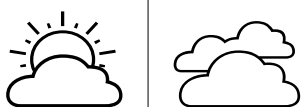
38° THURSDAY 27°



37° FRIDAY 26°



36° SATURDAY 25°



33° SUNDAY 26°



35° MONDAY 27°



38° TUESDAY 25°



32° WEDNESDAY 26°



34° THURSDAY 28°

green dot spot

your weekly guide to ending power-based personal violence

(The Green Dot strategy was created by Dorothy J. Edwards, Ph.D., University of Kentucky)

The National Stalking Resource Center offers several tools for bystanders to use during Stalking Awareness Month (<http://stalkingawarenessmonth.org/awareness>). In their brochure, Are you being stalked, this advice is given for bystanders:

Listen. Show support. Don't blame the victim for the crime. Remember that every situation is different, and allow the person being stalked to make choices about how to handle it. Find someone you can talk to about the situation. Take steps to ensure your own safety.

This advice, about ensuring your own safety, is fitting because stalkers can be unpredictable and may even harm people who are helping the victim. When doing green dots, we must consider safety at all times. Here are some

questions from Bringing in the Bystander to help judge the risk one may face when helping (Plante, Banyard, Moynihan, Eckstein): How can I keep myself safe? Are there other people I can call upon for help? What are my available options? What are the benefits/costs to taking action? (www.preventconnect.org/.../2008/bringinginbystander_06_08.ppt)

When it is safe to do so, how can a bystander help a victim of stalking? Bystanders can watch for the stalker, screen calls, or escort the victim. Bystanders can document what they observe and encourage the victim to keep evidence. Bystanders can help victims get to resources that are available. The victim may be overwhelmed because of the stalking; a friend can provide support and gather information.

Stalking behavior escalates overtime, and is often present in an abusive relationship. Address stalking as soon as possible. As bystanders we may observe changes in our friend's behavior. If we notice a friend is experiencing anxiety, or looking annoyed when their partner phones them, we can check in and ask what is going on. If they are not ready to share and we suspect more is going on, we can offer future support, "If you ever want to talk, I am willing to listen."

Getting stalking to end, often takes the help of professional. As bystanders we can offer to go with our friend, "I'll go with you while you talk to the police." We can normalize their feelings, "I would be afraid too." We can assure them it is not their fault, "No one deserves to be checked up on constantly."

POLICE BEAT

Jan. 13 - Jan. 18

BY JAMES EIK
editor-in-chief

1/13 11:36 a.m. – A student reported having lost a wallet on campus. The student contacted police about the situation and later retrieved the missing wallet.

1/13 11:01 p.m. – Exiting her vehicle near Morrison Hall, a female student dropped her phone. After realizing it had been missing, she contacted EWU Police. The student did not know the serial number of the phone, and attempts to find it by calling have been unsuccessful.

1/14 11:34 a.m. – EWU Police responded to a report of a university vehicle prowl off of I-90. EPIC members had been on a trip when their vehicle broke down on the side of the interstate. After leaving the vehicle unattended, it was vandalized. Items missing from the vehicle include a credit card, a snowboard and three down jackets. The credit card, which belongs to the university, was used after the burglary.

1/14 8:25 p.m. – Police have identified no suspects in the burglary of a vehicle parked in Lot 16 near Woodward Stadium. A GPS unit was stolen from the vehicle.

1/15 9:06 p.m. – A community citizen reported that her purse had been taken from the Roost. She had left the building without it and discovered it missing upon her return. The wallet from the purse has been recovered,

but the rest if its contents are still missing.

1/16 12:31 a.m. – A liquor violation in Morrison Hall involved two underage females on the eighth floor of the building. The RLC and CA of the hall reported the violation, as the students appeared to be intoxicated while returning to their room. The students were having trouble standing and had slurred speech, according to police reports. They were later referred to OSRR.

1/16 1:44 a.m. – EWU Police responded to a liquor violation reported by the CA on call in Dressler Hall. A male checking in at the night desk appeared to be intoxicated.

1/16 2:10 a.m. – The same CA from Dressler Hall reported another liquor violation from a resident entering the building. A female who had been cited previously in the year appeared intoxicated. The student was later referred to OSRR.

1/16 2:20 a.m. – An EWU officer still in Dressler Hall was asked to look into a third liquor violation. Three underage males on the second floor were found intoxicated and later referred to OSRR.

1/18 11:21 p.m. – EWU Police assisted Cheney Police regarding a noise violation on University Lane. The location was flagged for two officers to handle the situation, prompting the agency assist. A person on site was given a noise violation under Cheney's civil code.



Comic by Clancy Bundy

This week's Police Beat cartoon pits two age-old rivals against each other:

Cheney's Finest vs. the Dressler All-Stars

Accuracy check

If you find any mistakes in your paper please contact our news editor at easterner.news@gmail.com.

Los Angeles Times Daily Crossword Puzzle

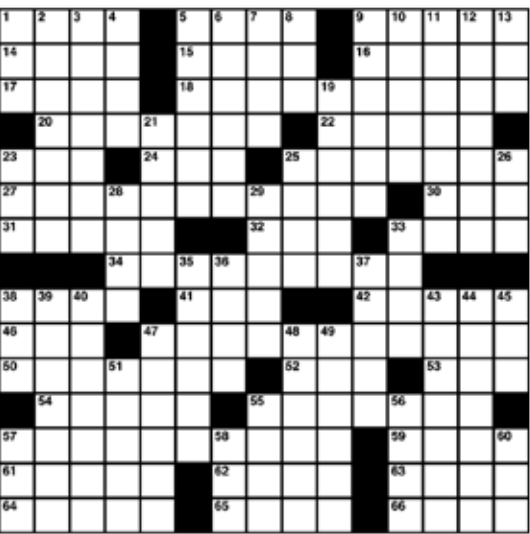
Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 Weary comment
- 5 Rx's
- 9 By oneself
- 14 Square fare?
- 15 Film bookkeeper
- 16 Disfunt flier with a blue-globe logo
- 17 Links goals
- 18 Laundry room device
- 20 "Four Quartets" poet
- 22 Leavening agent
- 23 Havana residue
- 24 Organ with a hammer
- 25 Some daisies
- 27 Nonmember's club amenity
- 30 "Beso": Anka song
- 31 Printer brand
- 32 Cone maker
- 33 Zoomed
- 34 Place for a dip on the road
- 38 ___date: current
- 41 Harlem chamber
- 42 Like Homo sapiens
- 46 Arafat's gp. until 2004
- 47 Patient strategy
- 50 Jones or Johnson
- 52 West in old films
- 53 Swaying direction
- 54 Crete peak: Abbr.
- 55 Mental blackout
- 57 Indisputable evidence
- 59 Okra units
- 61 Montrose's mate
- 62 1993 Nobelist
- 63 Land east of the Urals
- 64 Lead singer with The Police
- 65 Graceful molding
- 66 Dorm unit, and word that can follow each word in 18-, 27-, 34-, 47- and 57-Across

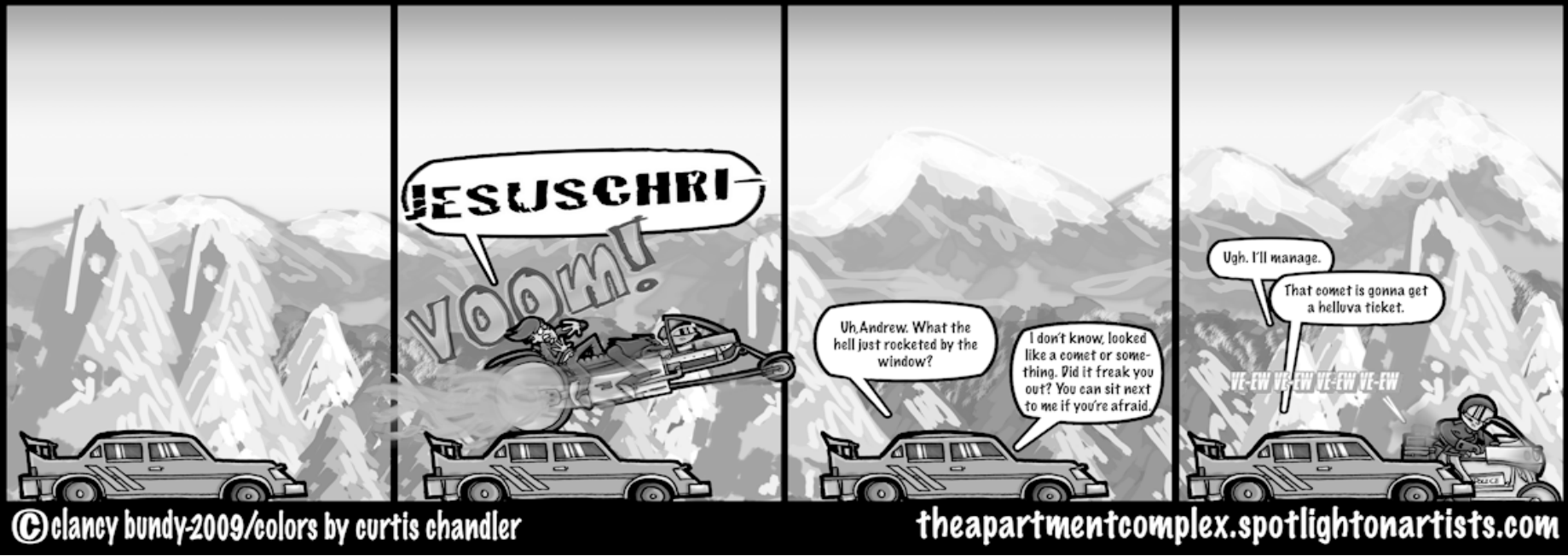
DOWN

- 1 Roadie's load
- 2 Prepares, as leftovers
- 3 Heron habitats
- 4 "Anything ...?"
- 5 Stan "The Man" of baseball
- 6 Malador's opponent
- 7 Insect repellent ingredient
- 8 Triton's realm
- 9 Perform on stage
- 10 "Theme": "Doctor Zhivago" melody
- 11 Basic dance
- 12 Lilo of tennis
- 13 Ambulance initials
- 19 Rescued damsel's cry
- 21 "... man put asunder"
- 23 Some lie about theirs
- 25 Partner of hop and jump
- 26 Groundskeeper's buy
- 28 Artsy Manhattan area
- 29 Key equivalent to B
- 33 Punch hard
- 35 Without exception
- 36 Falco of "The Sopranos"
- 37 "Gosh!"



By Bruce Venzke

Solution



theapartmentcomplex.spotlightonartists.com

The Easterner

Eastern Washington University's Student Newspaper

WRITERS' MEETINGS:

The Easterner is open for any EWU student or faculty wishing to write stories that could be published in the newspaper. Writers' meetings are Mondays at 3:30 p.m. in Isle Hall, room 102. The newspaper is also open for anyone wishing to copy-edit. Editing nights are on Tuesdays.

NEWS-LINE:

If you have an idea for a story, or are part of a campus club or organization that is holding an event, please call The Easterner tip line at (509) 359-6270. Also, if you have a comment about a story or a suggestion for the newspaper, please feel free to voice your opinion on the tip line as well.

