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A student's experience of the COVID-19 pandemic

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Relationships to EWU: student

Your experience during COVID-19: My experience during the pandemic was not unique. It all begun with the stay at home orders. I remember having some kind of break from school then going back into class and literly a day after we got sent home but for a whole month. At the time I was jumping with joy because my statistic final would be online. Personally I feel like a lot of our life was made easy with the pandemic. For instance, I passed all my classes with A's because everything was online. Now I will not admit to cheating, but it was easy to glance at the text books every one in a while or consult with Mr.Google. Our professors even "canceled" finals and gave us all A's because it was a hard time. Not to mention that a lot of the class of 2021 did not have to take the SATs which lifted a lot of stress from us. School and grades were one thing but mental health is a whole different story. There came a time during the stay at home order where I just wanted to get away from my house and family that I would go on drives for hours. I would leave with a coloring book and crayons to somehow destress. I would color 2-4 pages in 3 hours. That is where my mental health plummeted. I recall feeling lonely, unloved, and having the thoughts of "if I'm gone no one will notice or miss me". I distanced my self from everyone in my life. They all became concerned for me so they always asked if I was okay or why Im always sleeping and don't talk. I acknowledge that there was people who had it way worse than I did. I am very thankful that everything is returning back to normal because who knows how things would have gone for a lot of people if the stay at home order was still going on.