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## Women's Program pamphlet

Eastern Washington University. Women's Center

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leadership in the  
University and the  
community.**

## **Women's Programs**

### **History**

In 1974 Eastern Washington University established its Women's Studies academic program with six courses, and by 1976 offered a 15 credit minor. The following year, at the request of Women's Studies faculty and the local community, a lounge and office area in Monroe Hall was designated as the Women's Center.

Today the scope of Women's Programs reflects extensive developments in both academic and non-academic worlds. Consisting of Women's Studies and the Women's Center, and organized under the College of Letters and Sciences, Women's Programs has become an integral part of EWU and the surrounding community.





## **Mission**

The fundamental mission of Women's Programs is to improve the status of women in society and render to women the dignity and justice due them. Women's Programs is committed to realizing the equality of women and men in all areas of life so that our relationships, both personal and societal, are characterized by the freedom and mutuality which can only occur among equals.

To reach these goals, Women's Programs provides significant leadership in the University and the community by challenging traditional structures through critical inquiry, and empowering women through new scholarship, alternative models, on-going programs and a variety of support systems. Women's Programs seeks to invest women with confidence and a sense of purpose so that their lives may be enhanced and both the University and the local community may benefit.

The two branches of Women's Programs, Women's Studies and the Women's Center, are fundamentally related through philosophy, goals and staffing. The academic and non-academic worlds must continue to inform, support and critique one another to insure the vitality of both.

**Today, the importance of the experience of women, in the curriculum and in higher education, is beyond question in the minds of serious scholars.**



# Women's Studies

**Women's Studies is contributing in a significant way to the accumulation of knowledge in all areas of academic study.**

After centuries of neglect, scholarship by, about, and of concern to women is becoming visible in the academic community. As a discipline, Women's Studies is contributing in a significant way to the accumulation of knowledge in all areas of academic study. Because of this explosion of new scholarship, both women and men scholars are re-evaluating traditional assumptions in virtually every intellectual area. As this new research is incorporated into the curriculum, scholars are beginning to recognize and validate a world view which may differ from that offered in traditional courses. Today, the importance of the experience of women, in the curriculum and in higher education, is beyond question in the minds of serious scholars.

## Curriculum

The Women's Studies Program at Eastern Washington University offers a strong minor of 22 hours with many additional classes available during the year. The program provides an interdisciplinary study of women, incorporating a rapidly growing body of feminist theory with new scholarship in traditional content areas. Those seeking a more comprehensive understanding of their major and increased career options may choose a traditional major with a Women's Studies minor, or an interdisciplinary General Studies degree blending Women's Studies with another field. Knowledge gained outside of the classroom can be used for academic credit in cooperation with the Center for Extended Learning.

Women's Studies courses are offered on campus in Cheney, as well as in Spokane at the Spokane Center, in the afternoons, evenings, and on Saturdays.



**Women's Studies  
Minor**

All Women's Studies courses are crosslisted with academic departments. Those followed by an asterisk (\*) also carry General University Requirement (GUR) or Cultural Diversity standing in a Bachelor's degree program. Students interested in pursuing a minor determine electives and substitutions in consultation with the Director of Women's Programs.

**Core Courses  
8 Credits**

*Women's Changing World: Introduction to Women's Studies.* \* Survey of scholarship from women's perspective. 4 cr. WS/Hum.

*Feminist Theory.* Survey of theories of reality in a variety of fields by feminist scholars. 4 cr. WS/Hum. Prerequisite *Women's Changing World: Introduction to Women's Studies* or permission of instructor.

**Breadth Courses  
Choose 2**

*Women, Literature and Social Change.* \* Fictional images of women from mythology to modern times. 5 cr. WS/Eng.

*Psychology of Women.* \* Personality, achievement motivations, abnormal behavior patterns, therapy, personal growth needs. 4 cr. WS/Ps.

*Women and American History.* \* Accomplishments of the "lost" women of our past, colonial times to present. 4 cr. WS/His

*Biology of Women.* Biology and myths of the female body and interaction of brain, hormones, and social life. 3 cr. WS/Bio.

*Women and Social Reform.* Women who have led reform movements, social change strategies and today's applications. 3 cr. WS/SW

*Economics of Women and Work.* Changes in family and economy due to women's increased participation in the paid labor force. 5 cr. WS/Eco.

**Electives**  
**6 to 8 Credits**

*Alternatives to Domestic Violence.* The battered, the batterer, the syndrome and the cycle. Theory and therapeutic interventions. 3 cr. WS/Soc.