ABOUT YOUR PAPER:

All content in The Easterner is either produced or chosen by students from Eastern Washington University. Our goal as employees of The Easterner is to provide interesting and relevant information to the students, faculty, staff and residents of EWU and the surrounding community of Cheney and Spokane.

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The Easterner is distributed throughout the Cheney campus, Cheney business district, the Spokane Center, Riverpoint and at various Spokane businesses. If you would like The Easterner to be distributed to your business or if you would like to start a subscription call the Advertising Department at 359-7010.

NEWS:

If you have a news tip, letter to the editor or press release, please call the newsroom at 359-6270 or the Editor-in-Chief at 359-6737. You can also contact The Easterner staff by e-mail or FAX at 359-4319.

ADVERTISING:

If you would like to place an ad or classified ad call 359-7010, FAX 359-4319 or send an e-mail to advertising@theeasterner.info.

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RIDE dentists reach out

Dental program reaches out to underserved areas to provide services to community members who usually don't have access to them

BY JASON KEEDY
staff writer

Providing dental health for rural communities, the Regional Initiatives in Dental Education (RIDE) program trains dental students while familiarizing them with traditionally underserved areas.

The RIDE program was originally an expansion of the University of Washington School of Dentistry in conjunction with EWU. The program partners with other dentists, community health centers and other organizations to create regional training sites in areas lacking dental schools.

Up to eight students are admitted to the program and spend their first year in a four-week summer rotation at a community-based practice site. After in-school training during their next two years, students spend their fourth year serving at the same or a similar regional environment.

Associate professor and RIDE director Dr. Art DiMarco commented on the program's progress.

"The collaborative atmosphere—community, institutional, inter-professional, and interdisciplinary—in which RIDE exists is incredibly focused," said DiMarco. "The RIDE program is receiving considerable regional and national scrutiny."

He explained that the program also gives students first-hand experience. "Immersing students in underserved environments introduces them to challenges that rural and underserved communities face each day when it comes to the unmet oral health needs of their citizens," DiMarco said.

Having many dental students decide to stay in urban areas to practice programs such as RIDE helps with the placement of more dentists in those areas that are typically underserved. By exposing students to these regions during their training, DiMarco said that many will choose to stay in those areas that "generally tend to fall beneath their (graduates) radar."

The program enhances the relationship between universities and the communities in which they exist. The RIDE program is supported by many professional organizations throughout Washington, with members of the Spokane District Dental Society providing their expertise and teaching on a regular basis.

DiMarco explained that the program also meets inter-institutional objectives as well. Being housed at Riverpoint, the program benefits from strong support from both EWU and WSU, while also drawing faculty from UW.

Both RIDE and WSU's School of Medicine's Washington, Wyo-

ming, Alaska, Montana, Idaho (WWAMI) Program at Riverpoint have promoted a large variety of inter-institutional opportunities and collaborations.

"RIDE has also made use of distance learning and simulcast technology to assure equivalency in educational outcomes with the dental school and has had the benefit of strong support from both EWU and WSU in getting critical information to the students," DiMarco said.

DiMarco explained that interdisciplinary goals are met through the sharing of classrooms that contain a mix of medical and dental hygiene students. "RIDE students team up with dental hygiene students as they learn about oral disease together in two separate courses," DiMarco said.

RIDE was originally modeled after WWAMI, a program that has expanded medical education beyond Seattle for several decades. After several years of planning, the RIDE program has now become fully functional.

"It has been my privilege to have been, and to continue to be, associated with this program as director," said DiMarco. "I cannot imagine a more exciting time to be involved in dental education."



Megan Hopp/Easterner

A student delivers care packages to peers and community members.

TOY program brings smiles

Dining services at EWU provide students and faculty with the opportunity to surprise fellow Eagles with care packages

BY ELLEN MILLER
staff writer

Funded through dining services, the Thinking of You (TOY) program provides students, parents and outside friends a quick and easy way to send EWU students a gift.

The 25-year-old TOY program is a gift preparation and delivery organization with the goal to provide students a way to stay in touch with one another as well as their parents. Dining Services and Residential Life promote and offer the service of the TOY Gift Program.

TOY has been serving EWU since 1984 and used to carry only a few arrangements. Now, according to Bettcher, the program has "evolved" with a quarterly brochure that comes out with new ideas and baskets.

Different varieties of baskets or packages are available to choose from such as the "Eagle Spirit," the "Finals Survival," "To Your Health" and the signature "Toy" package, which is the most popular.

"It's ironic that I'm an assistant now. Once upon a time, I was a TOY girl, too."

-Kristen Bettcher

TOY also provides employment on campus. Currently, the program has one employee who does everything from taking all of the orders to making and delivering them.

"It's ironic that I'm assistant director working here now. Once upon a time, I was the TOY girl, too," Bettcher said.

The busiest times of the year for TOY are Valentine's Day and Halloween. Every year, they have more than 200 Valentine's gift sales. They don't usually offer services during other holidays, such as Christmas, because of the religious aspects tied to them and because they can't deliver to those gone for break.

TOY also offers ways to design your own gift combo on EWU's Web site.

"We try to keep the prices low," said Kristen Bettcher, dining assistant director. Anyone can purchase a gift for someone by filling out a brochure and turning it in to Tawanka 120. Prices range from \$7 to \$20 with free deliveries Monday through Friday.

Collaboration brings history to the Web

Eastern Libraries will be partnering with the INNCH project in an effort to preserve native history in digital format

BY MIKE BRAMBLEY
staff writer

EWU Libraries will be collaborating with partners from the region to prepare the Inland Northwest Network of Culture and History (INNCH) project, a one-year planning grant to give regional community and cultural groups the opportunity to share important historical content and artifacts online for the first time.

"There are a lot of different communities, if you will, that are part of the larger community of Eastern Washington," said Charles Mutschler, university archivist at Eastern. "We are hoping to get a broader and more diverse picture of who we are, so we are hoping to do our part in making this a more complete and more interesting picture."

Members of the INNCH project are presently working to survey the many potential communities and cultural groups in the local region to identify what materials and historical artifacts these groups may want to make accessible online.

For the project, EWU Libraries is collaborating with the Northwest Museum of Arts and Culture, the Camas Path of the Kalispel Tribe of Indians, the Washington State Archives (its State Digital Archive division) and others.

The INNCH project plans to use new technological resources to overcome geographic and organizational barriers to most of the region's historical artifacts and information, according to the Web site.

The technology proposed for the project will present newly compiled historical records in a number of formats, including Web-searchable electronic information systems, digitized documents, graphic materials, and streaming audio and video resources, according to the Web site.

Eastern professors who are participating in the project are working with people at museums throughout Eastern Washington to photograph and digitize historical materials, as well as prepare metadata and historical interpretations of those materials.

Professors are also working with members of many local cultural organizations to share artifacts from their histories in the region, receiving help in identifying and interpreting the meanings of many historical materials.

"We are hoping that this will provide opportuni-

ties for our outreach to go both ways, for people to learn something about contributions of some of the portions of our region who have not gotten a lot of attention and actually for these communities and groups to present themselves a little more effectively," Mutschler said.

Many different cultural groups have made the Inland Northwest their home through history. The region is largely rural with many smaller communities that have not received much recognition in state history.

As the second largest city in Washington state, Spokane serves as the largest regional resource of retail, medical, financial, service and higher education needs, according to the INNCH Web site.

The region is home to the Northern Plateau tribes of Native Americans, that includes the Kalispel Tribe of Indians, the Confederated Tribes of the Colville Reservation, the Spokane Tribe of Indians and the Coeur d'Alene Tribe.

The Inland Northwest also houses many Latino migrant agricultural workers and their descendants.

"This project will bring the voices of groups that are pretty much voiceless right now into the digital age," said Larry Cebula, assistant digital archivist at the Washington State Digital Archives.

The Inland Northwest is currently underrepresented in terms of information that can be found online, Cebula said.

The INNCH project will help educate about local history by giving more attention to groups that have not been noted historically but have still made considerable contributions to the region, Mutschler said.

Women's roles in community development provide a good example of how a group's story has marginalized in history, he said.

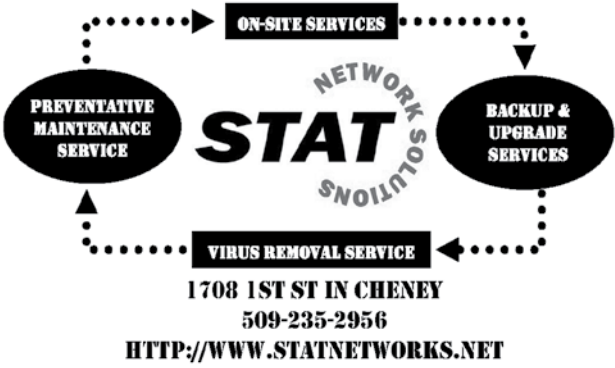
The INNCH project is currently in a planning stage. If the project is successful in preparing a feasible plan, it may acquire a bigger grant to begin collecting historical materials and publishing this content online.

"I think it will enhance learning resources at Eastern by enabling our students to find some of these fascinating collections that relate to other communities in our region that they may not have heard of or been familiar with until now," Mutschler said.

To read more about the INNCH project, visit <http://support.library.ewu.edu>.



Jack Bauer reads
The Easterner.
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Nicole Erickson

EWU claims five anthropology competition winners

Students participate in an essay competition against peers and other university undergraduates to explore anthropologic responsibility

BY MIKE BRAMBLEY
staff writer

Five Eastern students were awarded in the Public Anthropology Community Action Web site Project competition for written op-ed entries they submitted for an anthropology 101 class last quarter.

"They had very thoughtful pieces that were well-written," said Jocelyn DeHaas, visiting lecturer of geography and anthropology and professor of the class that submitted coursework for the competition. "They made good arguments, and they generally just did a good job."

The competition winners were David Xaviel, junior secondary education major; Jackson Puz, junior 3-D design and video game development major; Tim Floyd, senior philosophy major; Hillary Sauers; and Wilson Criscione.

The Community Action Web site Project is scheduled six times per year by the Center for Public Anthropology out of Hawaii Pacific University.

Last quarter's competition was held from Nov. 2 to Nov. 18 with students from 20 universities participating.

"I think this is the time where students, if they haven't started participating in social life, really should because they can change the world," DeHaas said. "This project is designed to give a moral issue and to encourage the students to take a stand."

The project required that students write an op-ed piece on the controversy surrounding the Yanomami tribe of Brazil and Venezuela and blood samples that



Curtis Chandler/Easterner

Jackson Puz after winning in the anthropology competition, "My participation in this competition helped me to understand part of what anthropologists do and why they need to be careful."

were taken from the tribe by anthropologists in the '60s.

The Yanomami have requested that the blood samples be returned to them because of religious beliefs that all parts of a deceased Yanomami must be disposed of properly so his or her soul can leave this

world in peace without being forced to remain on Earth, according to a project Web site.

