

10-10-1983

Women's Center calendar, October 10-October 19, 1983

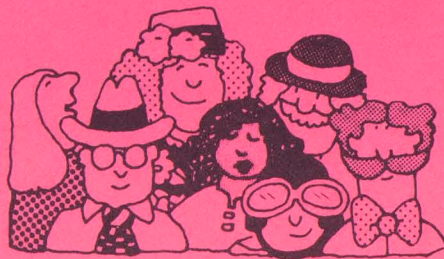
Eastern Washington University. Women's Center

Follow this and additional works at: http://dc.ewu.edu/wage_center

Recommended Citation

Eastern Washington University. Women's Center, "Women's Center calendar, October 10-October 19, 1983" (1983). *Women's and Gender Education Center Publications*. 65.
http://dc.ewu.edu/wage_center/65

This Article is brought to you for free and open access by EWU Digital Commons. It has been accepted for inclusion in Women's and Gender Education Center Publications by an authorized administrator of EWU Digital Commons. For more information, please contact jotto@ewu.edu.



WOMEN'S CENTER STAFF:

Lee Swedberg, Director
Margaret Craford, Program Asst.
Mimi McColloch, Secretary
Becky Riffel, Work Study



Monday, October 10, 1983

BICYCLE BASICS. Learn bicycle basics with Thomas Ramsey of Velo Sports Cyclery, 12:00 noon at the Women's Center.

Thursday, October 13, 1983

SEXUALITY: CAN WE TALK WITH OUR CHILDREN AND OUR PARTNERS - EXPLORING CURRENT TEENAGE SEXUALITY. Melissa Clark of Spokane Planned Parenthood discusses the consequences of teen sexuality and the ways to support teenagers as they question their sexuality. Film **TEEN FATHER** will also be shown. 12:00 - 1:30 p.m., Women's Center.

Saturday, October 15, 1983

BICYCLE MAINTENANCE. Thomas Ramsey shows you the basics of bicycle maintenance from 10:00 a.m. to 12:00 noon. Bring your bike! Optional bike tour to Turnbull Wildlife Refuge at noon, so bring a sack lunch. Women's Center.

Monday, October 17, 1983

***A LOOK AT THE PHYSICAL AND PSYCHOLOGICAL ADVANTAGES OF BREASTFEEDING.** Discussion by Denni Bugg to include: Comparison of formulas and breastmilk; a look at the importance of sucking, and what an infant sucks; physical advantages in the infant from receiving breastmilk; psychological satisfaction and the nursing baby; advantages to the mother. 12:00 noon, Women's Center. Discussion following.

Tuesday, October 18, 1983

***OVERCOMING THE DIFFICULTIES ENCOUNTERED WITH BREASTFEEDING IN TODAY'S CULTURE.** Denni Bugg discusses the uniqueness of nursing in today's culture and the lack of information to support the mother encountering difficulties. She will address how to deal with specific problems and will discuss the pros and cons of various gadgets marketed to help breastfeeding mothers. 12:00 noon, Women's Center.

Wednesday, October 19 and Thursday, October 20, 1983

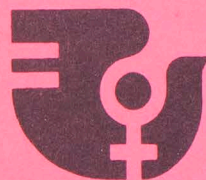
***MIDWIFERY AND CHILDBIRTH:** A traditional role viewed historically and at the present time; the midwife's relationship to current obstetric practice, technology and the consumer. David Bugg is the first male student midwife in the State of Washington. He will discuss midwifery at 12:00 noon, Women's Center.

***NOTE:** The above discussions with Denni and David Bugg may include films and/or slide presentations.

THE WOMEN'S CENTER LOUNGE IS OPEN FROM 8:00 A.M. to 5:00 P.M. MONDAY THROUGH FRIDAY. COFFEE, TEA, HERBAL TEA AND HOT CHOCOLATE ARE AVAILABLE.

The Women's Center is interested in sponsoring support groups again this year. If you would like to form a support group and have it use our facilities, please contact Margaret Craford - 359-2847.

WOMEN'S CENTER
MONROE HALL
Room 114



PHONE:
359-2847

The Women's Center is for Everyone