*Discovering Women in Science.* Uses several scientific themes to rediscover women who have made major contributions to science. 1 cr. WS/Bio/Chm/Ed/Glg/Phy/Ps/His.

*Women's Textile Art: Folk Tradition and History.* Cross-cultural survey of the fiber arts and reflections of women's creative expression and social history. 3 cr. WS/Art/HEc

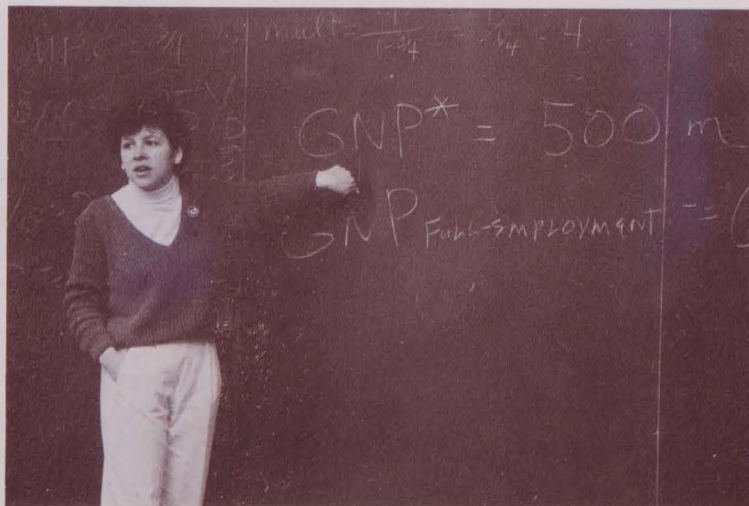
*Older Women.* Their needs, problems, and change potentials. The process of aging and how older women view their strengths, opportunities and life events. 3 cr. WS/SW.

*German Women Writers of the 19th and 20th Centuries.* Prose writings with emphasis on the contemporary. 3 cr. WS/Ger.

*Sex Role Development.* Biological, social and psychological influences on the development of female and male sex roles. 4 cr. WS/PsA.

*Women in Administration.* Individual assessments of skill. Explores barriers to advancement. Reviews literature about women in administration and management. 3cr. WS/SW.

**Women's Programs** provide an interdisciplinary study of women, incorporating a rapidly growing body of feminist theory with new scholarship in traditional content areas.





*Women in the American West.* Contributions, concerns and lives of minorities, missionaries, Mormons, army wives, dance hall girls and others. 3 cr. WS/His.

*Women and the Labor Movement.* Women's historical involvement in the U.S. labor movement and modern implications. WS/Eco/His.

*Women in the Judeo-Christian Tradition.* Ancient and Christian attitudes toward women. 3 cr. WS/Hum.

*Current Fiction.* Fiction by women writers in the 1970's and 1980's. 4 cr. WS/Eng.

*Family Development.* The family in all stages from conception to retirement. 5 cr. WS/HEc.

*Racism and Sexism.* Economic, political, and cultural factors in emergence and perpetuation of minority oppression. 5 cr. WS/Soc.

### **Special Interest Courses**

*Especially for Returning Students.* A three-part workshop offered in Fall Quarter.

*Mastering Reentry.* Expectations, values, time management, stress in returning to school. Plan a course of action.

*Reentry Learning Skills.* Reviews study skills in note taking, tests, writing papers, doing research. Hints for academic success.





*Mind Over Math.* Examines and conquers math anxiety and prepares for entering math courses.

*Personal Defense.* Personal defense skills to be used by women in emergency situations. 1 cr. WS/PE.

**Women's Programs  
seeks to invest  
women with con-  
fidence and a sense  
of purpose.**

### **Library Holdings**

Eastern Washington University's John F. Kennedy Library holds over 600 books in Women's Studies with more than 50 recently added works in Feminist Theory alone. In addition, the Library contains 400 supplemental holdings, including periodicals, journals, and pamphlets. The Women's Center maintains its own growing library of approximately 500 books, as well as pamphlets, journals, magazines, records, and topical files, bringing its holdings to over 1000.

### **Speakers' Bureau**

Because of the rapidly accumulating wealth of information in Women's Studies and the availability of resource faculty, Women's Programs maintains a Speakers' Bureau and arranges guest lectures for a wide variety of public and private institutions and organizations in the region.

### **Women's Faculty Organization**

In order to provide a format for exchanging information about on-going scholarly work, and to provide support for such work, the Women's Faculty Organization holds a monthly dinner meeting.