While Brazilian authorities have demanded the return of the blood samples, the U.S. organizations that retain these samples, Pennsylvania State University

and the National Cancer Institute, have failed to deliver.

"I believe that the issue of whether to return blood samples to the Yanomami tribe in the Amazon had a strong undertone of hypocrisy and irony," Xaviel said. Each student needed to carefully con-

sider both sides of the argument and write an op-ed piece on their views that they had to post on the Community Action Web site, which is linked to all the other universities participating in the project.

"My participation in this competition helped me to understand part of what anthropologists do and why they need to be careful," Puz said. "You can never be quite sure what consequences your actions have, and this was a perfect example of something to watch out for."

After posting their op-ed pieces online, students were required to evaluate three of their peers from the Community Action Web site.

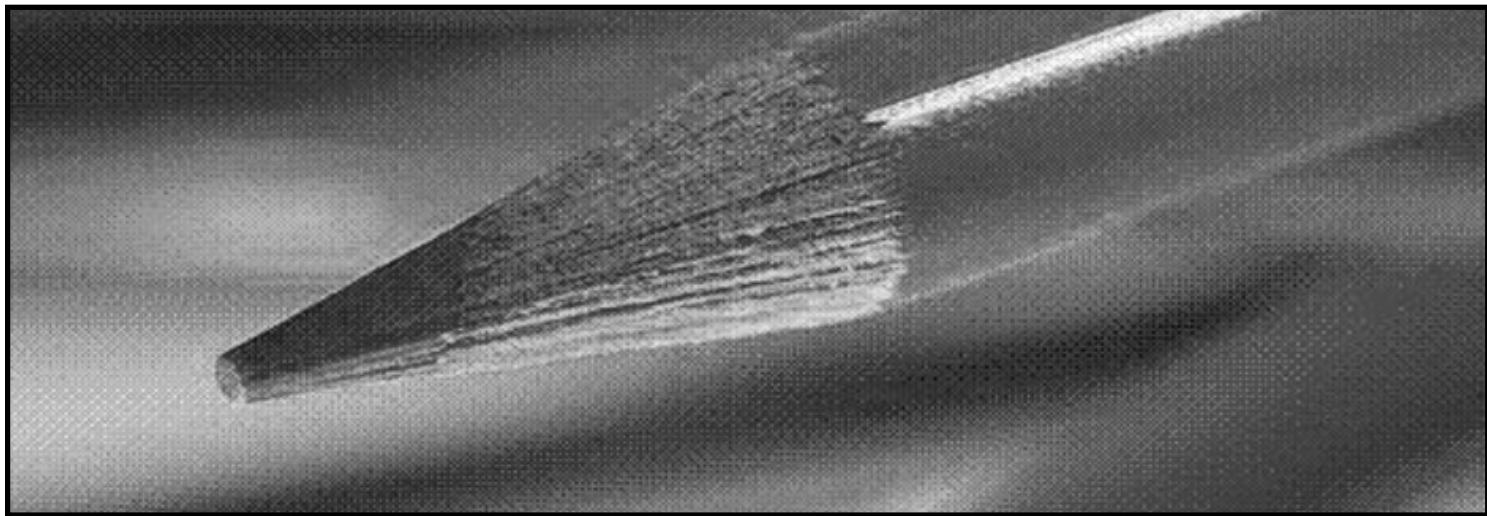
The students' work was graded by peer evaluation; the award winners were also chosen by peer evaluation.

"I've not only learned a great deal about a unique society, but about people themselves, regardless of the society in which they live," Floyd said. "I'm very grateful for such an opportunity."

The anthropology students were assigned reading of at least three of the award winning op-ed pieces. They were also given the option of publishing their op-ed in a blog or on an activist organization Web site.

The students were informed about the issue of the Yanomami in class lectures, an additional class textbook on the tribe and at the Community Action Web site.

"A project like this makes it more relevant to their lives and helps them to think more deeply about social issues," DeHaas said. "I hope in the end they can bring home anthropology in a way that it wasn't before, making it more tangible."



Martin Luther King Jr. Day is collecting school supplies

Africana Education Program holds annual drive in honor of the face of civil rights

BY ALLIE FRIESE
staff writer

This Martin Luther King Jr., Day was "a Day On, Not a Day Off" for those involved in the 2010 School Supplies Drive.

Martin Luther King Jr., once said, "An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity." EWU's Africana Education Program and others have embraced this ideology with their annual drive that honors Dr. King's legacy by making a difference in the community.

The Africana Education Program, EWU NAACP, Black Student Union (BSU), African Alliance and Zeta Phi Beta are asking for donations to help Cheney grade school students complete the school year. The last day to donate is Friday, Jan. 22. Items will be distributed by Cheney Outreach.

Items needed include erasers, crayons, glue sticks, pencils, boxes of tissues, pens, paper and underclothing in various sizes. Donations can be made in Monroe 204 at the Africana Education Program and the EWU bookstore. The Cheney Dollar Tree is also helping with the drive by asking customers for donations upon checkout.

Lynn Burkes-Herres, secretary of the Africana program, said the drive started 12 years ago. "We do the drive each year, and it leads up to the MLK celebration. It used to end on that day, but I have extended it to the end of the week," she said.

Generally, two boxes of items are collected each year to be donated

to Cheney Outreach and the local students, she said.

"Cheney Outreach is the community organization here in Cheney. It helps community members. They help to pay electricity bills, phone bills, things like that for people who meet their criteria," Burkes said.

Those in need of the donated items can collect them from the Cheney Outreach center.

Tréonna Wilkerson, president of the BSU for the past three years, is also involved with the annual drive.

"We're co-sponsors of [the drive] and we're trying to raise different supplies. On my own, I'll ask people about it and if they've donated. I've also donated to it," she said.

Wilkerson is confident in this year's drive. "I think we've gone outside our box to get more people involved when it comes to the Dollar Tree and stuff like that. Normally, it's just on campus, so we're trying to get all of Cheney involved. I think that it's more successful so far, being as that we have more community involvement," she said.

Also in celebration of Martin Luther King Jr., Day, a lecture was given Tuesday, Jan. 19, in Showalter 109 at noon. The lecture, also sponsored by the Africana Education Program, featured Angela Schwendiman and was "comparing strategies and analogies of U.S. President Barack Obama and Civil Rights activist Dr. Martin Luther King, Jr."

A speech is given each year in honor of Dr. King. Speakers in the past included EWU professors Dr. Scott Finnie and Dr. Robert Barlett.

For questions about either event, contact Lynn Burkes-Herres at (509) 359-2205 or in Monroe 204. To contact the Cheney Outreach center call (509) 235-8900.

Students learn to lead

Conference prepares students for employment through instruction on situational leadership

BY MIKE BRAMBLEY
staff writer

The Office of Student Activities presented the first installment in a series of monthly leadership seminars to university leaders and other interested faculty, staff and students Jan. 12 in PUB 261, from noon to 1 p.m.

"Today's employers are looking for college graduates that are educated and ready to lead in a global world," said Josh Ashcroft, interim director of the Office of Student Activities. "Providing multiple opportunities for leadership education prepares Eastern graduates to be successful."

Jeff Stafford, professor of communication studies and the associate dean of the College of Social and Behavioral Sciences, was the guest lecturer for the seminar on situational leadership.

The goal of situational leadership is to learn the skills necessary to change behavior in leadership roles to match situations to the needs of the people students are trying to lead, Stafford said.

Situational leadership is based on balancing supportive and behavioral leadership values when working with others in your team, he said.

When approaching team members, leaders may find it helpful to evaluate each situation based on three steps: diagnosing, remaining flexible and partnering.

"If you are learning about how to be an effective leader while you are a student, you can contribute and help the organization to accomplish goals," he said. "Then, after you graduate, you can make greater contributions to your organization, to your family and to society."

Stafford said that believing your team members are self-sufficient and have the ability to learn, develop and grow is an important aspect of being a good leader.

When working with beginners, leaders need to provide more encouragement as they show their new team members how to do their jobs for the first time. Leaders should also take into account their team members' abilities to develop their skills without telling them exactly how to complete their work as they become more experienced, Stafford said.

Student leaders need to learn more leadership skills for application in university organizations, so they can pass them down to future generations, he said.

"I wanted to get some leadership skills and see how to be a good leader," said Maria Celvizar, senior Spanish major and president of Lambda Theta Alpha sorority. "You can't just tell them what to do. Instead, you have to lead them in what to do by being supportive and directive."

Leadership skills are necessary in many aspects of people's lives, including relationships, family, parenting, volunteer work, organizations and employment, Ashcroft said.

"Sure, there are some natural leaders, definitely," said Toni Taylor, director of housing at Eastern. "Yet, in most cases, most people are going to really need to make an effort to be a good leader."

The next leadership seminar will cover conflict resolution and is scheduled for Feb. 9, from noon to 1 p.m., in PUB 261.

Future leadership seminars will cover leadership in parenting, April 13, and coaching those with whom you work, May 11.

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Standpoint with Dr. Kevin Decker

After receiving his full education throughout Iowa, Decker found himself in Cheney where he follows his passion for education

BY JASON KEEDY
staff writer

With a passion for students and a talent for teaching, Dr. Kevin Decker dits down with *The Easterner's* Jason Keedy to elaborate on his various teaching jobs as well as what gives him his passion for teachers.

First off, could you tell me a little about yourself: Where you're from, what school you went to, past experiences...

I am from a small town in Iowa and received my BS from Iowa State and my MA from the University of Iowa. I spent five years working as a Recreation Therapist at the University of Iowa Psychiatric Hospital before moving to the University of Northern Colorado, to work on my doctorate. I coordinated a graduate program in therapeutic recreation at UNC for four years then moved to the University of Nebraska to start a therapeutic recreation program. In the summer of 1978, I accepted a posi-

tion at EWU to coordinate the therapeutic recreation major and have enjoyed my 30-plus years at Eastern.

What initially influenced your decision to get into the field of physical education, health and recreation?

I had thought I wanted to teach and coach, but after completing my student teaching, I realized teaching high school was not for me. That is when I returned to graduate school. During my last summer at Iowa State I had a job providing recreation activities for emotionally disturbed adolescents. I really enjoyed the experience and this led me to a MA in outdoor Recreation.

What are some of your highlights, some of the bright points in teaching?

I have enjoyed my time at EWU and have had the pleasure of working with many wonderful students. In a small major with only one faculty member teaching in the area you have the students in many classes and therefore get to know



file photos

Kevin Decker shares of his many adventures from writing to teaching.

them well. I enjoyed this aspect of teaching because I felt I could share my passion for the field and help students have a better understanding of individuals with disabilities.

Could you elaborate a little into what therapeutic recreation and recreational therapy means? What would a student expect to learn from taking courses in this field?

Basically, therapeutic recreation and recreation therapy refer to the same profession. A recreation therapist would work in a variety of settings and with a variety of clients. The main goal would be to help the client develop an independent leisure lifestyle, whatever their level of disability. For some this could be teaching or adapting motor skills, for others learning to use appropriate social interaction skills, and for some how to access recreational opportunities in their community.

