

1-3-1984

## Women's Center newsletter, January 3-12, 1984

Eastern Washington University. Women's Center

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EWU WOMEN'S CENTER  
Monroe Hall #114  
359-2847

Lee Swedberg, Director  
Margaret Craford, Program Asst.  
Mimi McColloch, Secretary

\* \* HAPPY NEW YEAR!! \* \*

Tuesday, January 3, 1984

Classes begin. Welcome back!

Wednesday, January 4, 1984

PARENT EFFECTIVENESS TRAINING: Russ Hubbard, Associate Professor of Education discusses the skills of effective parenting for parents, teachers, counselors, and others who work with families and young children. His P.E.T. course at the Higher Education Center in Spokane begins Saturday, January 7, 1984. Attend this workshop for a great course introduction. 12:00 noon.

Friday, January 6, 1984

BE KIND TO YOURSELF: LEARN ABOUT YOURSELF, YOUR BODY, AND RELAXATION THROUGH MASSAGE THERAPY. Carey Teltier, a graduate of the Body Works School of Massage Therapy and co-founder of the Spokane Women's Self-Help Center, presents this program in Monroe #114 at 12:00 noon.

Monday, January 9, 1984

GENERAL WOMEN'S SUPPORT GROUP: This group is for the individual who wants to be part of a supportive network of university women. We will meet from 1:00 to 3:00 p.m. in the Women's Center. Feel free to drop in. Everywoman welcome!

Tuesday, January 10, 1984

FILM: "SUE'S LEG: REMEMBERING THE THIRTIES." This 60-minute film will have your toes tapping to such Fats Waller tunes as "Ain't Misbehavin" and "I Can't Give You Anything But Love, Baby." A collage of movie and newsreel clips from the 1930's shows the richness and variety of American popular dancing which influenced famous young choreographer Twyla Tharp's style. Twyla Tharp and her company perform "Sue's Leg." 12:00 noon.

Wednesday, January 11, 1984

STUDY SKILLS WORKSHOP: Re-entry student who has forgotten how to study? Just get your Fall Quarter grades back? To eliminate exam pressures, fine-tune your study skills now with Russ Turner, Program Manager at the Learning Skills Center. Monroe #114, 12:00 noon.

Thursday, January 12, 1984

COMPARABLE WORTH: HOW WILL IT AFFECT ME? Gail Spaeth, co-plaintiff in Washington State's successful comparable worth suit, discusses the issues and the case in general. Bring your questions and a brown bag lunch to this one. 12:00 noon.

**The Women's Center is for Everyone**

SUPPORT GROUPS: Every quarter the Women's Center forms support groups based upon an identified need/interest within the University/Cheney community. Suggestions for the formation of new support groups are welcomed and encouraged by the Women's Center. The following groups will be sponsored by the Women's Center during Winter Quarter 1984:

Alcohol Information and Education	A rap group for men and women.
Women's Rap Group	First meeting January 9, 1984 - 1:00 - 3:00 p.m., Monroe #114.
Reentry Students	A support group for men and women.
Women Veterans	A support group for women veterans.
Single Parents Support Group	A support/rap group for male and female single parents from the campus and the community.
Gay Students Rap Group	Women's group, men's group and monthly joint group meeting.

NOTABLE QUOTE: "Access to education is not enough if the curriculum reinforces the subordinate role of women." Florence Howe.

FOR YOUR INFORMATION:

"SPECTRUM: Alcohol Problem Prevention for Women by Women," by the National Institute on Alcohol Abuse and Alcoholism, is a prevention project guide to stimulate activists among women to tap their talents and resources in the development of effective community programs. Single copies are free from: National Clearinghouse for Alcohol Information, P.O. Box 2345, Rockville, MD 20852.

FREE COMPARABLE WORTH PROJECT BROCHURES are available from: Comparable Worth Project, 488 1st St., No. 5, Oakland, CA 94609.

SUBMISSIONS WANTED: Things That Divide Us: Stories by Women on Racism, Classism, and Anti-Semitism, is the title of a collection of fiction to be published by the Seal Press, 312 S. Washington, Seattle, WA 98104. Stories, which may have appeared in periodicals, should not exceed 5,000 words. Deadline: May 1, 1984.

ANNOUNCEMENTS:

The Women's Center welcomes Jana Eyer-Stough, a Social Work Major, who will be doing a practicum during the Winter Quarter at the Center, working on forming a single parents network and support group. She is also interested in a preventive program for child abuse, a children's clothing exchange, a babysitting exchange, and affordable activities for single parents and their children.

The Women's Center also welcomes Judy McChesney, who will be working Winter Quarter on a publicity project for the Women's Center.

RHYTHMIC AEROBICS: Stretch, exercise, dance to music! Norma Smith's 10-week exercise program will start Monday, January 9, with all classes in the Reid School Gym. Monday and Wednesday class, 4:15 to 5:15 p.m.; Tuesday and Thursday class, 5:15 to 6:15 p.m. Pay \$25.00 fee at first class. For more information and to pre-register, call 359-2847.