## Integration Project

In 1983, Women's Studies launched a project called "The Team Approach to Integration," funded by a grant from the Western States Project on Women in the Curriculum (Ford Foundation), The EWU Faculty Development Fund, and the President's Special Fund. The project was created in response to the nation-wide realization that traditional education suffers from a male bias which has resulted in major gaps in the curriculum.

The project seeks to introduce new academic scholarship into the traditional University courses by pairing a faculty member with a research person from the academic or local community. Both graduate and undergraduate students may function as researchers and receive credit and/or a stipend. In 1984, Women's Studies material was integrated into 10 courses from the College of Letters and Sciences, the School of Business, and the School of Human Learning and Development. The second stage of the project involves integrating Women's Studies content into 10 General University Requirement (GUR) courses throughout the same divisions, with the addition of the School of Public Affairs.





# Women's Center

**Women's Studies and the Woman's Center are fundamentally related through philosophy, goals and staffing.**

The Women's Center is a large comfortable lounge located on the first floor of Monroe Hall where University students, staff, faculty, and local community members may drop in to share a cup of coffee, study, or participate in any of the programs or activities sponsored by the Women's Center. By providing an atmosphere of support through a variety of services and programs, the Center invests women with confidence and a sense of purpose, and contributes to EWU's commitment to Women's Programs.

## Location

Isle Hall (Bookstore)

Patterson Hall

Hargreaves Hall

Tawanka Commons

Computer Services Building

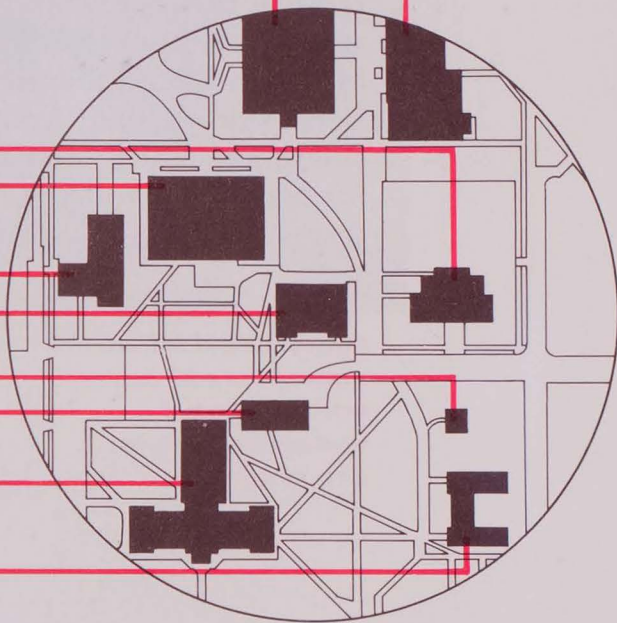
Monroe Hall  
(Women's Center)

President's House

Plant Utilities

Showalter Hall

Senior Hall



## **Programs**

The Center sponsors and co-sponsors speakers, panels, displays, workshops, and films in academic and non-academic areas. The programs, which are offered several times a week, are designed to inform women and men about critical issues affecting the lives of women...academic, personal, social, and political. Topics for discussion are varied and have recently included: "Scholarship Workshop," "Nicaragua Today," "Women's Gynecological Issues," and "Heroes and Strangers: The Relationship Between Fathers and Their Children." Receptions and social events are planned to honor women of accomplishment and encourage a spirit of community.

## **Clearinghouse**

The Women's Center functions as a resource for the University and regional community. It maintains a library and topical file on issues relating to women. By developing connections with a variety of University departments and local agencies, it serves as a referral agency for a wide range of services. The Center assists in arranging and publicizing support groups whenever there is sufficient interest. With half of the female population at EWU over 25, the needs of returning women are a special consideration. The Center provides special courses for returning students, support services, and information about child care.

**The Women's Center provides an atmosphere of support through a variety of services and programs.**



## **Newsletter**

A Newsletter which includes a description of programs scheduled at the Center, book reviews, and other information of interest to the community is published bi-weekly.

## **Counseling**

The Women's Center recognizes the special needs of women students and employs professionally trained women counselors who are sensitive to the particular concerns of women. Individual appointments can be made through the Center, and from time to time, group counseling is arranged.

**Women's Programs**  
is committed to  
realizing the  
equality of women  
and men in all  
areas of life.





**Information**

For further information about  
Women's Programs contact:

Women's Programs  
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Cheney, Washington 99004  
(509) 359-2847  
from Spokane call 458-6327