Looking around campus, would you say students spend sufficient time doing

physical activities: jogging, hiking, etc.? Would you say that, on average, a student's general physical health improves or declines throughout their college careers?

In my opinion, college students are not representative of other individuals in their age group when it comes to being active. There are so many activity classes, recreation facilities, club and intramural sports available to them at little or no cost. Hopefully, students will take the opportunity to learn and develop new leisure skills while they are in college, which will provide them with a health leisure lifestyle in later years.

Do you have any hobbies? What do you do in your off time?

Through the years I have had a number of hobbies and activities that kept me busy. I love to fish and play golf. I have given up riding my dirt bike and have switched to an ATV. I enjoy reading and traveling with my wife.

LOGO

"We weren't sure [if our logo was chosen] at the end of the year," said Bosanko. "I dropped in after I graduated and Mindy told me we were selected."

The project did not only require designing, but also plenty of "real world experience," according to Bosanko.

"The first thing you have to do is figure out who your client is," said Bosanko. "We met with the DOC and we wanted to make a logo that represents the company well."

Designing the logo lasted all quarter and required plenty of dedication.

"We spent the first third of the quarter doing concepts, putting together ideas and talking to the [DOC]," said Bosanko. "We went through multiple review processes with the [DOC], and then they narrowed it down to which logo they liked, and we started making Web site templates, letterhead designs and business cards."

Bosanko has never been a huge fan of group projects. He would rather do it all himself than have "a couple people slack off." This time it was different.

"It was fantastic [working with everyone]. Everyone did their work on time ... and did it very well," Bosanko said.

Originally, the DOC was going to offer this opportunity to students at the University of Wash-

ington, but an Eastern student who was interning with the DOC lobbied for EWU.

"We had good fortune of having an EWU summer intern, and based on our relationship with him, we chose Eastern," DOC Communications Director Belinda Stewart said.

The decision to go with EWU turned out to be the correct one for the DOC, as they have received positive feedback about the logo from both staff and the community.

"You can't believe how satisfied we are with the logo and Web site," said Stewart. "One of the things we talk about is the bridge feature that represents the connection between the DOC and the community."

There were more than 30 students placed in groups to create a logo, but Bosanko's group was a head above the rest.

"There were a lot of other good logos there," said Bosanko. "They liked ours initially because during our first group critique [the DOC] focused on revisions for our logo."

"To me, [the logo] represents bridges, the first part of that bridge being the community and the smaller part being an offender," said Stewart. "There were so many things that spoke to us, even the colors."

To see the logo and Web site, go to www.doc.uwa.gov.

"I've been here for 17 years and this is something I'm most proud of. We love it," Stewart said.

Settling controversy in the media

The Easterner's Alina Shanin sits down with ASEWU President Ryan Eucker and *Easterner's* Editor-in-Chief James Eik to clear up recent issues

BY ALINA SHANIN
co-chief copy editor

Following recent comments made at the ASEWU council meeting on Friday, Jan. 15, the opinion article "ASEWU: Too busy to talk," and news article "Athletic fee proposed," in *The Easterner* ASEWU President Ryan Eucker wrote a rebuttal in a report to the EWU Board of Trustees (BOT), creating more friction.

Eucker wrote the rebuttal about the release of information on the athletics fee, that is still under discussion. He said, "The article wasn't ready to be printed." Eucker also said how the opinion article portrayed the ASEWU executives as being preoccupied with other matters and ignoring students and the press.

In his report to the BOT, Eucker said that the opinion article was "an elaborate embellishment" and that "*The Easterner* has been a disservice to the students." In order to provide an equal platform for the students, both Eucker and *Easterner* Editor-in-Chief James Eik decided to clear the air.

Eucker started out by saying, "I am completely satisfied with *The Easterner*. I think that they're doing a great job, particularly looking at the student interest pieces and the culture on campus ... The paper has, by far, over the last few years I felt as though made some of the most significant jumps into becoming not only a community/campus-recognized paper, but also a collegiate and nationally known paper as well."

He said the opinion didn't represent the ASEWU's side, so he decided to take the initiative to clarify the misrepresentation. In regards

to the claims of the ASEWU being unavailable, Eucker said, "We have established hours each week ... and we're in the office for those hours each week ... We have e-mails; we have a Web site. There's more than one way to get a hold of us. We certainly make ourselves readily available as a requirement of our positions on campus."

Eik clarified that "Nicole's [Erickson] opinion article was written as a representation of the student population. She was trying to seek an answer pertaining to some difficulty in communicating with the AS executives over break ... that was frustrating, not only as a reporter for *The Easterner*, but as a student in general."

Another reason for the conflict was the athletics fee, which, according to Eucker, "is kind of a complicated situation, because it is purely a discussion item." He said that "initiating a new fee is by no means an easy process, and there's certain steps you need to take to fulfill that prior to it at times even being publicized or being mentioned."

He also said, "I requested that she didn't print the information," acknowledging that this action was a violation of the free press. His argument was that "to present [the information] to the students in a completely discussionary form would be difficult without them having the knowledge to understand the processes behind it and the complications that can be involved in just really by throwing something out there like that."

Eik explained that "it was a worthwhile article to publish. Just the fact that it was discussed in public meetings makes it news." He added that "because every student can't attend

[ASEWU] meetings we're trying to bring the news to them, and to shelter that news inside closed doors is against the policy that we've tried to uphold for the past few years."

"We obviously can't print libelous material ... and that's what quotes are for," Eik said. "We try and substantiate our reports with quotes to make these articles as accurate as possible ... The interview we had with Stacey Butler [and Eucker] contained information we believe to be accurate and we take steps to make sure of that."

In regards to his statements in the report, Eucker said, "I can certainly understand where the wording that I use in the paragraph can certainly be misconstrued to a certain point and we'll completely make clarification," adding that "*The Easterner* has not been a disservice ... that statement was more in regards to the presentation of the opinion article, I suppose, and the bad light that it shed on the executives, where we are doing our absolute best up there to make ourselves available."

When it comes to past and future work between the ASEWU and *The Easterner*, Eucker said, "I think James [Eik] and I have been doing great at working with each other and communicating over the course of the year, and the last summer ... We certainly have the best interest of the students at heart."

Both agreed that the student government and the newspaper will disagree from time to time, but having the students' best interest in mind, they're hopeful to overcome those differences to serve the campus.

SLAC

"The trip to Olympia puts a face to Eastern. We spend the whole year telling legislators what we want out of our education, and this gives us a chance to actually sit down face-to-face with them and talk," Byrum said.

The group is comprised of Byrum, the chair of the committee, four voting members and 600-850 students and alumni.

"Anyone can join and be an active member of the committee. All they need is to be a student," Byrum said.

The main goal of SLAC changes each year as the needs of the students change. With the current budget crises, the issues facing the committee are the cuts to work study and financial aid.

"Legislators have to find a good balance so that students can afford to go to school, but the school doesn't fall apart," Byrum said.

Since the committee first began, legislators have been listening to students and taking into account their concerns before making decisions.

"All the legislators I have met with have cared a ton about the thoughts of Eastern students. They are supportive of higher education and like hearing our input," Byrum said.

The rally, to be held Feb. 4, is to advertise SLAC and gather as many students as possible to speak on their concerns about their education.

"We want to get the attention of the media so people see just how much we care about our education," Byrum said.

SLAC has also been focusing a lot on keeping a cap on the tuition percentage.

"Our foundational goal is to get financial aid so that students can afford the tuition to go to school," Byrum said.

The committee will be continuing to hold rallies throughout the school year and actively welcomes student participation.

"We even have some faculty-backing this year, which is great," Byrum said.

SLAC encourages interested students to contact Kris Byrum in the ASEWU office.

"We need the unity of our student voices to tell the government of our concerns," Byrum said.

BUDGET

some money back," said Voves.

With the cuts, the university has chosen to freeze staff wages and hiring of new personnel.

"In order to mitigate the potential of doing further layoffs, I'm going to request [staff and faculty] to reduce spendage on both travel and purchases, so we can gain some advantages in terms of dollars for the institution," said Arévalo.

A top priority for EWU is to make the campus "go green." They have already started to reduce the amount of paper used for meetings and classrooms around campus. Other issues were brought up as well, such as turning off lights when nobody is in the building.

"There are lights on at 10, 11 o'clock at night," said one concerned attendee.

With the reductions, Eastern could face plenty of problems, mainly regarding student enrollment. If enrollment drops, the university will lose revenue from tuition. This will affect not only the university itself, but current and prospective students as well. Rather than applying and receiving financial aid, students will be forced to take out loans, resulting in more educational debt and less opportunities once the student graduates enter the real world. Not to mention some banks don't even offer educational loans anymore.

For more information on the budget, visit www.ewu.edu/budget.

HAITI

Her grandmother, who was dug out of the rubble, received some injuries in the destruction. Many members of her family are still missing in the wreckage. Due to poor medical conditions in Haiti, injuries of the surviving victims could grow worse to raise the death toll.

The death toll continues to rise to a catastrophic number as medical supplies, food and water are stretched thin. Bodies pulled from the crumbled buildings cannot be buried in cemeteries, which are overflowing, so they are left to decompose in the streets.

The intense 85-degree heat is creating a stench throughout Haiti that is inescapable.

Victims of the earthquake are now sleeping next to the decaying bodies of family members and friends because of the lack of housing for survivors.

Lubin's parent's extended family all resided in Haiti, and very few of them have checked in. Lubin's uncle worked in the Hotel Montana which completely collapsed. Images of the demolished building that Lubin used to stay in as a child circulate the Internet and the news, haunting her daily.

Lubin still clings to the hope she has left and constantly has a prayer in mind for her missing family. Her family members that made it out alive walk the streets that have now become a gruesome morgue, searching for missing family and friends.

"We will survive. Haitians have survived the worst before and we will again. Prayers can make miracles and that's what many are surviving off of right now," Lubin said.

After an overwhelming week trying to learn if their family members were alive and unharmed, Lantimo and Lubin decided they

could not sit by and just watch the chaos unfold. They made a split decision to start with their own Haiti relief fund three days after the earthquake hit. With the help of a few friends who came to their aid, they were able to put together a last-minute picture board display in the EWU PUB to start collecting donations to send to Haiti. The African Alliance Club will support Latino and Lutin by organizing and continuing their fund-raising in upcoming weeks.

"We are not trying to force anyone into giving anything for our fundraiser. We just want students to become aware of what is happening and realize there are people that need our help," Lantimo said.

Through the pictures on their boards, Lubin and Lantimo have set out to help EWU students realize how serious this situation has become. This tragedy is affecting everyone, not just their family

and friends. With the collapse of his palace, which Lubin walked by many times as a child, the president of Haiti is now homeless along with his people.

"It's not about race or politics. People need to put aside their differences, look at the news and pictures and just give anything from 10 cents to a prayer," Lubin said.

As it turns out, EWU students have a big heart and know when to help out someone in need. Lantimo and Lubin raised \$1,408.09 just on Friday, which they will be sending directly to a Haitian relief organization.

