

9-24-1987

## Women's Center newsletter, September 24-October 8, 1987

Eastern Washington University. Women's Center

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# The Women's Center is for Everyone

EWU Women's Center  
Monroe 114  
359-2847 (Cheney)  
458-6327 (Spokane)

Welcome to Eastern Washington University's Women's Center. Located on the first floor of Monroe Hall in Room 114. We're open from 8:30-4:30 daily. All students, staff, faculty and community members are invited to participate in the activities sponsored during the year or just drop in for a cup of coffee or a quiet area to read. We maintain a library and topical files on issues relating to women, make referrals to University resources and local agencies, and arrange for counseling services. Our noon program series is free and open to the public. If you're interested in meeting our staff and learning more about what the Center can offer you, please stop by.

## PROGRAMS

Thursday, September 24, 1987, 3-5 p.m., Monroe 114

All University Welcome Reception: Everyone is cordially invited to attend our traditional welcome reception honoring new women students, staff, and faculty. This is a time to renew old friendships and begin new ones. Refreshments will be served.

Wednesday, September 30, 1987, 12 Noon, Monroe 114

Women in Action: The Spokane Regional Women's Commission: In April, 1986, a grassroots group of concerned women formed the Spokane Regional Women's Commission in order to advocate locally for a full voice and role for women. Since its inception, the Commission has organized 10 task forces on issues concerning local women, including employment, education, cross cultural support, health, lesbian support, single parents, government, child care, violence against women, and older women. The Commission has been instrumental in drawing attention to city and county affirmative action issues, employment and policy within the police department, and the current escalation of serial rapes in Spokane. Madeline Kardong, President of the Commission, will speak about how the Commission functions to respond to local needs, why it has been so successful in addressing those needs, and what current issues are facing the Spokane area now.

Thursday, October 8, 1987, 12 Noon, Monroe 114

"Reflections: Margaret Mead:" Filmed in three days of extended conversation with anthropologist, writer, teacher and social critic Margaret Mead, "Reflections" presents this remarkable woman reflecting on her life and her career. Most famous as a popularizer of anthropology, Mead discusses social and technological change and its impact on cultures, the changing relationships between the sexes, and the future of the nuclear family. This film includes footage of her visits to the remote cultures she studied, and is from the Profiles in Reflection Film Series.

## EWU'S OWN; BACKPACKING BUILDS WOMEN

According to popular perception, the liberated woman of the 80's is healthy, active, assertive, easily avoids "guilt trips," and always communicates openly and honestly. Seven intrepid EWU faculty women honed their brave new women skills this August on an overnight backpacking trip to St. Regis Lake in the Montana wilds (Bear Country). Assertiveness training was provided early as we informed several off-road motorcyclists that they weren't allowed on "our" wilderness trail, immediately followed by a workshop in coping with guilt as we discovered we'd misread the trail regulations. Women's health issues were addressed in a well-attended bunion seminar, and aerobic fitness was promoted as several participants held time trials to determine how fast one could exit the oh-so-refreshing mountain lake. Most important, we all had the chance to build our communication skills as we discovered just what Chris meant by "the last quarter mile of the trail might be just a bit steep." If you're interested in participating in our brave new women cross country ski outing this winter, contact Chris Jacox, x 2898, or Suzanne Schwab, x 2867, scribe and chief identifier of plants not chosen to come to dinner.

## ANNOUNCEMENTS

Child Care Subsidy Forms will be available after October 9th in the Women's Center and the Associated Students' Office, 3rd floor PUB.

**H.O.M.E. Support Group:** H.O.M.E. is a self-help network by and for students and potential students at EWU. We provide comprehensive information, resources and referrals about financial aid, counseling, childcare, housing, student employment, AFDC, and much more. We hold a bi-monthly support group to exchange information, ideas and experiences, which helps us to strengthen, encourage, and support our efforts and energies while attending school. Our first meeting this year will be on Thursday, October 8th, Jean Bunge, from the Learning Skills Center, will talk about study skills, note-taking, and test taking. Our next meeting will be on Thursday, October 22nd when Kelly Horsman, Student Employment, and LaVelle Miller, Center for Extended Learning, will speak, with discussion following. Both meetings will be held from 2-3 p.m. in Monroe 114, the Women's Center lounge. All students are welcome!

**Register to Vote** at the Women's Center, Monday-Friday, 2-4 p.m. You must register by October 2nd to be able to vote in the November 3rd general election. Bring a driver's license and your previous registration card.

**A Rape Awareness Forum**, coordinated by the Spokane Regional Women's Commission, will be held on September 26th, from 10 a.m. to 4 p.m. at the Northeast Neighborhood Center, North 4001 Cook, Spokane. Spokane Police Chief Terry Mangan will speak, and panelists include John Colson, therapist, Shirley Cannon, Rape Crisis Network, Cheryl Stuart, Detective (Domestic Welfare), and D.A. Routt, Detective (Sex Crimes Unit). The forum will address the number and patterns of sexual assaults in the Spokane community, and is free and open to the public. For information call 328-0287 or 455-6310.

**National Women's Studies Association** is accepting proposals for the 1988 Annual Conference to be held June 22-26th at the University of Minneapolis, Minnesota. The theme is "Leadership and Power: Women's Alliances for Social Change" and a variety of traditional or innovative presentations are encouraged. All proposals must be postmarked by October 15th. Scholarships for registration, room and board are available. Contact the Women's Center for more information.

**Women's Issues in Higher Education in Washington State:** Women who are working or studying in the Washington state higher education system confront institutional barriers that deny equal access. This conference, to be held October 16-18th at Washington State University, will initiate statewide networks for improving this environment. Registration is \$20.00 and includes materials, refreshments and Sunday brunch. Conference brochures are available at the Women's Center.

**The Family Independence Program/Welfare Reform: A Better Future for Welfare Recipients:** Co-sponsored by EWU's School of Social Work and state and national social work organizations, this one day workshop, Friday, October 9th, at the Spokane Center, features Governor Booth Gardner and a range of panelists who will address the impact of Washington's new welfare initiative, FIP. Registration forms are available in the School of Social Work.

**Cross-Cultural Communication: The Unlearning of Racism and the Building of Alliances:** Lillian Roybal Rose, counselor, educator, and consultant in cross-cultural communication, will present a one day workshop on Friday, October 14th at EWU. The workshop will help participants gain an increased awareness about cultural and ethnic diversity and racism. The workshop is free and space is limited. Registration forms may be picked up at the Women's Center or in Social Work.

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