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Women's Center calendar, November 6-17, 1983

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The Women's Center is for Everyone

EWU WOMEN'S CENTER Monroe Hall Room #114 359-2847 Mimi Womens Centre

SUNDAY, NOVEMBER 6, 1983

WOMEN OF THE WEST: Deborah Blanche brings some of the West's most fascinating women from their soft brown daguerreotypes to life on stage, recounting their songs of love and loss, marriage and children, hardship and struggle. "Women of the West" is a unique blend of storytelling and theatre. Patterson Auditorium, Room #103, 7:30 p.m.. Admission FREE!

TUESDAY, NOVEMBER 7, 1983 -- DON'T FORGET TO VOTE!!!

OUTDOOR SKILLS WEEKEND MANDATORY MEETING for individuals planning to attend the Outdoor Skills Weekend (see November 11-12 below). This meeting is intended to allow you to ask questions prior to the trip, meet your instructors, and pay your registration fee of \$8.00. A general participant information form must be filled out and signed prior to the trip. Meet in the Women's Center 7:00 p.m.

WEDNESDAY, NOVEMBER 8, 1983

BULEMIA: An Eating Disorder That Can Be Helped: This program is a repeat due to the overwhelming response we received from its first presentation. If you missed the first program, you cannot afford to miss this one. Bulemia counselors Kay McGonegal and Jeannie Corkill of Family Counseling Services discuss the disorder which leads individuals to binge on food and then force themselves to vomit in hopes of preventing weight-gain. 7:00 p.m., Patterson Auditorium, Room #103.

FRIDAY, NOVEMBER 11, 1983

OUTDOOR SKILLS WEEKEND: Camping Rookies Unite! A weekend at Rock Lake for individuals who desire to learn basic camping skills while gaining the confidence necessary to enjoy the wilderness without jeopardizing themselves and the environment. Learn and practice the basics of sheltercraft, firecraft, first-aid, signalling, map and compass, and outdoor cooking skills. This course is co-sponsored by the Women's Center and Outdoor Recreation students who are certified in advanced first-aid, and/or as Emergency Medical Technicians. Depart Friday, November 11, 8:00 a.m. Return Saturday, November 12, 4:00 p.m. MANDATORY REGISTRATION MEETING NOVEMBER 8 in the WOMEN'S CENTER, 7:00 p.m. Fee: \$8.00. For detailed information contact: Margaret Craford, 359-2898, or David Pickford, 235-6636.

MONDAY, TUESDAY & WEDNESDAY, NOVEMBER 14-16, 1983
FILM: "DOLL'S HOUSE" Far in advance of his times (1879), Hendrik Ibsen, a rebel against social conventions, explored the conflict between a woman's nature and her traditional role in this classic play; shown in three segments on Monday, Tuesday and Wednesday at 12:00 noon at the Women's Center.

INFORMATION TABLES AT THE PUB: Planned Parenthood, Dental Hygiene, Nursing Program, SNAC, Bread & Roses, EWU Trainers, and Patient Rights. Wednesday and Thursday, November 16 & 17.

WEDNESDAY, NOVEMBER 16, 1983 -- PUB, Room #3-F.

12:00 - 1:00 p.m. Nutrition as Preventive Medicine. Tami Riley.
1:00 - 2:00 p.m. Exercise and the Menstrual Cycle. Karen Carlberg.

2:00 - 3:00 p.m. Film: For Women with Breast Cancer. Discussion following.

THURSDAY, NOVEMBER 17, 1983 -- WOMEN'S CENTER, 12:00 noon to 1:30 p.m.

PANEL DISCUSSION: PATIENT RIGHTS. Guest speaker on patient rights (look for details).

OTE: The Women's Center has <u>Signs</u>: <u>Journal of Women in Culture and Society</u>, one of the preeminent Women's Studies journals, and a source of good integration material. Check out recent issue while enjoying a cup of coffee at the Women's Center.