"We are so proud of EWU students. Even those who didn't have money to give would stop and ask how we are doing with our families being directly affected by this event," Lantimo said. "A lot of students were giving prayers when they couldn't donate money, which meant just as much to us."



[letters to the] editor

Morons choose "Moron"

Dear Editor,

Are you really calling out the Fox News Channel as your Moron of the Week? Hiring Sarah Palin as a contributor to Fox News is probably one of the most lucrative decisions the network could make as a leading main stream media outlet. Love her or hate her, Sarah Palin is by far the most captivating and controversial politician of the past year. Bringing Palin onto their programs will provide a right wing, albeit far right wing, point of view to their shows which is sure to ignite interesting and entertaining debate. However, I wouldn't expect anyone at *The Easterner* to watch anything Sarah Palin does on Fox News because you're probably too busy buying hemp clothes and watching Keith Olbermann. Here's a suggestion for your next installment of Moron of the Week: *The Easterner*.

- Michael Graf

Prop. 8 supporters hide from public

BY ALINA SHANIN
co-chief copy editor

As if passing Proposition 8 wasn't bad enough, now the American people's right to information is being taken away. The Supreme Court said that the banning of video cameras in the court room is necessary to prevent the harassment of supporters of Prop. 8. Really? I would've come up with a better excuse.

The threat of harassment just doesn't seem valid to me. Since the case is open to the public and the names of all who are involved, and their positions on the issue, can easily be found in the articles and blogs. Also, this statement implies that only supporters of banning same-sex marriage could be victims of harassment.

If anyone would need to be afraid of that, it would be the supporters of marriage equality, yet they're the ones who want the hearing to be televised.

U.S. citizens have the right to an open and public trial, as was established by the Constitution. People need to know what's going on in their court system in order to preserve what this country was based on: governing by the people (even though that seems to be more of an illusion lately).

Guarding us from information on an issue that has been so big for so long is not only illogical, but also an abuse of our rights.

As a *Metro Weekly* editorial says, "We are a nation that likes to watch. If it's not on video, it almost seems it hasn't happened." By not televising the hearings Prop. 8 supporters are trying to hide the issue from the public so no one knows how unjust they are.

Even though the hearings are not allowed to be televised, people are still able to write about them in article and live blogs. The ongoing case has brought up various topics: from Obama's parents to children's safety to "experts" worrying about procreation.

The last thing we need to be worrying about is procreation, Nancy Cott. We've about drained the planet's resources and still have some 6 billion-plus to feed.

Overpopulation, rather than under-population, will be a major issue in the planet's future.

In the opening statements of the hearing, which started Jan. 11, Obama's parents were brought up in hopes of the President finally standing up for equal rights and striking down Prop. 8. Since his mother was white and his father was black, their marriage was frowned upon and would've been illegal in Virginia, according to Theodore Olson, former U.S. solicitor general.

Since a civil rights case took care of that in 1967 and ended race-based restrictions on

marriage, LGBT advocates are remaining hopeful in this current case that could end the bans against marriage equality.

I just wish the bigots behind Prop. 8 would stop scaring the population of the U.S. by claiming that legalizing same-sex marriage is the same as "legaliz[ing] having sex with children," as was written by Hak-Shing William Tam, who helped get Prop. 8 put on the ballot.

After all the rumors and nasty lies our nation has heard about homosexuals, don't the people deserve to hear each side's case? Maybe the fundamentalist pricks are afraid that the public will finally use logic instead of blind faith.

Our nation is supposed to keep religion and state separate, so why do we allow the religious aspects of our lives to enter the courts and overrule all sensibility and logic?

through the EAGLE'S EYE

Statements are inaccurate

Within the past week, *The Easterner* has been criticized by ASEWU President Ryan Eucker in both verbal and written form. We seek to rectify such criticisms below.

Last week, *The Easterner* ran an article that centered on a long-debated subject at the university: an athletics fee. In the aforementioned written critique, the accuser stated: "Despite my request to *The Easterner* editor to not print an article, *The Easterner* chose to print one with little respect for the ASEWU's wishes."

The incorrect notion implied in the statement is that the ASEWU has editorial control over the newspaper. Having a state-controlled press in the world outside of Eastern is a scary thought; having one inside Eastern's campus is downright frightful and unprofessional. Dating back to the founding of the country, a free and independent press has been upheld as the best way for reason and truth to reach the general public. The first objective of this newspaper is to leave the students open to all avenues of the truth.

Another portion of the written statement reads: "This article contained no factual information."

To clarify, quotes are what someone says. When quotation marks are around an interviewee's words in this newspaper, they are verbatim. If there was any question to the factual information in the article, it should be directed at the person saying the quote. Again, in this case, we believe our report of the interview was accurate and that Stacey Butler, ASEWU executive vice president, was truthful in her statements. The interviewee's statements were used extensively in the article and information not quoted within the article was provided by interviews with ASEWU members conducted by *The Easterner's* reporters. If doubts still linger about the factual content of the article, we are willing to provide the interview transcript for those interested.

The third accusation against this newspaper came in the form of questioning our accuracy: "The *Easterner* has been a disservice to the student (sic) in the errors they are publishing," the statement reads.

It's true that errors make it into the printed edition of the paper. The whole truth, however, is that those working on this staff are students trying to learn and improve a craft that will hopefully turn into a career. The paper goes under a microscope to find errors. Spelling, grammar and layout errors are all scrutinized during 20-plus hours of work each week by over 20 members on the paper's staff to bring the paper into a student's hands.

In all, it results in a publication that we hope represents the values and interests of the student body at Eastern. While criticisms and comments on how to better improve our coverage are always welcome, accusations questioning the credibility of this newspaper will be met with the same scrutiny as the statements mentioned in this editorial.

We look forward to continuing coverage of Eastern's Cheney and Riverpoint campuses and improving the communication among all aspects of this university. Each week, our reporting will continue to retain the same standards set forth by our predecessors - giving accurate, timely and important information to the students.

This editorial was subject to approval by *The Easterner's* editorial board. All stand by the statements in the editorial.



How to deal with the press

BY BRANDON HANSEN
contributing writer

Sometimes you don't always get what you want.

Apparently the ASEWU doesn't get what they want either, as certain officials have expressed their displeasure about *The Easterner's* reporting on the idea of an athletics fee, calling it an embellishment and simply not true in their report to the Board of Trustees.

I'll be the first to say that these statements have been absolutely ridiculous, since the paper merely reported on the idea of an athletics fee, something that has been kicked around for years - no secret to those involved in the university. The criticism is completely off base and a common tactic employed by student government officials when something got out that they didn't want to go public just yet.

It's quite odd though, considering *The Easterner's* reported that the athletics fee was being considered and talked about, not passed or even brought up for vote in front of council. Any student who read the article in question that ASEWU would have understood this. Student government should understand that even if they are talking about a certain item among themselves it's going

to get some press. If the paper just reported things that were officially passed then it might as well just run ASEWU press releases every week and call it good.

Since it's quite obvious that the ASEWU isn't quite sure how to deal with the press, I have constructed this handy-dandy "How to deal with the press if you're the student government" guide. Enjoy!

If you're talking to a reporter, chances are what you're talking about MIGHT make it in the paper. You see, the funny thing is that reporters will go back to the newsroom, take your quotes and write a story. It's called journalism. And some people actually make a living doing that sort of thing.

If you're the student government and you're not talking to the student paper, you're not doing your job. As a former *Easterner* editor myself, I couldn't help but notice that apparently the elected officials of the ASEWU have had some trouble returning phone calls from reporters. Now I'm sure there's a logical explanation like the phones in the ASEWU offices have been axed due to budget cuts or the "call student newspaper to better inform the student body" app isn't working on their iPhones. That's OK, but seriously, your job is to serve the students, and *The Easterner* is part of that student

body. You need to talk to them.

And considering the regular EWU student doesn't know about the ASEWU meetings, elections, deadlines for budgets and, heck, even the existence of a student government on campus, by not talking to the student newspaper you're basically making that gap between you and the students you're serving even larger.

You don't have editorial control of the newspaper. I found it rather interesting that the official who found issue with the article on the athletics fee had asked for it not to be run. Let it be clear when I say that it is absolutely essential that student government should not have any control over the newspaper because the only types of governments that employ a "state-controlled press" are the same ones that control their spheres of influence with the military in black helicopters with machine guns.

(And yes, I believe I just referenced the upcoming A-Team movie.)

These student journalists are not out to get you. Having worked with former ASEWU members like Evan Buelt and Alicia Kinne, I've found them to be students just like me - super nice people with a passion for their school. They understood the need for communication and that I was not

out to write lies and slander them in print.

The reporters working on the paper right now are students just like you, working on a craft that they someday hope to turn into a full-time job. They're not out to get you.

In fact, the only ASEWU member who I can remember saying *The Easterner* had an agenda against him was also guaranteeing money to groups on campus behind closed doors and managing the financial budget like a drunk sailor trying to finish up the last chords of "Livin' on Prayer." He also tried to use student funds for an ASEWU ski-trip that held no value for EWU except time for student government officials to work on their Nintendo Wii skills and ski lodge pick-up lines.

You shouldn't be in that same company unless you have something to hide.

Work with the student newspaper. For any new programs coming up, any issues facing the student government and any events that the student government was going to put on, Buelt and Kinne went straight to the newspaper. They were those kinds of rare student officials who actually wanted to communicate with the students. Perhaps this year's ASEWU government should try and do the same.



the EASTERNER

The Easterner strives to provide EWU students and staff with the opportunity to comment or express their opinions and/or views on any topic relevant to our readers. We encourage the campus community to submit letters and opinion pieces that conform to the requirements listed below. Opinion articles and letters to the editor do not necessarily reflect the views and opinions of *The Easterner*, its staff members or Eastern Washington University.

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- Letters should be 300 words or less, and typed or hand-written legibly.
- Include your full name, signature, telephone number and e-mail address for verification.
- We reserve the right not to publish letters; furthermore, all letters are subject to editing.
- Letters must be received by no later than Monday at 3 p.m. in order to be considered for publication the following Wednesday.
- If your letter is in response to a specific article, please list the title and date of the article.



Fear is not a factor for EWU students

Students participate in annual Fear Factor event, eating strange foods and handling different challenges

BY KYLE FALTN
contributing writer

Thursday, Jan. 14, marked the day of the long-awaited Fear Factor contest at EWU. This annual event was sponsored by Eagle Entertainment and the ASEWU. This year marks the event's third and most popular year.

There were four contests in the event, the first being "African bullfrog eggs and maggots in juice guts." One person from each team drank a mysterious concoction, followed by their teammate eating a plate full of a different mysterious recipes. This was the first opportunity the audience had to watch someone throw up on stage, which was clearly entertaining given the response by the spectators. One of the players eliminated in that round said, "I'm not afraid of anything, but that was nasty!"

The second event was titled "Foot Fungus" and involved one partner walking barefoot on a tarp that was covered in canola oil, flour, eggs, strawberry syrup and sardines. The other partner had to sit near the back of the stage and scrape the ingredients off their partner's foot. The first team to fill up a 16-ounce plastic cup won that contest. Many students claimed that it was just as fun watching the staff throw food over the stage as it was to watch the contestants walk in it.

