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Motivation during the COVID-19 pandemic

guadalupe

Name for posting: guadalupe

Major and expected graduation: June 2023

Additional information:

Your experience during COVID-19:

During the pandemic it was very hard to stay focused and have any motivation do you any school work since I am a visual learner. This caused a lot of sadness in my life and depression being stuck at home. I would try and do excerise but it was so hard and seeing just the computer everyday