The third event was a pie eating contest. The teams could not use hands and had to eat a chocolate pie with marshmallows and ... worms? Yes, it was a "garden variety" pie eating contest.

During this event, one of the contestants came dangerously close to regurgitation, but the audience wasn't that lucky.

The final contest of the event was quite possibly the most nerve racking part of the evening. The remaining two teams had to drink a glass of water that contained a live goldfish. While not swallowing the fish, they had to run one lap around the room and spit the fish into a bowl. None of the fish were harmed during this event. As a matter of fact, all four fish now have proud owners who are EWU students.

At the end of Fear Factor, which lasted for almost an hour, the winners were announced. David McElroy Jr. and his partner won second place and were rewarded with gift cards to the University Bookstore. Kirstin Arnold and Brennan McIntire won the grand prize of four tickets to see the Spokane Chiefs Hockey team.

When asked how he felt about his loss, McElroy said, "Even though I feel cheated, I still feel like I won. They get to go see the Spokane Chiefs play hockey. I get a gift card to the bookstore. I don't even like hockey. All college kids are poor. I could use this money."



Contestants walk barefoot over a slippery "foot fungus" course. Curtis Chandler/Easterner



Contestant has "foot fungus" scrapped off their feet. Curtis Chandler/Easterner



Faculty Creates Art for Gallery

Artists seek to capture the creative and practical side of art while simultaneously delivering a message to onlookers

BY TOM LINHANE
staff writer

Eastern's Art Gallery has been showing faculty work for the past week with some amazing examples of what the art staff at Eastern is capable of.

The gallery opened Jan. 14 at noon and featured paintings, sculptures and other forms of art that have been created by EWU art professors. The gallery featured works by artists such as Tom Askman, Mindy Breen, Greg DuMonthier, James Greene, Nancy Hathaway, Jenny Hyde and Kristine Hwang up through Jan. 18.

"This event provides an understanding of what we [professors] work on as part of our professional work - usually, what we do as our research," art professor Roger Ralston said. "It also gives the students an opportunity to see another side of us as opposed to when we are just talking or getting students to work in the studio."

EWU's faculty art show is an annual event, though with one difference in 2010. This year, the visual communications and design department was also asked to participate, and professors such as Kristine Hwang were keen to lend their artistic talents to the event.

"It's awesome that we have had the chance to show work in this exhibit," Hwang said. "Our field of work needs to see both sides, which is the artistic and also the practical side; this gives us a good chance to do just that."

The gallery opening included a lecture on the art of ceramics by Elisa Nappa and Chris Tjilia and was immediately followed by a reception. Greene had displayed his work in the gallery just the week before, but he was on hand to give participants a demonstration of how the printing press works.

"People had the opportunity to come through the shop during the opening of the art gallery and make a print themselves," Greene said. "I told students to take two and give one to someone else in hopes that it would be art that transmits to other people and not just get stuck on a wall somewhere."

Greene also has plans to take his "freedom of the press" idea across campus to places like the library. Students will have the chance to color their own prints and have them made while they wait.

Greene believes that even though electronic printing technology holds a firm place over the traditional printing press, the old school still has a place in art.

"It's about taking a physical thing and owning it and still having the message that it portrays," Greene said. "I mean, these machines are old but they still have a capability of taking an original design and making multiple productions of it."

The art department plans to do this event again next year, as well as include the visual communications and design department in the gallery for years to come. The gallery itself changes every week with all sorts of works from professors, students and local artists.

Singer travels from California to play for the students of Eastern

Music is not just a career for Harper, it's a way of life

BY ELISE AXEL
managing editor

Students reclining at the PUB lounge Wednesday afternoon listened to the vocal stylings of Lindsey Harper and her musical accompanist Travis Newton, who played an acoustic guitar.

This was Harper's first time touring outside the state of California. She expressed excitement for the opportunity to play for Eastern students.

During her performance, Harper sang cover songs from various artists such as Gavin DeGraw and the White Stripes. She also intertwined the music with songs she had written on her own. One such song was written about a homeless man on Franklin Avenue in Los Angeles.

Harper shared that it was common to be approached by homeless people who were on this street asking for money. When she saw someone coming she wasn't pleased, but she gave the man money anyway. Harper said that she was pleasantly surprised when he said, "Have a nice night." Those words changed her perspective on how she viewed the homeless and inspired her to write the song.

"From time to time, I write a song about the people in my life," Harper said. She added that she wrote a song for her younger sister Tory called, "I Believe in You."

After the song, several members of the crowd began to leave, and Harper wished them luck in their classes. Once they had left

she said that school was not her strong suit, adding, "I'm dyslexic. I'm below reading level. But I can write lyrics."

For Harper, writing lyrics feels like a type of release. Romance is one of the bigger things that she often hits on, whether it is the good part of the relationship or the end of one. One example of the latter is the song "Don't Wreck This," which is Newton's favorite song written by Harper. "It doesn't even have a guitar," he added.

Guitar is important to Newton, who has been playing since age 10. He also liked the thought of playing guitar for a living.

"If I could avoid getting a real job, then of course I'll do it," Newton said, adding that it probably wasn't the best thing to say to college students.

As for Harper, she always knew that music would be a part of her future. She grew up in a musical family and said that she has always been drawn to anything that had to do with music. That includes her favorite movie, "Mary Poppins."

A career in music can sometimes be difficult for Harper. Living in Los Angeles involves a lot of networking since there are so many bands in the city, but this doesn't stop Harper from trying. This is her fifth year singing professionally.

Since beginning her official career as a singer, Harper has heard her voice on an independent movie called "Loving Annabelle." The movie was about a singer, and

Harper said it was weird for her because she could hear her voice coming out of the "singer," and it was fairly obvious that the actress wasn't singing the song "All Over Me."

Harper still finds music to be a rewarding experience. Soon, Harper will get to see her music on VH1. She will also be performing at the Sundance Film Festival. As for more immediate rewards, Harper said that she finds comfort in performing.

"Crowd interaction is important," said Harper after she saw one of the crowd members keeping time with them during the gospel song "Wade in the Water."

She tried encouraging crowd interaction, asking them questions like where is the best spot to eat on campus. The conclusion was The Roost, and it was recommended that she try the fried green beans.

Near the end of her performance, Harper asked if there were any cover songs that the audience would like to hear. One student requested a White Stripes song. Harper mentioned that she had learned the Katy Perry song "I Kissed a Girl" but felt awkward singing it. Several audience members asked her to sing it anyway and they would let her know whether it was awkward or not. At the end of the song, several students said that they liked it, and one even thought it was better than Perry's version.

Despite the praise given, Harper thought that she probably wouldn't be singing it at her next gig at a Christian university.



Clancy Bundy

CELLObrate good times, come on

Cellists of all ages gathered for the annual recital at EWU to celebrate the art of cello playing

BY MELISSA CARROLL
contributing writer

Music filled the recital hall Saturday, Jan. 16, as 60 cellist pulled their bows across the strings for the performance of CELLObration Spokane 2010.

EWU hosted this gala of honoring the music of the cello with cellists ranging from high school to college and featuring adult professional cello players. The college students participating in the concert not only included EWU students but students from neighboring schools such as Gonzaga as well as college students from out of state.

"It was a spectacular performance from a great group of hard-working cellists. A long day of rehearsing definitely paid off," EWU professor John Marshall said. Marshall worked hard to arrange the concert and bring everyone together for the performance that has become the largest annual gathering of cellists in the Western U.S.

The concert also featured a special guest artist Darrett Adkins, a modern cellist who is redefining cello music by mixing classical with a new contemporary sound.

After a brief introduction by Adkins explaining his music and how he intertwines the classics with contemporary, he began his solo performance for the first half of the concert. As he began to play his first piece, "Prelude" by Johann Sebastian Bach, the passion for his music came alive and captivated the audience as well as the other cello performers listening patiently to his beautiful melody.

The solo concert by Adkins was not only enlightening, it was also interesting. It broke the rules of classical cello playing as Bach mingled with contemporary conductors such as Morton Feldman and Roger Sessions. Adkins received a



Cellist Darrett Adkins adds a contemporary sound to classical music as he plays for the crowd.

standing ovation for his last solo performance as his bow pulled away from the strings.

After a brief intermission, the

60 young and old cellist, joined Adkins on the stage. The perfect unison of every cello creating a masterpiece captivated the audi-

ence who could feel the performers' passion for the music from the way they played. The performance of the cellists included classical and contemporary pieces as well as a few crowd pleasers such as "Eight Days A Week" by The Beatles and "Purple Haze" by Jimi Hendrix.

The concert was especially important to EWU freshman Ricardo Montesinos who wrote and conducted a piece created just for CELLObration. *Melodist Para Cello* was written in two days by Montesinos, who has only been playing the cello for a year and a half.

"Composing is not easy and there are a lot of rules to follow, but

it comes easy for me because music is my passion," Montesinos said.

Montesinos stood conduct his own composition piece. By the smile on his face, you could feel how proud he was to hear his music performed and loved by both the audience and the cellists. The audience gave Montesinos a standing ovation as his piece came to an end.

"I have no words to describe how it felt to hear my ideas come to life in the music performed. It was very intimidating but an amazing feeling being able to stand up and conduct my own piece," said Montesinos, who has written musical pieces for a wide range of instruments but has never had them performed in front of an audience before.

"My inspiration comes from anything around me, and I put a lot of feeling and expression into it and want to share that with everyone," Montesinos said.

"One cello is beautiful enough, but there is a uniquely wonderful sound that comes from 60 cellos performing, which CELLObration helps audiences experience," Marshall said.

Virgin comedy genre continues to emerge in: "Youth in Revolt"

Despite the lack of originality, the mix of humor and gravity provided a solid film

BY TOM LINNAME
staff writer

For an actor as type cast as Michael Cera, taking on a role as an awkward virgin looking to get lucky didn't seem like much of a challenge for the veteran movie nerd. "Youth in Revolt," however, seemed proof that even the type cast can have multiple dimensions.

The most recently completed project from director Miguel Arteta was adapted from the 1993 novel, "Youth in Revolt, the Journals of Nick Twisp," by C.D. Payne. In the true spirit of the emerging virgin comedy genre, the gauche Michael Cera is 16-year-old Nick Twisp. As a self-conscious virgin struggling with the constant attack of pubescent hormones, Twisp ends up finding a prospective means of swiping his v-card, but only after

overcoming an array of teenage obstacles.

This is where the film began to look more like "Fight Club" than "Superbad." To escape his ridiculously irresponsible mother and her boyfriends while simultaneously moving closer to his love interest, Twisp creates the polar opposite alter ego of Francois Dillinger and does everything he can to be relocated to his dad's.

Cera surprised me in the role of Francois. Not only did he have facial hair (I was previously unsure of his follicle capabilities), he genuinely appeared not to have a care in the world outside of anarchist activities and the seduction of women. Just when the film appeared to be a spin-off of "Juno," Cera shed his nerd skin and proved that while he may be passive, he's still quite aggressive.

The performance of Twisp's potential girlfriend, Sheeni Saunders, (Portia Doubleday) seemed to capture the true spirit of adolescent romance as she juggled both Nick and her other interest, Trent (Jonathan B. Wright). Jean Smart played her usual role of broken down mother, Estelle Twisp, and was on par for the course, reminding me a lot of her role in "Garden State."

The film relies heavily on crude jokes and obscene references for laughs, just like most of Michael Cera's movies; however, some of the dialogue between Cera and Doubleday could be considered intellectual. Unfortunately, it felt like the same old jokes were being delivered in a new but still recognizable package.

The only real saving grace from potty humor was the character Francois. With a cigarette

constantly between his fingers and a mustache that would make the Pringles logo jealous, Francois seemed to embody cool. No situation was safe from a witty remark, and the mischief he so nonchalantly caused was pretty hilarious.

I wouldn't say this movie suffers from originality, though it does have its moments. At times I was falling out of my seat laughing, but at others I felt incredibly bad for Twisp and the selfish people he was surrounded with. There was a healthy amount of sarcasm and seriousness making this an all around solid movie.

Overall, the movie falls into the category of good, but not exactly great. However, if a film chocked full of sexual humor, dissociative identities and teenage rebellion is what the doctor ordered, "Youth in Revolt" just might do the trick.

Graduate puts degree to use on the morning radio



"Slim" finds joy in his work as producer even though it requires waking up early in the morning

BY JARED MUNSON
contributing writer

Sean Widmer, or "Slim," is currently the producer for the highly popular morning radio program, "The Jay & Kevin Show." Widmer graduated from EWU in 2005 with a communications major and has worked in radio since college.

Arriving at 5 a.m., Monday through Friday, Widmer puts together sound effects, intros and a basic structure for the show that starts in the coming hour. In his own control room, he has his sound system, control board and enough equipment to make the common man go insane.

Among other things, Widmer is also the co-host when one of the regular hosts, Jay Daniels and Kevin James, become ill or are out of town. Although Widmer fits in well as a host, he said producing is his calling.

"I love hosting," he said. "I hosted a sports show for three years on 1510 AM for KGR. But this opportunity came around and I couldn't pass it up."

"The Jay & Kevin Show" originated on 93.7 FM "The Cat" roughly 15 years ago and moved to 96.9 "Coyote Country" last year, after some dispute with the former station. As of Jan. 1, "Coyote Country" moved up the dial to 99.9 FM. When the show changed stations, Widmer was called in as the new producer, the fourth for the series.

Widmer feels that he brings something to the table that keeps the show fresh and exciting in this new decade.

"I bring some youth because Jay and Kevin are old. I bring a lot of enthusiasm to the show because I absolutely love it," he said. "It's not like a workplace. We are friends. We go home and text each other and text non-work stuff. It's like the male equivalent of 'The View.'"

While Widmer believes that his youth is what is special, Daniels believes that Widmer brings a different element to the show.

"One word: passion. We haven't fired him yet," Daniels said.

Compared to the other producers the show has had, Daniels also

believes that Widmer ranks high.

"Top four," Daniels stated, laughing as Widmer chimed in, "Top five."

While the behind the scenes bantering among the crew brings a friendly camaraderie to the show, Widmer wants to make it clear that while he might be the producer, Jay Daniels is in charge.

"I can definitely dictate the show to a certain point, but Jay is definitely the dad. I'm like the bossy son, and Kevin ... is like the mom," Widmer said.

For those who are wondering, the nickname Slim wasn't something of Widmer's choosing.

"When I started working six years ago [at the other station], there were four Seans," he said. "We all got nicknames because it got too confusing. And at that time I was thin ... my nickname stuck."

Widmer considers himself to be heavily involved with the show, constantly updating the show's Facebook and Twitter pages, and is quickly becoming a fan favorite. Widmer loves most things about the show, but one thing in particular stands out.

"The back massages Kevin gives me on a day to day basis," Widmer said laughing. "I love everything about the show, except waking up. If there's one thing I love, it's sleeping in late."

After attending Spokane Falls Community College for two years, Widmer decided to attend EWU to finish up his studies.

"It was cheap, which was great, but I liked the school. I knew a lot of people that had gone out to Eastern. At the time, they put together a great basketball team," he said.

And although he still loves his alma mater, he has recently been heard rooting for the Gonzaga Bulldogs.

"Eastern's my number one school, but I worked for the Zags for many years, and they were very welcoming when I did all the stuff for them," Widmer said.

Widmer states that he has a dream job and doesn't feel like he is going to leave it anytime soon.

"[In 10 years] I'll hopefully still be doing this," he said.

Ask a personal trainer

URC gives students a chance to ask fitness-related questions. Want to ask the personal trainer a question? E-mail easterner.eaglelife@gmail.com

BY MELISSA CARROLL
contributing writer

Personal Trainer Karen Hartman, who specializes in dynamic functional training in the Fitness Center, answers questions on how to lose those extra pounds while shedding calories and keeping those New Year's resolutions.

Q: What specific toning exercise will work to get rid of love handles?

A: Actually, there isn't one. Everyone gains weight in separate areas and it depends on the person to where the fat sits on your body. Cardio mixed with strength training loses the weight. Cardio gets your heart rate up, resulting in fat loss all over your body, including those love handles. All over body strength training and not just focusing on one specific area can lose the weight in love handles as well as other parts of your body. Toning one specific area such as focusing only on your core doesn't necessarily take away fat. Toning assists in losing weight



The university rec center staff waits to answer questions about fitness to make life a little easier for college students.

and will assist in losing love handles as well as speeding up your metabolism, which also helps to lose the belly fat.

Q: What is the ratio be-

tween intake of calories and burning calories?

A: For the most part, calories you intake should be equal to calories you burn. But if you are try-

ing to lose a substantial amount of weight, calories you burn should be more than your intake of calories. The cardio machines in the on campus fitness center give you an average calorie loss for your workout, which makes it easier to keep track of your calorie ratio.

Q: What is a main food that should be eaten every day that can help in weight loss?

A: Fruits and vegetables. They have the least amount of calories. Fruits have good sugars that won't affect your weight and they are natural sugars that your body needs. They also have high amounts of fiber, which aids in losing weight. The easiest way to diet is to eat more vegetables. Vegetables have a lot of water content, which will fill you up fast so you can reduce your portion size. For example, cucumbers and celery make good snacks because of their water content. Slice up a cucumber with your lunch or celery sticks with peanut butter for a snack. Both will help shed extra pounds.



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Dave Howard throws the shot put.

'Tracking' down the competition

Eight more athletes qualify for BSCC

BY ALLIE FRIESE
staff writer

Eight EWU track and field athletes qualified for the Big Sky Conference Championships this Friday and Saturday in Pullman, Wash., at the WSU Open. More than 525 athletes participated in the two-day meet.

One of the eight qualifiers, senior David Howard, qualified in two separate events: weight throw at 53-5 1/2 and shot put at 51-05 1/4. Other shot put qualifiers include Brody Faire, who threw 5-10, and Erica Chaney, who took fourth with a throw of 43-11 1/4.

Both men and women jumpers had a successful meet as well. Cody Fishel and Adam Stewart took third and fourth, respectively, in the high-jump, both jumping 6-6 3/4. In the triple-jump pit, Armand Hopkins took first with a jump of 45-5. Shene Davis took first in the women's triple jump at 37-6 1/2.

"I think it went really well for our first meet since we've come back from Christmas break," said women's Head Coach Marcia Mecklenberg. "We did better than I had expected in some areas. And with track and field, you do well in some places and not so well in others."

Sarah Frey completed the 400-meter dash with a time of 57.36 seconds, placing first.

"Sarah Frey's 400 was really, really good for this time of the year, and she won. That's hard to do when you're competing against WSU and Idaho, especially in the sprints, but she pulled it off and did really well," Mecklenberg said.

"I expect our strongest area to be the sprints. That's going to be a very good area for us. We're going to be strong in the throws, also," Mecklenberg said.

"[The men's team is] pretty well-balanced this year. We're hoping to take top three this year in conference," Head Coach Stan Kerr said.

Kerr noted a few stand-out athletes that includes Kurt Williams, who took second in the triple-jump at 44-5 1/4 meters and fourth in long-jump, shot-put qualifier Brody Faire, and Chad Butorac, who took first in the 400-meter dash with a time of 50.73 and second in the 200-meter dash at 22.80.

"[Butorac's performance] wasn't surprising but more like a good welcome back," Kerr said.

Sophomore Stephanie Dye took third place in the 3,000-meter run, the highest place of Eastern's long-distance runners.

The Eagles will return to Pullman Jan. 22 and 23 for the Cougar Indoor with teams from Idaho, Montana, Utah State and Spokane CC.



The women's basketball team celebrates their first place position in BSC.

Eagles stay perfect in BSC

The women's basketball team currently leads the conference with a record of 5-0

BY CHRIS NEWBERRY
contributing writer

Having to play in the higher altitudes of Flagstaff, Ariz., has given teams problems when visiting Northern Arizona University. The altitude didn't have an effect on the Lady Eagles, however, as they beat the Lumberjacks to remain perfect in the Big Sky Conference, 66-52.

At nearly 7,000 feet, Flagstaff is also one of the higher-elevation cities in the U.S. Visiting teams have experienced problems with breathing in the higher altitudes, but the Lady Eagles adjusted well to the elements.

"We know how hard it is to win those games," said Head Coach Wendy Schuller. "I was pleased with our effort and intensity."

EWU started the game with a 7-0 run with the help of Kyla Evans, who scored a quick five points for the Eagles. NAU got on the scoreboard with a layup by Lauren Holmington.

The Lumberjacks worked their way back into the game by being down 8-9 at the 12:15 minute mark in the first half. During a four-minute stretch, the Eagles and Lumberjacks saw the lead change seven times before the Lumberjacks got into a rhythm to build a five-point lead, 22-17.

The Lumberjacks saw their lead being chopped away by a three ball from EWU's Jordan Schoening to cut the Lumberjacks' lead down to two points, 22-20. A layup by Nicole Scott tied the game, and NAU wouldn't see the lead in their favor for the rest of the game.

Tied at 22, Evans hit a three pointer for the Eagles to spark the offense as the Eagles went on a 9-1 run to end the first half, leading 32-23.

"We got up and down the floor well at the high altitude. Our depth came into play early on," Schuller said.

Getting up and down the floor was exactly what the Eagles were doing as they started the second half with an 18-3 run to bring their lead to 40-26.

NAU tried to make a comeback of their own but since they were down 14 points they couldn't overcome the hole they were in. The Lumberjacks cut the lead by as close as eight

points before the Eagle offense regained their fire power to go back up by 14 points, 55-41.

EWU scored 18 points in the paint, and the bench players cashed in with 17 points in the second half. It wasn't really a strong showing for the Eagle offense, but Schuller was still happy about the way the team played.

"We didn't have anyone stand out on the offensive end," said Schuller. "It was again a great team effort. This team is business-like and does a nice job preparing to play."

EWU shared the ball for 15 assists, snagging eight steals and grabbing 45 rebounds. As for individual performance, Tatjana Sparavalo scored 13 points, shooting 5-of-8 from the field. Chene Cooper added eight points, four assists and six rebounds, all of which were on the defensive end.

EWU women's basketball team couldn't have their first loss of the season handed to them Jan. 16, if it wasn't for their toughness.

Northern Colorado's Kaisha Brown had the final shot with two seconds left in Saturday night's matchup but was denied by Nicole Scott, who blocked Brown's three-point attempt to seal the deal as the Eagles beat the Bears 51-49 to improve to 5-0 in conference.

"It feels good to start 5-0. The team is having a lot of fun together, but we also know there is a lot of basketball in front of us," Schuller said.

EWU started the game a little shaky but showed that they were going to run away with the game early on. Julie Piper got the Eagles on the board with a two-point jumper to start the offense. Five EWU turnovers later, the Eagles somehow still had an 18-7 lead.

The Bears barely chipped away at the Eagles' lead before finding themselves down 11 points. EWU turned the ball over twice, which led to five UNC points, and suddenly the Bears were down only 22-20 with four minutes left in the half.

A jumper by Scott brought the lead back up to four until UNC's Whitney Cox dropped in a three ball to bring the Bears within one point, 24-23 heading into halftime.

"We feel great about our play on the defensive end of the floor but see a lot of room for improvement offensively," Schuller said.

Taking care of the ball should be No. 1 on the Eagles' list of improvements as they com-

mitted 14 turnovers in the first half, which allowed Northern Colorado to stay in the game by scoring 10 points off of turnovers. The Eagles committed a total of 23 turnovers in the game, and the Bears scored 20 points off of them.

Saturday night's game proved a point: Although you don't play your very best basketball, you can still win a game by having the toughness the Eagles have shown so far this season.

Toughness was key in the second half for the Eagles as they found themselves down for the first time in the ball game 41-46 with 5:33 minutes left to play. Brianne Ryan and Scott had a huge impact for the Eagles with two quick jump shots late in the game to bring the score to 46-45, UNC lead.

Kyla Evans hit a three ball to tie the game at 48, and Ryan cashed in two free-throw attempts to put EWU back on top by two, 50-48 with 1:28 to play. UNC's Brittany Fernandez made one of two free throws to bring the Bears down one point. Jessica Huntington also made one of two free throws to put EWU back up two points, 51-49.

UNC rebounded the missed Huntington free throw and brought the ball up the court to Brown as she tried for a game winning three-pointer but was blocked by Scott as time expired to keep the Eagles' unbeaten record in the Big Sky Conference alive, winning 51-49.

Ryan was the lead scorer for the Eagles with 18 points, shooting 70 percent from the field. Scott added 10 points and had six rebounds, while Evans had nine points shooting a perfect 3-of-3 from beyond the arc.

EWU sits atop the Big Sky Conference standings with a perfect record of 5-0. Idaho State is in second place at 4-1, making Friday night's game against them another test for the Eagles.

"I think the team is focused. They have done a great job of taking each game one at a time," Schuller said.

EWU (5-0, 11-6) is home this weekend against Idaho State Jan. 22 and Jan. 23 as the Eagles take on Weber State. Both games are set to tip at 7:05 p.m., at Reese Court.

Taking to the ice



EWU students will be training the U.S. figure skaters

BY TOM LINNAHE
staff writer

It's time to finish working on that double axel and get your ice skates razor sharp; the U.S. Figure Skating Championships are in Spokane, and for two Eastern students in the sports medicine program, it's just another day on the job.

This is the second time the prestigious event has been hosted by Spokane. More importantly, this event is the deciding factor regarding who gets the chance to represent the USA at the Winter Olympics in Vancouver this February. For all those competing, this is a chance at glory, fame and gold.

Irene Lowe, 20-year-old junior in the sports medicine program was eager to jump at the chance to be a part of the championships despite having no previous experience in the sport of figure skating.

"In our program, we have weekly meetings, and when opportunities come around, they let us know so we can apply and get the broadest experience that we can," Lowe said. "Caitlin and I submitted letters of interest last spring and were selected."

In fact, she and her fellow classmate 21-year-old Caitlin Kokoc, who is also helping in the event, say that they have yet to participate in a sport like figure skating, though the approach is still the same medically.

"If someone gets hurt, first we make sure they have a clear airway, breathing and circulation. Then we assess any injuries such as someone falling on the ice and hitting their head or back and stabilize them if there is a possibility of neurological damage," Kokoc said.

As recognized allied health professionals by the American Medical Association, athletic trainers specialize in the prevention, diagnosis, assessment, treatment and rehabilitation of muscle and bone injuries and illnesses according to the Bureau of Labor Statistics Outlook Handbook.

Methods such as taping and bracing are common for injury prevention in this athletic training profession, something that U.S. figure skating has some unusual stipulations about.

"If one athlete gets tape somewhere, the other athlete has to get tape in the same place. Both costumes have to be matching at all times," Kokoc said.

The championships run from Jan. 14-24, and Lowe and Kokoc will be working hard, sometimes putting in shifts as long as 11 hours. The experience of working an event such as this, however, is a courtesy professionally as well as personally.

"It's really cool to see different levels of sports," Lowe said. "These are Olympic athletes, the best of the best, and it's our job to make sure they perform at their best."

Men's basketball loses two nail-biting games

BY DUSTIN TOMS
senior reporter

Eastern men dropped two close home games during the weekend by a combined seven points.

EWU fell to the Northern Arizona Lumberjacks in the first of two back-to-back games, 73-69.

The Eagles looked to be headed for another Big Sky victory when they forced a turnover with less than three minutes to play and a five-point lead. A couple turnovers, some missed shots and a defensive collapse on a play, allowed NAU to storm off the court victorious.

"The most disappointing thing is that we told our players in the timeout exactly what play Northern Arizona was going to run," Eastern Head Coach Kirk Earlywine said. "They ran the back door that we knew they were going to run, and I'm not sure what more we can do as coaches. That play was the very first thing we practiced guarding when we began preparations on Monday."

Benny Valentine led the Eagles with 14 points in 19 minutes on a very efficient night of shooting, going 5-of-7 from the field, including two three-pointers. Center

Brandon Moore had a double-double with 11 points and 10 rebounds.

Eastern has been struggling with not turning over the ball, but against NAU they forced nine more turnovers than they lost; however, the Eagles could not take advantage of the opportunities given to them.

NAU's Cameron Jones had a game-high 28 points, shooting 12-of-15 from the field. Jones also added nine rebounds and the game winning layup.

The second game of the back-to-back was another tough loss for the Eagles as they fell in the closing seconds, to Northern Colorado, 74-71.

Eastern did not trail in the first half and led by as many as 15 but couldn't hold off UNC.

UNC trailed 24-39 with just under two minutes remaining in the first half. Will Figures hit a three-pointer that sparked a 15-0 run. Eastern didn't score again until a three-pointer by Glen Dean to retake the lead, 42-39.

"We couldn't run in the second half — the tank was on empty," said Earlywine. "I thought our guys were trying their butts off."

With under a minute left, freshman Kevin Winford hit a three-pointer, his second of the night, to tie the game at 71. Right after the score was tied up, Figures hit the go-ahead lay up for UNC, which was the second layup in two nights that cost Eastern.

Figures led all scorers with 21 points on 60-percent shooting. UNC shot 50 percent from the field.

Mark Dunn led Eastern with 16 points, one of three Eagles in double figures. Dunn added four rebounds and two assists. Freshman Glen Dean had 11 points and four assists and Jeffrey Forbes chipped in 14 points, three rebounds and two assists. Forbes shot 5-of-7 from the field, including a couple three-pointers. Eastern shot 46 percent for the game.

With five seconds left in the game, and down by three, Winford missed a three that could have sent the game into overtime.

With the two losses, Eastern drops to 6-13 overall and 2-4 in Big Sky Conference play. Eastern plays at Idaho State Jan. 22, and at Weber State Jan. 23. Their next home game will be Jan. 30 against Portland State at 7:50 p.m., at Reese Court.



Gary Gibson moves past the defense to score a layup.

Dustin Toms/Easterner



Krystal Deyo

A Decade of Excellence

EWU athletics has transformed over the past decade, becoming one of the biggest contenders in the Big Sky Conference in multiple sports. Including conference titles, appearances in NCAA events and NFL drafts, EWU has offered plenty of excitement during the past 10 years—it has offered a decade of excellence.

2000

- The EWU press box opened at Woodward Field.
- Jesse Chatman was the NCAA Rushing Champion and was named All-American. He broke five Big Sky Conference records and 19 school records.



2001



- Volleyball won a first-round NCAA Tournament match. This was only the fifth time this has been accomplished in BSC history.

2002

- Janelle Ruen was named BSC Player of the Year. She was a multi-sport standout in volleyball and basketball. Ruen completed her final year in volleyball as the 2002 BSC MVP and helped lead Eastern to a 29-2 record and the Big Sky Conference regular season championship.



2003



- Former football player and All-American Michael Roos was named Lineman of the Year by *I-AA.org*. He was later selected by the Tennessee Titans in the second round in the NFL draft; the highest pick in school history.
- Volleyball earned the Big Sky Conference regular season title for the third-straight year.

2004

- The men's basketball team advanced to the NCAA Tournament after winning 14 of their last 18 games. They hosted the BSC Tournament where they earned their first tournament title and moved on to their first NCAA Tournament appearance.
- Women's soccer earned its first-ever BSC regular season title.



2005



- Football player Erik Meyer won the Walter Payton Award presented by the Sports Network. He was selected as the Offensive Player of the Year by *I-AA.org* and the Offensive Back of the Year by Football Gazette. He was a two-time BSC MVP and earned All-American honors.
- Eastern won the BSC men's All-Sports Trophy by earning the BSC regular season title in football, placing third in basketball and third in outdoor track and field.

2006



- "The Year of Rodney Stuckey": Basketball player Rodney Stuckey was named NCAA Division I Freshman of the Year by *collegeinsider.com*. He led Eastern to 30 victories in the 2005-06 and 2006-07 seasons combined.
- Track athlete Carolee Gutierrez became the second female in EWU history to earn All-American honors and competed in the NCAA Championships. Thrower David Paul competed at two NCAA Championships in the weight throw and hammer throw. Both athletes competed in the USA Championships.

2007

- The men's tennis team won its first BSC title and went to the NCAA Tournament.
- Cross country runner Mattie Bridgmon ran in the NCAA Championships, becoming only the third EWU woman to do so. She later won the 5,000 meters at the outdoor Big Sky Championships.



2008

- Cross country runner Paul Limpf represented EWU at the NCAA Championships.
- Freshman thrower Michelle Coombs advanced to the outdoor track and field NCAA Championships after winning the javelin at the BSC Championships.



2009



- Linebacker J.C. Sherrit set school and league records with 170 tackles. He earned five All-American honors.
- Matt Nichols set school and BSC records with 12,616 career passing yards, ranking him sixth in FCS history, earning him Big Sky Offensive MVP and All-American honors.